AMERICAN SOCIETY OF ADLERIAN PSYCHOLOGY.

NEWSLETTER

Neva L. Hefner Editor

110 S. Dearborn, Suite 1400 Chicago, Illinois 60603

NOVEMBER-DECEMBER, 1976

PRESIDENT'S MESSAGE

Dear Friends:

Based upon comments of those in attendance, the Society's Fall Meeting in South Carolina was highly successful. It was obvious that local Adlerians worked very hard to make the weekend a productive and enjoyable one. On behalf of ASAP, I would like to thank the co-chairpersons, Sandra Fowler and Kathy Walton, and many others who contributed their efforts during the past few months.

The meeting was characterized by very hard work on the part of your Delegate Assembly (an eight-hour meeting), excellent teaching by the speakers and workshop presenters, about as much fun as we could stand at the sea food frolic, and the kick-off of the ASAP membership drive by Barney and Gloria Lane.

One of the significant results of the very hard work of the delegates was the approval of a special meeting of the Delegate Assembly. The meeting will be held during the latter half of March at a site to be designated. The meeting will be designed to permit the delegates to take a critical look at the operation of the Society and to set specific short and long range goals in keeping with the purpose of the Society. All of you will be asked to contribute your ideas for consideration by the delegates at the meeting.

An exciting outcome, from the viewpoint of your President, was the approval of an Advocacy Committee. This committee will help the Society to do a better job of spotting opportunities across the United States and Canada where we can advocate Adlerian solutions to social problems. One of the issues with regard to which your D.A. has shown an interest in having ASAP stand up and be counted is that of children's rights. Coincidentally, one week after our meeting, the New York Times News Service released an article entitled, "Children's Lib", which included the following quotes:

"Children's rights is a frontier area of legal thought," said J. Marvie Wilkinson, a professor of law at the University of Virginia, "and it will be a major concern of the U.S. Supreme Court in the next decade."

"We have kidded ourselves that we love children in this country," says Peter Sandman, who heads the Youth Law Center in San Francisco. "In fact, we treat children as chattels and have done so for as long as there has been an America. Children are the last oppressed minority."

I will share the results of the meeting with you at a later date. In the meantime, Each-One-Reach-One-New-Member!

Best Wishes.

Francis X. Walton

Francis X. Walton

President

CALENDAR OF EVENTS

(Details may be found elsewhere in this newsletter or in previous issues) (November events were listed in October NL; the following are additional)

- Nov. 19 Effective Parenting, <u>Don Dinkmeyer</u> and <u>Don Dinkmeyer</u>, <u>Jr.</u>, Florida Personnel and Guidance Assn., Orlando, Florida
- Nov. 20 Systematic Training for Effective Parenting, <u>Don Dinkmeyer</u> and <u>Don Dinkmeyer</u>, <u>Jr.</u>, Florida Personnel and Guidance Assn., Orlando.
- Nov. 20 Dynamics of Decision Making, Steinberg, AAI of Minnesota
- Nov. 20, 21 Neurosis I, Harold Mosak, Vancouver
- Nov. 20, 21 Psychodynamics of Psychopathology I, Gold, Vancouver
- Nov. 20, 21 Introduction to Individual Psychology 102, Shaprio, AAI of Ontario
- Nov. 21 Workshop on Multiple Family Therapy, H. Peter Laqueur, Alfred Adler Mental Hygiene Clinic
- Nov. 23 Redwood Empire Adlerian Society fall open meeting, Celebration of National Family Week, Santa Rosa, California
- Dec. 3 Process of Encouragement, Bernice Grunwald, AAI of Ontario
- Dec. 3,4,5,15 Group Dynamics in Classroom, AAI of Minnesota, graduate credit through LaVerne College, Minneapolis
- Dec. 4 Workshop with Oscar Christensen at Elk Grove Unified School District, Elk Grove, California
- Dec. 4 Assessment II, Robin Gusherst, AAI of Toledo
- Dec. 4 Family Dynamics, Bina Rosenberg, AAI of Dayton
- Dec. 4 Neurosis I, Pancner, AAI of Fort Wayne
- Dec. 4 Psychodrama, Adaline Starr, AAI of Chicago
- Dec. 4, 5 Children the Challenge and Psychology in the Classroom, W. L. Pew, Alfred Adler Center of Cleveland
- Dec. 4, 5 Family Counseling, Grunwald, AAI of Ontario
- Dec. 4, 5 Marriage Counseling, Mosak, AAI of St. Louis
- Dec. 5-8 Elk Grove Workshop on Unified School District Program, Elk Grove, California
- Dec. 10 Adlerian Family Counseling, Ill. Group Psychotherapy Society, Chicago, Bob Powers, Jo-Anne Hahn
- Dec. 11, 12 Introduction to Individual Psychology 102, Shapiro, AAI of Ontario

LETTERS

"WE COULD ALL BE AS SAPPY AS KINGS (AND QUEENS)" Chapin, S.C. 11-76

I recently attended the Semi-Annual Adlerian Convention in Charleston, S.C., which I enjoyed very much. Both the Charleston and the Columbia Adlerian Societies made special efforts to see that those who attended were satisfied with convention accomodations and workshops.

The theme for the convention was "Revolution in Human Relationships". The keynote speaker, Bob Powers, addressed the convention with a thoughtful presentation concerning the meanings of "revolution", and a possible Adlerian kind of revolution which includes, equality, cooperation, and community. I appreciated his remarks. Some of the workshops I attended reflected this concept of equality, cooperation, and community, and I enjoyed them.

There were, however, a few humorous touches of irony at the convention, worth mentioning, which seemed not to be congruent with what I understand to be the Adlerian approach to living.

- -The convention still had its rather imposing, and literally raised up, over our heads, "Head" table.
- -The speaker after the luncheon, Dr. Adler, cheerfully and vigorously discounted numerous other therapies, seemingly extolling the Adlerian approach as the only valid therapy.
- -In two of the workshops I attended, the presenters boosted and flattered themselves with their particular Adlerian innovation, which resulted in quite a few yawns, and in a few, people walking out, rather fed up.
- -A couple of the speakers I heard still refer to us human beings as "man-kind, he," which gratefully lets me off the hook, since I am a woman. I smiled with relief to know that I am not responsible for all the grief going on in the world, since "mankind" is doing it. Too bad, fellows:

Surely, if the ghost of Alfred had returned to us that Halloween Eve, he would have had a good laugh at our uppity behavior and would have shook his head with benevolent disapproval, noting how far we still have to go.

As for the "Seafood Frolic", though, the ghost of Adler would have joined us for a hilarious night of fun-filled social interest. For it was there that we Adlerians were at our best, equally cooperating in a large community of dancers, our feet and bodies doing what our mouths and heads <u>talk</u> about.

Leah J. Lake, M.Ed. Marriage and Family Counselor Rt. 2, Box 3A Chapin, South Carolina

THE POWER OF INITIALS AND ACRONYMS:

Maxwell AFB, Alabama 11-1-76

As you work to set up parent study groups in your area, do you find yourself losing potential members to P.E.T. and T.A. groups? In Alabama, both sets of initials seem to be well known among parents and teachers, but very few have heard of Adlerian

Letters cont'd

parent study groups. Perhaps your experience is similar. Consequently, Adlerians may be losing people because of catchy initials and not because the concepts and principles of P.E.T. and T.A. are more attractive.

Consider, for instance, the widespread use of R.E.T. and B. Mod. I predict similar success for Don Dinkmeyer's new acronym STEP. While Adlerian phrases from Children: The Challenge, such as "the bathroom technique" and "mind your own business", quickly catch on, they do not reflect a particular approach to child-rearing. Therefore, I would like to propose that Adlerians adopt a common acronym for parent study groups based on Children: The Challenge.

As a result of a brainstorming session with several members of the Alabama Society, the acronyms ACT and HOPE are offered for consideration by ASAP members. ACT would represent Adlerian Child Training and would give emphasis to the Adlerian approach. A possible slogan might be "ACT, when you have behavioral problems with your child." HOPE could have a double meaning. For leaders of parent study groups and professionals, the letters would represent Helping Others Parent Effectively. For parents, the meaning would be Helping Ourselves Parent Effectively, indicating a self-help program. A possible slogan might be "HOPE for today's parents."

With the sound Adlerian principles we are working with and a catchy acronym for communication and publicity purposes, I believe we can attract many more people to our study groups. Would you please forward your reaction to the proposal, any comments you might have concerning the use of ACT or HOPE, and any acronyms you or members of your society might come up with to the ASAP Secretary, Neva Hefner, 110 S. Dearborn, Suite 1400, Chicago 60603.

John J. Bradwell, M.S. 564 Alder Street Maxwell AFB, Alabama 36113

ADLER SYMPOSIUM

Eugene, Oregon 11-4-76

Those who participated in "The Individual Psychology of Alfred Adler Symposium" sincerely appreciate the ASAP complimentary copies of the brochure on Adler written by Rowena Ansbacher. Since the Ansbachers were reatured in the Symposium, participants were especially pleased to have copies.

The Symposium was exceptionally well received. Video tapes of most of the presentations and the feasibility of publishing symposium proceedings is promising. We are most pleased ASAP could be part of the effort to celebrate the life and work of Adler.

Carol Lynn Morse, Chairperson University of Oregon DeBusk Memorial Center Eugene, Oregon 97403

GRADUATE DEGREES IN ADLERIAN PSYCHOLOGY

Goldenrod, F1. 10-7-76

Since my relocating to Florida, I have been involved in trying to follow the example set by the Chicago Institute in having graduate degrees granted for work done in

Letters cont'd

Adlerian Psychology. At the present time, I am an Adjunct Professor of Clinical Training for California Christian University. This institution is fully licensed by the State of California to grant graduate degrees though it is still in the process of seeking regional accreditation.

At the present time, I have pursuaded the regents of California Christian University that the quality of training at some of the Adlerian Institutes well equals that of many of the major universities' graduate programs in Clinical or Counseling Psychology. As such, they have agreed to grant credit toward either the Masters Degree or Doctorate Degree to those students who have successfully completed a training program at most of the Adler Institutes in the country.

I would greatly appreciate your printing this letter in the next copy of the ASAP Newsletter that is released with any inquiries for information and/or applications to be sent to the address listed below.

Steven J. Kaplan, Ph.D.
Adjunct Professor of Clinical Training
P.O. Box 68
Goldenrod, Florida 32733

PUBLIC RELATIONS COLUMN by Carol Arnold

P.R. (PEOPLE REACHING) IDEAS How to Write and Submit News Releases

Local newspapers, especially weekly papers will often carry a news article about our study groups forming or counseling demonstrations if we submit the news properly. Here are a few basics for handling news releases.

- 1. Know your paper. Find out deadlines, how copy should be typed (double or triple-spaced), whether you should write a headline, who to contact at the paper, etc.
- 2. Don't call the paper and give them information over the phone and expect them to write it up. That's a good way to lose a potential friend!
- 3. The basic news release should usually answer the following questions: who? what? when? where? why? and how? The most important part of the release is the beginning where you start with what is called a "lead sentence" that attempts to answer the five w's listed above. Example:

"Parents who seek alternatives in dealing with their children will be able to study Rudolf Dreikurs' book, <u>Children</u>: <u>The Challenge</u>, in tenweek classes, beginning the week of September 27 at various Montgomery County locations, sponsored by the I.P.A. Family Education Center of Bethesda."

This is a long sentence, but it gives a lot of information. The rest of the article could suggest some of the common problems in families that can be solved, where and when each of the classes will be held, who to call for more information, etc.

4. Always put a heading at the top of your release which includes the following information: the date, the words, "For Immediate Release", your name, address, position with the organization, and a phone number where you can be reached with questions. Write a headline of your own (the paper may change it) or leave at least six lines blank for a headline to be added to your article.

P.R. Ideas cont'd

- 5. Always type your articles on 8½ x 11 plain white paper or printed stationary. Double-space unless your newspaper prefers triple-spacing. Use one-inch margins on all sides. Try to keep your copy to one page. If you need a second page, put the word "More..." at the bottom of each page and type some of your headline or topic, then put a slash mark and the page number at the top of the next page. At the end of your copy, put the mark, "--30--" two spaces below the last line of copy and centered on the line. These procedures indicate that you know something about "newspaper language".
- 6. Never call a paper to complain that your article wasn't used. If articles are never used, it is permissible to contact the paper and ask what you are doing wrong. Don't get discouraged. Remember, you are asking for free space.

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OF GENERAL INTEREST

DELEGATE ASSEMBLY MEETING

The D.A. met Friday, October 29, 1976 in Charleston, S.C. with 25 of the 30 delegates in attendance. The agenda was very full and much business was transacted. The following are action items from the meeting in order of their transaction. Full minutes may be obtained by writing the central office.

- 1. Edith Dewey was elected a member of the D.A. to fill the vacancy in Region III created by <u>James Croake</u>'s permanent move to Oregon. She lives in Florida on board "Sanderling II". To insure her receiving the mail throughout the year, please use the following address: Mrs. Edith Dewey, R.R.1, Box 10, Penfield, Illinois 61862.
- 2. The <u>Financial Statement</u> for 1976 was approved. The projected income and expenses for the remainder of the year brought the totals to: Bal. 1-1-76 \$ 3,848.34

Income 37,768.90 \$41,617.24 Disbursements 32,165.69 \$ 9,451.55

- 3. Individual Psychologist -- D.A. authorized increasing subscription rate to \$5.00 for non-members and selling advertising at rate of \$100 a page and \$60 a half page.
- 4. <u>Journals</u>--The possibility of a quarterly journal, combining JIP and IP, was referred to committee for further study.
- 5. <u>Dues</u>--The D.A. set a January 31, 1977 deadline for payment of 1977 dues. Under the pressures of rising postage and duplicating costs, the D.A. agreed that the monthly NL will not be sent to those who allow their memberships to lapse on Jan. 31.
- 6. Alfred Adler as We Remember Him-Bob Powers is unable to continue as editor of this publication, which contains material gathered by <u>Danica Deutsch</u>, <u>Betty Jane Overholt</u>, and <u>Genevieve Painter</u>. <u>Guy and Jane Manaster have agreed to become editors of this volume and the D.A. authorized them to proceed, with the expectation that the final manuscript might be submitted at the semi-annual meeting in 1977.</u>

Of General Interest, D.A. meeting cont'd

- 7. Convention--The D.A. authorized the Executive Committee to give front money to the hosts of the annual convention as needed and if money is available in the ASAP treasury.
- The D.A. asked that the Convention Site Committee bring up to date the guidelines for conventions and workshops and have it available. Edna Nash and Edith Dewey agreed to serve with chairman Gerald Mozdzierz.
- The D.A. recommended that Chicago reconsider holding a pre-convention workshop the day before the convention is officially opened in 1977.
- 8. The D.A. indicated support of the Growth Committee's plans and authorized the Executive Committee to approve necessary expenditures.
- 9. Advocacy Committee--D.A. authorized the appointment of an Advocacy Committee, which would help the Society to be sensitive to situations where ASAP might advocate Adlerian solutions to social problems.
- 10. <u>Public Relations--D.A.</u> expressed appreciation and support for the P.R. proposal presented by <u>Carol Arnold</u>. This is one of the services ASAP can provide for local societies.
- 11. Election Procedures -- D.A. approved a new procedure for election of officers: the officers will be nominated at the conclusion of the first meeting on Friday, May 27, 1977. Time will be allowed on Saturday for the nominees to present a statement and for delegates to ask questions prior to the voting on the slate of officers.

The Election Committee will be studying election procedures for delegates and officers prior to the annual convention. Regional representatives were appointed to the committee, which is chaired by <u>Bill McKelvie</u>.

- 12. Research Committee--The D.A. expressed support for the establishment of criteria for recognition of research. Tom Edgar will be working on the criteria and suggestions for the type of award to be presented.
- 13. Publications Committee--Don Dinkmeyer was asked to chair the Publications Committee, which will deal with all publication activities of the Society. Bob Bartholow and the two editors, Guy Manaster and B. Udelle Friedland, will serve on committee.
- 14. <u>FEA Materials--Tom Edgar</u> has gathered together a packet of FEA materials for use of his students in Idaho. <u>Maurice Bullard</u> and <u>Helen Stamgaugh</u> agreed to help Edgar in preparing this material for possible publication.
- 15. It was proposed that a special working congress of the D.A. be held prior to March 31, 1977. The D.A. has now reached its full size of 30 members and it was felt that time is needed to discuss goals, responsibilities, organizational structure and the like--creative and evaluating thinking separate from housekeeping details and apart from the pressures of an educational program. The Executive Committee was authorized to proceed with arrangements for the meeting.

PLEASE NOTE: Deadlines for news and other items for monthly NEWSLETTER:

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January issue - December 3, 1976 February issue - January 7, 1977 March issue - February 4, 1977

Of General Interest cont'd

"THE WALTON BLITZ" or HERE'S YOUR CHANCE TO GET IN ON THE BIGGEST PLAY OF THE '77 SEASON!

During the ASAP Delegate Assembly meeting in May at Vancouver, B.C., Frank Walton was asked to report his plans for the Growth Committee membership efforts of 1977. Frank enthusiastically described his ideas for a '77 membership "blitz", in which current members would be solicited to join in a tough, cooperative team effort. The game plan would be to locate one or more colleagues, professional or lay, who would benefit from joining our Society and sign them up.

This would result in doubling ASAP membership in one fell swoop! Like any other team effort, the sacrifice in time and effort of one member would be small, but the combined effort of all these contributions would result in doubling our resources--human and financial!

Since Frank's career has included college football and faculty rugby play, you can imagine that his locker room pep talk was most inspiring--so much so that when he was later elected to other duties and needed someone to Chair the Growth Committee, we eagerly reached for the ball. (How often do you get a chance to quarterback a team with a sure-fire game plan?)

We're using the same play, "The Walton Blitz", and the same seasoned team, YOU. Your equipment is already in the mail with more to come. Your assignment is to recruit one new member--no more (unless you want to), But No Less, if our goal is to be reached for '77.

Thank you for your cooperation-Barney and Gloria Lane
Growth Committee

CORRECTIONS

Calendar of Events

In the October NL, the presenter for the October 16 program on Life Style Diagnosis at the AAI of Fort Wayne should have been Dorothy Peven.

Individual Psychologist

From Manford Sonstegard --

"Your news item on page 5 of the June-July, 1976 ASAP Newsletter is not quite correct. West Virginia University subsidized almost the complete cost of The Individual Psychologist from November 1968 through 1973. From 1974 through 1975, the West Virginia College of Graduate Studies published, without cost to ASAP, The Individual Psychologist."

Ed. Note -- Thank you for the clarification. The Society is most appreciative of this type of support and interest.

Convention Program Dates

The dates on the Program Proposal form sent to the membership in October were incorrect. The dates for the convention program itself are Saturday and Sunday, May 28 and 29, 1977. (Sorry!)

MEMBERSHIP DIRECTORY

A new Membership Directory was sent to the membership in October. The Directory includes those members from 1975 who have not yet renewed their 1976 dues, as well as those who have renewed and the new applications for 1976.

There are a number of corrections and additions that will appear in the January NL and in subsequent issues further changes will be reported.

If you did not receive your Directory, please contact the central office.

Of General Interest cont'd

25th ANNIVERSARY CONVENTION

PROGRAM

From Program Chairman Duane Thompson:

To date I have received six convention program proposals. At this rate we are going to have plenty of time to get reacquainted as there will be little else to do! So, come now--"Think Convention" and fill out the program proposal form included in this Newsletter.

POST-CONVENTION WORKSHOPS

Leo Gold and the Workshop Committee are interested in hearing from the membership who plan to attend the 1977 convention the kind of workshops you would like to have for Monday and Tuesday, May 30 & 31.

Send your ideas to:

Leo Gold, Ph.D., Chairman
ASAP Workshop Committee
29 Carter Road
West Orange, N.J. 07052

A GERONTOLOGY CONVENTION PROGRAM

Carol LeFevre has accepted an invitation to chair a convention program that concerns itself with gerontology and she is looking for participants to help her put together and present such a program. If you are interested, please contact her by writing to:

Dr. Carol LeFevre 1376 E. 58th St. Chicago, Illinois 60637

PRE-CONVENTION LECTURE

sponsored by The Alfred Adler Institute of Chicago and the Rudolf Dreikurs Unit of the Family Education Association.

ADLER AND THE EVOLUTION OF HUMANITY ("Adler's influence upon my thinking") by

ASHLEY MONTAGU

Friday, May 27, 1977, McCormick Inn, Chicago, Illinois.

ASAP RESEARCH COMMITTEE

The Research Committee met at the conclusion of the 1976 convention in Vancouver. The members of the Committee during the present year and their areas of responsibility are: Richard Kopp, Chairman; Thomas Edgar, National Research Search; Donald Kelly, Jr., Research Information Bank, and James McDonough, Jr., Research Proposal Review Panel. Members serve from June, 1976 to June, 1977.

NEWSNOTES

REGION I -- FAR WEST

THE RELAY and REGION I

A new epistle has been born in Region I as a result of an organizational meeting in Vancouver, where an action program was designed and approved for Region I. This new publication is a "horizontal communication" meant to "relay" useful and desired information to all area groups for selected republication in local newsletters. It is an answer to the challenge of distance in relation to "togetherness". It will be published in early September, November, January, March and May. The editors are Maurice and Eva Bullard. A monthly newsletter, The Reporter, will also be published, which will be devoted to news only and contain announcements of workshops, speakers, etc. The editor for this publication is Marti Malterre.

Newsnotes, Region I cont'd

BRITISH COLUMBIA

Vancouver--Harold Mosak will be teaching Psychodynamics of Psychopathology II (Part 1) on January 22 and 23, 1977. For further details, contact BCAAP, P.O. Box 33823, Stn. "D", Vancouver V6J 4L6.

CALIFORNIA

Elk Grove-The Elk Grove Unified School District will present a workshop aimed at helping participants explore the many different ways the principles of Individual Psychology can be utilized in a school setting, its application to varying populations, and its range of accessibility to all kids, parents, teachers, administrators and support personnel. It will be held from noon, Sunday, December 5, through noon, Wednesday, December 8, at the Holiday Inn, Sacramento-South and various schools in the Elk Grove Unified School District. For registration and information contact: Elk Grove Unified School District, % Instructional Services, 8820 Elk Grove Blvd., Elk Grove, California 95624.

There will be a full day workshop on Saturday, December 4 (Pre-workshop Workshop), with Oscar Christensen as the presenter. This is co-sponsored by the Sacramento Area Adlerian Psychology Association and the Elk Grove Unified School District. Information on this workshop may be obtained at the same address listed above.

Los Angeles.—The California School of Professional Psychology, Los Angeles, has expanded its Adlerian offerings which now include Adlerian Personality Theory, Adlerian Theory of Behavior Practice, and a two-course sequence in Adlerian Psychological Intervention Techniques. Dissertations on topics in Individual Psychology are encouraged under the supervision of Richard Kopp. Dr. Kopp is Coordinator of Theoretical Instruction and Curriculum at the L.A. campus. An Adlerian-oriented clinical internship is also available at Mid-Valley Community Mental Health Council, Inc., Duarte, CA. Aspects of the training program and experience include Democratic Community Consultation, Democratic Administration, Adlerian clinical supervision and case conferences under Dr. Kopp, training workshops in Adlerian techniques, and a large Family Education and Teacher Education program serving six cities.

For more information, write to Richard Royal Kopp, Ph.D., California School of Professional Psychology, 3755 Beverly Blvd., Los Angeles, CA, 90004, phone (213) 665-4201.

Santa Rosa--In celebration of National Family Week, the Redwood Empire Adlerian Society is holding its fall open meeting at the Family Education Center. This will provide an opportunity to see their new FEC and to share in a family interview demonstration. The meeting is at 7:30 p.m., November 23, 1976.

SAAPS--The Sacramento Area Adlerian Psychology Society has come out with a most attractive and informative brochure about their group.

HAWAII

Honolulu--The class taught by Genevieve Painter and Chuck Schuetz, with the text DISCIPLINE WITHOUT TEARS, on radio, receives college credit. It is being sponsored by Hawaii Pacific College on Tuesdays, 6:30 to 8:00 p.m., fourteen weeks. Teachers, counselors, adolescents, and parents who learned the techniques in previous radio courses are now sharing in broadcast discussions and answering phone calls. In addition to over 600 students enrolled, community people also tune in and ask questions on the phone. The broadcast reaches the outer islands.

Newsnotes, Region I cont'd

UTAH

<u>Provo</u>--Provo School District and the Child Development and Family Relationships Department at Brigham Young University have established a Parent/Teacher Education Center at the Joaquin Elementary School in Provo, Utah.

The objective of the Center is to train students in Adlerian Theory and practice, and provide a service to patrons of the Provo schools. The Provo School District provides the physical facilities and Brigham Young University provides the personnel to manage the program. Two university Adlerian oriented courses are conducted through the Center. The first is an introductory course, Modifying Family Behavior: Principles and Practices. The second is Adlerian and Neo Adlerian Theories for Marriage and Family Counseling.

The first meeting resulted in 18 families volunteering to be counseled in front of the other members of the group. The program consists of a lecture on Adlerian theory, a large open forum family counseling session, three "mini" open forum family counseling sessions and a parent study group. Students from the class who are registered in the Marriage and Family Counseling training program in the CDFR department conduct the "mini" counseling sessions.

Professional personnel include: G. Hugh Allred, Thomas Graff, Terrence D. Olson, Seymour Steed, Kay Jacobson, and Sam Roberts.

WASHINGTON

Wenatchee--Charlotte Thompson finished her Ph.D. thesis, celebrated with a party for colleagues and friends in the Chicago area, and returned home to Wenatchee after her prolonged absence while working on her degree. She received her degree from Union Graduate School in Yellow Springs, Ohio. Her thesis was on Combining Fundamentals of Adlerian Psychology, Basic Graphology, Motivating Behavior in a Constructive Learning Environment.

WYOMING

Torrington-Oscar Christensen will present a workshop on November 19 and 20 for the staff of Saint Joseph's Children's Home in Torrington. This is a treatment center for children and much of the Adlerian approach is used by the staff in their work. James M. Gamble is Director of the home and his address is P.O. Box 1117, Torrington 82240.

REGION II--MIDWEST

ILLINOIS

Chicago--AAI of Chicago--A donation of \$5,000 is being made to the Institute by Harold and Birdie Mosak for a new student lounge named in memory of Frances Mosak Goodman. The Institute expresses its profound gratitude to the Mosaks for this very generous donation.

The schedule of classes and workshops for the Winter Quarter may be found in the <u>AAI Newsletter</u>, mailed on November 19. Some of the full-day courses and workshops which will be of special interest to out-of-town students are:

Newsnotes, Region II, Chicago cont'd

- 304 Descriptive Psychopathology (Abnormal Psychology) Dorothy Peven and Howard Pollack - Nov. 19-21, 1976
- 351 Behavior Problems in the Classroom (3rd session) Bronia Grunwald - Jan. 8, 1977
- 302 Psychodynamics of Psychopathology II (The Neuroses) Harold H. Mosak and Dorothy Peven Jan. 12, 26, Feb. 9, 1977
- 102 Introduction to Individual Psychology Robert L. Powers Feb. 15, March 1, March 15, 1977
- 321 Theory and Practice of Psychotherapy and Counseling I Harold
 H. Mosak and Dorothy Peven Feb. 23, March 2, 16, 1977
- 441 Seminar in Counseling: Encouragement Techniques Walter O'Gonnell March 25-27, 1977

Two new positions (both part-time) have been approved by the Institute's Board of Directors: Director of the Rudolf Dreikurs Psychological Services Center and Dean of Faculty. Interested Adlerians may contact the Institute for a position description.

The 1976 State of the Institute Report is available and is being sent to members of the Board, faculty, students and other Adlerian institutes. If you wish to have a copy, please send a self-addressed stamped envelope to AAI, 110 S. Dearborn, Suite 1400, Chicago 60603.

Champaign-Urbana--Joyce Lohman was recently appointed director of the FEA of Champaign-Urbana. She has been in touch with several social service agencies, discussing purchase-of-service arrangements and will continue to do more of this as well as working with the funding committee to look into various sources of funding. She will continue to counsel and be available for workshops and various other training situations.

INDIANA

Fort Wayne-The AAI of Fort Wayne will offer Course 301 - Psychodynamics of Psychopathology beginning Saturday, December 4 at 9:00 a.m., for all-day workshop.

Ronald Pancner will instruct this course. Session II will be January 8 with Bernard Shulman and Session III on January 29 with Harold Mosak. These workshops will be held at the Hilton Inn, Baer Field, Fort Wayne. Anyone interested may call 219/422-9622, or write AAI of Fort Wayne, 1812 Fort Wayne National Bank Building, Fort Wayne 46802.

The FEA in Fort Wayne described its purpose and activities in a recent news-letter. Here is an interesting excerpt showing another interpretation of the initials-"You don't have to have a problem in your family to join FEA. We hope you will find, as we did . . . Fun and fellowship, friendly discussion about parent's ideas . . . Enrichment of family life . . . Acquiring good information . . "

Terre Haute--The FEA of West Central Indiana reports that they have happily moved to new quarters. They now have a room available for coordinators and study group leaders and FEA members during regular working hours and will soon have a small library for reference use by all FEA members. Their new address: Community Education Center, 2931 Ohio Boulevard, Terre Haute, Indiana 47803.

Newsnotes, Region II cont'd

KANSAS

Pittsburg--Notice was received from the Chairman of the Department of Psychology and Counselor Education, Kansas State College of Pittsburg, of the appointment of John Nield to that department. Dr. Nield is a graduate of the Adlerian program at Idaho State University and an ASAP member. He will be involved in teaching Adlerian courses on the campus at Pittsburg. Mr. Robert Sheverbush, the Chairman of the Department, said "We feel this appointment will broaden our program in Psychology and Counselor Education."

MINNESOTA

Minneapolis--The AAI of Minnesota will be offering Group Dynamics in the Classroom on the weekend of December 3-5 and Wednesday evening, December 15. Two semester credits may be received through LaVerne College. Tuition is \$60 or \$90 for graduate credit. For further information, contact AAI of Minnesota, Suite 128, 5009 Excelsior Blvd., Minneapolis 55416, 612/926-6511.

MISSOURI

Maryland Heights--A news release from the Midwest Society of Individual Psychology indicates that the unveiling of MSIP's first center was marked with cooperation, including that of the weather on Sunday, 19 September, 1976. The freshly painted, draped and carpeted center is on the second floor of the centrally located Countryside Pre-School and Kindergarten at 12452 Olive Street Road. Twenty-five members plus children enjoyed conversation, punch, cookies and coffee outside on the tree shaded lawn.

Of special note to visitors was the library of approximately 75 Adlerian books and 50 tapes catalogued by MSIP's hardworking librarian, Arlene Strandquist. The Center's Director is Marie Scheetz. The Center will be used as office facilities, library, book store, and daytime study groups as well as the site for MSIP offered major courses. The mailing address remains P.O. Box 1205.

REGION III -- SOUTH

FLORIDA

Orlando--FLASH! Buzz O'Connell has been selected to represent Adlerian psychology and give a paper entitled, "Adlerian Psychology in the 21st Century", at the Mid-Winter Meeting of the Division of Psychotherapy of the American Psychological Association. Other schools to be represented on the panel are Freudian and Jungian. The meeting is scheduled for March 2, 1977 at Orlando.

Don Dinkmeyer and Don Dinkmeyer, Jr. will present a program on Effective Parenting at the Florida Personnel and Guidance Association Conference at Orlando on November 19. They will also present a workshop on STEP on November 20 at the same meeting.

GEORGIA

Gwinnette County--Frank Walton will conduct a two-day workshop on family counseling and classroom management for Gwinnette County Georgia counselors and teachers, November 23 and 24. The local contact person is JoAnn Hannaford, Director of Special Services.

Newsnotes, Region III cont'd

NORTH CAROLINA

Greenville--Larry Nason will conduct a parent discussion group at the East Carolina University Nursery School on Tuesday mornings from December 7 through February 22.

<u>Kinston-Mel Markowski</u> will lead a ten week training program in parent/family counseling for day care directors and teachers. The training is sponsored by the Eastern North Carolina Day Care Training and Consultation project. The program will begin on Tuesday, December 1 and run through February.

(Ed. Note--This is the first news item received from North Carolina area. Glad to hear from another section.)

TEXAS

Houston--FLASH! Buzz O'Connell, as Chairman for 1977 American Academy of Psychotherapists Workshop, selected the title, "The Laughing and Dying Therapist". Meetings will be held at Rice University, Houston the second week of June, 1977.

Helping Hands Hospital is again in the news. They have announced the formation of the first Houston chapter of Make Today Count, a charity organization for those who need to learn to cope with death and those people closest to them. Several programs will be available to the public through Make Today Count, including a 24-hour volunteer help line for those with incurable illnesses, monthly meetings with interesting speakers, free seminars and workshops, hospital visitation and other activities. Coordinated by Helping Hands Hospital, all Make Today Count programs are offered free of charge to the community. ASAP members, Pamela Kellen and Andrew Ruth, are directors of the mental health clinic, Helping Hands Hospital.

WASHINGTON, D.C.

Frank Walton will conduct a one-day workshop on family counseling and classroom management for school counselors in the District of Columbia November 22. The local contact person is Mr. Hill, the Director of Pupil Personnel Services.

REGION IV--MIDDLE ATLANTIC

DELAWARE

Wilmington--The Family Education Center of Delaware has two new programs going.

One is a program that is now available for colleges and social agencies. Holly Grafton,

Diane Porter and Kathie Thomas presented a program to the psychology classes at

Delaware Technical and Community College on the Adlerian point of view and the need

for family education. It was well received and the program is available for other

colleges or social agencies, upon request.

A Youth Center has now been opened by the Family Education Center. It will be operated by young people between the ages of ten and nineteen. It has been named for Gary A. Grossi, who was a 17 year old member of the FEC of Delaware at the time of his death. Their brochure states, "As members of FEC, he and his family, through understanding of themselves and others, learned to relate to one another in more useful positive ways. Therefore, we feel it befitting to use the funds contributed in his memory to fulfill a dream of FEC parents: to offer to our young people the opportunity to learn new ways of getting along with others in this world.--Yvonne Grossi."

Newsnotes, Region IV cont'd

OHIO

Cleveland--The Alfred Adler Center of Cleveland will hold a workshop on Children: the Challenge and Psychology in the Classroom on December 4-5. It will be led by William Pew. For further information, contact Don C. Higgie, Director, 14625 Detroit Ave. #203, Lakewood, Ohio 44107.

<u>Dayton</u>--The Alfred Adler Institute of Dayton and the University of Dayton are sponsoring a one-day, one-credit course, "Family Dynamics", on Saturday, December 4. It will be led by <u>Bina Rosenberg</u> and will begin at 8:30 a.m.. For further information, contact AAID, 122 E. Apple Street, Dayton, Ohio 45409.

WEST VIRGINIA

South Charleston--Word has been received that Manford Sonstegard received a Certificate of Commendation from the National Council on Family Relations on October 21, at their annual meeting in New York City. The Committee responsible for his selection stated that they "were very impressed with the service that you have rendered to families. We fully support your efforts to widen the community base for the solving of marital and family problems." Congratulations:

REGION V--NORTHEAST

NEW YORK

New York City--Correspondent Lucia Radl sent in several items regarding members in her area. One item was congratulations to Alexandra Adler on her birthday in October. On this occasion she received congratulatory letters and flowers from Leopold Gral, Mayor of the city of Vienna and from Gertrude Frohlich Sandner, Deputy Mayor of Vienna, Austria, Dr. Adler's native country.

Helene Papanek talked on Adlerian Marriage Counseling on November 5 at Seton Hall University, under the auspices of the New Jersey Society of Adlerian Psychology. The evening honored Dr. Papanek, who is celebrating her 75th birthday this year.

Lucia Radl has resumed her weekly supervisory seminars for the staff members of the Alfred Adler Mental Hygiene Clinic.

Anna Sten participated at the 25th International Congress of History of Medicine in Canada by presenting a paper on "Developing Social Interest in Little Children".

A Workshop on Multiple Family Therapy will be held at the Alfred Adler Mental Hygiene Clinic on Sunday, November 21, 1976, beginning with registration at 9:00 a.m. H. Peter Laqueur, M.D., from the University of Vermont, will lead the workshop. The admission fee is \$20.

ONTARIO

Willowdale-Bernice Grunwald will speak on the Process of Encouragement at the membership meeting of AAI of Ontario on Friday, December 3. This will be followed by a workshop on Family Counselling on December 4 and 5. For information, write: AAI of Ontario, 4 Finch Avenue West, Suite 10, Willowdale, Ontario M2N 2G5.

In their November Newsletter, AAI of Ontario reported that eight groups in the province have decided to affiliate with them. That is indeed encouraging news.

Newsnotes, cont'd

INTERNATIONAL NEWS

ICASSI

Two members have sent in reactions to ICASSI '76 in Vienna. The first is from Leo Gold--

Dear Friends:

This year's ICASSI in Vienna was a very special one. It brought us all to the cradle of Adlerian Psychology. The students not only studied the ideas developed by Adler and Dreikurs, but visited the places where they lived, walked, studied and developed the methods we use today. It was stimulating to be there, and yet it was not a visit to the past. Rather, our experience was of a system of psychological thought that was vital, young, lusty and growing.

This year could be described as a great teaching ICASSI. The faculty seemed to give endlessly of themselves, bringing many new and productive ideas into the classroom and demonstrations. Interest was high and everyone was deeply immersed in the work. It began with high enthusiasm and this was sustained throughout.

Next year ICASSI will return to Holland. The Leeuenhorst setting makes an excellent locale for democratic living and learning together. It will make possible a broad range of experiences that was not possible in the Viennese area since the facilities are much better for a summer institute. It will also be excellent in that costs will be significantly less than was possible in Vienna. I am certain that next year will produce a very fine and special ICASSI; I would urge you all to begin making plans now for next summer. Get in touch with Hal McAbee or Edna Nash so that we have your reservations early. Come, share with us what promises to be a great learning experience as well as the "gemeinschaftsgefühl" that so characterizes Adlerian thought.

With warmest regards, Leo Gold

VIENNA REMINISCENCE Richard Kopp

It was a Love Feast Most of all for you It was a feeling stealing up inside then bursting into view

We drank our cup of tee Artistically of course Our courses taught us much of that and more

And as we take our leave

Bereaving at the cleaving of our bodies
and our minds

Touching every corner of the world we find

We're still bound up together Only one together All together one of a kind

And the fears and tears subside Hiding in his loving hand And we seem to know That our love will grow And spread to everyone in every land

Where we'll all be found together Only one together Altogether one of a kind --September 1976

Newsnotes, International cont'd

AUSTRIA

From "Die Presse" (the most prestigious newspaper in Austria) Sunday, August 15, 1976.

"Alfred Adler Lectures" at the University

An Alfred Adler memorial lecture, initiated by Chancellor Kreisky and taken up by the Austrian Society for Individual Psychology, will be held every two years at the Vienna University. With those "Adler Lectures", for which speakers will receive memorial plaques from the Ministry for Science and Research, the organizers want to strengthen the interest in the founder of Individual Psychology.

Erwin Ringel, the President of the Austrian Society for Individual Psychology, points out that the teachings of Alfred Adler have been widely acclaimed, but like folk songs, the melody is well remembered, and the source unknown.

The first of the "Adler Lectures" will be given by Manes Sperber (the prize-winning author) who studied with Adler, was his co-worker, and dedicated his first scientific work (1926) to Alfred Adler - the man and his teaching. If possible, this lecture will be given this year.

Translation: J. & L. Ehrlich Courtesy NJSAP News, October 1976

LONDON

The following was printed in NJSAP News, October 1976--

The Individual Psychology Medical Pamphlets, whose publication in England stopped in 1939 at the outbreak of the war, is being revived by the Adlerian Society of Great Britain. Paul Rom's first contribution to the new INDIVIDUAL PSYCHOLOGY PAMPHLETS (Number One), titled "Alfred Adler's Individual Psychology and its History", is an excellent addition to the literature on Alfred Adler. Available through:

The Adlerian Society of Great Britain, 11 Osborn House, 414 Wimbledon Park Rd. London SW19 6PW

ASAP MEMBERS PLEASE NOTE --

The first dues notice for 1977 has already been sent out. This was done to avoid the holiday mail rush and to give members an opportunity to renew membership prior to the crunch of end-of-the-year bills.

As indicated on the dues notice, the Delegate Assembly has set a January 31, 1977 deadline for payment of 1977 dues. Under the pressures of rising postage and duplicating costs, the D.A. agreed that the monthly NEWSLETTER will not be sent to those who allow their memberships to lapse on January 31. Previously, a year's grace period was allowed.

The year's grace period is now up for 1976 dues. This is the last issue of the NEWSLETTER that will be sent to those who have not sent in their 1976 dues. There is still time to renew 1976 membership--just send your check for \$35 to the central office. If you do not desire to renew, we would appreciate hearing from you also.

Neva L. Hefner, Executive Secretary

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