AMERICAN	
SOCIETY OF	
ADLERIAN	

SYCHOLOGY

NEWSLETTER

**APRIL, 1974** 

## THE PRESIDENT'S MESSAGE

Dear Friends,

Some people think that \$25 is too much to pay for annual dues in ASAP. Some argue for a sliding scale, based on income or other variables, with a low enough minimum payment to encourage more widespread participation by people who do not earn professional salaries. Some just want a general reduction, so that everyone is paying less.

Other people think that \$25 is already a minimal figure. They argue that having membership in ASAP is like making an annual contribution to the support of the spread of Individual Psychology. There is no special advantage, only an extra assessment involved in it. After all (they say), whoever wants to is already free to subscribe to ASAP publications, to attend annual meetings, and to be active in local societies, spending less than \$25 in all, and still enjoying whatever advantages there may be to membership without actually joining ASAP.

What do you think?

Some people think that ASAP should become a kind of "accrediting" agency, establishing its own criteria for deciding what a good Adlerian training institute should be, and for what kinds of competence should be expected of a family educator, of a life-style interpreter, or of a teacher of Individual Psychology. In their view anyone could start an "Alfred Adler Institute" anywhere, as is now the case, but only after such an "institute" had met the standards set by ASAP could it claim to be "accredited" as a generally recognized center of Adlerian training.

Others think that such a move would stifle spontaneity, that it would discourage the development of new "schools of thought" within the general tradition of Individual Psychology, and that it would suffer all the disadvantages of an autocratic and outmoded university system without enjoying any of that system's advantages and benefits.

What do you think?

These, and many other issues, will be discussed, argued over, and possibly even decided upon at the forthcoming Annual Meeting. I hope that you are planning to be there.

Cordially,

Robert L. Powers

President

### ASAP CONVENTION--MAY 24-26, 1974 Post-Convention Workshops--May 27-28, 1974

This week the Convention flyer, with full details of the Convention and Post-Convention Workshops, will be mailed to all ASAP members with a registration form and hotel reservation card, says Convention Chairman, Ed Laude. The Convention and Workshops will be held at the Ambassador Hotels, Chicago.

The two-day Convention Program on Saturday and Sunday, May 25 and 26 will include demonstrations, discussions, professional papers, seminars, slides, films, videotapes, books, pamphlets, and educational materials in the areas of parent education; teacher and counselor training; correctional facilities; scientific inquiry and research results; and clinical applications of Adlerian psychology, including demonstrations of music and art therapy. In addition, there will be initial regional meetings of members, development of special interest sections, and working assemblies of ASAP members.

This Convention will be a bringing together of all those who subscribe to the principles of the psychology of Alfred Adler: a social, humanistic, goal-oriented system. It will present us all with an opportunity to meet, to learn, to listen, to enjoy, and to relate to people who live and teach a spirit of cooperation and growth in human relationships.

On Friday, May 24 at 8:00 p.m., Raymond J. Corsini, Ph.D., Honolulu, Hawaii, will present the pre-Convention lecture: "The History of the Future of Adlerian Psychology." The lecture is sponsored by the Alfred Adler Institute, Family Education Association. and the Individual Psychology Association, all of Chicago.

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## POST-CONVENTION WORKSHOPS--MAY 27-28, 1974

The two-day Post-convention Workshops will be:

- A. Action Therapy and Encouragement Lab--Walter O'Connell, Ph.D.
- B. Adlerian Group Therapy--Raymond J. Corsini, Ph.D.
- C. Marriage Counseling--W. L. Pew, M.D. and Miriam Pew, M.S.W.
- D. Relevance of Adler in Modern Thought: Advanced Theoretical Concepts to Strengthen the Clinician--Heinz Ansbacher, Ph.D. and Rowena Ansbacher, Ph.D.
- E. School Consultation--Thomas Allen, Ed.D. and Harold H. Mosak, Ph.D.

On Monday, May 27, there will be two one-day workshops:

- F. Contemporary View of Life Style--Leo Gold, Ph.D. and Dorothy Peven, M.S.W.
- G. Group Therapy with Adolescents--Francis X. Walton, Ph.D.

Details will be included in the flyer.

Members nominated by the ASAP Election Committee to be candidates for the Delegate Assembly in Regions 2, 3, 4, and 5 are unopposed for election. No other member from these regions received enough votes to have his name placed on the ballot. Since these nominations have no opposition, the Election Committee declared them elected to the Delegate Assembly. Those elected to the Delegate Assembly include: Robert Powers and Robert Bartholow from Region 2; Walter O'Connell and James Croake from Region 3; Leo Gold and William McKelvie from Region 4; Kurt Adler and Marcia Schmalz from Region 5.

An election will be held in Region 1 (Far West). The nominations for the two seats available to Region 1 are <u>Hugh Allred</u>, <u>William Aubry</u>, <u>Maurice Bullard</u>, <u>Marvin Chernoff</u>, and Edna Nash. Members who reside in Region 1 must return their election ballots by <u>May 1</u>.

#### ADLERIANS AND SCIENCE

Roy Kern and David Patterson of Georgia State University and <u>Jon Carlson</u> of Nova University are preparing a text entitled *The Case for Adlerian Psychology*. They would appreciate any *research* evidence that you might be able to provide that supports Adlerian counseling and psychotherapeutic procedures. Any published or unpublished studies or research bibliographies would help in strengthening this important document.

#### ROCHE REPORT MAY FEATURE ADLERIANS

Denison Demac, Editor of the *Roche Report: Frontiers of Psychiatry*, has requested that ASAP provide the *Report* with abstracts or texts of convention papers and summaries of the post-convention workshops. This provides Adlerians with an excellent opportunity to disseminate their thoughts in the widely read and respected *Frontiers of Psychiatry*.

If you are on the Convention or Post-Convention program, please-by May 1-send your abstract or text to ASAP Central Office, 110 S. Dearborn, Suite 1400, Chicago, II. 60603.

#### TULIP TIME IN SUMMER

Don't forget the Rudolf Dreikurs Summer Institute in Holland <u>July 28-Aug. 11</u>, with seminars in Human Relations; Therapy and Counseling; Assessment of Personality; and Classroom Problems, as well as personal, couple, or group therapy options available. Graduate credits may be obtained from Bowie State College and elsewhere. (Send for registration form to Edna Nash, 302-2020 Bellevue Avenue, West Vancouver, B.C. by <u>May 15.</u>)

## GUIDES TO ADLERIAN JOURNALS

Every Adlerian Society can help its members by purchasing these inexpensive and useful author-title indices compiled by Paul J. Kahn from the San Francisco Bay Area Society for Adlerian Psychology (425 Grant Avenue, Palo Alto, Ca. 94300): JIP, 1952-72, vols. 10-28, 31 p., 553 items, \$3.50; IPB, 1940-51, vols. 1-9, 6 p., 158 items, \$1.25; IJIP, 1935-37, vols. 1-3, 6 p. 123 items, \$1.10.

#### REGION 1--FAR WEST

Vancouver, British Columbia. After a 4-year gestation period in which members studied together, attended workshops and summer schools, developed a constitution, a newsletter and a library, the British Columbia Association of Adlerian Psychology was officially born. The year ended with 90 members; successful workshops were held with Tee Dreikurs and Oscar Christensen. Spin-off from Edna Nash's decision to spend a semester of study in Tucson with Oscar Christensen resulted in training visits from Christensen in May, November, and December (see their Jan. newsletter for detailed review of these workshops) and revolutionary plans for training school personnel and parents in the Vancouver area in the future (see Letters).

Because of the interest aroused, arrangements have been made for counseling teams to

counsel families at Vancouver City College each week.

Word of mouth, a letter to organizations, posters silk-screened by the high school art department and placed in store windows, and a small ad in the newspaper paid off with a turnout of about 250 persons for one of Oscar's seminars on "Understanding Family Relationships." A babysitting service also freed parents, including many fathers, to attend.

Seven members of an "intensive training group" are attending Marie Stimson's monthly sessions of inservice training and group therapy, according to BCAAP President Joan List, where "We're always learning something new and interesting to incorporate into our 'toolkit.' This month we will be using photoanalysis to take a look at ourselves."

Peer-group counseling in action can be found at the Thursday night seminars on Individual Psychology, where 20 BCAAP members meet to discuss Adlerian theory and to concentrate on improving counseling skills. Rosemary Nash reports: "Considering the fact that the group is completely democratic (without an appointed or duly appointed leader) the individuals have become extremely cohesive and stimulating within a very short period of time. Our emphasis has been primarily on counseling skills, learning how to interpret life styles and clarifying individual questions on Adlerian theory. We have had several presentations on theory which have helped clarify such issues as social interest and emotions."

Arcata, California. William E. Aubry will continue to teach Adlerian Family Counseling, Life Style Assessment, and Procedures in Family Counseling during the Spring and Summer sessions at Humboldt State University. Terry McCarthy, counseling intern, assists Aubry in all the classes. Both Aubry and McCarthy also supervise numerous life style assessment practicum students. Aubry is also very active on the Board of Trustees for the California Association of Marriage and Family Counselors.

Berkeley, California. The Western Institute for Research and Training in Humanics (226 Stanford Avenue, Berkeley, Ca. 94708, ph. 415/524-4929) announces an in-service training program to start in May for the staff of the Alameda County Society for the Mentally Retarded, under the leadership of Jean Echols, WIRTH graduate. Jean will also be conducting Adlerian Art Classes throughout the summer.

Rusty Messing and Kathy Czesak still have openings in their Adlerian Elementary School in San Francisco (inquire at WIRTH, address above).

Lucy K. Ackerknecht will introduce an in-service program on Early Child Development on April 18 at the Moraga School District in California. Ackerknect's European teaching program this summer will include the following: Seminars at the German Adlerian Training Centers in Aachen, Duesseldorf, Delmenhorst, and Munich in May and June. During this time, she will also lecture at the University of Muenster and at the Teachers' College there, and at a Marriage and Family Training Institute in Zurich, Switzerland. In Germany, she will also conduct Adlerian Marathons and Individual Training Analysis. She will teach the Training Seminars for WIRTH in Argeles, Southern France. The two German-

speaking Seminars are almost filled. There is still room in the English-speaking Seminar during the first two weeks of July. Ackerknecht will speak in September at the International Congress of Social Psychiatry in Athens, Greece.

Huntington Beach, California. The Family Study Group of Orange County (c/o Malterre, 22692 Cape May Lane, Huntington Beach, Ca. 92646) is "producer and director" of an exciting all-day workshop called "A Touch of Classroom," to be presented Saturday May 18 at Gisler Intermediate School. Their clever and amusing announcement is designed like a star-studded theater marquee, and announces the "Smash Hit...starring John Platt and Dorothy Briggs (author of Your Child's Self Esteem)...Nominated for three awards: Encouragement, Esteem, Education...Rated [ for parents, educators, all who work with children..." (Write or call Ms. Jay Stein, 9551 Bay Meadow Drive, Huntington Beach, Ca. 92646, phone 962-4643 for further information.)

Boulder, Colorado. In February, Heinz Ansbacher lectured to Professor Michael Wertheimer's class in History of Psychology at the University of Colorado on the topic of "Adler-Freud Divergence on Fundamental Issues: An Attempt at Explanation." The title alluded to Wertheimer's book, Fundamental Issues in Psychology.

Honolulu, Hawaii. If you try to find Genevieve Painter, you'll have to keep on the move. Monday afternoons she has an Adolescent Group at the Center for the Study and Development of Effective Living; Mon. nights she's conducting a 10-session "School for Happy Families" at the Kaimuki Evangelical Church; Tuesday mornings she's running an 8-session group on "Understanding Your Children" at Kimoliki Elementary School; Tues. nights she's at the Family Education Center in Wahiawa; Wednesday afternoons she has a Parent Group; Wed. nights she just finished 10 sessions on "Winning in the Family" at the Off-Center Coffee House, and is now teaching a course on Training for Family Counselors at the College of Continuing Education of the University of Hawaii.

Family Education Centers of Hawaii (2950 Manoa Road, Honolulu, Ha. 96822) are presenting an Awareness Training Institute on May 4-5, to be co-led by Raymond J. Corsini and Genevieve Painter. According to a registration leaflet published by FECH, the ATI is "a concentrated program intended to assist participants to understand and accept themselves and others. It is not psychotherapy, but rather a learning experience. Through lectures, phenomenological experiences and expressive exercises, the participant will be exposed to means of increasing self and other awareness."

Pocatello, Idaho. During March, <u>Heinz Ansbacher</u> participated in the Adlerian Psychology Conference at Idaho State University with a 5-hour presentation on "Alfred Adler's Individual Psychology: History, Concepts, Application."

Albany, Oregon. Janet Mann is teaching two classes on "Understanding Your Child" at the Linn-Benton Community College during the Spring Quarter.

Corvallis, Oregon. Bob Foley devised a "Mini-model Parent Study Group," featuring role playing in three time sequences, to show parents and teachers how a child perceives his role, and to help them understand the purposive nature of a child's behavior. Presentations at the PTA brought requests from parents to enroll in the Spring parent-study groups, and gave teachers a new perspective to their teaching approach.

Eugene, Oregon. The Oregon Society of Individual Psychology (c/o Janet Mann, 3160 E. 13 Street, Albany, Or. 97321) is sponsoring a conference on April 19-20 featuring Bernice Grunwald. The two-day workshop will include at least one live demonstration using teenagers.

The Eugene-Springfield Parents Organization now puts out the "E.S.P. Newsletter" telling about their study groups, leader training classes and other events. Recently a videotape of an actual family council was filmed in a family's home to demonstrate how the family shares ideas, makes plans, and solves problems (like chores and allowance distribution) in a democratic way. The videofilm has since been shown to school and community groups; after viewing the film, members of the audience divide into the three groups by age of children--preschool, elementary school, or teenagers--to discuss the film and share ideas about using the family council in their own homes.

Portland, Oregon. OSIP President, Floy Pepper, in addition to conducting two study groups a week, just completed 5 one-hour after-school discussions with Lynch Plaza teachers on "Behavior in the Classroom." During February, Floy keynoted the Pacific YMCA Conference with a talk on "Communication within the Family," and presented a 2 1/2-day workshop at Loma Linda University in California on "Management of Difficult Children."

Salem, Oregon. Salem is a hot-bed of Dreikursian study groups, with nine of them occurring in the area so far in 1974, according to the OSIP newsletter. The Salem YMCA has changed its name to the Salem YMCA Family Center, and has sponsored such programs as the Democratic Parenting Workshop, a Dreikurs-based study group.

## REGION 2--MIDWEST

Chicago, Illinois. The Alfred Adler Institute of Chicago announces that there are still a few openings for registrants for Sadie Dreikurs' Art Therapy Workshop on April 27.

On April 21 and 28 Bina Rosenberg will teach and demonstrate Theory and Practice of Group Psychotherapy II.

Beginning April 16, at the request of the Student Association, Bernice Grunwald and Robert Powers will share the teaching of a Continuing Case Seminar, with Grunwald doing family therapy with a single family, and Powers doing marital counseling with another couple.

AAISA (Alfred Adler Institute Student Association) Vice President Mary Ann Pappas reports that the exciting monthly faculty/student seminars are continuing, with <u>Eleanore Redwin</u> hostessing the group at her home on <u>April 28</u>, and <u>Robert L. Powers</u> leading the next seminar at his home on May 12.

In addition, students have organized tape-listening seminars among themselves to listen to and share thoughts about "the experts" lecturing and doing demonstrations of marital and family counseling, school counseling, group work, psychotherapy interviews, etc. Student Tom Russo has organized a study group to read and discuss Adler's Social Interest.

AAISA President <u>Jo-Anne Hahn</u> announces that the Videoequipment Fund-Raising Project has reached the halfway mark of \$1,000. In addition to purchasing equipment to film demonstrations by the experts, assist in the training of new Candidates, and better serve the clients in the Psychological Services Center, plans include raising enough money to establish a video film library of tapes which can be mailed out by AAI to other Adlerian groups around the country at minimal cost for their viewing and in-service training.

Bernard Shulman is giving a lecture on <u>June 5</u> under the sponsorship of the Abraham Lincoln School of Medicine and St. Joseph's Hospital on "Psychological Assessment of the Candidate for Cosmetic Surgery" for postgraduates of plastic surgery. On <u>June 23</u> Shulman will appear on a panel dealing with psychological approaches to the headache at the Annual Convention of the American Medical Association in Chicago.

The Rudolf Dreikurs Unit of FEA (9047 Major, Morton Grove, Il. 60053) observed its Founder's Day last month; membership now totals more than 700 people. Most new members join through parent-study groups. A Marriage Counseling Demonstration by <u>Ted Gluck</u>, a Candidate of AAI, is being sponsored by the group on <u>April 26</u>.

Albert Ellis will be in the Chicago area on Wednesday, May 15 to speak on "Rational Emotive Therapy," under the sponsorship of the Riveredge Hospital Foundation (8311 W. Roosevelt Road, Forest Park, Il. 60130).

East Chicago, Indiana. <u>Don Dinkmeyer</u> presented a workshop to the staff of the East Chicago Schools on Classroom Guidance Through Developing Understanding of Self and Others on <u>April 5</u>.

Terre Haute, Indiana. Merle M. Ohlsen reports that there will be a Refresher Workshop from July 17-Aug. 7 for experienced counselors who completed their preparation in counselor education prior to 1970 (write him at 206 Jamison Hall, Indiana State U., Terre Haute, In. 47809).

Detroit, Michigan. On May 10, Bernie Shulman will speak to the American Psychiatric Association on "Clinical Aspects of Use of Anti-depressants."

Albert Lea, Minnesota. Donald Crannell, first president and former faculty member of the Alfred Adler Institute of Minnesota, and more recently president of the Adlerian Family Education Association, has taken the position of Psychiatric Social Worker on the staff of the Southern Minnesota Human Development Center in Albert Lea, Minnesota. With his wife, Rose, he has been co-director of the St. John's Hospital and the Hennepin Avenue Methodist Family Education Centers in the Twin Cities, as well as having led many workshops in Family Education and in Psychodrama. Don is president of the Minnesota Institute of Psychodrama.

Minneapolis, Minnesota. Raymond J. Corsini, assisted by <u>Bill Pew</u>, will give an Awareness Training Institute on <u>July 6-7</u> (write Bill Pew, 1725 Emerson Avenue S., Minneapolis, Minn. 55403 for information).

The Adlerian Family Education Association (109 E. Grant Street, Minneapolis, Minn. 55403) is conducting a study of Dreikurs' book, *Social Equality*, on the 1st and 3rd Wednesdays of each month. Rose Crannell and Mae Belle Doty are co-leaders.

The attractive folder telling about the programs at the Family Education Center in St. John's Hospital (403 Maria Avenue, St. Paul, Minn. 55106), directed by Bill and Mim Pew, features a delightful photograph of a youngster on its cover, with the title "COOPERATION, let it begin in our family." The folder reached us by way of Beatrice Saemann, Swiss pediatrician and child psychiatrist who recently visited and studied at the Alfred Adler Institutes of Chicago and Minneapolis.

Columbia, Missouri. Ken Marlin writes that, in addition to his booklet The Basics of Practical Parenting (see Recommended Reading), he has developed a mini-study course kit which is moving remarkably well, especially through the Saskatchewan Province Department of Health and two pockets of demand in Peoria and Quincy, Illinois. Says Ken, "Boy, are parents getting educated in those towns!"

St. Louis, Missouri. The Midwest Society of Individual Psychology (P.O. Box 1205, Maryland Hts., St. Louis Co., Missouri 63043) will be celebrating its 10th Anniversary at a picnic supper/meeting on May 31.

Bernard Shulman will be in St. Louis to teach Living and Loving: The Psychology of Normal Development on April 27-28 and May 18-19.

A MSIP parent-study class has been added to the courses offered by the Adult Education Program in the Lindberg School District.

MSIP has a dual training program for counselors: Counselors-in-Training are members who are already working as counselors but wish to learn and use Adlerian methods. Trainees, on the other hand, do not work as counselors in their daily lives. The programs merge at the intern level, where requirements become the same for both groups.

Milwaukee, Wisconsin. On May 1, Bernard Shulman will be at the Milwaukee Sanitarium to give a workshop on case presentations.

#### REGION 3--SOUTH

Tampa, Florida. On April 19, Don Dinkmeyer will be working with the Tampa schools in the training of counselors to work with parents on parent-education procedures. This Spring counselors in the Broward County schools are taking a weekly course with Don to improve their techniques in Group Counseling.

New Orleans, Louisiana. Jon Carlson and Don Dinkmeyer presented a program on Parent Education at the national meeting of American Personnel and Guidance Association.

The ASAP booth at APGA was set up by Manford Sonstegard and Frank Walton, with a display of books provided by AAI of Chicago. Along with other materials, the new ASAP brochure, which lists all the Adlerian organizations in the U.S. and Canada, was distributed and aroused a great deal of interest in the Individual Psychology movement.

Columbia, South Carolina. The 4th annual summer workshops devoted to applications of Adlerian psychology will be sponsored by the University of South Carolina during June and July. An introductory workshop entitled Adlerian Child Guidance in the Home and School will be held in Columbia, June 10-20. An advanced workshop will be held at the Coastal Carolina Campus near Myrtle Beach from July 15-26. Bob Powers and Frank Walton will staff the first and last workshops, while Harold Mosak and Frank Walton will team up for the June 26-July 6 workshop. The fee for each workshop is \$75. Undergraduate and graduate credit is offered. (For further information write Frank Walton, Counseling Bureau, USC, Columbia, S.C. 29208.)

The Columbia Adlerian Society (660 Townes Road, Columbia, SC 29210) was formed February 2, 1974. Officers elected include Bertha Hittie, President; Andy Heen, Vice-President; Jane Lawther, Secretary; and Fred Walker, Treasurer.

On April 26, Frank Walton will demonstrate group counseling with adolescents at the South Carolina Pupil Personnel and Guidance Association Spring Convention in Columbia.

Cullouhee, North Carolina. Frank Walton will conduct a two-day workshop for students and faculty in psychology and education at Western Carolina University in Cullouhee on April 23-24.

Houston, Texas. The EPIC (Enrichment Programs in Christianity) programs coordinated by Dayton Salisbury have featured Adlerians Walter O'Connell and Maurice Ouellet, among others. O'Connell reports that under the sponsorship of Houston Metropolitan Ministries he has also started to work with 16 advocates (ombudsmen) for children in the Houston School District, teaching them Dreikurs' principles.

ASAP members <u>O'Connell</u> and <u>Bradshaw</u> were recently on a panel to discuss Skinner and Adler on the Spotlight Show of Channel 39 from 11:00 to 12 midnight. O'Connell is participating in two more shows April 7 and 14 on "Tensions in Life" at the same time and place.

Waco, Texas. Heinz and Rowena Ansbacher were the Distinguished Lecturers in the Baylor University "Distinguished Lecture Series" on "Individual Psychology and Counseling" in February. The audiences were comprised of students and faculty, members of the Central Texas Psychological Association, and administrators, psychologists, and counselors of the local educational systems.

Fredricsberg, Virginia. Bill McKelvie will lecture at Mary Washington College on Adlerian Family Counseling on April 25.

#### REGION 4--MIDDLE-ATLANTIC

Wilmington, Delaware. The Family Education Center of Delaware (4900 Concord Pike, Wilmington, De. 19803) lists among its Coming Attractions a play by Gloria Lane called "Bows and Arrows" to be presented on April 26.

On May 3, Manford Sonstegard will speak to FECD on "The Parents' Role in Parent-Teacher Conferences." Sonste started something here two years ago when he trained six counselors for their Family Education Center. The original six have in turn trained 12 more, and all are now training new counselors and helping to develop the courses of instruction and specialized services. Gloria Lane, administrator of the counselor training program, reports that this year the training program offers a schedule and progression of Adlerian education open to all members, whether they plan to be counselors or not. "We are thrilled that in just two years we are able to serve our 'therapeutic community' in our purpose of offering training to everyone so more can effectively help self and others in improving interpersonal relationships in homes, schools, business and community."

FECD was invited by Brandywine High School to teach a 2-week course in "Personal Growth." The 13 students who signed up were divided into two discussion groups led by Gloria Lane, Mary Fritz, Don Tuites, and Yvonne Grossi. Of particular interest to the students were the Family Constellation and insights into sibling interactions.

A well-received series of four workshops was held for 25 members of the Nursery Kinder-garten Association of Delaware. The sessions covered 1) basic principles of Adlerian psychology and Dreikurs' child-rearing techniques; 2) problems raised by participants were discussed in relationship to children's goals, family constellation and encouragement; 3) methods and attitudes of encouragement; 4) parent-teacher relationships and parent education through the school.

Washington, D.C. Individual Psychology Association of Greater Washington (Box 11, Garrett Park, Md. 20766) awarded certificates to six counselors-in-training recently, after two years of training in the program directed by Manford Sonstegard. During the course of their training, Weltha Logan, Ellen Menis, Madeleine Saari, Janet Terner, Mollie and Phil Thorn have led study groups, helped operate the Family Education Center, demonstrated skill in family counseling, presented the Adlerian approach to human relations to community organizations, and assisted in the training of other counselors.

Nicholas S. Ionedes reports that he is speaking to two professional groups during April on "Sexual Problems of Liberated Women from the Adlerian Point of View."

Bethesda, Maryland. On April 26 and May 11, Bill McKelvie will do family counseling sessions for IPA of Greater Washington (address above).

Bowie, Maryland. The third weekend Conference on the Adlerian Approach to Human Problems will be held at <u>Bowie State College</u> (Bowie, Md. 20715) on <u>April 20-21</u>, focusing on "Reduction of Racial Tensions: A Humanistic Approach." The first of the series attracted 225 persons.

Many Adlerian-based activities are continuing at the College this Spring: Bill McKelvie's "outreach" program in Baltimore County, where they are organizing their second Family Education Center; courses taught from an Adlerian viewpoint include two courses on Minority Group Counseling, Elementary Guidance and Counseling, Principles and Philosophy of Counseling, and Counseling Theory and Practice. Adlerians Bill McKelvie, Andrea Williams, Hank Raymond, Fred Davis, and Ron McMullan teach at Bowie. Bill Pew comes in every other weekend to teach Adlerian Theory and Practice and Life Style Assessment. A course in Family Counseling by Harold V. McAbee is held in conjunction with parent study groups. McAbee reports that "We are beginning to send students in advanced training to study groups to do counseling in the study group. This has proved to be a valuable experience for all and has done much to promote use of the Family Education Centers."

College Park, Maryland. On April 26, Tom Ellis and Bill McKelvie will demonstrate family counseling for the Maryland Personnel and Guidance Association.

LaPlata, Maryland. Bill McKelvie will conduct an in-service workshop for the Harford County Pupil Personnel Workers.

East Orange, New Jersey. More than 200 persons turned out when Marguerite and Willard Beecher were featured at a recent meeting of the New Jersey Society of Adlerian Psychology (377 S. Harrison Street, East Orange, NJ 07018) for an afternoon of informal conversation. Donald Lombardi introduced the guests and moderated the discussion.

On May 19, NJSAP has invited anthropologist Ashley Montagu to speak at their final meeting of the season.

Leo Gold's seminar on "Human Relationship and Equality" meets April 18.

Dayton, Ohio. The Alfred Adler Institute of Dayton (122 E. Apple Street, Dayton, Oh. 45409) is conducting the following courses:

April 17, 24; May 1, 8--Maintaining Sanity in the Classroom (<u>Dale Pence</u>; <u>Paul Papanek</u>, <u>April 18, 25</u>; May 2, 9--Helping Children Build Self-Confidence (<u>James Evans</u>)

<u>April 20-21</u>; <u>June 1-2</u>--Interviewing Techniques (<u>Bernard Shulman</u>; <u>Kurt Adler</u>)

<u>May 16, 23, 30</u>; <u>June 6--Techniques of Group Leadership</u> (<u>William and Kathy Riedler</u>)

On April 16-18, Bill McKelvie will be in Dayton to conduct inservice training for the Montgomery County Juvenile Court.

Charleston, West Virginia. Morale is high and interest intense among a group of 23 local agency representatives from the Kanaha Valley area who are taking part in the Youth Enabling Program sponsored by the Salvation Army. Manford Sonstegard conducts demonstrations and leads the training sessions on alternate weekends for 19 sessions through May 25. It is hoped that each trainee will establish a Family Education Center and do family counseling in his own area at the completion of his training. A serendipitous benefit is commented upon by Warren F. Thieston, Executive Director of the Salvation Army: "Interestingly, a vital local need, not formally acknowledged, is now being met. It is a fuller, more meaningful cooperation of the personnel of local agencies dealing with such problems. As a result of meeting and working together on a regular basis, a new spirit of trust and 'working together' on local problems is emerging."

Morgantown, West Virginia. The February workshop on Psychodrama given by Adaline Starr was attended by approximately 200 medical students, social workers, teachers, counselors, and counseling and rehabilitation students. Sonstegard reports that the vast majority were favorably impressed by the presentation.

Manford Sonstegard will be leaving for England the week following the Convention to demonstrate counseling with elementary and secondary children, and will give a public lecture in London on the evening of June 4.

Wood County, West Virginia. An exciting 3-year pilot guidance program has been launched in the Wood County schools this year. The first year of the preventive project, which is aimed at preventing and redirecting misbehavior, is funded by a \$50,000 grant from the Governor's Committee on Crime, Delinquency, and Corrections. Manford Sonstegard serves as consultant to the project, which involves the total community of students, parents, teachers and counselors in a variety of innovative ways. Darel K. Custer, Coordinator of Guidance Services, is hopeful that the program will culminate in the establishment of a Family Education Center for continuing preventive work with families.

#### REGION 5--NORTHEAST

Waltham, Massachusetts. Vincent Calia will assist Raymond J. Corsini in leading an Awareness Training Institute on June 8-9. The weekend Institute will last from 20 to 30 hours and will continue until the various programs have been achieved. The intent of the Institute, according to Corsini, is to give participants the equivalent of the same number of hours in individual or group psychotherapy in terms of becoming more aware of themselves, others and life. Corsini is a student of differential methods, and believes that this format applied to Individual Psychology theory and philosophy represents a methodological breakthrough in achieving rapid and economical gains. (Write Vincent Calia, Espousal Center, 554 Lexington St., Waltham, Mass. 02154 for further information.)

New York, New York. ASAP member Albert Ellis will conduct a "3-day Practicum in Rational Psychotherapy and Counseling" at his Institute on June 22-24. Small group practice will help participants develop skills in identifying and challenging irrational belief systems. Other workshops offered by Ellis or staff at the Institute for Advanced Study in Rational Psychotherapy (45 E. 65 Street, N.Y. 10021) include:

April 28--Workshop in the Treatment of Alcoholism

May 19--A Rational Approach to Drugs and Delinquency

Oct. 5-7--Cognitive/Behavioral Approaches to the Treatment of Sexual Problems.

Burlington, Vermont. The Adlerian Workshop at the University of Vermont on Group Psychotherapy and Counseling from <u>July 8-13</u> will have <u>H. L. Ansbacher, R. J. Corsini, Helene Papanek, and R. L. Powers on its faculty, with <u>Rowena R. Ansbacher</u>, coordinator. It will offer 3 graduate credits, if desired. The cost is \$90 for in-staters; \$123 for out-of-staters; dormitory rates are \$16 double, \$20 single, per week; food, \$20 for the five weekdays. (Write Summer Session, U. of Vt., Burlington, Vt. 05401 for further information or registration material.)</u>

Toronto, Ontario. The Toronto Association of Individual Psychology (Box 5043, Station A, Toronto 1, Ont.) and the Alfred Adler Institute of Ontario (5592 Yonge Street, Willow-dale, Ont. M2N5S2, Canada) are sponsoring a videotape course of seven sessions featuring Rudolf Dreikurs in "understanding Your Children." The tapes will be shown at York University, with a discussion following the viewing.

An Adlerian program will be presented at the Annual Convention of the Ontario Federation of Home and School Associations this year on April 25 in Windsor, Ont. A group of Toronto Adlerians will give an introduction to the principles of Adlerian psychology, parent study groups, family education centers, a demonstration of family counseling, and ending with small discussion groups. There will be a distribution of the ABC's to all those attending and a display of books related to Adlerian psychology.

A free film and discussion series on Adlerian child development is being run at a school and public library (next sessions on <u>April 22 and 29</u>; <u>May 6 and 13</u>) by counselors from the Family Education Centre.

On Saturday, May 4, an all-day conference on "Social Cooperation, the Challenge of our Times" is being sponsored by TAIP at the Etobicoke Education Centre.

[Editor's Note: To the rest of Region 5, we will welcome your notes and newsletters!]

#### ASAP BROCHURE NOW OUT

President Robert L. Powers reports that the new ASAP brochure is now ready, and the Central Office will be happy to send copies out in bulk mailings to anyone who wants them. In the past, ASAP has charged 2¢ a copy or \$2.00 for 100, which is considerably below the cost of production. Any contribution in excess of this minimal amount will be welcome. The purpose of the brochure, which lists the names and addresses of all the Adlerian organizations in the U.S. and Canada, is to promote the work of the Society and to help in recruiting new members. (Send orders to ASAP Central Office, 110 S. Dearborn, Suite 1400, Chicago, Il. 60603.)

#### ON INACCURACIES

Parksville, British Columbia, Mar. 20

In view of the fact that Vancouver's application for a provincial grant for its potential training project with Dr. Christensen is, we hope, still being considered by the government and that the requested sum is \$877,000, BCAAP is rather concerned that the proposal was reported in the ASAP Newsletter of February as an accomplished fact with a request for \$377,000.

So that similar inaccuracies do not recur we are going to send you a copy of each of our newsletters from now on with the request that news of our Association be abstracted from these rather than other sources. I am sorry that we have not done this before, but I was under the mistaken impression that our newsletters were being sent to ASAP.

Joan List, President, BCAAP

[Editor's reply: I regret that there was an inaccuracy in the news item contained in our February Newsletter. As you note, however, since you had not sent us your newsletter, the only information available came to us from the Adlerian Society of Human Relations in Bellingham, Washington. I am attaching a copy of the news item which appeared there, which we used practically verbatim. While the type is faint, the figure does look more like a three than an eight.

Almost a year ago, when I became the Editor of the ASAP Newsletter, I wrote to all of the Adlerian groups in the U.S. and Canada requesting that, as soon as possible, they send us a copy of their newsletters so that the information could be shared with Adlerians elsewhere. I would be pleased to be placed on your list.]

# DOES SEED-MONEY HELP OR HINDER?

Chicago, Mar. 15

In regard to Toronto's grant to pay three study-group leaders for full-time work, I am curious to see what will happen. My prediction is that by paying only three study-group leaders, no further expansion of the study-group program will take place. Few people will be willing to do the task for free when others are getting paid for it. I suspect that those programs develop best where all jobs are voluntary contributions and there all have an equal share in making decisions and in formulating plans. If the prediction is verified, an alternative to turning down the funds would be to accept whatever the government is willing to provide, but to share it equally among all those who are willing to do a study-group.

Jo-Anne Hahn

#### CHILD ABUSE

Chicago, Illinois, Mar. 29

The Family Life Achievement Center (FLAC, 836 W. Wellington, Chicago, Il. 60657) is compiling information on current programs and research in the area of child abuse and neglect. FLAC is placing particular emphasis on prevention of child abuse. Knowing the effectiveness of the Adlerian approach with parents, I am assisting in compiling this information for FLAC. If you know of someone who is working or researching in the area of child abuse or neglect, please let me know immediately (at 175 E. Delaware, Apt. 8808, Chicago, Il. 60611).

#### SOME MEAT

Huntington Beach, California, Mar. 13

[from a letter to Bob Powers] I feel that this very faithfully delivered publication [ASAP Newsletter] will be a positive influence on the strength of this organization. I really feel a part of this group of people mostly by reading the Newsletter.

I wonder if some neat ideas--short articles, i.e., how to recruit families for family education centers, new developments in research, reviews of workshops--in depth--might be included each month. One item per month, something like OSIP's letter. The cartoons are terrific! My idea is: some meat each month to keep us growing.

Marti Malterre

## Recommended Reading

Basics of Practical Parenting. A small, simply written and useful manual of instruction in Dreikursian techniques written by Ken Marlin. For copy of booklet and Blueprint for Change sheet, send 50¢ to Practical Parenting Publications, Box 18, Columbia, Mo. 65201. Bulk rates available.

Brand new, with the ink scarcely dry, is the booklet by Francis X. Walton and Robert L. Powers. Entitled Winning Children Over: A Manual for Teachers, Counselors, Principals, and Parents, this attractive and delightfully written booklet should be a winner in every home or school system where it is used. Published by Practical Psychology Associates in Chicago, 1974; single copies are available for \$1.00 (with discounts for bulk rates) from AAI of Chicago at 110 S. Dearborn, Suite 1400, Chicago, I1. 60603.

[Editor's Note: April 30 is the deadline for the next issue of the ASAP Newsletter.]

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FIRST CLASS