

# AMERICAN SOCIETY OF ADLERIAN PSYCHOLOGY \_\_\_\_\_ NEWSLETTER

Neva L. Hefner  
Editor

110 S. Dearborn, Suite 1400  
Chicago, Illinois 60603

FEBRUARY, 1977

## PRESIDENT'S MESSAGE

Dear friends:

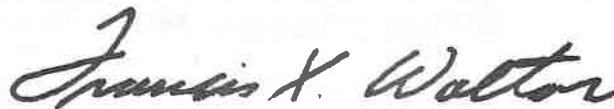
After extensive examination of airline schedules and fares, the special meeting of the Delegate Assembly has been set for March 18-20, 1977 in Chicago.

Members who wish to have a position paper presented to the D.A. may do so by sending the paper to Neva Hefner at least one week in advance of the meeting. Members who wish to speak to the D.A. at the special meeting may arrange an opportunity to do so by communicating with Neva. Delegates will receive notice of the extent to which their trip to Chicago will be subsidized by the Society immediately after the Executive Committee meeting on February 5.

The D.A. and the Workshop Committee have asked me to solicit ideas from the membership with regard to any perception of need for change in the operation of Post Convention Workshops. The Workshop Committee attempts to schedule workshops on topics that will be of interest to those in attendance at ASAP meetings and attempts to select presenters who are recognized for handling a particular topic well. Leo Gold would like to hear from those who have questions or suggestions concerning the workshops.

It strikes me that ASAP could use an advisory group who might help the Society and its affiliates become more aware of the opportunities to obtain federal funds to support specific projects. If you have some expertise in this area and would be willing to serve on such an advisory group, please let me know.

The special membership drive ended December 31. Thanks to the leadership of Barney and Gloria Lane, we have added over a hundred new members and new applications are still being received. Can you take time today to contact a potential new member for ASAP?



Francis X. Walton, President

PLEASE NOTE: If you have not paid your dues by January 31, 1977, this will be the last issue of the NEWSLETTER you will receive. Your subscription will be reinstated upon receipt of your 1977 dues.

MOVING DATE: The Alfred Adler Institute of Chicago and ASAP Central Office will be moving about February 15. Please note the new address--

159 N. Dearborn  
Chicago, Illinois 60601

CALENDAR OF EVENTS

(Details may be found in regional news section.)

- Feb. 1 Life Crises--Depression Workshop, Bob Bartholow, AAI of Minnesota
- Feb. 3 Family Council Workshop, Frank Walton, Greenville Mental Health Center, N.C.
- Feb. 4, 5 Marriage Counseling Workshop - Sue and Bill McKelvie, Charleston, W.Va.
- Feb. 5 Crisis Intervention and Short Term Counseling, Gene Brockopp, AAI of Dayton.
- Feb. 5, 6 Life Style Diagnosis, Bina Rosenberg, AAI of St. Louis
- Feb. 5, 6 Psychosis, Harold Mosak, AAI of Ontario
- Feb. 8 Life Crises-Death, Mike Steinberg, AAI of Minnesota
- Feb. 11 Creating Natural High, Walter O'Connell, AAI of Ontario
- Feb. 12 Clinical Assessment I, Harold Mosak, AAI of Toledo
- Feb. 12 The Male Dilemma, Thomas Wright, AAI of Minnesota
- Feb. 12, 13 Encouragement Lab Elective, Walter O'Connell, AAI of Ontario
- Feb. 12, 13 Psychodynamics of Psychopathology, Robin Gushurst, BCAAP, Vancouver
- Feb. 14, 21, 28 Behavior Problems in Classroom, Part II, Pearl Cassel, AAI of Ontario  
March 7, 14
- Feb. 15 Life Crises--Suicide, James McDonough, AAI of Minnesota
- Feb. 18, 19 STEP Workshop, Don Dinkmeyer, American Association of Marriage and Family Counselors, Atlanta
- Feb. 18, 19 Remedial Reading, Daronda Blevins, AAI of St. Louis
- Feb. 19 Democratic Classroom: How to Begin!, Pearl Cassel, BCAAP, Vancouver
- Feb. 19 Neurosis II, Harold Mosak, AAI of Fort Wayne
- Feb. 19, Mar. 5 Psychodynamics of Psychopathology, Harold Mosak, Ronald Pancner,  
and 26 Seymour Schneider, AAI of Fort Wayne
- Feb. 25, 26 Marriage and Family Counseling, Cameron Meredith, AAI of St. Louis
- March 4 "Challenge of Intimate Relationships in Changing Times", Bill and Mim Pew, AAI of Ontario
- March 5 Neurosis II, Seymour Schneider, AAI of Fort Wayne
- March 5, 6 Psychological Factors in the Understanding of Pain, Harold Mosak, N.J.
- March 5, 6 Neurosis II, Leo Gold, AA Center of Cleveland

Calendar of Events cont'd

- March 5, 6      A Life Style Approach and Career Counseling, Bill McKelvie and Udelle Friedland, Preconvention Workshop, APGA, Dallas, Texas
- March 5, 6      Marriage Counseling, Bill and Mim Pew, AAI of Ontario
- March 9          Goal Clarification for Vocational Choice, Udelle Friedland and Bill McKelvie, APGA Convention, Dallas, Texas
- March 9          Introduction to Individual Psychology, 7 consecutive Thursday evenings, Midwest Society of Individual Psychology, St. Louis
- March 15        Assessment I, Tom Allen, AAI of Toledo
- March 19        Golden Years Workshop, Michael Steinberg, Dwight Townes, AAI of Minn.
- March 19, 20    Interviewing Techniques, Howard Pollack, BCAAP, Vancouver
- March 19, 20    Life Style, Harold Mosak, AAI of St. Louis
- March 26        Assessment I, Dorothy Paven, AAI of Toledo
- March 26        Neurosis II, Bernard Shulman, AAI of Fort Wayne
- March 30        Workshop in Effective Group Leadership, John McGee, FEC of Delaware

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LETTERS

Bellingham, Washington  
January 3, 1977

I found the January issue of the newsletter most interesting--with lots of news. And I really liked the letters section.

First, to Shirley Gould--a resounding "right on". I presume some sort of executive committee is needed, but titles--no. I like the idea of the "troika" for ceremonial and formal tasks, but feel that the elected committee should be somewhat larger--maybe seven.

I feel that Ann Parks' fear of the word "Adlerian" may be extreme. Perhaps where cultism exists it could have an adverse effect, but we have found no evidence of the "turn-off" she sees except among people who are themselves devotees of some cult. Her encounter with the HEW coordinator sounds like the typical response one finds among small time pettyfogging bureaucrats. Although they are always with us, I doubt that it would be wise to tailor our behavior to meet their style.

Finally, Dale Steele's suggestion that the way to view the leaders of the Adlerian family is looking up at them seated uncomfortably on display at a "head table" does not appeal to me at all. What would happen if they were scattered about the hall, he asks. Well, what would happen? When they were ready to speak, either they would stand where they were and speak, as do those members of the group who are presently not placed at the head table, or they would make their way to a microphone and speak there. Meanwhile, they would enjoy their meal in the same manner as the rest of the Adlerians.

Letters, Bellingham cont'd

Since an ASAP Convention that does not have Kurt Adler, Oscar Christensen, et al, doing something, assuming they are there, would be unusual indeed, the new people would get ample opportunity to see them in the normal course of affairs. In short, I still have heard no convincing argument for a head table.

Steele's point about saying what we mean, at ASAP meetings, is well taken. Let's not indulge in rock throwing orgies--but let's not pretend that there's all sweetness and light either.

Thanks for providing such a congenial sounding board.

Kendall Stambaugh  
5009 Guide Meridian  
Bellingham, Washington 98225

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HEAD TABLES

Corvallis, 12-15-76

Two recent ASAP Newsletters gave prominence to letters complaining about the use of head tables at ASAP banquets. It was maintained the custom is unAdlerian and places some "over the heads of others". The intended plea for equality is in itself laudable but the supporting reasoning is faulty on three counts.

1. Placing every one on the floor does not bring equality; it brings inequality. Only a few can have unobstructed views of the speakers. Those in corners of the banquet room may not be able to hear the speaker who would have to speak without quality amplification. The speaker would not dare stand up because he/she would immediately "be over the heads of others".

2. "...and (the speakers) were permitted to speak from whatever place they selected." There is good reason for using a predetermined area for conducting the banquet proceedings. Quality microphones may be close to the speaker, permitting a concealed wiring public address system. Other microphones must be placed for tape recorders. Video taping, with its special requirements, is becoming commonplace and desirable. Space must be provided for speakers' papers, a gavel, speaker's stand, packages, etc. These special considerations are for the audience, some of whom are not even present but will be reached by use of recordings. Seeing evil in these arrangements, even if called a "head table", is a matter of perception rather than demonstrable fact.

3. Strangely, in evoking the name of Adler in condemning head tables, the most basic premise of Adler was forgotten--the concept of purpose. Instead, a mechanistic cause and effect seemed to be assumed. People on a platform 20 inches high, ipso facto, they become "more equal than others". Were the Adlerian type questions asked, "Were those at the head table conniving to gain personal status through elevated seating? Was this behavior on the part of an individual part of a larger pattern of vertical climbing at the expense of others?"

Of course a facade of equality could have been achieved in seating all on the floor. Barber type chairs could have been provided with the diners pumping each other up and down to secure equal height in relation to the speaker. But this would not really achieve equality because viewing required that all have the same eye level--but perhaps this could be resolved by consensus. The problem of some being closer to the speaker could be resolved with a roller-coaster computerized system of tracks in which all diners could weave by the speaker with equal opportunity for vision and hearing.

Letters, Head Table cont'd

One writer wondered what Adler would say if he dropped in. I suspect he would say, "Stop all of this nonsense; put all of the speakers on a raised platform where all may see. Use a good PA system so all may hear. What ever became of the common sense I used to talk about?"

Dr. Dreikurs, in one of his cryptic comments, said, "There is nothing so unequal as treating everybody alike." Perhaps it is time we ponder the meaning of equality and democracy.

Maurice L. Bullard  
1320 N.W. 13th Street  
Corvallis, OR 97330

"ONLY CHILD"

Wilmington, Delaware

ed. note--Some time ago, Gloria Lane sent a letter enclosing an article from a Wilmington paper entitled, "Population Institute Extols Virtues of the 'Only Child'". The editor was waiting for a time when the Newsletter would be smaller so that there would be room to print the article in its entirety. That time does not seem to be coming, so excerpts are included with Gloria's letter.--

"An only child usually is NOT the spoiled snotty brat of the Freddie Bartholomew mold, and only children often have the advantages of being articulate and ambitious in comparison with children from larger families. Recent psychological research has produced this new view of the only child, refuting professional as well as conventional wisdom, according to Judith Senderowitz of the Population Institute, an advocate of limited population growth....The new research on only children has shown that they share many of the virtues of first-born and last-born children, she said." This statement was expanded in the article and it concluded with this statement, "Miss Senderowitz said many factors are making the single-child family a more attractive alternative today, and that more couples might opt for this course if it were not for the stereotypes concerning the only child."

Gloria's letter--The only child is often stigmatized as self-centered (lacks social interest) and pampered in Adlerian literature. It is interesting that in our FEC we have a very large number of only children (or people who can be classified as "onlies" due to large age gaps between siblings. Parent education may attract the "only" because

1) They may tend to be more comfortable with seeking expert help since they are used to turning to authority figures as their only available source as children.

2) They do not get the modeling and experience of child care that children with siblings get. They may feel more inadequate as parents.

Our Wilmington FEC notes that a great many of our leaders are "only children" in the Adlerian family constellation definition.

Gloria Lane  
219 Cordon Road  
Wilmington, Delaware 19803

OF GENERAL INTEREST

IN MEMORIAM: Sofie Lazarsfeld (1881-1976)

Sofie Lazarsfeld, one of the earliest and best-known co-workers of Alfred Adler, died on September 25, 1976, in New York City. Despite her age, she worked actively as a psychotherapist until a few weeks before her death. She was a charter member of the American Society of Adlerian Psychology, and for many years a vice-president of the Individual Psychology Association of New York.

Sofie Lazarsfeld became an Adlerian after World War One, and soon became a valued helper and associate of Alfred Adler. She was actively involved in setting up the first child-guidance centers, and she helped Adler in organizing the first international summer schools for Individual Psychology near Vienna. As a roving ambassador, she traveled widely all over Europe, lecturing to many groups of professional and lay people on the merits of the Adlerian approach to education, guidance and counseling. She was the author of numerous articles and several books, most of them, unfortunately, not yet translated into English. Shortage of space permits us only to mention the most important titles: "Kleist im Lichte der Individualpsychologie," published in 1927; "Technik der Erziehung," 1928; and "Wie die Frau den Mann erlebt," published in 1931. The last named book, an early attempt at woman's consciousness-raising, has been translated into seven languages. (See pp. 149-150 in Mosak's BIBLIOGRAPHY, 52 publications from 1926 through 1961, in German, English, French, Dutch, Norwegian and Swedish.)

Forced to flee Austria when the Nazis came to power, Sofie Lazarsfeld first settled in Paris and came to the United States in 1940. After mastering the new language, she resumed her career as a therapist while continuing writing and lecturing at the Alfred Adler Institute of New York. She also helped actively in the training of a new generation of Adlerians, providing didactic analysis for many students at the Institute. Working with her was a rewarding experience. One was invariably impressed not only by her intelligence and breadth of knowledge, but also by her modesty, compassion and sense of humor. She was always ready to encourage a beginner, providing wise counsel from the font of her many decades of practical experience.

Sofie Lazarsfeld was an Adlerian in the best sense of the word. Working with her, one sensed that Gemeinschaftsgefühl was not an empty slogan but a living reality for her. With her death, we have lost a pioneer in the establishment and consolidation of Individual Psychology. But for those who have known her in person, and the many others who know her through her writings, the memory of her achievements will live on. In the annals of Individual Psychology, she ranks with the giants of our movement.

--Leo Rattner, Ph.D.

JOSEPH WILDER, M. D.  
1895-1976

Dr. Joseph Wilder died last October in retirement in Connecticut. He was an outstanding neurologist and psychiatrist who had acquired an outstanding reputation as clinician and researcher in Vienna, which he widened in New York City after 1939. Though not an Adlerian himself, he indeed deserves the gratitude of all students and practitioners of Individual Psychology--even those who did not have the chance to know him personally. It was he who wrote, in 1959, a most valuable Introduction to ESSAYS IN INDIVIDUAL PSYCHOLOGY, the first major publication, edited in the U.S.A. by Kurt A. Adler and Danica Deutsch. He also wrote the very remarkable study, "Alfred Adler in Historical Perspective," American Journal of Psychotherapy, New York, 1970, pp. 450-460, as a tribute to Adler's centennial. It was a contribution that, in this writer's view, deserves the attention of all students of Adler.

--Joseph Meiers, M.D.

Of General Interest cont'd

APGA WORKSHOP

Udelle Friedland and Bill McKelvie will be presenting a workshop on Adlerian techniques as an American Personnel and Guidance Association sponsored workshop prior to the national convention in Dallas, Texas on March 5-6, 1976. The workshop title is "A Life Style Approach to Career Counseling." There is a fee of \$50.00 for APGA members, or \$75.00 for non-members. Registration must be sent in at least 14 days prior to the workshop to: Workshop Co-Ordinator  
1607 N. Hampshire Avenue, N.W.  
Washington, D.C. 20007  
Attn: Mrs. M.M. Keys

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INTERNATIONAL JOURNAL OF FAMILY COUNSELING

Word has been received from the newly appointed editor of the International Journal of Family Counseling (formerly Journal of Family Counseling), S. Richard Sauber, of the appointment of Don Dinkmeyer and Jim Croake to the Editorial Board. Dr. Sauber indicates that because of his Adlerian orientation and thinking he is making a real commitment to promoting individual psychology focus and would like to encourage more individuals to submit manuscripts to the journal. The next issue will include an article by Carlson, Portes and Fullmer on "Developing Family Competencies: An Adlerian Model". Manuscripts may be submitted to him at 1030 President Ave., Fall River, Mass. 02720.

Subscriptions to the journal, which is the official professional journal of the National Alliance for Family Life, Inc., are \$8.00 for one year as an individual and \$14.00 for an institution. Subscriptions should be sent to the journal at Transaction, Inc., Publisher, Rutgers University, New Brunswick, N.J. 08903.

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PUBLICATIONS

THE COURAGE TO BE IMPERFECT--The Life and Work of Rudolf Dreikurs, Janet Turner and W. L. Pew. Hawthorn Books. 356 pages. \$12.50.

With the appearance of this biography, Rudolf Dreikurs, who has probably influenced the lives of more people in a profound and lasting way than any other psychiatrist in recent years, will no longer be a stepchild of the professional psychology and education establishment. This nontechnical, highly readable account of the social and historical factors encompassed by the life of Rudolf Dreikurs traces the impact of Adlerian psychology in America for the last five decades. Turner and Pew allow us to know the man, the husband, the father, the psychiatrist, the educator and the humanist. Available in the spring of 1977.

SPECIAL PARENTING AIDS, A Manual, Ken Marlin and Jean Lebedun. Published by Practical Parenting Publications. 24 pages. \$3.50. Paperback.

Ken Marlin reports that since this manual includes ideas stolen from a number of Adlerians including Dr. Dreikurs, Don Dinkmeyer and Ray Corsini, many of his fellow Adlerians might appreciate hearing about it. This is a manual of practical guidelines to help parents understand and cope more successfully with twelve child behavior problems most frequently brought to the attention of professional family counselors. Available through Practical Parenting Publications, Box 18, Columbia, Missouri 65201.

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Of General Interest cont'd

DONATIONS

The following have sent in contributions over and above their 1977 dues:

\$100 and over

Dreikurs, Sadie \*  
Roth, Sydney

Under \$100

Arnold, Carol  
Carson, Wm  
Lomax, Helen  
McBrien, Robert  
Mersy, Patricia

Mozdzierz, Gerald  
Newby, Lorraine  
Poggemoeller, Norman  
Udchic, Hazel  
Walton, Francis

\* Mrs. Dreikurs, a Life Member, indicated that her gift was in anticipation of the 25th anniversary of the founding of the Society.

The Society is indeed grateful to each of these individuals for this expression of support of the work of ASAP in this period of continued growth.

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CHARTER MEMBERS

We have been unable to find a list of the charter members of ASAP in the central office. If any one has such a list tucked away in their files, please contact Neva Hefner at 110 S. Dearborn, Suite 1400, Chicago 60603. (Remember, if writing after February 15, please send to 159 N. Dearborn, Chicago 60601.) Thank you.--ed.

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**25th ANNUAL CONVENTION AND WORKSHOPS**

May 27 thru 31, 1977

McCormick Inn  
Chicago, Illinois

**ASHLEY MONTAGU -- Speaker Friday Evening  
May 27, 1977**

**Program Topics Include:**

Industrial psychology, corrections, techniques for in-patient care, research, classroom management, child guidance techniques, encouragement techniques, gerontology, changing role of women, tactics in psychotherapy/counseling, death and dying, addictive abuses, films of Rudolf Dreikurs.

Registration information available next month. In the meantime, mark those dates and plan to come to Chicago to celebrate the 25th anniversary convention.

Contact: Convention Bureau  
110 S. Dearborn, Suite 1400  
Chicago, Illinois 60603

After Feb. 15: 159 N. Dearborn  
Chicago, Illinois  
60601

PROGRAM PROPOSALS--Deadline date extended

Program Proposal form is enclosed with this Newsletter--if you wish to present a program at the 25th anniversary convention, please fill out and return the form upon receipt of this Newsletter. Due to the small number of proposals submitted, the deadline has been extended to February 28, 1977.



NEWSNOTES

REGION I--FAR WEST

CALIFORNIA

Berkeley--The Western Institute for Research and Training in Humanics will again offer for German-speaking Adlerians the following Seminars in 1977:

Medizin und Individualpsychologische Therapie. May 15-May 23 in Cologne, Germany.

Individualpsychologisches Argelès Sommerseminar (IPASS) VII, July 1-July 15, in Southern France.

Individualpsychologisches Argelès Sommerseminar (IPASS) VIII, August 2-August 15, in Southern France.

For further information, write to WIRTH, 226 Stanford Avenue, Berkeley, California 94708.

San Francisco--A one-day program on Adlerian psychology was held on November 6, 1976 at the College of Marin, Kentfield. It provided an introduction to the major concepts and applications of the Individual Psychology of Alfred Adler for counselors, teachers and students. Two of the participants were students of Alfred Adler--Sophia deVries and Anthony Bruck. Other leaders were Ted Grubbe, Edmund Kal, and Henry Stein.

Walnut Grove--A recent issue of the Jewish Observer contained an interesting article on Stefanie Necheles, a former faculty member of the Alfred Adler Institute of Chicago. She has had a long practice dealing in family counseling but lately, she finds she is working a great deal with the "generation in the middle"--children with aged parents struggling on the one hand to cope with the problems of the aging and on the other, with the demands of the younger members of their immediate family. The article goes on to indicate that she is uniquely qualified to counsel this middle-aged group not only because of her professional training, but because she knows firsthand about the aged--she admits to being a septuagenarian. She has a vigorous schedule--swims every morning at 8:00, does her yoga and, when she isn't lecturing or counseling, she is playing the piano or taking singing lessons.

HAWAII

Honolulu--Genevieve Painter and Charles Schuetz are offering another course on the radio through Hawaii Pacific College. The fourteen-week program that began on January 25 is entitled "Positive Techniques" and the texts are Maintaining Sanity in the Classroom and Teachers' Study Group Leaders' Manual. The format for the course includes discussion and telephone calls at specified times.

Painter and Schuetz first taught on the radio in the summer of 1975 on marriage counseling with 98 students enrolled for credit and many others calling in. In the fall of 1975, there were 390 students enrolled in the class on parenting. In the spring of 1976, 630 teachers from public and private schools enrolled in the course using Maintaining Sanity in the Classroom. Last fall they taught another course for teachers with another large enrollment and that time teachers, school counselors, adolescents, and parents who are now using their methods talked with them on the air and answered phone calls.

Newsnotes, Region I cont'd

IDAHO

Pocatello--Tom Edgar writes that Adlerians in Idaho are planning to organize an Idaho Society of Individual Psychology. They are busy collecting lists of prospective members and writing a proposal for a set of by-laws. They intend to hold an organizational meeting in mid-March at the Ponderosa Inn in Burley, Idaho. Through the activities associated with the organization of the Idaho Society they intend to encourage many people to join the American Society of Adlerian Psychology. In fact, they intend to double the membership in Idaho within three months!

REGION II--MIDWEST

ILLINOIS

Chicago--The AAI of Chicago is in the midst of its institutional self-study to be submitted to the North Central Association by May 1 with a request to be advanced from Candidate Status to full accreditation as soon as possible--hopefully March, 1978.

There is a lot of excitement (and even more hard work) regarding the Institute's move to new and larger quarters at 159 N. Dearborn before mid-February. Mr. McClory indicates that they are looking forward, at the time of the ASAP Convention, to welcoming out-of-town Adlerians to their new home.

The Institute conveys its very best wishes for a speedy recovery to Eleanor Redwin, hospitalized recently at Wesley Hospital in Chicago. She has been and is one of AAI's staunchest supporters, in addition to her dedication to the Family Education Association.

The Sol and Elaine Mosak Library was the recipient of a generous grant from the Gottlieb Foundation. Miriam Tabachnik, librarian, prepared the productive proposal. Ronald Forgas, Ph.D., Chairman of the Psychology Department of Lake Forest College, has been appointed to the Institute's faculty. Congratulations to Harry Elam, M.D., our most recent graduate (Certificate in Psychotherapy). He is Chairman of the Department of Ambulatory Pediatrics at Presbyterian-St. Luke's Hospital.

The schedule of Spring and Summer courses and workshops will appear in the next AAI Newsletter, available in February.

Tee Dreikurs is "up and functioning again", having taught Art Therapy Workshops in Sacramento, California and at the Alfred Adler Institute in Fort Wayne, Indiana in early January. She left for Europe January 22, with her first stop in Zurich, Switzerland for two days and then to the Individual Psychology Associations in Athens and Salonika, Greece January 24 to February 5. She will be in Israel for at least five weeks at the Alfred Adler Institute of Tel-Aviv.

Skokie--Three Adlerians are on the teaching faculty for the Winter-Spring Forum Series at the Mayer Kaplan Jewish Community Center, 5050 W. Church St., Skokie. The series is entitled "A Taste of Human Understanding" and Shirley Gould spoke on January 20, Dorothy Peven will present Alfred Adler--The Impact of His Work on February 17, and Rabbi Victor Weissberg will discuss Judaism and Psychotherapy; Do They Conflict?

Newsnotes, Region II cont'd

INDIANA

Fort Wayne--The AAI of Fort Wayne is offering Psychodynamics of Psychopathology 302 at the Hilton Inn on February 19, March 5, and March 26, from 9:00 a.m. to 4:00 p.m. The instructors are Harold Mosak, Ronald Pancner and Seymour Schneider. For information, contact AAI of Fort Wayne, 1812 Ft. Wayne National Bank Bldg., Fort Wayne, Indiana 46802.

Terre Haute--A new program offered by the Katherine Hamilton Mental Health Center is the School for Living, which is designed to provide a variety of learning experiences to the general public in the six-county area. Five workshops began in January. Joan Truitt and Allen Ferreira will lead a Human Potential Seminar March 11 and 12. For information about dates, times and fees, contact the Community Education Center, 2931 Ohio Boulevard, Terre Haute 47803, Phone 812/235-6021.

MINNESOTA

Minneapolis--AAI of Minnesota is offering a number of workshops and courses during the winter quarter, some of which were held in January. Those still to be held include:

Life Style I, Feb. 11-13, Feb. 16, Cecil Blaisdell  
Family Education Center Director's Training and Practicum, Feb. 4,5,6, James McDonough and other staff

Life Style I, Feb. 1-Mar. 22, 4:30-7:10 p.m., Berta Shapiro/Cecil Blaisdell  
Group Dynamics in the Education Setting, Mar. 4-6, 9, Patrick Davis  
Techniques of Psychotherapy and Counseling, Mar. 5,6, Robert Bartholow  
Building Self Esteem, Feb. 1-Mar. 22, Carol Danger

Life Crises--Depression, Feb. 1, Bob Bartholow  
Death, Feb. 8, Mike Steinberg  
Suicide, Feb. 15, James McDonough  
Assertiveness Training for Men and Women, Feb. 5, Janice Weiner  
The Male Dilemma, Feb. 12, Tom Wright  
Work Addiction, Mar. 5, Jeff Lupient  
Pleasures and Perils of Parenting, Mar. 7, 14, Pat Davis  
Golden Years, March 19, Mike Steinberg, Dwight Townes

For location and registration, contact AAI of Minnesota, Suite 128, Wood-Excel Building, 5009 Excelsior Boulevard, Minneapolis 55416, 612/926-6511.

Janice Weiner sent in a report on the newly established Singles Club of the Alfred Adler Institute of Minnesota, which was formed for the purpose of offering an environment for single persons to learn and grow and to get involved because of interest. They have been averaging approximately 100 people at their monthly meetings. In addition to the monthly meetings, there are interest groups and a newsletter is sent to their membership to encourage participation. The Singles Club has introduced many single persons to the benefits of the AAI of Minnesota and they have obtained many new memberships. Janice indicates that they would be happy to share with any other institutes their program in the hope of encouraging the development of other Singles Clubs by Alfred Adler institutes.

MISSOURI

St. Louis--The Midwest Society of Individual Psychology will offer the Introductory Course on Individual Psychology on Thursday evenings, beginning March 3. For further information, call MSIP FEC, 12452 Olive Street Road, Creve Coeur, MO 63141, 878-2699.

Newsnotes cont'd

REGION III--SOUTH

NORTH CAROLINA

Greenville--Frank Walton will speak to the Greenville Mental Health Association February 3, 1977 and will conduct a Family Council Workshop for the Greenville Mental Health Center on February 4. Contact person is Pete Thibodeaux 803/242-8085.

SOUTH CAROLINA

Charleston--Newly elected officers of the Charleston Adlerian Society are Kathy Walton, President; Carey Washington, Vice President; Jane Hoagland, Secretary; and Joan Glick, Treasurer.

TEXAS

Dallas--In addition to the Preconvention Workshop, APGA, described under "Of General Interest", Bill McKelvie and Udelle Friedland will present a paper at the APGA convention, March 9, 1977, in Dallas. Their presentation is entitled, "Goal Clarification for Vocational Choice". For information about the convention, contact APGA, 1607 New Hampshire Ave., Washington, D.C. 20009.

Houston--Two more articles have been received about our Houston Adlerians which have appeared in Houston papers in December. One is about Dayton Salisbury and his views about strengthening parent-teacher organizations to provide more constructive outlets for parents, such as parent-helpers in the classroom. He discusses the benefits such a program would provide for the hyperactive child.

The second article is about the course on death and dying offered at the University of St. Thomas and taught by Buzz O'Connell and Barbara Brightwell. The article described one of the methods used to force the issue of death--the mock funeral and self-written eulogies. As an individual learns to deal with the issue of death, healing processes begin and O'Connell says "this is more a study in life than in death. Two main things develop as a result of the course. Students develop a sense of social interest, a sense of belonging to other people. Second, they learn what they can control and what they cannot."

REGION IV--MIDDLE ATLANTIC

DELAWARE

Wilmington--The Family Education Center of Delaware's program is divided into three educational areas: study groups, counseling centers and continuing education courses. Their most recent newsletter contains the detailed schedule of each area. Contact them at 4900 Concord Pike, Wilmington, DE 19803.

MARYLAND

Baltimore--Harold Mosak will present a Life Style Demonstration at the Baltimore County Board of Education on March 8, 1977, Baltimore.

Bowie--Spring Semester classes began January 17, 1977 at the Graduate College in Bowie. Courses offered at the Adler-Dreikurs Institute of Human Relations include:

Principles and Philosophy of Adlerian Counseling, McKelvie, Tu. 5:00

Classroom Discipline and Management, A. Williams, Th. 7:30

Classroom Discipline and Management (AA County), LaVigna, M. 7:30

Newsnotes, Region IV, Bowie, Md. cont'd

Adlerian Theory and Practice, McKelvie, W. 7:30  
Group Counseling, McElvaney, Th. 5:00  
Family Counseling, McAbee, W. 7:30  
Minority Group Counseling, Raymond, Tu. 7:30  
Minority Group Counseling, Raymond, Th. 7:30  
Practicum in Guidance, McElvaney, M. 5:00  
Practicum in Guidance, McKelvie, W. 5:00  
Practicum in Family Counseling, McAbee, W. 7:30  
Dynamics of Group Behavior, McElvaney, Th. 7:30

The spring workshops begin in April and the following will be offered:

Workshop in Psychodrama, M. Pew, April 2, 3, 9:00 a.m. - 4:00 p.m.  
Art Therapy Workshop, Dreikurs, April 16, 17, 9:00 a.m.-4:00 p.m.  
Psychodrama, Art Therapy and Counseling, E. Funk, N.L. McAbee, H. McAbee,  
May 7, 8, 9:00 a.m.-4:00 p.m.  
Equality Through Personal Uniqueness and Avoidance of Stereotyped Sex Roles,  
J. Brown, S. McKelvie, date to be announced.

NEW JERSEY

Piscatoway--Harold Mosak will present a paper at the College of Medicine and Dentistry on the Psychological Factors in the Understanding of Pain on March 5 and 6. Contact: Patricia Ried, Coordinator of Continuing Education, University Heights, Piscatoway, N.J. 08854.

OHIO

Cleveland--Leo Gold will lead a workshop on March 5-6, 1977, at the Hospitality Inn at I-71 and Bagley Road in Cleveland. It is the second part of Psychodynamics of Psychopathology II. Registration must be received at least 5 days prior to the workshop. For additional information, contact Don C. Higgle, Director of the Alfred Adler Center of Cleveland, 14625 Detroit Avenue #203, Lakewood, Ohio 44107, 216/228-7780 or 228-4022.

Dayton--Gene Brockopp will teach a one-credit course on Saturday, February 5, 1977 at Room 107, Miriam Hall, University of Dayton campus. The course is entitled Crisis Intervention and Short Term Counseling and is being presented by the Alfred Adler Institute of Dayton, 122 E. Apple Street, Dayton 45409, 513/274-6329.

WEST VIRGINIA

Charleston--Sue and Bill McKelvie will conduct a Marriage Counseling Workshop on February 4 and 5 in Charleston.

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REGION V--NORTHEAST

NEW YORK

New York--Sylvia Robbins, a graduate of the AAI of New York, gave a talk and demonstration of Adler's theory of Life Style in December to a group of students at the American Institute for Psychotherapy and Psychoanalysis. This evoked much interest in Individual Psychology.

Two films, "The World of the Schizophrenic" and "Childhood Schizophrenia", were shown at the Adler Institute on January 7, 1977. This event was sponsored by the student organization and a lively discussion followed under the leadership of Lucia Radl.

Newsnotes, Region V, New York cont'd

On December 10, 1976, the Alfred Adler Institute of New York graduated forty students. In the 26 years of the New York Institute's existence, this was the largest number of graduates in a given year. The graduation exercises and banquet took place at the Barbizon Plaza Hotel, attended by 100 persons. Twenty students were awarded certificates in the Psychotherapy B Program, 9 students received Psychotherapy A certificates, 7 were given a certificate in Marriage and Family Counselling and 4 students received their certificate in the Group Psychotherapy Program.

Ina Block, Dean of Students, was responsible for the arrangements for the evening and was mistress of ceremonies. Kurt Adler was the speaker for the event and Helene Papanek awarded the certificates. In her report of the graduation, Ina Block included excerpts from Kurt Adler's speech. Space does not permit printing all of the remarks, but the following are quoted from her report: "Among the qualities the therapist should possess and present are: discretion, tact, optimism and humor. The therapist should never put on an air of superiority; he should never let his patient seduce him with flattery; he should never let the patient put the therapist on a pedestal, because the patient is only going to throw the therapist down from it."

ONTARIO

Willowdale--the AAI of Ontario is offering the following courses:

Encouragement Lab - Walter O'Connell - February 12, 13, 9:00 a.m. to 4:00 p.m.  
Marriage Counselling I - Bill and Miriam Pew - March 5, 6, April 23, 24, 9:00 to 4:00.  
Behaviour Problems in the Classroom, Part II - Pearl Cassel, William Taylor, -  
Feb. 14, 21, 28 and March 7, 14 - 7:00 to 10:00 p.m.

Membership programs will precede each of these courses with the following presenters and topics: Walter O'Connell, "Creating the Natural High" on February 11; Bill and Mim Pew, "The Challenge of Intimate Relationships in Changing Times", March 4. Harold Mosak will speak on "Should We Abolish School Grades" on Friday, April 15.

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INTERNATIONAL NEWS

ISRAEL

Last fall, a Newsletter was received from the Alfred Adler Institute in Tel Aviv. Some of the items are summarized for your information.

The Institute's dream for some years became a reality with the opening of their school last year. They gave three parallel courses of fundamentals of Adlerian psychology. Achi Yotam taught the course for people who had previous education in behavioural sciences. Zeev Lavi and Abraham Fried taught non-professionals. Other courses included one in interviewing and child development, teenage counseling, marriage counseling and group dynamics, each taught by staff members.

There were five workshops held in the Clinic, two for youngsters, two for adults, and one for married couples. There were approximately thirty participants in each group.

There were twelve women, aged 60 to 70, who met once a week with Rachel Zander and Martha Gottlieb. Time was spent on theoretical discussion and various creative activities-- dancing, music, drawing and hand work. They hope to expand this Golden Age Group.

Newsnotes, International, Israel cont'd

There were three divisions in the Child Clinic: ages 1-6, primary school and teenagers. There were many one-session counseling meetings with parents who wanted to know: how to tell a child that he was adopted; how to tell a child that his parents are getting a divorce; and how to tell a child that he is an orphan.

There were six Parent Education centres in Tel Aviv, Jerusalem, Bat Yam, Rishon-le-Zion, Petach Tikvah, and Haifa. Achi Yotam started a column in a popular women's weekly and got 30 to 40 readers' letters every week. This and his regular radio program help to increase participation in the child guidance centres.

In June, the Bar Ilan University held a day's gathering with representatives of one hundred parents' study groups from all over the country, which meant that at least a thousand families were practicing the Adlerian approach of life. Judith Elul and Esther Abaranel initiated this work when, four years ago, they were asked to give a course for Orthodox women who wanted to become parents' study group leaders.

Two special projects are already in the making for next year (76-77). One is in Haifa, where three successive centres will be run in one day: one for teachers, one for youngsters, and one for parents. Achi Yotam will be in charge of this project.

The second project will be with teachers in the area of Tel Aviv. They will try to reach as many teachers as they can in that area in order to help teachers in their most difficult tasks as educators.

Ilon Bawly, Editor, closed with this statement: "As we in Israel tend to feel isolated for reasons that are universally known, we could use some encouragement from time to time. This newsletter, which I am sending to Vienna, is the third since we started publishing reports of our activities. I would very much appreciate receiving your comments or requests for different or more news." Address: The Alfred Adler Institute  
10, Hanevi'im St.  
Tel Aviv, Israel

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OF GENERAL INTEREST

ELECTION COMMITTEE

Reminder that the Nominating Ballots for D.A. members should be returned to this office by February 11. Remember to indicate your choice of two nominees from your region only.

Please also return the ballot regarding changing our By-Laws to provide for a change of name for the Society by February 11.

If you did not receive your ballots, please write to the central office. The address after February 15 will be 159 N. Dearborn, Chicago 60601.

DIRECTORY OF MEMBERS

Enclosed with this Newsletter are corrections to be made in your Directory of Members sent to you in September. Please make the necessary corrections in order that your Directory may remain up to date. Remember to advise the central office of any change of address. Thank you.

DEADLINES FOR NEWSLETTER: March issue -- February 4, 1977  
April issue -- March 4, 1977  
May issue -- April 8, 1977

RETURN TO:  
ASAP NEWSLETTER  
Neva L. Refner, Editor  
110 S. Dearborn, Suite 1400  
Chicago, Illinois 60603

REFNER, NEVA L., D.A.  
1412 E. 54th PLACE  
CHICAGO, ILLINOIS 60615

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