

# NORTH AMERICAN SOCIETY OF ADLERIAN PSYCHOLOGY



## NEWSLETTER

Kay Schecht  
Editor

159 North Dearborn Street  
Chicago, Illinois 60601

APRIL/MAY 1978

Dr. W.L. "Bill" Pew died March 29th in Minneapolis. I have asked one of his very close friends, Tee Dreikurs, to share with us some of her thoughts about this eminent member of our Society. F.X.W.

WILMER L. PEW

1924 - 1978

### BILL PEW, TO HIS FAMILY, FRIENDS AND COLLEAGUES

Bill died suddenly on March 29th. The assignment to write the lead article for the NASAP Newsletter to go to press in three days follows the pace which he set for himself in his lifetime. A mini-biography is not feasible—personal recollections will not permit the full scope of Bill's contributions to Adlerian Psychology and the vast area of his interests and involvement. A mere sample includes:

#### Honors

Licentiate - American Board of Pediatrics  
Fellow - American Academy of Pediatrics  
President - Oregon Society of Individual Psychology  
President - American Society of Adlerian Psychology  
(three terms)

Diplomate - American Board of Psychiatry and Neurology

Continuing Medical Education Awards - American Medical Association, 1969, 1973, 1975

Distinguished Service to the Family Award, Minnesota Council on Family Relations, 1973

National Accreditation Association for Psychoanalysis, Certificate in Psychoanalytic Psychotherapy, November 1974

Specialty Training in four Institutions, Membership in twenty-two professional organizations and mention in five Biographical Listings

Research, teaching, publications are too numerous to be included here

Bill and Mim, renowned as the "Marriage Team" worked together and innovated contributions to the fields of marriage counseling and human relations. Family therapy was adapted as early as 1954, in Bill's private practice in Pediatrics in Eugene, Oregon. Perhaps the model—developed by Mim and Bill in marriage counseling will prove to be their outstanding contribution. There are far too many unique approaches all based on Adlerian Theory to be mentioned here.

Memorial Services for Bill were held on April 1, 1978 at the Hennepin Avenue Methodist Church—the very church where he started his Child Guidance Center when he moved his family from Oregon to Minnesota in 1965.

The Church was bedecked with flowers and there was music, most of it rendered by Bill's children. Poems which Bill wrote were lovingly read.

The Church was filled with his dear family, friends, colleagues, students and admirers. We were asked to share our thoughts. May I be permitted to share my memories—please forgive me, but the lives of Bill and Mim are so closely bound to Tee and Rudolf, that this will be personal.

Ray Lowe invited Rudolf Dreikurs to teach a summer session at the University of Oregon in 1954, in the Psychology Department and in the Education Department, "The Maladjusted Child." Shortly thereafter, Mim enrolled in the class. A lecture was arranged for the

Pediatricians to hear Dreikurs speak about the "Role of the Pediatrician." Mim "dragged" Bill to listen. He was not too eager, but he came. The first encounter was disastrous. Bill did not accept Rudolf's presentation as valid for him.—Mim persisted—Bill listened—and soon Bill introduced child guidance in his Pediatric's practice, in line with the Adlerian model introduced by Rudolf. Mim joined Bill in this new venture.

Mim and Bill opened their hearts and their beautiful home to us. The house was spacious, the grounds indescribably beautiful and Mim's table always heavily laden with the endless "goodies" she prepared—for her five young children and the many guests to share in chamber music and family music. The place resounded in "living, laughing and singing."

Bill soon encountered difficulties with his fellow pediatricians in Eugene as they considered his child guidance as psychiatry—Bill gave up his well established practice, his beautiful home, and he moved to Minnesota in 1965 and went into residency in psychiatry.

The family went through a period of meager living compared to what they had in Eugene. But they stood by Bill, especially Mim, who supported him and worked with him in the many new Adlerian activities they introduced in Minnesota—amongst them the founding of the Alfred Adler Institute of Minnesota.

Bill worked closely with Rudolf and they shared ideas and friendship. We shared the joys of their personal lives and in the bitter hours of Rudolf's illness, Mim and Bill flew in regularly from Minnesota to give him encouragement and comfort. When Rudolf felt too ill to carry on the organization of the Summer School to be held in Bad Kissengen, Germany and in Israel, 1971, he asked Bill to take over Bill did—and he carried on the annual Rudolf Dreikurs Summer Schools, serving as the North American Chairperson for ICASSI, until his death. He has left an irreplaceable void for ICASSI.

He was a true and loyal friend. In March of 1972 when Mim and Bill were in Chicago and we were taking Rudolf to the hospital Bill asked Rudolf if he could write his biography—and Rudolph responded "it would make me happy."

The night before Rudolf died I phoned Bill and he came immediately and remained beside me until the end. He was my comfort and my devoted friend.

I am comforted in the knowledge that Bill saw the biography, THE COURAGE TO BE IMPERFECT: The Life and Work of Rudolf Dreikurs, by Turner and Pew completed—although his copies did not arrive in time for him to personally autograph them for his loved ones.

I think of Bill as "jogging" (his favorite sport)—no, running, to make up for the short span of his life—jogging, singing, laughing, dreaming and contributing.



All of us owe him a debt of gratitude, as a friend,  
a colleague and a devoted Adlerian.  
Thank you, Bill.

W I L M E R L. P E W

1924 - 1978

Tee Dreikurs

PRESIDENT'S MESSAGE

Dear Friends:

Last month, I wrote about the apathy that pervades our schools and the notion possessed by a majority of students that any possibility for change is in the hands of adults. Many Adlerians are successfully bringing about productive changes in schools by working with the adults who influence young people. Perhaps we unwittingly contribute to the mistaken notion that young people are unable to stimulate change because we do not seek to influence young people directly. The convention program in Washington is so diverse that there appears to be something for everyone. Perhaps this is the year to encourage our sons and daughters and other young people to attend our convention.

Conceivably, a Young Adlerians Society could be in the offing. Such an opportunity for young people to exchange ideas and encourage one another could lead them to lend a hand with the reformation of the schools.

Best wishes,



Francis X. Walton  
President

CALENDAR OF EVENTS

- Apr. 14, 15, 16 Special Weekend for Couples, AAI of Minnesota, "Phases & Stages of a Meaningful Relationship," Tom & Judy Wright, "Mate Selection & Marital Systems," Bob Bartholow, "Uses and Abuses of Emotions," Bob Willhite, "Human Sexuality—An Intimacy Gap," Ethelyn Cohen. Contact for more details, Virginia Willie, AAI, 5009 Excelsior Blvd., Minneapolis, MN 55416.
- Apr. 15, 16 "The Theory and Practice of the Natural High," Walter O'Connell, sponsored by Puget Sound Adlerian Society, C/O Bill Kiskaddon, 4404 242nd SW, Mountlake Terrace, WA 98043, (206) 543-9233.
- Apr. 15 Saturday Programs of the Dreikurs Family Education Center, South Charleston, WV, St. Albans High School, "Lifestyles" and "Stories for Self-Understanding," Manford Sonstegard, Heather Hagerman.
- Apr. 15 Chicago, IL, "Understanding the Underachiever," Bronia Grunwald. For more information, contact Sister Margaret Haas, Archdiocese of Chicago School Office, 72 N. LaSalle St., Chicago, IL.
- Apr. 25 "Working With the More Difficult Patient," Alexandra Adler, New School for Social Research NYC. Contact: Alfred Adler Mental Hygiene Clinic, 37 West 65th St., NYC, NY. (212) 874-2427.
- Apr. 28 "Effects of Aging on Lifestyle," Philadelphia, PA, James Croake. Contact person is Betty Lou Bettner, Family Education Center, (215) 972-7369.
- Apr. 28 "Encouragement Lab," Walter O'Connell.
- Apr. 29 "Natural High Therapy Workshop," Walter E. O'Connell, Woonsocket Family and Child Service. Contact John Symynkywicz, Executive Director, 8 Court St., Woonsocket, RI 02895, (401) 762-5656.
- May 2, 3 "Managing Conflict Within the Family" (Dinner Meeting program May 2), "The Adlerian Approach: Past, Present & Future," Mim Pew. Sponsored by AAI of St. Louis in cooperation with the Extension Division of University of Missouri at Columbia. Contact: Barbara Doyle, P.O. Box 28402, St. Louis, MO 63141, (314) 576-1113.
- May 5, 6, 7 Minneapolis, MN, "Programs in Creative Aggression," George Bach. Contact Virginia Willie, Alfred Adler Institute of MN, Suite 128, Wood-Excel Bldg., 5009 Excelsior Blvd., Minneapolis, MN 55416, (612) 926-6511.
- May 6 Toronto, Ontario, Alfred Adler Institute of Ontario Annual Convention. "The History of Individual Psychology," Harold Mosak. Contact Evelyn Pilitch, AAI of Ontario, 4 Finch Ave. W., Suite 10, Willowdale, Ontario, Canada M2N 2G5, (416) 222-2048.
- May 6, 7, 8 Alfred Adler Institute of Ontario, Fifth Annual May Conference featuring Harold Mosak. Contact Evelyn Pilitch, 4 Finch Ave. W., Willowdale, Ontario, M2N 2G5.
- May 8 St. Paul, MN, St. John's Hospital Medical Staff, "Parenting Skills," Bernard Shulman.
- May 11 Saskatoon, Saskatchewan, Workshop for School Counselors, "Lifestyle Demonstration," Harold Mosak, Canadian Guidance and Counseling Association. Contact Ethel Quiring, Walter Murray Collegiate Institute, 1905 Preston Ave., Saskatoon, Saskatchewan, S7J 2E7.
- May 12 "School Counseling," Harold Mosak, Saskatoon, Saskatchewan. Contact person is Ethel Quiring, Walter Murray Collegiate Institute, 1905 Preston Ave., Saskatoon, Saskatchewan, Canada S7J 2E7.



- May 12, 13 Workshop, "Adlerian Techniques in Marriage and Family Counseling," Oscar C. Christensen, Continuing Medical Education for counselors, clergy, psychologists, and physicians. \$60. Contact Susan Perkins, Area Representative, Milton S. Hershey Medical Center, Pennsylvania State University, Hershey, PA 17033.
- May 20, 21 "The Complete Counselor: Techniques for Getting the Job Done," Raymond J. Corsini, Woonsocket Family and Child Service. Contact John Symynkywicz, Executive Director, 8 Court St., Woonsocket, RI 02895, (401) 762-5656.
- May 25-31 26th Annual Convention of North American Society of Adlerian Psychology "DARE TO CARE" in Washington, D.C. (See OF GENERAL INTEREST).
- June 12-22 Columbia, SC, "Applications of Adlerian Psychology in the Home and School," Frank Walton, Bob Powers, Kathy Walton. For more information contact Frank Walton, 660 Townes Rd., Columbia, SC 29210, (803) 798-0300.
- June 23 "The Abusing Parent: Helping the Helpless Loser/Victor?" Harold Mosak and "Life Style in the Family," Harold Mosak.
- June 24 "Life Style Analysis Workshop," Harold Mosak, Woonsocket Family and Child Service, 8 Court Street, Woonsocket, RI 02895, Contact John Symynkywicz, Executive Director, (403) 762-5656.
- June 26-July 1 "Dealing With Problems of Children and Adolescents," Shirley Gould, Genevieve Painter, Bernard Shulman.
- June 26-July 7 "Applications of Adlerian Psychology to Counseling and Child Guidance," Frank Walton, Manford A. Sonstegard, Rowena R. Ansbacher, One-Week Summer Session, Grasse Mount, University of Vermont, Burlington, VT 05401, (802) 864-4221. Contact person: Rowena Ansbacher.
- "Applications of Adlerian Psychology to Counseling and Child Guidance," Frank Walton, Harold Mosak, Columbia, South Carolina, for details contact Frank Walton, 660 Townes Rd., Columbia, SC 29210, (803) 798-0300.

#### LETTERS TO THE EDITOR

Bellingham, WA - 3/23/78: I have just written to our president, Frank Walton, asking that the Delegate Assembly at its May meeting consider adding NASAP to the list of over 120 other organizations which are refusing to hold any conventions in the fifteen nonratifying ERA states. On that list are some of our professional colleagues, such as the American Psychological Association, the American Personnel and Guidance Association, the International Transactional Analysis Association, the International Convention states are all Association, and others. Convention states are all ready sustaining losses of many millions of dollars, so the boycott is exerting a powerful economic pressure.

I believe our organization belongs among those actively fighting for the equal rights of women in the United States.

Further, there is an additional pressure that can be exerted by each individual Adlerian in the United States. We can write to our senators and representatives in Congress, urging their support for H.J. Res. 638, which would extend the time limit for ERA ratification. Congress does have this authority. However, since it adjourns September 28, the only time for consideration of this time extension is in the remainder of this session.

Time is critical now. I appeal to Adlerians to add their voices, their numbers, to those urging Congress to extend the deadline. There is very little chance that ERA can be ratified before the March 22, 1979, deadline. We need the extension. Sincerely,  
Helen Stambaugh

#### OF GENERAL INTEREST

#### LEGISLATION IN THE NEWS

Expt "FROM THE EDITOR," OSIP Newsletter: A "landmark" decision concerning juvenile justice in Oregon" has been made by County Circuit Judge Samuel Rowe of Astoria, Ore. From an Adlerian point of view, this "landmark" is actually another step backward in our effort to control juvenile crime.

The judge agreed to sign an order to make public the names of juveniles and their parents in cases involving vandalism. What the judge seems to lack knowledge of is the purpose of vandalism. If, in fact, juveniles are discouraged young people, seeking to find their place in the group through their misdeeds, the notable public acknowledgement of the culprit should rather than discourage more of the same. The approach of public declaration was tried in Astoria, the young people and their parents named in a newspaper, the young people were angry. Not being named, their names were printed, but because the story was on page two, and they wanted front page bill-

ing. If being caught vandalizing remains one of the few ways a young person can achieve public notice, we should expect an increase in vandalism in Grants Pass.

From "MESSAGE FROM THE PRESIDENT & DIRECTOR," AAIO Newsletter, February 1978 (President and Director of AAIO is Steven Moore): A very far reaching legislative proposal has been made by the OPA which would drastically affect anyone using psychology in their work. This proposal is being considered by the Ontario Legislature and similar legislation was passed in B.C. in three weeks. The main points of the legislation are as follows: a) The "practice of psychology" would be limited to Ph.D. psychologists who are members of the O.P.A., b) The "practice of psychology" includes psychological tests and assessments, counseling, hypnosis, marriage, educational, vocational counseling or therapy, c) The practices listed in (b) above would be limited to Ph.D. psychologists who are members of the O.P.A., d) Proof of the performance of one act in the "practice of psychology" on one occasion if you are not a member of the O.P.A. would be illegal, e) In his occupational title, no person other than a member of the O.P.A. would be able to use the words "psychology," "behavior," or "mind" or any other term or suggestion that he has skill or expertise in psychology or any related field, and f) The punishment for breaking this proposed law would be a fine not more than \$2,000.00 for the first offense, for each subsequent offense a fine of not more than \$5,000.00 or imprisonment of up to six months. The legislation appears to be an attempt by the O.P.A. to gain a monopoly on counseling and the use of psychology. The proposed legislation is very broad and may exclude, in some cases, clergy, private counselors, physiotherapists, hypnotherapists, parent study group leaders, etc., from using any form of psychology in any way in their work. (End of excerpt)

A meeting to discuss the above legislation was held on March 3rd. For more information on update of the proposal, or on what you might do to help, contact AAI of Ontario, 4 Finch Ave. West, Willowdale, Ontario, (416) 222-2048.

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#### AN INTERVIEW WITH SADIE DREIKURS RE ACTIVITIES OF FOREIGN ADLERIAN ASSOCIATIONS

Ed. Note: The Newsletter staff, assuming that many NASAP members may be interested in operations and activities of foreign Adlerian associations, and knowing that Tee Dreikurs had recently returned from an extensive visit abroad, arranged an interview with Tee in order to obtain information on the current



CENTRAL OFFICE COMMUNICATIONS

INQUIRIES/REQUESTS RECEIVED: A way of finding information gaps within our Society is to analyze communications sent to the central office. For your information, the office staff has compiled the following list of requests and inquiries (number received appears in second column) mailed into our office during the first quarter of 1978.

Requests for membership applications 16
Requests for Society information 12
Requests for information on how to start parent study groups 11
Requests for information on how to establish a FEA 10
Requests for a list of Adlerian Publications 6
Requests for an updated membership directory (Ouch!) 3
Requests for information on Adlerian Ph.D. Programs 3
Requests for Adlerian psychotherapy training 2
Requests for information on Individual Psychology for college term papers 6
Requests for summaries of convention forums 4
Request for details on Washington Convention 2
Request for teaching aids for a graduate school of social work that will be introducing Adlerian Psychology 1
Request for information on certification as an instructor of Adlerian/Dreikursian Parent Education 1
Inquiry on summer programs 1
Request for a list of foreign members of NASAP 1
Request for information relating to Sudden Infant Death, Psychomatic Medicine, the Inferiority Complex 1
Request for information on how to establish new Societies and Associations 4
Request for additional copies of the Newsletter 1
Request for information about upcoming Art Therapy Workshop 1
Inquiry asking if NASAP has malpractice insurance 1
Request for International Society information 1
Inquiry about COURAGE TO BE IMPERFECT 3
Inquiry about ALFRED ADLER AS WE REMEMBER HIM 24
Requests for additional supplies of applications and brochures 2

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1978 NASAP MEMBERSHIP DIRECTORY

Editor's Note: On the subject of growing pains, the Newsletter this month is for both April and May due to the lateness and length of the March Newsletter. The March issue was above our normal printing costs because of the necessity, we felt, of including as much April news in it as possible. We regret the tardiness of the issue, especially for those of you who did not have your activities reach the membership in time for attendance at your events. We were delayed in order to get new mailing lists out to the Journal editors and D.C. Convention committees in time for their publications' delivery. You received your Newsletters late, perhaps your journals will arrive on time! We will be able to catch up with ourselves by combining April and May. The Newsletter staff would like to express its appreciation all of you for your patience with our imperfect

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RESERVE EARLY FOR '78

Early reservations are highly recommended for annual NASAP meeting in Washington, D.C., May. The special hotel rates of \$30 per room for single or double occupancy will apply only to reservations received by May 1st. Three hundred rooms are held at these rates. Members who register early May 1st may experience the natural consequence of rooming in another more expensive facility, paying the regular Hyatt Regency rate which is \$42 per day.

The Keynote Evening on Thursday, May 25

activities of Adlerians in other countries. The following is our reporter's summary of the interview:

Tee Dreikurs speaks with enthusiasm and fondness of her recent teaching sojourn at the Alfred Adler Institute in Zurich, Switzerland, and the Alfred Adler Institute in Tel Aviv, Israel. She relates much of the personal fondness she feels for the Zurich Institute to the fact that its Director, Eric Blumenthal, was a student of her late husband, Rudolf Dreikurs. She is happy to see her husband's work continued at the Institute, within the community, and in the expanded group practice now in operation.

Tee was especially touched by a Rudolf Dreikurs Commemorative Birthday Celebration arranged for her arrival in Tel Aviv. It was an occasion in which participants were able to share their memories and appreciation of Dr. Dreikurs as a friend, teacher, and colleague.

The programs at the Tel Aviv Center (with a staff of 35, and approximately 350 students) focus on community service, family/teacher education and clinical service. The new facility will soon include a complete closed circuit TV system for training purposes. There is a newly created Rudolf Dreikurs School associated with the Institute which offers a two year training program, recognized by the Israeli government, for parent study group leaders. During her stay, Tee took pleasure in awarding certificates to the first graduates of the program. The course is unique in that it offers trained leaders, rather than the self-help groups most familiar in America. A lay group exists to promote human relations and has the use of the Institute as a resource center. Extended work among all segments of the community (medical facilities, schools, courts, business, etc.) accounts for the widespread use and popularity of Adlerian/Dreikursian principles in Tel Aviv.

During her stay in Israel, Tee also supervised the four week intensive practicum of four student groups in Art Therapy. The groups averaged 17 members and represented experienced practitioners who have been working with Tee Dreikurs' Art Therapy Techniques over a period of years in a variety of settings. Tee described the experience as "stimulating, provocative and challenging." Several new ideas were generated for her own repertoire of techniques, one of them being a way to focus on the immediate realization of the function of emotions and how we create them. Tee expanded upon the use of hidden reason, new ways of spotting the family constellation factors in groupings, as well as noting similarities in the individual's selection of paintings and his/her early recollections. The new ideas will be incorporated in Tee's full day Art Therapy workshop at the NASAP Annual Convention, Friday, May 26th.

In regard to National characteristics pertaining to Adlerian Psychology, a striking observation was made by Mrs. Dreikurs while conducting a problem-solving project she has used in her work in many countries of the world as well as at ICASSI. In the project, she instructs participants to close their eyes and proceed to paint as if they were blind. The typical response is one of hesitation, reluctance, fear, refusal, great preparation and expressed concern about not being able to function without sight. The response is not the same in Israel. Participants merely shut their eyes and paint, demonstrating the cultural, habitual form of having to survive under any circumstance. The same determination and assurance of survival was evident on the streets during the recent crisis of bus commandeering which occurred during Tee's visit. Other differences noticed by Tee was the Swiss penchant for cleanliness (it is the only place where workshop participants came equipped with individual rags to wipe paint spatters), the Germans' skill in organization (they are so well organized that an exercise that takes 45 minutes elsewhere is completed in half an hour), Canadians' good manners with a quality of graciousness and consideration for each other, and the ability of Southerners in the USA to pursue a task at a much more relaxed, easier and fun loving pace. Tee Dreikurs has received an invitation from the President of Bowie State College, Edmund C. Mester, to accept an honorary Doctorate of Laws degree from Bowie State College, Bowie, Maryland 20715. Mrs. Dreikurs is requested to address the graduating class following the awarding of the degree.



feature a panel of distinguished guests, including Dr. Jessie Bernard, Dr. Murray Bowen, and columnist William Raspberry, who will discuss The American Family: New Patterns—New Possibilities. Bob Powers will be Master of Ceremonies for the evening and Dr. Hal McAbee will moderate the panel.

Convention registration packets will be mailed to members around March 25th. Anyone wishing additional registration packets should write to: NASAP '78, 510 Leighton Ave., Silver Spring, MD 20901.

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#### PUBLIC RELATIONS EXCHANGE AT NASAP '78 CONVENTION

A Public Relations Exchange will be conducted at the NASAP '78 annual meeting in Washington, D.C. by Carol Arnold, Chairperson of the Subcommittee on Public Relations for NASAP. Carol requests that all societies send a representative to the meeting armed with copies of brochures, newsletters, and other materials to share (50 copies of each item if possible).

In addition, Carol reminds all members that she would like to receive news clippings and brochures of activities around the country for a publicity scrapbook that she is putting together. The scrapbook will be on display at the annual meeting. Her address is: 12020 Canter Lane, Reston, VA 22091, (703) 620-0355.

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#### PHOTOGRAPH OF TABLET HONORING ADLER WILL BE MADE AVAILABLE TO MEMBERS

Thanks to the efforts of Joseph Meiers and the photography of Ina Block, the Society will have on display at the Washington, D.C. Convention in May, a photograph of the tablet affixed by the city of Vienna to the house in Austria where Adler lived. The tablet honors Alfred Adler as the founder of Individual Psychology. Order forms will be available to members who would like to have a copy of the photograph.

# # #

#### NEW PUBLICATIONS

Arthur G. Nikelly announces the publication of his text for undergraduate courses in personal growth and self-understanding ACHIEVING COMPETENCE AND FULFILLMENT. Emphasis is on action-oriented, humanistic psychology. Although not strictly Adlerian, Adlerian psychology and techniques are included. Brooks/Cole Publishing Co., Monterey, CA.

# # #

#### POSITIONS AVAILABLE

Fort Wayne, Indiana: First position: Lutheran Hospital is looking for a psychiatric social worker. Preferably with a Master's degree—MSW to coordinate Lutheran services with the community, to be involved in daily functioning of patient placements, be involved in the group therapy and milieu on the ward and to do relative collateral. The position offers career development in a setting with a psychiatrist and other professionals utilizing the principles of Adler, Dreikurs, and other contemporary Adlerians. Contact Lutheran Hospital, 3024 Fairfield Avenue, Fort Wayne, Indiana 46807, Julia Walda, Department of Social Services and R.J. Pancner, M.D., Psychiatrist separately.

Second position is for a Ph.D. or Ed.D. Psychologist or counseling Psychologist. Ideally this person should have clinical experience, be willing and able to teach Adlerian courses at the local Institute and to help staff a Family Counseling Center. Skills in individual psychotherapy, group psychotherapy, child guidance and consultation to schools and ability to do psychological testing would also be an asset. Contact: Dr. R.J. Pancner, Psychiatrist.

#### REGION ORGANIZATIONS

REGION I: Region I now has working committees in education, professional resources and elections in addition

tion to two book sales centers and the Region I Newsletter, The Relay.

The BCAAP Annual General Meeting and Conference featuring Ray Lowe will be held in Vancouver, B.C. on May 12th.

The Saskatchewan Society of Individual Psychology is underway with the distribution of a newsletter, preparations for fall study groups and establishment of a homebase to be used as a training/education center and library. Secretary of the Society is Colleen McKenzie.

REGION V: We are happy to have the opportunity to share with the membership the following letter reporting on the progress of Region V:

Dear Kay: I want to report that our Region V meeting was a great success thanks to the cooperation of our program committee and the contributions of the speakers who gave their time and expertise. Everyone remarked about the warm friendly spirit of the weekend and found the workshops and lectures stimulating.

We had a great turnout—170 people which included many new people and members of the Region from Montreal, Toronto, Maine, Vermont, Massachusetts, Rhode Island and many parts of New York State including Region IV people from New Jersey. Bob Powers did some fine family counseling. Kurt Adler lectured and demonstrated the initial interview. Heinz Ansbacher spoke on "Adler, Psychologist of Women's Equality." Marie Hartwell-Walker gave an action workshop on "Techniques for Encouraging Young Children." Stanley Shapiro demonstrated group counseling with High School students who reported it was the first time adults ever listened to them. The weekend was topped off by Leo Gold talking about "Your Dreams Are You." Our luncheon included reminiscences of Adlerians who knew Adler and the only sound film of Adler with comments by Joseph Meiers.

Our Region V business meeting was attended by 33 persons from many areas. We are all encouraged and have decided to make this event an annual affair. More news of this later. Anyway, I am looking forward to Washington and hope to see you there. By then the magnolias and cherry blossoms should be in bloom which is always such a lovely sight. Sincerely,  
Sylvia Robbins

#### NEWSNOTES

##### REGION I - FAR WEST

##### CALIFORNIA

Western Institute for Research and Training in Humanics, Inc., Berkeley—WIRTH 1978 SUMMER PROGRAM:

May 18 - July 27 Historical Foundations of Contemporary Individual Psychology, Course T301

May 18 - July 27 Psychodrama and Role Playing, Course 301

Classes and Family Education Center will meet every Thursday evening at the Arlington Community Church, 52 Arlington Avenue, Kensington, CA. Classes will be taught and the Family Education Center will be directed by Katherine Czesak, M.A. and staff. Please register with Katherine at least two weeks ahead of time at 1775 Church St., San Francisco, CA 94131. Telephone: (415) 824-6547, evenings.

##### BRITISH COLUMBIA

Vancouver—On May 12th in Vancouver, B.C., there will be a public meeting dealing with teens and adults, Ray Lowe will be the speaker at the event which will be at John Oliver Auditorium, 530 East 41st Street, Vancouver, B.C. from 8-10 PM.

Ray Lowe will present a talk on "Teenagers: The Ongoing Challenge" on May 13th for the B.C. Association of Adlerian Psychology Annual General Meeting, Capilano College (Cafe Theatre) South Campus, Purcell Way, N. Vancouver, B.C. AGA—Discussion of issues re: Institute, credit courses, etc. (3:15-5:15 PM).

Summer Courses Sponsored by BCAAP:



|                     |   |
|---------------------|---|
| July 5, 6, 7, 8     | Group Therapy: An Experiential Course 336, Session I, <u>Leo Lobl</u> |
| July 20, 21, 22, 23 | Session II, <u>Harold Mosak</u>                                       |
| July 10, 11, 12, 13 | Group Counseling 331, <u>Leo Lobl</u>                                 |
| July 15, 16, 17, 18 | Advanced Group Counseling <u>Harold Mosak</u>                         |

Classes will be held at the Vancouver YWCA, 580 Burrard Street, Vancouver, B.C. Registration deadline is June 1, 1978. U.S. Registrants please make payment in Canadian Money Order. For more information contact N.E. Poggenmoeller, P.O. Box 45, Whonnock, B.C.VOM 1S0.

#### OREGON

Portland—Congratulations to Floy Pepper on her appointment to the National Board of Governors Executive Committee for the Council of Exceptional Children.

#### SASKATCHEWAN

Saskatoon—Harold Mosak will make the keynote address "The Lifestyle" followed by Demonstration of Life Style Inventory, at the Canadian Guidance and Counseling Association Western Regional Conference, "Focus on Effectiveness." For details contact L. Nyaa or E. Quiring, Box 140, College of Education, University of Saskatchewan, Saskatoon, Saskatchewan, S7N 0W0.

#### REGION II - MIDWEST

##### ILLINOIS

Alfred Adler Institute of Chicago—The scheduling of a variety of courses during June and August will provide students who do not live in the Chicago area with an opportunity to complete some of their coursework, practicum, and therapy requirements in Chicago. Registration forms and full details will be sent to everyone on the mailing list later in April.

##### COURSES

|            |     |   |
|------------|-----|---|
| June 13-16 | 336 | Group Therapy: An Experiential Course, <u>Leo Lobl</u>  |
| June 14-17 | 411 | Seminar in Diagnosis: Adlerian Interpretation of Projective Techniques, <u>Ronald Forgas</u> , <u>Sherwood Perman</u> |
| June 19-22 | 101 | Introduction to Individual Psychology I, <u>Harold Mosak &amp; Staff</u>  |
| June 19-22 | 313 | Interviewing Techniques, <u>Michael Hartings</u> , <u>Howard Pollack</u>  |
| June 23-26 | 315 | Life Style Diagnosis (formerly C.314), <u>Sherwood Perman</u> , <u>Dorothy Peven</u>                                  |
| June 27-30 | 341 | Family Counseling, <u>Bernice Grunwald</u>  |
| Aug. 11-14 |     | Practicum for Clinicians, <u>Staff</u>  |
| Aug. 15-18 | 102 | Introduction to Individual Psychology II, <u>Heinz and Rowena Ansbacher</u>   |
| Aug. 15-18 | 471 | Continuing Case Seminar, <u>Robert L. Powers</u>  |
| Aug. 21-24 | 331 | Theory and Practice of Group Psychotherapy and Counseling I, <u>Howard Pollack</u>                                    |
| Aug. 25-28 | 336 | Group Therapy: An Experiential Course, <u>Leo Lobl</u>  |

##### SPECIAL WORKSHOPS

|            |  |
|------------|--|
| June 18    | The Use of Art in Counseling, <u>Sadie Dreikurs</u>                      |
| Aug. 19-20 | Dream Interpretation, <u>Robert Powers</u>                               |
| Aug. 29-30 | Convergence of Religion & Psychotherapy, <u>Harold Mosak &amp; Staff</u> |

The Institute has expressed its sympathy to the family of Bill Pew. He was a faculty member of the Chicago Institute, and was very supportive of its work. Tee Dreikurs and Bob Powers, Institute faculty members, attended his funeral service on April 1st.

On April 14th the North Central Association will communicate to the Institute its decision re full accreditation. The NCA evaluation team recommended

full accreditation for five years.

Category I Continuing Medical Education credit is now available to physicians studying at the Institute. This is the outcome of the Fall evaluation of the Institute by the Illinois State Medical Society. Specialized workshops for physicians are being planned for the coming months.

The recent purchase of videotape equipment provides the Institute with many new options for instruction. The purchase of the equipment was facilitated by the generosity of the Student Association. Soon to be scheduled is the showing of 26 hours of videotape of Rudolf Dreikurs purchased by Tee Dreikurs from the Vermont Educational Television Network and made available to the Institute.

Copies of the recently published 1978-80 AAI Catalogue have been mailed to all out-of-town students of the Institute who have been admitted to a program. If you did not receive one, please contact AAI.

A graduation ceremony is being scheduled in June to coincide with the June courses, when many students from other parts of the U.S. and Canada will be in Chicago. Details will appear in the next NASAP Newsletter.

If you or someone you know possesses bookkeeping skills and wish to be considered for a full-time position at the Institute at a competitive salary, please send your resume to Eugene McClory.

For several years AAI has been pleased to provide NASAP with office space for its central office. Due to the growth of both organizations, NASAP will move in May to its own offices on another floor of the same building. We have appreciated our close association with the NASAP staff, and extend our very best wishes to them on their move.

##### MINNESOTA

Alfred Adler Institute of Minnesota—George Bach, Ph.D., founder and director of the Institute of Group Therapy in Beverly Hills, California, will be conducting a weekend seminar, "Creative Aggression" from May 5 - May 7 at the Hennepin County Medical Center, 701 Park Ave. So., Minneapolis, and at Hopkins House, 1501 Hwy. 7, Hopkins. Highlights of the workshop will be "Couples Who Fight Together Stay Together," "Verbal Conflict Between Intimates is not only Acceptable but can be Constructive and Desirable," "Couples Can Learn to Fight Creatively, Reducing Tension." For more information contact Virginia Willie, 5009 Excelsior Blvd., #128, Minneapolis, MN 55416, (612)926-6511.

On May 6th the Institute will sponsor "Advanced Assertiveness Training," a workshop to be held at Golden Valley House, Golden Valley, MN. This advanced experience in self-worth will offer an opportunity to liberate your self-expression as a valuable and unique person. Instructor is Janice Weiner. For details contact Virginia Willie at above address and telephone number.

The Institute would like others to be informed of how "active" they were on March 23rd when Dr. Herb Goldberg was their Twin Cities guest, invited to promote his book, "The Hazards of Being Male." We would all do well to keep pace with their busy PR schedule:

|                  |   |
|------------------|---|
| 9:00-10:00 AM    | Live Appearance: Channel 5 TV, KSTP "Twin Cities Today"       |
| 10:30-11:00 AM   | Live Interview: WCCO Radio, "Boone & Ericson Show"            |
| 11:30-12:00 NOON | Live Appearance: Channel 11, WTCN-TV, "What's New"            |
| 12:10-12:30 PM   | Live Appearance, Channel 4, WCCO-TV, "Midday"                 |
| 12:30 - 1:00 PM  | Taping WCCO-TV, Channel 4, "This Must be the Place"           |
| 1:15 - 1:30 PM   | Newspaper Interview, Virginia Rails Bach, "Twin Cities Women" |
| 2:00 - 2:30 PM   | Taping KMSP-TV, Channel 9, "News & Views"                     |
| 3:00 - 4:00 PM   | Interview, Jeff Strickler, Minneapolis Tribune                |

Dr. Goldberg and the Minneapolis Institute expended an abundant and beautiful amount of energy in their

public relations efforts. It serves as an example of the progress being made in many Adlerian circles to increase our public relation work.

### REGION III - SOUTH

#### FLORIDA

Fort Meyers—Milton and Edith Dewey are teaching practical applications of Adlerian principles for the Continuing Education Department of Edison Community College. They now have a group of senior citizens at Shell Point Village and another at Presbyterian Apartments in Fort Myers. These are six session courses using some of the outlines of Edith's Understanding Our Human Nature course. They also have a group of "graduates" of ages 19-70 in an "advanced" group called Understanding Ourselves.

#### SOUTH CAROLINA

Columbia—Frank Walton will conduct a Child Guidance Workshop for parents and professionals Friday evening and Saturday, May 12th and 13th in Columbia, South Carolina. The local contact person is Ed Taylor, (803) 758-8171.

South Carolina Adlerian Summer Workshops will be held in Columbia June 12-22 and June 26-July 7. In addition to the introductory and advanced workshops which carry graduate credit, one day workshops co-sponsored by the South Carolina Department of Mental Health and the Columbia Adlerian Society will be open to the public June 15th, with Bob Powers; and July 29th with Harold Mosak. For further information contact Frank Walton, 660 Townes Rd., Columbia, SC 29210, (803) 798-0300.

Kathy Walton will teach Adlerian Approaches to Effective Parenting and Classroom Management for the South Carolina School of Alcohol and Drug Studies at the College of Charleston, June 18-23. For information, contact the school of Alcohol and Drug Studies, 3700 Forest Dr., Columbia, SC 29204.

### REGION IV - MIDDLE ATLANTIC

#### PENNSYLVANIA

Philadelphia—The Family Education Center of Greater Philadelphia will meet April 22nd and May 6th at 10:00 AM at 405 Lombard Street. Frank Walton will council the family and lead discussion.

#### INTERNATIONAL

International Association of Individual Psychology—An excerpt from President Shulman's message to liaison officers and permanent delegates of IAIP announces a new project to be conducted by Maurice Bullard and Sydney M. Roth. The project will prepare films and videotapes of Adlerians from different parts of the world who have themselves made significant contributions to Individual Psychology and especially Adlerians who have had a first-hand knowledge of Alfred Adler. The purpose of this project is to provide a permanent record of historical and educational value for present and future generations. Master tapes will be stored for safekeeping and copies would be available to Adlerian Societies all over the world. Existing films and tapes will also be included in the project. The IAIP council is currently being asked to approve this project.

Western Institute For Research and Training in Humanics, Inc. (WIRTH)—is offering the following European Summer Program—1978:

- Apr. 28-30 LEBENSTILSANALYSE. Theorie und praktische Demonstration. Zuerich, Switzerland. Alfred Adler Institute.
- May 5-May 23 MEDIZIN UND INDIVIDUALPSYCHOLOGISCHE DIAGNOSE UND THERAPIE. Lindenburger Allee 42, D-5000 Koeln, Germany
- July 2-July 15 I. SYSTEMTHEORIE UND FINALISMUS  
II. GEMEINSCHAFTSGEFUEHL  
III. DIAGNOSE UND FEHLDIAGNOSE, 82 Boulevard de la Mer, F-66700 Argeles-sur-Mer, Plage, France
- Aug. 2-Aug. 15 FAMILIENERZIEHUNG, BERATUNG, THERAPIE, GRUPPEN, PSYCHODRAMA. Adresse und Anmeldung wie oben.

- May 31 TIEFENPSYCHOLOGISCH-ANALYTISCHE THERAPIE. Aerztegesellschaft, Duisburg, Germany. Vortrag.
- June 20 PSYCHOTERAPEUTISCHE BEHANDLING ALTER MENSCHEN. Universitaet Muenster. Vortrag.
- Aug. 16-Aug. 30 INTRODUCTION TO INDIVIDUAL PSYCHOLOGY AND DIDACTIC MARATHONS. 82 Boulevard de la Mer, F-66700 Argeles-sur-Mer, Plage, France

Lucy K. Ackerknecht and staff will conduct the above European summer program. In addition to the above listed events there will be twelve group sessions in Cologne and one-day marathons in various parts of Germany. For further information contact Lucy Ackerknecht between May 1st and May 19th at Klosterstrasse 10, D-5000, Koeln 41. Telephone: (0221) 403-970; from July 1st to August 31st at 82 Boulevard de la Mer, F-66700 Argeles-sur-Mer, Plage, France.

From March/April '78 IPA News, Chevy, Chase, MD:  
NLQ: THE QUILT OF LIFE—"How much piecin' a quilt is like livin' a life. Many a time I've set and listened to Parson Page preachin' about predestination and free will, and I've said to myself, "If I could jest git up there in the pulpit with one of my quilts, I could make life a heap plainer than he's makin' it with his big words."

You see, to make a quilt you start out with jest so much caliker; you don't go to the store and pick it out and buy it, but the neighbors give you a piece here and there and you'll find you have a piece left over every time you cut out a dress, and you jest take whatever happens to come. That's predestination. But when it comes to cuttin' out the quilt, why you're free to choose your own pattern. You give the same kind of pieces to two persons and one'll make a 'Nine-Patch' and the other one'll make a 'Wild-goose-Chase' and so there'll be two different as can be. That's the way of livin.' The Lord sends us the pieces; we can cut 'em out and put 'em together pretty much to suit ourselves. There's a heap more in the cuttin' out and the sewin' than there is in the caliker."

—From "Aunt Jane of Kentucky"  
by Eliza Calvert Hall

# # #

"No-one can upset me without my permission."  
Eleanor Roosevelt

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#### "COURAGE TO BE IMPERFECT" T-SHIRTS

Courage to be Imperfect T-Shirts are being sold to raise profits for the NASAP 1978 Annual Convention in Washington, D.C. They are available in two styles at \$5.00 each. Those wishing to order may do so by sending the following information to NASAP '78, C/O Geni Felsing, 7601 Marshall Drive, Annandale, VA 22003:

Number of each \_\_\_\_\_ white w/navy trim & lettering.  
Circle size: S M L XL  
\_\_\_\_\_ light blue w/navy lettering.  
Circle size: S M L XL  
\$ \_\_\_\_\_ Enclosed for \_\_\_\_\_ T-Shirts

Please allow 2-6 weeks for delivery. Checks may be made payable to NASAP '78.

# # #

#### HUG O' WAR

I will not play attug o' war.  
I'd rather play at hug o' war,  
Where everyone hugs  
Instead of tugs,  
Where everyone giggles  
And rolls on the rug,  
Where everyone kisses,  
And everyone grins,  
And everyone cuddles,  
And everyone wins.



