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AMERICAN
SOCIETY OF
ADLERIAN
PSYCHOLOGY

NEWSLETTER

NOVEMBER-DECEMBER, 1974

THE PRESIDENT'S LETTER

Dear Friends,

In a time when special appeals for contributions are generally viewed with pessimism, I am happy to report that our membership has fully subscribed in cash and pledges the amount of \$2,000 that I asked for in my last letter. Since gifts and pledges are still being received, it appears that we will end up with even more than that amount to support the special publishing ventures which ASAP has been wanting to support for some time now. After many years of delay, the collection of anecdotes concerning the life and work of Alfred Adler is being published under the title *Alfred Adler As We Remember Him*.

ASAP is the publisher, and distribution will be through the bookstores and local societies affiliated with us throughout the United States and Canada. We are also printing a small promotional and informational pamphlet in the form of a reprint of an article which Rowena Ansbacher wrote for a soon-to-be published encyclopedia. Introducing readers to the life and work of Adler, this little pamphlet can be used to interest prospective members and to inform new members of the basic outlines and principles of Individual Psychology.

The Family Education Section of ASAP, although it is still in the process of devising principles for its own formation, has already begun its work by putting together a comprehensive directory of Family Education Associations and Centers throughout the United States and Canada.

The Delegate Assembly in its Semi-Annual Meeting was cheered by the news of several new efforts that local groups have begun, to devise home-study course materials which can be supplied to interested persons through the mails. The Rhode Island Society has taken the lead in developing these materials, which will include audio-cassettes, as well as printed materials.

It may sometimes be difficult for an individual member of ASAP to assess the extent to which the membership of our Society is growing (40% increase during the last two years), or the extent to which the vitality of the new membership has been enlisted in the service of teaching the principles of Individual Psychology. I can only say that from where I sit, the present and future of Individual Psychology appear brighter than ever before, and I am greatly encouraged to witness the enthusiasm with which both the Delegates and the members which they represent are working together toward the

(cont. on p. 3)

REPORT FROM THE SEMI-ANNUAL DELEGATE ASSEMBLY MEETING
Nov. 1-2, 1974, Charleston, West Virginia

[The following notes are abstracted from the minutes of the Semi-Annual Meeting; full minutes are available on request from the ASAP Central Office.]

President Robert Powers reported on the Special Fund for the promotion of the Mosak Bibliography by the Hemisphere Publishing Corporation. One thousand dollars was contributed by Bill Statton in memory of his wife, Vicki Soltz Statton. Fourteen others have given or pledged to the Special Fund as of the time this issue went to press [see President's Letter].

Jerry Mozdierz reported for his Committee on the results of a questionnaire submitted to the membership through the *Newsletter*. He noted that 86% of the respondents favored the choice of a convention site two years in advance. The Assembly accepted the invitation of Walter O'Connell that Houston be the site of the November 1975 Semi-Annual Meeting, and the invitation of BCAAP that Vancouver be the site of the May 1976 Annual Meeting.

Upon the nomination of Sonstegard, and with the approval of the Delegate Assembly, Powers has appointed William Culp as the new editor of the *Individual Psychologist*. The Delegate Assembly formally expressed its gratitude to Manford Sonstegard for his years of dedicated service as *IP* editor.

The Delegate Assembly moved to establish a Publications Committee to be concerned with all printed materials of the Society. Walter O'Connell volunteered and was accepted as Chairman of this Committee....An article on Alfred Adler written by Rowena Ansbacher will be used for ASAP promotional purposes.

The Rhode Island AAI is preparing a taped home-study course on the fundamentals of Adlerian Psychology in consultation with Rowena Ansbacher. The Delegate Assembly received the report with interest.

The Delegate Assembly recommended that an announcement be run in several issues of the *Newsletter* requesting Adlerians with audiovisual materials to submit information on them (including tape size for videotapes) to the Central Office. It was suggested that this step should precede any assurance that these materials might be available to Adlerian groups; i.e., at this point find out who has what.

Eugene McClory distributed a comparative report on "paid" memberships. ASAP considers a person to be a member for one year beyond that year for which dues were paid. On this basis, the 1974 membership is 607, of which 484 are paid and 123 unpaid. A third notice has been sent to these 123. [See President's Letter]

Milton Dewey reported for the Growth Committee, whose functions were agreed to include: a) writing to the presidents of all Adlerian societies for a mailing list of members and the names of local members willing to endorse potential ASAP members; b) writing to local society members to ask them to join ASAP; c) writing to delinquent ASAP members to ascertain reasons for their lapses of membership and to encourage their re-joining.

There was a brief consideration of the possible partition of Region 1 (Far West), with general agreement that it would be premature to consider it at this time. At each Semi-Annual Meeting there will be a consideration of each region, with a view to the possible increase from 5 to 6 regions.

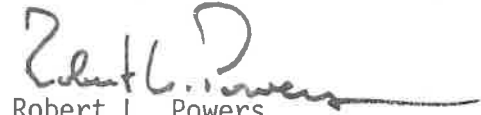
Weltha Logan, corresponding coordinator for a family education section, submitted a report to the Delegate Assembly asking for the recognition of a Family Education Section of ASAP. The DA expressed appreciation for the proposal, and those interested in such a section were asked to propose an outline of structure, membership, etc. to the Executive Committee in accordance with Section VIII of the By-laws.

PRESIDENT'S LETTER (cont.)

further growth of our movement, and, more important, toward the education of parents, teachers, and others throughout the general community. We are contributing to a better understanding of ourselves and each other. There are few enterprises which have as much importance as this, and we can experience that directly in the satisfaction that we have in finding others discovering with fresh enthusiasm the usefulness of Individual Psychology to their lives and their work.

Happy holidays. Enjoy whatever rest they bring you. There will be lots more work to do in the New Year.

Cordially,



Robert L. Powers
President

HYPERACTIVE RESEARCH

The first issue of the National Institute of Education quarterly newsletter, *Information*, reports on a \$59,896 grant awarded to Dr. C. Keith Connors of the Human Resources Institute in Boston to test Dr. Ben Feingold's theory that hyperactive children improve when they avoid eating foods containing artificial flavoring or coloring. The article states that, "This project could lead to the first sound suggestion of what causes hyperactivity and could demonstrate a possible remedy that does not depend solely on drugs." Really?

Recommended Reading

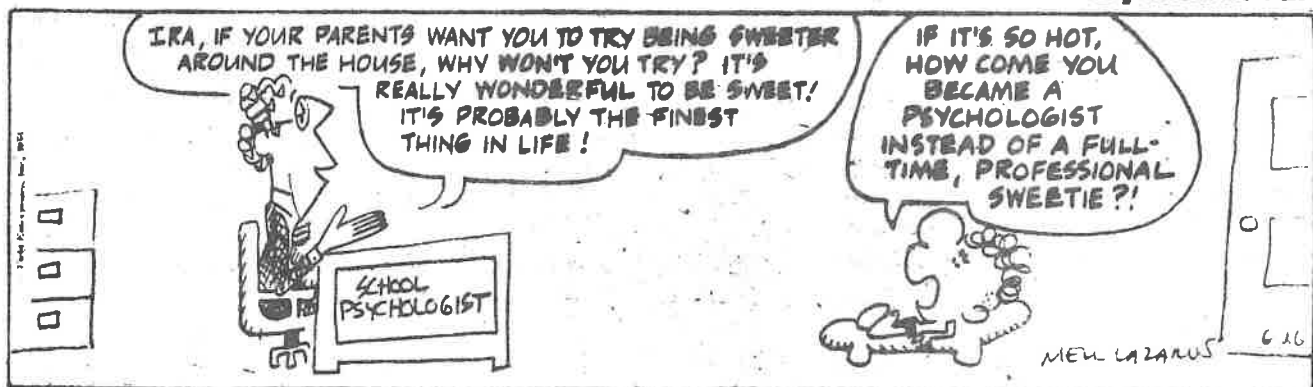
It is not too early to get your order in for the first edition of Harold and Birdie Mosak's Adlerian Bibliography, scheduled for publication in January of 1975. The publisher is Hemisphere Publishing Corporation, Global Building, 1025 Vermont Avenue, N.W., Washington, D.C. 20005. You may order the volume from AAI of Chicago--although the list price is \$17.50, there is a 10% discount to ASAP members.

How to Be Your Own Best Friend, by Mildred Newman and Bernard Berkowitz, is now out in paperback. \$1.50 plus 40¢ postage and handling (add 5% tax if Illinois resident) from AAI of Chicago, 110 S. Dearborn, Suite 1400, Chicago, Illinois 60603.

RECOGNITION REFLEX

MISS PEACH

By Moll Lazarus



TASK FORCE ON TRAINING
Reports to the Delegate Assembly

- I. ASAP could set up Regional Working Congresses on Training, with
- a) each Adlerian organization and affiliate invited to send representatives; and
 - b) other especially interested individuals invited, too.

Such Regional Congresses could

- 1) consider what they would like ASAP to do for and *with* them, such as:
 - a) provide action workshops (including practicum and feedback) in the different regions;
 - b) contract with existing Institutes to offer courses in strategic locations;
 - c) devise basic criteria for self-assessment in various areas of training;
 - d) provide trained Adlerians to supervise, consult, and help local organizations and institutes with self-assessment, on request;
 - e) devise and collect video and other useful materials for local use;
- 2) set priorities, i.e., decide which one(s) to do first in their region;
- 3) suggest specific procedures and mechanisms for carrying out their first priority or two (based, let us hope, on realistic considerations of geography, time, budget, manpower, etc.);
- 4) make recommendations to ASAP Executive Committee and the Delegate Assembly for consideration, modification, assistance in implementation, etc.

Jo-Anne M. Hahn
Chicago, Illinois

II. After careful consideration of the replies made in response to the questionnaire on training, I really don't see how ASAP can be effective in imposing any kind of controls on training quality or who is qualified to train. No matter how good the material presented or qualified the instructor, the individual practitioner can choose to use or abuse Adlerian principle and method according to his own motivation, despite the intelligence and aptitude demonstrated in classroom and practicum. This factor called motivation is also why some people can be introduced to Adlerian psychology through reading materials or one workshop and proceed to do a fine job of educating himself.

Therefore, I am against any decision by ASAP to impose training controls, including certification, even though I realize such controls would be well intended. Even "guidelines" if intended to be controls should be avoided unless presented in such a way that each member feels following same is a matter of individual choice rather than an intended restriction on choice. Controls, if desired, are best set by the people who will have a direct and immediate voice and choice in the decisions which affect them personally. ASAP is too far removed from the voice of the average member or student.

Keeping the above in mind, I do think ASAP could be *helpful* by supplying information on suggested guidelines for training and trainers in specific skills. While suggestions are generally welcomed by and useful to the majority of people, controls are usually made to keep out or punish the deviant and the undeserving. I am reminded of Dr. Dreikurs' comment on the use of punishment, "It only works with those who don't need it." He has also repeatedly warned us that unless we take in the deviant as equal partners, we can't influence him or hold him responsible for his actions.

Suggested guidelines do not require enforcement. It is in the enforcement that too much time and energy are wasted on the few at the expense of the many who are responsible and could make better use of the talents of the ASAP leadership in more growth-producing directions.

I would like to recommend that the task force on training consider the following, which I feel would be in the direction of growth toward responsibility:

TASK FORCE REPORTS (cont.)

1. That ASAP be *helpful* to its membership by supplying information and suggested guidelines in the use and abuse of Adlerian principle and method. This could be done by inviting members who make use of the various Adlerian skills to share their experience, following a common outline for presenting same. These could be printed as collections of individual opinion and recommendations by persons who use the various skills developed from Adlerian psychological theory and made available to those who would like to improve their training (or training programs). Information would be compiled on various skills like individual and group psychotherapy, marriage counseling, family counseling, teaching, conducting workshops, leading study groups, the use of practicum for training, etc.

2. That ASAP be dedicated to improvement of Adlerian principles and methods within their own membership by designing and implementing a kind of "exchange program" between regional areas where Adlerians working in all levels of expertise (professional or non) share experience and ideas with those in other levels of expertise. Harold Mosak has noted that communities tend to develop a community lifestyle composed of the similarities of lifestyles of leadership. This is probably true of Adlerian communities also. One way to improve quality of training and trainers might be to encourage weekend exchanges of people so that set patterns of thinking can be stimulated.

3. That ASAP could do the greatest service to the membership by encouraging the development of a body of knowledge specific to the conversion of the theory of "social interest" into a technology which can be taught to people in classrooms and study groups everywhere. Somewhere in my reading I remember that Adler recommended that an institute would be needed to train people in social interest, rather than relying on chance development. It appears to me that many now have much experience which could be shared for the purpose of working out experiential workshops and even social interest group counseling, similar to family counseling, where the social interest of individuals can be identified and systematically raised.

Gloria E. Lane
Wilmington, Delaware

III. The survey responses do not reflect a consensus of the membership regarding ASAP certification of institutes and/or trainers and/or programs. If and when this consensus is attained, criteria and procedures can be developed. (My opinion is that this would or will be a very costly and time-consuming undertaking if it is done properly - involving visits of certifying teams, etc. But it may in time be worth it.)

I think that the training possibilities to which ASAP should address itself now are many of those outlined by Jo-Anne Hahn and Gloria Lane - beginning with Regional Working Congresses on Training. I favor this more "grass-rootsy" approach, out of which will come clearer directions for ASAP to move on the training issue.

Eugene J. McClory
Chicago, Illinois

IV. Further exploration of the members' views is needed; materials from the survey are so diverse that I am unable to recommend any particular course of action on the basis of responses so far received. The whole matter requires continuing study by the Delegate Assembly.

Bernard H. Shulman
Chicago, Illinois

V. [the gist of a verbal report and motion to the Delegate Assembly] In view of the diversity and richness of the Adlerian movement, particularly in the development of teaching and training, it should not be the policy of ASAP to restrict or certify training programs, institutes or individuals at this time.

Francis X. Walton
Columbia, South Carolina

NEWSNOTES

REGION 1--FAR WEST

Vancouver, British Columbia. An unusual method of fund-raising--selling "Save the Orpheum" Lottery tickets--has netted \$425 profit for the British Columbia Association of Adlerian Psychology.

BCAAP is offering an intensive study-group similar to last year's, which was composed of 20 participants who met once a week to discuss readings, listen to tapes, and work on life-styles.

Early in November, Harold Mosak returned to meet with teachers to discuss classroom climate and management, and to present a workshop on marital counseling for the BCAAP.

A lengthy and interesting account of last summer's ICASSI activities in BCAAP's Newsletter included a song composed at the Leeuwenhorst Congress Centre in Noordwijkerhaus (words by Bill Pew and music by Horst Groener). [See p. 14]

Arcata, California. Bill Aubry and Terry McCarthy have founded the Northern California Society of Adlerian Psychology, covering six counties, since the distances are too great to have regular common meetings with the Berkeley group. We join WIRTH in sending our congratulations and best wishes for the success of their enterprise.

Berkeley, California. During October, the Western Institute for Research and Training in Humanics, Inc. presented a symposium on "Unique Approaches: Adlerian Psychotherapy" under the chairmanship of William E. Aubry, with participants Terry McCarthy, Lucy Ackerknecht, Ruth Ries, and Katherine Czesak. The symposium was received enthusiastically, and the Editor of the *Marriage and Family Counselor's Quarterly* requested an article on Lucy's contribution.

Along with two courses at the University of California, Ackerknecht is teaching two classes at WIRTH this Fall; Parent-Teacher Education Classes will begin in January.

WIRTH member Earl Crusier is preparing to enter the field of Adlerian Psychology in Management and Supervision.



Costa Mesa, California. "Help! Tell Me What's Normal" is the topic of a lecture series sponsored by Orange Coast College and the First Methodist Church of Costa Mesa. The lectures and demonstrations will be given by Marti Malterre, Betty Yamashiro, Elaine Erickson, and Margaret Lindsey, all members of the Family Study Group of Orange County. An especially attractive and eye-catching 3-fold flyer advertises the series.

Huntington Beach, California. The Family Study Group of Orange County, chartered in October of 1972, now has an active, growing membership of over 200 families. Their Family Education Center meets on 2nd and 4th Saturday mornings, with child care available for those attending.

Colorado Springs, Colorado. Ken Marlin gave a two-day "Practical Parenting" workshop in late September sponsored ecumenically by one Catholic and two Congregational churches. The workshop kicked off a special training program to prepare 16 moderators who will form the nucleus of a city-wide parent-education drive to start in January.

Salem, Oregon. John Taylor, Salem psychologist, received the Communications Award of the Year from the Mental Health Association of Oregon at its Annual Meeting on October 26. The award was for his excellent Adlerian-oriented weekly column in the *Oregon Statesman*, "Psychology Works for You," and for his daily five-minute "Parentology Series" on radio. The citation praised the newspaper for devoting ample space to this public service, and went on

NEWSNOTES, REGION 1, *Salem, Oregon* (cont.)

to state that, "Noted for its sound, basic information, Dr. Taylor's column is having a favorable effect on readers, as letters to the author attest. Dr. Taylor and *The Oregon Statesman* are to be congratulated for this cooperative effort." Mention was also made of Taylor's "excellent, thought-provoking public service announcements on local radio stations and the daily 5-minute 'parentology series' on KOAP and KOAC."



Bellingham, Washington. The Adlerian Society of Human Relations encourages parents going through *Children: The Challenge* for the second time to join groups just beginning the book. A second reading enriches and confirms parenting skills, and combining first- and second-timers enhances the experience for all group members.

Longview, Washington. Two of ASHR's charter members, Dwight and Claudia McCain, have started an Adlerian group in Longview. After initiating a *Children: The Challenge* study-group last year, they now have three study-groups going this Fall. Leaders also meet together periodically to help one another increase their knowledge and skills.

 REGION 2--MIDWEST

Chicago, Illinois. Winter Quarter courses at the Alfred Adler Institute include the following, which begin the week of Jan. 6:

- 102--Introduction to Individual Psychology II (Harold Mosak and Staff)
- 211--Clinical Assessment I (to be announced)
- 222--Theory and Practice of Psychology and Counseling II (Bernard Shulman and D. Peven)
- 242--Family Counseling II (Bernice Grunwald)
- 245--Marriage Counseling II (Robert L. Powers)
- 371--Continuing Case Seminar (Robert L. Powers)
- 402--Small Group Supervision (to be announced)
- 131--Group Leadership Training I (Howard Klapman)

The next Group Didactic Therapeutic Experience will be led by Bina Rosenberg.

An interesting series of workshops are coming up, including one which Manford Sonstegard will do on Group Counseling, and one on Marriage Counseling by Bill and Mim Pew, dates to be announced. Also scheduled are:

- Dec. 7--Art Therapy--Sadie Dreikurs
- Dec. 14 & Jan. 18--Understanding Children's Misbehavior--Bernice Grunwald
- Jan. 26--Psychodrama--Adaline Starr

AAI's new Family Learning Program got off to a splendid start with a full house for public family counseling demonstrations by Robert L. Powers on Oct. 23. The Program is generating a great deal of interest in the community, and several professors have announced plans to bring their students to observe the counseling/training sessions. News of the free service for families is being circulated to families in the Loop and inner city areas, as well as Chicago's south and west sides, according to Carolus and Roberta Smejda, Institute students who are serving as the Co-Coordinator of the Program for the Fall Quarter.

The AAI Student Association (AAISA) is in the midst of collecting nominations for their election of officers and Board of Working Members for the coming year. The nominations system is in the best Adlerian tradition of democratic openness: a large envelope on the

NEWSNOTES, REGION 2, Chicago, Illinois (cont.)

AAISA Bulletin Board invites all students to stuff it with scraps of paper nominating themselves and those with whom they would like to work. Additional nominations are obtained through a Newsletter to all members; the nominees' willingness to serve is then checked by phone, and each is invited to write a short statement on ideas and goals for the organization. These statements are included with the mail ballot to help members in making their selections. Retiring President Jo-Anne Hahn is pleased at the interest shown by students in carrying on the work and activities begun this past year--no stuffed ballot boxes here, but the nominations envelope precariously hanging from the bulletin board is stuffed near to bursting with the names of willing workers.

Mary Ann Pappas addressed psychiatrists, social workers, and psychologists at the Jewish Vocational Center in Chicago Oct. 29 on Fundamentals of Adlerian Psychology.

Carolus and Roberta Smejda, students at the Alfred Adler Institute, Chicago, have recently opened a reading comprehension and writing clinic in which they use Adlerian techniques. They apply the Adlerian viewpoint in diagnosing and changing reading problems and have also worked out a methodology of interpreting writing holistically. While teaching at the Reading Institute of Roosevelt University, the Smejdass found that the use of Adlerian techniques and interpretive frameworks enabled them to successfully change deficient reading habits. They are now offering one-to-one work at the Center for Effective Communication, 110 S. Dearborn, Chicago (312/263-1980).

Mitch Messer reports that he has been conducting management seminars from the Adlerian point of view. Managers have found the Adlerian approach to understanding employee mischief very relevant and practical. The Seminar points out the relevance of childhood roles to the roles played by their employees, such as The Clown, The Pleasing Child, The Baby, The Victim, The Crown Prince, and so on. The Seminar includes the Five Steps to Problem Solving as formulated by Dr. Dreikurs. Supervisors very often play the role of the Good Parent with predictably counter-productive results; in the Seminar they learn to replace their well-intentioned supervisory practices with more realistic and appropriate ones. Anyone interested in the application of Adlerian psychology to the field of management training can contact Mitch at 3903 Cleveland, Skokie, Illinois 60076.

In his "spare time", sandwiched in between his practice, teaching at AAI, supervising student practica, consulting, giving public demonstrations, and continuing his ASAP leadership, Bob Powers just played the lead role of Koko, the "Lord High Executioner" in Gilbert and Sullivan's The Mikado. The South Commons Music Theatre Production given on Nov. 8-11 was sponsored by the Illinois Institute of Technology's Dept. of Humanities. We wish all of you could have seen the performance; among his other talents, he's an uncommonly funny fellow! Remarks overheard in the audience reflect the general consensus that "Anytime he wants to change professions, he could step right into a career in musical comedy."

Champaign, Illinois. The Family Education Association is trying a new format this year: families wanting to build better relationships will enroll for 10-12 weeks, attend every session and be counseled regularly. There will be a nominal fee for this service. Once a month, there will be a demonstration of group family counseling.

In addition to regular parent-study groups, FEA offers adult problem-solving groups of 8-12 persons, which deal with family relationships, marital concerns, or personal adjustment.

FEA's first fund-raising event of the year netted \$82 and lots of fun--they sold ivy, violets, and other plants at the Community Arts Fair on Labor Day weekend.

Danville, Illinois. Martha Moore, assistant-director of the Crisis Service, reports that the Vermilion County 708 Board has allocated \$5,000 to help establish a Family Education Center in cooperation with the Developmental Learning Center in Danville. The Children's Home is providing three rooms--one for the Center, one for the playroom, and one for a

NEWSNOTES, REGION 2, Danville, Illinois (cont.)

central office and library. The parent-run and parent-directed center will be opening soon. Counseling will be provided by Moore and several other counselors trained in Adlerian family counseling.

Northbrook, Illinois. Mary Ann Pappas conducted an in-service workshop for 70 teachers and other staff at the Willowbrook School on Oct. 31. Topics dealt with included Parent Conference Techniques, Individual and Group Behavior, Interpretation of Behavior, and Dealing with Slow Learners.

Fort Wayne, Indiana. Dec. 14 and Jan. 1 are the next sessions of Harold Mosak's seminar on Psychotherapy, sponsored by the Fort Wayne Family Education Association.

Gary, Indiana. Robert L. Powers presented a morning workshop for 200 teachers, counselors, school administrators from several districts around Gary on Nov. 9, sponsored by the Institute for Human Relations. The 4-hour lecture-discussion on "Humanism in Education" was very well received. On the evening of Nov. 12, Bob also spoke to the Home and School Association of Holy Angels Cathedral School in Gary on "Winning Children Over to Seeing Education as a Cooperative Task."

Duluth, Minnesota. Bruce Watson has recently accepted a position as psychotherapist at Northwood Residential Treatment Center in Duluth. He is working with emotionally disturbed children between the ages of six and eleven.

Minneapolis, Minnesota. Since July, Public Relations Director Ginny Willie has arranged for appearances of people from the Alfred Adler Institute of Minnesota on 8 TV and 14 radio programs. Shows have ranged from 5-minute interviews to hour-long discussions and call-in talk shows. The printed word has not been neglected: Gisela and Karl Hertske and Dwight Townes were interviewed for two articles in the Minneapolis Sunday Tribune, and Tom and Judy Wright were featured in an article in the North Hennepin Post. Bob Bartholow has begun a weekly series of columns on creative living in the Sun newspapers.

Janice Weiner has entered private practice since achieving her MSW in August. Jan is interested in divorce counseling and will help lead a communication workshop for lawyers in November.

Dwight Townes spoke on "Family Foundations" to a conference dealing with Nursing Assessment of Family Dynamics during October. Dwight is presenting a paper at a medical conference in Mexico City during November.

The educational world is hearing about Adlerian principles and techniques: during October, Mim Pew addressed the School Social Workers Conference on "Group Work in the School Setting"; Bob Bartholow addressed an enthusiastic gathering of 600 teachers on "Childhood Forerunners of Neurosis"; Jean Ballou and Pat Davis led in-service training workshops for teachers; and Fae Moog and Ruth Katz led parent discussion groups for a PTA and a nursery school.

Mim Pew gave the keynote address, "Self-Awareness and Communicating," for the Washington Co. Foster Parent Workshop.

St. Paul, Minnesota. Bill and Mim Pew are currently presenting a course in Principles of Adlerian Psychology at St. John's Hospital for the hospital medical staff, residents and personnel, as well as the general public.

NEWSNOTES, REGION 2, St. Paul, Minnesota (cont.)

Mim Pew was recently elected to the Board of Peer Education Health Resources. This group teaches youth to educate their peers regarding health questions and problems. Other boards on which she also serves are the Health Advisory Committee for the State Department of Corrections in Minnesota and Minnesota Early Learning Design, a board that is working toward creating parent education for a wider group of parents, particularly young and new parents.

Columbia, Missouri. The Midwest Society of Individual Psychology has five study-groups in operation this Fall; the fifth one is using *Social Equality: The Challenge of Today*. On Dec. 7, Harold Mosak will teach the first half of 202, Psychology of Psychopathology, which will be completed by Robin Gushurst on Feb. 15-16.

Judy Tindall will instruct on "Classroom Maintenance through Democratic Discussion Techniques" at Webster College on Dec. 6-7.

Judy and Sally Laufketter will also begin a course at Webster to be called "Counselors Working with Parent Groups" in December.

Milwaukee, Wisconsin. After demonstrating family counseling and group discussions with elementary children during September and October, Bernice Grunwald returns to the Milwaukee Individual Psychology Society on Nov. 16 to speak on Understanding the Adolescent, with demonstrations of a Group Discussion with Adolescents and of a Parent-Teacher Conference.

REGION 3--SOUTH

Jacksonville, Florida. Early in October, Don Dinkmeyer conducted a workshop on "Consulting with Teachers and Parents" for elementary school counselors. Don will return to lead another workshop on "Parent Consulting, Parent Education Skills" for the Florida Personnel and Guidance Association on Nov. 23.

Tampa, Florida. On Dec. 13, Don Dinkmeyer will continue a training program in parent education for counselors in the Tampa schools. This year they expect to have over 500 parents in study groups organized around *Raising a Responsible Child*.

Athens, Georgia. Nine students from the Departments of Counseling, Social Work, and Child Development are enrolled in a two-quarter family counseling practicum at the University of Georgia. Richard Granum trains students to do presentations on family education at schools, church family nights, and PTA meetings. Students are conducting parent-study groups in homes, churches, a child guidance center, married students' housing, and a Montessori school, along with a teacher-study group at a mental retardation center, and a staff-development for a day care center. Students also conduct family counseling at the College of Education Child Guidance Center and in homes. Since low-income families are sometimes uncomfortable coming to the Center, counselors make house calls. House calls also expose the counselors to families of different ethnic and economic background. This is the second year that the University of Georgia has offered the Adlerian family counseling practicum.

A symposium on Group Procedures in Developmental Career Education on Jan. 26-28 at the Georgia Center, Athens, will feature Don Dinkmeyer demonstrating "Developing Understanding of Self and Others." Other participants include Sid Simon, "Values Clarification," Cal Daane, "Vocational Exploration Groups," and Judy Prince and Nelle Scholz, "Career Development Program for Women." (Contact Richard Granum, U. of Ga., Dept. of Counselor Education, Athens, Ga. 30602 for further information.)

Donaldsonville, Louisiana. Sister Claire Marie, sent by her order to study at the Alfred Adler Institute of Chicago, is now conducting parent-study groups all over the Donaldsonville area. In addition, she works with teachers and groups of primary and elementary school children, and was featured in a well-written article in *The Donaldsonville Chief* about her work with the "ordinary parents of ordinary children."

Raleigh, North Carolina. R. John Huber gave a colloquium at North Carolina State University on Nov. 5 concerning Adler and evolution, entitled, "Evolution: Struggle or Synergy." In the January issue of *Character Potential*, an article of Huber's will appear on the topic of "Social Interest Revisited: A Second Look at Adler." The article is meant to introduce persons trained in psychology to Adler's concept of social interest, in the light of current developments in personality theory, developmental research, clinical research, and current comparative research. The journal is the house organ of Ernest Ligon's Character Research Project, which is well known to those interested in pastoral psychology. Many of the concerns and much of the orientation of those at the project is Adlerian in spirit. In fact, an Adlerian recently conducted his doctoral research at the project while a student at Albany State

Winston-Salem, North Carolina. During September and early November, Don Dinkmeyer presented workshops for counselors on Parenting and Teacher "C" Groups.

Charleston, South Carolina. Dan Eckstein and Lee Baruth recently conducted a one-day Adlerian workshop in Charleston. A family counseling demonstration and life-style seminar were included.

Columbia, South Carolina. At the Nov. 16 meeting of the Columbia Adlerian Society at their Adlerian Child Care Center and Kindergarten, Frank and Kathy Walton gave a presentation of how Adlerian principles are applied in their program.

From the "Idea Exchange" column of the CAS Newsletter comes the following:

One family who has a family council meeting regularly uses a 'comment sheet' which is placed on the bulletin board in the kitchen. The idea came from a teenage member of the family who suggested that it would be a good way to let others in the family know what was displeasing (or pleasing) them between meeting times. It seems that writing on the comment sheet has helped to be an outlet for feelings of irritation without causing arguments. The family decided that the only rule for the sheet was that you could not mention names unless it was a positive comment. It has proven to be very popular, with even comments from neighbor children appearing at times! The comment sheet is briefly read, along with the minutes, at the beginning of each family council.

Linda and Barry Burton recently had an "Adlerian wedding," i.e., some of Adler's views on marriage and family life were incorporated into the ceremony, and all members of the family participated. Says Linda, "I feel sure that Adler would be pleased if he knew that his ideas of social interest, cooperation and equality for all family members were used in wedding vows."

Irmo, South Carolina. Sherrill Ullius and Curtis L. Farrar are directing Fall classes for 20 persons on *Children: The Challenge* and *The Challenge of Marriage* at Irmo Middle School.

Arlington, Texas. Don Dinkmeyer conducted a Leadership Development Workshop for the administrators of Arlington public schools in October. Don will return to the area on Nov. 18 to do an intensive skill-building workshop for counselors, diagnosticians, and supervisors. The workshop will focus on leading "C" groups of teachers, and procedures for implementing these groups in a system.

Houston, Texas. Walter O'Connell reports that the University of St. Thomas (3812 Montrose Blvd., Houston, Te. 77006) will offer a Masters Degree, with the Institute for Creative Community Living as the core in Psychology, in the Fall of 1975. (Contact the Registrar.)

Arlington, Virginia. On the first Wednesday evening of each month, beginning Dec. 4, Nicholas S. Ionedes will lead a study of Adlerian literature for members of the Individual Psychology Association of Greater Washington, at 4044 N. 27 Road, Arlington. Various books by Adler, Dreikurs and other Adlerians will be read and discussed.

REGION 4--MIDDLE-ATLANTIC

Washington, D.C. What a pleasure to find that an article about the Individual Psychology Association of Greater Washington heads the list of Family Life Education Programs in the attractive booklet called Parents are People, too, put out by the National Institute of Mental Health (send 55¢ to the Superintendent of Documents for Dept. of Health, Education and Welfare Publication No. (ADM) 74-48, Stock No. 1724-00382). Listed in the booklet are a sampling of useful approaches to family life education which seek to assist parents in establishing and maintaining rewarding family relationships. The IPAGW article is concise and well-written, and should attract many new participants to their program. In addition, ASAP's address is given, with a notation that "IPA is affiliated with the American Society of Adlerian Psychology, established to further the theory and practice of individual psychology as formulated by Alfred Adler. There are affiliated societies and groups in many sections of the United States, many with 'individual psychology' in their titles."

The IPAGW, as a memorial to Vicki Fuller, a member who died last Spring, is making available \$100 a year for tuition to assist persons engaged in the counselor-training program who would find it difficult to continue without financial aid.

IPAGW was one of the many local and national organizations invited by Rep. John T. Myers of Indiana to send a representative to a September meeting at the House Office Building for the purpose of developing appropriate ways in which to recognize and promote the importance of the family. Elaine Kennedy was chosen to represent IPA at the meeting.

Wilmington, Delaware. The Family Education Association of Delaware's first leaders' workshop was a smashing success with 25 FEC's participating in it. Two hundred letters were mailed out to the FEC membership from the Study-Group Committee, which yielded 81 replies--32 no's; 21 yeses for study-group leadership for Fall; 25 yeses for Spring or Summer; and 3 now leading groups outside of Delaware. A handsome pay-off.

Bowie, Maryland. On Nov. 16-17, Mim and Bill Pew are presenting a Marriage Counseling Workshop for the Fall Conference Program of Bowie State College.

Dayton, Ohio. Bob Bartholow is teaching the first half of Theory and Practice of Psychotherapy and Counseling I on Nov. 16, to be completed by Bill and Mim Pew on Jan. 18. On Dec. 7, AAI of Dayton staff members will teach a course on Life-Style.

Englewood, Ohio. "Crime and the Criminal Personality" is the topic to be discussed by Harold Mosak on Nov. 22 for the Northmont Society of Individual Psychology.

The Northmont Society also sponsored C. Richard Curtner last October in a Seminar on "The Challenge of Education: Teaching beyond Success and Failure," and on Dec. 12 Karen Curtner will give a Seminar called "A Demonstration of Family Counseling." Quotation from the advertising brochure for this Seminar:

THE WELL-ADJUSTED CHILD
 Develops - if understood
 Helps - if encouraged
 Belongs - if enjoyed

Toledo, Ohio. Bronia Grunwald did an all-day workshop for teachers and school counselors on "Maintaining Sanity in the Classroom," sponsored by the Lucas County Schools during Oct.

Harrisburg, Pennsylvania. During October, Mim Pew was the featured speaker at the Annual Fall Conference of the Pennsylvania Association of Children's Institutions.

Charleston, West Virginia. Welcome to the newly-formed West Virginia Society for Adlerian Psychology. Their organizational meeting was held Sept. 26 on the Morris-Harvey College campus, under the direction of Manford Sonstegard. John Rogers was elected President; other officers include William Childers, Everette Napper, Carmalee Litteral, Constance Brown, Jackie Cook, David Ashley, Noreen McCarrick. Members assisted at the Semi-Annual Delegate Assembly meeting in Charleston on Nov. 2-3, and attended many of the workshops.

Manford Sonstegard has been appointed Department Head of Guidance and Counseling at Kana-wha Valley College of Graduate Studies.

REGION 5--NORTHEAST

Portland, Maine. Don Dinkmeyer led workshops on "Parent Education" and "Teacher 'C' Groups" for the New England Personnel and Guidance Association during October.

Amherst, Massachusetts. The first week of November, Bill and Mim Pew presented Adlerian Family Counseling at the University of Massachusetts Psychological Services Center, and Adlerian Family Group Therapy for the Espousal Center in Waltham, Massachusetts.

New York, New York. George LaPorte, Director of the Community Church Counseling Service, reports that a new series on "Human Awareness Interaction" is being held on 1st and 3rd Thursday evenings. These discussion sessions focus on "gender awareness." "Participants will try to discover how and why women and men differ from each other--if they do--in their emotions and capabilities. Personal experiences, opinions, and especially feelings will provide the raw material for discussion."

Toronto, Ontario. Harold Mosak will teach the third session of The Neuroses on Nov. 16-17; Robin Gushurst finishes up on Nov. 30-Dec. 1. Interviewing Techniques will be taught by Leo Gold on Jan. 11-12, and by Robin on Jan. 25-26.

Kingston, Rhode Island. Dan Eckstein has been invited to conduct a two-day Adlerian workshop Dec. 19-20 at the University of Rhode Island. He will be lecturing and demonstrating the use of life styles for Personality Theory and Clinical Psychology courses. (Contact Robert Wuraftic, Dept. of Clinical Psychology, U. of R.I., Kingston.)

Burlington, Vermont. Dorothy S. Brown happily reports the incorporation of the Family Education Center of Burlington. The Center enjoys the endorsement of the United Community Services as a volunteer agency, serving in the area of children's and youth's services.



INTERNATIONAL NEWSNOTES

Copenhagen, Denmark. The World Federation for Mental Health will hold its World Congress in Copenhagen on Aug. 10-16, 1975. The theme is "Mental Health and Economic Growth." The announcement of the meeting carries a quotation from Piet Hein that:

Man is that animal
who himself
draws the lines
which he himself
stumbles over.

Argeles, France. Lucy K. Ackerknecht announces that the date of next year's Argeles Summer Seminars has been changed to Aug. 2-15, 1975. This Seminar will be conducted in the German language. Reservations keep coming in. An English-speaking Seminar will be held in July if enough interest is shown.

Athens, Greece. The Greek Society of Individual Psychology has invited Bronia Grunwald to conduct a week of intensive training of teachers and school counselors from Nov. 22-29.

Next year's ICASSI will convene in Greece, from July 30-August 13, 1975. The first week will be on the Island of Euobea, Eretria, 70 kilometers from Athens, and the second week in two centrally-located Athens hotels (details for registration will be in the next issue). One of the highlights of last year's Rudolf Dreikurs Summer Institute in Amsterdam was the nightly sharing of ethnic songs and dances. In addition, the spirit of group unity spawned an ICASSI song, which follows:



Words by Bill Pew; Music by Horst Groener

1st Refrain

There is one water
There is one air
We drink the same water
We breathe the same air.
[Repeat]

1st Verse

When we step upon the ground
One unified surface trembles
When we bask in the sun
The same light bathes us all
[1st refrain]

2nd Verse

The migrating birds recognize no boundaries
The fish occupy only one sea
Currents of the same wind
Bathe people of all color, shape and size.
[1st refrain]

2nd Refrain

So we are all one
Separation is fantasy
No longer needed
When we join world's family
[Repeat]

Ad Lib1st Refrain and repeat

This was a very difficult year because of the Yom Kippur War. Those who have not lived among us will find it hard to understand how a people live through a severe shock and how they try to recuperate in the aftermath. I believe I shall not exaggerate if I say that all members of the Adler Institute mobilized to help. Even before the war ended, the Institute established teams that visited bereaved families. At the beginning this was purely on a voluntary basis but later it was organized and coordinated with the Rehabilitation Department of the Ministry of Defence.

The aid to war casualties was given in different ways. One was to guide volunteers from various women's organizations, such as Wizo, Pioneer Women, etc. At the same time a Counseling Center for Casualties and their families was established, as were groups for widows and groups for bereaved parents. Individual treatment was given when needed. Nira Kefir and Shula Alshech lead the group of volunteers and during the year guided the groups through three different sessions a week. Achi Yotam, Mika Katz, Noga Eshel conducted the Counseling Center for Casualties. Judith Elul, Mika Katz, Amalia Firstenberg, Esther Abarbanel, Miriam Speilman, Hava Kirschner and Ilon Bawly worked with the widows. In total there were 17 groups of widows in the Tel-Aviv region. Recently 27 groups were formed to cope with the problems of bereaved parents.

Following this special experience, we learned much concerning treatment of people in mourning. I believe it would be advisable that we find a way to transmit the experience gathered and the conclusions of our practical work. The groups were encouragement groups rather than the typical therapy groups. We discovered that the tragedy increases the sense of loneliness of the mourner. He feels that he has become a casualty while society goes on living. At the same time he tends to reduce his self-esteem and, under the handicap of sadness and the loss of a dear and beloved person, he is involved with personal problems which increase depression and withdrawal. The work in groups reduces to a large extent some of the inevitable side effects. It gives a greater sense of belonging even though, at the moment, it means belonging to a group of bereaved people. During the first meetings there is almost no tolerance toward what happened to the other participants and so we have found ourselves listening to ten people talking all at the same time. We came to the conclusion that it is an urgent need for the bereaved, who feel that a great injustice has been done to them, to pour out their accumulated anger. After a few meetings, with the encouragement of the leader, the participants start to relate to the sorrow of the others. They listen to each other, they compare their problems and give advice. After some time, they start to form new ties within the group.

The leader's task is to follow the mood of the group. From time to time, he answers questions that are put to him as a professional but his main task is to encourage participants to learn to take the first steps toward rehabilitation, giving emphasis to what they have and not to what they lost.

Among the people who came to help after the war was Tee Dreikurs who gave us warmth and love through her wish to contribute. Some of us joined her demonstrations in Art Therapy. It was a thrilling experience that encouraged us in difficult moments. Some of the participants admitted that for the first time since the war they were able to concentrate on something else. A widow who was present at the demonstration said that she was amazed at her ability to relax for a whole hour, not thinking at all about her loss. Another said, "I realized that I can come straight from the cemetery and paint in bright colours."

AAI's courses for 1974-1975 include the following:

- Fundamentals of Individual Psychology--Achi Yotam
- Understanding the Psychodynamics of the Child and the Class--Judith Elul
- Training for Kindergarten Teachers--Ronit Zilberman
- Life-Style--Michaela Katz
- Group Therapy for Leaders
- Training for Parent-Group Leaders--Esther Abarbanel
- Workshop in Family Therapy--Cerza Danieli
- Course in Group Work--Shula Alshaid
- Course in Human Relations--Dan Carman
- Techniques of Interviewing--Judith Elul

Write to Alfred Adler Institute, 10 Haneviim Street, Tel-Aviv, Israel, for further information.

LETTERS

FROM ARISTOTLE ON UP

Urbana, Illinois, Oct. 6

I just read with joy your "letter" in the *ASAP Newsletter* [President's Letter, September] and found it absolutely fantastic! The way you tie in everything neatly and showing where we go from here, beginning from Aristotle and on up to Adler you said it beautifully. Let's hope Ford follows what he says. Keep up the good work!

Arthur Nikelly

RE-COURAGED

Chicago, Illinois, Oct. 9

Bob, Birdie and I want to express our thanks to you for the front page letter printed in October's *ASAP Newsletter*. I was in Washington this past weekend and saw the publisher who informed me that the scheduled publication date for the *Bibliography* is January 30, 1975. As you know, Birdie and I were pretty discouraged after our previous publisher offered to print a "mutilated" edition of the *Bibliography*. Its being published in complete form is testimony to the interest, general and social, of both the Society and individual members. For that expression of generosity and interest we are both grateful, and we would wish that you convey our gratitude to the Society at the semi-annual Meeting and through the *Newsletter*.

Harold H. Mosak

A KLEINIAN FAVORABLY DISPOSED

Chicago, Illinois, Sept. 16

In the last *Newsletter* you mentioned Anthony Storr's review of *The Masks of Loneliness*. Storr is a British psychoanalyst of the Kleinian tradition who is favorably disposed to Adler. He has written several books, three of which I've read. All of these would make good additions to the AAI library, but particularly *Human Aggression* and his excellent little primer *C. G. Jung*. Both are available in paperback.

In *Human Aggression* he states that it was Adler, among the modern theorists, who rightly pointed the way to man's natural aggressiveness; those views on aggression being one basis for his split with Freud.

Incidentally, I quote Storr in *Work, Love and Friendship* on page 86.

Allan J. Cox

THE ADLERIAN POPPY RETURNS

Blacksburg, Virginia, Oct. 15

I would like to share with you a thrilling experience that James Croake and I had this summer. We embarked on an Adlerian pilgrimage to Vienna, Austria, before serving on the ICASSI staff in Holland. Armed with addresses and names provided by Kurt Adler and the Ansbachers, sprechen kein Deutsch, we made our halting way via bus, tram, and hoof, to 10 Dominikaner Bastei in the old section of the city where Adler lived. An inconspicuous plaque indicated that this had been his home, and a kind lady, noticing us taking pictures, pointed out the

windows and tiny balcony of his apartment, and office on the floor above. We roamed the modest but dignified neighborhood, found the site of Adler's favorite "home" cafe, and if my French had been a little more fluent, I might have communicated well enough with a French aunt of the current owner to be able to locate the grandfather who owned the old Cafe Siller when Adler frequented the place.

The following day we set out again with courage (still no German vocabulary, however) to find Adler's summer residence in a suburb of Vienna called Salmannsdorf. Arriving at the end of the bus line, a courteous chemistry professor from the University of Vienna, Dr. Thiard-Laforest, offered to walk us to the address we wanted. We strolled up a delightful old cobblestone street, past a stucco cottage where Johann Strauss composed his first waltz as a boy, to the top where Adler's imposing old home stands. It is very large, with a great deal of land around it in contrast to most other attached homes on the street, and seemed quite overgrown with trees, vines and bushes. A huge iron gate guarded the house, and luckily for us the daughter of the current owner, Engineer Reifenstein, was out in front at the time. While we waited for her to get her father, who knew Adler well, Dr. Thiard-Laforest expressed his great surprise that Alfred Adler had lived here - he hadn't ever been aware of this. He requested a brief explanation of some of the basic differences between Freudian and Adlerian theory, and naturally James obliged.

Reifenstein, a delightful, spry, old gentleman, who fortunately spoke impeccable English, received us all warmly and led us into the back garden where we sat, meditated, and marveled at the view of Vienna from this beautiful setting in the hills, surrounded by vineyards. The lights were just coming on at the Prater, the amusement park on the other side of the Danube Canal. When we were quite surfeited with the excitement and satisfaction of the moment and our chat with Reifenstein about Adler, this charming man rummaged about for his scissors and cut for us three dried seed pods from a plant near our bench. He explained that this was a poppy plant which Adler had brought over to Vienna from America in 1926 when he visited our country. What a thrill for us to bring back the Adlerian poppy to the United States! Hopefully it will thrive and spread here, even as his ideas have taken root in our lives.

We said our final goodbyes and left in daze (second farewells were necessary because I forgot my pocketbook in my oblivion to such mundane matters, had to clamber over the gate - not having discovered the speaking box for all the vines - and disturb them again to search for the purse by flashlight in the garden. Don't ask me what the purpose of that (mis)behavior was; thank goodness we're not Freudians!). Fortunately we found an inviting heurigen, a winegarden, on the way back to the bus. We gradually moved back into reality with mugs of fresh wine and slabs of cheese, bread, and meat, outdoors amidst the lanterns, grapevines, and local Austrian cheer. Even a sudden drenching in a thunderstorm while waiting for our bus back to the city could not dampen our spirits.

Since our return, we heard from Bill and Mim Pew, who also made the pilgrimage to Vienna. They evidently spent two evenings with the Reifensteins in Salmannsdorf. They and others are growing the poppy, now sown from Vermont to Seattle. We hope it will reach you soon.

Nancy Catlin

LET THERE BE...LIGHT SHED

Honolulu, Hawaii, Oct. 22

I wish to suggest a research project which may help establish the meaning of Individual Psychology and which may help determine what practices are and are not IP.

1. Let the entire membership of ASAP be polled, asking each individual thereof to name the ten members of ASAP that they accept as being the most knowledgeable, dependable, reliable Adlerians, using the membership roster as their guide.

2. Let a count be made of "nominations" starting with Ackerknecht and going to Zweibel, and let the 20 names most often selected serve as the "authorities."

3. Let a very large number of statements relative to theory and practice of counseling and psychotherapy be assembled, to which three answers can be given: Yes--?--No.

4. Let these statements be administered to these 20 individuals relative to their understanding of IP.

5. Only those statements that are "reliable," i.e., selected by the authorities in a consistent fashion (say 18 out of 20) be accepted as meeting the requirements of Phase I. That is to say, those statements on which 18 out of 20 Adlerians agree indicate acceptability to Adlerians.

6. However, since these statements may be acceptable to other schools of thought also, we now proceed to Phase II.

7. Let these same statements that survive Phase I be administered to a sample of "Authorities" in other areas or schools, e.g., behavior modifiers, psychoanalysts, etc.

8. As a by-product, the degree of overlap between schools can be decided. I.e., if let us say as a result of Phase I we have 500 questions and if, say, 400 of them are also accepted by Rogerians and 100 rejected, then there is an 80% overlap in what Adlerians and Rogerians believe and if there be only 100 of these statements accepted by behavior modifiers, then there is only a 20% overlap for these two groups.

9. As a result of this process, we develop those items that are only accepted by Adlerians, and thus indicate the special thinking of Adlerians. We thus have Phase II items-- items which (a) are generally accepted with a high degree of agreement by Adlerian authorities (18 out of 20) and (b) are not generally accepted with a high degree of agreement by authorities in other schools.

10. These remaining statements can then be subjected to a logical or mathematical analysis to generate the uniqueness of Adlerian thinking, and may now serve to decide whether Postel, Dreikurs, *et. al.*, or even Adler are really Adlerians.

To illustrate what we may find, let us take a statement such as: *It is more important to know where a person is going than where he has been to understand him.* It may be that this statement will meet the criterion of 18 out of 20 or more for Adlerians. It may also be that when this statement is tested against other groups, that all other groups will reject it, using the same criterion. Therefore, this statement would be an exclusively Adlerian statement.

To illustrate again, this statement: *The individual is best seen as an indivisible structure with the parts cooperating with the whole rather than sub-structures functioning with the totality.* Again, Adlerians may accept this statement, but perhaps Rogerians would also accept it, and therefore it is not an exclusively Adlerian statement, and would survive Phase I but not Phase II.

Or, take this statement: *In doing therapy, results count and not processes.* It may be that all groups will reject the statement.

I wish to recommend that a coordinated research project be begun on this subject. The process may be that some of our members, especially those in university setups, will cooperate in the processes required to (a) locate Adlerian authorities, (b) to locate non-Adlerian authorities, (c) to develop a large series of unequivocal statements (1000 at least), (d) to go through Phase I to locate those statements acceptable to the criterion number of Adlerians, (e) go to Phase II to find which statements are acceptable to Adlerians and non-Adlerians, (f) determine the degree of overlap with other schools of thought, and (g) determine those items which are uniquely Adlerian. The final product may be a series of principles which will establish Adlerian Individual Psychology in a uniquely objective manner.

I would hope that some individual would attempt to coordinate such a cooperative research which might run into the thousands of hours and which would be a service not only to IP members but also to others in the field of applied psychology. I would see responsible members of other schools of thought also cooperating in such a venture.

One possible final result might be a clarification of differences and similarities which might lead to a re-structuring of the psychological schools of thought.

Raymond J. Corsini

RELIGION AND ADLERIAN PSYCHOLOGY

New York, New York, Oct. 2

While reading through the current ASAP membership list, I found a total of 29 names of clergy, including my own. The thought occurred to me that, because of the dual interest in religion and Adlerian psychology we hold in common, it might be desirable for us to establish an informal "Section on Religion" within the ASAP.

Such a group, cutting across geographical, academic and denominational lines, might well serve to reactivate the dialogue between Individual Psychology and religion begun by Alfred Adler in Europe and America. I would appear, to me, that the need for such a renewal of discussion is growing rapidly.

Perhaps, to be practical, we could constitute ourselves a "committee of correspondence" relating to this area of special interest within the Adlerian movement. I do not have any strong feelings as to *how* we might best function, but I do feel that something of this nature is needed.

Would you be kind enough to let me know your reactions to this rather amorphous suggestion? In some way, maybe we have an opportunity to bring theology and psychology closer in mutual understanding and function. Write to me at 41 Fifth Avenue, N.Y. 10003.

George H. La Porte

A CHALLENGE

East Orange, New Jersey, October

We would be interested in your response to the following insert in our *News* and would appreciate your answer:

[Reprinted from the *American Psychologist*, August, 1974, "Corporal Punishment" by Adah Maurer, excerpts from p. 620-21, part 2.] Among psychologists, Adler (1970) was perhaps the first to set up community clinics and to offer general advice about child rearing. He strongly emphasized the futility of corporal punishment. 'Corporal punishment in childhood' he wrote, 'leads to low courage in adulthood.'

His followers have continued to emphasize natural consequences and to advise avoidance of power struggles with the young.

'The punished student will want to avoid school, to look for means of escape, not means of meeting the difficulty (Ansbacher 1956, p. 401).' 'The punished shrugs it off as the fortunes of war.' And, 'Our classrooms are filled with acts of retaliation (Dreikurs 1957).'

'These conclusions, laced in the telling with many examples culled from teacher's stories, are open to accusations of lack of rigor.

Control groups are noticeably absent; populations observed are not described as to intelligence, ethnic socio-economic status, or other variables. Reported improvements on application of these prescriptions were not subjected to confirmation by objective tests. Nor is there much evidence that Adlerians listen to observe the objects of their concern with any degree of scientific curiosity. Such practical advice as they offer results in successful changes of behavior according to well-documented claims, but is, of course, vulnerable to accusations of 'anecdotalism.'

This is a challenge to all Adlerians to join in a cooperative research project for documentation of our findings. If you agree, and/or have suggestions, please get in touch with *NJSAP News*, 337 S. Harrison Street, East Orange, N.J. 07018.

Joseph and Lilly Ehrlich, Editors

REPORT ON TRAINING SURVEY No.2

There were only 45 responses to Training Survey No. 2, which asked the question: "Who would you nominate for the job of devising criteria for certification guidelines? Please list up to 10 names for this task in order of preference." We had a slim return, but here are the results; you can judge for yourself whether or not the sample seems to be representative. Names are listed in order of preference, taking into account both the total number of mentions and the position of preference. When individuals got the same number of mentions, they are listed by preference score within that group:

1) 11 to 27 mentions:

Harold Mosak
Robert Powers
Bernard Shulman
Manford Sonstegard
Bill Pew
Mim Pew
Kurt Adler; Oscar Christensen
Frank Walton

2) 5-10 mentions:

Ray Corsini; Leo Gold; Walter O'Connell
Heinz Ansbacher; Rowena Ansbacher
Ray Lowe
William McKelvie; Helene Papanek
James Croake; Bronia Grunwald
Alexandra Adler; Maurice Bullard; Jo-Anne Hahn; Robert Bartholow

3) 2-4 mentions:

Sadie Dreikurs; Thomas Allen; Edna Nash; Mary Ann Pappas; Edith Dewey; Gloria Lane
Nancy Catlin; Eugene McClory; Janet Turner; Hal McAbee; Dorothy Peven; Millman
Stambaugh
Bina Rosenberg; Charles Freeman; Harriet Beecher; John Platt; Manny Green; Ward
Beecher; Lucy Ackerknecht; Don Dinkmeyer; Mike Yura; Robert Davidowicz; Bob
Bradbury; Jonell Kirby; Richard Kopp

4) Others mentioned include:

Danica Deutsch; Eva Ferguson; Ann Tuites; Jerry Mozdierz; Harold Markey; Vincent Calia; Don Lombardi; Joseph Meiers; Mike Sklar; Ed Stormer; Tom Sweeney; Vttautas Bieliauskas; Dan Eckstein; John Symynkywicz; Warner Lowe; Howard Klapman; Douglas Blocksma; Weltha Logan; Richard Lyons; Don Welti; Barney Lane; Gene Painter; Percy; Ann Scott; Nahum Shoobs; O. Hobart Mowrer; Ruth Ronall; Feuss; Sally Laufketter; Guy Manaster; Ellen Menis; Floy Pepper; Ina Block; David Braswell; Mae Belle Doty; Don Kelly; E. Miller; Charles Schuetz; Marvin Chernoff; Sofia Lazarsfeld; Ruth Drill; Corinne Dryoff; Bill Edwards; Loren Grey; Marti Malterre; Cameron Meredith.

The above list is likely not the same as one which ^{would} call for "recognized Adlerians"; some respondents specifically stated that they preferred "lesser-knowns" for such a task, as it is "more likely to get done," or expressed the view that a training group should include some "on the bottom, looking up," and should encompass a variety of areas and competencies. Many volunteered themselves for the task.

The answers to the second item--to select up to three names for your region only to whom you would entrust this task, again in order of preference--brought forth even more volunteers and extended the variety of names. It appears that we have a lot of untapped resources on the local and regional levels.

1) Mentioned for Region I (Far West) were:

Millman Stambaugh; Ray Lowe; Floy Pepper; Ray Corsini; John Platt; Oscar Christensen; Edna Nash; Bob Bradbury; Marti Malterre; Bill Aubry; Gene Painter; Maurice Bullard; Paul Kahn; and Charles Schuetz.

NEW ASAP MEMBERS

The following persons have joined ASAP during the past month. From the geographical spread, it appears that "each one reach one" (or "What can I do?") is indeed being put into action by many of our members.

ARREDONDO, Rodolfo, M.Ed. 4902 46 Street Lubbock, Texas 79414	JACOBSON, Howard, B.S. 2237 "N" #212 Sacramento, California 95816	MINAROVIC, Sharon Fox, B.A. 2537 West Pierce Milwaukee, Wisconsin 53204
BEECHER, Susan, M.S. Rt. 1, Box 1553B Elk Grove, California 95624	LAMERE, Wilbur R. 435 Elm Street Montpelier, Vermont 05602	MORRIS, Patrick, B.A. P. O. Box 236 Pasadena, Maryland 21122
BRODT, Audrey, M.A. 703 York Road Glenview, Illinois 60025	LAUDE, Edward J., M.S.Ed. 8111 S. Troy Street Chicago, Illinois 60652	NASH, Rosemary L., B.A. 3860 W. 13 Avenue Vancouver, British Columbia
CAUTHEN, Jane C., M.A. 3809 Parkwood Drive Greensboro, North Carolina 27403	LIPSKY, Sandra, M.S.C. 103-11 68 Drive Forest Hills, New York 11375	NIELD, John B., M.A. 147 S. 11 Avenue Pocatello, Idaho 83211
CRISP, Samuel T., B.S. Route 1 Cross Hill, South Carolina 29332	LUCAS, Richard H., M.A. 5536 Huisache Houston, Texas 77036	ORE, Patricia Lewis 1635 City Creek Road Pocatello, Idaho 83201
ELLIS, Thomas N., M.A. 1 Burnsway Court Baltimore, Maryland 21236	LUNDGREN, H. David, M.A. 3908-A Rosewood Drive Columbia, South Carolina 29205	PALUMBO, Lillian, M.A. 338 Richmond Avenue South Orange, New Jersey 07070
FEGGINS, Brenda H., B.A. 16508 Wildemere Detroit, Michigan 48221	MAIN, Frank O., Jr., M.A. 546 S. 10 Street Pocatello, Idaho 83201	SCHLACHTER, Brother Bart, M.A. Bishop Walsh High School Cumberland, Maryland 21502
GUEST, Adolphus W., II, M.A. 2637 Fulton Avenue, #230 Sacramento, California 95821	MARSHALL, Edward W., M.A. 6302 Elgin, #258 Lubbock, Texas 79413	STIEPER, Carol, B.A. 3318 N. Lake Shore Drive, #605 Chicago, Illinois 60657
HALPERN, Alan S., M.A. 438 9 Avenue Paterson, New Jersey 07514	MATTSON, Nancy, B.A. 1 Russell Road New Castle, Delaware 19720	VELIE, Yvette, M.A. 1010 Grovehill Road Baltimore, Maryland 21227
HAWES, E. Clair, M.Ed. 21960 Acadia Street Maple Ridge, British Columbia	MERSY, Patricia G., B.A. 1130 River Drive, Box 307 Red Lake Falls, Minnesota 56750	VON GUSTEDT, Ruth R., M.S. 563 Killarney Drive Morgantown, West Virginia 26505

TRAINING SURVEY REPORT (cont.)

2) Mentioned for Region 2 (Midwest) were:

Robert Powers; Bernard Shulman; Harold Mosak; Bill Pew; Eva Ferguson; Jo-Anne Hahn; Bernice Grunwald; Bob Bartholow; Edith Dewey; Jean Ballou; William McKelvy; V. Bieliauskas; Tee Dreikurs; Ethelyn Cohen; Bina Rosenberg; David Braswell; Lorraine Wickenheiser; Florida Bosley; Fink; Mim Pew; Thomas Allen; Mae Belle Doty; Mary Ann Pappas; Eugene McClory; Corinne Dryoff; Cameron Meredith.

TRAINING SURVEY REPORT (cont.)

- 3) Mentioned for Region 3 (South) were:
James Croake; Walter O'Connell; Frank Walton; Nancy Catlin; Don Dinkmeyer; Don Kelly; Peggy Smyley; Dan Eckstein; Mel Markowski; Karen C. Mann; Ken Kopel; Tom Sweeney.
- 4) Mentioned for Region 4 (Middle-Atlantic) were:
Leo Gold; Manford Sonstegard; Bill McKelvie; Ann Tuites; Hal McAbee.
- 5) Mentioned for Region 5 (Northeast) were:
Kurt Adler; John Symymkwicz; Helene Papanek; Rowena Ansbacher; Manny Green; Robert Davidowicz; Joseph Meiers; Alexandra Adler; Ina Block; Jim Coombs; Danica Deutsch; Warner Lowe; Maurice Ouellet; Marion Clapham.

What can we learn from all this? Nothing much, except perhaps that it is feasible way to survey members to find those most-recognized by their peers, if we eventually should wish to do so. It might also be a useful method of selecting regional representatives to attend special meetings or congresses.

Perhaps one reason for the light return is that many people are not in favor of devising any criteria for certification, and hence decided not to participate. Another reason may be the fact that many questionnaires arrived after the stated deadline to return them had passed (local post offices vary widely in how long they sit on nonprofit bulk mail before delivery, from a few days to over a month), and this may have discouraged some people from participating who would otherwise have done so. What do you think?

Editor's Note: To allow for slow delivery in the postal service these days, we must xerox the January issue by Dec. 1. Please get your Jan.-Feb. news in to the Central Office by November 30, if possible, and by Dec. 31 for the February issue.

We wish to express our appreciation to Jo-Anne Hahn, who has carried out the task of editing the *ASAP Newsletter*, including writing, assembling, typing, and proofreading each issue, for the past 17 months. We are pleased at the development of the *Newsletter* under her editorial management, and regret that this will be her final issue. However, we share Jo-Anne's confidence that members will continue to help in its further development by regularly sending in their ideas and news items of interest.

禧 С НОВЫМ ГОДОМ

福 Felices Fiestas

賀 Meilleurs Voeux

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FIRST CLASS