

# ASAP CALENDAR-NEWSLETTER

March, 1972

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Nancy Pearcy, Corvallis, Oregon  
Francis X. Walton, South Carolina  
LaNila R. Marchant & Marge Nakada,  
Tuscon, Arizona  
Juliet Cavadas, Greece  
and many others.

## CALENDAR

- March 24, 1972 - Dr. & Mrs. William Pew - Program participants on the subject of Adlerian techniques, Chicago Medical School
- March 25 - Alfred Adler Institute, Chicago presents a Workshop "Group Procedures that Produce Change" with Don Dinkmeyer, William Pew, Walter O'Connell to be held at the Palmer House in conjunction with the APGA meetings in Chicago.
- March 25 - Bernice Grunwald National Catholic Guidance Conference Conrad Hilton Hotel, Chicago, Illinois.  
Understanding the Needs and the Feelings of Children  
Demonstration- Group Process in the Classroom
- March 26 - Alfred Adler Institute, Chicago presents a Workshop on Adlerian Counseling Procedures with Don Dinkmeyer, Harold Mosak, Bernard Shulman
- March 26 - Dr. Don Dinkmeyer - Presentation to the National Catholic Guidance Conference. Topic: Using the 'C' Group for Teacher Consultation.
- April 4 - A Family Counseling Session - Maurice Bullard & Dr. Steve Swenson Benton County Chapter, Oregon Society of Individual Psychology State Savings and Loan Building.

## COURSES OFFERED SPRING 1972 AT ALFRED ADLER INSTITUTE, New York

- 130 Child Guidance and Psychotherapy  
Deutsch, Coordinator. A. Adler Gittleman, Mackler  
January 18 Tuesdays 8-10 P.M. 8 sessions \$64.00 (8 credit-points)
- 112 and 113 Somatic Factors in Mental Illness  
Meiers, Coordinator. A. Adler, H. Papanek, Radl.  
January 20 Thursdays 8-10 P.M. 8 sessions \$64.00 (8 credit-points)
- 120 Early Recollections and Dream Interpretation  
H. Papanek, Coordinator, Deutsch, Gold  
March 14 Tuesdays 8-10P.M. 8 sessions \$64.00 (8 credit-points)

- 140 Fundamentals of Psychopathology  
A. Adler  
March 16 Thursdays 8-10 P.M. 8 sessions \$64.00 (8 credit-points)
- 111 Social Rehabilitation; Milieu Therapy  
E. Papanek, Coordinator. Garlock  
May 16 Tuesdays 8-10 P.M. 6 sessions \$48.00 (6 credit-points)
- 114 Music and DAnce Therapy  
Carle, Espenak, Evan  
May 25 Thursdays 8-10 P.M. 6 sessions \$48.00 (6 credit points)

Second Year, Spring Semester 1972

- 200B Intake-Interview; Individual, Group-and Student Counseling  
Deutsch, Coordinator. Branson, Marks  
January 20 Thursdays 8-10 P.M. 8 sessions \$64.00 (8 credit-points)
- 210 Adlerian Philosophy: Development and Present Status  
Farau, Coordinator, Fenchel  
February 15 Tuesdays 8-10P.M. 6 sessions \$48.00 (6 credit-points)
- 213 Techniques of Case Reporting  
H. Papanek, Coordinator. Buchheimer, Lowe  
March 16 Thursdays 8-10 P.M. 4 sessions \$32.00 (4 credit-points)
- 240 Dreams and Early Recollections ( Continuation of Course 120)  
Ellenborg, Coordinator. Fenchel, Gold  
March 28 Tuesdays 8-10 P.M. 8 sessions \$64.00 (8 credit-points)
- 211 Psychodrama  
Shoobs  
April 27 Thursdays 8-10 P.M. 6 sessions \$48.00 (6 credit-points)
- 312 Psychotherapeutic Technique  
Gold  
December 2 Thursdays 8-10 P.M. 4 sessions \$32.00 (4 credit-points)
- 350 Continous Case Seminar For Students Enrolled in A and B Programs  
Branson, Deutsch, Fenchel  
Time to be arranged 12 sessions \$60.00 (9 credit-points)
- 340 Group Psychotherapy in Different Settings  
Fenchel, Coordinator. H. Papanek  
January 6 Thursdays 8-9:30 P.M. 8 sessions \$64.00 (6 credit-points)
- 315 Diagnostic and Prognostic Considerations  
H. Papanek  
February 1 Tuesdays 8-9:30 P.M. 8 sessions \$64.00 (8 credit-points)

- 313 Seminar on Current Issues in Psychotherapy  
Ellenbogen  
March 2 Thursdays 8-9:30 P.M. 6 sessions \$48.00 (6 credit-points)  
Elective course
- 320 Neuroses  
K. Adler  
March 28 Tuesdays 8-9:30 P.M. 8 sessions \$64.00 (8 credit-points)  
Required course
- 314 Current Literature Workshop  
Ina Block, H. Papanek, Chairman  
Dates to be announced

## NEWS

Items of Interest from Oregon

A NEW GROUP called Preventative Social Services Association in N. Alberta has started child study groups using Children: The Challenge (address P.O. Box 1178, Medley, Alberta, Mrs. J.B. Partington- Book Chm.)

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RICHARD REINER, COUNSELOR, Mt. Hood Community College, Gresham, Oregon, is conducting study groups for parents of children in the day care center at the college.

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The following is a report submitted by Jean H. Willhite on the activities in the Minnesota area:

ROBERT POWERS gave an all-day workshop on January 29th, entitled "Uptight about Equality". It was excellent. The workshop committee did an excellent job of setting up a smooth operation and Bob Powers took over from there. We had many interested laymen at this workshop as well as professionals.

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WINTER QUARTER HALF OVER. The winter quarter for the Alfred Adler Institute is half over with very satisfactory classes both from content and number of students. The spring quarter brochure will be ready for mailing by February 21st.

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DR. ROLLAND RICE has been teaching classes in the Minneapolis area, but this quarter has started classes at Winona and Lake City, MN., teaching two classes entitled "Encouraging Children to Learn" and "Basic Principles of Adlerian Psychology". He was also requested to write weekly columns about relationships and problems with children from the Red Wing, MN. newspaper.

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BOB AND JEAN WILLHITE had a short workshop at Waseca, MN. for those interested in the community to start a FEC. This group has been exposed to many programs and now feels that this community is ready to start its own activities.

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MURIEL GLAIM AND JACKIE LUDKE have started to work with a group of elderly patients in a nursing home; at the request of a physician who felt that the Adlerian principles could work so well with these people who can so easily become

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disgruntled. They report excellent progress and some very interesting experiences, so much so that they are being urged to write about their experiences for publication.

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A NEW FEC WILL OPEN on February 22nd, called Lake Family Education Center and will be located in Excelsior, MN. Mrs. Emily Geckler, will be Director. Many people deserve congratulations for getting this center started.

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NEW SECRETARY FOR ALFRED ADLER INSTITUTE Mrs. Muriel Glaim is the new Executive Secretary of the Alfred Adler Institute of Minnesota. The new address of the Institute is 109 E. Grant Street., Mpls., Minnesota 55403. This is the same address of the Minnesota Adlerian Society.

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MRS. LILLY EHRLICH showed Dr. Dreikur's film, "Family Counseling" to an energetic group of 35 young people in her East Orange, New Jersey office on February 13, 1972. She reports that the discussion which followed the film led to an enthusiastic proposal by the group to form a Family Education Center. The editors urge Mrs. Ehrlich to keep us informed about further progress.

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DR. DALE ISAACS has been serving as chairman of evaluation for school psychologists. One item the eleven school psychologists will be evaluated on is, The ABILITY TO STUDY THE LIFE STYLE OF A SCHOOL BUILDING AND DEVISE WAYS TO IMPROVE THE LIFE STYLE IN ORDER TO HUMANIZE THE PROGRAM. Dr. Harold Mosak, from the Chicago Adler Institute, spent three years as a psychological consultant to the Welsh program in Rockford. The Welsh program is in its fifth year of operation and it is one of nine schools Dr. Isaacs functions as a

psychologist. The Welsh elementary school has become an effective therapeutic operational school designed to meet children's emotional and cognitive needs and combined with effective relationship teaching and parental training and guidance. Welsh influences 26 other elementary schools with trained teachers and principals.

McIntosh, one of the 26 other schools, is in the process of changing its life style. It has about 600 children from K thru 5 with 35% of the enrollment black. Last year the teachers made a definite commitment to humanize the program. In a year's time some of the teachers, principal, and other service personnel have met with Dr. Isaacs over 80 times so they will have a better understanding of themselves, the children, and the parents. They have also learned to function cooperatively together as a unit. All teachers have held classroom discussions with their pupils as recommended by both Dreikurs and Glasser. A strong parent group is beginning to form after 20 parents took a ten week course from the psychologist and the social worker using Children: The Challenge as a text. More courses are on the drawing board for parents at their request. McIntosh doesn't have the funds like Welsh for outside consultants and teacher release time for concentrated in-service training but it is making big strides in providing cognitive and affective developmental activities for pupils, teachers, and parents.

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"SELECTED READINGS ON ALFRED ADLER AND HIS INDIVIDUAL PSYCHOLOGY" is the title of a bibliography prepared by Charles Harvey Miley, Chairman, Department of Psychology, Aurora College, Aurora, Illinois 60507. This bibliography was prepared to commemorate the 100th anniversary of the Birthday of Alfred Adler, February 7, 1970.

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INTERNATIONAL SUMMER SCHOOL PLANS are underway to conduct an International Adlerian Summer School in Hawaii in August. The two-week school will host a faculty from various schools and institutes throughout the country. University of Hawaii is offering 3 hours of course credit. Group flights are available at reduced rates via Los Angeles or San Francisco. For further information contact Dr. Raymond Corsini 140 Niuki Circle, Honolulu, Hawaii 96821.

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#### CORPORAL PUNISHMENT

Civil Liberties, a publication of the American Civil Liberties Union, contained an article in its February 1972 issue by Nat Hentoff titled "Corporal Punishment: The Beat Goes On." This article disclosed several cases of corporal punishment in schools in several states. One such case is pending in the U.S. District Court for the Northern District of West Virginia (School Committee Vs. W.Va. Board of Education). That alleged case was described in the article as follows:

"In an affidavit, the father of one of the plaintiffs, a nine-year old, states:

"On or about April 15, 1971, my son...was paddled in school for allegedly possessing bubble gum and potatoe chips while in the confines of Cass District Elementary School. The bubble gum and potatoe chips had been purchased for(my son) by the janitor of the Cass District Elementary School during the day. (My son) was black and blue on the back of his thighs and had a splinter on the back of his left thigh, which was removed that very day. The marks extended on the small of his back to the back of his legs."

The accomplice janitor apparently went scot free, but that nine-year old certainly did get taught a lesson. In what, - though?"

The verdict in this case has not been decided. It seems that the American Civil Liberties Union is very interested in cases involving corporal punishment in the schools.

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"RESULT OF A TEST: F". A Time article in the February 14, 1972 issue, "Result of a Test: F" described the results of OEO sponsored school performance contracts during the 1970-71 school year.

"It authorized up to \$7.2 million for the project, spread among six educational firms and conducted in 18 school districts in both big cities and rural areas. The subjects of the year-long experiment were 13,000 children in grades one to three and seven to nine.

Last week, OEO announced the results of the test - a failure. "The overall differences are so slight," said OEO, "that we can conclude performance contracting was no more effective in either reading or math than the traditional classroom methods of instruction." OEO stressed that the findings do not mean that the idea is necessarily wrong, but it added that "an uncritical rush to embrace the concept is unwarranted at this time."

Post-mortems thus far indicate that contractors may indeed have relied too much on computerized teaching machines and programmed reading materials."

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Mr. James B. Cooney, Jr. of Cedar Rapids, Iowa writes:

Three of us, here in the Cedar Rapids office of Hillcrest discovered Individual Psychology about 1½ years ago. Since then a parents organization Services to Children and Youth, has developed (Family Education Organization, Box 1632, Cedar Rapids, Iowa 52406). This month Hillcrest and FEO will begin operating a Center once a month until the need grows for more frequent meetings.

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DR. JAMES W. CROAKE reports that the Florida Adlerian Association, 1556 Marcia Avenue, Tallahassee, Florida 32304 has officially incorporated. Nancy Catlin is president. The F.A.A. and the Florida State University Inter-divisional Program in Marriage and Family Living are presently sponsoring 8 parent education groups, one prenatal group for pregnant women and mates, and one single parent group for women.

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FORMER WVU STUDENT STARTS NEW GROUP.

Sister Delores Myers, St. Thomas the Apostle School, West Hempstead, New York reports she stopped at the Alfred Adler Institute of Chicago and picked up a number of books. Dee was a student at West Virginia University's EPDA program. She has started a Family Education Center which she says is well attended. She has started a study group for expecting mothers and the fathers.

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AUSTRALIA - SAD NEWS Mr. Ferdinand Ray, a nephew of Dr. Alfred Adler, died of a heart attack in Bentleigh, Australia. He had been a faithful reporter for this newsletter and was a very active worker in the Adlerian movement. He is survived by his wife, Trude, and two sisters.

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EMIL FROESCHELS, M.D., first director of the Alfred Adler Institute of New York died recently in the Wiskersham Hospital, New York. He was a life member of the American Society of Adlerian Psychology.

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CHANGE IN POSTAL RATES: Anyone who wishes to have the newsletter and/or Individual Psychologist sent AIR MAIL rather than surface mail may write to Dr. Manford Sonstegard  
Counseling & Guidance Department  
W.V.U.  
504 FTA  
Morgantown, W.Va. 26506

Additional mailing costs are as follows and may be paid by check.

Newsletter (per month)

Europe, Africa, Australia, Russia, Japan 42¢  
Cuba, Central & South America 34¢  
Hawaii, Canada, Alaska 11¢

Individual Psychologist (per year)

Europe, S. America \$1.40  
Cuba, Central America \$1.00  
Canada, Hawaii, Alaska 66¢  
Australia \$2.40  
Africa, Japan \$1.80

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DR. MANFORD SONSTEGARD & DR. WILLIAM MCKELVIE are currently compiling information regarding community centered groups with an Adlerian orientation. In particular they are interested in the international development of the Family Education Centers and of parent study groups. This information will be compiled into the form of a book which will include detailed suggestions regarding the various ways that Family Education Centers may be established. At present they have received taped responses to a structured questionnaire from groups in Washington, D.C.; Wilmington, Delaware; Honolulu, Hawaii from Dr. Raymond Corsini; and Eugene, Oregon with Dr. Raymond Lowe. They are encouraging small groups of people to make these tapes with the hope of gaining several perspectives on such organization. If your organization has been contacted write, and a questionnaire will be sent to you. If desired, a tape cassette or reel to reel will be enclosed. It is felt that it would be most valuable to acquire some idea as to the extent to which the Adlerian groups have developed. Inquiries should be addressed to:

Dr. William McKelvie  
West Virginia University  
Counseling & Guidance  
504 Forestry Towers  
Morgantown, West Virginia 26506

## TEN COMMANDMENTS

Thou shalt realize that playing GOD is a dangerous occupation; thus, no man can be endowed with that much wisdom, or strength that he can lead the lives of others.

Thou shalt not strive for perfection for it is unattainable, unrealistic, and impossible; however, imperfection is not a crime--only a human quality.

Thou shalt not assume to be defendant, plaintiff, or jury; thus being convicted never existed and realistically signifies nothing.

Thou shalt realize that childhood is a blackmailer; however, one must believe that irrevocable damages are only those factors which have become dominant in one's life.

Thou shalt realize that no person or power on earth can make you more miserable or unhappy than yourself; however, peace of mind is a realistic goal that one can strive for once he learns to make peace with himself.

Thou shalt realize that all men die the same way, having choice; however, not all men live their lives the same way for within life lies the difference of choice.

Thou shalt try with all one's power to be as honest with thyself as possible; thus, taking off the mask--the image, for underneath might not be as bad as imagined.

Thou shalt realize that every human being feels inferior and insecure; however, setting oneself up to feed on vanity precludes vanity eventually feeding on oneself.

Thou shalt try to understand that change is possible; however, it is not easily recognized, but can and does occur when the person involved wants and is willing to pay the price.

Thou shalt honor these TEN COMMANDMENTS to the best of one's ability; however do not strive to obey them to the letter for there again lies the impossible dream of perfection.

Delores Natker



## CALENDAR

(Continued)

- March 13 Dr. Don Dinkmeyer workshop at Argo, Illinois titled  
'Behavior Change and the Difficult Child and Adolescent'
- March 13, 1972 Family Life Conference  
Newberg Human Resources Center Newberg, Oregon  
Dr. Marcelle Robinson, "Achieving Satisfying and Successful  
Parent Child Relations"
- March 15 Bernice Grumwald - National Association of School  
Psychologists- Pick Congress Hotel, Chicago, Illinois  
Group Processes in the Classroom  
Lecture and demonstration
- March 17 Dr. Dale Isaacs will talk on the 'Life Style of a  
School Building' at the National Association of  
School Psychologists Convention at the Pick Congress  
Hotel, Chicago.
- March 17 Bernice Grumwald - The Counselor's Role in School  
Pennsylvania School Counselors Association  
Lansdale, Pennsylvania  
Understanding the Child  
Group Counseling and Demonstration

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