

# NORTH AMERICAN SOCIETY OF ADLERIAN PSYCHOLOGY \_\_\_\_\_ NEWSLETTER

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Kay Schecht  
Editor

159 N. Dearborn  
Chicago, IL 60601

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SEPTEMBER, 1977

## PRESIDENT'S MESSAGE

Dear Friends:

I am writing from the site of the Rudolf Dreikurs Summer Institute about twenty miles southwest of Amsterdam. Adlerians and people interested in Adlerian psychology are here from Germany, Switzerland, the Netherlands, England, Greece, Israel, Canada, and Austria as well as from the U.S. We are learning from one another as we teach and attend classes and provide presentations and demonstrations for the group. My wife, Kathy, is also a member of the staff and our youngsters are registered for classes in addition to helping care for younger children. The Institute has been a memorable living and learning experience for all of us.

As you see in the Newsletter Calendar of Activities, several regional organizations are scheduling meetings and workshops. As we work to strengthen our regional organizations, it would be a substantial help to our progress if those of us who consult in the U.S. and Canada would be willing to contribute one day's service to just one meeting or workshop that is sponsored by one of our five regional organizations.

Those who are helping to arrange programs on a regional basis might ask consultants if they are willing to make such a contribution.

One final note. All those members of the Society who served on a NASAP committee since May, 1976, are still regarded as members of that committee. Your help is desired and needed. The recently changed committee structure may have resulted in a change in the name of a committee or a change in the chairperson. Committee chairpersons are charged with the responsibility of initiating communication with all committee members. If you, as a committee member, are in doubt as to your role on a committee please read Barney Lane's report in the July Newsletter (pp. 5 & 6) to determine the name of the chairperson of the appropriate committee and communicate with that person to establish precisely what contributions you are expected to make to the committee.

Best wishes,

Francis X. Walton  
President

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CALENDAR OF EVENTS

- August 24, 25 Workshop devoted to Adlerian Child Guidance in the Home and School; Cheney Elementary School; Orlando, Florida; Frank Walton
- August 30-Dec. 9 Courses: "Theories of Personality", "Self-Actualization III: Imaginal Techniques", Postgraduate credit or noncredit; University of St. Thomas; Houston, Texas; Buzz O'Connell
- Sept. 7-Oct. 31 Teacher Pre-service & In-service; Fitch Mountain School; Healdsburg, California; Lynn Lott
- Sept. 9-13 Workshop in intensive group social therapy; The Rudolf Dreikurs Institute for Social Equality; Cannon Falls, Minnesota; Bill and Mim Pew
- Sept. 11 "Your Dreams Are You"; Alfred Adler Institute of Dayton; Dayton, Ohio; Leo Gold
- Sept. 12, 19, 26 Workshop, "Building Self-Esteem in Children"; Merriam Park Community Center; Minneapolis, Minnesota; Cecil Blaisdell and Carol Danger
- Sept. 15 "The Suburban Delinquent", Camden County Children's Center, Lakeland; Blockwood, New Jersey; Leo Gold
- Sept. 15,22,29 Workshop: "Anger"; North Memorial Hospital; Minneapolis, Minnesota; Fae Moog
- Sept. 15-Nov. 3 Course: "Self-Expression through Journal Writing"; Rudolf Dreikurs Institute; Minneapolis, Minnesota; Robert Israel
- Sept. 15,17,20 Commencement of televised workshop series: "Coping With Kids"; Southeast Ohio area and possibly parts of West Virginia and Kentucky, Tom Sweeney
- Sept. 16,17,18 "Death and Actualization Lab"; University of St. Mary's; San Antonio, Texas; Buzz O'Connell
- Sept. 21-Nov. 16 "Maintaining Sanity in the Home"; 1 unit credit; Sonoma State College; Rohnert Park, California; Lynn Lott
- Sept. 22-Dec. 1 "Maintaining Sanity in the Classroom"; 2 units credit; Sonoma State College; Rohnert Park, California; Lynn Lott
- Sept. 24 "Natural High Theory & Practice"; Newman Hall, TSU; Houston, Texas; Buzz O'Connell
- Sept. 24 Region III Meeting; Atlanta, Georgia; Presentations by: Robin Gushurst, Steve Hirschorn, Frank Walton, Kathy Walton, Roy Kern, Fran Mullis/Janis Wright, Ken Matheny, Dan Eckstein, Don Dinkmeyer, Sr., Don Dinkmeyer, Jr.
- Sept. 25 "Techniques of Psychotherapy"; Cleveland, Ohio; Leo Gold
- Sept. 27-Nov. 15 "Marriage in a Changing World"; Santa Rosa, California; Lynn Lott
- Sept. 29, 30, Oct. 1 Workshop: "Winning the Cooperation of Adolescents in the Home and School"; Edmonton, Alberta; Individual Psychology Society of Edmonton; Frank Walton

CALENDAR OF EVENTS (Continued):

- Sept. 30,  
Oct. 1,2 "Death and Actualization Lab"; Hara Growth Center; Dallas, Texas;  
Buzz O'Connell
- Oct. 1, Nov. 5,  
Dec. 3 Workshops, "Maintaining Sanity in the Classroom"; Dayton Public  
Schools; Grace A. Greene Vocational Center; Dayton, Ohio; Bernice  
Grunwald
- Oct. 1-2, 22-23,  
Nov. 12-13 Annual series of fall conferences sponsored by the Adler-Dreikurs  
Institute at Bowie, Maryland; Graduate credit or noncredit
- Oct. 5 Pre-convention workshop on Consultation Skills; Texas Personnel &  
Guidance Assn.; San Antonio, Texas; Don Dinkmeyer, Sr.
- Oct. 13 & 20 "Death and Actualization Lab"; St. Jerome's Church; Houston, Texas;  
Buzz O'Connell
- Oct. 21,22,23 "Death and Actualization Lab"; C.G. Jung Educational Center; Houston,  
Texas; Buzz O'Connell
- Oct. 22,23 Region IV Meeting at the Adler-Dreikurs Institute at Bowie State  
College

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OF GENERAL INTEREST

COUNSELING AND PARENT EDUCATION TREATMENT PROGRAM FOR ASTHMATIC CHILDREN - CAMP BRONCO JUNCTION

John West of the West Virginia College of Graduate Studies writes:

"Funding has been received to include counseling and parent education as part of the treatment program for children with bronchial asthma. Indications are that a number of environmental factors act as triggering mechanisms for bronchial asthma. Factors include: the presence of allergens, personality characteristics and family stress. Clinical impressions have indicated the creative use of asthmatic symptomology (i.e., receiving recognition, winning power struggles, obtaining revenge, avoiding challenges, getting a rise out of others and being treated as special). A consideration of the purposiveness in symptomology has enhanced the treatment of psychosomatic cases.

"Drs. Bubbenzer, West and Zarski of the West Virginia College of Graduate Studies are spending the summer as consultants at Camp Bronco Junction, West Virginia (B.J.). Their work has been facilitated by the efforts of many graduate students. B.J. is the only long term resident camping treatment center in the United States which attempts to provide a normal environment for children who are chronically ill with bronchial asthma. These youngsters hail from all parts of the United States and some foreign countries. The principles of Individual Psychology have been implemented with the efforts of medical personnel and recreation specialists. A team treatment approach is emphasized and appears to be consistent with the holistic premise of Adlerian theory."

NATURAL HIGH TRAINING PROGRAM IN BLACK CHURCH

Mildred Bright is leading a Natural High training group (as a pilot study) at the Mt. Vernon Methodist Church of Houston, Texas. The members of the group are being directed in Adlerian principles of social interest and self-esteem. Buzz O'Connell is consulting with Dr. Bright on the program. They are planning, for the future, more Natural High training groups within the Black community.

OF GENERAL INTEREST (Continued)

EVALUATION RESEARCH SOCIETY NATIONAL MEETING

The Evaluation Research Society National Meeting will convene on October 13,14,15 at the Washington Hilton Hotel, Washington, D.C. For information write to: Dr. Lois Ellen Datta, Program Chair - Evaluation Research Society, National Institute of Education, 1200 19th Street N.W., Washington, D.C.

EDUCATIONAL RESOURCES INFORMATION CENTER/EARLY CHILDHOOD EDUCATION

The Educational Resources Information Center/Early Childhood Education (ERIC) is part of a government sponsored information network developed to make educational research and resource materials readily available. \$3.00 a year entitles one to receive an informative newsletter packed with articles pertaining to new programs, practices, curriculum ideas and current research. Notes on new books, pamphlets, training materials, and films are included; along with many other items of interest. Uncopyrighted and unpublished materials are also accessible. (Nearly 90% of ERIC materials are uncopyrighted and unpublished. A computer search is available, upon order, to search for information on specific topics. Write ERIC/ECE, 805 W. Pennsylvania Ave., Urbana, IL 60801 for a free packet of materials.

NASAP WELCOMES CONVENTION INVITATIONS

It has been recommended that the site for NASAP meetings be approved at least one and one-half years in advance. The Society is open to invitations to the semi-annual meeting in the fall of 1978. The dates will be October 27,28,29. At the present time the D.A. meets on Friday. The host group sponsors seminars on Saturday, entitling them to receive all Saturday profits. Sunday profits go to NASAP.

Invitations are also welcome for our 1979 Annual Convention to be held Memorial Day weekend. Present plans call for a D.A. meeting on Friday, convention on Saturday and Sunday, and workshops on Monday and Tuesday. Convention profits are divided 75% for NASAP and 25% for local host. Post-convention workshop profits go to NASAP. Pre-convention workshop profits are split 50-50 if they are sponsored by the host group. All Friday profits go to the host if they sponsor an evening speaker.

Letters of invitation may be addressed to Frank Walton, NASAP president, and sent to our central office at 159 N. Dearborn, Chicago, IL 60601.

DREIKURS FILMS AVAILABLE TO MEMBERS

NASAP has available, to Adlerian organizations, two Dreikurs' films: "Individual Psychology in Counseling and Education - I" (16mm., color, 35 min.) and "Individual Psychology in Counseling and Education - II" (16mm., color, 35 min.).

"Individual Psychology in Counseling and Education - I" features an interview with Rudolf Dreikurs. Discussion is based on the background and basic concepts of Individual Psychology. Thoughts emphasized are:

The "individual" in Individual Psychology stands for the indivisibility of the person as well as his uniqueness.

Every human being has the immediate potential of being different.

Belief in the purposefulness of behavior and belief that significance of the purposes may be found in the behavior's consequences.

"Individual Psychology in Counseling and Education - II" - Dr. Dreikurs, in an interview, examines the major contributions of Alfred Adler. He explains how order of birth and siblings bear greater influence on a child than do parents. Dreikurs compares Individual Psychology with Rogerian, rational-emotional, reality, and other schools of thought in the field of psychotherapy. He expounds on Adler's concept of equality and early

OF GENERAL INTEREST (Continued)  
DREIKURS FILMS AVAILABLE TO MEMBERS (Continued)

childhood recollections for use as a key to personality; and speaks of utilizing early recollections as an empirical research tool to determine the effectiveness of therapy.

Dreikurs, in discussing school situations, reflects on the role of punishment; stating that it is effective only with children who do not need it. He gives some useful teaching techniques and relates his ideas on the proper function of school counselors.

Reservations for the films may be made through the NASAP central office. Fee for postage and handling is \$10 each.

NEW PUBLICATIONS, CASSETTES, AND VIDEO-CASSETTES AVAILABLE

THE COURAGE TO BE IMPERFECT - The Life and Work of Rudolf Dreikurs, by Janet Turner and W.L. Pew. Published by Hawthorn Books. 356 pages. \$12.95.

This nontechnical, highly readable account of the social and historical factors encompassed by the life of Rudolf Dreikurs traces the impact of Adlerian psychology in America for the last five decades. The authors allow us to know the man, the husband, the father, the psychiatrist, the educator, and the humanist. Illustrated with photographs.

HOW TO USE - AND LEARN FROM - LIFE STYLE DIAGNOSIS. Cassette by Robert L. Powers. Produced for the Alfred Adler Institute by Teach 'em, Inc. \$10.00.

A live demonstration of the gathering and interpretation of life style data, followed by an enlightening interview with the psychologist discussing the technique.

COUNSELING IN THE ELEMENTARY AND MIDDLE SCHOOLS: A Pragmatic Approach by James Muro and Don Dinkmeyer. Published by Wm. C. Brown Co., Dubuque, 1977. 380 pages. \$8.95 tentative price. Cloth.

This text explores practical considerations for counseling children in the school setting, including a helpful introduction to child development, methods for initiating and carrying out a counseling program, detailed chapters on special techniques, and an emphasis on counseling in an educational context.

TURNING PEOPLE ON by Lewis Losoncy. Published by Prentice-Hall, Englewood Cliffs, NJ, 1977. 159 pages. \$3.95. Paper.

The author's systematic approach to help people overcome feelings of depression, frustration, and loneliness can be adapted to fit any situation from job dissatisfaction to the problem of being old.

YOU CAN MAKE IT HAPPEN by L. Sperry, D. Mickelson, and P. Hunsaker. Published by Addison-Wesley Publishing Company, Reading, MA, 1977. 210 pages. \$6.95. Paper.

The goal of this book is to help people become aware of their own needs and values so they can decide whether to stay in their jobs, leave their jobs, change themselves, or change their organizations. Strategies for self-improvement as well as organizational change are included.

CURRENT PERSONALITY THEORIES edited by Raymond J. Corsini. Published by Peacock Publishing Company, Chicago, 1977. 465 pages. \$12.95. Cloth.

Includes an extensive chapter by Heinz Ansbacher on Adlerian personality theory.

PARENT-TEACHER-CHILD. Cassette by Oscar Christensen. 4-1/2 hrs. \$45.00.

Discussion of new adult-child relationships, understanding the child's behavior

OF GENERAL INTEREST (Continued)  
NEW PUBLICATIONS, CASSETTES, AND VIDEO-CASSETTES AVAILABLE (Continued)

and misbehavior at home and school, parent-teacher consultation. Demonstration of elementary and high school group counseling, teacher counseling, and parent-teacher counseling.

Above books and cassettes are available through the Alfred Adler Institute of Chicago, 159 N. Dearborn, Chicago 60601.

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NATURAL HIGH THERAPY. Video-cassette by Buzz O'Connell, patients and staff of the Glass Ark VA DDTC.

The film covers a discussion between Buzz, the patients and staff of the Glass Ark, on their impressions of research training in routine therapy and in natural high therapy. Organizations desiring copies send a blank one-hour color cassette for copying to: Mr. Dan Williams, Medical Media, V.A. Hospital, 2002 Holcombe Blvd., Houston, Texas 77211.

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Genevieve Painter has written a handbooklet for parents of new babies that will be published in September. The booklet provides guidelines that help mothers and fathers give infants and young children a psychologically sound start in life.

DEALING WITH DISOBEDIENCE AND REBELLION IN CHILDREN by Ken Marlin is now available. The new handbooklet describes the origins of much child opposition and offers many concrete steps parents can take to heal ruptured family relationships. It can be used as a handout for parent study and review between counseling appointments. Sample 75¢

Both publications can be ordered from PRACTICAL PARENTING PUBLICATIONS, Box 18, Columbia, MO.

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CMTI Press, Box 13868, Gainesville, FL 32604 now has available 3 pamphlets: The Basics of Adult-Teen Relationships by Don Dinkmeyer; The Basics of Encouragement by Gary McKay; The Basics of Self-Acceptance by Don Dinkmeyer. \$1 each, quantities lower cost.

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REGIONAL ORGANIZATIONS

REGION II NEWS

From Jim McDonough, President, Region II:

"Attention. Members of Region II, initial steps have been made toward developing a set of by-laws and constitutional procedures for intraregional organization. It is hoped that first drafts will be available at the Region II meeting during the Semi-Annual NASAP Convention in Minneapolis on October 29, 1977. The Semi-Annual Convention will provide an excellent opportunity for solidifying further organizational efforts (future regional programs), planning, and reviewing and ratifying whatever governing documents have been readied and prepared by the regional officers.

"It is absolutely essential that our region develop a more consistent communication network and complete state-by-state representation throughout the region. It has been suggested that a representative be elected to a regional committee from each state. Six states within Region II have already submitted representatives. The following is a list of states currently within Region II and those representatives already selected.

- |  |   |
|--|---|
| Illinois..... <u>Robert Powers</u><br>(Delegate Assembly member) | Minnesota..... <u>Gordon Fuller</u>                     |
| Indiana..... <u>Fran Yoder</u><br>(Secretary/Treasurer)          | Missouri  |
| Iowa   | Nebraska..... <u>Melvin Johnson</u><br>(Vice President) |
| Kansas..... <u>John Noel</u>                                     | South Dakota..... <u>Frank Main</u>                     |
| Michigan   | Wisconsin   |

James McDonough (President), Ronald Pancner (Delegate Assembly member)

REGIONAL ORGANIZATIONS (Continued)

REGION II NEWS (Continued)

From Jim McDonough (Continued)

"The four yet unrepresented states: Iowa, Michigan, Missouri and Wisconsin are invited to submit their selected representative to the regional president. It would be helpful if each state representative could also serve as an information and news editor for their state Adlerian activities. We will be making efforts to design and disseminate a Region II Newsletter. Please send any newsworthy information from your state to: Dr. Jim McDonough, Region II President, Alfred Adler Institute of Minnesota, Suite 128, Wood-Excel Building, 5009 Excelsior Blvd., Minneapolis, MN 55416.

"Hope to see all Region II members in October at the Semi-Annual NASAP convention in Minneapolis."

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REGION III NEWS

Region III Meeting

Region III will hold the first annual regional meeting Saturday, Sept. 24 and Sunday, Sept. 25 at the Townehouse Motor Inn, 100 Tenth St. N.W., Atlanta, GA 30309 (I-75 at 85) 404-892-6800/800-323-1776. Reservations can be made by contacting Inn. Fee for 2 days is \$50 or \$25 per day/\$7 luncheon. Saturday program will feature presentations by: Robin Gushurst, Steve Hirschorn, Frank Walton, Kathy Walton, Roy Kern, Fran Mullis/Janis Wright, Ken Matheny, Dan Eckstein, Don Dinkmeyer, Sr., Don Dinkmeyer, Jr.

On Sunday there will be all day workshops on Group Counseling, Life Style Analysis, Consultation with Teachers, Classroom Management and Teleoanalysis, Adlerian Personal Growth Group. These workshops will be led by Frank Walton, Roy Kern and Don Dinkmeyer. Workshops will only be held if a minimum of 15 are enrolled.

Region III Newsletter Editor Needed

Region III still needs assistance in the form of a person willing to organize and develop a newsletter for the region. Don Dinkmeyer, Sr., 11061 N.W. 23 Crt., Coral Springs, FL 33065 and Don Dinkmeyer, Jr., Gainesville, FL are presently co-chairing Region III. If interested in helping, write to Coral Springs.

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COMMITTEE REPORTS

FUNDING AND GRANTS

James J. McDonough, Jr., Special Advisor on Funding for NASAP writes:

"Approximately twenty members of NASAP attended and participated in a "special" meeting on "funding and grant proposals" at the Annual Convention in Chicago this past May. The need for funding of various Adlerian projects, such as Family Education Centers, Parent Study Groups, and other community services was quite apparent all across the country. In addition, the goal of eventually developing a nationwide project for NASAP was discussed and generated some interesting suggestions. Several individuals were either present at the "special" meeting or were designated by those present as having expertise in the areas of grant writing and the procurement of governmental or private foundation funding.

"This group of interested persons at the May convention in Chicago has formed the nucleus of a Committee on Funding with Jim McDonough as Special Advisor to the Delegate Assembly. These actions were recommended to and approved by the Executive Committee of NASAP.

"Other actions included:

1. The establishment of a regular "Newsnotes" section of the NASAP Newsletter which would contain information regarding grant/proposal writing and current as well as

COMMITTEE REPORTS (Continued)  
FUNDING AND GRANTS (Continued)  
Notes from Jim McDonough (Continued)

potential funding sources. (This article is the first in the series of such communiques.)

2. The consideration of NASAP sponsoring regional workshops on grantsmanship and funding along with technical assistance which would be useful in procuring funds.
3. The gathering and organizing of funding information which will be useful for both local as well as national Adlerian activities.
4. A follow-up letter has been sent summarizing the above information and soliciting further comments and assistance from those persons currently considered as part of the NASAP Committee on Funding.

"Funding Tidbits:

"If you are looking for information and funding from private foundations you might start with the Foundation Center located in New York and Washington, D.C. The Foundation Center makes information about philanthropies available at no charge to the public. To obtain a general listing of Foundations, the Foundations Directory may be your best source. Ask for it at the library reference desk.

"Another valuable guide to fund raising for youth-serving agencies is Stalking the Large Green Grant by Marty Adler. It is available through the National Youth Alternatives Project (NYAR) Publications, 1830 Connecticut Avenue, N.W., Washington, D.C. 20009. (Cost: \$5.00)

"Please keep in touch and watch for further funding news and suggestions in future issues of the Newsletter. All correspondence and information regarding funding can be sent to: Jim McDonough, NASAP Special Advisor on Funding, Alfred Adler Institute of Minnesota, Wood-Excel Bldg., Suite 128, 5009 Excelsior Blvd., Minneapolis, MN 55416."

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RESEARCH AND EVALUATION

The following are the Minutes (May 28, 1977) of the NASAP Research Committee:

1. The members of the research committee and their respective responsibilities are Richard R. Kopp (Chairperson), Jack Sutton (Research Information Bank project), James McDonough (Research Review Panel and Editor of "News and Notes" in NASAP Newsletter), Mark Mays (Data-Pool Project), and Thomas Edgar (Research Award Project).
2. It was decided to plan a second Research Review Panel for the 1978 Convention. Jim McDonough will be soliciting proposals to be reviewed at next year's convention. (See further information in this section)
3. Mark Mays will develop a list of Adlerians who are willing and able to be consultants for theses and dissertations. Once developed, the list (including the areas of expertise of each prospective consultant) will be made public in the "News and Notes" section of the Newsletter. Dr. Mays will also develop a list of Adlerians around the country who have access to various kinds of data pools which could be made available to researchers for analysis. A third task will be to compile those research instruments which are useful and relevant in Adlerian research.
4. Jack Sutton will take up the task of developing a Research Information Bank. Included in the task for this year are the development of an information form, to be ready by the next NASAP meeting. The form will be used to accumulate information about published and unpublished research which will be put in the bank. Dr. Sutton will also develop a list of dissertations sitting in university libraries around the continent which should be catalogued. (See special request.) Another goal is to

COMMITTEE REPORTS (Continued)  
RESEARCH AND EVALUATION  
NASAP Research Committee Minutes (Continued)

include "Research in Progress" as part of the "Research and Evaluation" section in the NASAP Newsletter, so that Adlerians can be kept informed about the research projects currently being conducted around the continent.

- 5. Each member of the committee will develop a specific statement of objectives and deadlines for their task-areas during the coming year. These will be mailed to Richard Kopp.
- 6. Although Thomas Edgar was not able to attend the meeting, it was Dr. Kopp's impression that Dr. Edgar would continue to develop a Research Award program. It is expected that the first award will be made at NASAP 1978.
- 7. The Research Committee is a sub-committee of the Publications Committee, chaired by Janet Turner.
- 8. Those attending the meeting were Richard Kopp, Jack Sutton, Jean Burkholder, Birgit LaMothe, Mark Mays, Roberta Knuth, James McDonough, Jr.
- 9. Addresses of the 1977-78 NASAP Research Committee are:
 

Richard R. Kopp, Ph.D.	Mark Mays	James J. McDonough, Jr., Ph.D.
2554 N. Holliston	W115 24th Ave.	Alfred Adler Institute of Minnesota
Altadena, CA 91001	Spokane, WA 99203	5009 Excelsior Blvd., Suite 128
		Minneapolis, MN 55416
 Jack Sutton, Ed.D.	 Thomas Edgar, Ed.D.	
College of Education	Idaho State University	
University of Maine	Box 8225	
Orono, Maine 04473	Pocatello, ID 83209	
	* * * * *	

News Notes and Announcements:  
A CALL FOR PROPOSALS

The NASAP Research Committee will again be presenting a Research Proposal Review Panel at the Annual Convention in Washington, D.C., May, 1978. The purpose of the Panel is to stimulate and assist students, practitioners, and researchers interested in pursuing empirical research in the area of Individual Psychology. A Panel of research experts will review, encourage, and assist in efforts to design relevant and methodologically sound research proposals.

At the 1978 Annual Convention the Panel will provide a working "demonstration" in regard to those research prospecti and studies selected for presentation. The designated researchers will be invited to present their proposals at the convention and work with the Panel in discussing their proposals. For proposals or studies in which data collection has been initiated, comments and suggestions for interpretation and discussion of the results will be given by the Panel. Research efforts are divided into the following areas:  
a) Family education, b) School consultation and teacher education, c) Counseling and Psychotherapy, d) Theory development and exploration.

Interested students and researchers can submit a two-page summary prospectus of their study for initial review and selection to: Dr. James J. McDonough, Jr., Chairperson, Research Proposal Review Panel, Alfred Adler Institute of Minnesota, Suite 128, Wood-Excel Bldg., 4009 Excelsior Blvd., Minneapolis, MN 55416.

Review comments will be returned to those persons submitting prospecti.

COMMITTEE REPORTS (Continued)  
RESEARCH AND EVALUATION (Continued)  
News Notes and Announcements (Continued)

INFORMATION REQUESTED ON DISSERTATIONS, THESES AND UNPUBLISHED PAPERS RELATED TO ADLERIAN PSYCHOLOGY

The research subcommittee of NASAP is attempting to develop a bibliography of doctoral dissertations, masters theses and other unpublished papers that are related to Adlerian psychology. The purpose of compiling a list such as this would be to make it available to the membership realizing that this type of reference document makes the work of any researcher or writer far easier and in the long-run more valuable. We are presently in the process of contacting the major Adlerian graduate programs across the country, but we would also find it helpful if individual members would communicate with us in terms of their own unpublished works as well as those of their students. For our purposes, we only need the information that is generally contained in any standard bibliographic entry. It is also the intention of the subcommittee to keep this list current.

Please send bibliographic information to: John M. Sutton, Jr., Ed.D., College of Education, University of Maine, Orono, Maine 04473.

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Roberta Knuth is currently interested in any research studies that have been done concerning the time teachers spend in nonteaching and disciplinary activities with a pre- and post-evaluation of a teacher study group. Please send any ideas or information to: Roberta Knuth, 3260 Linwood Ave., Santa Rosa, Calif., 15404.

-----Research and Evaluation News Submitted by Jim McDonough, Research Editor

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NEWSNOTES

REGION I--FAR WEST

ALBERTA

Edmonton--The Individual Psychology Society of Edmonton will sponsor a workshop by Frank Walton entitled "Winning the cooperation of Adolescents in the Home and School" on September 29, 30, and October 1.

CALIFORNIA

Rohnert Park--Lynn Lott will be giving two workshops at Sonoma State College. "Maintaining Sanity in the Classroom", 2 units, will be on September 22-December 1. "Maintaining Sanity in the Home", 1 unit, will take place on September 21-November 16.

Healdsburg--Lynn Lott will conduct a pre-service and in-service at Fitch Mountain School, September 7-October 31.

Petaluma--Pepper Free Kindergarten cosponsors the Family Education Center on Wednesdays. Lynn Lott is director.

Santa Rosa--"Marriage in a Changing World" is the topic on which Lynn Lott will be speaking on September 27-November 15.

For more information contact Lynn Lott, 4376 Raymonde Way, Santa Rosa, CA 95404.

Northridge--Eleanor B. Hedvig is treasurer of two psychology organizations in Los Angeles for 1977: the San Fernando Valley Psychological Association and the Association of Child and Educational Psychologists of Los Angeles. In the fall, Eleanor will be a participant in a five-part lecture series on "Family Identity" at Temple Solael of

NEWSNOTES (Continued)

REGION I--FAR WEST (Continued)

Northridge (Continued)

of Woodland Hills. Her presentation will be "How to Avoid the Pitfalls of Modern Marriage".

HAWAII

Honolulu--Genevieve Painter received international publicity recently when a lengthy article appeared in the Jerusalem Post, May 30, 1977 giving a short biographical sketch of Dr. Painter and her work with Adlerian psychology. The article describes her book, TEACH YOUR BABY, and expounds on the Adlerian concepts contained in it. An interesting notation by the reporter is that every mother-and-child centre in Jerusalem has a copy of Genevieve's new book. The reporter states that many parents give Dr. Painter credit for raising their children. There is a plan for each centre to add two half-time "educational assistants", along with some books and equipment, to teach mothers techniques of infant stimulation.

REGION II--MIDWEST

MINNESOTA

Minneapolis--The Alfred Adler Institute of Minnesota will present a workshop entitled "Anger" on Thursday evenings, September 15,22,29 at North Memorial Hospital, 3220 Lowry Ave. N. The instructor is Fae Moog. The workshop will explore fear, depression, guilt, etc. and will engage in theories instructing the proper way to deal with expressions of anger in an open and constructive way. Pre-register by calling the Adler Institute, 926-6511.

"Self-Expression through Journal Writing" is an eight-week course held Thursday evenings September 15-November 3 by Robert Israel at the Rudolf Dreikurs Institute, 1725 Emerson Ave. So., Minneapolis, Minnesota 55403. The course introduces the journal and its meaning and will provide writing exercises aimed at opening and loosening personal writing voice. The goal is to develop, through imagery, impression and observation, a personal voice to convey feelings. Fee is \$32.00.

REGION III--SOUTH

TEXAS

Houston--Buzz O'Connell will be teaching two courses at the Institute for Creative Community Living, Inc. in the fall. The courses are Psychology 3332: Theories of Personality, and Psychology 5377: Self-Actualization III: Imaginal Techniques.

Buzz will lead a Death and Dying Weekend Workshop - A Life is for Living Lab at the C.G. Jung Educational Center, 5200 Montrose, Houston, TX 77006 on October 21,22,23. Tuition is \$60 (\$45 for students w/ID. 1 Continuing Education Unit (CEU) is given for the workshop. The Lab will focus on how we constrict ourselves from living life to its fullest dimensions by denying our own death and the deaths of others. The weekend promises some answers to: "What have I always wanted to do in life? Why am I not doing it?"

"Why Hollywood Superstars Commit Suicide" is the topic discussed by Walter O'Connell in the April 5, 1977 National Enquirer. A photograph of Buzz is included for those of you who have been longing for one.

REGION IV

DELAWARE

Wilmington--The Family Education Center of Delaware (FEC) hosted the Region IV Spring Meeting on March 25,26,&27, 1977. The following letter was received by FEC the

NEWSNOTES (Continued)

REGION IV--MIDDLE ATLANTIC (Continued)

DELAWARE (Continued)

Wilmington (Continued)

following day and illustrates the value of Regional activity.

"In working with Renee Lane and Carol Lynn Suplee I have picked up some of their ideas, techniques, and enthusiasm. I have been wanting to pick up more of the basic philosophy of their methods and I jumped at the chance to attend the workshops this past weekend. I'm very glad I did, for many reasons. I picked up a lot of information that will be useful in the classroom and at home. The presentations were well organized and run by people who were enthusiastic and who really believe what they were presenting.

"The weekend was also very enjoyable from a social standpoint too. Friday when I arrived, I knew two people. By Sunday I felt I was a part of a large happy family. I left with a really good feeling inside. Any time I was standing on the sidelines, someone would take the time to talk to me and introduce me to at least one other person. You were willing to listen to problems and eager to offer solutions. You came across as a very happy group, willing to give of yourselves with an enthusiasm that is very contagious.

"Here is my FEC membership fee - I want to know MORE. Sincerely yours, Christine E. Oberg"  
-----Submitted by Barney Lane

MARYLAND

Bowie-- The Semi-Annual meeting of Region IV is scheduled for October 22, 23 at the Adler-Dreikurs Institute at Bowie State College. The program will be staffed by Region IV talent and will also feature dedication of the new physical facilities in which the Institute will be housed.

(Ed. Note: It is an editing error that the above articles were left out of the REGIONAL ORGANIZATION Section of this Newsletter. Please excuse our mistake, Region IV.)

The annual series of fall conferences sponsored by the Adler-Dreikurs Institute at Bowie are scheduled October 1-2, October 22-3, and Nov. 12-13. Participants may attend on either a noncredit or graduate credit basis.

NEW JERSEY

Blackwood--Leo Gold will speak on "The Suburban Delinquent" at Camden County Children's Center, Lakeland in Blackwood, NJ on September 15. For information contact: Mary Previte, Superintendent Camden County Children's Center, Lakeland, Blackwood, NJ 08102.

OHIO

Cleveland--"Techniques of Psychotherapy" will be the topic of a talk by Leo Gold on September 25th and October 2nd. Contact: Don C. Higgin, 12500 Edgewater Drive, Lakewood, Ohio 44107.

Dayton--On September 11th, Leo Gold will discuss "Your Dreams Are You." Interested people can contact Jim Evans, Alfred Adler Institute of Dayton, 122 East Apple Street, Dayton, Ohio 45409.

Bernice Grunwald will be giving workshops on "Maintaining Sanity in the Classroom" on October 1, November 5, and December 3 at Dayton Public Schools, Grace A Greene Vocational Center, 503 Eison St., Dayton, Ohio 45407. Contact person is Paul Papanek, AAID-Program Chairman.

NEWSNOTES (Continued)

INTERNATIONAL

SWITZERLAND

Zurich--The next IAIP meeting will be held in Zurich in 1979. The host organization will be the Swiss Adlerian Society. The theme of the Congress will be "IP Counseling and Therapy". The organizers are presently accepting material for the program. Write to: Dr. V. Louis, XIV Kongress der Internationalen, Vereinigung fur Individualpsychologie, Selnaustrasse 15, CH-8002, Zurich, Switzerland.

Beatrice Saemann writes:

"We have just founded an Alfred Adler Institute in Zurich. They are starting the second course for counselors (3 years) next fall 1977, and seem to have about 60 people wanting to attend so far. We also hope to be able to start a counselling center within the next ten years which would be great, and also quite unorthodox for Swiss or even European ways - Vienna has no centers left."

Walter O'Connell sends the following letter from a leading Jungian writer, Jim Hillman:

"A note to thank you for what you sent me on Adler. I am immersed in his things now and finding it very very rewarding, and the paper is coming along. Any recent writing you have on PSYCHICAL HERMAPHRODITISM, ORGAN INFERIORITY, SOCIAL FEELING, FICTION, ANTITHETICAL THINKING...by Adlerians would be welcome." Write to: Jim Hillman, Editor, Spring Publications, Postfach 190, 8024 Zurich/Switzerland.

News from Bill and Mim Pew:

"We will shortly be on our way to the International Congress in Munich, where both of us are delegates, and where I will present a paper on the Number One Priority. From There we travel to Vienna for the 4th Annual Rudolf Dreikurs Summer Institute sponsored by ICASSI. We will be presenting a Marriage Counseling Workshop in South Carolina in conjunction with a semi-annual meeting and will then leave directly to Germany where Mim will give a two weeks course in Psychodrama and I will give two Advanced Theory and Practice Courses at the Rudolf Dreikurs Institute for Social Equality in Zuntersbach. Mim will be teaching her regular 3 quarter course at the Univ. of Minnesota again this year which is sponsored jointly by the Department of Youth Studies in the Division of Continuing Education for Social Work. I am scheduled to teach one course at the University-Winter Quarter, under the Division of Continuing Education for Women. In September, Mim and I will be doing a two day workshop on Marriage Counseling. On the 21st and 22nd, in Mankato, Minn., sponsored by Minnesota Valley Mental Health Center at Mankato State University, this workshop will kick-off the formation of a Marriage Education Center in Mankato which will be held in conjunction with the existing Family Education Center."

Ottawa West Family Enrichment Association Sends:

THE TALE OF THE OYSTER

There once was an oyster  
Whose story I'll tell  
Who found that some sand  
had got into his shell.  
Just one little grain,  
but it gave him such pain.  
How did he berate  
the working of fate  
That brought him to such  
a deplorable state?  
Did he curse the government?

Call that the sea  
should give him protection?  
"No", he said to himself  
as he lay on the shelf  
"since I cannot remove it,  
I'll try to improve it."  
The years rolled by  
as the years always do  
And he came to his  
Ultimate destiny - oyster stew.

And the grain of sand  
that bothered him so  
Was a beautiful pearl,  
all richly aglow.  
Now this tale has a moral,  
for isn't it grand  
What an oyster can do  
with a morsel of sand?  
What couldn't we do  
if we'd only begin  
Improving the things  
that get under our skin?

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NORTH AMERICAN SOCIETY OF ADLERIAN PSYCHOLOGY SEMI-ANNUAL CONVENTION

FAMILY: THE ROOTS OF MENTAL HEALTH

CURTIS HOTEL, MINNEAPOLIS, MINNESOTA

OCTOBER 29-30, 1977

REGISTRATION FORM

SATURDAY SYMPOSIUM

Keynote Speaker: Raymond N. Lowe, Ph.D.

Luncheon Speaker: W.L. Pew, M.D.

Presenters:

Bernice Bronia Grunwald	Norma Lou McAbee	Arnold J. Adreani
Bruce Schneidman &	John J. Zarski	Kathy Kvolts-Riedler
Kay L. Kummerow	John West	Bill Kvolts-Riedler
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Thomas Wright	Don Dinkmeyer, Sr.	Holly Grafton
Richard D. Berrett	Don Dinkmeyer, Jr.	Dale Gillow
Hal McAbee	Francis X. Walton	

SUNDAY NASAP WORKSHOPS

A. Oscar C. Christensen, Jr. - Understanding the Child in the Context of School and Family

B. Raymond N. Lowe - Multiple Family Therapy/Counseling

C. W.E. O'Connell & Deanna K. Edwards - Death: Creative Grief and Actualization, An Experiential Workshop

D. Miriam L. Pew - Psychodrama and Psychodramatic Techniques

FEES (check appropriate spaces)

Saturday Symposium

Pre-registration \$20.00 \_\_\_\_\_  
On-site registration \$25.00 \_\_\_\_\_  
Saturday Buffet Lun. \$ 5.00 \_\_\_\_\_  
Saturday Gala \$15.00 \_\_\_\_\_  
(A festive evening at the elegant  
Lafayette Club on beautiful Lake  
Minnetonka)

Sunday Workshops \$25.00

Indicate choice below:

\_\_\_\_\_ A. Oscar Christensen  
\_\_\_\_\_ B. Raymond Lowe  
\_\_\_\_\_ C. W.E. O'Connell &  
Deanna Edwards  
\_\_\_\_\_ D. Miriam Pew

Make check payable to: Alfred Adler Institute of Minnesota. Amount of check enclosed \_\_\_\_\_. Early mailing is advised. Mail to: Ms. Patricia Mersy, 17020 - 25th Ave. N., Wayzata, MN 55391, or: Ms. Anna Wood, (612) 588-5238.

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Pre-registration must be received by Oct. 20. No cancellations will be honored after Oct.25. Your cancelled check is your receipt.

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