
ASAP CALENDAR - NEWSLETTER

November, 1970

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Manford Sonstegard
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West Virginia University
Morgantown, West Virginia

Reporters

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Ferdinand Ray, Australia
Dr. Francis X. Walton, S. Carolina
LaNila R. Marchant & Marge Nakada,
Tucson, Arizona

CALENDAR

- November 2 Dr. Manford Sonstegard. Meeting with principals of the Albert Galletin School District, Pennsylvania.
- November 2 Dr. Steven Swenson and panel. "Individual Psychology looks at other Philosophies," Benton County Chapter - Oregon Society of Individual Psychology. Harding School Library. 8:00 P.M.
- November 3 Dr. Manford Sonstegard. Frankle School District, Murryville, Pennsylvania. Demonstration in individual, group, and family counseling.
- November 4 & 5 Dr. Rudolf Dreikurs. Canadian Jewish Congress, Montreal, Canada.
- November 2 & 9 Dr. Raymond J. Corsini. Continuation of series of lectures on "Parents & Alienated Youth." First Methodist Church of Hawaii.
- November 4 & 18 Dr. Manford Sonstegard. Uniontown Area School District. Demonstration of group, and family counseling.
- November 6 Adlai Stevenson High School, Demonstration of Family Counseling. Margaret Goldman, Counselor.
- November 6 Rogers Park Montessori: The ABC's of Guiding Your Child. Margaret Goldman, Speaker
- November 7 & 21 Dr. Manford Sonstegard, Counselor. Wilmington, Delaware. Family Education Center.
- November 9 Dr. Manford Sonstegard. St. Joseph Workers Elementary School. Demonstration - Family Counseling and Classroom.

- November 10 Bernice Grunwald. Demonstration - Group Discussion - Fifth Grade: Lecture - Group Process. Gary, Indiana Reading Council.
- November 10 Chicago Chapter of Hadassah: New Ways of Discipline. Margaret Goldman, Speaker
- November 10 Dr. Rudolf Dreikurs. Gary Reading Council & Association for Childhood Education Intl., Gary, Indiana.
- November 12 Family Education Association Counseling Session at Devonshire Park Fieldhouse, Skokie, Margaret Goldman, Counselor
- November 13, 20, 23 Dr. Manford Sonstegard. Connellsville Area School District. Advanced Training for Counselors.
- November 14, 15 Dr. Rudolf Dreikurs. Individual Psychology Association of Greater Washington, Washington, D. C.
- November 17 General Custer School, Berwyn, Illinois. New Ideas About Children Margaret Goldman, Speaker
- November 18 Bernice Grunwald. Lecture - "Teacher's Dilemma." Demonstration - "Group Discussion with Elementary Children who have Learning Problems." Gary, Indiana Workshop
- November 18 Ballard School, Niles. Respect, Responsibility and Relationships. Margaret Goldman, Speaker
- November 19 Highlander ORT: Order Without Conflict. Margaret Goldman, Speaker.
- November 19 Family Education Association Counseling Session at Devonshire Park Fieldhouse, Skokie, Margaret Goldman, Counselor.
- November 20 Dr. Rudolf Dreikurs. Florida Personnel & Guidance Association. Deauville Hotel, Miami, Florida.

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COURSES, WORKSHOPS, AND STUDY GROUPS

- November 7 Workshop - "Counseling Procedures for Diagnosing and Modifying the Life Style." Dr. Rudolf Dreikurs and Dr. Don Dinkmeyer. Sheraton-Chicago Hotel, Chicago, Illinois.
- Spring, 1971 West Virginia University, Morgantown, West Virginia

Course Title

Group Counseling Theory & Technique
 Practicum in Elementary School Counseling
 Practicum in Group Counseling
 Practicum in Marriage Counseling
 Practicum in Family Counseling

Course Title - West Virginia University (Continued)

Practice in Elementary School Counseling and Guidance
Seminar - Economics in Counseling and Guidance

Instructors - West Virginia University

Manford Sonstegard
Robert Nelsen
Barbara James

Robert Tures
William McKelvie

NEWS

Dr. Raymond J. Corsini had an article, "The Marriage Conference" published in the Marriage Counseling Quarterly, Vol. 5, No. 4, Summer, 1970. It depicts a very innovative and apparently effective approach toward marriage counseling. The author says, "The Marriage Conference is a technique that depends on the autonomous creativity of the couple."

The Individual Psychology Association of Greater Washington opened its Family Education Center Saturday, October 17, 1970, at the Garrett Park Recreation Center. Twenty-six parents attended the first session during which Dr. Manford Sonstegard counseled the first family. In the afternoon, a class was conducted for more than a dozen who are being educated as para-professionals. Robert and Mary Tures, Bill McKelvie, and Robert Nelsen, doctoral students at West Virginia University, will work with Dr. Sonstegard as a professional team. The Center has outlined brief and specific directions for playroom directors and playroom helpers.

Bernice Grunwald is now head counselor at the Child Guidance Center - North Side, Chicago, Illinois, which Eleanor Redwin served so efficiently for many years. She also works weekly with two "Mothers Groups" as a group leader.

Individual Psychology Association of Greater Washington officers are:

President - Shirley Brown
Vice President - Madeleine Saari
Secretary - Loretta Allion
Corres. Secy. - Andrea Williams
Treasurer - Janet Turner
Publicity - Morris Cohen
Program Coordinator - Sue Slaughter
Librarian - Eleanor Williams

We received a letter from author and eminent Adlerian in London, Herta Orgler. She informed us that many copies of The Individual Psychologist, Vol. VI, No. 2, November, 1969, were displayed at Aberdeen University for the Alfred Adler Centenary Memorial Celebration on September 18 and 19, 1970, along with the books she has authored. Mrs. Orgler gave an address for the occasion, "Alfred Adler - A Champion of Women." She also spoke in the discussion of the meeting of the Psychotherapy and Social Psychiatry Section - Royal Medico Psychological Association. Hertha Orgler had a book published in Italy in September entitled, Alfred Adler Et La Sua Opera Il Trionfa Sul Complesso Di Inferiorita. Mr. and Mrs. Ned Shoobs visited with Mrs. Orgler in London recently.

Study Group Leader's Manual by Vicki Soltz has been published in improved style by the Alfred Adler Institute of Chicago. It is a valuable tool for use with Children: The Challenge by Dreikurs and Soltz.

The Midwest Society of Individual Psychology sponsored a Regional Conference at Normandy Senior High School, St. Louis, Missouri, on October 30-31, 1970. The theme, "The Teacher's Dilemma" was carried out by guest speaker, Bernice Grunwald. She gave addresses on, "The Teacher's Challenge: Today's Child," "Specific Methods for Coping with Disturbing Behavior in the Classroom," and "The Teacher Working with Parents: Basic Principles." In addition, Mrs. Grunwald demonstrated the ideas about which she spoke.

A series of TV tapes has been produced at the University of Vermont Educational TV programs on the subject of "Motivating Children to Learn." This, and the course at DePaul University, Chicago, for the 1970 Spring Quarter, is the first time that team-teaching has been demonstrated with an Adlerian orientation. The courses were given by Dr. Dreikurs and Bernice Grunwald. These tapes are in addition to the two series made at the same place in the past two years. The TV series have been used for credit courses by the University of Vermont. The Alfred Adler Institute carries the published guides of these two previous series under the titles of Understanding Your Children and Dynamics of Classroom Behavior.

The West Virginia University Guidance and Counseling Department will add two new faculty members beginning with the 1971-72 academic year. One of the positions, according to Dr. Duane Brown, will be filled by an individual knowledgeable in Individual Psychology theory and exceedingly well trained in counseling individuals, groups and families on the Adlerian model. Experience in supervision of practicums in individual and group counseling would be desirable, but not required. Individuals interested should contact Dr. Manford Sonstegard or Dr. Duane Brown, Chairman - Guidance and Counseling Department, 504 Forestry Towers, West Virginia University, Morgantown, West Virginia 26506.

The Albert Gallatin School District of Pennsylvania which includes five towns and totals eight elementary schools, two junior, and one senior high school is negotiating to become a part of the West Virginia University plan for education of counselors. The group counseling practicum programs are now located at Fairchance and Friendship Hill Elementary Schools. In the short time that the practicum group, under the supervision of Dr. Manford Sonstegard, has existed, the program has rapidly expanded. Many families referred by Mr. Morgansky, Fairchance Elementary School principal, have been counseled. Teacher seminars will be initiated with Mr. Morgansky's leadership.

Because of the expansion of the program of the Wilmington, Delaware group, an increased demand for more groups necessitates the training of more leaders. Mr. Carter of the Sears Roebuck Foundation met with the officers of the Association for Study and Action and the Family Education Center to discuss means to meet the demands. Plans were discussed and people were encouraged to avail themselves of the opportunity to study with West Virginia University on an extension basis. West Virginia University now offers two extension courses in Wilmington, Delaware. The instructors are Jean Cripps and Manford Sonstegard. Plans are to continue the formation of advanced study groups. Mr. Carter, during the meeting, suggested that the ASA make plans to work with one school in a total program. The Counselor-in-Training program has been enlarged to include new members who are now in training. Members who have been engaged in training the last two years now assist with the counseling at the Family Education Center. Mr. Carter expressed interest in backing video tape programs to be used by the local television station. This is the third year the Sears Foundation has funded the ASA and FEC projects.

Five years ago, Alfred Adler, his theories, and methods were unknown in the mid-Pacific Islands. This month, four Adlerian Family Education Centers were established. Laverne George and Arthur Johnstone started the Honolulu Center; Charles Schuetz and Marsanne Eyre the Kailua Center; John Knox and Shirley Hersberg the Ewa Beach Center; and Joan Madden and Raymond Corsini the Wahiawa Center. In addition, Dr. Donald Nixon and Leilani Lundberg expect to start another Center in November at the Sussanah Wesley Community Center.

All of the counselors were trained by Drs. Raymond Corsini and Harold Kozuma. Dr. Corsini is teaching two courses; one at the Diamond Head Mental Health Center and one on Adlerian Theory at the University of Hawaii.

The Family Education Center of Hawaii has a board of directors of 30 members. Its' chairman is Dr. Henri Niedzielski who is committed to establishing the FECH as a permanent agency. He and Mrs. Mary Hayward, President of the FECH are negotiating with the local United Fund and the Health and Community Service Council of Hawaii to become approved and funded by the two agencies.

Hawaii Adlerians have big plans and are hopeful that prominent Adlerians from throughout the world will come to Hawaii and help to expound Adler's ideas and Dreikurs' methods.

An attractive brochure announcing the opening of the Family Education Centers of Hawaii has been prepared. It explains the operation in detail. The location of the centers and meeting times are:

Honolulu - Wesley United Methodist Church - Wednesday 7:00 to 8:30 P.M.

Kailua -Kailua Christian Church - Tuesday 7:30 to 9:00 P.M.

Ewa Beach - Ewa Beach United Methodist Church - Thursday 7:00 to 9:00 P.M.

Wahiawa - Iliahi Elementary School - Thursday 7:30 to 9:00 P.M.

Techniques and Behavior Change: Applications of Adlerian Theory is a forthcoming book edited by Arthur G. Nikelly, Ph.D. which will be published by Charles C. Thomas. The foreword was written by Dr. Alexandra Adler. It is collected papers from 30 authors and provides practical approaches to the treatment of contemporary problems. It is useful for the therapist in psychiatry, psychology, social work, counseling, and education, as well as to the student in training.

The Community Child Guidance Center, First Presbyterian Church, Morgantown, West Virginia, is open 7:30 - 9:00 P.M. each Monday night. Counselors are Dr. Manford Sonstegard and Robert and Mary Tures.

Dr. Bill Bassett, a graduate of West Virginia University and now on the faculty of Wenatchee Community College in Washington, is working with the State Department of Public Instruction to formulate guidelines for certification of counselors. The certification will not, Bassett reports, be based on course work or degrees, but on qualification and skills in counseling as demonstrated with live cases before a panel of qualified counselors.

A ten-page booklet, "How to be a Good Parent" by Kay Whitmore is now available at \$.25 per copy. The price in lots of ten copies or more is \$.10 per copy. "How to be a Good Parent" is an adapted form of the ABC's of Guiding the Child by Dreikurs and Goldman for Headstart Parent-Study groups, and other study groups needing an easier reading form of the ABC's. Send order to Manford Sonstegard, 504B Forestry Tower, West Virginia University, Morgantown, West Virginia 26506.

The Review of Educational Research, Vol. 37, No. 5 December 1967, carries a review by Dr. Merville C. Shaw on "Motivation and Human Learning." It states, "An interesting direction was suggested by the research of Hott and Sonstegard (1965). This study was neither rigorous nor well designed, but the approach that it made and the possibilities which it suggested make it worthy of inclusion. Its major significance lies in the attempt to utilize self-concept as an index of readiness to learn certain types of subject matter....In view of the fact that relatively few self-referent statements were made relative to certain subject matter areas normally taught in the junior high school, they concluded that such omissions indicated that students of this particular age were not "ready" to handle this material."

West Virginia University has 55 people working towards a master's degree in Guidance and Counseling. There are 12 resident doctoral students.

Preston County, West Virginia, is planning to make arrangements with West Virginia University to use part-time counselors. It is hoped that doctoral students will be able to work as much as one-half in the Preston County Schools with remuneration comparable with that realized by graduate assistants on campus.

Achi Yotom from Israel conducted an eight-day workshop on Vancouver Island, B.C., in July. Thirty-five teachers, nurses, counselors, principals, and parents participated in the practical application of Adlerian theory to teacher education, family education, and group counseling of adolescents. Interest from these sessions culminated in a public demonstration attended by 150 people. Mileva Nastich reports that enthusiasm is high in the area and positive reports are received via local news media.

A Centennial Symposium sponsored by the Individual Psychology Association of Greater Washington and the American Society of Adlerian Psychology will be held November 14 and 15, 1970, at the Statler Hilton Hotel, Washington, D.C. There will be lectures and demonstrations by Dr. William Pew, Dr. Rudolf Dreikurs, Dr. Harold Mosak and Bernice Grunwald. Registration begins at 8:30. Dr. Kurt Adler will speak at the banquet Saturday evening at 7:30 P.M.

Recently, Dr. Douglas Blocksma was honored by the West Shore Personnel and Guidance Association of Michigan. The occasion was the selection of Dr. Blocksma to receive an annual award for outstanding contribution to the counseling profession. Dr. Blocksma was instrumental in the establishment of this organization and in its growth. At the banquet in his honor, he was presented with a book of letters from many of his friends and colleagues throughout the United States.

A notice has been received informing us of the death of Paul Brodsky. He was head counselor of the Alfred Adler Counseling Center in Los Angeles, California. Mr. Brodsky was born in Vienna in 1900 and was an associate of Alfred Adler from 1925-1937.

Sidonia Reiss, well known to many "older" Adlerians, both in Europe and in New York, died September 8, 1970 in Neustadt (Hesse) in a home for elder Jewish (former refugee) persons. She was a personal student of Alfred Adler beginning about 1918; worked for many years in Berlin as successful individual therapist, and also in the Consultation Centers. In the early 1930's, she went to Holland and worked closely with our Dutch Individual Psychology friends.

During the Nazi occupation there, she was hidden and protected in the "underground." She published (1948) in London, her book, Mental Adjustment which still deserves reading as an excellent Adlerian contribution. She was a member of the ASAP since 1953. In 1969, she wrote reminiscences about Alfred Adler for a Centenary collection.

Joseph Meiers

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