

AMERICAN SOCIETY OF ADLERIAN PSYCHOLOGY _____ NEWSLETTER

Neva L. Hefner
Editor

159 N. Dearborn
Chicago, Illinois 60601

APRIL, 1977

PRESIDENT'S MESSAGE

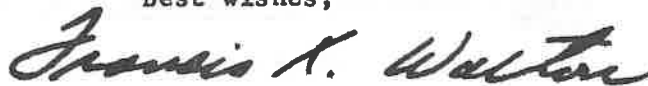
Dear friends:

I am happy to be able to report to you that James McDonough has agreed to help ASAP coordinate action towards obtaining federal and local financial support for projects sponsored by ASAP and its affiliates. You will hear more on this subject as planning proceeds.

I received a letter from Manford Sonstegard this month in which "Sonste" suggested that ASAP provide scholarships for a number of young black people in Chicago to encourage them to attend our annual convention. This proposal will receive serious consideration, but the letter has already served the purpose of reminding me of a topic of discussion that periodically crops up among Adlerians. Why have we not attracted more blacks to membership in the Society and what can we do to change the situation? What are the influences? What are the remedies? "Sonste" has one concrete recommendation. What is yours? Let us hear from you through the Newsletter.

Because of "lead time", this letter is written before the Special Meeting of the Delegate Assembly has taken place. Our next Newsletter will carry a report on that meeting.

Best wishes,



Francis X. Walton, President

DONATIONS

The following ASAP members have sent in contributions over and above their 1977 dues: (received after those reported in February issue and before March 8)

Burkholder, Jean
Games, Richard

Gloss, Helen
Hofferbert, Esther

Laufketter, Sally
Nash, Rosemary
Telzrow, John

The Society is grateful to each of these individuals for this expression of support of the work of ASAP in this period of continued growth. Thank you!

CALENDAR OF EVENTS

(Details may be found elsewhere in this or previous issues of Newsletter.)

- April 1 Small Group Supervision, Robert Powers, 1st of five sessions, AAI of Chicago*
- April 2, 3 Psychodrama, Mim Pew, Adler-Dreikurs Institute, Bowie *
- April 8 Informal Meeting for Graduates, Institute members and friends, Western Institute for Research and Training in Humanics, 226 Stanford Ave., Berkeley, CA 94708
- April 13, 27 Theory and Practice of Psychotherapy and Counseling II, Harold Mosak,
May 4, 18 AAI of Chicago *
- April 16 Annual Meeting, Puget Sound Adlerian Society, contact Bill Kiskaddon,
4404 242nd S.W., Mountlake Terrace, WA 98043
- April 16, 17 Art Therapy Workshop, Sadie Dreikurs, Adler-Dreikurs Institute, Bowie *
- April 16, 24 Psychodrama, Adaline Starr, AAI of Chicago *
May 15, Aug. 21
- April 22 Membership Program, "Should We Abolish School Grades?", Harold Mosak,
AAI of Ontario *
- April 22, 23 Creative Counseling Techniques for Junior and Senior H.S., Betty Meredith,
Joe Pewitt, AAI of St. Louis *
- April 23, 24 Marriage Counseling, Harold Mosak, AAI of Ontario *
- April 23, Art Therapy Workshop, Sadie Dreikurs, AAI of Chicago *
May 21
- April 27 Art Therapy Workshop, Sadie Dreikurs, AAI of Chicago, first of 5 evenings *
- April 29, 30 Spring Conference of Oregon Society of Individual Psychology, contact
OSIP, 1320 N.W. 13th St., Corvallis 97330
- April 30 Group Counseling, Harold Mosak, AAI of Dayton, 122 E. Apple St., Dayton
45409
- May 2 Annual Meeting of AAI of St. Louis *
- May 4,7,18,21 Marriage Counseling II, Gerald Mozdzierz, AAI of Chicago *
- May 6, 7 Psychodrama, Art Therapy, and Counseling, Elaine Funk, Norma Lou and
Hal McAbee, Adler-Dreikurs Institute, Bowie *
- May 7 Fourth Annual May Conference, AAI of Ontario
- May 7, 8 Interview Techniques, Harold Mosak, U.B.C., BCAAP, Box 33823 STN. D,
Vancouver, B.C. V6J 4L6
- May 11, 12 Child Rearing Methods for Problem Prevention Workshop, Bill McKelvie,
Betty Lou Bettner, Philadelphia, Pa. (3513 Bethel Road, Boothwyn, PA 19061)
- May 27-31 25th Annual Convention and Workshops, McCormick Inn, Chicago

Calendar of Events cont'd

* For further information contact:

- AAI of Chicago, 159 N. Dearborn, Chicago, IL 60601
- Adler-Dreikurs Institute, Harold V. McAbee, Director, Bowie State College,
Bowie, MD 20715
- AAI of Ontario, 4 Finch Ave. West, Suite 10, Willowdale, Ontario, Canada M2N 2G5
- AAI of St. Louis, 2352 Charlemagne, Maryland Heights, MO 63043

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SUMMER CALENDAR

Institute for Creative Community Living

- June 2, 3 Registration
- June 6 Classes Begin
- July 14 Last Day of Class

For course offerings and other information, contact: ICCL, c/o Dr. Pattye Weaver Kennedy, 2243 West Alabama, Houston, Texas 77098.

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Alfred Adler Institute of Chicago

- June 15-18 Practicum for Clinicians
- June 19 Art Therapy
- June 20-23 Group Therapy
- June 24-27 Life Style Diagnosis
- June 28-July 1 Introduction to Individual Psychology I
- Aug. 17-20 Group Counseling
- Aug. 21 Psychodrama
- Aug. 22-25 Group Therapy
- Aug. 26-29 Introduction to Individual Psychology II

Contact for further information: AAI of Chicago, 159 N. Dearborn, Chicago, IL 60601

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Rudolf Dreikurs Institute for Social Equality

- June 17-21 Intensive Group Social Therapy
- July 8-12 " " " "
- Sept. 9-13 " " " "

Contact for further information: 1725 Emerson Ave. South, Minneapolis, MN 55403

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University of Vermont Summer Session

- June 27-July 2 6th Adlerian Workshop

See Region V under "Newsnotes" for further details. Contact: Summer Session, Grasse Mount, University of Vermont, Burlington, Vermont 05401

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BCAAP

- July 11 Final Session of Triad with Achi Yotam, University of British Columbia

Contact: BCAAP, Box 33823 STN. D, Vancouver, B.C., Canada V6J 4L6

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Summer Calendar cont'd

W.I.R.T.H

- July 1-July 15 Individualpsychologisches Argelès Sommerseminar (IPASS) VII, in Southern France
- Aug. 2-Aug. 15 Individualpsychologisches Argelès Sommerseminar (IPASS) VIII, in Southern France

Contact for further information: Western Institute for Research and Training in Humanics, 226 Stanford Avenue, Berkeley, CA 94708.

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ICASSI

- July 31-Aug. 14 10th Rudolf Dreikurs Summer Institute, Leeuwenhorst Congress Centre, Holland

Contact for further information: Hal McAbee, 2421 Kelford Lane, Bowie, MD 20715

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World Federation for Mental Health

- Aug. 21-26 World Congress on Mental Health, Vancouver

Contact for further information: World Federation for Mental Health 1977 Congress, 2255 Wesbrook Crescent, University of B.C., Vancouver, B.C., Canada V6T 1W5.

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Ed. Note--This is not a complete list of summer events but represents those about which information has been received in the central office. In order that advance announcement may be made, please submit any other announcements by April 8, 1977, the deadline for the May issue. Send to 159 N. Dearborn, Chicago, IL 60601.

LETTERS

ACRONYMS

Cincinnati, Ohio 2-16-77

In your December Newsletter, your article on acronyms really caught our eye. Then in January, the response by Ann Parks was so chock full of clever suggestions that we were sure there must have been a team of brains thinking them up. You and she have thought of everything--everything but one, that is.

We too were concerned with an acronym for our parent study groups--after all--look what it did for P.E.T. (which really wasn't even used as an acronym). So, we thought up C.O.P.E. and have been using it for almost two years. You guessed it, it stands for "Council for Ongoing Parent Education" or did you think it was "Children Often Pacified Effectively?!!!"

We particularly liked Ann's "Parents and Children Together", only PACT smacks a little too much of "truce" or a kind of legal agreement. Whereas, COPE is just what we want to be able to do with our kids and our lives.

The Cincinnati chapter of the American Society of Adlerian Psychology moves that the acronym COPE be adopted for use by Adlerian study groups nationally. But whatever we adopt, we agree that we need to get "on the map."

Marcia K. Koster
8005 South Clippinger Drive
Cincinnati, Ohio 45243

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Acronyms cont'd

A second letter was received from Marcia Koster enclosing a newspaper clipping from the Cincinnati newspaper on various parent education groups in the city. The article highlighted the names of the organizations by placing their initials on large file folders for an eye-catching picture. The first file folder was "COPE"! The article capsuled each organization's purpose and methods. It was interesting to note that the representative of PET in Cincinnati said, "PET is the only nationwide parent program..." Marcia's comment about this statement--"This shows that we need a national acronym... and the sooner the better."

ASAP '77

PROGRAM

Program Chairman, Duane Thompson, sent the following message: "I want to thank everyone for the fantastic response to our request for programs. As a result of the overwhelming response, we have more programs than we can use. The program is rich in both quantity and quality and I am looking forward to seeing everyone at the May convention."

Attached to this Newsletter is a copy of the program flier for your information. If you wish additional copies, please let the central office know. Dorothy Peven, Coordinator for ASAP '77, has suggested that if any of you are going to a state or national convention where these fliers might be appropriate, please write to the central office at 159 N. Dearborn, Chicago 60601 or write to: Casey Thorpe, 730 Ox Bow Lane, Barrington, Illinois 60010, 312/381-7232, and copies will be sent.

Remember to send your reservations in early and save!



CORRECTION

A letter was received from Stefanie Necheles indicating that she lives in Walnut Creek, California instead of Walnut Grove, as reported in the February, 1977 Newsletter on page 9. (Sorry for the error! -- ed.)



NEW PUBLICATIONS AVAILABLE

TEENAGERS: THE CONTINUING CHALLENGE, by Shirley Gould, Hawthorn Books, will be available in April from the Alfred Adler Institute of Chicago, 159 N. Dearborn, Chicago 60601.

TURNING PEOPLE ON: HOW TO BE AN ENCOURAGING PERSON, by Lew Losoncy, Spectrum Books, \$3.95 paper, \$8.95 hard cover. Available in May.

In general, it is an Adlerian based book on improving helping relationships. It is simple and systematic, providing exercises along the way to develop skills in "walking in the discouraged person's shoes". The book discusses signs of the discouraged person, how discouragement occurs and a six phased process of helping from relationship building to facilitating self-encouragement. The Forward is written by Don Dinkmeyer.



NEWSNOTES

REGION I--FAR WEST

BRITISH COLUMBIA

Vancouver--The second half of Interviewing Techniques 313 will be offered by BCAAP on May 7 and 8 at the University of British Columbia Health Sciences Building, R. 2N A & B. Harold Mosak will be the instructor. Contact: Donna Pretty, 5445 Marine Drive, West Vancouver, B.C.

CALIFORNIA

Berkeley--The Spring Quarter classes started March 16 at the Western Institute for Research and Training in Humanics and they will run through April 27, every Wednesday night. There will be a weekend workshop April 2 and 3 which will be structured as a challenging learning and experiencing unit. Out of town people and people not presently enrolled in classes may participate. The fee is \$50 and should be mailed in advance to WIRTH.

There will be a Post-Graduate and Membership Meeting on April 8 at the WIRTH headquarters from 8:00 to 10:00 p.m. It is open to friends of the Institute as well. For further information on any of these offerings, contact: WIRTH, 226 Stanford Ave. Berkeley, CA 94708.

Sacramento--The following is excerpted from the SAAPS Newsletter (Sacramento Area Adlerian Psychology Society), which contains "refreshing" approach to news reporting. "C.H.A.N.G.E.S. (Community Happenings and New Growing Educational Systems) is one of the alternative programs in Elk Grove. It went into effect in February of 1975 on the Elk Grove Senior High School Campus. The program consists of 5 teachers and approximately 150 students and housed in 4 large portables with the original name of 'School Within a School'. The program focused on educating in new ways, responding to the community, being responsible for your actions, and the sharing of skills. The students appeared to like the program and their experiences varied: freedom, self-fulfillment, happiness, love, respect and responsibility.

"The students receive a great deal of encouragement and attention from the teachers on a one-to-one basis. They also enrich their learning from educational trips that are offered in the program. All this is being accomplished by the dedication and timeless effort given from the teachers. C.H.A.N.G.E.S. has become a secure model for other schools to follow when thinking in terms of alternative education.--Angie Spuehter"

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REGION II--MIDWEST

ILLINOIS

Chicago--AAI of Chicago--Gene McClory says "Welcome to our new home! On Friday, May 27, 9:00 a.m. to 5:00 p.m., there will be an Open House (159 N. Dearborn St.) for out-of-towners attending the ASAP Convention. The Institute (and downtown Chicago) are just minutes away from McCormick Inn. We look forward to greeting you personally. The Institute will be closed May 28-30, but some of the Institute staff will be available at McCormick Inn to meet you and to acquaint you with our programs."

The seven summer courses at the Institute have been scheduled with the needs of out-of-town AAI students in mind. Full details will be available in April. If you are not on the Institute Newsletter mailing list, please contact AAI of Chicago, 159 N. Dearborn, Chicago 60601. If you live out of town and wish to take a course which is not scheduled

Newsnotes, Region II, Chicago cont'd

for the Summer (see list on page 3 of this Newsletter), please let the Institute know immediately. If there is sufficient demand, it will be added to the schedule.

MINNESOTA

St. Paul--Administrators and department heads of St. John's Hospital were invited to a series of dinners by the St. John's Marriage and Family Education Center in February. Following the dinner, the hospital staff were invited to attend the Center's Family Session and Marriage session "in order to inform St. John's staff about the Center's work, as a means of gaining their understanding and support of these activities", according to Phyllis Pantell, Community Relations Director.

The Center has grown in five years from a handful of people to a dynamic community service offering a Family Education Center, a Marriage Education Center, an Activity Center for children, a Teen Center and a referral source for juvenile court judges, social workers, physicians, school counselors, et. al. Bill and Mim Pew are the Directors of the Center.

MISSOURI

Maryland Heights--AAI of St. Louis will be offering one course in April. Betty Meredith, a junior high counselor, and Joe Pewitt, a senior high counselor, will be conducting a course entitled "Creative Counseling Techniques for Junior and Senior High School" on April 22 and 23. The focus of the course will be on understanding behavior problems on the junior and senior high level and on creative ways to work with specific problems.

Barbara Doyle, Executive Secretary, reports that "The Marriage Counseling and Life Style Diagnosis weekends, staffed by Dorothy Peven and Drs. Mozdzierz and Mosak were a big success....We wish to thank them for their time and services and would like them to know that their efforts were greatly appreciated by all class participants."

The Annual Meeting of the AAI of St. Louis will be held on May 2 with election of officers being the main order of business at that time.

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REGION IV--MIDDLE ATLANTIC

PENNSYLVANIA

Philadelphia--Betty Lou Bettner, who was a member of FEC of Delaware for five years, now lives in Pennsylvania and is trying to "drum up enough interest in the Philadelphia area for a Family Education Center."

The Child Welfare League of America is holding its Eastern Region Conference in Philadelphia in May and Bill McKelvie and Betty Lou Bettner are leading a workshop on Child Rearing Methods for Problem Prevention. Time and place information will be available next month. It will be May 11 and 12.

A Faculty Development Seminar is being given by the Community College of Philadelphia through its Foster Care Education Program. The purpose of the Seminar is to train the participants to teach Family Education I, a course for adults dealing with children under twelve; and Family Education II, a course for adults dealing with teenagers. Each of these courses is offered for two credit hours. This Seminar includes the fundamentals of Adlerian psychology, course outlines for Children: the Challenge, communication skills for building relationships with teenagers, democratic group leadership skills, and teaching techniques. The instructor is Betty Lou Bettner.

Newsnotes, Region IV cont'd

WASHINGTON, D.C.

Nicholas Ionedes is now leading two groups utilizing the concepts in Children: The Challenge--the participants, married and single, all share the same pre-requisite for the groups--they have no children. Dr. Ionedes believes that many singles avoid marriage because they exaggerate the difficulties in having and raising children. Or, if married, the couple may want to have children but are afraid of the responsibilities and so-called "headaches" involved. Many of them, acting unconsciously, fight or even divorce for the wrong reasons.

"If my people learn that the Dreikurs' technic will help them," says Dr. Ionedes, "they will find that raising children is a challenging and rewarding experience. The singles may no longer avoid marriage and the married couples may decide to have children, if they want, and stop fighting for the wrong reasons."

WEST VIRGINIA

Charleston--The Rudolf Dreikurs Center has moved to new quarters on the Morris Harvey College Campus, Cobb Hall, Charleston. They now have bigger and better facilities. Judy Bradford has been successful in stimulating the formation of 15 study groups in the Kanawha Valley area.

Nyana Rowley, one of the original founders of the Dreikurs Center, is presently in London, England studying at the University of London. She is leading a Parent Study Group started by Toni Towns, a native of London who is currently in Charleston studying with Manford Sonstegard.

Sonste reports that they have begun the training of teachers in the McDowell County Schools in Adlerian approaches. Those working on this project besides Sonste are Toni Towns, Bob Walsh and Dr. John West. In addition to these seminars, there are training groups in counseling, individual and peer counseling; training sessions with the bus drivers and custodians; new approach to student council in order to make it more dynamic as a means of providing the high school students a voice in the operation of the school. This is the first opportunity for an Adlerian program on a county wide basis, Sonste believes.

Toni Towns of London, England, is studying at West Virginia College of Graduate Studies this semester. She has taught five year olds at Millbank School, London for more than ten years and prior to that on the Island of Guernsey for fifteen years, where she was deputy principal of one of the Island's largest elementary schools. Her program while at WVCOGS includes classes in life style assessment, and group counseling techniques and theory, participating in parent study groups and family education centers. Following upon Sonste's visit to London last year, where he conducted demonstration sessions at Millbank School with students, Toni started parent study groups. On her return to London in April, Toni will resume her duties at Millbank school and prepare for the visit of Sonstegard and several of his students to London in July for demonstrations of classroom procedures and conducting practical courses in the application of Adlerian methods. Sonstegard and the students will attend the ICASSI institute in Holland.

Beckley--The Beckley Family Education Center, which was started the first of the year, has been well attended. It serves as a practicum facilities for graduate students at W.V.C.O.G.S. Heather Hagerman has started three study groups, one for foster parents.

Manford Sonstegard will be the keynote speaker at the West Virginia Personnel and Guidance Association annual conference at Cedar Lakes, May 13 and 14. He will also be honored at the banquet for his contributions to counseling and guidance. Congratulations!

Newsnotes cont'd

REGION V--NORTHEAST

ONTARIO

Ottawa--The Ottawa West Family Enrichment Association was formed in June of 1975. A copy of their second newsletter was just received at the central office from Stella Koros. Their Newsletter contained information about their activities and some interesting creative items. It was good to hear from them and we look forward to hearing more from them

QUEBEC

Montreal--Liliane Bensinger reports that they have started Study Groups on Children: The Challenge in French. The book is translated under the title "Le défi de l'enfant". It has taken them some time to penetrate into the French sector, but they had some publicity in "Le Devoir", the most respected French newspaper there, and they had a very good response. They hope to expand these activities during 1977. The English groups are also going well.

VERMONT

Burlington--The 6th Adlerian Workshop will be held at the University of Vermont Summer Session from June 27 through July 2, 1977. Three graduate or undergraduate credits will be given. Instructors will be: Alexandra Adler, Kurt Adler, Heinz Ansbacher, H. Peter Laquer, Bernard Shulman and Rowena Ansbacher. Tuition is \$114.00 for Vermont residents and \$156.00 for non-residents. To receive a catalog and registration materials, write: Summer Session, Grasse Mount, University of Vermont, Burlington, Vermont 05401.

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INTERNATIONAL

ENGLAND

London--Lucy Ackerknecht included in her WIRTH Newsletter the following: "The Editor of the Individual Psychology News Letter, Paul Rom, celebrates his 75th birthday March 2, 1977. He started this organ of the International Association of Individual Psychology in 1950. Having begun as a mimeographed letter, it became a printed bulletin and is a connecting link between Adlerians in many countries. You might ask the Editor for a specimen copy (The Bungalow, 6 Vale Rise, Golders Green, London NW11 8SD)." Congratulations!

Ed. Note--The editor would welcome news stories about activities in our various societies and organizations as well as information about future events for publication in our Newsletter. Also welcome are creative pieces. We will make an effort to publish as much as possible in the time and space allowed.

Deadline is the first Friday of each month. May issue -- April 8
June issue -- May 6
July-August issue -- June 3

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RETURN TO:
ASAP NEWSLETTER
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