

American
Society of
Adlerian
Psychology

NEWSLETTER

MARCH, 1974

THE PRESIDENT'S MESSAGE

Dear Friends,

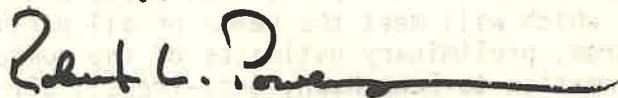
One of the privileges that I enjoy as President of ASAP is that of writing to you each month in this space. It is a kind of pleasure, to be able to address my own private thoughts to so wide an audience, and to reflect upon the possible responses which different members of our Society may have to them. It is sometimes what might be called a "heady" experience of importance.

Adlerians are not encouraged to find their satisfactions in such private fantasies of elevated dignity, however. What good is it to have a continent-wide association between Individual Psychologists if that association is so easily pressed into the service of its President's strivings to overcome inferiority feelings through a monthly letter?

Happily enough, this has not happened. Judging from the total absence of any response of any kind to my last two letters, the members of ASAP are sensitive to the danger of my exploiting my office in the service of my vanity, and they are determined to forego doing anything which might contribute to so sorry a development.

Now that I am so clearly safe, and free from harmful illusions of importance, it would be so nice to hear from you, to have your ideas concerning the Annual Meeting, and to have your help in planning for the future of ASAP.

Cordially,



Robert L. Powers
President

GROUP WORKSHOP IN VERMONT

An Adlerian Workshop in Group Psychotherapy and Counseling will be offered this summer at the University of Vermont, July 8-13. Heinz L. Ansbacher, Raymond J. Corsini, Helene Pz anek, and Robert L. Powers will be on the staff, according to Rowena R. Ansbacher, Coordinator. Students will elect to join one of three groups to be counseled daily, each by one of the three practicing instructors, in open sessions before the remainder of the students. Professor Ansbacher will furnish theoretical background and relevance. The workshop may be taken for noncredit or three graduate credits. For catalog write to Summer Session, University of Vermont, Burlington, Vt. 05401.

CHICAGO JOB WANTED

Adlerian Psychologist Donald Price, Treasurer of the Florida Adlerian Society, will be ABD (all but dissertation) in August, 1974 from the Interdivisional Doctoral Program in Marriage and Family Living at Florida State University, and is seeking a counseling, teaching, or counselor training position in the Chicago area in the Fall of 1974. Wife Linda will be a student at the Alfred Adler Institute. Don was trained under Adlerian James Croake (presently at Virginia Polytechnic Institute). Contact Don at the Dept. of Sociology, FSU, Tallahassee, Fla. 32306; phone 904/599-3136.

NO JIP?

In regard to delivery of the *Journal of Individual Psychology*, ASAP members are reminded that *Journals* are not forwarded by the Post Office. If you have moved and did not notify the *Journal* of your new address, your copy is returned to the *Journal* office where it must stay until forwarding directions are received. This involves tripling the postage, a new envelope, and additional work, as well as delay to the subscriber.

ASYA L. KADIS MEMORIAL PRIZE

A classified notice in the *APA Monitor* announced that the POSTGRADUATE CENTER FOR MENTAL HEALTH is offering the Asya L. Kadis Memorial Prize of \$1,000 to the author of the best article (2,000 - 5,000 words) on group or family therapy that is contributed to the publication of *Group Therapy: 1975*. The deadline is Oct. 1, 1974. Articles should be sent to Lewis R. Wolberg and Marvin L. Aronson, Editors, Postgraduate Center for Mental Health, 124 East 28 Street, New York, N.Y. 10016. Asya Kadis was a founding staff member of the Alfred Adler Mental Hygiene Clinic of New York. She kept up her Adlerian activities until her death in 1971.

VISIT THE HOME OF SOCIAL INTEREST
(Remember the finger in the dike?)

Erik Blumenthal, Co-Chairperson in charge of the Rudolf Dreikurs Summer Institute in Holland (July 28-Aug. 11), reports that plans are well underway and a range of prices are available which will meet the needs of all participants. To enable ICASSI to plan the best program, preliminary estimates of the number of registrants are essential. Please send information to Edna Nash, Sec.-Treas., 302-2020 Bellevue Avenue, West Vancouver, B.C., Canada.

AUTHORS IN REVIEW

W. L. Pew, Associate Editor of the *Journal of Individual Psychology*, asks that all ASAP members who publish an article in a journal or a chapter in a book send him a copy (1725 Emerson Avenue South, Minneapolis, Minn. 55403), so that it may be reviewed in the *Journal*.

ASAP CHICAGO CONVENTION

Dates: Friday, May 24--Registration
 Sat.-Sun., May 25-26--Program
 Mon.-Tues., May 27-28--Workshops

Cost: ASAP or Affiliated Society Member or Spouse,
 Full Convention, including Sunday Banquet.....\$25.00
 Full-time University/Community College Student,
 Full Convention, without Banquet..... 5.00
 Nonmembers: Single days, without Banquet..... 10.00
 Extra Banquet Tickets..... 12.50

Registration materials and further information will be sent in a special mailing to each member of ASAP. That mailing will also include details on the post-convention workshop.
Note: The program schedule will provide opportunities for various interest groups and sections to meet during the convention.

ELECTION COMING UP

The ASAP Election Committee has selected an official slate of candidates for each region. In addition to those listed below, any member who receives five votes for nomination from members in his region will also have his name placed on the ballot. Nomination information will soon be sent to all ASAP members. The regions and Election Committee nominees are:

- REGION 1--FAR WEST (Alaska, Arizona, California, Colorado, Hawaii, Idaho, Montana, Nevada, New Mexico, Oregon, Utah, Washington, Western Canadian Provinces, Wyoming):
Marvin Chernoff, Beverly Hills, Calif.; Hugh G. Allred, Provo, Utah
- REGION 2--MIDWEST (Illinois, Indiana, Iowa, Kansas, Michigan, Minnesota, Missouri, Nebraska, North Dakota, South Dakota, Wisconsin):
Bob Powers, Chicago, Ill.; Robert Bartholow, St. Louis, Minn.
- REGION 3--SOUTH (Alabama, Arkansas, Florida, Georgia, Kentucky, Louisiana, Mississippi, North Carolina, Oklahoma, South Carolina, Tennessee, Texas, Virginia):
Walter O'Connell, Houston, Texas; James W. Croake, Blackburg, Va.
- REGION 4--MIDDLE-ATLANTIC (Delaware, District of Columbia, Maryland, New Jersey, Ohio, Pennsylvania, West Virginia):
Leo Gold, South Orange, New Jersey; William E. McKelvie, Bowie, Maryland
- REGION 5--NORTHEAST (Connecticut, Maine, Massachusetts, New Hampshire, New York, Ontario and Eastern Canadian Provinces, Rhode Island, Vermont):
Kurt Adler, New York, N.Y.; Marcia Schmelz, Cranston, R.I.

CORRECTIONS MEETING

The Center for the Study of Crime, Delinquency and Corrections, Southern Illinois University, Carbondale, Illinois, in cooperation with the University of Leeds and the University of London, announces the second Criminology Summer School to be held in England during July and August, 1974. The first session will be held at Bedford College in London from July 20-27, and the second session at Leeds from July 28-Aug. 4 (write Professor Thomas G. Eynon, P.O. Box 244, Carbondale, Ill. 62901 for details).

REGION 1--FAR WEST

Edmonton, Alberta. We are very pleased to report the formation of an enthusiastic and active new Society in Western Canada. Officers of the Individual Psychology Society of Edmonton (c/o Edmonton Catholic School District, 9807-106 Street, Edmonton, Alberta T5K 1C2, Canada) are Lorraine Jones, President; Doreen Kostyniuk; Ms. Duane Quily; and Joan Hunt. Ben Poitras is Coordinator of Adlerian Information, and David MacDougall is Coordinator of Education Leadership.

IPSE (their monogram can be translated from Latin to mean "individual") already has a membership of 50 families, or about 80 persons. During the past year, Adlerian activities in Edmonton included the following:

1) An intensive course in Adlerian/Dreikursian principles was put on for counselors in the Edmonton Catholic Schools, in order for the counselors to be prepared to take the principles to their respective schools.

2) Counselors carried out in-service programs based upon *Maintaining Sanity and/or Children: The Challenge* in 12 schools in the district.

3) Approximately 300 parents in 15 groups were guided through ten-week Parent Study Group series.

4) All the kindergarten teachers in the Catholic School District enrolled in a course in Adlerian Principles, conducted by David B. MacDougall.

5) A program to develop parent leaders for study groups has been on-going since Sept.

6) A program developed by David MacDougall was presented to parents, medical doctors, and teachers in the town of Westlock, Alberta.

7) A year-long, once-a-week program is being held at St. Vincent school, in which a course in Adlerian/Dreikursian principles, followed by case presentations, constitutes the format.

Already in the offing for this Spring are the following activities: Adlerian Family Counseling initiated the last week of February at St. Matthew School will be carried out weekly until the end of May. Counselors Poitras, Jones, Kostyniuk, MacDougall, Peter Quily, and Don Sawatzky all have received training from either Ray Lowe, Oscar Christensen, or Rudolf Dreikurs. In addition, an Adlerian in-service (8-weeks) is scheduled for teachers in the Edmonton Catholic School System beginning Mar. 4 at St. Edmond School, and an in-service for primary teachers introducing DUSO (Developing Understanding of Self and Others) will be carried out during the Spring of 1974.

The Edmonton Society has requested official affiliation with ASAP.

Vancouver, British Columbia. On Mar. 29, Harold Mosak will give an address at the University of British Columbia in Vancouver, with a Life Style Workshop to follow on Mar. 30-31.

Berkeley, California. The Western Institute for Research and Training in Humanics (226 Stanford Avenue, Berkeley, Ca. 94708) announces the following changes in its pre-Easter Seminar: There will be three 3-hour sessions of theory Saturday, April 6, morning, afternoon, and evening. On Sunday, April 7, an all-day Marathon will be held from 9 a.m. to 6 p.m. Following this, those interested will drive out to the airport to welcome a visiting German Adlerian, Maria Koch, Principal of a Girls' High School in Aachen.

There are still some openings for the Institute's Argeles Summer Seminars, France. (The first two weeks of July for English-speaking participants, the last two weeks of July and the last two weeks of August for German-speaking participants.)

Fresno, California. Mass media have again displayed their persuasive power as over 350 teachers, parents, and others gathered for the first of 10 scheduled meetings focusing on Parent-Child-Teacher relationships. Richard D. Berrett and William C. Rice are

cooperating in the teaching of the class using *Children: The Challenge and Maintaining Sanity in the Classroom* as reference materials. Prior to the first meeting, appearances on television, an article in the local paper, and a visit on radio stimulated community interest.

Berrett and Rice are assistant professors at California State University, where they teach Family Relations and Child Development. Berrett reports high student interest in a functional marriage class which compares and contrasts the perspectives found in *The Challenge of Marriage* and *Open Marriage*.

Fullerton, California. The Annual Meeting of the California Adlerian Society (3117 Ravenwood Court, Fullerton, Ca. 92635) was held recently and the following officers elected: Sue Pye Brokaw, Chairwoman; Marvin Chernoff, Vice Chairman; Tony Brober, Secretary; and Pete Haggerty, Treasurer. Board members at large are Marty Malterre, Loren Grey, Kurt Jorgenson, and Howard Weithorn. Plans are being made for the group to publish a newsletter in the near future; a workshop for Southern California is also being planned. Future dreams: to have a workshop for the whole State of California within the next year.

Huntington Beach, California. The Family Study Group of Orange County (22092 Cape May Lane, Huntington Beach, Ca. 92646) is polling their approximately 90-family membership to assess their program and make future plans. At present, weekly counseling is offered at the Family Education Center, along with 10-week parent study groups, a marital study group, leadership training, and occasional all-day workshops by professionals.

Los Angeles, California. A colloquium sponsored by the California School of Professional Psychology was led by Richard Kopp on Mar. 8. Focus of the colloquium for faculty and students was the theory and technique of Humanistic Psychological Assessment and Interviewing.

Norwalk, California. Richard Kopp presented a workshop-demonstration for the staff of Helpline Youth Counseling Services of Norwalk and Bellflower on Mar. 9. Techniques of Holistic Interviewing with teenagers were demonstrated and taught.

San Diego, California. Richard Royal Kopp presented a mini-workshop in Humanistic Psychological Assessment at the recent American Psychological Association Division of Psychotherapy. The workshop emphasized an Adlerian approach to interpreting Early Recollections. He also chaired a symposium on "Applied Community Psychology: Innovative Methodology for Psychotherapists."

San Francisco, California. Bill Aubry, Terry McCarthy, and Lucy Ackerknecht, under the chairmanship of Bill, will conduct a Symposium at the Annual Meeting of the Western Psychological Association on April 26.

Santa Cruz, California. Lucy K. Ackerknecht will demonstrate Life Style Analysis at the University of California on April 11.

Honolulu, Hawaii. The Family Education Centers of Hawaii (2950 Manoa Road, Honolulu, Ha. 96822) rotate counselors at their seven Centers every 10 weeks, so that each Center has experience with each counselor. It adds variety for the counselors as well.

NEWSNOTES--REGION 1, Honolulu, Hawaii (cont.)

FECH was one of 63 organizations participating in the first annual joint community conference for children with special needs, sponsored by the Hawaii Association for Children with Learning Disabilities. June Tyler and Mary Hayward represented FECH with a display of Adlerian books and brochures, and spoke to about 35 parents and professionals on the purposes and value of FECH.

A 20-30 hour Awareness Training Institute will be held on May 4-5, conducted by Raymond J. Corsini and Genevieve Painter.

Sister Joan Madden and Raymond Corsini are offering a new course at the University of Hawaii, College of Continuing Education, in Individual Education (formerly called Rational Education).

Genevieve Painter is conducting a 10-week series called "School for Happy Families," which is servicing about 50 families.

Marsanne Eyre and Sally Vernon, in a program called Family Power, designed specifically for low-income and minority groups and partially funded by NIMH, train residents as para-professionals to help each other. Rather than stressing reading material, study group members are sometimes given exercises to perform. For example, members may record on a card each instance of being able to encourage a child. Direct child observation has also been effective, and pride in the group's ethnic origins and cultures is stressed. Family Power has been in operation for two years and is beginning its 40th study group, involving about 350 families.

Eugene, Oregon. On April 19-20, Bernice Grunwald will conduct a workshop on *Maintaining Sanity in the Classroom* for the Oregon Society of Individual Psychology (c/o Janet Mann, 3160 East 13 Street, Albany, Ore. 97321).

Bellingham, Washington. After his workshop in Vancouver, H. H. Mosak will visit Bellingham for a talk to the Adlerian Society of Human Relations (5009 Guide Meridian Road, Bellingham, Wa. 98225) on April 1.

Tacoma, Washington. Arrangements have been made by Wyn Alice Carr and Jane Williamson, Chairman of Education Department, for Harold Mosak to speak at Pacific Lutheran University on April 2. The program, sponsored by Pierce County School Counselors Association, will be open not only to counselors but teachers and other persons interested in working with teenagers and young adults. Following the lecture, an informal conversation hour will be held.

The Tacoma Parent Study Groups Association is starting a new series of *Children: The Challenge* study groups. Bob Regal, elementary school teacher and President of the group, and Jerry Stewart, elementary school counselor, are continuing their evening classes at Bates Vocational School for parents and teachers.

REGION 2--MIDWEST

Barrington, Illinois. Ray Kostiuk, a student at AAI of Chicago, is teaching an "Interpersonal Communication Seminar," dealing with the fundamentals of Adlerian Psychology, to junior and senior students at Barrington High School.

NEWSNOTES--REGION 2 (cont.)

Chicago, Illinois. The Alfred Adler Institute of Chicago is offering the following Spring Workshops, the first two of which have never been offered here before:

Mar. 17--Encouragement Techniques, by Robert L. Powers

Apr. 27--Art Therapy, by Sadie Dreikurs

Mar. 24, Apr. 21, Apr. 28--Theory and Practice of Group Psychotherapy II, by Bina Rosenberg.

The tentative Summer Workshop schedule includes:

Special Tactics in Psychotherapy--June 19-22

Interviewing Techniques--June 24-27

Introduction to Individual Psychology--August 21-24

Group Didactic Therapeutic Experience--Aug. 26-29

Regular Spring Courses at the Institute and their beginning dates are:

Mar. 25--Clinical Assessment II, Harold Mosak and Bernard Shulman;
Practicum in Group Psychotherapy, Robert Cross

Mar. 26--Psychodynamics of Psychopathology I, Robert L. Powers;
Small Group Supervision, Robert L. Powers

Mar. 27--Life Style Diagnosis, Bina Rosenberg

Mar. 29--Child Counseling II, Howard J. Klapman

April 2--School Counseling, Bernice Grunwald

(For details, write AAI, 110 S. Dearborn, Suite 1400, Chicago, Il. 60603, or call 312/346-3458. When the Summer Workshops are finalized, details will be sent to all AAI Newsletter readers.)

Director of the Alfred Adler Institute, Eugene J. McClory, will host the Student Association at a Seminar at his home on Mar. 30 to discuss accreditation, degree-granting authority, curriculum revision, practicum operation, student representation, and other matters of interest to AAI students.

Tee Dreikurs, as peripatetic as her late husband, is currently conducting workshops in Israel and Greece.

Mitch Messer, a student at AAI, has been invited by the Cook County Board of Education to present a total of 10 teacher training institutes on the subject "How Teachers Help Children to Succeed at Failing." The presentation includes a teacher-participation workshop in problem-solving to show how teachers can disengage from a child's mischief and secure his cooperation on the basis of mutual respect.

Harold Mosak will be talking at Presbyterian St. Luke's Hospital on Psychotherapeutic Strategies on Mar. 15.

The Rudolf Dreikurs Unit of the Family Education Association issues the following appeal: *Attention FEA Board of Directors!* We want to help solve Child Guidance Center problems together. Let's share ideas about training study group leaders, increasing attendance at centers, recruiting volunteers, etc. Join us for our symposium at the May ASAP Convention in Chicago. Please send your ideas to Ms. Enid Brick, 230 Franklin Road, Glencoe, Il. 60022.

The program of the Chicago Medical School (Dept. of Psychiatry, 20202 W. Ogden Avenue, Chicago, Il. 60612) includes a presentation of Adlerian techniques at their Sixth Brief Psychotherapy Conference on Saturday, Mar. 23.

Kankakee, Illinois. Bernice Grunwald will be lecturing and doing demonstrations at Olivet Nazarene College on April 26-27. Her topics: Group Dynamics and Counseling Techniques.

NEWSNOTES--REGION 2 (cont.)

Lake Villa, Illinois. Bernice Grunwald presented an all-day workshop on "The Use of Adlerian Psychology in Residential Treatment Programs" at the Central Baptist Children's Home on Mar. 8.

Lisle, Illinois. On April 8, Shirley Gould will be the featured speaker at the annual meeting of the West Suburban Unit of the Family Education Center, meeting at the Montessori School in Lisle. Topic of her talk will be "Family Council--How to Make it Work for You," and she will include excerpts from the book *Family Council*, expected to be available at that time.

Peoria, Illinois. Featured speaker at a banquet at Bradley University on Mar. 26 will be Bronia Grunwald; she will lecture on "Equality, the Challenge of Our Times," and present a talk to graduate students on "How to Get Along with Yourself."

Fort Wayne, Indiana. A second series of workshops for Course 222, for in-service training for professionals in the Fort Wayne area, will be held on the following dates: Harold Mosak will teach on April 27 and May 11, and Bernard Shulman on June 15. Anyone interested in taking these workshops, phone Ronald J. Pancner, M.D., 219/422-9622 or write the Individual Psychology Association of Indiana, 1812 Fort Wayne National Bank Building, 110 West Berry Street, Fort Wayne, Ind. 46802.

Minneapolis, Minnesota. The honors are piling up for the Pews--on Feb. 14, 1974 Miriam L. Pew and W. L. Pew were recipients of the Second Annual Rudolf Dreikurs Award presented by the Alfred Adler Institute of Minnesota. In addition, Miriam and Bill are the recipients of the First Distinguished Service to the Family Award by the Minnesota Council on Family Relations.

The honors haven't come without dedication, hard work, and service to others, as past readers of this *Newsletter* know well. Currently, W. L. Pew has been appointed to the staff of Metropolitan Medical Center of Minneapolis, and Bill and Mim are serving as Co-directors of a new Marriage and Family Education Center sponsored by St. John's Hospital in St. Paul.

Beatrice Saemann, a child psychiatrist and pediatrician from Basel, Switzerland, will be spending the month of March in Minneapolis studying with Bill and Mim Pew.

St. Louis, Missouri. Joe Pewitt and Judy Tindall are teaching a graduate course called "Counselors: A Change Agent" at Webster College on Tuesday evenings.

On Mar. 15, a program on Parent Groups will be presented at the St. Louis Personnel and Guidance Association Spring Conference on Deliberate Psychological Education by Judy Tindall, Joe Pewitt, and Sally Laufketter. Judy Tindall is the President-Elect of the St. Louis PSA, which represents about 600 counselors from various settings.

The Midwest Society of Individual Psychology (P.O. Box 1205, Maryland Heights, St. Louis County, Mo. 63043) reports that its membership now stands at 169. A full series of parent study groups and parent education groups are now in progress.

NEWSNOTES--REGION 3

REGION 3--SOUTH

Coral Springs, Florida. Don Dinkmeyer reports that Broward County is a fertile field for Adlerian ideas. A weekly course he is teaching to counselors has resulted in 12-14 parent study groups led by these counselors using Dinkmeyer's book, *Raising a Responsible Child*.

Atlanta, Georgia. Roy M. Kern of Georgia State University (Dept. of Counseling and Psychological Services) has set up a series of parent study classes under the sponsorship of GSU's Public Service Division. An attractive eye-catching brochure called "How to Live With Your Children and Have a Life of Your Own...One Step Beyond" advertises the program. A sample of the brochure--under some cartoon figures, the opening lines read:

Do you suffer from *Bedtime Blues*, otherwise known as "Why can't we get Johnny to bed on time?" or *Friday Night at the Fights*, otherwise known as "Well, he hit me first!" or *Mealtime Maladies*, otherwise known as "Hell's Bells, eggs smell and I won't eat 'em!" or *Walk softly, but carry a big stick*, meaning "Do I really need to punish my children?"

Well, you are not alone....

The *Atlanta Journal and Constitution Magazine* (Dec. 30, 1973) featured Roy Kern and his family in a lengthy and well-written article on the child-training techniques advocated by Kern. Kern, who trained under Manford Sonstegard at West Virginia University, is currently conducting a parent education group with 60 participants of the Jr. League of Women. Response from the brochure was so great that enrollment had to be limited.

Columbia, South Carolina. Leroy G. Baruth has an innovative new twist on family counseling--he presented some basic principles of Adlerian Psychology to the dormitory hall advisors at USC. Their response was generally favorable, and many promised to try the family council concept with their "extended families" of from 30 to 75 students living on their floors in the dormitories.

A. J. Epps is interested in hearing from anyone who knows of literature discussing "Adlerian Concepts and Methods" as applied to the Problems of Aging. The address is 915 Main Street, South Carolina Commission on Aging, Columbia, South Carolina 29201.

Houston, Texas. W. D. Salisbury, President of the Texas Society for Adlerian Psychology (3535 Wheeler, Houston, Te. 77004), reports that there are 64 members in TSAP, and that many teachers and parents have been helped through study groups. Bob and Arlene Fenske have prepared an excellent kit to simplify the job of starting new groups....TSAP has an arrangement with a local bookstore to receive a percentage of the sale of books made through their Society....The Texas group has had some difficulty in finding participants for Family Counseling demonstrations. Perhaps some ideas and procedures for a successful on-going family counseling demonstration program can be exchanged at the May convention in Chicago?

Bristol, Virginia. On Feb. 15 Dan Eckstein met with 30 counselors and teachers at Virginia Intermont College for the second luncheon planning session in preparation for the Mar. 15-16 Tri-Cities Area Family Counseling Workshop to be conducted by Manford Sonstegard. Included in a 2-day jam-packed schedule are demonstrations of family counseling, elementary group counseling, parent-teacher and teacher-pupil conferences, adolescent group counseling, and a Life Style investigation.

REGION 4--MIDDLE-ATLANTIC

Washington, D. C. Janet Turner and W. L. Pew report good progress on Dreikurs' biography. Last call for materials to be included in this important documentary of not only the life and works of Rudolf Dreikurs, but of the Adlerian movement in North America. (Write Janet Turner, 1523 Live Oak Drive, Silver Spring, Md. 20910.)

Baltimore, Maryland. Leo Gold is giving three workshops on psychotherapy under the aegis of the Family Education Association of Greater Baltimore (4607 Hawksbury Road, Baltimore, Md. 20715) at Loyola College. The final session of this series will be Mar. 24. Ann Bergeron has been active in setting this program up.

Bowie, Maryland. A second Adlerian Conference, to be jointly sponsored by the IPA of Greater Washington (Box 11, Garrett Park, Maryland 20766), Bowie State College, and Bowie Family Education Center (3120 Belair Drive, Bowie, Md. 20715), will be held at Bowie State College over three weekends. Bill and Mim Pew from Minneapolis; Frank Walton from South Carolina; and Andrea Williams, Clemmont Vontress, James H. Shepherd, and Bill Raspberry of the Washington area are a few of the speakers who are scheduled to take part.

On Mar. 9-10, the workshop will center on "The Resolution of Conflict in Marriage." With the help of one family throughout the weekend, there will be demonstrations of life style analysis, marriage and family counseling by the Pews. On Mar. 30-31, the Pews will deal with "Disruption of Order: School and Community." Track One is designed for teachers, counselors and other school personnel, with specific suggestions for dealing with behavior problems. Effective parent-teacher conferences, and small group counseling techniques will be demonstrated. Track Two will be tailored for probation officers, correctional personnel, attorneys and others who work with those who disrupt society.

April 20-21, "Reduction of Racial Tension: A Humanistic Approach," will include lectures and small group discussions on Personal Racism, Institutional Racism, and Racism and Counseling. Four seminars will deal with racism and the American Indian, Afro-Americans, and those of Spanish heritage, as well as the effect of racism in general on the development of self-concepts.

Registration is on a first-come first-served basis; graduate credit may be earned; contact Ms. Noni McCombs, Division of Graduate Studies, Bowie State College, Bowie, Md. 20715 for further information.

Athens, Ohio. Thomas J. Sweeney and Elizabeth Sweeney have been conducting parent discussion groups in the Athens area during the past year. At the present time Sweeney is preparing a monograph, *Adlerian Counseling*, for the Houghton-Mifflin guidance monograph series and an article on Adlerian methods for practicing school counselors for the FOCUS ON GUIDANCE publications.

Cincinnati, Ohio. Bob Browning, a student of Tom Sweeney's, is successfully conducting parent discussion groups; plans are in the discussion stage for a Family Education Center to be established here in the future.

Columbus, Ohio. A program on Adlerian consultation groups for teachers and counselors will be presented at the Ohio Personnel and Guidance Association Convention by Thomas J. Sweeney on May 5.

Kent, Ohio. On April 18-19, Thomas Sweeney will be conducting a Lifestyle Seminar at Kent State University.

NEWSNOTES--REGION 4 (cont.)

Zanesville, Ohio. A 3-week seminar for teachers, counselors, social workers, probation officers, community workers, and school administrators concerning the guidance of early adolescents was just presented by Tom Sweeney. Participants received graduate credit through Ohio University, where Sweeney also conducts on-campus seminars for counselors-in-training.

South Orange, New Jersey. The New Jersey Society of Adlerian Psychology (377 S. Harrison Street, East Orange, N.J. 07018) offers a rich variety of study groups and seminars in their Spring schedule, including a series of four Parent Study Group Leadership Programs by William McKelvie; four "Seminars for Today" by Leo Gold; and groups on *The Challenge of Marriage* led by Edward Berger and a co-leader; *The Education of Children* by Lilly Ehrlich and Dorothy Cooper; *Beyond Success and Failure* by Donald Lombardi; and beginning and advanced groups on *Children: The Challenge* led by members of the Society.

Bill and Mim Pew will be giving a workshop for NJSAP on May 19.

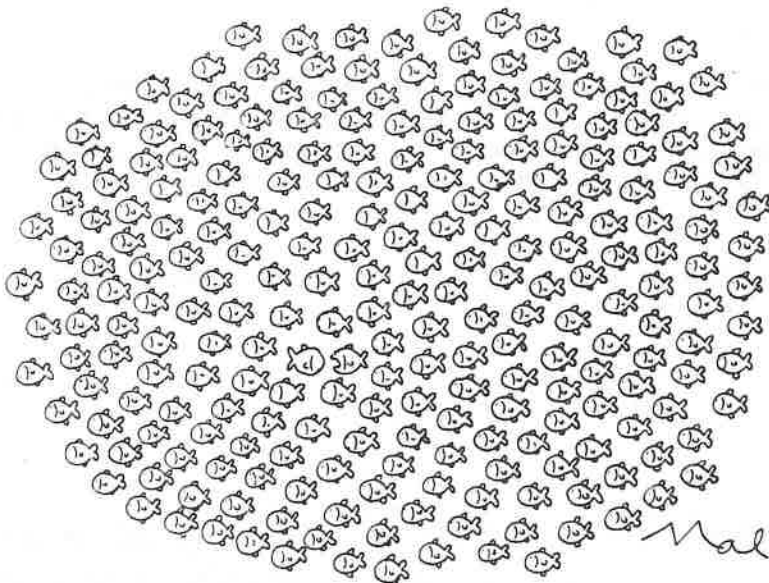
Wood County, West Virginia. The West Virginia Extension Service and the Wood County School Guidance Project are cooperating to set up parent study groups and train leaders for them in nine neighborhood areas of the county, reports Manford Sonstegard, consultant to the project. The pamphlets "How to be a Good Parent" and "Living in Harmony with your Child" will be used, along with Study Guides for *Children: The Challenge*.

REGION 5--NORTHEAST

Toronto, Ontario. Harold H. Mosak will return to Toronto to teach half of Course 102, Fundamentals of Adlerian Psychology on April 20-21.

Woonsocket, Rhode Island. The Rhode Island Family Education Centers (Woonsocket Family Education Center, 239 Main Street, Woonsocket, R.I. 02895) is sponsoring a one-day workshop on Life Style given by Leo Gold on Mar. 31.

On May 4-5, Mim and Bill Pew will be giving a 1 1/2 day workshop on marriage, marriage counseling, and the functions of a Marriage Education Center for the same group.



LIFE STYLE-OF-THE-MONTH

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"Damn it, Mortimer, can't you do anything right?"

LETTERS

COUNSELING OPPORTUNITIES

Champaign, Ill. Feb. 1

I would like to ask you to suggest that your students in guidance and counseling apply for jobs with our local school districts. Dr. Dinkmeyer was here in December. At that time the superintendents of Champaign, Urbana, and the Educational Service Region expressed an interest in having more people with Adlerian training in the school systems. Perhaps you will be able to recommend students who might be interested in coming to this type of community--home of the University of Illinois. I believe the climate of the community is receptive. FEA has acquainted hundreds of people with *Children: The Challenge and Maintaining Sanity in the Classroom*.

Through the work of Dreikurs, Genevieve Painter, Dinkmeyer and other Adlerians who have done workshops and conferences here, we have many people who have recognized the value of having more school people who have been trained in the Adlerian approach. There are some teachers and social workers who are using this approach, but we feel there is great need for more.

Applications should be sent to: Dr. Marshall K. Berner, Superintendent of Champaign Unit 4 Schools, 703 East Washington, Urbana, Illinois 61801; to Mr. Eugene Howard, Superintendent of Urbana School District Unit 116, 1704 East Washington, Urbana, Illinois 61801; and to Mr. Byron Wise, Superintendent of Educational Service Region, 1905 East Main Street, Urbana, Illinois 61801.

Barbara Brown
Family Education Association

HOW ABOUT THE CHALLENGE OF PARENTING ADOLESCENTS?

Skokie, Illinois, Feb. 14

I have begun to write material to help parents and lay leaders to meet the challenge of raising adolescents and cope with the problems of older offspring.

This is developing in response to requests for material for study groups and interested individuals. In order to make it useful, I need to have many many examples of the kinds of problems and situations today's young people and their parents face, and I need your cooperation.

Please send me examples from your own experience--either in your own families or in your work. They can be on tape, or written out, or any way that's convenient for you. I'd also like to have your suggestions as to what should be included. My idea is that this work would deal with ages 12 to 19, the years of decreasing dependence. Please help me.

You can write to me and/or send cassettes or other material to me at 8944 Kilbourn Avenue, Skokie, Illinois 60076. And thanks.

Shirley Gould

A TREASURY OF IP'S

New York, Feb. 26

For all local or regional ASAP groups or individual members: for your libraries or literature distributaries! Librarians! From a newly discovered source, the following issues of the *Individual Psychologist* can be obtained:

- 1) Vol. I, No. 1, 1963--10 copies (containing many articles of historical and even topical interest);
- 2) Vol. I, No. 2, 1963--5 copies (containing, among others, Dr. Bernard Shulman's article on the goals of ASAP);
- 3) Vol. V, No. 2, 1968--40 copies (containing: discussion by five authors on psychotherapy for aged persons. Also, discussion of the "Four goals of Children's Misbehavior," and other articles of interest).

Write ONLY to: Central Office ASAP, 110 S. Dearborn Street, Suite 1400, Chicago, Ill. 60603.

Joseph Meiers (Historian, ASAP)

EXPLANATION

Chicago, Illinois, Feb. 28

For those of you who remain baffled by the "obscure symbols" on the previous masthead of the *ASAP Newsletter* [Jo-Anne Hahn, Letters, Feb.], a concise explanation can be found in the November, 1971 edition of the *Individual Psychologist*, whose cover these symbols still grace:

The cover for the *Individual Psychologist* was designed by Claudette Crandall, publications office artist at West Virginia University. The concepts of Adlerian Psychology symbolically illustrated as well as the elaboration of the three life tasks originally formulated by Adler and later extended to additional life tasks by contemporary Adlerians serve as a basic foundation for the individual living in a democratic society.

[Symbolic Cover Designs, Manford Sonstegard.
Copies available by writing to Sonstegard
at 504 Forestry Towers, WVU, Morgantown,
W. Va. 26506]

It is time, however, for the *Newsletter* to drop the Avis look, and I, too, like the clearcut, much-improved masthead designed by President Bob Powers.

Mary Ann Pappas

RUDOLF DREIKURS FESTSCRIFT

Minneapolis, Minn., Feb. 25

Ruth Holger-Nielsen (Furesolund Stavnsholt, 2460 Birkerod, Denmark) is courageously working on the Festschrift honoring Rudolf Dreikurs despite severe illness, and would deeply appreciate hearing from friends in the United States and Canada.

Bill Pew

Reprints of Garda Bowman's presentation, "The Application of Adlerian Concepts to Modern Education," given at the September 29, 1973 Symposium on The Challenge of Education, are available from Dahlia Mann, 58 Mountainview Road, Millburn, N.J. 07041.

Elsevier Sequoia SA (P.O. Box 851, CH-1001 Lausanne 1, Switzerland), publisher of international scientific journals, has recently launched the monthly *Psychological Reader's Guide*, which indexes the contents of all leading psychological journals. The *Journal of Individual Psychology* and *Individual Psychologist* are among the 200 periodicals included in this useful research guide.

Hawthorn Books, Inc. has announced the publication of a new book on parent-child relationships entitled *Discipline Without Fear--Child Training During the Early School Years*, by Loren Grey. This volume, together with *Discipline Without Tyranny* by the same author, covers the major problems faced by parents of children from birth through the twelfth year in much greater depth than has been done by any previous Adlerian writings on the subject. The attached review of *Discipline Without Fear* (from the *Library Journal*, Shirley L. Hopkinson) outlines the scope of the present book, together with an appraisal of its value to parents and teachers:

In this second volume in a projected four-part series on child discipline, Grey applies theories of Adler and Dreikurs to practical problems in child rearing. He begins with an interpretation of the young child's personality, then discusses behavior problems which occur at home (his solution to these: the family council, in which every member has an equal voice). Several brief case studies also present helpful analyses and suggestions for avoiding or correcting problems. One chapter discusses special problems of handicapped children; another covers school problems and parental responses; and there is a separate, cursory history of the modern school. All in all, a sensible, readable book, well worth careful consideration from parents and teachers.

(These two books are available from AAI, 110 S. Dearborn, Suite 1400, Chicago, IL 60603.)

[*Editor's Note:* The deadline for inclusion of information in the next *Newsletter* is March 31. Special thanks to all those who send us copies of their Adlerian activities and itineraries. Thanks, too, to all those groups who regularly mail us their newsletters, flyers, and publicity handouts before the presses have had a chance to cool. Early notice of workshops, lectures, seminars, etc. helps us alert our readers to coming events in time for those who are interested to attend where feasible.

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FIRST CLASS