

NORTH  
AMERICAN  
SOCIETY OF  
ADLERIAN  
PSYCHOLOGY



NEWSLETTER

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Kay Schecht  
Editor

159 North Dearborn Street  
Chicago, Illinois 60601

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JANUARY 1978

PRESIDENT'S MESSAGE

Dear Friends:

Thanks to chairpersons Becky McDonough, Olene Bigelow, Bob Bartholow and many other Minneapolis Adlerians, the Semiannual Meeting of the Society was a productive and enjoyable one.

The Delegate Assembly appropriated \$5,000 to subsidize regional and local Adlerian workshops and projects. Proposals for the use of a portion of these funds are to be made to the Executive Committee within each region. That Committee will then send the proposals and their recommendations to the NASAP Committee on Development for final approval. The Delegates also approved the revised constitution and Bylaws. Final approval of the revised documents rest with NASAP members. The Delegates, and especially Bob Powers, have spent a substantial amount of time on this revision in order to improve the efficiency of the Delegate Assembly.

Among other business conducted was the selection of Providence as the site of the Fall, 1978 Meeting; and the selection of Las Vegas as the site of the Spring, 1979 Meeting. The Delegates also approved the expansion of the Individual Psychologist from semiannual to quarterly publication.

NASAP members, who belong to the American Personnel and Guidance Association may wish to know that one of the current candidates for President of that organization is fellow member of NASAP, Tom Sweeney.

Best wishes,

Francis X. Walton  
President

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1978 MEMBERSHIP DIRECTORY

The 1977 NASAP Membership Directory, to include all new and renewed members as of

January 31, 1977, will be published and mailed to members in February 1978. Renew your NASAP membership now to ensure your place in the 1978 Membership Directory.

E A C H O N E R E A C H O N E M O R E !

CALENDAR OF EVENTS

- Jan. 6, 7 "Parent Education Leader Training" workshop featuring STEP materials. San Diego, California.
- Jan. 7 Family Counseling Demonstration, Frank Walton, Philadelphia Community College - contact Betty Lou Bettner, 979-7369.
- Jan. 10 Family Counseling Demonstration, Frank Walton, Georgia State University, Atlanta, Georgia - Contact John Adair, (404) 658-3462.
- Jan. 20, 21 Workshop on "Winning the Cooperation of Adolescents in the Home and at School," Frank Walton, Sacramento, California - contact Jane Wilson (916) 383-1562.
- Jan. 27, 29 "Natural High Theory and Practice" workshop, Buzz O'Connell, Torrington, Wyoming.
- Jan. 27, 28, 29 "How to Establish a Loving and Meaningful Relationship Seminar," Alfred Adler Institute of Minnesota, Radisson Inn, Plymouth.  
"Phases and Stages of a Relationship" - Thomas Wright-Judy Wright.  
"Dynamics of Mate Selection" - Robert Bartholow.  
"Uses and Abuses of Emotions" - Robert Willhite  
"Human Sexuality - The Intimacy Gap" - Ethelyn Cohen  
(Jan. 27 - 7:30-9:30 PM, Jan. 28, 29 - 9:00 AM - 4:30 PM)
- Feb. 20, 24 "Adlerian Group Psychotherapy," "Group Consultation with Teachers," Don Dinkmeyer, the American Group Psychotherapy Association, New Orleans, Louisiana. For information write AGPA, 1995 Broadway, New York, New York 10023.

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LETTERS TO THE EDITOR

Skokie, Illinois - 11/21/77: Of what earthly interest is it to NASAP the day anyone was born? The only possible reason is to judge who's young and who's old, and there's no justification for it.

Will it take a motion of the Delegate Assembly to delete that blank from the form?

Shirley Gould

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OF GENERAL INTEREST

MEN AND WOMEN: PARTNERS IN COOPERATION

Adlerians have a proud tradition of advocacy for the equality of women. The 1977 ASAP Convention Forum, "Women and Men: Partners in Cooperation," led by Shirley Gould, Gloria

Lane and Janet Terner, highlighted this issue. Documentation from Heinz Ansbacher's new book, now in final preparation for publication, Cooperation Between the Sexes: Adler's Theories of Sexuality, lends historical perspective, such as Adler's insistence in 1885 that the woman question be included as a vital issue for the German Socialist Party, ". . . for there can be no liberation of mankind without social independence and equality of the sexes." He referred to the "excessive preeminence of maleness" as the "cancerous damage of our culture." In 1936 Adler wrote "Language denies to women the complete equality essential for love. We still say that a man 'takes' a wife. Words and proverbs in which the old prejudices still linger are more potent than most men realize. They keep false traditions alive and subtly corrupt our judgement. There should be no 'taking' in love or marriage,

but a mutual 'give and take.'"

Dreikurs also adhered to these principles. An unpublished manuscript, Marriage For One (1940's) was written to help women during the war who suddenly found themselves thrust into new roles in a giant leap toward equality. Dreikurs predicted the resumption of old roles in the '50's as well as women's return and advance at unprecedented levels in demands for equal position in family and society.

The forum also discussed the impact of changing roles on marriage and some reoccurring problems this generates in family education today; recommendations for single parents, new dating patterns, involvement of fathers in parent study groups, the Corsini technique for marital conference. A more complete summary of the session prepared by Shirley Gould including some suggested solutions to these problems is available, on request, from the Society.

Dorothy Peven also addressed the issue recently in a talk entitled, "Historical Perspectives of the Sexual Revolution: Reflections on the Feminist Movement from the Viewpoint of an Adlerian" at the Skokie, Illinois Jewish Community Adult Education Program. Also in Skokie, Bob Powers spoke on the subject "Love, Sex and Superiority: The Infernal Triangle."

In California Lynn Lott is teaching a class at Sonoma State College and County Mental Health entitled, "Women in Marriage" based on Dreikurs, O'Neills, Janoes and Wayne Dyor.

# # #

STUDY ALTERNATIVE PROGRAMS FOR ADLERIAN TRAINING

A commission to study alternative ways that persons may receive training and education within the Adlerian framework has been formed within Region I, in response to the need for those unable to leave work or trek to an Institute or University. Films, tapes, and correspondence courses will be considered as alternative ways to provide quality preparation. In addition this commission will examine various methods for assuring that training institutions, universities or per-

sons are offering quality services. Forms of certification or approval will also be examined. Those interested in working toward some systems of alternative educational programs or in some methods for assuring would-be students that they will receive quality instruction in Adlerian approach should contact Tom Edgar, Ed.D., Box 8225, Idaho State University, Pocatello, Idaho 83209 (see also Summary of Semiannual Report of Committee for Education).

# # #

CHILD ABUSE

Barney Lane, Chairman of the Committee on Development, advises that he is in a position to have impact on this problem in the State of Delaware. He requests copies of papers or reports on this subject--particularly those that have their foundation in Adlerian Psychology. The State is reviewing the entire problem, therefore, anything constructive could prove useful. Please send appropriate material to Barney at 219 Cordon Road, Wilmington, Delaware 19803. A quick response would be helpful.

# # #

NEW APPOINTMENT

Floy Pepper of Portland, Oregon has been appointed to the National Board of Governors Executive Committee for the Council of Exceptional Children.

# # #

PSYCHOTHERAPY BULLETIN QUESTIONNAIRE RESULTS

Results of a Psychotherapy Bulletin Questionnaire published in vol. 10, #4, 1977, lists Children the Challenge by Rudolf Dreikurs as one of five books on psychotherapy most useful to clients. The other four include: A New Guide to Rational Living (A. Ellis and R. Harper), The Intimate Enemy (G. Bach and P. Wyden), Your Perfect Right (R. Albergi and M. Emmons), and, Born to Win (M. James and D. Jangeward).

Rudolf Dreikurs also was one of several



receiving more than three nominations in a list of individuals who have made outstanding contributions to psychotherapy theory. The five most frequently nominated were: Carl Rogers, Albert Ellis, Jay Haley, B.F. Skinner and Joseph Wolpe.

# # #

INDIVIDUAL PSYCHOLOGIST GOES QUARTERLY

The Individual Psychologist will be published as a quarterly in 1978 with publication dates in March, June, September and December. Annual Subscription rates for non-NASAP members are \$7.50 for domestic and \$9.00 for foreign subscribers. Distribution will be made only to paid-up NASAP members and subscribers at time of publication. Word to the wise: "Lest ye suffer the logical consequences of missing an issue, pay your dues on time!"

# # #

SERVICES TO THE WIDOWED

The 1970 Census counted twelve million widowed persons in the U.S.A. About 1.2 million people are widowed annually--the average age at which a person is widowed is 56. Over the past four years Widowed Persons Service of the National Retired Teachers Association and the American Association of Retired Persons has developed programs for the widowed in many different communities around the country. A new quarterly report designed to offer information, bring a sense of community to the variety of programs around the country and to provide a means for sharing hard-learned insights in understanding the needs of the widowed is now available.

If Adlerians are going to survive, we need more purposes for groups than parent-child. If you are currently offering services in this area or are interested in developing groups to address this need, you may find Widowed Persons Service-Insights a helpful resource. All information, requests and correspondence should be addressed to Ruth Loewinsohn, C/O WPS, 1909 K Street, N.W., Washington, D.C. 20049.

# # #

THE IMPORTANCE OF HUMOR

Buzz O'Connell shares some inside dope from the Workshop Library on World Humor: a stereo recording of the entertaining Irish actor and producer, Michael MacLiammoir The Importance of Being Oscar, Part I and II (CBS Classics 61159 and 61160) is now available for affable Adlerians. Immediate purchase is recommended before the Freudians corner all available copies.

Articles on humor in various types of therapy are being gathered and edited for a book geared for lay readership by Dr. Thomas A. Finnegan, President, Summerhill College, Sligo, Republic of Ireland. Contributions from Adlerians encouraged.

PUBLISHED ARTICLES BY ADLERIANS

"Concise Counseling Assessment: The Children's Life Style Guide" by Don Dinkmeyer, Jr. and Don Dinkmeyer, Sr. will appear in the December issue of Elementary School Guidance and Counseling Journal, a publication of the American Personnel and Guidance Association.

Alexandra Adler, M.D. and Kurt A. Adler, Ph.D., M.D. are both contributors to the new International Encyclopedia of Psychiatry, Psychology, Psychoanalysis & Neurology. Dr. Alexandra Adler has contributed an article on "Organ Inferiority and its Compensation" and Dr. Kurt Adler has contributed one on "Adlerian Psychology and a Biography of Alfred Adler."

As Normal As Possible, a new booklet providing a parent's guide to healthy emotional development for children with arthritis by Beth Ziebell, Ph.D., published by Southwest Chapter of the Arthritis Foundation, P.O. Box 6802, Tucson, Arizona 85733. As Normal As Possible focuses on emotional growth rather than medical problems; an "I Can Do" attitude is stressed as being the primary goal necessary for the child's adequate adjustment to arthritis.

Video Tape for Rent: "Bows and Arrows"  
The IPA Family Education Center has an Adlerian video tape called "Bows and Arrows" which can be rented. One needs a video tape player and a television set to present this thirty-minute color video tape. The film is based on the play "Bows and Arrows" which was written by Gloria Lane of Wilmington, Delaware. It illustrates why parents are in a dilemma raising children in today's society and it portrays scenes "before and after" a parent has participated in a ten week Children: The Challenge study group.

The rental fee for "Bows and Arrows" is \$30.00, plus handling, mailing and insurance charges. Call our IPA office, 652-6611, or write if you are interested.

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#### REGIONAL ORGANIZATIONS

REGION III: March 4-5, Region III NASAP will meet in Birmingham, Alabama for Conference and Workshops. Details can be obtained from Dr. Bill Crunk, University of Alabama, School of Education, Birmingham, Alabama 35294.

REGION IV: Semiannual Meeting to be held April 8 and 9th in Baltimore, Maryland. Harry and Carol Olsen will serve as co-chairpersons.

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#### COMMITTEE REPORTS

COMMITTEE ON EDUCATION: Summary of business pertaining to the Education Committee generated at SemiAnnual Meeting in Minneapolis:

1. The Committee will develop contents for the Public Relations Brochure and forward it to the P.R. Committee for Production.
2. The Committee recommended support for the decision for alternative off-campus training program proposals that would lead to a certificate recognized by NASAP. Rowena Ansbacher has undertaken the coordination of information

from already existing certification programs.

3. Ms. Ansbacher also volunteered to coordinate the Special Interest Symposium for the Annual Convention in Washington to focus upon the relationship between current, innovative therapeutic practices and **Individual Psychology**.
4. Eight hundred dollars was allocated for the development of audio-visual materials--videotapes, films, audio tapes-- that would be developed, reproduced and made available through the Society to members at large. If anyone has ideas regarding the use of some of these funds for the development of materials, please submit them to the Committee.
5. A proposal was made to move ahead on the development of a Code of Ethics.
6. Pre- and postconvention workshops were discussed recommending Thursday/Friday pre-convention days for exposure to "lesser-known" Adlerians and Monday/Tuesday postconvention workshops for more experienced practitioners.

Response or contribution to any of these committee tasks may be sent to Donald Kelly, Chairperson, C/O Boy's Town Research Center, 11414 West Center Road, Suite 210, Omaha, Nebraska 68144, (402) 334-9500.

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#### NEWSNOTES

##### REGION I - FAR WEST

##### CALIFORNIA

Mill Valley--Henry Stein will conduct a Parent Education Workshop in December and January at the Children's Cultural Center of Marin. Adlerian child guidance principles and the Montessori philosophy will be featured.

Newport Harbor--Newport Harbor High School Pilot Program includes parents in the high school "Exploring Childhood" class, while



their 2-5 year old children meet in an adjoining preschool area. Children: The Challenge as well as current struggles in being a parent or teenager are discussed. These same students spend time on two other days working with the preschool children. Preschool cost is \$1.00.

San Francisco--Henry Stein will teach a graduate course in Child Treatment at San Francisco State University during the Spring 1978 semester. The course will be based on the original writings of Alfred Adler and the creative applications of Sophia de Vries.

OREGON

Eugene--A new Parent/Youth Counseling Center designed for helping families and those in the helping professions who want to learn new skills in improving family relationships has been launched by Ray Lowe and Jerry Kranzler of the University of Oregon. The program is an outgrowth of the "Saturday Circus," a twenty-year old community program coordinated by Dr. Lowe which has focused on improving relationships between parents, teachers and young children. The program is open to the public without charge.

WYOMING

Petaluma--Petaluma Family Education Center has been awarded a 2nd year grant of \$2,500 from the Charis Foundation, the center has doubled its attendance and meetings are now on a weekly basis.

REGION II - MIDWEST

ILLINOIS

AAI of Chicago--A four-person evaluating team appointed by the North Central Association visited the Institute from November 28 through November 30. They met with the members of the Board and faculty, administrative personnel and students, reviewed financial reports and budget, minutes of meetings, etc. In January the Institute will receive the evaluator's written re-

port and recommendation re full accreditation. The report and recommendation will be reviewed by the NCA Commission on Institutions of Higher Education at its April meeting, and the final decision will be made at that time. On the basis of the visit and the exit interview, the Institute is optimistic.

The Institute's Master's and certificate programs are not limited to Chicago area residents. Throughout the U.S. and Canada local Adlerian groups provide training in Adlerian Psychology which, in many cases, is applicable towards the Chicago Institute's degree or certificate. Please contact the Institute for details.

In a recent survey, a large majority of local Institute students indicated their preference for evening courses rather than weekend courses. Since scheduling must primarily meet the needs of the local students, few weekend courses have been scheduled during the Winter and Spring quarters. However, the summer schedule of courses will be arranged primarily for the benefit of out-of-town students with courses taught in a more concentrated manner. The schedule for this Summer will be available in February.

At approximately the same time you receive this Newsletter, the 1977 State of the Institute will be available. If you wish to have a copy, please send a self-addressed, stamped envelope to AAI of Chicago, 159 N. Dearborn St., Chicago, IL 60601.

As 1977 draws to a close, we wish to express our sincere thanks to the countless members of NASAP whose encouragement and support have contributed immensely to the growth of the Institute during this year. Our very best wishes for the holidays.

1978 WINTER QUARTER SCHEDULE OF COURSES

Jan. 3	342	FAMILY COUNSELING II Bernice Grunwald, M.Ed.
Jan. 3	313	INTERVIEWING TECHNIQUES Dorothy Peven, M.S.W.
Jan. 3	312	CLINICAL ASSESSMENT II Sherwood Perman, M.A.
Jan. 4	503	SMALL GROUP SUPERVISION Leo Lobl, M.S.W.

- Jan. 5 322 THEORY AND PRACTICE OF PSYCHOTHERAPY & COUNSELING II  
Bernard H. Shulman, M.D.
- Jan. 5 336 GROUP THERAPY: AN EXPERIMENTAL COURSE  
Adaline Starr, B.F.A.
- Jan. 9 472 CONTINUING CASE SEMINAR  
Robert L. Powers, M.A.
- Jan. 9 102 INTRODUCTION TO INDIVIDUAL PSYCHOLOGY II  
Harold H. Mosak, Ph.D.
- Jan. 11 304 DESCRIPTIVE PSYCHOPATHOLOGY (ABNORMAL PSYCHOLOGY)  
Sherwood Perman, M.A.
- Jan. 18 345 MARRIAGE COUNSELING II  
Gerald Mozdzierz, Ph.D.

Champaign--The City of Champaign allotted FEA \$700 from its Revenue Sharing money. The money is being used to pay study group leaders and to donate a book per group for use by someone who could not otherwise attend a group because of the cost of a book.

Oakbrook--A small group "Strengths Development Workshop" for corporate executives using early recollections and mini-life style techniques for uncovering disowned strengths and growth blocking attitudes will be conducted by Allan Cox of Management Organizations, Inc., Chicago, in Oakbrook, Illinois, January 24-28 and in La Jolla, California, March 21-25.

INDIANA

Fort Wayne--The Alfred Adler Institute of Fort Wayne is offering Part III of Psychodynamics of Psychopathology on February 18, 1978 with Harold Mosak, Ph.D. Clinical Assessment will be taught in February and March by Chicago faculty.

OHIO

Athens--Tom Sweeney, Ph.D., University of Ohio, reports an overall positive response to the "Coping With Kids" television course for undergraduate and graduate credit founded on the concepts of Dr. Alfred Adler and Rudolf Dreikurs. The course is broadcast on PBS three days a week. Some of the

eleven half hour programs may be put on film as well. Tom and Elizabeth continue to conduct **workshops** and classes in south-eastern Ohio and are now focusing on study groups within the Foster Parents Association. This past November they offered workshops for DOD School Counselors in Japan, the Philippines and Okinawa.

REGION III - SOUTH

TENNESSEE

Nashville--April 7 (evening), April 8-Parent Education Workshop, Hilton Inn, Nashville, Tennessee. Details from Keith Carlson, Middle Tennessee State University, Department of Psychology, Murfreesboro, Tennessee 37132.

TEXAS

Houston--Spring 1978, "Self-Actualization II: Dying and Rebirthing," Walter E. O'Connell, Tuesday evening 5:30-8:30 PM. A course to cover the theoretical and empirical writings in thanatology, new area for medicio-psychological care including writings of Becker, Kubler-Ross, Maddi, O'Connell and Shneidmann focus is on Experiential techniques. University of St. Thomas, Institute for Creative Community Living, Inc., Houston, Texas.

REGION IV - MIDDLE ATLANTIC

MARYLAND

Chevy Chase--After CHILDREN: THE CHALLENGE then What?

The enthusiasm generated by the beginning study groups has encouraged us to plan follow-up workshops. These intensive four-hour workshops will be held on Saturday mornings from 9 AM to 1 PM, covering interesting and important topics:

- Encouragement - January 21
- Communication - January 28
- Family Council - February 4
- Having Fun in the Family - February 11

Also:

Jan. 7-Sat. 9:30 AM

FEC Family Counseling Education Center



Jan. 9-Mon.

WINTER STUDY GROUPS BEGIN

Jan. 9-Mon. 8:00 PM

Adult Intimate Relationships Education  
Center (AIR)

IPA, 6060 Wisconsin Ave., Chevy Chase, Maryland 20015.

### VIRGINIA

Beckley--Manfred Sonstegard and his guidance and counseling staff at the West Virginia College of Graduate Studies in Beckley are conducting a pilot project this year at Day Elementary School in an attempt to 'humanize education.' Vandalism and fighting had been major problems. Emphasis is on parent tutoring, group and individual counseling, parent study group use of stories for self-understanding, the DUSO Kit, and general community involvement. The project is funded by \$5,000 from McDowell County Board of Education and a matching grant from COGS. Sonstegard and his staff are volunteering their time to give the kids a sense of belonging and pride in their school.

### WEST VIRGINIA

The Dreikurs Center, P.O. Box 9453, South Charleston, West Virginia 25309, is offering a Couples Communication Course. Contact Jane Stout, 744-3273 or Betty Randolph, 343-8486.

### REGION V - NORTHEAST

#### CONNECTICUT

Stamford--Two inservice teacher education programs in Stamford, Connecticut Middle Schools, and Norwalk, Connecticut 5 & 6 grade teachers, based on Dreikurs' work, will be sponsored by the Margaret Mead Institute with Marie Hartwell Walker, January - March.

#### MASSACHUSETTS

Springfield--The Springfield Human Development Center in Springfield, Massachusetts is sponsoring parent study groups. A new

group will begin on January 4th from 7 to 9 PM. Jan Hyla and Eileen Madzy will be co-leading the group.

### NEW YORK

New York City--The Federation of Mental Health Centers has made the Alfred Adler Mental Hygiene Clinic its regular monthly meeting place. The organization, a federation of private mental health facilities in the New York area, is currently engaged in developing a collective approach to dealing with governmental agencies and in setting up professional standards for its own members.

Lucia Radl, gathering news for the New York area encourages members to submit items of interest to her in time for the NASAP Newsletter. Lucia Radl, M.D., 246 Westend Ave., New York, N.Y. 10023.

Lucia Radl is leading groups for weight reduction at the Kathrine Engel Center for Senior Citizens. Pounds are coming off through mutual support and a better understanding of what makes people overeat.

Forest Hills--Leo Rattner will conduct a half day seminar on Problems of Adlerian Philosophy. Issues to be discussed include: Why are We Adlerians?; the relationship of individual and society in Adlerian perspective; a working definition of *gemeinschaftsgefuehl*. Direct inquiries to Leo Rattner, 69-40 108 St., Forest Hills, N.Y. 11375.

Canton--Central New York State Canton School District is sponsoring an inservice program "Maintaining Sanity in the Classroom" for forty elementary school teachers led by Linda Watson beginning January.

Statewide--Graduate level courses "Fostering Self-Discipline in the Classroom" a Dreikursian approach to classroom management are offered throughout the State of New York in cooperation with the College of St. Rose in Albany. Persons interested in the courses listed below should contact Ridge Consultants, Cazenovia, N.Y. 13035.

Ithaca Jan. 27-29, Feb. 10-12, Linda



Middletown Watson, instructor  
 Feb. 10-12, 24-26, Sylvia  
Aronson, instructor  
 Hudson Mar. 17-19, 31, Apr. 2,  
Sylvia Aronson, instructor  
 Canton Apr. 7-9, 21-23, Linda Watson,  
 instructor

ONTARIO

Willowdale--Alfred Adler Institute of On-  
tario offers the following courses:

- 301 Psychodynamics of Psychopathology I  
 January 7, 8, 28, 29
- AAI Working with Adolescents  
 February 11, 12
- 302 Psychodynamics of Psychopathology II  
 February 18, 19, March 11, 12

INTERNATIONAL

Don Dinkmeyer has found an enthusias-  
tic reception in Caracas, **Venezuela** for  
both the DUSO (Developing Understanding of  
Self and Others) an elementary school af-  
fective education program and the STEP  
program (Systematic Training for Effec-  
tive Parenting). Dr. Dinkmeyer is work-  
ing with the Centro de Cambio y Crecimiento  
and parents who have expressed interest in  
establishing an Alfred Adler Institute.

The 1977-79 DIRECTORY of the Interna-  
tional Association of Individual Psychol-  
ogy, a forty-four page booklet edited by  
Marven O. Nelson, Ed.D. and Alexandra  
Adler, M.D., has been published recently.  
It contains name and address listings of  
the officers of I.A.I.P. and its member  
organizations; a listing of all known  
Adlerian institutes, societies and major  
periodicals; the I.A.I.P. Constitution in  
English and French; a short history of  
the I.A.I.P. and guidelines for member-  
ship application in English, French and  
German. The DIRECTORY may be obtained  
at the price of \$1.00 by writing to:

Marven O. Nelson, Ed.D.  
Secretary General of I.A.I.P.  
37 West 65th Street  
New York, N.Y. 10023

ADLER AND FREUD  
2ND GENERATION DISAGREE

During the Pathfinders Series last fall  
featuring Alfred Adler, Dr. Kurt Adler,  
commenting upon the attraction between  
Freud and Adler, noted, "My father used  
to be a practicing general physician. A  
step-brother of Freud's was sick with  
pneumonia and had been given up. My  
father was called in because he was known  
to be a very good diagnostian and a very  
good physician. He saved the step-brother's  
life."

This report in The Relay, together with  
other matters, stimulated Ms. Carol Lynn  
Morse, a graduate student at the Univers-  
ity of Oregon, to correspond with Anna  
Freud in England. Dr. Freud replied, "I  
can say with absolute certainty that my  
father never had a step-brother in Vienna.  
He had a younger brother, Alexander, ten  
years younger than himself. He also had a  
much older step-brother who lived in Eng-  
land." Dr. Freud continues, "I am sorry  
to say that I have no knowledge about the  
initial meeting between my father and Dr.  
Adler."

Thus, the mystery continues.

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WHINE, WHINE, WHINE!

New Lyrics by Albert Ellis

(to be sung to the tune of the "Whiffen-  
poof Song")

I cannot have all of my wishes filled--  
Whine, whine, whine!  
I cannot have every frustration stilled--  
Whine, whine, whine!  
Life really owes me the things that I  
miss,  
Fate has to grant me eternal bliss!  
And if I must settle for less than this--  
Whine, whine, whine

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DEADLINES FOR MATERIAL TO BE SENT TO CENTRAL  
OFFICE FOR NEWSLETTER: February issue - Jan.  
6, 1978, March issue - February 3, 1978.

CALL FOR IDEAS

NASAP Annual Convention  
Washington, D.C.  
May 26-31, 1978

We are planning the 1978 NASAP Convention Program and hope to create an experience that will make a genuine contribution to all who attend. In order to make the process of program and workshop selection as democratic as possible, we are asking for your cooperation. Please help us by answering the following questions:

1. Do you plan to attend the convention:
2. If yes to the above, would you like programs for children? (Please include the ages of your children.)
3. What topics would you like to have presented in convention programs or in half-day, full-day, or two-day workshops?
4. Whom would you like to see present a program or workshop? (It would be helpful to include the addresses of these people, and we will contact them to request a proposal.)
5. What program or workshop formats would you like to see? (e.g., demonstration, experiential, etc.)

A summary of your ideas will be included with the call for programs and workshops in the December NASAP Newsletter. Selections of programs and workshops will be made by the first of February. A flyer announcing workshop offerings will be available by the middle of February and the convention program will be published by the first of March. We hope to be able to offer graduate credit and continuing credit for professional groups.

Please send your reactions and ideas to:

Bob Anderson, Co-Chairperson  
NASAP Program Committee  
104 First Avenue  
Takoma Park, MD 20012





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CHICAGO, IL 60601



# NORTH AMERICAN SOCIETY OF ADLERIAN PSYCHOLOGY

## APPLICATION FOR MEMBERSHIP

(Please type or print)

Name \_\_\_\_\_ Date of Application \_\_\_\_\_  
Address \_\_\_\_\_ Telephone \_\_\_\_\_ / \_\_\_\_\_  
(number, street)  
\_\_\_\_\_ Birth Date \_\_\_\_\_  
(city, state, zip code)  
Occupation \_\_\_\_\_ Education \_\_\_\_\_  
Applicant \_\_\_\_\_ Amount  
(signature) Enclosed \$ \_\_\_\_\_

THE SIGNATURE OF A MEMBER IN GOOD STANDING IS REQUIRED FOR MEMBERSHIP ACCEPTANCE. Contact the NASAP central office in Chicago if assistance is needed in obtaining an endorsement.

Endorsement (Member of NASAP) \_\_\_\_\_

### DUES

A full year membership entitles one to receive 10 issues of the NASAP NEWSLETTER (includes back issues for the year), 2 issues of the JOURNAL OF INDIVIDUAL PSYCHOLOGY, and 4 issues of the INDIVIDUAL PSYCHOLOGIST. Less than full year membership includes 1 issue of the JOURNAL OF INDIVIDUAL PSYCHOLOGY, plus the INDIVIDUAL PSYCHOLOGIST and NASAP NEWSLETTER from date paid. Full time student dues are available for one year only at a fee of \$10.00. Other dues are:

Application submitted for full year	\$35.00
March 15 - May 15	26.25
May 15 - Sept. 30	17.50
Sept. 30 - Dec. 1	8.75

Checks may be made payable to NORTH AMERICAN SOCIETY OF ADLERIAN PSYCHOLOGY. Mailing address: 159 N. Dearborn, Chicago, Illinois 60601. 312/346-3458.

### PURPOSE OF THE SOCIETY

The purpose of the North American Society of Adlerian Psychology shall be to promote the knowledge, training, and teaching of Individual Psychology, defined as the psychological theory and practice created and so named by Alfred Adler; to strengthen the activities, efficiency, and development of individuals and groups in Individual Psychology; to establish training centers and institutes of Individual Psychology; to extend the availability of psychotherapeutic services; to publish journals, books, and pamphlets on Individual Psychology; to maintain contact with other groups, associations, and schools of thought in the field of psychology, education, etc.; to encourage and assist local or regional groups to organize and affiliate with the Society.

This Society is organized and will be operating for exclusively educational and scientific purposes and will include the enlistment and involvement of all people who support the philosophy and principles of Individual Psychology.





# NORTH AMERICAN SOCIETY OF ADLERIAN PSYCHOLOGY

159 North Dearborn, • Chicago, Illinois 60601

## THIRD RENEWAL NOTICE

NAME:

\_\_\_\_\_

ADDRESS:

\_\_\_\_\_

CITY:

\_\_\_\_\_

STATE

ZIP

\_\_\_\_\_

MEMBERSHIP DUES 1978 \$35.00

.Or,

Full-time student dues..... 10.00

Second-year student rates need  
to include a statement of full-  
time status from a professor at  
the school of attendance.

Or,

In cases of hardship, a member  
may request a reduction of dues... \_\_\_\_\_

CONTRIBUTION..... \_\_\_\_\_

AMOUNT ENCLOSED..... \$ \_\_\_\_\_

Checks may be made payable to NORTH AMERICAN  
SOCIETY OF ADLERIAN PSYCHOLOGY. Send to  
above address.

Dear Member:

This is to express our gratitude for your promptness in renewing your 1978 NASAP membership and for your cooperation in recruiting a new member to our Society. Through your efforts we are continuing to grow by leaps and bounds!

We enclose an extra membership form to keep on file for when needed in the future.

Sincerely,

Gloria and Barney Lane

P.S. If the above message is inaccurate to your current NASAP relationship, don't be puzzled - it is only because you are probably a "late bloomer."

The renewal form is above and a membership form is enclosed, and once you've mailed your check and finished recruiting that person you've been meaning to get around to calling, read the above message over again and the mystery will clear up immediately.

E A C H O N E R E A C H O N E M O R E !

