

# ASAP CALENDAR-NEWSLETTER

February, 1972

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## REPORTERS

Mary Hayward, Honolulu, Hawaii  
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Ann & Dale Steele, Midwest Society of  
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Jai Gedrej, India  
Marven O. Nelson, New York  
Jean Willhite, Minneapolis

Sherwood Perman, Chicago, Illinois  
Nancy Percy, Corvallis, Oregon  
Ferdinand Ray, Australia  
Francis X. Walton, S. Carolina  
LaNila R. Marchant & Marge Nakada,  
Tucson, Arizona  
Juliet Cavadas, Greece  
and many others

1917

February, 1917

Editor

P. O. Box 246  
St. Paul, Minn.

Dear Sir:

Enclosed please find

two copies of the  
report of the  
committee on  
the proposed  
amendment to  
the constitution  
of the State of  
Minnesota.

Very truly  
yours,  
John H. ...

Respectfully

John H. ...  
Secretary

John H. ...  
Secretary

## CALENDAR

- February 2, 1972 Dr. Nicholas S. Ionedes - Group discussion on the "Challenge of Marriage" for the IPA of Greater Washington, D.C.
- February 5 - March 25 Dr. Duane E. Spiers and Mary Muehlig will serve as consultants to the Winter Family Education Program, YHCA, Omaha, Nebraska.
- February 7-8 Dr. Don Dinkmeyer presentation and demonstration to administrators, pupil personnel specialists, and teachers of the Alfred I. Dupont School District, Wilmington, Del.
- February 9-10 American Group Psychotherapy, New York City
- February 12 Dr. Harold Mosak - will address the American Prosthodontic Society at the Pick Congress Hotel, Chicago. The topic will be "Psychogenic factors and prevention of prosthodontic failures"
- February 18 Dr. Don Dinkmeyer - Hillsboro County Public Schools, Tampa, Fla. Workshop on Group Procedures with Children and Teachers
- February 19 Workshop for the Archdiocese of Tampa, Florida on "Understanding and Changing Behavior Through Teacher 'C' Groups and Classroom Discussion Procedures"
- March 3 Dr. Oscar Christensen will be featured at the Fourth Annual DePaul-Illinois Elementary School Counseling Association Conference. He will be presenting his approach to working with administrators, teachers, and classrooms.
- March 4 The Alfred Adler Institute, Chicago will present a Workshop "Consulting with Teachers and Parents in Groups" to be team taught by Dr. Oscar Christensen and Dr. Don Dinkmeyer.
- March Dr. Bina Rosenberg - will present a series of lectures on Adlerian therapy at Loyola University, Chicago.

February 1-3	... ..
February 4-6	... ..
February 7-9	... ..
February 10-12	... ..
February 13-15	... ..
February 16-18	... ..
February 19-21	... ..
February 22-24	... ..
February 25-27	... ..
February 28	... ..
March 1-3	... ..

## COURSES

<u>Speaker or moderator</u>	<u>Day</u>	<u>Subject</u>	<u>Locality-Athens, Greece</u>
	February		
Juliet Cavadas	Monday 10-12	Parents' Group	School of Israeli Communi
Juliet Cavadas	" 6-8	Human Relations	Family Counseling Center
Frosso Kenis	Monday 6-8	Human Relations	Family Counseling Center
Juliet Cavadas	Tuesday 10-2	Adlerian Course	YWCA
Juliet Cavadas	Tuesday 2-1	Human Relations	YWCA
Frosso Kenis	Wednesday 2-1	Mothers' Group	YWCA
Frosso Kenis	Wednesday 4-6	Teen-agers Group	Family Couns. Center
Juliet Cavadas	Wednesday 1-3	Teachers' Counseling	School of Israeli Comm
Juliet Cavadas	Thursday 2-1	Mothers' Group	YWCA
Juliet Cavadas	Thursday 7-9	Couples' Group	Family Counseling Cent
Frosso Kenis	Thursday 7-9	Teachers Group	Maroudas Private Sch.
Juliet Cavadas	Friday 2-1	Human Relations	YWCA
Frosso Kenis	Friday 7-9	Lay Group-Leaders Training	YWCA
Dr. Kurt A. Adler	Tuesdays Feb. 1, 1972 12 sessions	Theory and practice of Adler's Individual Psychology	Jamaica Branch

San Francisco Bay Area Society for  
Adlerian Psychology

Theodore E. Grubb - "Parent -Child Relationships," January 3 through March 24, 1972,  
at Castro Valley High School, Castro Valley, California.

Paul J. Kahn - "Family Dynamics," January 6 through March 2, 1972, at Lockheed  
Aircraft Plant, Mountain View, California.



## NEWS

The editorship of the A.S.A.P. Calendar-Newsletter is being assumed by Dr. F.P. Sam Samples for a one year period. Dr. Samples is a graduate of West Virginia University, where he continues to work closely with Dr. Manford Sonstegard. Please forward your news and calendar items along with any suggestions you have that would serve to improve this publication, to the address on the cover sheet.

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MORGANTOWN FEC Working with a small group of highly enthusiastic people, the Adlerian approach is being expanded at the Morgantown Family Education Center. The center, staffed by faculty of the Department of Counseling & Guidance at WVU and serving as a practicum experience for students of that department, is doing well. Open every Monday evening and under the supervision of Dr. Wm. McKelvie, the Center is realizing a growing success. Currently, flyers explaining the purpose of the Center are being distributed via schools, churches, and area physicians. In addition, a feature article about the Center is on the planning board of the Morgantown Daily News for the near future.

In conjunction with and complementing the work being done at the FEC is the formation of Parent Study Groups. Currently Glenda Gray is conducting a group composed of the principal, teachers and interested parents of a local elementary school. She reports glowing enthusiasm. As a result of letters being sent to parents through area nursery schools, and kindergartens, two more groups are projected. For anyone interested in starting or becoming a member of such a group, we have trained leaders available. We are also offering leadership training to those who are interested. For more information, call or write Sue McKelvie, 306 Oakland, Morgantown, W.Va. 26505

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Mr. Sherwood Perman submitted several calendar items and the following news:

On January 8 and 9 Dr. Bernard Shulman addressed the Jewish Community Centers

Association in St. Louis and January 15 & 17 he appeared at the Midwest Society of Individual Psychology.

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Mr. Robert Powers presented a family counseling demonstration on January 29 at the Alfred Adler Institute of Minneapolis, Minnesota.

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FAMILY EDUCATION ASSOCIATION - North Side, Chicago.

The North Side Unit of the Family Education Association in Chicago is sponsoring two groups of twelve to fifteen children each for children from five to seven years of age. The idea for these groups was originated approximately five years ago by Miss Eleanore Redwin and Mrs. Georgia Greven, who together led such a group for two years with very successful results. Although other activities prevented them from continuing with this work after that time, Miss Redwin has been most eager for FEA to resume the groups for children of this age. Barbara Borden who has recently completed her work at the Alfred Adler Institute in Chicago and has been co-counselor at our Child Guidance Centers, leads the groups. She is assisted by Myrna Lande and Helena Weisz, who have worked as playroom directors in our Child Guidance Centers.

Many of the mothers of the children in the groups are related to FEA through participation in Child Guidance Centers, Mothers' Discussion Groups, Study Groups, etc. The groups each meet once a week for one hour. While some of the hour long session is devoted to structured play, as time passes, the children provide clues as to what they would like to discuss. Role playing relating to real life situations is encouraged and Adlerian methods are applied at the level of the children's understanding.

Interest and response to the newly formed groups has been most favorable. We are hopeful that tape recordings of these



group sessions will soon be available to assist other organizations who may wish to begin this work.

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ATTENTION A recent handout entitled "Dreikurisms" is being revised for publication. The handout was first originated by the Minnesota Society, and lists 159 of Dreikurs' sayings. If any one has any additional sayings that they have compiled from Dr. Dreikurs' lectures or publications, please send them as soon as possible to: Dr. Manfred Sonstegard 504 Forestry Towers Annex, Department of Counseling and Guidance, West Virginia University, Morgantown, W.Va. 26506.

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#### BOOK DISCOUNTS ANNOUNCED

For Family Education Centers, using book sales for earnings, Simon and Schuster has agreed to a 40% discount on 25 copies of TEACH YOUR BABY by Genevieve Painter. It retails for \$6.95.

Dimensions Publications, P.O. Box 4221, San Rafael, California, 94903, has agreed to 42% discount on any number of INFANT EDUCATION by Genevieve Painter. The latter book describes the research and retails for \$3.50.

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THE COUNSELING PSYCHOLOGIST, published quarterly devoted its entire Vol. 3 #1 1971 issue to Individual Psychology: The Legacy of Alfred Adler. Single issues are \$2.00 and are worth twice the price. For your copy write: The Counseling Psychologist, Washington University, Box 1180, St. Louis, Missouri 63130.

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#### ROBERT POWERS TO CONDUCT WORKSHOP

On March 19th, Robert Powers will conduct a workshop at Mont Chateau Lodge near Morgantown, West Virginia. This workshop is sponsored by the Mid Eastern Society of Individual Psychology and will be held from 9:30-4:30. There will be a \$12.00 charge for the workshop.

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#### ANNUAL CALL FOR PAPERS AND DEMONSTRATIONS

The 20th Annual Membership meeting of the American Society of Adlerian Psychology will be held at the Royal Coach Inn, 7000 Southwest Freeway, Houston, Texas, May 26-31, 1972.

The Schedule at present calls for:

Friday, May 26, 2:00P.M. ASAP Board Meeting

Saturday, May 27: Symposium sponsored by Texas Society of Adlerian Psychology & American Society of Adlerian Psychology

Sunday & Monday, May 28,29: Papers & Demonstrations

Tuesday & Wednesday, May 30, 31:

ASAP Two-Day Workshops

If you are contemplating presenting a paper demonstration and/or symposium, please send an abstract of 100-300 words for each presentation to: Mrs. Reba McCoy

American Society of Adlerian Psychology

P.O. Box 17097

Houston, Texas 77031

BEFORE March 1, 1972.

Please state whether or not you will need audio-visual equipment.

Suggestions are welcomed for May 27 symposium (title and participants); banquet speaker (May 28, P.M.); and workshop topics and leaders (May 30,31).

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#### DR. CALIA RECEIVES GRANT

Dr. Vincent F. Calia recently received a grant to apply Adlerian principles to the classroom and to counseling in the public school setting. He will be working with four different school districts in Rhode Island. Our readers shall look forward to progress reports on this project.

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ON JANUARY 15-16 two West Virginia University faculty members Michael Yura & Bill McKelvie and three graduate students, Mary Ann Pappas, Linda Rodgers, & Janette Whiting attended two workshops at the Alfred Adler Institute of Chicago. The workshop conducted by Bernice Grunwald, Robert Powers, Bernard Shulman, and Don Dinkmeyer.



WORKSHOP to be conducted by

ROBERT POWERS

DEAN OF STUDENTS ALFRED HOLER INSTITUTE  
OF CHICAGO

Sponsored by Mid-Eastern Society of  
Individual Psychology in cooperation  
with West Virginia University  
Department of Counseling & Guidance

Topic: LIFE STYLE IN VARIOUS SETTINGS

Sunday March 19 9 A.M. to 5 P.M.

\$12.00 per person.

Please mail the following application along with a check payable to the  
Mid-Eastern Society of Individual Psychology, 504 Forestry Towers Annex,  
Department of Counseling and Guidance, West Virginia University, Morgantown,  
West Virginia, 26506.

For further information, please contact Dr. William McKelvie. Phone  
304-2932691.

NAME \_\_\_\_\_

ADDRESS \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

PHONE \_\_\_\_\_

WORKSHOP to be conducted by

Robert  
Dean of Students  
Fletcher  
of  
CHICAGO  
Alfred Hales Institute

Sponsored by Mid-Eastern Society of  
Individual Psychology in cooperation  
with West Virginia University  
Department of Counseling & Guidance  
Topic: Life Style in Various Settings

Monday March 19 - 9 AM to 5 PM  
\$12.00 per person

Please mail the following application along with a check payable to the  
Mid-Eastern Society of Individual Psychology, 504 Forestry Tower Annex,  
Department of Counseling and Guidance, West Virginia University, Morgantown,  
West Virginia, 26505.  
For further information, please contact Dr. William McKeivie, Director.  
504-233251

NAME \_\_\_\_\_  
ADDRESS \_\_\_\_\_  
PHONE \_\_\_\_\_

## NATIONAL OBSERVER REPRINTS

Reprints of Let 'Em Fight: How to Rear Kids and Stay Sane, a major article by Mark R. Arnold on Rudolph Dreikurs which appeared in the National Observer on January 1, 1972 can be purchased in bulk numbers from IPA, Inc. of Washington D.C. costs are:

8¢/copy for less than 50  
5¢/copy for 50 or more copies

For orders over 50 copies, please remit \$1.00 additional per order to cover postage and handling. The article has been reproduced by Photo-offset Multilith on an 8½ x 11 format (4 pages). Send orders and money to: IPA, Inc., Box 11, Garrett Park, Maryland 20766.

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## WILMINGTON'S PARA PROFESSIONALS

Wilmington, Delaware now has a pool of trained para-professionals who are contributing in various ways toward community involvement. Some of the para-professionals have been holding seminars with small groups in the New Castle Middle School. The reports have been unusually favorable. The training of para-professionals in Wilmington began in 1970 under the direction of Dr. Manford Sonstegard who serves as consultant for the Wilmington Family Education Center. The number of para-professionals and their level of competence continues to increase.

The reception of para-professionals by agencies and schools is very encouraging. The following excerpt from a letter to Dr. Manford Sonstegard from Mr. J.D. Wiggans, Supervisor of Guidance, Wilmington Schools seems to reflect an attitude that is worthy of notice:

Your letter of October 15 concerning the possibilities of using your trained para-professionals from the FEC in schools in the Wilmington area was received with interest by a number of us in Delaware. Since receipt of the letter, I have talked with ESEA III, ESEAI, EPDA and other persons who have funds that might be made available for a project bent on demonstrating the benefits of using such para-professionals.

Positive results of such inquiries have resulted in finding that certification would not be a problem. The need for improved staffing is evident from a recent position paper I wrote and adopted by our State Board which recommended adoption of legislation which would feed at least 90 new counselors into our schools as well as more than that number of para-professionals (part of the paper is enclosed for your reference). I have repeatedly stated that I would gladly accept your FEC counselors in lieu of professionals who are in scarce supply."

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GERMAN STUDENT TO STUDY ADLERIAN PSYCHOLOGY. Miss Christine Sommer of Nuernberg, West Germany, requested information from the editors several months ago about the availability of training in Adlerian Psychology in the United States. The council of International Programs for Youth Leaders and Social Workers and the German Administration have approved her request to train in the U.S. from May, 1972 until July, 1973. The newsletter will provide further information on the matter as soon as Miss Sommer is assigned to a particular school.

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IPNS ENTERS THIRD DECADE. "The Individual Psychology News Letter," an organ of the International Association of Individual Psychology, is entering it's third decade. The IPNL Editorial Committee chairman, Paul Rom, states that a subscription for one year may be obtained for \$3.00. Those wishing to subscribe, send your fee to The Editor, The Bungalow, 6, Vale Rise, London, N.W. 11.

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DRUG EDUCATION Dr. Donald N. Lombardi published an article, "Self Reliance and Social Cooperation," in J. Drug Ed., Vol.1 (3), Sept, 1971. Several points were made about drug abuse which are summarized below.

"Drug use and abuse are viewed as symptomatic of more basic and underlying problems. With drugs, the user finds a way of escaping, conforming, or rebelling. There must be an emphasis on self-reliance and the courage to be imperfect and not live by the curse of perfection. The need is for equality and mutual respect. The promise for our salvation and growth is in social cooperation. Although we may have no control over our reactions to these circumstances of our life we do have control over our reactions to these circumstances. Thus, each person with his freedom of choice chooses between alternative actions. One can choose a life of Walter Mitty who finds daydreaming more exciting than real life or search for a Walden Three."

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ADLERIAN RESEARCH NEWS? The ASAP Calendar -- Newsletter Editor would like to report on research being done that relates to all aspects of Adlerian Psychology. Information items such as the type of research, the subjects and the settings being used, the names and the addresses of examiners and publication sources are needed. If any readers are now conducting studies, please provide this information for dissemination to others.

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#### DR. BASSITT CONDUCTS PARENT SERIES

Dr. Bill Bassitt, Wenatchee Valley College, Washington, conducted a Parent Education Series which consisted of five sessions. Approximately 50 families attended and the program was deemed very successful. He plans to continue this effort.

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#### INTRODUCTION OF NEW JOURNAL

The first issue, spring-summer, 1972, of the "International Journal of Mental Health" is now available. The subjects of this first issue are genetics and severe mental illness. Annual subscription rates are \$10.00 (four issues) and can be made by writing to the editor, Martin Gittelman, 100 West 94th St., New York, New York 10025.

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#### DR. AND MRS. PEW RELATE ACTIVITIES

Dr. and Mrs. William Pew are very busily engaged in numerous activities which have been described by Dr. Pew as follows:

"We are conducting a seminar for family practice residents and their wives on marriage counseling.... Mim and I did a family counseling demonstration and I was the keynote speaker for the Wisconsin Personnel and Guidance Association annual meeting. Following that, I teamed up with Genieve Painter to do a family counseling demonstration in Champaign in connection with the ASAP semi-annual meeting. I am still working in the Supportive Services Project for Hennipin County Court Services training volunteers to do the pre-hearing investigations for the juvenile court. This is an entirely innovative project which was originally conceived of by Dr. Dreikurs and is currently attracting attention all over the country. The basic orientation is Adlerian and the volunteers are learning to use principles of life style assessment. I am also participating in the training of the directors of counseling services for all of the state colleges of Minnesota....

Mim is director of a community based program for offenders. She is also training non-professionals to use the life style assessment process and I have been working as volunteer with her program."



CYPRUS REPORT Tassos Paschalis reports that many books on Adlerian Psychology were sold on the Island of Cyprus after Dr. Dreikurs' lectures there last year. One of the teacher Colleges, Paedogogical Academy, is requiring Psychology in the Classroom for its students this year. One major problem is the lack of qualified trainers in Adlerian practice and theory.

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DR. HELENE PAPANEK has a chapter titled "Group Therapy with Married Couples" in Comprehensive Group Psychotherapy, edited by Drs. Harold Kaplan and Benjamin Sadock. The publisher is Williams & Wilkins, Baltimore.

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SUMMER SCHOOL IN HAWAII Would you like to spend two weeks in Honolulu this summer? Dr. Raymond Corsini is attempting to provide you with the opportunity! He is tentatively planning a two week Adlerian summer school, August 20-September 1, 1972. In order to solidify the plans for this school, seed money is needed now! Anyone who is willing to make a loan on the condition that he will get it back if the school breaks even or makes money should write to Dr. Raymond Corsini, 140 Niuiki Circle, Honolulu, Hawaii 96821. Three hours of credit would be offered through the University of Hawaii. Further developments on this matter will be printed in the newsletter.

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DR. G.J. MOZDIERY, staff psychologist at Hines V.A. Hospital and consultant to the Community Mental Health program, St. Joseph's Hospital, Chicago, has written a series of articles this fall on "How You Can Improve your Married Life" in "The New World." This book is highly recommended, especially to those with special interest in marital counseling.

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THE PAMPERED CHILD Today's Education, January, 1972 Vol 61, No. 1 contained a special feature on "Children Who Present Special Challenges." One of the articles, "The Pampered Child" was written by Leo

Rattner. Those who have not seen this issue have missed something worthwhile.

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#### JULIET CAVADAS REPORTS FROM GREECE

"The year 1971 has been a very fruitful one for the Greek Society of Adlerian Studies. The first newsletter has been published with a brief history of the foundation of our Society.

This year for the first time I gave a series of twelve lectures on Alfred Adler- "Some aspects of Adlerian thinking." Large audiences attended and I will repeat the lecture second semester.

Adeline Starr (USA), Mika Katz (Israel) and Erik Blumethal (Germany) have been our honoured guests this past year and they have all participated in our Society's program with lectures, demonstrations and seminars.

The Pireus-twin city and sea port of Athens-branch YWCA is asking us to start a parents' and a couples' counseling group.

Twelve schools are now interested in our philosophy and techniques and they meet for two hourly weekly sessions to discuss these programs."

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EDITORS NOTE Feedback from several subscribers indicate that bulk mail is a very slow means of delivery for the Calendar-Newsletter. This is especially true for those in distant states and foreign countries. The Board has seen fit to authorize bulk mail as the standard method of mailing the newsletter. Perhaps this procedure should be re-evaluated. If you have suggestions, please let us know.

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Aboard Sanderling II  
 10 Stadium Road,  
 Toronto 2B, Ont.,  
 14th January, 1972

TO: ALL ADLERIAN GROUPS

FROM: Growth Committee of ASAP  
 Milton A. Dewey, Chairman

In order to stimulate interest in Adlerian principles and assist in the formation of groups, hopefully wishing to affiliate with ASAP, the Board of Directors authorized the formation of the Growth Committee. One of its functions being to compile informations considered helpful in the formation of new groups.

To this end the committee decided to gather information in six general areas of interest. There is attached a list of these interest or activity areas and the committee member in charge of bringing the available information together. We have asked the ASAP Executive Secretary, Mrs. Reba McCoy to forward this information to you so that when you learn of any embryonic Adlerian groups asking for assistance you can suggest they send their specific questions to the appropriate person on our Committee. This assistance by mail is no substitute for the "on-the-scene" assistance which your group members will be able to make. However, it is hoped our supplementary information will be helpful to these formative Adlerian groups.

Through the combined efforts of your already established group with the support and assistance of this committee it is hoped we can increase the interest in, and knowledge of, our movement.

Sincerely yours,  
 Milton A. Dewey

ASAP GROWTH COMMITTEE

INFORMATION CENTERS

STUDY GROUPS

Suggested subject coverage and textbook support; also, recommended literature, handouts, etc. Suggested "group leader" training information and other miscellaneous suggestions.

CHAIRMAN: Mrs. Ruth Katz, 2631 Salem Avenue, ST. Louis Park, Minnesota 55416

SPEAKER'S LIST

List of persons available, generally near to their home, for talks on a wide variety of subjects related to Adlerian psychology and its applications.

CHAIRMAN: Dr. Genevieve Painter, 1805 Clover Lane, Champaign, Illinois 61820

CONSTITUTIONS AND BY-LAWS OF ADLERIAN GROUPS:

Copies of existing organizations, constitutions and by-laws.



Comments on incorporation, non-profit status, etc.

CHAIRMAN: Dr. Bernard H. Shulman, 6 North Michigan Avenue, Suite 510  
Chicago, Illinois 60602.

LITERATURE RECOMMENDATIONS FOR- Parents  
Teachers  
Persons wanting to study Adlerianism in depth  
Guidance personnel

CHAIRMAN: Mr. Joseph Pewitt, 12206 McKelvey Road, Bridgeton, Missouri  
63042

MEMBERSHIP MEETING PROGRAMS AND GROUP ACTIVITIES

Recommendations for group meeting program topics, training course programs,  
supportive literature, and general information in these areas.

CHAIRMAN: Dr. James Croake, Sandals Building, Florida State University,  
Tallahassee, Florida 32306

FAMILY EDUCATION CENTERS

Information on -

Organizational structure of present centers

Counselor training program

Methods of obtaining money for operating costs

Comments on - Meeting frequency

Problems involved in forming an FEC

Member of follow-up sessions for the counselled family

Play room supervision, Etc.

Co Chairmen:

Mrs. Edna Nash, 950 11th Street, West Vancouver, B.C. Canada

Dr. Manford Sonstegard, 504 Forestry Towers, WVU, Morgantown, W.Va.  
26506

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Manford Sonstegard  
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Morgantown, West Va. 26506

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