AMERICAN
SOCIETY OF

PSYCHOLOGY

NEWSLETTER

JULY-AUGUST, 1975

# THE PRESIDENT'S MESSAGE

Dear Friends:

As you read this, summer is drawing to a close and we are all turning to the active and busy year ahead of us. This has been an unusually active summer of Adlerian workshops throughout the United States, Canada and abroad. Hundreds of people from many diverse professional and lay backgrounds have come to study Adlerian methods and theory, reminding us of how relevant our concepts of theory and practice are for the modern world.

There has been marvelous news from the Chicago Institute. Eugene McClory has informed me that the Illinois Office of Education has authorized the Institute to grant a Master of Arts degree in Counseling Psychology. As Bowie State College was the first university to create an Adlerian Institute as a graduate division, so in Chicago, the faculty with great social interest and excellence of training and teaching, has developed the first independent degree-granting institute. Their effort was great and they have earned the gratitude and respect of Adlerians everywhere for their contribution to the growth of Adlerian Psychology in America. We regret that Rudolf Dreikurs could not be here with us to see the fruition of a dream he shared with the faculty of the Institute.

While there is such good news, there is also news that is not so good. I have received a letter from Ray Corsini announcing that because of the demands of his professional career he can no longer continue as editor of the Journal of Individual Psychology. I am most appreciative of the time he spent in these two years in working on the journal at great personal sacrifice. He has done an excellent job and served as a fine steward in continuing the publication of the journal. On behalf of the society he has served so well, I wish to thank him for this contribution. I am certain we will hear more from Ray through his workshops and writings as he continues his work in Adlerian psychology.

Each year the society continues to grow. Our need now is to encourage all who share in the local societies to become members of the American Society. The society needs the participation of new members to carry on the tasks it has set itself in the coming years. I would ask that each member and each society reach out among its constituents and encourage membership.

With warmest regards,

Leo Gold, President

# CALL FOR PROGRAM PROPOSALS

A request for program proposals for the 24th Annual ASAP Convention was sent out by the Program Committee. As you know, the convention will be held May 28-30, 1976, on the campus of the University of British Columbia, Vancouver, British Columbia. A 200-word abstract is to be sent with the completed two-page Program Proposal form before October 31, 1975. Early consideration will be given to program proposals received by September 1, 1975. If you have not received a copy of the proposal forms, please write to Joan List, R.R.1, Parksville, B.C., Canada. Completed proposals are to be sent to the same address.

#### AN ADLERIAN HOLIDAY IN HOUSTON PLANNED FOR FALL

October 31-November 2 are the dates to remember for attending the 1975 ASAP Semi-Annual Delegate Assembly Meeting at the Royal Coach Inn in Houston, Texas. The Texas Society of Adlerian Psychology and the Institute for Creative Community Living, Inc. are co-hosting the meeting. (Please note change of location from Galveston to Houston.)

The theme for the symposium on Saturday will be "Ourselves, Our Children...At Home, In School, and In the Community." A luncheon, with guest speaker will be included in the day's program. The opportunity exists to attend a showing of "Sweet Charity" in Dunfey's Dinner Theatre at the hotel in the evening on Saturday. ASAP will sponsor workshops on Sunday. The symposium and workshops are open to all--including ASAP members, non-members, and students.

Program details will be forthcoming in the next Newsletter. For registration information, write TSAP, Newman Hall, 3535 Wheeler, Houston, Texas 77004, or contact Kay Schecht at 220-7660 or 681-6073.

# BOOKS AVAILABLE FOR REVIEW

If you would like to review one of the following books and write a "Booknote" of some 120 words for the JOURNAL OF INDIVIDUAL PSYCHOLOGY, please contact Rowens R. Ansbacher, JIP Book Editor, John Dewey Hall, UVM, Burlington, Vermont 05401.

- M.B. Bowers, Jr. Retreat from Sanity. Human Sciences Press, 1974. Pp. 245.
- E.D. Cohen. C.G. Jung and the Scientific Attitude. Phil. Library, 1975. Pp.167.
- R.F. Gale. Who Are You? Spectrum Book, 1974. Pp.177.
- M.J. Goldstein & H.S. Kant. Pornography and Sexual Deviance. Univ. Calif. Press, 1974. Pp. 194.
- R. Hyatt & Norma Rolnick. <u>Teaching the Mentally Handicapped Child</u>. Behavioral Pub., 1974.

#### FAMILY EDUCATION CLEARING HOUSE

At the 1975 ASAP Convention a committee was formed on Family Education and chaired by Bill McKelvie. Committee members are: Tanya Adler, Sue McKelvie, John and Linda Symynkywiz, Larry Zuckerman, Marsha Seal, Manford Sonstegard, Dorothy Arkell and Tylina Robuius. Martha Moore, Diane Winslow and Mike Dennis, also members of the committee, have offered to provide a clearing house service for ASAP members.

In order to make this a useful and productive function we strongly encourage everyone to send all information pertaining to family education, such as research, evaluation instruments, handouts or materials, techniques, audio-visual aids and target population served, to the Family Education Center of Vermilion County, 702 North Logan Avenue, Danville, Illinois, 61832. As the information is accumulated a listing will be prepared. Interested people may write for copies of the accumulated information at the nominal cost of reproduction and mailing.

# IAIP CALL FOR PAPERS

You are invited to participate in a symposium concerning scientific inquiry in Adlerian Psychology as part of the next IAIP meeting to be held in Munich, Germany in August, 1976. Papers are being solicited which suggest new strategies, research designs, measurement instruments or procedures, and methods for data analysis related to researchable questions, concepts and propositions in Adlerian Psychology. Also welcome are (1) papers which critique the current status of these areas, (2) papers which illuminate the process of deriving testable hypotheses from Adlerian theory and which also present plausable research strategies for testing these hypotheses, (3) papers which represent basic conceptual elaboration and theoretical development in Adlerian Psychology. Please note that mention of individual empirical studies will be relevant, but only to support a broader statement concerning theory or methodology per se. Twenty minutes will be allowed for each paper. If interested, please provide the following by 9-30-75:

- (1) Your name, basic biographical data (degrees earned, present employment, etc.), and mailing address. (2) Whether you are interested in being a participant or discussant. (3) Title of your paper. (4) Two copies of a 300-400 word abstract.
- (5) An outline indicating the content and organization of the paper. (6) A stamped, self-addressed envelope.

Send to: Richard Royal Kopp, Ph.D., Coordinator of Theoretical Instruction and Curriculum, California School of Professional Psychology, 3755 Beverly Blvd., Los Angeles 90004.

#### REPORT FROM SADIE E. DREIKURS

During my visit to the Rudolf Dreikurs Institute for Social Equality located in Zunstersbach, Germany in January, 1975, it occurred to me that a report about the program would be stimulating and interesting to the readers of the ASAP Newsletter.

Theo and Toni Schonaker originally started their work with stutterers in Holland. They are both Dutch and had an introduction to Individual Psychology through the original Dutch publications of Rudolf Dreikurs' books of Introduction to Individual Psychology and The Challenge of Parenthood, which were published in the 1930's.

Through an inquiry as to how they could increase their knowledge of Individual Psychology, they located Erik Blumenthal, who invited them to attend the International Summer School conducted by Rudolf Dreikurs, held in Crete in 1969. They came, and thereafter attended the Summer School in Bad Kissingen in 1971.

After Rudolf Dreikur's death in 1972, the Schonakers decided to establish an Institute in his memory at Zunstersbach. It was specially built to their specifications, and located in the hills in a small village, with a beautiful view of the valleys and distant mountains. On their staff is Dr. Regina Jensen, formerly a pediatrician, who now works with children who stutter and their families.

The program consists of five days a week of intensive work--morning, afternoon and evening. The participants are housed in Pensions in the village, but remain all day at the Institute. At the time of my visit, the group consisted of 35 people in the section for stutterers. When they first arrive, each undergoes a Life Style Assessment, and then are formed into groups for individual group therapy.

In addition, the program consists of physical retraining through breathing, singing and other physical exercises. In the evening, after very strenuous exercises, the participants continue contact with each other through a period of sitting in a circle to meditate. The room was dark except for one large candle in the center of the room. Anyone who wished to express his thoughts did so. It was fascinating to me to see that during these periods there was no obvious stuttering.

After five days, the participants leave the Institute and return home for a two-week period, then come back to the Institute for five more days of intensive therapy. (They come from all parts of Europe.) This is repeated with longer intervals between each five-day session to try out their newly acquired insights. This is continued for six times, and then they return only once every six months for a refresher course.

I gave five Art Therapy sessions for a special group of non-stutterers and one for the stutterers. The atmosphere, the close working relationship between staff and members of the group, exemplified social equality. It was an inspiration to be part of the program carried on by these three dedicated leaders.

#### Israel

I think it will be of interest, especially to those who work in Family Education Groups, to know about the program in Family Education and how it is conducted in Israel. Achi Yotam, known by some of you, is the leader and moving spirit of the activity. There are three Family Education Centers--one in Tel Aviv, which Achi conducts with a co-leader in training; another at Petach Tikvah, which is led by Danny Carmon and a leader in training; and a third in Rizon L'Zion, led by Ilon Bawley and a co-leader in training. They have all been trained by Achi. The weekly attendance in Tel Aviv is in the neighborhood of 300, and in each of the other two centers, approximately 50 or 60.

Families register and pay one-month's tuition (very low fee) but the registration obligates them to attend a study group meeting each week, in addition to attending the center.

Each Sunday, before the Tel Aviv Center opens, all group leaders and counselors in training meet with Achi for a four-hour period. The first hour is spent discussing theory. At times, another member of the AAI is called in to speak on a special aspect of theory. Then each counselor and co-counselor have an opportunity to report about the activities and to bring up problems of concern with case discussion. All group leaders have another session in leadership training, conducted by Judith Eloul.

#### Sadie Dreikurs' Report cont'd

I was enthralled with the devotion and dedication of this group of people, who are willing to give so much of their time and energy to the improvement of parent-child relationship.

At the centers, children, all members of the family, and visitors are in the room together, and when the case is presented, any member of the audience who wishes to participate, is invited to do so. It is of greatest interest to experience how perceptive and knowledgeable in human relationships the children have become through their repeated visits to the Center. They speak freely, as do the adults, voicing their opinions as to the nature of the problem and giving their ideas for a solution—all this after the parents have presented the problem. The counselor summarizes what has been said and presents what he thinks is pertinent to the situation, and adds his suggestions. The same is done when the children come and present their situation.

During the week the family who has been counseled meets with the group to which he has been assigned. The purpose of these groups is that other families relate what they learned at the session which was applicable to their situation, and a general clarification through questions and inter-change of ideas follows. This is truly an optimal experience in group participation and community organization.

Another project that Achi Yotam is devoting a major portion of his time to, is to assist drug addicts during their withdrawal period. Since it is in its beginning stages, it is not possible to describe in detail what he is doing. Briefly, it is his philosophy to tear down the walls of hospitals and replace them with human warmth and interest. I suggested that he name this project "Jericho". In order to carry out this project he needs volunteers 24 hours a day--two volunteers every two hours to work with one patient in withdrawal. He had no problem in getting volunteers through an ad in the paper calling for "Volunteers to work on an interesting project." He plans to write a paper in the near future with all the details and plans. My impression is that it will prove to be an unusual model that could serve as a guide to help the victims of drug addiction.

My own work in Art Therapy was fruitful for me personally, because I was training two separate groups intensively to enable them to use my technique. One group of 26 participants worked with me for ten sessions; the other group consisted of the staff of AAI, who worked with me for five sessions. There were several others on a one-time basis.

I think some of you will recall that Rudolf thought that because the Israelis insisted on knowing everything there was to know when any statement was made by him, that they forced him to become a better teacher. This happened to me. They confronted me with the statement, "So, O.K. you interpret this, but why? Demonstrate essentially how you do it." I had to define and refine my approach to Art Therapists in training—which was a memorable experience.

(The following was written by Rivka Green in memory of Dr. Rudolf Dreikurs.)

# RECOLLECTION AT THE GRAVEYARD

When I needed a hand your arm was there.

When I needed a shelter your house was there.

When I needed a friend your wife was there.

When I needed a smile your laughter was there.

The day you died was full of sorrow.

The day you died, the skies and trees were hollow.

The day you died, life and traffic stopped.

The day you died, I died a little too.

Three years have passed and gone.

We come again to say hello and goodbye.

We read the last prayer we read twice before.

We knew you smiled between the vale of tears too.

#### EXPANSION OF AWARENESS AT CHICAGO ATI WORKSHOP

Oak Park, Ill.

Under the disciplined yet empathic guidance of Raymond J. Corsini and Dorothy Peven, some 54 midwesterners experienced two ebullient 14-hour days of ATI in Chicago on July 19 and 20. ATI stands for "Awareness Training Institute", an experimental, experiential, didactic, therapeutic endeavor which may well develop into the Corsinian-Adlerian amalgam of group therapy, theoretical instruction, and encounter-sensitivity. This was Corsini's thirteenth ATI workshop, and he is progressively refining the process, described as 'an innovative new program especially designed to improve the quality of human life...an Adlerian-oriented group process to help people become aware of themselves and others, leading to life-style modifications."

During his opening lecture to the 1974 ASAP convention, Corsini had foreseen an extension of Adlerian psychotherapeutic techniques to make them applicable to everlarger groups. ATI is a fruit of this foresight. Adlerians were pioneers in the development of small-group therapy, but large-group therapy is in danger of preemption by encounter, sensitivity, and "growth" groups which so easily tend to wallow in undirected, unproductive, and anti-cognitive bathetic "feelings."

ATI, in contrast, is a melange of lectures, homilies, leaderless-but structured-small group therapy, fun-and-games (always with a clear rationale), hypnotic and relaxation techniques, directed fantasy, a little touchy-feely, some catharsis, a soupçon of risk-taking, and an eduction of social interest, all flavored with Adlerian rationality and optimism. None of the participants expressed disappointment; most reported substantial self-discovery; many felt they had learned a great deal about others; and some even were helped in their own problem areas.

Although an inveterate skeptic, I came away convinced that Corsini has a tiger by the tail. ATI deserves to become a significant force in the area of personal growth and psychotherapy. If you have an opportunity, don't fail to participate in an ATI workshop.

Norman N. Silverman

#### POLICY REGARDING ASAP MEMBERSHIP LIST

(The following policy was adopted by the Delegate Assembly of ASAP on May 25, 1975.)

It shall be the policy of ASAP and its members to restrict the sale or loan of its membership list to bona fide professional (and community) organizations whose aims and goals are compatible organizations, and for the announcement of special pertinent publications. Further, such sale or loan of the membership list shall be limited to a ONE TIME ONLY basis; i.e., the list may be used only for the stated purpose for which it was requested, and may not be re-used without further permission from ASAP.

With the aim of preserving, as far as possible, the right to privacy of the members of ASAP, it shall be the policy of ASAP and its members to refuse the sale or loan of the membership list for commercial purposes, such as book clubs, travel plans, real estate or merchandise offerings, etc.

Individual members who are approached by bona fide organizations requesting use of the membership list, should consult the Executive Secretary of ASAP regarding the appropriateness of the request. Requests directed to the Executive Office of ASAP which meet the policy requirements will be honored, and a fee to cover secretarial, reproduction and mailing costs will be assessed.

# RESCIND REQUEST FOR MATERIALS

The Publications Committee of the Alfred Adler Institute of Chicago reports that it is now so busy with previous commitments, it cannot consider any new material at the present time.

#### HISTORY PROPOSAL

Janet Terner, Historian, prepared a proposal for the preparation of a history of ASAP and of the growth and influence of Adlerian psychology in America which was adopted by the ASAP Delegate Assembly at its May meeting. It includes four projects that will require substantial time and energy. We would like to start with the first project and need your assistance. The following is excerpted from Janet's report. The remainder of the report will be printed in a later Newsletter.

#### PROPOSAL I: AN ORAL HISTORY PROJECT

To record the historical events and to tap the personal reminiscences of the elder Adlerians in as rapid and widespread a fashion as possible, an oral history approach involving live interviews recorded on cassette tapes is the most efficient route. Many of these early Adlerians are now in their seventh or eighth decade and, clearly, time is of the essence. A list of these older colleagues and the communities where they reside will be compiled and made available as soon as possible. With the help of interested Adlerians in these communities who would be willing to interview one or more of these early Adlerians, we can quickly begin to assemble an important body of historical data that will be invaluable for tracing and assessing the development of Individual Psychology and its impact in America over the past 50 years.

(Among the prominent older Adlerians whose names come immediately to mind and who should be interviewed as soon as possible are: Kurt Adler, Alexandra Adler, Danica Deutsch, Joseph Meiers, Helene Papanek, Willard and Marguerite Beecher, Heinz and Rowens Ansbacher, Nahum Shoobs, Sofie Lazarsfeld, Alice Friedman, Lilly Erlich, Ellie Redwin, Sydney Roth, Evelyn Feldman, Tilde Krausz and Lucy Ackerknecht.)

In these oral interviews we will want to explore with these individuals how they first became involved in IP; the circumstances and nature of their work or study with Adler; their personal recollections of Adler, including their image of his physical appearance and bearing, his personality and impact on others, and any anecdotal material; the role IP has played in their careers and personal lives; an account of their contributions to Adlerian theory and practice; a listing of pertinent research or publications they have produced and a summary of their own professional career; and recollections of other important Adlerian personalities and events, including experiences in Europe prior to their arrival in the U.S. In these interviews it is essential to pinpoint names, dates and locations as completely as possible to maximize the usefulness of the information given. Inquiries should also be made regarding whether these individuals possess any letters, course notes, manuscripts or photographs of historic or archival value. Guidelines for conducting oral history interviews will be made available to those who would like to help in this project.

In addition to these elder Adlerians, is another important group of older persons who were also acquainted with Adler, but who would not be identified as 'Adlerians.' They should also be approached and interviewed for their specific recollections of Adler, and his influence upon their own thinking. Rollo May, Carl Rogers, Frederick C. Thorne, Paul Lazarsfeld, Charlotte Buhler, Ashley Montagu, Gardner Murphy and Viktor Frankl are notable examples from this group. Lesser known psychiatrists, psychologists, educators and social workers who also knew Adler are scattered in communities all across the land. If you know of such persons, you might initiate an interview with them for their specific recollections. Again, you might also know someone who had once been a patient of Adler and who would be willing to describe their experience of Adler as a therapist.

As you can see, this is an ambitious and demanding undertaking yet one of potentially great importance. With the help of a core group of interested Adlerians it is possible to accomplish such a broad historical survey in a relatively short period of time yielding invaluable material before it is lost to history altogether. The most urgent and critical part of the project is the interviews, other important tasks such as tape transcriptions and analyses of material can be tackled at a later time by researchers and historians. Since the Library of Congress Manuscript Division is the archival repository of ASAP organizational papers, the information generated by this project would eventually be deposited there for posterity.

Please give serious consideration to participating in this vital project. If you would like to help with either conducting the interviews or with administrative and coordinating aspects of the project (or both), please contact the central office (110 S. Dearborn, Chicago 60603). Names and addresses of persons whom you feel should be interviewed according to the above categories would be greatly appreciated.

## DELAWARE POSITION AVAILABLE

The State of Delaware has just been notified of funding approval for an eight year program under Part "F" of the Community Mental Health Centers Act. The Program calls for one position--with a masters degree.

This individual, working for the State of Delaware in a Wilmington, Delaware suburban school district with the cooperation of The Family Education Center of Delaware, Inc. (an ASAP affiliate), will have as his prime task prevention of learning and behavior problems in the community and schools and the education of the parents and teachers of the community in those areas that relate to changing learning and behavior problems of the normal population, utilizing Adlerian philosophy and techniques. The emphasis will be on community involvement.

The Family Education Center of Delaware, Inc. will provide trained and experienced personnel to assist the program whenever and wherever possible with the objective that the school district community will be trained to provide the assistance on an ongoing basis.

It has been agreed by the State of Delaware and the local school district that the approach to be used in this program is Adlerian and will be action oriented. Evaluation of the effectiveness of the program and personnel unofficially will be in the hands of FED of DE. Those persons excited by the prospect of working more than 40 hours per week with the cooperation of an organization of highly motivated and competent family counselors and study group leaders in a task dear to the hearts of all Adlerians, should direct their questions or resumes to: Barney L. Lane, Chairman

The Family Education Center of DE, Inc. 4900 Concord Pike Wilmington, DE 19803

#### REQUEST FOR INFORMATION ON ADOLESCENTS

#### Honolulu, Hawaii

The publishers at Harper and Row are pleased with our new book, THE PRACTICAL PARENT, and have now asked us to write an Adlerian book on adolescents. We wish to enlist your help.

We would like to receive "critical" incidents of parenting teenagers—a real problem, a difficult one if possible. Incidents can be written by parents, by teenagers or by professionals. They may be written in four parts: A. What happened; B. What the adult did. C. What happened then. D. Conclusions. Or, they may be written in any other style.

All contributors will be acknowledged in the preface of our book. Any incident that we actually use we shall additionally acknowledge by sending the donator a copy of the book with an inscription stating that we used their incident. Send incidents to:

Dr. Genevieve Painter 750 Amana St., Suite 106 Honolulu, Hawaii 96814

Please ask parents and teenagers to write. Many thanks for your assistance.

Genevieve Painter Raymond J. Corsini

# REQUEST FOR COUNSELING TECHNIQUES INFO

A CASE FOR ADLERIAN COUNSELING TECHNIQUES: RESEARCH EVIDENCE, by Roy Kern, Jon Carlson, and David Patterson, is soon to be published. The book will consider evidence for the effectiveness of Adlerian counseling techniques as described in the research literature. Implications for future research studies and practical applications of Adlerian counseling techniques with family, school and emotionally disturbed populations will be included. At the present time, the authors are requesting that researchers who have investigated Adlerian counseling techniques please send their reports for review and possible publication in this book. Please enclose only experimental studies to: Dr. Roy M. Kern, Dept. of Counseling and Psychological Services, Georgia State University, University Plaza, Atlanta, Georgia 30303.

NEWSNOTES:

#### REGION I -- FAR WEST

#### CALIFORNIA

Los Angeles -- The Central Office has received two packets of material on the Alfred Adler Society of Los Angeles for the archives. These were sent in by Dr. Adele K. Davidson and included material from her files as well as papers from Dr. Eva Olman. Our thanks to Dr. Davidson.

#### WASHINGTON

Bellingham -- A combined all day Practical Parenting Leaders' Workshop and luncheon ASHR Annual Meeting is scheduled for Saturday, September 13, from 9:00 a.m. to 4:30 p.m. It will be held at the home of Suzanne and Doug Carpenter, 223 Pyramid Lane, Lynden, Washington.

Puget Sound -- A Fall Workshop is being planned for Saturday, September 20, from 9:00 a.m. to 4:30 p.m. The location will be announced later. The morning session will be on the Fundamentals of Adlerian Psychology with Jim Croake as the speaker. The afternoon session will include three mini-workshops led by Jo Fletcher, Linda Pollard, Wyn Carr Gleason and Jim Croake.

Bill Kiskaddon will be teaching a class at Edmonds Community College on Wednesdays from 8:00-9:40 p.m. It is entitled "Practical Parenting" and begins September 24. Register through the college at 775-4444.

#### REGION II -- MIDWEST

#### **ILLINOIS**

Chicago -- Congratulations to recent graduates of the Alfred Adler Institute: Mitchell Messer, M.A. (Counseling), Sherwood Perman, M.A. and Howard Pollack, M.S.W. (Psychotherapy).

Howard Pollack has been appointed Dean of Students of AAI, succeeding Robert L. Powers, who served in that position for five years.

The fall schedule of classes at AAI will begin the week of September 29 and last for 11 weeks. The following will be offered: (for further information, contact AAI, 110 S. Dearborn, Suite 1400, Chicago 60603)

Mon., Sept. 29, 5:30 p.m. Course 101, Introduction to Individual Psychology I -Bernard H. Shulman and Staff 5:30 p.m. Course 505, Practicum in Group Psychotherapy -Robert Cross Tues., Sept. 30,4:30 p.m. Course 341, Family Counseling I - Bernice Grunwald 4:30 p.m. Course 472, Continuing Casa Seminar - Harold H. Mosak 6:30 p.m. Course 313, Interviewing Techniques - Dorothy Peven Wed., Oct. 1, 5:30 p.m. Course 301, Psychodynamics of Psychopathology I -Ronald Forgus and Sherwood Perman Fri., Oct. 3, 10:00 a.m. Course 104, Physical, Social, and Emotional Development of the Child - Howard J. Klapman 12:30 p.m. Group Didactic Therapeutic Experience, Robert 1. Powers

#### **MINNESOTA**

Minneapolis -- Kurt Adler will be speaking on "Development of Neurotic Personality" at a one-day workshop on Saturday, September 20, 1975, at Hennepin Avenue United Methodist Church. Contact Alfred Adler Institute of Minnesota at 400 Shelard Plaza South, Minneapolis 55426.

The Rudolf Dreikurs Award, presented annually in recognition of personal contribution to the advancement of Adlerian Psychology, was given to Bob Bartholow at the AAIM annual membership meeting June 6.

#### NEWSNOTES, Region II, Minnesota cont'd

Minnespolis -- Mim Pew reports the following September lectures in Minneapolis area: Sept. 10 - A panel discussion presented to administrators of community based residential corrections units, sponsored by the Community Correction Project with the Center for Youth Development and Research at the University of Minnesota. Sept. 24 - keynote address to a fall seminar at the University of Minnesota entitled "On Being a Student Mother." Sept. 23 - address the American Association of University Women on Marriage and Family Education Centers.

Cannon Falls -- The following report was received from the Pews: The first session of the Rudolf Dreikurs Institute for Social Equality was held in the woods and meadows and around the lake where all could enjoy the beautiful farm land near Cannon Falls, Minnesota from June 16 through June 20. The fourteen participants came from eight different cities representing five different states. The age range was from 17 to 67. The goals: to feel a sense of belonging, to learn to speak in the first person without incriminating the other, to learn to say what frustrates us or irritates us without putting another person down, to learn to take feedback about ourselves, to consider alternatives to problems, to broaden our vision by learning about our fellow people, to learn how to build on our strengths, to find our own strengths and help others find theirs; were enthusiastically accomplished despite 10½ inches of rain. (We were still able to have a bonfire every night.) The next session will be held September 15 through 19 at a total cost of \$225. To pre-register, a \$50 non-refundable deposit must be sent to the Rudolf Dreikurs Institute, 1725 Emerson Avenue South, Minneapolis, 55403. Call 612-377-4617.

#### MISSOURI

Maryland Heights -- The Midwest Society of Individual Psychology/Alfred Adler Institute of Chicago courses are being planned for the year. The first is Course 221, Psychotherapy and Counseling I and will be held September 20, 21 with Dr. Seymour Schneider and on November 8 and 9 with Dr. Robin Gushurst. Future courses will be announced later. Contact MSIP at P.O. Box 1205, Maryland Heights, Missouri 63043.

#### REGION III -- SOUTH

#### FLORIDA

Fort Lauderdale -- Don Dinkmeyer and Jon Carlson will conduct a series of inservice meetings in September and October for Pinecrest Schools in Fort Lauderdale.

#### SOUTH CAROLINA

Columbia -- Columbia and Charleston Adlerian Societies have agreed to co-host the Fall, 1976 semi-annual meeting of the ASAP Delegate Assembly in Charleston at the Mills-Hyatt House.

Frank Walton will provide a weekend workshop for parents September 27 and 28 under the sponsorship of the Division of Continuing Education, University of South Carolina.

Charleston -- Charleston Adlerian Society has been invited by Area Mental Health to sponsor local chapter of Parents Anonymous. PA will be composed of parents who are admitted child abusers, meeting once a week and working on problems collectively.

Hayes Mizell, Director of S.C. Community Relations Program of American Friends Service Committee, will speak to Charleston Adlerians on "Alternatives to Suspension" September 25, 7:30 p.m., Maybank Building, College of Charleston.

#### TEXAS

San Angelo -- Don Dinkmeyer will teach a course on Individual Counseling of Children at Goodfellow Airforce Base, San Angelo, Texas, Sept. 11-13, 25-26, 1975.

# REGION IV -- MIDDLE-ATLANTIC

#### DELAWARE

Wilmington -- Save the evening of Friday, September 12, 1975 for general membership meeting of FEC of Delaware. An original play by Gloria Lane will be presented and "Firmness vs. Domination in Child Rearing" will be presented by Diane Porter and Betty Lou Bettner.

### NEWSNOTES, Region IV, Delaware cont'd

Wilmington -- The Continuing Education Program will offer courses and discussion groups led by FED resource people. These courses will facilitate self-growth, social growth, and a more in-depth study of Individual Psychology. The courses will be offered on Wednesday evenings on a weekly basis beginning Sept. 24. Contact FED of Delaware, 4900 Concord Pike, Wilmington 19803.

#### MARYLAND

Garrett Co.-- Michael Yura and Scott Ward have been training study group leaders in Oakland, Md. and presently have 60 parents in groups throughout Garrett County. Future plans include a joint effort between the Community College, the Mental Health Center and youth counseling to develop a Family Education Center and a total county-wide prevention program by this fall.

# WEST VIRGINIA

Morgantown -- In conjunction with Mary Jane Betz, Director of Special Education for Westmoreland Intermediate Unit for Exceptional Children, a project of working with parents and teachers of profoundly retarded, will begin in the fall. The purpose of the groups will focus on understanding their children and developing new ways of dealing with them, according to Michael T. Yura.

#### REGION V -- NORTHEAST

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#### **ONTARIO**

Toronto -- The Alfred Adler Institute of Ontario and the Toronto Association of Individual Psychology wish to announce the appointment of Steven Moore as Director, their rate of growth necessitating a full time person to supervise and promote their activities. Mr. Moore received his Masters in Environmental Studies from York University, Toronto, in 1973, and has been a psychotherapist at the Queen Street Mental Health Centre since that time. Details of a Parents Conference (Sept. 13) and a Teachers Conference (Sept. 20) to be held by TAIP and AAIO may be obtained from their offices at 4 Fince Avenue W., Suite 10, Toronto M2N 2G5.

#### REGION V MEETING

Marion Clapham sent in the following report on a Region V meeting, which we are quoting in its entirety--At 1:00 p.m. on the day preceding a weeklong intensive Adlerian Workshop on Life Style at the University's Living/Learning Centre, Vermonters Rowena Ansbacher, Ruth Tatakin and Randy Randall hosted a Region V Meeting with New Yorkers Helene Papanek, Anna Sten, Kurt Adler; Montrealers Liliane Bensinger and husband Frank; and Torontonians Freda Charles and Marion Clapham.

Liliane Bensinger requested advice and support from Region V for the formation of an Adlerian organization in Montreal. A unanimous decision was made to hold the next Region V meeting in Montreal and to include a program, open to the public, featuring guest Lecturer Kurt A. Adler, M.D. The date was set for Saturday, September 27, 1975.

In the absence of Region V officers and until the time of the next meeting in Montreal, Liliane Bensinger agreed to act as temporary chairman, with Marion Clapham as temporary secretary and Randy Randall continuing as temporary treasurer.

Doctors Papanek and Adler, who had been scheduled on the program as speakers, led instead an informal discussion on "Spiritual Values in Adlerian Psychology"-- a topic which had engaged many at the recent ASAP Convention in New York. Only the announcement that dinner was waiting brought the lively discussion to a close as our spirited little group crossed the open courtyard to the Trinity dining hall where our more mundame needs were superbly met with an ample and delicious dinner.

REGION V MEETING -- Saturday, September 27, 1975 -- 10:00 a.m.

2:00 p.m. Lecture by <u>Kurt Adler followed</u> by Life Style Demonstration Location: Bryan Building, Room B206, Loyola Campus, Concordia University

7141 Sherblooke St. West, Montreal

Contact: Liliane Bensinger, 4939 Grosvenor Avenue, Montreal, Quebec H3W 2M2

(514) 731-5675

#### INTERNATIONAL

#### ISRAEL

The Alfred Adler Institute of Tel Aviv presented a weekend Awareness Training Institute June 8 and 9 with <u>Dr. Raymond J. Corsini</u> assisted by <u>Dr. Nira Kefir</u>. Attended by over 100 people, this innovative large therapy-group procedure was accounted a great success.

Dr. Corsini also conducted a week-long training workshop in group psychotherapy at the Seminar Kibbutzim, and lectured on Individual Education at the University of Tel Aviv and at the Kannot Agricultural School, which is considering installing this Adlerian-oriented system.

Dr. Corsini reports that the Alfred Adler Institute of Tel Aviv is probably the most active and innovative Adlerian Institute anywhere today involved in dozens of projects. The Institute is moving shortly to newer, larger quarters.

#### IAIP ANNUAL MEETING

The 13th Congress of the Interantional Association of Individual Psychology will be held in Mumich, Germany from July 29th, 1976 to August 2nd, 1976. (A call for papers is found earlier in this Newsletter.) The program with registration form and order card for accommodation will be at your disposal from February 1976 on from the Sucretary General, Marven O. Nelson, Ed.D., 8 Valley View Terrace, Suffern, New York 10901.

#### CHARTER FLIGHT

The Texas Society of Adlerian Psychology is planning a charter flight to Munich for IAIP Congress. The price for plane fare, hotel (plus breakfast) and other amenities will be \$599.00 from Houston. Since the charter will leave New York on July 29 and return on August 6, people from other cities can join this flight at adjusted rates. For details, contact Walter O'Connell, Glass Ark DDT, 2120 Travis, Houston, Texas 77006.

# GENERAL INTEREST

#### ACADEMY OF PARAPSYCHOLOGY & MEDICINE

Nearly 20 sessions featuring biofeedback, acupuncture, bioenergetics, electrobiological phenomena, altered states of consciousness, and other new perspectives in health will highlight the First National Congress of The Academy of Parapsychology and Medicine in Tucson October 8-10.

The Congress is designed for private and public professional workers associated with care, treatment, and rehabilitation of persons with chronic and degenerative diseases, development dysfunction, and mental illness. Keynote speakers will include Roy Menninger, M.D., speaking on "The Philosophy of Medicine for the Whole Man," and Hans Selye, M.D., "Soma, Mind, and Spriit--In the Light of the Stress Concept." One of the sessions will include Ray Stanford, who will share his experiences with altered states of consciousness and related research.

For details, including registration and information, contact the Academy of Parapsychology and Medicine, 314 Second Street, Los Angeles, Calif. 94022, or phone (415) 941-0444.

#### EDITOR'S NOTE:

In order to keep costs at a minimum, the Newsletter should not exceed 12 pages. For this issue, I have had to eliminate some news of past events in favor of current and future events. Some of the omitted material will be included in the September issue, which will be coming out soon. We have tried a reduced size in print in order to get more material on the 12 pages. Hope that it will not be too difficult to read.

I am behind in publishing this issue of the Newsletter and thus the September issue will also be late. For future issues, the deadline for material to be received is the first week of the month preceding publication; i.e., deadline for October Newsletter is September 6.

RETURN TO:

ASAP NEWSLETTER

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FIRST CLASS

6