ADLERIAN

PSYCHOLOGY -

NEWSLETTER

SEPTEMBER-OCTOBER, 1975

THE PRESIDENT'S MESSAGE

Dear Friends:

I have just returned from Greece, where ICASSI conducted the Rudolf Dreikurs Summer Institute. As marvelous as the experience was last year in Holland, ICASSI has grown even more this year. I was particularly pleased with the increased number of North Americans participating in the program. The whole democratic atmosphere involved everyone personally in the work. There was great sharing, truly superb teaching, and great sensitivity in personal development. Some 460 students from ten different countries shared intimately and closely in the work and the language and cultural barriers all quickly disappeared. The hospitality of the Greek people was memorable and we all felt at home in this most beautiful country. It was possible, during the summer school, to consult the oracle at Delphi, visit the Acropolis and the Agora, enjoy the tavernas, all of which enhanced the more formal work of the Institute. Many who attended are already making plans to attend ICASSI in Austria next year. I would strongly advise that you apply early for next year if you wish to participate.

Now that I have recovered from jet lag and the pleasures of the summer it is time to turn back to the affairs of the Society. I returned to more excellent news about the development of Adlerian training in North America. Tom Edgar has announced the formation of the Alfred Adler Institute of the Mountain States with the College of Education of Idaho State University. Tom indicates that this is a degree granting program. It is indeed good to see another program forming within the university structure of our Society, and that more and more places are offering professional programs in Adlerian Psychology.

In beginning our work this year, I would like to place stress on encouraging Adlerians to join the national Society as well as participating in their local organizations. There is constant demand for Adlerian trained people to develop programs in the various problem areas of social living. In order for the Society to carry out the kind of programs which are needed, we need the support of a larger, enlightened membership both in the work they can contribute and the funds the Society receives from their dues. The Society is an open, growing and democratic one. Our wish is to encourage social interest in our world not only to ensure our survival, but to achieve effective levels of human relationship in every aspect of our world. For this we need more members. I would strongly urge that each society in the United States and Canada encourage both lay and professional people to join and participate with us.

With warmest regards,

Leo Gold, President

ADDITIONAL PRESIDENT'S MESSAGE

SOCIAL INTEREST, A CREATIVE CONCEPT FOR MODERN LIVING

We are alive. We experience life through our relationship to others. We are born into a world of people and can never survive alone. We are a family of humanity. We enrich and sustain each other in a varied interpersonal process out of which we find our identity and discover who we are. Each of us perceives himself in the mirror of mankind. Each finds his place in the world through how he defines and develops his relationship to human-kind. Each is a part of that world and peculiarly carries that world within himself as he has experienced it in his development. All individuals are part of a social world and only in that social world can they develop their life styles and basic attitudes towards life. These attitudes can only grow out of the individuals inherent need to cooperate and share with others. None survive alone and all survive through their mutual sharing in the carrying out of the tasks of life in the infinite varieties available in civilization. When we do this well life becomes richer for all. When we do it poorly we disturb the process of creative living and fall into the error of destructive living. What is creative for the individual has creative ramifications for society. What is destructive to the individual is equally destructive to society.

At the core of man's existence from the beginning of life is the process of growth. Growth can only occur through the care, support, and love from other human beings. The infant, from birth on, is thus dependent on humankind's social interest in order to effectively survive and to find the basis of positive meaning in life. Perhaps Alfred Adler's greatest contribution to mankind was the concept of Social Interest which serves as that quality which enables man to develop and grow, and creates new worlds and societies. It is man's capacity to reach beyond himself and to share with others that serves as the basis for all that is creative and meaningful in human existence. The less an individual is able to reach beyond himself and contribute to society the more impoverished he is and the more alienated is his experience of life. Each individual reaches beyond himself through his fulfillment of three postulated tasks of life: community, work, and love. These three areas challenge what is creative in each human being, and as we effectively deal with the demands that derive from the life tasks, we enhance our social interest and deepen our sense of community and belonging to the family of man.

All things which we do that contribute to the welfare of society is subsumed under social interest. All things we do which are destructive of others or belittles others is antithetical to social interest. Social interest is thus a pragmatic force that is basic to human existence, whether we perceive it as an inherent potential or a basic fact of survival. It is clear that as the child is dependent upon the love and social interest of the parent, so society, in order to survive, is dependent upon the cooperation of the myriad of individuals contributing their share to sustaining it. If I work against you and each works against the other we none of us can survive. If I exploit you, I create the risk of your turning upon me and thereby risk my capacity to survive. The exploiter requires an army and it is the purpose of armies to be preoccupied with destruction rather than creativity. The modern world has certainly given us ample verification of this view.

Through social interest man works toward a cooperative goal which is the effective survival of us all. In a sense it breaks away from the Darwinian concept of the survival of the fittest which is always at the cost of the weaker. It stresses rather the cooperative effort of all in order to encourage even the weakest to participate in communal life. At the core of social interest is the concept of cooperation which encourages us all to pull together, and allows each of us to make his individual contribution in keeping with his capacities and abilities. There is in this concept a reverence for life rather than the view that life is a jungle where man must vie with his fellow man in order to insure his own survival.

Each human being is unique and it is this uniqueness within the framework of social interest which creates the richly varied potential that, when pooled, makes possible the tremendous growth in human skill and knowledge which enables us to move toward a mastery of the natural world rather than remain the victims of natural forces. Man in his striving toward meaningful superiority, through the pooling of his varied abilities, overcomes step by step the destructive forces in nature and enhances the survival of man through the overcoming of disease, the assurance of shelter, the assurance of nutrition, etc. The means of his survival in the primary areas of existence grows out of the pooling of skills. Man stands less able to survive when he seeks to function alone outside the social community. It is our capacity to specialize in unique tasks and contribute these special talents to the whole that make the entire process of life develop and grow. Through this pooling of skills man facilitates his adaptive ability and is better able to insure survival both for himself and others.

To go a step beyond in our concept of social interest, we must gear ourselves to direction and goals. It is reasonable to postulate that it is humankind's intention to move in the direction of growth and that this is tied to the welfare of everyone. The welfare of all becomes the ultimate goal of social interest. Thus, while each individual is unique, his welfare is interdependent with the welfare of the rest of society. When social interest is not stressed in the early training of children, it can readily lead to dire consequences for society. The modern world with its struggle for power, its territorial and material ambitions, its false vauntings of the superiority of one group or nation over another, its leaders preoccupied with their own aggrandizement at the cost of or lack of regard for others, its stress on competition and false concepts of success based on personal superiority through the denigration of others, creates an atmosphere inimical to social interest. The adoration of power destroys man. We see the consequences of the obsession with power in the far east today where death, hunger, and fear predominate rather than the concern for the simple survival of human beings who have become the pawns in the struggle for power. In North Ireland the intolerance of one religious group against another, though supposedly both worship the same god, reflects a bizarre striving for power which turns religion into hypocracy resulting in death rather than meaningful social interest. The warring of ideologies rather than the practical common sense development of social interest turns our century into a period of unremitting barbarism totally lacking in use of common sense.

In essence, social interest is best characterized by the application of common sense. Common sense leads us to a reasonable assessment of the consequences of behavior, whether individually or at the broader levels of government, and might encourage us toward practical solutions when we are willing to pool our understanding toward common, simple, creative goals rather than the self-serving hungers for power that to date have been so destructive. The psychology of Alfred Adler is not only a psychology for the individual and the family, but for the family of man. The question we face today in the modern world is how do we overcome our barbarism and achieve a civilized mode of life among nations, that encourages all to survive cooperatively rather than each in some form act destructively toward the other, seriously impairing the capacity of individuals to survive on this planet.

It is bizarre in our time to note the power of things over human welfare. When one reads in the newspapers that manufacturers are more concerned with sustaining polluting elements in the environment because of the factors of profit, despite the fact that such substances deteriorate the environment, rather than removing them gives one pause to wonder. When one hears that a range of substances are destroying the ionosphere and the blanket of ozone which filters the ultraviolet rays of the sum thereby protecting all life as we know it, and that the manufacturers of these gases oppose their removal from our markets, one wonders. The list is great and clearly underlies Adler's postulate of social interest. The lack of social interest rather than the survival of the fittest is more likely to destroy mankind.

We have grown and evolved not out of our striving for power, but rather from striving toward achieving a superior and more effective way of survival. Oftentimes, today and historically, we propagandize a destructive mode of behavior as striving for superiority and here come into basic error. Yet we note that propaganda is invariably based on a lie. It is based on the need to fool others into believing that a negative position is indeed positive, and is essentially a self-serving device geared to the power of the few at the cost of the many. Its purpose is to convince us that uncommon sense is logical and that evil is good. In the end even the liar believes his own lie. The striving for real superiority is quite different from all this. It is an affirmative position that constantly feeds our growth and development as individuals, groups, and societies.

The primary direction which we must instill in the young child beginning his social development is geared to the concept of cooperation. As he originally survives because of the cooperation of his parents at birth so, if he is to continue to grow within a social world, he must early recognize the importance of this attitude if he is to reach any kind of meaningful maturity. The pampered child is a child who has been encouraged away from cooperativeness, and to consider himself without the consideration of others. But this is not why he survives and so he develops false perspectives of society and develops a greedy view of life rather than a true sense of how to achieve a meaningful sense of freedom. The independent child is one who has mastered interdependence and through the mastery of responsibility finds increasing degrees of freedom.

The parent who truly wishes to develop social interest in the child should not seek to dominate the child either through force or through overindulgence, but must look to find a basis of relationship that is honest, respectful of the dignity of the child, and encourages the child to participate democratically in the affairs of the family. At the

broader social level, in the area of work and government, this same cooperative endeavor is the ideal toward which we should strive. It would indeed be revolutionary to have government leaders who said what they meant, practiced what they preached, and felt that their primary responsibility was the betterment of society rather than its exploitation. Imagine, if instead of getting a ticket fixed everyone felt the responsibility to pay it. Imagine, if instead of rushing through life, we all learned to accept speed limits. Imagine, if instead of getting what the traffic will bear we had a fair and equitable way of distributing goods. Imagine, if instead of talking about love we really practiced it. While these smack of utopian idealism, in truth they are only common sense. We are none of us perfect nor do we expect to be. We can, however, learn how not to be foolish nor create more dilemmas in life than are absolutely necessary.

Leo Gold, President

ASAP FORUM

SOME THOUGHTS ABOUT THE WAR

Submitted by Lynda Symynkywicz, Woonsocket, R.I.

Thus Individual Psychology presents itself also as the sharpest opponent of uncritical, self-flattering heredity psychology. On the other hand, it uncovers unsparingly all errors which stand detrimental in the way of a strengthening of social interest and are indirectly or directly throttling the social interest of the present and the next generation. The honest psychologist cannot shut his eyes against the fact that conditions exist which prevent the entering of the child into the community, prevent his feeling at home, and let him grow up as if in enemy country. The honest psychologist must therefore talk and work also against poorly understood nationalism if it harms the community of all men; against wars of conquest, revenge, and prestige; against the drowning of the people in hopelessness due to widespread unemployment; and against all other disturbances of the spreading of social interest in the family, the school, and the social life.

Alfred Adler

Superiority and Social Interest

The War is over.
South Vietnam is liberated. Yes.

I watched a television interview of a young man, once a helicopter pilot flying missions over Vietnam. In the early '70's he was what was called a "hawk." That was then....

Now his ideas have much changed, and he spoke of his friends who had been killed back then....

A waste.... He spoke of the waste.... And I thought.

There is a movement toward social interest, an irreversible trend in the world today. Those that have mistaken this movement.... Those that support and move toward competition.... Wasted. An iron clad logic of social living.

I read something Adler had written about an individual's view of life. It can readily be translated into a whole peoples' view of the world.

Even if this meaning is very gravely mistaken, even if the approach to our problems and tasks brings us continually into misfortunes and agonies, it is never easily relinquished. Mistakes in the meaning given to life can be corrected only by reconsidering the situation in which the faulty interpretation was made, recognizing the error and revising the scheme of apperception. In rare circumstances, perhaps, an individual may be forced by the consequences of a mistaken approach to revise the meaning he has given to life and may succeed in accomplishing the change himself. He will never do it, however without some social pressure, or without finding that if he proceeds with the old approach he is at the end of his tether: and for the most part the approach can best be revised with the assistance of some one trained in the understanding of these meanings, who can join in discovering the original error and help to suggest a more appropriate meaning.

Alfred Adler What Life Should Mean To You

The War is over.
South Vietnam is liberated.
Yes!

The time may be now to speak out.

A FRIENDLY DISPUTATION

Submitted by Buzz O'Connell with this comment:
"I enclose urgent catharsis for ASAP Newsletter. If I didn't write it I would be a dis-courager."

Adlerians by termperament and training are a friendly lot. One price paid for such an asset is the failure to let the world know what we stand for. This liability helps keep our organization small and relatively unknown. Like everything else, under certain circumstances, such passive anonymity can be a blessing. In respect for creativity, Adlerians have chosen not to decide what is Adlerian training. Personally, I like such a life style if we had a publication devoted to feedback and saw the creativity implicit in risking feedback. Silence is not Adlerian courage (active social interest).

I'm not intending to write an article now. I do want people to think about what Adlerians have to contribute to the world of psychotherapy: Courage, social interest, encouragement. Therefore, my mind boggles, very frankly, at Erhard EST-type training, especially when Erhard now claims he is a crypto-Adlerian (Erhard, Guerin, and Shaw. The Mind's Dedication to Survival. Journal of Individual Psychology, 1975, 31, 11-17). Again our lack of feedback structure caused this article to be printed without rejoinder.

Sensitivity-encounter can be fun. Great release--à la Bob, Carole, Ted, and Alice--but it does not focus on encouragement and the unwitting constrictions of self-esteem and social interest (O'Connell. Sensitivity Training and Adlerian Theory. Journal of Individual Psychology, 1972, 27, 65-72). Every Adlerian should read Mark Brewer's, "We're Going to Tear You Down and Put You Back Together." (Psychology Today, August, 1975). Then we could consider whether we advocate a dualistic universe of gurus and premies in which gurus can do as they want ("lilas") and premies just worship. Personally, I think Erhard's dualism of Mind and Being is non-Adlerian as is the whole neglect of social interest.

I realize that Adlerians will do their own thing. I hope they think about what they are doing and what is being done to them. I have no protest against money-making schemes: It's about time we discontinued poverty as a hallmark for Adlerians. Let's have fun--but think about what Dr. D. used to call the methods of "psychological masturbation" and pause before we call such indulgences Adlerian simply because "Alfred Adler wouldn't stop it."

LETTERS

VICKIE SOLTZ STATTON MEMORIAL FUND

Wilmington, Del.

In June, 1974 an ad-hoc committee of the Family Education Center of Wilmington, Del. was organized for the purpose of an appropriate and practical memorial for Vickie Soltz Statton. Committee: James and Evelyn Young, Paul Gambsy, Teresa Manlove, Gwennie Heim, Eleanor Bowling, Joan Flack, Myrna Vest, Kirby Thomas.

After discussing this project with Dr. Wm. O. Statton, hunband of Vickie, the committee decided books in the school, public and college lirbraries would be most appropriate. We sent letters to the many people who had known Vickie, telling them of our project. As of June, 1975 the committee had received books and money in the amount of \$756.80 from 61 donors.

We have purchased the books, had them inscribed with the following: "Presented by The Vickie Soltz Statton Memorial Fund of the Family Education Center of Delaware, 1975."

Letters -- Wilmington, cont'd

The books are being distributed to three colleges, twenty high schools and five libraries. In addition, \$200 was appropriated for books for a lending library for the Vickie Soltz Statton Center in Newark, New Castle area.

We especially thank our many ASAP friends for their thoughtfulness and support of this project. The success of this fund has helped us put the Adlerian writings into many more hands and minds.

Olivia Kirby Thomas, Chairman Vickie Soltz Statton Memorial Fund

APGA 1976

Bowie, Md. 7-3-75

This next year APGA will be in Chicago and I feel that ASAP and the Chicago groups should make an effort to sponsor both pre and/or post convention workshops. Also, I hope that we can encourage many more Adlerians to submit programs to APGA. It appears to me that we have lost some of the impetus with school counselors that seemed to be developing several years ago.

If there is any interest in beginning to develop potential workshops for APGA, I would be most interested in participating in the planning and would suggest that this effort should begin soon.

Bill McKelvie

TO IMPLEMENT ASAP'S HISTORY

New York 9-20-75

I feel I should apologize to my dear successor, Janet Terner, that I cannot notify her about my wanting to write this message (since I got the July-August ASAP Newsletter, with her appeal, only a few days ago). I would like all the Newsletter's readers to know I fully agree with her appeal: the initiating the compiling of materials for writing the history of the Adlerian movement in this country should properly be started with her project of an oral history, collecting "living reminiscences", on records, from all still "available" old Adlerians in this country. To do that would require collecting such "recordings" from at least all those named by her. Most of these are now in New York City or in the Northeast Region of ASAP.

The only difficulty--as I see it--is who should do the recordings? (At least, here in New York City and Northern New Jersey, I would know know who has been or will be approached to undertake this task. I myself am sorry to have to refrain from going around to make such recordings because of unsatisfactory health.) However, I am making this suggestion: all the persons named by her should get letters from the historian soon--asking them to put down as many notes as they can, preparing themselves for such "oral" delivery of the remembrances: how they became Adlerians, which work they did later in the field, etc. For, whether Janet realizes it or not, it is not the easiest matter to roll off their tongues such memories without any preparation. On the other hand, should it appear unfeasible to obtain the "oral recordings" for all these persons, it would be (it seems to me, at least) better to get written notes, rather than "nothing". I can only hope that all those concerned may in some way consider my suggestions.

With very best greetings to all of you,
Joseph Meiers

LETTERS, Cont'd

REQUEST FOR WORKBOOK CONTRIBUTIONS

Pocatello, Idaho 9-2-75

You may be interested to learn that we are presently compiling an assortment of articles, letters, notes, assignments, sayings, cartoons--in fact, anything which would be a worth-while inclusion in a workbook of Adlerian materials to be used by parents attending our FEC.

If you have some materials you think would be worthwhile additions to a parents' workbook, would you kindly send them along. We would be pleased in return to forward a copy of the completed workbook with all the collected material to you and to make the book available to all Adlerians at cost. Please address the material you send to: Rick Rendle, Alfred Adler Institute of the Mountain States, Box 8225, Idaho State University, Pocatello, Idaho 83209.

Tom Edgar

CLINIC MOVES -- FINANCIAL STRAIN New York, September, 1975

IT'S FINAL! WE ARE MOVING! The long talked about and planned for move to a location with larger and more adequate quarters has become a reality. The Alfred Adler Mental Hygiene Clinic and the Alfred Adler Institute are moving to 37 West 65th Street, near Lincoln Center for the Performing Arts. The entire sixth floor has been leased and is being divided into appropriate offices and classrooms, providing a three-fold increase in usable space. The construction is under way and we expect to move within a few weeks.

The new location provides the Clinic and the Institute with opportunities for growth and expansion not formerly possible. Situated in the heart of New York's new cultural center, it still remains in the West Side area served by the Clinic since it was founded in 1948. Our present clientele will find the new location easily accessible by public transportation, while the opportunity to serve a wider public should greatly increase.

We all rejoice in these new developments. But pressures resulting from necessary changes related to the move have put a severe strain on our budget. We are six months behind in meeting our expenses, which include salaries and other operating costs. The future for our work is very encouraging but our present need is critical. It is to help us in this crisis that we are calling upon our friends to contribute generously.

All contributions are tax deductible. Please make your check payable to the Individual Psychology Association of New York, Inc.

Alexandra Adler Marven O. Nelson

OF GENERAL INTEREST

EDITOR APPOINTED

It is with pleasure that we announce the appointment of <u>Guy Manaster</u> as editor of the <u>Journal of Individual Psychology</u>. Guy has long been an active and creative contributor to Adlerian psychology. The skills he has brought to many other areas of Adlerian thought will continue and enrich the scholarly tradition of this fine publication. The Journal will find an excellent home at the University of Texas, where Guy serves as a professor. He will welcome hearing from members as to their ideas and recommendations.

GENERAL INTEREST cont'd

NEW PUBLICATION

THE PRACTICAL PARENT, ABCs OF CHILD DISCIPLINE By Raymond J. Corsini & Genevieve Painter

This book is for normal parents with normal children with normal problems. Based on the psychological theories of Alfred Adler, the founder of individual psychology, and the teachings of Adler's student Rudolf Dreikurs, this book gives parents who are having difficulty handling their children both general and specific advice on how to deal with uncooperative behavior, picky eating, thumb-sucking, bickering, resisting bedtime-problems not difficult enough to call in professionals for and yet hell to live with. The authors believe that "if you have children, you have problems," and that most of these common, annoying, superficial problems, if not well handled in the early years, may expand and grow into serious difficulties.

PRICE: \$8.95 plus 40 cents handling. (Ill. residents add 5% sales tax)
ORDERING INSTRUCTIONS: May be ordered from the Alfred Adler Institute of Chicago,
110 S. Dearborn, Chicago, 60603.

ALCOHOLISM INFORMATION AVAILABLE

Information has been received from the Hazelden Foundation explaining materials available through their office. The Hazelden Foundation is a non-profit organization engaged in treatment, education, research and training in the field of alcoholism and other chemical dependencies, including the distribution of education and self-help literature. They also have available a video cassette and film series entitled, "The Caring Community." This series deals with identifying, understanding, and intervening in the porblem of chemical dependency and is described in the catalog. For further information, please contact: Gerald J. LeNoble, Director of Consultation and Education, Hazelden Foundation, Box 176, Center City, Minn. 55012.

SEMI-ANNUAL MEETING

Speakers and topics have been lined up for the Saturday Symposium to be held in Houston on Saturday, November 1, 1975, in conjunction with the semi-annual meeting of the ASAP Delegate Assembly. The theme is "Ourselves, Our Children...At Home, In School, and In The Community." According to Kay Schecht, Convention Chairperson, the following speakers appear on Saturday: (including luncheon)

Francis X. Walton - "Behavior of Young Children"

Kurt A. Adler - "Depression"

Dorothy Peven -"Adlerian Concept of Misuses of Sex"

Leo Gold - "Adlerian Concept of Misuses of Sex"

Robert Fenske & Arlene Fenske - "Demonstration of Parent Study Groups"

Bernard H. Shulman - "Functions of Religion According to Individual Psychology Theory" William H. McKelvie - "Teens, Their Families; Understanding Problems and Resolving

Conflict - An Adlerian Viewpoint"

Walter O'Connell - "Encouragement"

Harold V. McAbee - "Adlerian Theories Applied to a Classroom Situation"

Pattye Weaver Kennedy - Institute for Creative Community Living, Inc.

Fr. W. Dayton Salisbury - TSAP

Full-day workshops on Sunday, November 2 include:
Kurt A. Adler - "Lifestyle Analysis Through Interviewing"
Harold H. Mosak - "Tactics in Psychotherapy & Counseling"
Bernice Brunwald - "Understanding Children in the Classroom"

(Registration Form at end of Newsletter)

General Interest cont'd

POSITION OPEN

M.S.W. or Ph.D. Clinical Psychologist with at least a few years of experience including supervisory experience and working with women's concerns plus Adlerian training. Salary range: \$11,700 to \$14,500 with 12 month renewable contract and 20 working days vacation. Place: Florida State University Counseling Center, offering direct clinical services, individual and group counseling. If interested, contact: Dan Montgomery, Ph.D., Eastwood Counseling Clinic, 327 Office Plaza, Tallahassee, Florida 32301.

EXTENSION FOR IAIP PAPERS

Word has been received that the deadline for receipt of IAIP abstracts has been extended to November 30. If you would like to participate in the symposium that will be part of the next IAIP meeting to be held in Munich, Germany, in August, 1976, please refer to the call for papers printed in the July-August Newsletter and send your material by November 30 to: Richard Royal Kopp, Ph.D., Coordinator of Theoretical Instruction and Curriculum, California School of Professional Psychology, 3755 Beverly Boulevard, Los Angeles, Calif. 90004.

NEWSNOTES

REGION I -- FAR WEST

CALIFORNIA

Elk Grove - Jane Nelson, Director of Adlerian Elementary School Counseling, reports that they have received a Title III grant for \$131,162 over a three year period to implement an Adlerian Elementary School Program in two elementary schools in the Elk Grove Unified School District. The staff will consist of a full-time director/counselor and secretary/para-professional plus four part-time parent para-professionals.

The main focus of the project will be parent study groups led by the para-professionals and teacher study groups led by the counselor, a qualified para-professional (Ann Platt) and other teachers. They will also do individual counseling with students, teachers, and parents. At the end of the three year period, if they show significant results, there is a good chance they will be funded for a fourth year for the specific purpose of disseminating information about Adlerian Elementary School Counseling throughout Calif. and the United States.

San Rafael - Henry Stein has been hired by Catholic Social Service of San Rafael as a staff counselor. In addition to his individual and group counseling with adults and children, he will be leading "Principles of Effective Parenting" workshops using CHILDREN: THE CHALLENGE as a text.

Sophia de Vries will be a consultant in Adlerian techniques at Catholic Social Service of San Rafael in October, November and December of this year.

CANADA

<u>Vancouver</u> - The Killarney Secondary School Project for implementing the Democratic Model in Parent-Teacher-Student Relations is funded at least until December 31, 1975. Besides the continuing teacher group meetings, a new development included five evening

NEWSNOTES, Region I, Vancouver cont'd

"open'centre" sessions for parents, students and interested teachers. Edna Nash and Ken Stambaugh from Bellingham worked with Killarney counsellors, teachers and parents.

COLORADO

Boulder - The Rudolf Dreikurs Institute of Colorado will be holding five four-week courses in the Boulder Area beginning the week of September 16. The courses will help parents to deal with the problems which arise on an average day with their children. CHILDREN: THE CHALLENGE will be used as textbook.

IDAHO

Pocatello - Tom Edgar announces the establishment of the Alfred Adler Institute of the Mountain States as an administrative unit within the College of Education. The Institute is within the Department of Counselor Education and Special Education which offers graduate degrees including the doctorate.

Since the founding of the Institute in July, 1975, the Family Education Center, the Teacher Education Program, and the Psychotherapy Section are gathered under a single administrative unit. All programs are Adlerian in orientation.

NEVADA

<u>Las Vegas - William C. Marchant</u> has moved from the University of Vermont to the University of Nevada, Las Vegas. He is now part of the Counselor Education Program in the College of Education.

WASHINGTON

Bellingham - The Bellingham Herald recently published two half-page articles on Adlerian parenting as lived within the family of one of ASHR's lay leaders. The Sunday features, written by Sharon Prieve, Herald Staff reporter, were based in part on her home interview with Cheryl Kolesien and in part on her follow-up readings in CHILDREN: THE CHALLENGE. The ASHR Newsletter editor stated: "ASHR is pleased that so thoughtful and so fair a presentation has appeared in our local newspaper, and also that so solid a spokeswoman as Cheryl was chosen for the interview."

Oscar Christensen will demonstrate Adlerian family counseling in Bellingham on Saturday, November 1. The public program is sponsored by the Adlerian Society of Human Relations.

REGION II - MIDWEST

ILLINOIS

Chicago - Harold Mosak reports as follows: "While in the Caribbean recently, I spoke to the Antigua Association for Mental Health on 'Social Violence.' Because of the nature of the topic, approximately 40 members of the Antiguan police force also attended. Chairman of the meeting was Dr. Zoltan Wisinger, an Adlerian from Vienna days, who serves as physician, psychiatrist, and dentist on the island as well as being director of the mental hospital. The hospital, which has 150 beds, provides services for Antigua, British Virgin Islands, St. Kitts, Nevis, and Montserrat. The governments of these countries pay less than 75c per day per patient for both maintenance and treatment. He nevertheless does a fantastic job and for his services the Queen has honored him by making him a member of the Order of the British Empire."

NEWSNOTES. Region II, Illinois cont'd

Chicago-Harry P. Elam reports that he was promoted to full professor in the Department of Pediatrics at Rush College of Medicine, Rush University, Chicago.

The Illinois Group Psychotherapy Society will hold its Thirteenth Annual Conference and Third Annual Midwest Group Process Conference on November 21-23, 1975, at the LaSalle Hotel, Chicago. The Conference, under the title: 'Mating and Melding Therapeutic Group Processes', will aim at providing an integrated exposure to Group Process rather than just a variety of isolated experiences or sessions. "Integrating Person, Practice and Theory" will be the theme of the IGPS Training Institute's two-day workshop on Nov. 19-20, just prior to the Conference, also at the LaSalle Hotel. The Training Institute's Workshop will afford an opportunity for registrants and faculty together to explore the personal and professional significance of adopting one or more methods of therapy as one's own. Registrants will participate in one of 5 experiential groups led by Adlerian, Rogerian, Transactional Analysis, Dynamic-Eclectic, or Psychoanalytic group leaders. Contact: Al Manaster, Conference Manager, 729 W. Roscoe St., Chicago 60657.

AAI of Chicago--In addition to the Fall course offerings listed in the last ASAP Newsletter (Correction: C. 313, Interviewing Techniques with <u>D. Peven</u> begins on 10-7), the following workshops are scheduled:

GROUP COUNSELING - Oct. 10-12 - Manford Sonstegard. This is a required course in the Counseling Psychology Program. The Institute urges out-of-town students to register for this weekend.

BEHAVIOR PROBLEMS IN THE CLASSROOM - Oct. 18 - Bernice Grunwald, Nov. 22 - Don Verger, Jan. 10 - Bernice Grunwald

PSYCHODRAMA - Oct. 25, Nov. 15, Jan. 17 - Adaline Starr

ART THERAPY - Nov. 8 (all day) and 5 evening sessions from Nov. 10 to Dec. 8.

Registrants are encouraged to attend all 6 sessions, but may take only
the all day workshop or the 5 evening sessions. - Sadie Dreikurs

The Master of Arts Program in Counseling Psychology is open not only to Chicago-area students, but to students elsewhere who have an opportunity to complete some Adlerian training locally and to do some of their work at the Chicago Institute. Please write to the Institute for details--AAI, 110 S. Dearborn, Chicago 60603.

Besides the faculty members of AAI who participated in a record number of nine Summer Workshops, the Institute was privileged to have the services of Raymond Corsini for the Awareness Training Institute; Ronald Forgus for C. 303, The Psychoses; Heinz and Rowena Ansbacher for C. 101, Intro. to Ind. Psych.; and Thomas Allen, Gerald Mozdzierz and Walter O'Connell for the workshop on Adlerian Psychotherapy. The latter was a special one-day pre-APA workshop coordinated by Harold Mosak.

Forest Park--Harold Mosak will lecture on Adlerian Psychology in new Mental Health Generalist program utilizing facilities of Riveredge Hospital and Northeastern Illinois University. The course will be offered at Riveredge Hospital, Forest Park, October 8.

INDI ANA

Fort Wayne--Fort Wayne has a new teaching institute--The Alfred Adler Institute of Fort Wayne--which is open for classes this fall. Their first course started September 8 and runs for eleven weeks--Fundamentals of Adlerian Psychology taught by Homer Kiracofe, Ronald J. Pancner, Kristin R. Pancner. Other courses offered:

NEWSNOTES. Region II. Indiana cont'd

MARRIAGE COUNSELING SEMINAR -- Sept. 13, Sept. 26-27, Nov. 22 - Harold Mosak, Bill and Miriam Pew

ART THERAPY WORKSHOP - Oct. 4 - Sadie Dreikurs

FUNDAMENTALS OF ADLERIAN PSYCHOLOGY - Nov. 15, Nov. 29, Dec. 13 - Homer Kiracofe, Ronald and Kristin Pancner.

For further information, please contact AAI of Fort Wayne, 1812 National Bank Building, Fort Wayne 46802.

MINNESOTA

Minneapolis--The following workshops will be offered by the Alfred Adler Institute of Minnesota during September, October, and November:

Women's Assertiveness Training - Monday evenings Sept. 22-Oct. 27 - Judi Levie
Pleasures and Perils of Parenting - Oct. 1, 8, 15 - Patrick Davis
Education-Counseling for the Divorced - Oct. 1-Nov. 5 - Janice Weiner, Clark Isaacs
I Am Woman: The Experience of Me has been so well received that it will be offered
again on weekend of Oct. 4-5 - Judi Levie, Janice Weiner.
Human Sexuality - Oct. 18 - Ethelyn Cohen and Jeanine Hall
To Sleep or Not to Sleep - Oct. 20 - Dwight Townes, M.D.
Dynamics of Decision-Making - Oct. 25 - Michael Steinberg
The Dating Dilemma - Nov. 5 - Patrick Davis (for parents and teenagers)
Building Self-Esteem in Children - Oct. 27, Oct. 3, 10 - Jeanne Ballou, Cecil
Blaisdell, Carol Danger

AAIM will be moving some time in November and their new address will be Suite 128, Wood-Excel Building, 5009 Excelsior Blvd., Minneapolis 55416.

AAIM has a rather full schecule of fall courses being offered at various places in the Minneapolis area. Please contact them at Suite 209 - 400 Shelard Plaza South, Minneapolis 55426, until November, for details of their program.

The <u>Pews</u> report the following engagements in the Minneapolis area for October-Oct. 4, Mim Pew will be one of the keynote speakers for a day's conference entitled "Celebration of Women" sponsored by Interact. She will present "What it Means to Me to Be a Woman" Oct. 18, Mim and Bill Pew will demonstrate counseling with a family for the Minnesota Association for the Education of Young Children. Oct. 21, Mim Pew will participate in a workshop in Northeast Minneapolis entitled "Family in Crisis." Social Group Work will be taught by Mim Pew for the Department of Continuing Education and Extension, Youth Studies, University of Minn., Oct. 8, 15, 22. Bill Pew will teach Adlerian Psychology fall quarter for the Continuing Education and Extension, U of Minn.

MISSOURI

St. Louis--MSIP announces two courses are being offered this fall--Theory and Practice of Psychotherapy and Counseling I, Sept. 20, 21, Seymour Schneider and Child Counseling I, Oct. 18, 19, Don Welti. For further information, contact MSIP, P.O. Box 1205, Maryland Heights, St. Louis County, 63043.

REGION III -- SOUTH

FLORIDA

<u>Palm Beach County-Don Dinkmeyer</u> will begin a training course to develop counselors as consultants with teachers individually and thru teacher groups for the Palm Beach County elementary, secondary school counselors Oct. 16-17, 1975.

NEWSNOTES, Region III, Florida cont'd

Fort Myers-Milton and Edith Dewey, while living aboard their cabin cruiser SANDERLING II at the Fort Myers Yacht Basin, Fort Myers, Florida, are teaching courses on Adlerian Psychology to counselors in Lee County schools. On Sept. 17, they started a six-week Introductory Course for Elementary Counselors. They are also offering a course on Life Style for secondary school counselors. Soon, they expect to start Children: The Challenge study groups for parents, in cooperation with the local schools.

Tallahassee--As a point of encouragement, Peggy Smyly would like to report finishing nine teacher groups this year in the Leon County School System. While this has kept her happily and usefully busy in after school hours, all of these teacher groups stemmed from James Croake's six-day workshop the summer of '74. At present, five beginner groups are already scheduled for the fall, as well as two advanced groups. She states," Despite our unemployment problems, teachers are fascinated with the Adlerian approach, and willing to learn. Thanks James!"

GEORGIA

Athens--Steven P. Lindenberg, a graduate student in the Department of Counseling and Student Personnel at the University of Georgia (and ASAP member), has won honorable mention in the 1975 Graduate Rehabilitation Literary Awards competition, sponsored by the National Rehabilitation Association. His winning paper is titled "A Proposed Adlerian Approach Toward the Rehabilitation of Marginal Risk Criminal Offenders: The Socially Handicapped." Congratulations!

SOUTH CAROLINA

<u>Charleston--Frank Walton</u> will give the keynote address at the Sixty-First Annual International Association of Pupil Personnel Workers Convention in Charleston Oct. 20. His topic will be "Adlerian Contributions to Children's Liberation."

TEXAS

Brownsville--Don Dinkmeyer is the major presenter at the Texas Personnel & Guidance Assn. meeting Oct. 10-11 in Brownsville. This will include a special Workshop on Parent Education.

REGION IV -- MIDDLE ATLANTIC

DELAWARE

Wilmington--The FEC of Delaware Continuing Education Program will offer courses and discussion groups, led by FEC resource people. These courses will facilitate self-growth, social growth and a more in-depth study of Individual Psychology. They will be offered on Wednesdays on a weekly basis, September through December. They begin Sept. 24. Contact their office at 4900 Concord Pike, Wilmington 19803.

MARYL AND

Baltimore-Harry Olson will begin teaching Life Style Analysis this fall at Johns Hopkins University, Graduate Division of Education, under the title "Analysis of the Individual". This course is a regular part of the curriculum and will be offered each semester.

NEWSNOTES, Region IV, Maryland cont'd

Bowie--Programs in the Adler-Dreikurs Institute of Human Relations got under way with advent of the fall semester at Bowie State College. Eight different courses are offered with a total enrollment of 202 as of the first week of September. Students may register until October 1.

There will be two weekend workshops in October: Oct. 4,5--Equality in Education and the World of Work, Bernice Grunwald and Frank Walton; Oct. 25,26--Equality in Intimate Relationships, Miriam and W. L. Pew. The Nov. 14,15,16 weekend is the dedication program for the Institute. Special one-day workshops are offered in addition to the regular Saturday-Sunday program for credit. Consultants include Alexandra Adler, Leo Gold, Robert Powers, Kurt Adler, Harold Mosak, Bernard Shulman, Sadie Dreikurs, Walter O'Connell, Manford Sonstegard. There is to be a special dinner on Nov. 15 which will feature Dr. Alexandra Adler speaking on memories of her father, Alfred Adler, and Mrs. Sadie Dreikurs speaking on the life and work of Rudolf Dreikurs.

The semi-annual meeting of Region IV will be held in conjunction with the Nov. 14, 15, 16 conference.

OHIO

Dayton--The Alfred Adler Institute of Dayton offers the following courses this fall: Oct. 1 - Alcoholic Life Styles, Leo Gold; Oct. 11, Nov. 8,9 - Theory and Practice of Psychotherapy and Counseling, Harold Mosak. Contact AAID, 122 E. Apple St., Dayton 45409.

WASHINGTON, D.C.

The Individual Psychology Assn. of Greater Washington has twelve study groups scheduled to begin in October. Information may be obtained through IPA, Box 11, Garrett Park, Md. 20766

WEST VIRGINIA

Morgantown--Michael T. Yura reports that he has been working with the West Virginia branch of International Childbirth in developing Phase Two Classes--What Happens After the Child is Born? Parent study groups were started in Clarksburg, W.Va. as a pilot project. Twenty-five participants attended the classes. They were extremely successful and the number of participants for the fall is expected to exceed 60 parents. Because of the success of these groups, another group will be formed as part of the Presbyterian Hospital in-service to hospital staff, primarily for the pediatric staff.

REGION V -- NORTHEAST

CANADA

Ontario-The AAI of Ontario announces its fall program-Understanding People - Sept. 27, 28, Leo Gold; Oct. 25,26, Harold Mosak; Nov. 8,9, Kurt Adler; Nov. 29,30, Harold Mosak. Art Therapy will be on Oct. 18 with Sadie Dreikurs. The Introduction of Individual Psychology, Marguerite Wittick, 10 weeks beginning Oct. 1.

NEW YORK

Islip-Larry Zuckerman reports that he is working in LongIsland for Islip Town as a counselor for the town's Drug and Alcohol Counseling Services. In July of 1975 he initiated a Parent Study Group Program starting with 12 parents. There are presently 55 parents registered for groups throughout Islip Township. He is also training other professionals as study group leaders. Future plans are to train parents as study group leaders and to establish a Family Education Center with continuation of study groups.