

ASAP CALENDAR - NEWSLETTER

August, 1969

Co-Editors:
Manford Sonstegard
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Published at:
West Virginia University
Morgantown, West Virginia

- August 3 - 6 Ernst Papanek, Congress International Union of Social Democratic Teachers and Professors, Uppsala, Sweeden
- August 4 - 9 Walter E. O'Connell, Humor, Social Interest, and Humanistic Identification: Concepts of Zestful Cooperation, Second International Congress of Social Psychiatry, London, England
- August 4 - 9 Walter E. O'Connell, Psychological Intervention in a Community Crisis, Second International Congress of Social Psychiatry, London, England
- August 6 - 9 Ernst Papanek, Second International Congress of Social Psychiatry, London, England
- August 31 - September 4 Walter E. O'Connell, American Psychological Association, Division 8, Roundtable: Humor in Situations of Social Stress, Wahington, D. C.
- August 31 - September 4 Walter E. O'Connell, American Psychological Association, Division 13, Psychological Intervention in a Community Crisis, Washington, D. C.
- August 31 - September 4 Walter E. O'Connell, American Psychological Association, Division 29, Conversations in Psychotherapy Critical Issues in Group Therapy: From Contrasting Viewpoints, Washington, D. C.
- August 31 - September 4 Walter E. O'Connell, American Psychological Association, Division 29, Adlerian Action Therapy, Washington, D. C.

COURSES

Each Qtr.
Academic Year

Oregon State Department of Continuing Education, Woodlawn School, Portland, Oregon, R. Selby, Inst.

- Ed 463 G - The Maladjusted Child, 3 hours
Ed 407 G - Seminar - Patterns of Child Development, 3 hours
Ed 409 G - Practicum: Procedures in Family/Child Counseling
3 hours
Ed 407 G - Practicum: Family/Child Counseling, 3 hours

- Fall Semester, 1969 West Virginia University, Morgantown, West Virginia
 C&G 382 - Special Topics in Adlerian Psy., Sonstegard
 C&G 309 - Group Counseling Theory & Techniques, Sonstegard
 C&G 385 - Practicum, Sonstegard
 C&G 380 - Seminar in Counseling & Guidance, Stormer
 C&G 216 - Behavior Problems and the School, Dew
 C&G 363 - Advanced Theories of Counseling, James
 C&G 264 - Ind. Intell. Testing & Interp., James
 C&G 352 - Human Relationships, James
- Fall Semester, 1969 University of Arizona, Tucson, Arizona
 247 - Elementary School Guidance, 3 hours
 397 - Workshop - Child Study & Guidance for the Classroom Teacher, 2 hours
 397 - Workshop - Elementary School Counseling and the School Administrator
 341 - Supervised Practice in Counseling, 3 hours, Platt
- August 4 - 22 M, W, F University of California at Los Angeles, P. Brodsky, Inst.
 X312.17 - Counseling the Well-Child Family - 3 units
- Sept. 23 - Dec. 19 X312.17 - Building Emotional Health in Children - 3 units
- Fall, 1969 DePaul University, Chicago, Illinois, Don Dinkmeyer, Inst.
 Educ. 462 - School Counseling Theory and Practice
 Educ. 460 - Guidance in the Elementary School
- Winter, 1969 Educ. 458 - Group Processes in Guidance
 Educ. 463 - Techniques of Guidance and Counseling in Elementary and Junior High School
- Spring, 1970 Educ. 464 - Guidance Consulting
 Educ. 562 - Practicum in Counseling
- Fall Semester, 1969 University of Texas, Austin, Texas, Guy Manaster, Inst.
 Ed. Psy. 332S - Psychological Foundations of Secondary Ed.
 Ed. Psy. 385.3 - Developmental Social Psychology: Problems of Adolescent Development

Oscar Christensen, Associate Professor of Education at the University of Arizona informs us that he is indebted to Sue Grunewald, Seymour Steed, Mike Arciniega, and John Platt for the services that they rendered to the program being developed at the University of Arizona. He says at the doctorate level, real learning takes place at the Demonstration Center in

the development of the program throughout the southern part of the State not to mention the usual on-campus activities including some doctoral seminars, Supervised practice, and reserach, all of which is of Adlerian orientation. Oscar failed to tell us, but we found through other sources that he received recognition as the counselor who had done the most to advance the counseling profession in Arizona.

ANSBACHER HAS BUSY SCHEDULE

Dr. Heinz Ansbacher informs us that during the month of May, upon invitation from Dr. Adams, Professor of Psychiatry & Pediatrics and Director of Child's Mental Health Unit at the University of Florida at Gainesville, he lectured on "Adlerian Theory & Practice in Current Perspective" and "The Problem of Interpretation in Adlerian Psychology."

In November of last year, he appeared at Skidmore College upon invitation from the Department of Psychology.

In March, he was first at Rockland Community College in Suffern, N. Y. and later at the University of Houston, Texas Southern University, and Texas A & M University.

Dr. Ansbacher is editor of the Journal of Individual Psychology and a member of the faculty at the University of Vermont in the Psychology Department.

EASTERN WASHINGTON STATE COLLEGE

Dr. Manford Sonstegard, upon invitation from Dr. Walt Powers, Chairman of the Psychology Department at EWSC, presented three demonstrations on family counseling, two demonstrations on counseling elementary school children in groups, and two lectures on July 14, 15, and 16.

TORONTO NEWSLETTER

An exceedingly interesting and informative newsletter is now being issued regularly by the Toronto Association of Individual Psychology. Apparently, the editor is Mrs. Milt Dewey. The Association is growing slowly, but steadily. They now have 40 registered members and expect this to be doubled after a telephone canvas.

THIS 'N THAT

Mrs. Pam Rowen has, since the calendar began, been our mainstay in getting the calendar put together, stencils cut, and finally mailed. I don't believe we could have gotten the job done without Mrs. Rowen's unselfish and conscientious zeal in getting the work done and out on time. Mrs. Rowen has moved with her husband to Albany, New York. Mrs. Sam Samples has consented to help us with the make-up of typing stencils and mailing the ASAP calendar. We are fortunate that Aulene has consented to help us and we are looking forward to continuing to provide our subscribers with the latest events of the Adlerians in the United States.

EPDA INSTITUTE GETS UNDERWAY

An EPDA Institute directed by Dr. Ed Stormer got underway June 20th. A team of principals, teachers, and counselors numbering 33 began their training the second five-week summer session at West Virginia University. The principals and teachers will return to their respective schools in September, but the counselors will stay on for an academic year institute in training as elementary school counselors.

"STOPP"

S.(ociety) of T.(eachers) O.(pposed) to P.(hysical) P.(unishment)
Many people in Great Britain hold that corporal punishment is "withering away" and only needed as a "definite deterrent." A newly formed group of progressive teachers fight against the system which legalizes the caning of children. They say: "Children who early understand that real discipline is self-discipline are more likely to become responsible adults, than those

who grow up with the idea that some external force - teacher, father, police, etc, - exists perpetually to maintain 'law and order' and all that is required is to learn how to outwit these 'authorities' and get away with it.

PAPERS SOLICITED

Dr. Arthur Nikelly is soliciting papers from Adlerian therapists and educators in order to compile a series of brief articles on Adlerian techniques and methods to be published in 1970 as a commemoration to Adler's 100th birth anniversary. Manuscripts should be from about ten to fifteen pages, typed and double-spaced, and should deal with Adlerian methods and techniques - not theory. For example, the treatment of drug addicts, speech defects and stuttering, rebelliousness and alienation in college students, passive, withdrawn and schizoid persons are pertinent topics. Send papers by September 15 to: Dr. Arthur Nikelly, University Health Center, 1109 South Lincoln Avenue, Urbana, Illinois 61801.

ALFRED ADLER CENTENNIAL

Anne Kaufman, Director of Publicity for the Alfred Adler Centennial Celebration in February and July, 1970 requests information through the completion of a questionnaire which we have reproduced below along with her letter to Adlerians. Please provide her with the necessary information as soon as possible.

May, 1969

Dear Adlerian,

I have been retained by The Arrangements Committee of the International Association of Individual Psychology

to do publicity for its Congress and the ALFRED ADLER CENTENNIAL Celebration in New York in February and July of 1970.

Plans include bringing the activities of Adlerians throughout our country and abroad to the attention of national magazines as well as network television and radio stations. The purpose is to arouse their interest in doing stories on the significance of Adlerian theories to the 1970s.

Since some of these media work as far in advance as one year, for the best results it is necessary for me to have the following information as quickly as possible:

1. The exact name and activities of your Societies, Clinics, or Institutes, including (a) what your services are; and (b) your involvement with other agencies, educational institutions, and other community organizations.
2. The names and professional affiliations of all your therapists, including names of their publications, where they teach, hospitals served.
3. Other activities in which Adlerian ideas influence social, educational and other developments in your area.
4. Other facts you think would be of interest to news media.
5. A paragraph summing up what you think is most relevant in Alfred Adler's ideas to help leaders as well as the average individual cope with today's problems.

We need your cooperation to help give Alfred Adler's ideas the public hearing they merit. I look forward to working with you for the success of the Centennial.

Sincerely yours,
s/Anne Kaufman

QUESTIONNAIRE FOR ADLERIANS

Your cooperation in filling out this Questionnaire will provide the basis for a series of press releases on current Adlerian thinking concerning important family and social problems. Kindly mail to Mrs. Anne Kaufman, c/o Alfred Adler Centennial, 71 Park Avenue, New York, N. Y. 10016. Many thanks.

1. How can parents best improve their child-rearing practices?
 1. Keep up-to-date on latest child-rearing theories _____
 2. Participate in parents' discussion groups based on authoritative child-rearing books _____
 3. Discuss problems with a family counselor _____
 4. Other (specify): _____

2. Do you believe today's generation gap is different from generation gaps of previous years?
Yes _____ No _____

3. If yes, check most significant reason for difference:
 1. The stimulation by mass media of activity in one part of the world stimulates similar activity in another part of the world _____
 2. Rejection of U. S. Government's rationale for war and other social evils _____
 3. Older generation's failure to take lead in introducing needed changes _____
 4. Other (specify): _____

4. Do you believe parents' attitudes have contributed to today's generation gap?
Yes _____ No _____

5. If yes, check most significant reason:
 1. Parents too permissive _____
 2. Parents place too much emphasis on materialistic values _____
 3. Parents don't know how to communicate with their children _____
 4. Parents are too preoccupied with personal conflicts _____
 5. Parents try to impose own values on children _____
 6. Other (specify): _____

6. What are the most effective actions parents can take to improve their relations with teenagers?
 1. Encourage children to express their feelings to parents _____
 2. Support children's efforts to find their own way _____
 3. Tell children parents love them "no matter what they do" _____
 4. Parents should wait patiently until children turn to them _____
 5. Parents should seek counseling to help cope with children _____
 6. Other (specify): _____

QUESTIONNAIRE - Page 2

7. What are the most important attitudes in a good marriage?
 1. Cooperation in sex, daily tasks, and social relationships _____
 2. Accepting partner as he is _____
 3. Permitting each partner to fulfill his own special needs _____
 4. Expressing one's feelings without degrading partner _____
 5. Other (specify): _____

8. What are the most common marital problems that come to your attention?
 1. Struggle for domination over partner _____
 2. Disagreements over money _____
 3. Dissatisfaction with social status _____
 4. Sexual dissatisfaction in one or both partners _____
 5. Conflicts over children _____
 6. Other (specify): _____

9. What improvement is most necessary for Grade School education?
 1. _____
 2. _____
 3. _____

10. What improvement is most necessary for High School education?
 1. _____
 2. _____
 3. _____

11. What improvement is most necessary for College education?
 1. _____
 2. _____
 3. _____

12. What is your definition of good mental health?
 1. Ability to make a living and get along with others _____
 2. Courage to face unfamiliar situations _____
 3. Realistic approach to personal and social problems _____
 4. Involvement in efforts to correct social inequities _____
 5. Self-confidence in facing the future _____
 6. Other: _____

13. What attitudes will be of greatest help to the average person in coping with the world in the 1970s?
 1. Ability to change according to changing times _____
 2. Courage to face life without traditional guides _____
 3. Openness to new ideas for new solutions to problems _____
 4. Constructive action to remedy social evils _____
 5. Realistic optimism about developing solutions for social problems _____
 6. Other (specify): _____

14. Alfred Adler called his system of ideas an "Optimistic Psychology."
Are you optimistic about the future?
Yes _____ No _____

PLEASE SUMMARIZE in one paragraph the reasons for your answer:

NAME _____

ADDRESS _____

PROFESSION _____

COMMUNICATIONS

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