

NOVEMBER, 1973

#### THE PRESIDENT'S MESSAGE

Dear Friends,

At this writing I have just returned from Washington, D. C., where our Board of Directors/Interim Delegate Assembly members were guests of the Individual Psychology Association there. The Washington IPA sponsored a very interesting Symposium in connection with our meeting, and the enthusiasm and interest in Adlerian Psychology, and the hospitality of their members, made for an exciting and pleasant weekend for all of us.

As you know, the XXII Annual Meeting of ASAP will be held in Chicago next Memorial Day weekend. Elsewhere in this Newsletter you will find more information about that. What you may not know is that the Delegate Assembly is planning to hold a meeting sometime next Fall, which, though it is not a requirement of the By-laws, continues a tradition of Semi-Annual business meetings. I mention it here because so far we do not have an invitation from any local group (except for one, which will have us if no one else will, but which hosted our meeting just last year, and so is willing to share the honors with someone else, if there is another group that would want to have us come).

That, in turn, leads me to say that it is not too early for some local societies to begin thinking about 1975, either in connection with the XXIII Annual Meeting or the Semi-Annual business meeting in the Fall of that year. If you are able to think that far ahead, you may even be able to be as forward-looking as our Historian Dr. Joseph Meiers, who, far from being lost in the past, has urged us all to plan ahead through 1976 to 1977 when ASAP will be 25 years old, and when Silver Anniversary celebrations will be appropriate. Since the "Centennial Volume" of essays, gathered by ASAP to honor Alfred Adler's memory and work on the 100th Anniversary, is only now making its appearance, three years later than our target-date, none of us should be inclined to regard plans for 1977 as premature!

For the present you will doubtless be interested to know something of the decisions reached in our meeting in Washington, even though the minutes of that meeting are not yet typed up and will have to wait for the next issue of the Newsletter.

Most important is a decision to regard the Delegate Assembly called for in the new By-laws as a new entity, and to qualify all members of ASAP, no matter how recently they may have completed terms of service on the old Board of Directors, as eligible for election to the first ten places to be filled in that body in 1974. Since Kurt Adler, Oscar Christensen, Leo Gold, myself, and Manford Sonstegard (who is serving the unexpired term of Rudolf Dreikurs) are each at the end of a second three-year term on the old Board of Directors, and since there may be some desire to have some of us continue to provide some leadership to ASAP during a time of transition, it was decided that we should all be eligible for election to the new governing body. In the months to come you will be hearing more about election procedures, and about how you can decide the question of future leadership for yourselves.

One more issue should be of interest to you. Until now the members of the Board of Directors have all paid all their own expenses in connection with attendance at meetings. The only exception to this rule was made in favor of paying the expenses of the Secretary. The work of this officer in recording minutes and in handling correspondence was considered to be indispensably requisite to our ability to function. Therefore we would not allow possible questions of expense to stand in the way of the Secretary's attendance at meetings.

With the increasing reliance upon the Executive-Secretary, who is an employee of the Society and not an elected officer, this dependence upon the "official" and (for purposes of meeting the requirements of incorporation) "legal" Secretary of the Society is no longer so absolute. In the place of our concern to have the Secretary present at our meetings, therefore, a more general concern regarding attendance has moved to the fore.

Now that we are open to anyone's membership, we do not want to have our affairs managed only by those who are wealthy enough to travel to meetings. In order to assure that the cost of serving ASAP will not burden anyone unfairly, the Board has decided to reimburse each of its members for a small percentage of the expenses incurred in traveling to attend such meetings. A somewhat larger percentage of these expenses will be covered for those who are required to travel greater distances to attend. Further, the Board has decided that the Society shall bear all the expenses incurred by the Executive Committee in connection with travel and lodging whenever this smaller group may convene apart from the Delegate Assembly meetings, which is likely to occur at least once each year.

As your President, and as a member of the Board of Directors for the past six years, I can assure you that these decisions have been taken wholly in the interest of equalizing the possibilities for serving in a position of responsibility in ASAP. Until now it was a very costly business to be elected to the Board, and in my own earlier years of service, I was as often forced to give my proxy to others as I was able to afford to attend Board meetings in person.

I hope that you will consider these decisions to be responsible, and responsive to your interests and to your interest in the future of ASAP. If they are not, there is no lack of opportunity for you to make your opinion known to me or to some other member of the Board, and any one of us will be happy to hear from you.

Cordially,

Robert L. Powers

President

#### CONVENTION IS COMING!

The annual convention of the American Society of Adlerian Psychology will be held May 24-26 at the Ambassador Hotels, 1300 N. State Parkway, Chicago, followed by two days of post-convention workshops at the same place.

Co-hosts will be the Alfred Adler Institute of Chicago, <u>Eugene J. McClory</u>, Director; Rudolf Dreikurs Unit of Family Education Association, <u>Hope Hornstein</u>, President; and the Individual Psychology Association of Chicago, <u>Edward J. Laude</u>, President. Ed Laude is serving as Convention Coordinator.

Among the other persons who have assumed leadership responsibilities are <u>Gerald Mozdzierz</u>, Program Chairman, and <u>Evelyn Wachman</u>, Registration Chairman. <u>Shirley Gould is handling publicity</u>, and <u>Dorothy Peven</u> is in charge of post-convention workshops.

On Friday, May 24, beginning at 8:00 p.m., there will be an open meeting of the Board of Directors/Interim Delegate Assembly. Adlerian program presentations will occupy all day Saturday and Sunday, with concurrent sessions on many topics of interest to members. The concluding function of the convention will be the gala banquet on Sunday evening.

One of the major tasks of this convention will be the initiation of "interest sections" within ASAP in such areas as psychotherapy, family counseling, community education, teaching, guidance and counseling, or whatever other groupings may emerge.

To facilitate fun, recreational events will be offered for Friday afternoon and other free time. Chicago, with its magnificent lakefront, museums and shops, offers many diversions which will enhance the enjoyment of those who attend the convention, as well as their families. Throughout the convention period there will be ample opportunities for communication, discussion, film and videotape viewing, and socializing.

The post-convention workshops will be led by a broad cross-section of competent teachers of Adlerian principles, drawn here from throughout the country, in addition to local experts. They will offer an unusual opportunity for all members of ASAP to learn principles and techniques of the application of Adlerian psychology so as to increase their individual knowledge and competence.

A convention packet with registration information will be sent to all members of ASAP early in 1974 with information on proposed programs and workshops. See the attached "Call for Convention Program" pull-out sheet and submit your ideas now. We will need them before December 15 so that we may incorporate all members' suggestions.

At the 1973 convention in Toronto, decisions were made and action was taken to enable the greater growth and development of ASAP. It is now the task of the 1974 Chicago convention to implement those decisions with action. Be a part of it—and enjoy yourself too.

[Note from the Executive Secretary: A summary of the minutes of the meeting of the Delegate Assembly in Washington on November 2 will be included in the next issue of the ASAP Newsletter.]

#### MUNICH IN 1976

Bernard H. Shulman, President of the <u>International Association of Individual Psychology</u>, asks that all Adlerian organizations plan to take part in the International Congress of IAIP which will meet in Munich in the summer of 1976.

# WORKSHOP REVIEW

Rowena Ansbacher, Coordinator of the University of Vermont's workshop on Sex Roles and Marriage Counseling last summer, offers a report on the successful one-week course: Of the 80 participants, 50% had professional status, 35% had had considerable study of Adlerian psychology. Forty-five percent were from out of state.

The main part of the workshop consisted of demonstrations: <u>Helene Papanek</u> interviewed a husband, a wife, and the two together; <u>Ray Corsini</u> demonstrated his techniques of self-monitoring contracts and the marriage conference with a couple; and <u>Bill Lederer</u> demonstrated the reduction of marital incompatability by using tapes, and videotapes for observing nonspoken behavior. The theoretical fundamentals and their relationships to specific cases were presented by <u>H.L. Ansbacher</u>.

Students, faculty, and the couples who were counseled commented favorably on the workshop. The opportunity to demonstrate counseling with three "live" couples (one for each practitioner), although involving some difficulties, undoubtedly intensified the learning experience.

To quote from student statements, "the openness of the staff and the students," an "understanding and appreciation of the richness and varied personality of each instructor," "made for exciting interaction." "To be able to apply Adler's concepts from his time with the technology of our time proves Adler an eternal guide in any time of man."

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Rowena Ansbacher asks that others share their experiences in running workshops: "We should be interested to hear from other workshop leaders what procedures they have found successful for small student discussion groups. How were they set up? How large? Self-led, leaderless, revolving leader, "resource" leader? If or how did they relate to the whole group?" (Write her at the University of Vermont, John Dewey Hall, Burlington, Vt. 05401, and send a copy to the ASAP Newsletter.)

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Robert B. Hedberg, who was trained in Adlerian family counseling at Idaho State University under Thomas Edgar, a student of Ray Lowe's, is seeking employment in an Adlerian family counseling center. Hedberg reports that "I have a master's degree in counseling psychology and six months of experience in a county guidance center, but have had little opportunity to practice Adlerian principles." He would prefer the Midwest or Rocky Mountain West, but "I'm not persnickety." (Write him at 715 S. 20th, Apt. 4, Clinton, Okla. 73601 for his resume.)

#### **NEWSNOTES:**

[Editor's Note: Deadline for the December issue of the Newsletter is Nov. 30.]

# REGION 1--FAR WEST

Berkeley, California. Reservations must be made by the end of the year for the Summer Institute to be sponsored by Western Institute for Research and Training in Humanics (226 Stanford Avenue, Berkeley, Ca. 94708) at Argeles-sur-Mer Plage in Southern France. Seminars in both English (July 1-14) and German (July 16-29; August 16-29) will be offered in this beautiful Mediterranean resort near the Spanish border with its beautiful sandy beaches, unpolluted water, nearby forests and mountains. (Contact Lucy Ackerknecht at the above address or phone her at 415/524-4929 for further information.)

Jean Echols is in the process of starting an Adlerian art school (phone 415/848-4861).

Bill Aubry is teaching the following classes at California State University, Humboldt:

Adlerian Family Counseling; 2) Procedures in Family Counseling and Sociology; 3) Life Style Assessment. He has been doing research on family atmosphere and life style, and on altering the gambler's maladaptive life goals.

Fresno, California. Richard D. Berrett, former member of the Florida Adlerian Society (now at Dept. of Home Economics, Cal. State U. at Fresno, Ca. 93710), is continuing his work with parents and teachers in Fresno, California, through the Fresno School District and the Extension Division of California State University at Fresno. Parent Study groups using Children: the Challenge are being held for parents and teachers in the area, while teachers may take an extension class using Maintaining Sanity in the Classroom. Both are well attended and will continue throughout the 1973-74 school year.

## REGION 2 --MIDWEST

Chicago, Illinois. The <u>Rudolf Dreikurs Unit of FEA</u> (Hope Hornstein, 9047 Major, Morton Grove, Il. 60053) announces the establishment of a scholarship fund in memory of Rudolf Dreikurs for members of FEA who wish to take courses at the Alfred Adler Institute of Chicago. First recipient of the Rudolf Dreikurs Memorial Scholarship is <u>Kaye</u> Burton.

Jerry Mozdzierz gave FEA's first lecture of the year in Winnetka, Ill., on "Games Married Adults Play."

Dorothy Peven recently spoke on "The Misuses of Sex" before the Adlerian Society of Great Britain at the Alliance Hall in London. Hertha Orgler, Joshua Bierer, and Guy Manaster were among those in attendance at the meeting chaired by Emerich Weissman.

Alfred Adler Institute of Chicago reports that class attendance for the Fall Quarter 1973 increased over last year. Since 1971 there has been a 38% growth in student enrollment.

Bernice Grunwald will present a one-day workshop on "Understanding Children's Misbehavior" on Jan. 12. Robert Powers will teach "Living and Loving: The Psychology of Normal Development" on Jan. 13. While each of these is the third session of a 3-session course, you may register for these even if you missed the earlier sessions.

Negotiations with the State Superintendent of Public Instruction continue, as the Institute moves closer to degree-granting authority--Master's in Counseling and Guidance. Task Forces are meeting to implement many of the recommendations of the Institute's Self-Study Report. In the meantime, AAI continues to offer a certificate program in Counseling and Guidance, as well as in Psychotherapy and Child Development.

The Candidates' Association has recently been reorganized and expanded to become the AAI Students Association. A meeting of students on Oct. 28 followed an intensive poll of student opinion on every aspect of the Institute. The enthusiasm and constructive proposals of the students bode well for the continuing growth of the Institute. Newly elected officers are Jo-Anne Hahn, Mary Ann Pappas, Ann Scott, Helen Glick, and Irene Daniels, plus an extensive Board of Working Members. AAISA activities began with a party Oct. 13 graciously hostessed by Sadie Dreikurs. A series of informal monthly Faculty-Student Seminars has been set up, the first one to be led by Bernie Shulman on Nov. 29. Subsequent Seminars will be held at the homes of Sadie Dreikurs on Dec. 9, Bronia Grunwald on Jan. 31, and Dorothy Peven on Feb. 15, with others to follow.

Fort Wayne, Indiana. The Fort Wayne FEA (Ann Kilgore, 801 Greenlawn, Fort Wayne, Ind. 46808) recently sponsored a lively panel discussion on Open Marriage. Next general meeting is Nov. 20, with a parent-study "check-up" session on Nov. 12.

Minneapolis, Minnesota. The Alfred Adler Institute of Minnesota (400 Shelard Plaza South, Suite 209, Minneapolis, Minn. 55426) announces that beginning in the Winter quarter AAIM will be able to offer graduate credit through the University of Wisconsin at River Falls for five more courses in their curriculum. These are in addition to the courses already receiving credit. The Fall quarter finds 192 teachers enrolled in credit courses through AAIM.

A workshop designed for Nursing Home Administrators, conducted by <u>Dwight Townes</u> and <u>James Patte</u>, was attended by 68 administrators. The workshop was approved by the Minnesota State Board of Examiners for six classroom hours.

"Understanding the Meaning of Chidren's Behavior." Bill and Mim Pew are conducting monthly Marriage and Family Education Workshops this year for the Department of Family Practice Physicians at St. Paul-Ramsey Hospitals.

Bob Willhite, Dean of AAIM Faculty, presented a one-day workshop on family counseling to the Ramsey County Welfare Department.

Bob Bartholow and Tom Wright taught a weekend course on Marriage Counseling Nov. 9-11.

Bill Pew has had several appearances on Minneapolis-St. Paul television this Fall. He will be on WTCN-TV at 11:30 a.m. on Nov. 19 to discuss the subject of children's toys.

St. Louis, Missouri. Midwest Society of Individual Psychology (P.O. Box 1205, Maryland Hts., St. Louis County, Mo. 63074) reports that 66 parents are attending study groups this Fall. In addition, Bina Rosenberg is currently teaching a course in St. Louis on Group Counseling. Harold Mosak will be teaching Course 102 (Fundamentals) on Jan. 5-6 and Jan. 26-27.

MSIP member Sally Laufketter has been appointed Regional Coordinator of Public Relations for the American School Counselors Association for 1973-74. ASCA is the largest division of APGA, and Sally will be helping individual counselors with their public relations programs in Missouri, Illinois, Indiana, Michigan, Ohio, and Wisconsin.

Dayton, Ohio. Harold Mosak will be in Dayton Dec. 1-2 teaching Psychodynamics of Psychopathology II for the AAI of Dayton (133 Wyoming St., Dayton, Ohio 45409).

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#### REGION 3--SOUTH

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Coral Gables, Florida. Harold Mosak will speak to dental and speech therapists at the Institute for Myofunctional Therapy on "Management of Myofascial Problems in the Dental and Speech Patient" on Dec. 10.

Columbia, South Carolina. Frank Walton spoke at the Fall Meeting of the South Carolina Association for Childhood Education on Nov. 10 in Florence, S.C. On Nov. 16 Frank will speak to the parents of deaf and blind children in Charleston, and on Nov. 30 and Dec. 1 he will direct a workshop devoted to "An Introduction to Adlerian Psychology" at the Lancaster Campus of USC.

Houston, Texas. The Texas Society of Adlerian Psychology (W.D. Salisbury, Newman Hall, 3535 Wheeler Avenue, Houston, Te. 77004) recently heard Mary Blount Christian, author of children's books, explain how she uses Adlerian principles in drafting her manuscripts and designing illustrations for juvenile books.

On Nov. 14 TSAP hosts J. Ralston Kennett, a child psychologist, who will speak on "Being a Practitioner."

#### REGION 4--MIDDLE-ATLANTIC

Wilmington, Delaware. Members of the Family Education Center of Delaware (4900 Concord Pike, Wilmington, De. 19803) are helping to write up State legislation with the aim of permitting the Department of Public Instruction to certify FEC-trained counselors to serve on a specified unit basis in the public schools as paraprofessionals. Delaware currently ranks 45th among states in the ratio of counselors available to elementary students, and the need for FEC-trained persons in the schools to consult and counsel with parents, teachers and children is great. Both the University of Delaware and the Delaware Personnel and Guidance Corporation are said to support the use of FEC-trained counselors.

Bowie, Maryland.  $\underline{\text{W.L. Pew}}$  is presently Visiting Professor of Psychology in the Division of Graduate Studies, Bowie State College. He is teaching a combined course entitled "Adlerian Theory and Practice; Counseling Theory and Practice."

Sadie Dreikurs will present experiential/didactic Art Therapy Workshops on the Bowie campus for a limited number of participants on Dec. 1 (Introduction) and Dec. 2 (Continuation). (Contact IPA of Greater Washington, Box 11, Garrett Park, Md. 20766 to register.)

Manford Sonstegard and the Family Education Center in Greater Washington will be doing marriage counseling for the first time this year (contact IPAGW, address above).

To help solve the problem of office staffing, IPAGW has recently installed an automatic telephone answering machine. Names and phones of callers are recorded, and return calls are made during the staff's working hours.

#### REGION 5--NORTHEAST

New Haven, Connecticut. Heinz Ansbacher was invited by Yale University to address a Colloquium for graduate students in psychology. About 50 graduate students and visiting psychologists from other institutions attended his Oct. 17 talk on "Alfred Adler: Tough Humanistic Psychologist." Earlier that day he spoke at a psychology seminar on "Adler and Existential Psychology."

Toronto, Ontario. The Toronto Association of Individual Psychology (Box 5043, Station A, Toronto, Ont. Canada) runs a Lending Library by mail, offering a large selection of Adlerian books to their widely dispersed membership for a small weekly fee.

The Alfred Adler Institute of Ontario (5592 Yonge Street, Toronto, Ont. M2N 5S2, Canada) offers the following courses in the coming months:

Dec. 8-9. Course 232, Theory and Practice of Group Psychotherapy and Group Counseling II (Bernard Shulman)

Jan. 12-13; Feb. 16-17. Course 101, Introduction to Individual Psychology I (Kurt Adler)

March 16-17; April 20-21. Course 102, Introduction to Individual Psychology II
(Leo Gold; Harold Mosak)

May 18-19; June 8-9. Life Style Diagnosis (Harold Mosak)

Burlington, Vermont. Rowena Ansbacher will serve as Coordinator of a 6-day workshop on Group Psychotherapy and Counseling to be held at the University of Vermont next July 8-13, 1974. Three graduate credits will be granted for the course, which will be taught by H.L. Ansbacher, R.J. Corsini, W.J. Lederer, Helene Papanek, and R.L. Powers.

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# PROGRAM PROPOSAL ASAP Annual Convention, May 24-26, 1974

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2) In addition to any program of your own that you may wish to present, please state here your suggestions for programs or speakers or demonstrations that you would like to see or hear at the convention.

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Dr. Gerald Mozdzierz Mental Hygiene Clinic V.A. Hospital Hines, Illinois 60141

# New York

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It is true that the ASAP Newsletter is "primarily an in-house publication," as the Editor stated in the NEWSNOTES. However, it is not so exclusively, and as the Adlerian-Dreikursian movement, with ASAP as its center, steadily grows, its newsletter must be expected to get into more and more hands outside the immediate membership.

It is, in my view, not "the title and degrees" that matter but that the function of the person reported in the news should be unmistakably made known to the reader; that is, his/her skill and experience, whether it be "housewife, leading a discussion group" or M.D. or Psychologist, or what not.

As an example, on p. 9 of the October Newsletter it says "James Croake and James Keller, Adlerian psychologists and faculty members of Virginia Polytechnic Institute..." etc.-would anything be won by omitting these identifying markers? Do we have, indeed, such a super-abundance of skillful functionaries ("nonprofessionals" as well as "professionals") that we should hide them under a bushel?

Whether it would be such "omissions" which would best serve the democratic nature of this Society--which was just recently strengthened by its equal-voting structuring-would have to be further discussed (perhaps in articles, not just in necessarily brief Letters to the Editor), if, really, so many would believe so. integrizant entitude product addict American de Santa Santa d'American de Santa de Cara de Santa de Cara de Santa de San

Chicago

I was happy to note in the Newsletter that recognition is given to people by name and what they do, rather than by their particular degree or title. By doing so, we are putting more emphasis on equality, one of the basic tenets of our Adlerian-Dreikursian orientation.

It was recently my privilege as a new student at AAI of Chicago to observe Mrs. Dreikurs in counseling a family, and I realized that part of Dr. Dreikurs is still with us. Mrs. Dreikurs is a Master in her own right. May she continue to share with students and the Society her knowledge and gracious hospitality.

Charlotte Thompson

Chicago

ASAP has just democratically opened its doors wide to anyone who supports its purposes, and proclaimed "You are welcome--as long as you are rich!" It seems a bit absurd to move towards "democracy" in admission policies, then raise the membership fee so as to effectively limit membership to the relatively affluent. In an organization committed to egalitarianism and expansion of membership, \$25 dues per year seems to me to be excessively high. The FEA housewife on a limited budget, for example, who might like to join, will often be hard put to justify that kind of yearly expenditure, above and beyond her contribution to local FEA fundraising efforts. So will an individual on a fixed income, in this day of rapidly increasing inflation. I would urge that membership fees be kept at \$10, and that other sources of revenue be found to finance ASAP's activities.

Erratum: We erred last month when we quoted a price of \$1.25 on Beecher's book, Parents on the Run: A Commonsense Book for Today's Parents. The book, recently reprinted by A & W Promotional Book Corporation, costs \$2.98, plus 30¢ handling charge, and is still a bargain at that price. It can be ordered through AAI of Chicago (110 S. Dearborn, Suite 1400, Chicago, I1. 60603). Better pick up a copy quick, before it goes out of print again.

# HOW TO GET ON THE MAP

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The Exhibit Committee for the APGA convention in New Orleans is planning to present a map of all Family Education Centers and local ASAP organizations. To make sure your organization is included, please submit the name of your organization, the location, and pertinent information immediately to M. Sonstegard, Chairman (Dept. of Counseling and Guidance, W. Va. University, Morgantown, W. Va. 26506). Also, if your organization would like to provide handouts to be passed out at the Booth, please let Sonste or William McKelvie (510 Leighton, Silver Spring, Md. 20901) or Frank Walton (Counseling Bureau, U. of South Carolina, Columbia, SC 29208) know.

## The ETHERN OF ANTHONY ON HER SET WANTED: ONE COPY (section) days and informed to you

The editor of The Individual Psychologist needs one copy of Vol. 1, No. 2, Nov., 1963, as a file copy for reference. Anyone having a copy they would like to donate to the cause please write first (do not mail volume) to the Editor, Manford Sonstegard, 504 Forestry Towers, W. Va. University, Morgantown, W. Va. 26506.

#### DO ADLERIANS NEED "HISTORY"?

J. Meiers, ASAP Historian, reports that so far only the Toronto, Rhode Island, and Oregon local groups have produced reports of their origins and progress or have announced the appointment of a historian. He urges that each group send such a report to the central office (110 S. Dearborn, Suite 1400, Chicago, Ill. 60603) immediately, since "What is not recorded in writing may be soon forgotten, like a dream!"

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