

# NORTH AMERICAN SOCIETY OF ADLERIAN PSYCHOLOGY \_\_\_\_\_ NEWSLETTER

---

Kay Schecht  
Editor

159 N. Dearborn  
Chicago, IL 60601

---

OCTOBER, 1977

## PRESIDENT'S MESSAGE

Dear Friends:

In keeping with a Society commitment to increase the participation in the solution of social problems, NASAP has applied, and is being considered for membership in the Coalition for the White House Conference on Families. Other action consistent with this commitment is manifested in the scheduling of the first semi-annual forum by our Advocacy subcommittee. The topic of the first forum is "Child Abuse", and it will be held as part of our meeting in Minneapolis.

The success of our first membership campaign last year stimulated the Delegate Assembly to make the campaign an annual affair. This year's membership drive will commence October 29, at our semi-annual meeting. You will be receiving further information about the drive from the committee on Development.

Regional activity continues to grow. Region II held its very first conference and workshops in Atlanta September 23-25. See you in Minneapolis.

Best wishes,



Francis X. Walton  
President

---

## 1977 NASAP SEMI-ANNUAL NATIONAL CONVENTION IN MINNEAPOLIS - OCTOBER 29-30

Flyers, along with hotel reservation cards, have been sent to all NASAP members with information about the NASAP Semi-annual National Convention to be held at the Curtis Hotel, Minneapolis, Minnesota on October 29-30, 1977. Theme of the convention is "Family: The Roots of Mental Health". For more information see flyer attached at the back of this Newsletter.

Attention: There is a correction to the flyer inserted in September's Newsletter: The price for the luncheon at the convention should read \$5.50, rather than \$5.00 as stated.

---

## DEADLINES FOR MATERIAL TO BE SENT TO CENTRAL OFFICE FOR NEWSLETTER:

November/December issue -- November 4, 1977      January issue -- December 5

Mail news information to NASAP, 159 North Dearborn, Chicago, Illinois 60601

CALENDAR OF EVENTS

- Sept. 29, 30 Workshop, "Winning the Cooperation of Adolescents in the Home and School", for the Individual Psychology Society of Edmonton, Alberta, Frank Walton
- Sept. 30 Workshops, "Parent Group Leadership Training" for the north area of the  
Oct. 1 Albuquerque Public Schools and the University of New Mexico Continuing Education, Gary McKay
- Oct. 1-2, 22-23, Annual series of fall conferences sponsored by the Adler-Dreikurs  
Nov. 12-13 Institute at Bowie, MD, graduate credit or noncredit
- Oct. 1, Nov. 5, Workshops, "Maintaining Sanity in the Classroom", 3 graduate credits,  
Dec. 3 Dayton Public Schools, Grace A. Greene Vocational Center, Dayton, Ohio, Bernice Grunwald. Contact Paul Papanek, AAID program Chairman, 5625 Westcreek Dr., Dayton, OH 45426
- Oct. 4 Frank Walton will speak to the South Carolina Society for Children Under Six, on "Child Guidance Without Punishment". Contact, for more information, Susan Stroman, 803/777-4801
- Oct. 5 Pre-convention workshop on Consultation Skills, Texas Personnel & Guidance Association, San Antonio, Tx, Don Dinkmeyer, Sr.
- Oct. 6 Parent Group Leadership Program for Army Chaplains at Ft. Bliss, TX,  
Nov. 3 Gary McKay
- Oct. 12 Annual meeting of Lexington-Richland County Mental Health Association in Columbia, South Carolina, Frank Walton, featured speaker
- Oct. 13,14,15 National Meeting of the Evaluation Research Society at the Washington Hilton Hotel, Washington, D.C. For information write to Dr. Lois Ellen, Datta Program Chair - Evaluation Research Society, National Institute of Education, 1200 19th St. N.W., Washington, D.C.
- Oct. 13,20 "Death and Actualization Lab", St. Jerome's Church, Houston, TX, Buzz O'Connell
- Oct. 14,15 2-day workshop, "Tactics in Psychotherapy", Harold Mosak, at IAME in Tucson, AZ. Contact Nicki & Robert Oliver, 8251 E. Tanquezerde Rd., Tucson, AZ 85715
- Oct. 14 Kurt Adler will speak at the Alfred Adler Institute of Fort Wayne, IN, on "The Prevention of Neurosis"
- Oct. 21,22 Adlerian training by Harold Mosak for staff of St. Joseph's Children's Home in Torrington, WY. For more details contact James M. Gamble, Director, P.O. Box 1117, Torrington, WY 82240
- Oct. 21,22,23 "Death and Dying Weekend Workshop - A Life Is for Living Lab", Buzz O'Connell, C.G. Jung Educational Center, 5200 Montrose Blvd., Houston, TX 77006
- Oct. 22,23 Region IV Semi-annual Meeting at Bowie State College in Bowie, MD. For information contact Hal McAbee, 2421 Kelford Lane, Bowie, MD 20715

CALENDAR OF EVENTS (Continued)

- Oct. 22,23            Region IV meeting at the Adler-Dreikurs Institute at Bowie State College
- Oct. 23                Symposium on New Concepts in Pain Control, Springfield, Massachusetts, Harold Mosak will speak on "Psychological Factors in the Understanding of Pain". For more information contact Dr. Joseph Ellison, Chairman, 146 Chestnut St., Springfield, Mass. 01103
- Oct. 29,30            NASAP 1977 Semi-annual National Convention at Curtis Hotel in Minneapolis, MN. Theme is "Family: The Roots of Mental Health". (See attached flyer.)
- Nov. 3,4                A seminar in Individual Psychology will be taught by Harold Mosak in a program sponsored by the University of Tennessee (at the University) and the Oak Ridge Regional Mental Health Center. Contact Dr. Robert Wyrick, at the Center, in Oak Ridge, Tennessee.
- Nov. 4,5                Workshop, "STEP Leadership Training" at the Family Planning Institute, El Paso, TX, Gary McKay
- Nov. 11,12,13        "Natural High Theory & Practice", Buzz O'Connell, Bowie State College, Bowie, MD
- Nov. 13                AAI of Cleveland, Harold Mosak, will teach the last half of course 321, "Tactics in Psychotherapy"



FALL CALENDAR OF WORKSHOPS,COURSES

ALFRED ADLER INSTITUTE OF CHICAGO

- Begins                101    Introduction to Individual Psychology I, Bernard Shulman
- Oct. 3                333    Group Counseling, Howard Pollack
- 321    Theory and Practice of Psychotherapy and Counseling I, Dorothy Peven
- Begins                341    Family Counseling I, Bernice Grunwald
- Oct. 4                501    Professional Problems, Harold Mosak, Michael F. Hartings
- 471    Continuing Case Seminar, Dorothy Peven
- 311    Clinical Assessment I, Sherwood Perman
- Begins                336    Group Therapy: An Experiential Course, Leo Lobl
- Oct. 5                211    Psychological Tests and Measurements, Sherwood Perman
- 344    Marriage Counseling I, Gerald J. Mozdierz
- Oct. 6                502    Small Group Supervision, Adaline Starr
- Oct. 8, 22,            351    Behavior Problems In the Classroom, Bernice Grunwald, Don Verger  
Nov. 12, Dec. 3

ALFRED ADLER INSTITUTE OF ONTARIO

- Sept. 24,25            101    Introduction to Individual Psychology I, Harold Mosak,  
Oct. 15,16            Stanley Shapiro
- Oct. 6,13,20,27,      AAI    Behavior Problems in the Classroom Grades 1-6, Pearl Cassel,  
Nov. 3                William Taylor
- Oct. 6,13,20,27      AAI    Behavior Problems in the Classroom Grades 7-13, Stanley Shapiro,  
Nov. 3                Larry Nissenbaum

CALENDAR OF EVENTS (Continued)

FALL CALENDAR OF WORKSHOPS, COURSES (Continued)

ALFRED ADLER INSTITUTE OF ONTARIO (Continued)

- Oct. 29, 30           AAI   Psychodrama: Rehearsal for Living, Adeline Starr
- Nov. 5, 6,  
Dec. 3,4            102   Introduction to Individual Psychology II, Fr. Maurice Ouellet,  
Dorothy Peven
- Nov. 19,20           AAI   Marriage Enrichment, Bill and Mim Pew
- Dec. 10,11           AAI   Death and Actualization, Buzz O'Connell

ADLER-DREIKURS INSTITUTE

October 1-2, 22-23,       Fall conferences begin. Participants may attend on either a  
Nov. 12-13               noncredit or graduate credit basis.

---

OF GENERAL INTEREST

GRANT RECEIVED FOR FAMILY EDUCATION CENTER - EXCITEMENT IN PHILADELPHIA

"The Community College of Philadelphia has received a one year grant from the William Penn Foundation for a Family Education Center. This project is a direct outgrowth of another Community College program that has helped over 1,000 foster parents cope with problems of raising foster children. The success of the Foster Parent Education Program and the inquiries derived from it suggested that a similar program would be of great value to all parents and children as well as area social agencies.

"This grant will provide study groups, workshops and seminars for training in family education methods and techniques. A portion of the grant will be used to initiate a counselor training program.

"We are really anxious to get started and plan to use this year to build a solid foundation for a permanent Center, one that will provide services for all family members including senior citizens. Anne Wagner and Betty Lou Bettner will be working on this project for the College and will be looking for help, and suggestions. They're filled with hope (hope that your social interest will fill the gap between fee schedules and the reality of the budget.)"

ADLERIAN APPROACHES TO BE UTILIZED IN TREATMENT OF EMOTIONALLY DISTURBED CHILDREN IN WYOMING

James M. Gamble, Director of St. Joseph's Children's Home in Torrington, Wyoming has informed us that Harold Mosak will be presenting a two-day workshop for their staff on October 21 and 22.

St. Joseph's is a treatment center for emotionally disturbed children. They are using an Adlerian approach with their children by providing and utilizing training in Adlerian theory for staff and social workers throughout the state of Wyoming. For more information on the program, contact James M. Gamble, Director, St. Joseph's Children's Home, P.O. Box 1117, Torrington, Wyoming 82240.

DEATH OF MEMBER

Nahum E. Shoobs, 145 Hicks St., Brooklyn 1, NY, writes:

"Enclosed you will find an obituary notice of Abraham D. Zweibel. He earned the respect of all who knew him, whether as teacher, fellow worker or friend."

OF GENERAL INTEREST (Continued)  
DEATH OF MEMBER (Continued)

Abraham D. Zweibel, 88 years of age at time of death, lived in Newark, New Jersey, Miami, Florida, Lakewood, New Jersey and lately Tacoma, Washington. He was Staff Psychologist at the Alfred Adler Consultation Center and Mental Hygiene Clinic in NYC. He was head of the Foreign Language Department at Barringer High School, Newark, New Jersey for 40 years. He also taught at Panzer College in East Orange, New Jersey.

We, the membership of NASAP, would like to express our sincere appreciation for Dr. Zweibel's many contributions to the growth of Adlerian psychology.

"COURAGE TO BE IMPERFECT" T-SHIRTS

Courage to be Imperfect T-Shirts are being sold to raise profits for the NASAP 1978 Annual Convention in Washington, D.C. They are available in two styles at \$5.00 each.

Those wishing to order may do so by sending the following information to NASAP '78, c/o Geni Felsing, 7601 Marshall Drive, Annandale, VA 22003:

Number of each \_\_\_\_\_ White with navy trim and lettering. Circle size: S M L XL

\_\_\_\_\_ Light blue with navy lettering. Circle size S M L XL

\$ \_\_\_\_\_ Enclosed for \_\_\_\_\_ T-shirts

Please allow 2-6 weeks for delivery. Checks may be made payable to NASAP '78.

-----

PUBLICATIONS

CLINICAL ASSESSMENT: A SYLLABUS by Harold Mosak and Bernard Shulman. Published by the Alfred Adler Institute, Chicago, 1977. Paper. \$1.50.

New books by Ed and Barbara Janoe, published by Family and Life Enrichment Center:

DEALING WITH FEELING outlines the method Ed has developed, using early recollections and fantasy, to get rid of uncomfortable feeling. \$2.50.

THE TALE OF THE SECOND MOTHER leads to a feeling-level understanding of sibling rivalry. \$2.50.

MY PIE: WHO AM I? demonstrates the way our behavior changes as our roles in life and our feelings about those roles change. (This book has been especially valuable in working with new parents and with the newly retired.) \$2.50.

SEX GAMES YOU MAY NOT WANT TO PLAY describes those automatic games, largely culturally learned, that interfere with good sexual adjustment. \$4.50.

ABOUT ANGER takes a new look at anger and what it means, examining both the feeling and the behavior. \$2.50.

All the above are available from AAI of Chicago, 159 N. Dearborn, Chicago 60601, 312/346-3458.

\* \* \* \* \*

ABC'S FOR BABIES by Genevieve Painter, published by and available from Practical Parenting Publications, P.O. Box 18, Columbia, MO 64201, 1977. 16 pages. 75¢ includes postage.

REGIONAL ORGANIZATIONS

REGION II

News from Ron Pancner is that Region II is currently working at getting a set of by-laws together to govern its region activities.

REGION III

Region III held its first regional meeting at the Atlanta Townehouse Motor Inn in Atlanta, Georgia on September 24 and 25. We expect that news of that meeting will be forthcoming in the November/December Newsletter.

REGION IV

The Semi-annual meeting of Region IV is scheduled for October 22,23 at the Adler-Dreikurs Institute at Bowie State College in Bowie, Maryland. The program will be staffed by Region IV talent and will also feature dedication of the new physical facilities in which the Institute will be housed.

The Region IV 1978 spring meeting will be held in Baltimore, Maryland on April 8 & 9, 1978. Harry and Carol Olson, of Baltimore will serve as co-chairpersons.

---

NEWSNOTES

REGION I--FAR WEST

ALBERTA

Edmonton-- Frank Walton will be giving a workshop on "Winning the Cooperation of Adolescents in the Home and School" for the Individual Psychology Society of Edmonton, Alberta on September 29 and 30.

ARIZONA

Tucson--Harold Mosak will be giving a two-day workshop on "Tactics in Psychotherapy" at IAME in Tucson on October 14 and 15. For more details contact Nicki and Robert Oliver, 8251 E. Tanquezerde Rd., Tucson, Arizona 85715.

NEW MEXICO

Albuquerque--Gary McKay will conduct parent group leadership training in Albuquerque, on September 20 and October 1 for the north area of the Albuquerque Public Schools and the University of New Mexico Continuing Education.

WYOMING

Torrington--Adlerian training will be given by Harold Mosak for the staff of St. Joseph's Children's Home in Torrington. For more details, contact James M. Gamble, Director, P.O. Box 1117, Torrington, Wyoming 82240.

REGION II--MIDWEST

ILLINOIS

AAI of Chicago--Michael F. Hartings, has been appointed Director of the Rudolf Dreikurs Psychological Services Center and Acting Dean of Faculty. Since 1971 he has

NEWSNOTES (Continued)

REGION II--MIDWEST (Continued)

ILLINOIS (Continued)

AAI of Chicago (Continued)

been Director of Education and Clinical Training at Rush Presbyterian-St. Luke's Medical Center in Chicago where he serves as Director of APA-approved internships in clinical psychology, as a staff psychologist, and an Associate Professor of Psychology at Rush Medical College. He is a registered psychologist in Illinois and a diplomate in Clinical Psychology, American Board of Professional Psychology. He is a member of NASAP, APA, Chairperson of the Clinical Section of the Illinois Psychological Association, and is completing the Psychotherapy Program at the Institute.

Thirteen courses have been scheduled for the Fall Quarter, beginning the week of October 3. Contact the Institute for details. AAI of Chicago, 159 N. Dearborn, Chicago, Illinois 60601, 312/346-3458.

Nine courses were offered during the Summer with a good registration in all of them. Many out-of-town students who have been admitted to the Master's program completed some of the program requirements this Summer. Next Summer, the Institute will offer a Continuing Case Seminar and Small Group Supervision, among other courses, to provide students outside the Chicago area with an opportunity to complete candidacy requirements.

The Commission on Institutions of Higher Education of the North Central Association has submitted a list of proposed evaluators to be scheduled for an on-site visit of the Institute during the Fall Quarter. Hopefully, this visit will be followed by the advancement of the Institute from Candidate Status to full accreditation.

The Institute has applied to the Illinois State Medical Society for Category I credit for physicians. ISMS evaluators will visit the Institute this Fall.

MINNESOTA

Minneapolis--This year's NASAP Semi-annual National Convention will be held at the Curtis Hotel in Minneapolis, Minnesota on October 29 & 30. Saturday's symposium offers presentations from twenty-three speakers, as well as a luncheon and Saturday Gala. The Saturday Gala offers a festive evening at the elegant Lafayette Club on beautiful Lake Minnetonka. Sunday workshops will be given by Oscar Christensen, Raymond Lowe, Walter O'Connell & Deanna Edwards, and Miriam Pew. See Flyer attached to this newsletter for more information, or contact Ms. Patricia Mersy, 17020 - 25th Ave. North, Wayzata, Minnesota 55391, or: Ms. Anna Wood, 612/588-5238.

Parent Study Groups are now forming to discuss the book, CHILDREN: THE CHALLENGE by Rudolf Dreikurs and RAISING A RESPONSIBLE CHILD by Don Dinkmeyer. The fee is \$10.00 per family unit. Single parents most welcome. For further information and registration please call the Alfred Adler Institute of Minnesota, 926-6511.

INDIANA

Fort Wayne--"The Prevention of Neurosis" is the title of the talk to be given by Kurt Adler at the Alfred Adler Institute of Fort Wayne on October 14.

REGION III - SOUTH

SOUTH CAROLINA

The South Carolina Society for Children Under Six will include Frank Walton as a speaker on "Child Guidance Without Punishment". For more details, contact Susan Stroman, 803/777-4801.

NEWSNOTES (Continued)  
REGION III-SOUTH (Continued)

Columbia--Frank Walton will be featured speaker at the Annual Meeting of the Lexington-Richland County Mental Health Association in Columbia on October 12.

TENNESSEE

Oak Ridge--A seminar in Individual Psychology will be taught by Harold Mosak in a program sponsored by the University of Tennessee and the Oak Ridge Regional Mental Health Center. The course will be offered at the University. For more information contact Dr. Robert Wyrick, Oak Ridge Regional Mental Health Center, Oak Ridge, Tennessee.

TEXAS

El Paso--A STEP leadership training workshop will be lead by Gary McKay on November 4,5 at the Family Planning Institute in El Paso.

Ft. Bliss--Gary McKay will conduct a parent group leadership course with Army Chaplains at Ft. Bliss, Texas on October 6 and November 3.

Houston--St. Jerome's Church in Houston will be the site for a "Death and Actualization Lab" by Buzz O'Connell on October 13 and 20.

Buzz will also be leading a "Death and Dying Weekend Workshop - A Life Is for Living Lab" at the C.G. Jung Educational Center, 5200 Montrose Blvd., Houston, Texas 77006.

San Antonio--Don Dinkmeyer, Sr. will give a pre-convention workshop on Consultation Skills for the Texas Personnel & Guidance Association on October 5.

REGION IV

MARYLAND

Bowie--October 1-2, 22-23, and November 12-13 mark the start of fall conferences sponsored by the Adler-Dreikurs Institute at Bowie. The courses may be taken for graduate credit or noncredit.

The Region IV Semi-annual Meeting will take place at Bowie State College. Hal McAbee, 2421 Kelford Lane, Bowie, Maryland, 20715, may be contacted for more information.

The 1978 Spring meeting of Region IV will be held in Baltimore on April 8th and 9th, 1978. Co-chairpersons will be Harry and Carol Olson.

Buzz O'Connell will give a workshop at the Adler-Dreikurs Institute at Bowie on Nov.11,12, & 13.

OHIO

Cleveland--Harold Mosak will teach the last half of Course 321, "Tactics in Psychotherapy" at AAI of Cleveland on November 13.

Dayton--Bernice Grunwald will be giving workshops on "Maintaining Sanity in the Classroom" for the Dayton Public Schools at Grace A. Greene Vocational Center on October 1, November 5, and December 3. The workshops, worth 3 graduate credits, are sponsored by AAI of Dayton and the Department of Counselor Education and Human Services at the University of Dayton. Contact, for further information, Paul Papanek, AAI Program Chairman, 5625 Westcreek Dr., Dayton, Ohio 45426.



NEWSNOTES (Continued)

REGION V

MASSACHUSETTS

Springfield--Harold Mosak, on October 23, will be speaking on the "Psychological Factors in the Understanding of Pain" at a symposium on New Concepts in Pain Control at Springfield Technical Community College. The symposium is of the utmost importance to all doctors concerned with the future quality of health care.

INTERNATIONAL

ISRAEL

Tel-Aviv--Ms. Tilly Milner, Librarian at the Alfred Adler Institute in Tel-Aviv, in a letter to Eugene McClory, AAI of Chicago, writes:

"We here in Israel are a fledgling Institution which is trying to expand in every direction. We run numerous training programs, courses and workshops. Our school has been operating for two years and the success of the venture far surpasses its short history. With its ever increasing student body we have found it necessary to furnish the requirements of these students and start a library.

"We have a small basic collection which will need extensive supplementation in order to cover our subject amply and it is in this respect that I am approaching you.

"A new Institute of our calibre cannot cope with the formidable expense of extensive book purchasing and we would be very grateful for your advise and help.

"Your Institute has over the years printed many publications and we would be very grateful if you could donate to us a selection of the above. We would also appreciate it if you could give us information about other sources that could assist us in building up our library."

Notation from Eugene McClory:

"I am asking the North American Society of Adlerian Psychology to include in its Newsletter the above portion of the letter from Ms. Milner re: assistance for their library so that their need will be brought to the attention of Adlerians throughout the United States and Canada."

THE LANGUAGE OF DESCRIPTIVE PSYCHIATRY

I never get mad -- I get hostile;  
I never feel sad -- I'm depressed.  
If I sew or I knit and enjoy it a bit,  
I'm not handy -- I'm merely obsessed.  
I never regret -- I feel guilty,  
And if I should vacuum the hall,  
Wash the woodwork and such, and not mind  
it too much,  
Am I tidy? Compulsive is all.  
If I can't choose a hat I have conflicts,  
With ambivalent feelings toward net.  
I never get worried or nervous or hurried,  
Anxiety -- that's what I get.

If I go to the Stork Club or Ritz  
And have a good time making puns or a rhyme,  
I'm a manic, or maybe a schiz.  
If I tell you you're right, I'm submissive,  
Repressing aggressiveness too;  
When I disagree, I'm defensive, you see,  
And projecting my symptoms on you.  
I love you but that's just transference  
With Oedipus rearing his head.  
My breathing asthmatic is psychosomatic,  
A fear of exclaiming, "Drop dead."  
I'm not lonely, I'm simply dependent,  
My dog has no fleas, just a tic --  
So if I seem a cad, never mind -- just be glad  
That I'm not a stinker, I'm sick.



LETTERS TO THE EDITOR

THE POWER OF AN ACRONYM - Part II

Maxwell AFB, Alabama September 13, 1977:

In the December issue of the Newsletter, I asked members to react to the idea of using an acronym for Adlerian parent study groups and to propose any which might encompass the Adlerian approach. Since then a number of suggestions have come in from around the country and Canada.

At the May meeting of the Delegate Assembly, the acronym SAIL (Sharing Adlerian Ideas for Living) was proposed. A motion carried to promote SAIL and to consider launching the acronym at the Washington convention for general use. However, before such action is taken by the Delegate Assembly, I believe reactions to acronyms proposed by NASAP members should also be considered.

Marcia Koster and members of the Cincinnati chapter suggested COPE (Council for Ongoing Parent Education). Marti Malterre also suggested COPE (Class on Parent Encouragement, Children of Parents Encouraged, or Class of Parent Education). Lynn Lott recommended PEP (Practical and Effective Parenting). PACT (Parents and Children Together) was proposed by Ann Parks and Rick Rendle. Ann also proposed, among others, HIP (Help in Parenting), HEP (Help for Effective Parenting), SKIP (Skills in Parenting), HOPE (Hints on Parenting Effectively), and FACT (Family Cooperation Techniques). The Alabama chapter had previously suggested ACT (Adlerian Child Training) and HOPE (Helping Ourselves Parent Effectively).

Several members reacted to proposed acronyms given in the Newsletters. Comments included: "HOPE is overused"; "ACT is great, but a short, snappy slogan such as 'ACT, don't just talk' is needed"; "The word ADLERIAN implies cultism which can and does turn off target groups"; "Ideas from study groups train the child, but study groups are for parents"; "HOPE sounds too 'religiousey'"; "We really don't train children--maybe dogs--but not children"; and "PACT smacks a little too much of a 'truce' or a kind of legal agreement."

I would like to offer my own reactions to some of the comments and proposed acronyms. I disagree that use of the word Adlerian implies cultism. In working with parents for the last six years, I know of no instance in which the term has turned off a target group. Adlerian theory and techniques are becoming known throughout the professional community in Alabama. Professionals who have attended workshops conducted by Adlerians use Adlerian psychology and call it by name, even though they do not label themselves Adlerian. I was glad to see Shirley Gould give emphasis to Adlerian psychology in her new book TEENAGERS: THE CONTINUING CHALLENGE.

Regarding the word "training," CHILDREN: THE CHALLENGE has a chapter devoted to taking time for training. Corsini's book, THE PRACTICAL PARENT, opens with the statement, "This is a manual to assist parents in training and re-training their children. . . ." PET puts emphasis on training parents (who are also people).

Concerning the acronyms, SAIL means "to move without visible effort or in a stately, effortless manner; to glide through." Such a concept does not fit our efforts in parent study groups. SAIL makes child-rearing sound like a breeze (no pun intended). SAIL also means "to move conveyed by wind" which is quite different from learning to take your sail out of the child's wind. SAIL fits certain Adlerian group efforts well but does not seem most appropriate for parent study groups. COPE has both positive and negative connotations. While it can mean "to deal with and attempt to overcome problems," it can also mean "to maintain a contest or combat usually on even terms."

LETTERS TO THE EDITOR (Continued)

I like Practical and Effective Parenting, but PEP is very close to Gordon's PET. I agree that HOPE is overused. I still like ACT, and we have been using it now for several months in Alabama. It publicizes the Adlerian approach and implies that we are preparing parents to take positive action in parent-child relationships. I also like PACT. Rick Rendle offers a good argument for its adoption, so I've asked Kay to include his comments in the Newsletter.

From the perspective of local Adlerian organizations, I consider this question of name an important item. Recently, I read a nationwide press release for a nonprofit group operating in several Eastern cities which publicized PACE (Parents After Childbirth Education). I had to find the article to recall the words, but I had no difficulty remembering the acronym. If a local PACE group was being publicized, I would make the connection with the national organization immediately.

Having read the reactions from the membership, I realize we have varying perceptions of parent study groups. Therefore, I recommend we give the Delegate Assembly concrete data on which to make the most acceptable decision. The leading contenders are ACT, COPE, FACT, HEP, HIP, HOPE, PACT, PEP, SAIL, and SKIP. Would you please forward your first, second, and third choices to Kay (preferably) or to Lt. Col. John Bradwell, 564 Alder Street, Maxwell AFB, Alabama 36113.

---John Bradwell

Letter to John Bradwell from Rick Rendle:

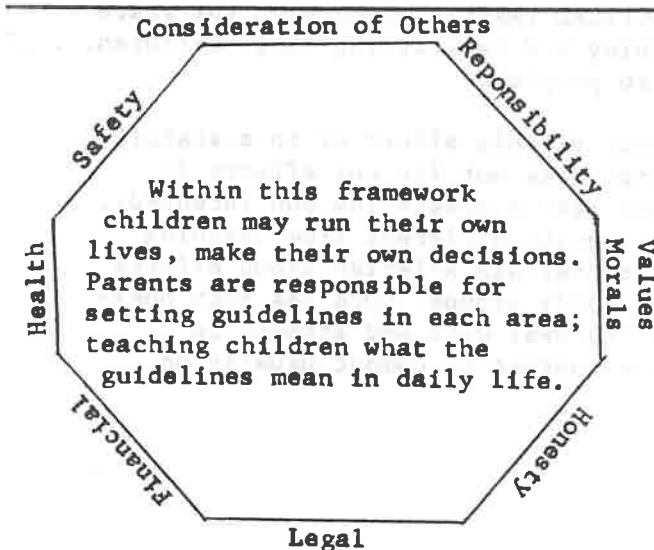
While working toward a doctorate in Adlerian Psychology with Tom Edgar at Idaho State University last fall, I came across an acronym that might be of interest to you.

Daryl Maynard, a teacher participating in a C group I was facilitating, suggested it as one she had discovered in Utah. The acronym is: Parents And Children Together (PACT). It occurred to me, reading Shirley Gould's comments in the Newsletter that "PACT" seems to embody much of what she suggests: "short, snappy and accurate"... Parents and children functioning together toward a goal of harmonious living. PACT furthermore infers/suggests cooperation, an agreement consolidated by equals, a working model for democratic living.

It seems to me that this is the ultimate goal of parent study groups-to educate and encourage parents to make a "PACT for democratic living" with their children.

Hope that these few thoughts may prove of some value to you. Yours sincerely,

Rick Rendle  
Box 1826  
Huntsville, Ontario



PARENT'S STOP SIGN

---Submitted by:  
Marti Malterre  
Orange County, California

ADDITIONS TO 1976 MEMBERSHIP DIRECTORY -- 8-1-77 thru 9-12-77

ANDERSON, Susan, B.A.  
2072 - 7th Avenue  
Sacramento, CA. 95818  
Para-Prof. Counselor

BADER, Marti  
521 Piermont Avenue  
River Vale, N.J. 07675  
Student

BICKHARD, Mark H., Ph.D.  
10204 Willfield  
Austin, TX 78753  
Asst. Professor

BIGELOW, Larry  
11600 - 37th Place No.  
Plymouth, MN 55441  
Branch Manager

BYER, D. June, R.N.  
1509 W. 125th Ct.  
Crown Point, IN. 46307  
Nurse

CRONIN, Michael P., M.A.  
111 Leonard Street, Apt. 22  
Raynham, MA 02767  
Psychologist

DRENNAN, Barbara, D.D.S.  
4 Milburn Park  
Evanston, IL 60201

GOSSETT, Jennifer A., B.S.  
6 Rardin Dr.  
Athens, Ohio 45701  
Student

JOHNSTON, Rod D., M.Ed.  
#1, 9535 129 B Avenue  
Edmonton, Alberta  
Canada T5E 0P7  
Psychologist

KAY, Dena S., M.Ed.  
Rt. 1 Box 633  
12255 N. La Cholla  
Tucson, AZ 85704  
Counselor

LINNES, Audrey, B.S.A.  
2295 Laurier Cres.  
Prince George, B.C.  
Canada V2M 2A9

MC CALLUM, Charles J., M.A.  
Bartlesville Wesleyan College  
Bartlesville, OK 74003  
Teacher

MC DONALD, RONALD L., Ph.D.  
13777 N. Central Crossway  
Keystone Park Suite 500-13  
Dallas, TX 75243

MC DONOUGH, Becky A.,  
2840 Cavell Avenue So.  
St. Louis Park, MN 55426

MC LAUGHLIN, Mike C.  
Rt. 1 Box 114-A  
Swanton, MD 21561  
Teacher

Mackett, Natalie Anne, RN, BA  
906 Brenton Ave.  
Bellevue, NB 68005  
Student

MANDERS, JOAN W., B.A.  
2810 McGill Crescent  
Prince George, B.C.  
Canada, V2N 1Z6  
Teacher

MASTROIANNI, Michael, M.A.  
P.O. Box 164  
Cocoa Beach, FL. 32931  
Counselor

MATHENY, Ken, Ph.D.  
4849 Mill Brook  
Dunwoody, GA 30338  
Professor

MOSELEY, Cynthia  
3572 E. River Road  
Tucson, AZ 85719  
Student

NAPIER, Gary L., M.S.  
1711 S. Homer Apt. #41  
Pittsburg, Kansas 66762  
Student

ORLANDELLA, Leonard, B.A.  
119 Emerald Drive  
Liverpool, N.Y. 13088  
Teacher

PENLAND, Teck  
Rt. #3 Box 370-A  
Rockingham, N.C. 28379  
Student

ROGERS, Francis H., D.P.M.  
850 S. Water Street  
Kent, Ohio 44240  
Podiatrist

SMITH, Arden Lee, M.Ed.  
789 Worthington Drive  
Warminster, Penn. 18974  
Counselor

STANAGE, Thomas S., B.A.  
315 Maple  
Yankton, S.D. 57078  
Counselor

STILLWAGON, Nancy, M.A.  
114 Garland Street  
Bangor, Maine, 04401  
Student

SZIGETI, Alexandra  
Zeitweg 15 CH-8032  
Zurich, Switzerland  
Therapist & Couns.

WILLIAMS, John V., M.A.  
10159 S. King Drive  
Chicago, Ill. 60628  
Probation Officer

CORRECTIONS TO 1976 MEMBERSHIP DIRECTORY - - 8-1-77 thru 9-12-77

BAUKNIGHT, Lt. Col. Gerald C.  
1056 Oak Tree Drive  
San Jose, CA 95129  
Counselor

KELLEY, Jerry D.  
5072 - 7th Ave. N.E.  
Seattle, Washington 98105  
Student

QUILLY, Peter L., Ph.D.  
8823 - 161 Street  
Edmonton, Alberta  
Canada T5R 2L1  
Counselor

BIENIASZ, Susan B., M.A.  
6101 Lamont Drive  
New Carrollton, MD 20784  
Counselor

KJOS, Richard B., B.S.  
2840 Cavell Ave. So.  
St. Louis Park, MN 55426  
Student

SAMUELSON, DAVID J., M.A.  
Box 119 North Road  
Harmony, Maine 04942  
Counselor

GORDON, Marion, M.S.  
(formerly Marion Shapiro)  
1910 Shannon Court  
Alexandria, VA 22306  
Counselor

O'CONNOR, Kevin, M.A.  
1703 No. Kennicott  
Arlington Heights, IL 60004  
Counselor

WICINA, Sandra A., M.S.  
7938 Westgate  
Shawnee Mission, KS 66215  
Counselor

HERRICK, Dolly C.  
8506 Granville Parkway #212  
Omaha, NB 68128  
Student

PILCHER, Beatrix  
P.O. Box 741  
Bowie, MD 20715

NORTH AMERICAN SOCIETY OF ADLERIAN PSYCHOLOGY SEMI-ANNUAL CONVENTION

FAMILY: THE ROOTS OF MENTAL HEALTH  
CURTIS HOTEL, MINNEAPOLIS, MINNESOTA  
OCTOBER 29-30, 1977

REGISTRATION FORM

SATURDAY SYMPOSIUM

Keynote Speaker: Raymond N. Lowe, Ph.D.

Luncheon Speaker: W.L. Pew, M.D.

Presenters:

Bernice Bronia Grunwald	Norma Lou McAbee	Arnold J. Adreani
Bruce Schneidman &	John J. Zarski	Kathy Kvolts-Riedler
Kay L. Kummerow	John West	Bill Kvolts-Riedler
Daniel W. Zenga &	Jane Sherman	Wm. McKelvie
A.N. Galloway, Jr.	Pat Lewis	Ren Dodsen
Thomas Wright	Don Dinkmeyer, Sr.	Holly Grafton
Richard D. Berrett	Don Dinkmeyer, Jr.	Dale Gillow
Hal McAbee	Francis X. Walton	

SUNDAY NASAP WORKSHOPS

- A. Oscar C. Christensen, Jr. - Understanding the Child in the Context of School and Family  
B. Raymond N. Lowe - Multiple Family Therapy/Counseling  
C. W.E. O'Connell & Deanna K. Edwards - Death: Creative Grief and Actualization, An Experiential Workshop  
D. Miriam L. Pew - Psychodrama and Psychodramatic Techniques

FEES (check appropriate spaces)

Saturday Symposium

Pre-registration \$20.00 \_\_\_\_\_  
On-site registration \$25.00 \_\_\_\_\_  
Saturday Buffet Lun. \$ 5.50 \_\_\_\_\_  
Saturday Gala \$15.00 \_\_\_\_\_  
(A festive evening at the elegant  
Lafayette Club on beautiful Lake  
Minnetonka)

Sunday Workshops \$25.00

Indicate choice below:  
\_\_\_\_\_ A. Oscar Christensen  
\_\_\_\_\_ B. Raymond Lowe  
\_\_\_\_\_ C. W.E. O'Connell &  
Deanna Edwards  
\_\_\_\_\_ D. Miriam Pew

Make check payable to: Alfred Adler Institute of Minnesota. Amount of check enclosed \_\_\_\_\_ . Early mailing is advised. Mail to: Ms. Patricia Mersy, 17020 - 25th Ave. N., Wayzata, MN 55391, or: Ms. Anna Wood, (612) 588-5238.

NAME \_\_\_\_\_ STREET \_\_\_\_\_  
CITY \_\_\_\_\_ STATE \_\_\_\_\_ ZIP \_\_\_\_\_

Pre-registration must be received by Oct. 20. No cancellations will be honored after Oct. 25. Your cancelled check is your receipt.

CONVENTION HOTEL INFORMATION

Curtis Hotel registration card will come with separate mailing. Registered guests park free in the Curtis Ramp.

	<u>Economy</u>	<u>Average</u>	<u>Superior</u>
Single Room	\$13.50-\$16.00	\$17.00-\$19.00	\$20.00-\$26.00
Double Room (2 per.)	\$19.00-\$20.00	\$21.00-\$23.00	\$24.00-\$30.00
Twin Beds (2 per.)	\$23.00	\$24.00-\$25.00	\$26.00-\$39.00
One-bedroom suite	\$36.00-\$80.00		

RETURN TO:  
NASAP NEWSLETTER  
KAY SCHECHT, EDITOR  
159 N. DEARBORN  
CHICAGO, IL 60601

Non-Profit Org.  
U. S. POSTAGE  
P A I D  
Chicago, IL.  
Permit No. 822