

NORTH  
AMERICAN  
SOCIETY OF  
ADLERIAN  
PSYCHOLOGY



NEWSLETTER

Neva L. Hefner  
Editor

159 North Dearborn Street  
Chicago, Illinois 60601

JANUARY 1979

TO: NASAP MEMBERS

FROM: Wm. H. McKelvie, Chairperson  
NASAP Election Committee

CALL FOR NOMINATIONS -- NASAP DELEGATE ASSEMBLY

Nominations are now being requested for the Spring, 1979 election of the NASAP Delegate Assembly. The Delegate Assembly is a working body which meets twice a year--during the Annual Convention near the end of May and a weekend near the beginning of November. The Society does provide some reimbursement to the Delegates, but much of the expense must be borne by individual Delegates. Each Delegate shall hold office for a period of three years. No Delegate shall serve for more than two consecutive full terms.

The following Delegates' terms expire in May, 1979:

<u>Region I</u>	<u>Region II</u>	<u>Region III</u>	<u>Region IV</u>	<u>Region V</u>
David B. MacDougall	*Gerald J. Mozdzierz	Don C. Dinkmeyer	Barney L. Lane	Rowena Ansbacher
Helen M. Stambaugh	*Dorothy E. Peven	*Francis X. Walton	Harold V. McAbee	Maurice Ouellet
				**Stanley Shapiro

\* Ineligible for re-election

\*\* For a one-year term only (appointed in 1978 to fill a vacancy)

To Nominate:

Nominating and voting are conducted by regions. NASAP By-laws stipulate that when any five members in good standing in a region have nominated a member for Delegate, that member shall be recognized by the Election Committee as a nominee from that region. Please check the following list if you are unsure of your region:

Region I: AK, Alberta, AZ, B.C., CA, CO, HI, ID, MT, NV, NM, OR, Sask., UT, WA, WY

Region II: IL, IN, IA, KS, MI, MN, MO, NB, ND, SD, WI

Region III: AL, AR, FL, GA, KY, LA, MS, NC, OK, SC, TN, TX, VA

Region IV: DE, DC, MD, NJ, OH, PA, WV

Region V: CT, ME, MA, Manitoba, NH, Nova Scotia, Ontario, Quebec, RI, NY, VT

You may nominate up to two members (three in Region V) to serve as nominees from your region. Please place the names of those members you wish to nominate in the space provided below. Members who receive five or more nominations will have their names placed on the Ballot. DEADLINE for Nominations: 2-1-79.

NOMINATING BALLOT

1979 Election --

Nominate up to two members from your Region. (Region V may nominate three)

Region \_\_\_\_\_

Nominee \_\_\_\_\_

Nominee \_\_\_\_\_

\_\_\_\_\_  
Your Signature

Return by February 1, 1979 to:

NASAP  
159 N. Dearborn  
Chicago, IL 60601

CALENDAR OF EVENTS

- Jan. 6,7,21 Introduction of Individual Psychology II, Stanley Shapiro, Robert Powers, AAI of Ontario, 4 Finch Ave. West, Suite 10, Willowdale, Ontario M2N 2G5.
- Jan. 8,15 "Effective Parenthood Workshop," Parish of St. Louis the King, Phoenix, Kevin A. Leman. Contact him at 1161 N. El Dorado Pl., Ste 325, Tucson, AZ 85715.
- Jan. 13 "Living with Teens," Pat and Murray Wood, AAI of Ontario, 4 Finch Ave. West, Ste 10, Willowdale, Ontario M2N 2G5.
- Jan. 14 "Life Style Diagnosis," Harold Mosak, AAI of Cleveland; contact: Don Higgie, 14805 Detroit Ave., Rm. 203, Lakewood, OH 44107.
- Jan. 18 "Adlerian Dream Theory," Harold Mosak, Illinois Psychological Assn., 161 E. Erie, Chicago, IL 60611.
- Jan. 19 "Discipline in the Classroom," Walter "Buzz" O'Connell, Inservice Program for Deer Park Independent School District, 203 Ivy St., Deep Park, TX 77536.
- Jan. 19,20 "Family and Marriage Counseling," Robert Powers, Sacramento Area Adlerian Psychology Society, Annual Meeting and Elections. Contact: SAAPS, Box 609, Elk Grove, California 95624.
- Jan. 20 "Making Stress Work for You," Shelly McDonald, Steven Moore, AAI of Ontario, 4 Finch Ave. West, Ste 10, Willowdale, Ontario M2N 2G5.
- Jan. 20-21 "Psychodynamics of Psychopathology I," Seymour Schneider, B.C.A.A.P., P.O. Box 33823, Stn."D", Vancouver, B.C. V6J 4L6.
- Jan. 20-21 Introduction to IP 102, Harold Mosak, at University of Missouri. Contact: Dr. Kenneth Kinchloe, 8001 Natural Bridge, St. Louis, MO 63121.
- Jan. 25 "Life Style and Dream Interpretation," Leo Gold, AAI of New York, 14 lectures. Contact the Institute at 37 West 65 St., New York 10023.
- Jan. 26-27 Parent Education Leader Training Workshop, featuring STEP, Gary D. McKay, Albuquerque. Contact: Dan Garrison, 1800 Corte Elicia SW, Albuquerque NM 87105. 505/877-6648. Reg. deadline Jan. 12, 1979.
- Jan. 26-27 "Career Goal Counseling: An Adlerian Approach," William McKelvie, Udelle Friedland, APGA Workshop, Marriot/Twin Bridges Hotel, Washington, D.C. Contact McKelvie at 301/464-3322.
- Jan. 27 "Encouraging the Severely Discouraged Child," Mal Pyper, AAI of Ontario, 4 Finch Ave. West, Ste 10, Willowdale, Ontario M2N 2G5.
- Jan. 27, Feb. 3,17, Mar. 3,17 "Continuing Case Seminar," Harold Mosak, AAI of Fort Wayne, 1812 Ft. Wayne Nat'l Bank Bldg., Ft. Wayne, IN 64802.
- Jan. 27 Small Group Supervision--a Practicum, Harold Mosak, AAI of Ft. Wayne (see above for contact). Other sessions Feb. 3, 17, Mar. 3, 17.
- Jan. 27-28 "Theory and Practice of Group Psychotherapy and Counselling I," Robin Gushurst, B.C.A.A.P., P.O. Box 33823, Stn. "D", Vancouver, B.C. V6J 4L6.
- Jan. 31, Feb. 1 Parent Education Leadership Training, Community Health Center, Don Dinkmeyer, Contact: Dr. Teck Penland, Rt. #3, Box 370-A, Rockingham, NC 28379.
- Feb. 2, 3 Parent Education Leader Training Workshop, featuring STEP, Gary D. McKay. Contact: Dr. Mike Lewis, 2407 Lincoln Way, San Francisco, CA 94122. Deadline Jan. 19.
- Feb. 3,4, 24,25 Clinical Assessment II, Michael Hartings, Harold Mosak, AAI Ontario, 4 Finch Ave. West, Ste 10, Willowdale, Ontario M2N 2G5.
- Feb. 17 Expectations and Emotions, Robert Powers, AAI Ontario, same as above.
- Feb. 24-25 Region III Conference, Orlando, FL. Contact Don Dinkmeyer, Jr., CMTI, Box 8268, Coral Springs, FL 33065.
- Mar. 3 "Risking in Relationships," Brian Skerrett, AAI Ontario, address above.
- Mar. 3,4 Workshops and Ad Hoc Committee re Human Rights Activities, Tucson, AZ, contact Fr. Maurice Ouellet, St. Michael's College, Winooski, Vermont 05404.
- Mar. 9,10 Parent Education Leader Training Workshop, featuring STEP, Raising a Responsible Child book study groups and parent "C" groups, Gary D. McKay, Christ Church-Lutheran, Phoenix. Contact McKay, 1800 N. Heatherbrae, Tucson, AZ 85715 602/885-8197. Enrollment limited, Deadline 3-2-79.
- Mar. 10 Life Style in Action, Stan Shapiro, Maria Giammanco Sadilek, AAI Ontario, 4 Finch Ave. West, Ste 10, Willowdale, Ontario M2N 2G5.
- Mar. 11 "Your Dreams Are You," Leo Gold, AAI Ontario, address above.
- Mar. 14,21, Apr. 4 "Parenthood Workshop," St. Vincent de Paul Parish, Phoenix, AZ, Kevin A. Leman. Contact him at 1161 N. El Dorado Pl., Ste 325, Tucson AZ 85715.

WINTER AND SPRING COURSE OFFERINGS

AAI OF CHICAGO

- Jan. 3 Small Group Supervision, Leo Lobl, Five two-hour weekly sessions.
- Jan. 3 Group Therapy: An Experiential Course, Sherwood Perman, 11 weeks.
- Jan. 3 Introduction to Individual Psychology II, Seymour Schneider, 11 weeks.
- Jan. 4 Small Group Supervision, Adaline Starr, Five two-hour weekly sessions.
- Jan. 8 Interviewing Techniques, Dorothy Peven, 11 weeks.
- Jan. 8 Continuing Case Seminar, Harold H. Mosak, 11 weeks.
- Jan. 9 Family Counseling II, Bronia Grunwald, 11 weeks.
- Jan. 9 Marriage Counseling I, Gerald Mozdierz, Continues on Jan. 13, 23, 27.
- Jan. 20 Theory and Practice of Psychotherapy and Counseling I, Ronald Forgas, Michael F. Hartings, continues Jan. 21, 25, Feb. 3.
- Feb. 19 Small Group Supervision, Robert L. Powers, five two-hour weekly sessions.

For details of courses, contact AAI of Chicago, 159 N. Dearborn, Chicago 60601; 312/346-3458.

AAI OF ST. LOUIS

- Feb. 2-3 Creative Conflicts Resolution at Home & School; Counselors: Bill White and Susan Watchman.
- Feb. 23-24 Discipline in the Elementary School, Part II; Counselors: Sally Laufketter and Jack Appelbaum.

- Mar. 23-24 New Traditions in Child Rearing: Theory & Practice; Counselors: Irene Wasserman, Susan Watchman.
  - Mar. 30-31 Counseling with Parents; Counselor: Sally Laufketter.
  - May 18-19 Working with Parent Groups, Part I; Counselors: Judy Tindall, Sally Laufketter.
- Contact: Barbara Doyle, P.O. Box 28402, St. Louis MO 63141.

I ask that you read page 3 of the NASAP Newsletter of December, 1978 where we are quoted exactly?

"We carefully considered in what way can we, as an organization, best support the Women's Movement? There is an honest difference of opinion on this issue. We, the Sub-committee, believe that we can best demonstrate our beliefs about equal rights by going to Nevada with a strong, positive program and workshops that will demonstrate to the people of Nevada the theory and practice of Individual Psychology.

"Las Vegas is unattractive to many people in NASAP for many reasons, and it would be simpler for everyone to go to California especially in light of a more attractive site presented to us today. However, Nevada needs us more than California does. Following the spirit of Dr. Dreikurs, we are willing to speak strongly on equality in a place where this is urgently needed and we also believe positive action is more effective than a boycott.

"Every word on both sides of the issue has been given careful deliberation and the committee members have undergone much soul searching. In the spirit of Social Interest, we invite those opposed to the Las Vegas site to come to Nevada and contribute their enthusiasm, their knowledge, and expertise and speak out for equality where it is so sorely needed." (Emphasis mine, D.P)

The Convention Sub-Committee did move to limit debate. We had been petitioned, talked at, argued with, and written to since last May. Every member of the DA had read your views. Every member of the DA knew another site had been offered. I believe every member of the DA is FOR women's rights and supports ERA. The issue was and is how best to go about realizing our beliefs. Neither Edith Dewey nor I are interested in "repressive control." What "new information" should have come before the DA? What information was being withheld?

When the vote was called, your side was defeated 22 to 5. You imply that had you been given the opportunity to truly present your views everybody would have changed their minds and voted not to go to Las Vegas. I believe that about half of the people who voted to go to Nevada did so because they felt a moral obligation to keep their word; and, that the other half of the people who voted to go to Las Vegas did so because they do not believe that boycott is the method to use in trying to win state legislatures over to passage of ERA. Furthermore, you accuse the DA of not using the "democratic process" when it was precisely the democratic process that voted down your point of view. When the convention Sub-committee referred to following in Dreikurs' footsteps (and fight), you found that an incorrect way to look at the situation. However, it seems you are not ashamed to ask for "Dreikursian Agreement" when it suits your purpose.

Finally, I call into question your statement that there were "...no personal attacks on those with differing views..." Exactly what am I to think when the Minority Report states very clearly that a motion to limit debate is "...representative of the tone of repressive control..."? Since I was one of the people to make that motion, I consider your statement a personal attack.

Where do we go from here? I should like to suggest to those people affiliated with the Minority Report that the time has come to graciously accept the majority opinion and end this non-productive debate. While your purpose may be noble, may I recommend restraint in attributing ignoble motivations to those who do not agree with you?--

Dorothy E. Peven

LETTERS TO EDITOR

IN RESPONSE TO MINORITY REPORT

Letter to: Jo-Anne Hahn, Harriet Tower, Marie Hartwell-Walker, Lawrence Belove, Amy Lew and Carolyn Griffin

As a member of the Delegate Assembly in attendance at Rhode Island and as a member of the Convention Sub-Committee, I wish to respond to your "Minority Report." I agree "...that the open expression of feelings is essential..." and that we should deal "...with these matters openly." Forthwith, my letter.

I am a dues-paying, "card-carrying" member of the National Organization of Women (NOW), and the only female member of NASAP who has presented papers on women at every annual convention since 1972, and one of two female members who has published anything on women recently. I do not agree with NOW and I do not agree with you. I do agree with Dr. Dreikurs, who preferred to beard the lion in his den (Crete 1965) and make a different kind of fight for my cause. Because I so choose, I take issue with your Minority Report.

You indicate that had your group been given the opportunity to speak at length, you would have changed the votes of enough people to support your position. It is my understanding that the DA discussed the issue in May and voted down your stance. Since that time, the Executive Committee met (with the information that another site had been offered) and again decided not to support your position. In Providence, every member of the DA had the petitions your group was sponsoring. In order for the general membership to understand everything about the "basic facts," I should like to quote from just one petition addressed to Neva Hefner with the request that a matter be put on the DA agenda in Providence. I quote:

"We are concerned, in particular, ...B) that the General Membership meetings be held at a time and place which truly give the members an opportunity to meet and air their views (e.g., not at 8:30 a.m. a.m. after Saturday night partying and/or concurrent with on-going programs)..."

In 1977, when I coordinated the Annual Convention, the General Membership meeting was held on Saturday morning with no concurrent programs. This procedure was followed in Washington. I digress in order to show that some of your information is wrong.

Your report states 1) that when Bill Marchant was advised of the possibility of changing the 1979 convention site he said to you, "It would be all right with me if they did." He never indicated anything of this nature to the Convention Sub-committee. We do not presume to read his mind. 2) Whether or not Bill would be liable to law suit was barely discussed by the members of the DA, who were desperately searching their conscience, not their pocketbooks. 3) You claim that information re California was available after the May meeting. Did you offer this information to any member of the Convention Sub-Committee? When the Sub-committee asked you for specific details, we waited while you called California and got the necessary information.

You are quite correct about the Convention Sub-committee recommending that we go to Las Vegas. May

Make your tax deductible contribution before December 31, 1978!

DUES AND FINANCES

Chicago, IL 11-30-78

The Dues Notice for 1979 membership in NASAP included a letter stating reasons for the 1978 Budget falling short of the revenue anticipated for 1978. Why is it, in the Dues letter and in past comments in the Newsletter, it has not been mentioned that \$18,000 income was budgeted for the 1978 Annual Convention, and that the actual income received from the Convention was in the neighborhood of \$6,000? Certainly, a \$12,000 miscalculation is worthy of mention to the members of the Society. I'm sure all will agree that the D.C. Convention was a success in terms of new concepts being tried, and certainly no one would fault those in charge of the Convention for not being perfect. I was personally most happy to see a group have the courage to break away from the worn-out programs of the past. Because of the courage of the Washington D.C. group, we can now evaluate the strong points of the convention and improve upon the weaker points.

Let us not, as a Society, hide our mistakes ashamedly--we will never learn from them. The Budget prepared by the Executive Committee for each forthcoming year is important enough to be evaluated by the Society as a whole. Input from the members could be of utmost value in the preparation of the Budget. Let's publish the Budget and its revisions when it is computed so that we members can be educated as to where our money is going and what our financial needs are. Let's open the doors of the Executive Committee meetings to those members who would like to sit in on meetings to learn how our decisions are made, and let's also make available to the membership the written minutes of the Executive Committee meetings; as are the minutes of the Delegate Assembly made available to members upon their request.

I understand the new dues structure was made in haste at the end of a long day. It shows it. I wonder how many of the decision-makers are trying to raise a family on \$18,000 a year or less? The need for an increase is evident, but the only justification I can see for the new structure is to add some humor to our lives. I think I'll pay it--for the sake of absurdity.

--Kay Schecht

**Ed. Note: Copies of minutes and budget are available upon request.**

OF GENERAL INTEREST

TIME TO RENEW AND RECRUIT AGAIN!

By this writing you have received the Mail-O-Gram from your faithful Membership Drive Committee and probably rushed right out to post your renewal of membership for 1979.

Inflation forced the DA to increase membership dues but on a sliding scale from \$35.00 to \$50.00. This was done only after considering selling Neva Hefner's cardboard box filing cabinets to a paper drive, selling her typewriter and giving her a quill pen, and requesting that all membership pick up any future mail at the Chicago office. It was also suggested that Neva use a candle 10% of the working day for heat and light. A few of us were willing to make these sacrifices rather than pay more dues, but Neva won't. So much for Neva's social interest!

Anyway, we hope this added expense will not deter you from renewing your membership or recruiting your annual new member! Remember that many hands make light work, expanded NASAP services and lower membership dues. Maybe our numbers can keep us ahead of inflation for a few years!

We are happy that our "blitz" of the past has resulted in numbers of members carrying membership forms with them regularly and are prepared to sign

up new members on the spot! This kind of interest in the interests of a growing Adlerian Society is the only way we'll become a greater influence in North America - Each One Reach One - One More Time!

Barney and Gloria Lane  
Membership Co-Persons

CALL FOR PAPERS --  
SIXTH NASAP SYMPOSIUM ON SCIENTIFIC INQUIRY OF IP  
"WHAT IS SOCIAL INTEREST?"

I would like to invite your participation in the Sixth Symposium on Scientific Inquiry in Individual Psychology. The symposium will be part of the next NASAP meeting to be held in Las Vegas in May, 1979. The purpose of the symposium is to stimulate and improve empirical and theoretical investigation into issues and activities of concern to Individual Psychology. Papers are being solicited which suggest new strategies, research designs, measurement instruments or procedures, and methods for data analysis related to researchable questions, concepts and propositions in Adlerian Psychology. Also welcome are (1) papers which critique the current status of these areas, (2) papers which illuminate the process of deriving testable hypotheses from Adlerian theory and which also present plausible research strategies for testing these hypotheses, and (3) papers which represent basic conceptual elaboration and theoretical development in Individual Psychology. Please note that mention of individual empirical studies will be relevant, but only to support a broader statement concerning theory or methodology per se.

"What is Social Interest?" is the theme of this year's symposium. Although all papers submitted will be considered, those which focus on theoretical and empirical issues related to understanding and validating Adler's theory of Social Interest will be given priority.

If interested, please provide the following by February 1, 1979:

1. Your name, basic biographical information (degrees earned, present employment, etc.) and mailing address.
2. Whether you are interested in being a participant or a discussant.
3. Title of your paper.
4. Two copies of a 300 to 400 word abstract.
5. A stamped, self-addressed envelope and a stamped, self-addressed postcard.

--Richard Royal Kopp, Ph.D.  
2554 N. Holliston Avenue  
Altadena, CA 91001

POSITION AVAILABLE

Udelle Friedland has recently resigned as editor of the Individual Psychologist. The Publications Committee is now requesting nominations or anyone interested may send a vita and other information for that position. It would be helpful for those who wish to become editor of this Journal to indicate:

1. Previous experience in editing.
2. Resources for producing the Journal

Send vita and other information to:

Roy Kern, Ph.D.  
Dept. of Counseling, Psychological Services  
Georgia State University  
University Plaza  
Atlanta, GA 30303

**EACH ONE REACH ONE - ONE MORE TIME!  
Recruit your annual new member now!**

COMMITTEE REPORTS

WOMEN'S ISSUES COMMITTEE

We have compiled the ideas and plans from the Task Force reports to date, as well as comments and suggestions from individuals who have responded to the Minority Report. We present them here without comment for readers--men and women--to think about and, where appropriate, to use. We are overwhelmed by the number of responses, pleased at the range of ideas and the enthusiasm shown by NASAP members for constructive change. We wish we had space to include all that came in. We'll report the rest next time.

RESPONSES DEALING WITH NASAP:

- 1) Have a special issue of *JIP* devoted to Women's Issues; invite women to do research papers and write theoretical articles for it. Encourage qualified women to apply for editorships and other positions on *IP* and *JIP*.
- 2) Write reviews for *JIP* of major books on women's issues, such as Friedan's *It Changed My Life* and French's *The Women's Room*.
- 3) Make our views known to DA representatives, ask them to express our views to the DA as a whole, and then to vote their own convictions. *Not having controversial views heard and thoughtfully considered* is what causes disturbance in political situations.
- 4) Study how women discourage themselves from running for office; urge women to run; help nominate them; help campaign for them; help raise funds for travel money to send them to DA meetings if they cannot afford to travel there on their own.
- 5) Work to reduce the lowest level of the sliding dues scale, so that spouses (especially women), students, and family education persons (mostly women) can participate as full members without feeling that they are "robbing the family coffers."
- 6) Encourage women who are homemakers to see themselves as providing service equal to the economic worth of that reflected in the husband's paycheck, and therefore entitled to spend money on the "frill" of NASAP dues.
- 7) Encourage Adlerian groups in ERA-ratified states to offer their locales for future conventions, so that there will be "alternatives" which will not split the membership and hurt NASAP financially by refusals to attend.
- 8) Members not planning to attend the Las Vegas convention may wish to donate their registration fee to NASAP, so as not to damage Central Office functioning, and contribute their hotel bill and airfare to further family education work, regional development, Women's Issues Committee work, or some other aspect of Adlerian efforts which they believe in.
- 9) Three persons expressed the view that the DA's decision to hold meetings in non-ERA-ratified states after Las Vegas was an error, and that the "natural consequences" of that error is to lose convention income.

RESPONSES DEALING WITH ADLERIAN TRAINING CENTERS AND STUDENT ASSOCIATIONS:

- 10) Ask Adlerian Institutes to plan courses on women's issues, such as: Men/Women in Today's World; Creative Alternatives to Sex-Role Stereotyping; Innovative Approaches to the Love Task in an Equal Relationship; Creative Child-Nurturing by Both Parents.
- 11) Encourage women to see themselves as competent to research, plan, and teach such courses effectively.
- 12) Encourage Adlerian training centers to hire additional qualified women faculty members, consultants, practicum supervisors, and administrative personnel.
- 13) A very practical down-home matter: Find ways to incorporate children, so that women *can* be more involved in NASAP and Adlerian events (e.g., day care at conventions, at AAI's for women students, and as a community service for working parents).
- 14) Invite Adlerian student associations to sponsor "awareness" groups to generate talking and thinking about women's issues. Collect common ideas and attitudes about women/men, post one on the bulletin board as the "Idea of the Month," such as:  
"Women who have made it in the Mainstream are often the most competitive with other women and the most oppositional to women's issues; they are frightened to rock the boat by acknowledging the need for far-reaching changes."  
Have local groups examine these ideas for the grain of truth and the mythology in them; consider "How does it work in my/our life?" "What actions can I/we take to change what needs to be changed?"
- 15) Urge student groups to focus on establishing men's consciousness-raising groups, to educate the membership as to how the inequality of women leads to disadvantages for and discrimination against men, as well as unhappiness between the sexes.
- 16) Encourage bright, competent, qualified women to think of themselves as capable of starting and running an Adlerian Institute.
- 17) Encourage students in academic programs to do their theses and dissertations on such topics as:  
What happens to men and women graduates of Adlerian training centers, i.e., does sex of graduate affect subsequent chances of employment in an Adlerian Institution and/or outside of it; are there any differentials in salaries and promotions?
- 18) Sponsor panels of papers given by recent AAI graduates to promote scholarship and research, to encourage publication, and to provide--especially for women--an opportunity to gain experience in making a presentation. (The Women's Issues Committee of the AAI Student Association is doing this on January 10, with Dorothy Peven as Moderator.)

GENERAL IDEAS FOR THE WOMEN'S ISSUES COMMITTEE(S):

- 19) Urge women to get out of the competitive stance, and to demonstrate cooperative, democratic, responsible leadership in action.
- 20) Have a regular Myth-Scotching Department as part of the monthly newsletter report. Start with:  
MYTH: That boycotting anything will lose us our legal nonprofit status.  
FACT: Boycotting is legal, nonviolent, noncoercive, and not a political activity which will endanger NASAP's nonprofit status.  
We must NOT, however, as a group endorse in writing any candidate for public office. (Checked out with a lawyer.)
- 21) Encourage local Adlerian groups to exchange speakers with NOW groups. Familiarize local and national leaders of the women's movement with Adler's ideas by writing to them and sending them books and articles on the subject.
- 22) Sponsor meetings with big name women's issues speakers, such as Betty Friedan, to be open not only to Adlerians, but to the public at minimal cost, in order to raise awareness of women's issues and to gain publicity and support for Adlerian principles. (WIC of Chicago is checking into this possibility now.)
- 23) Urge telephone companies to list married women and men's names both at a standard cost, rather than the men's names only, with the women's added for an additional fee. (One company does this on a single line.)

IDEAS FOR INDIVIDUALS:

- 24) Support the current boycott against Nestlé products, and write to the company President to protest their urging mothers to stop feeding breast milk to infants and to use their artificial powders instead, which is resulting in the deaths of hundreds of thousands of infants in the Third World. (For further information, write to Infant Formula Action Coalition, 3410 19 St, San Fran. Ca. 94110.)

- 25) Have a forum for solutions to problems that come up in connection with Women's Issues, such as,  
 Q: "How do you handle it when you hear a sexist joke?"  
 A: "There are many possible alternatives, such as, a) Withdraw quietly from the situation; or b) Comment on sexist joking whenever you hear it; invite the offender to consider the demeaning implications of such jokes. If the offender wants to fight about it, or 'defends,' you can say, "Thanks for telling me how you feel. I wanted to share my feelings about it with you." Do not withdraw from future contact with the person; remain friendly; keep communication lines open."
  - 26) Be alert to the use of sexist language in everyday life (e.g., "girl" or "lady" rather than "woman"), express your view forthrightly, without use of sarcasm or intimidation, and without letting yourself be intimidated. Draw attention in a friendly but firm way to sex-role stereotyping in comments such as "She thinks like a man."
  - 27) On the job, be alert to comments and actions which promote the use of women as sex objects, and notice inequities expressed through body language (e.g., it's okay for men to touch women, but casual touching of men by women is "sexually provocative").
  - 28) Note offensive sexist ads on TV (e.g., man presenting diamond to woman, saying, "Have you been a good little girl?"), and sexist attitudes in newspaper and magazine advertisements; dash off a brief letter to the source saying how you feel about it.
  - 29) Write to the governors and legislators of non-ERA states to express your concern at their failure to ratify ERA.
- Let us hear from you. We'll report the remainder of the responses and further plans and ideas in this column each month.

Jo-Anne Hahn, Co-Chairperson

AD HOC COMMITTEE

To the Membership:

As you all know, a firm decision has been made to hold the Convention in Las Vegas. From the onset, many have agreed that, should we go to Las Vegas, we would make an effort to do something positive, in an educational way to promote Human Rights in a state that has voted against the Equal Rights Amendment.

A committee has been formed to ensure such positive action will be taken. In turn, that committee is calling for a special meeting to be held in Tucson, AZ, March 3 and 4, 1979 for two reasons. First reason is to plan activities to promote Human Rights. The second, to raise money to carry on such activities.

Maxine Ijams is planning an all-day slate of workshops for Saturday, March 3. We invite you to attend. Further, we invite you to offer your services in conducting such workshops. Please contact Maxine immediately if you wish to participate: 3930 Camina de la Colina, Tucson, AZ 85711. No fees for workshop presenters will be given since the proceeds will go towards the support of our efforts in Nevada in May.

During the afternoon of Saturday, March 3, and the morning of Sunday, March 4, the Ad Hoc Committee will meet to make plans for the types of activities to be conducted in Nevada. For example, lectures, media time, direct action. We want to let people know we are there and why we are there. We need people to plan and work. We invite any member who can to join the Ad Hoc Committee for the decisions and procedures to be followed. Please contact Fr. Maurice Ouellet, St. Michael's College, Winooski, VT 05404, if you wish to participate in committee deliberations.

Hopefully, together we can cooperate in some positive action to further the cause of Human Rights.

--The Ad Hoc Committee  
Fr. Maurice Ouellet, Maxine Ijams  
 Co-Chairpersons  
Edna Nash, Carol Arnold,  
Francis X. Walton

NEWSNOTES

REGION I -- FAR WEST

ARIZONA

Tucson--Saturday afternoon, January 6, 1979 there will be an open house at the newly opened Adlerian Psychological Institute at 1540 N. Tucson Blvd., Tucson, AZ 85716. There are five associates: Gary Downs, Maxine Ijams, Lee Keaton, Lee Schnebly and Carroll Thomas.

CALIFORNIA

Elk Grove--The federally funded Adlerian Elementary School Counseling Program in the Elk Grove School

District proved so effective in demonstrating student change in a positive direction for three years that it has been funded for two more years for dissemination throughout the state of California. For the next two years it will be known as Project A.C.C.E.P.T. (Adlerian Counseling Concepts for Encouraging Parents and Teachers). Jane Nelsen, as Project Director, Vicky Zirkle, as Project Coordinator, and Judi Dixon, as Parent Education Consultant, will be traveling throughout the state of California helping other interested school districts implement this highly successful program.

Huntington Beach--The Family Study Group sponsored an evening of food, fun and games starring the Malterre family. People were invited to join in celebrating the Holiday Season with the best present you can give your family--your presence. "Give your kids your presence this Season, not just presents."

REGION II -- MIDWEST

Chicago--On Sunday, October 8, the AAI of Chicago held its first graduation exercises at the Chicago Temple. The Institute's first award of a degree was an honorary Master of Arts in Counseling Psychology to Sadie Dreikurs with the citation: "The esteem and respect of your Institute colleagues for your generous and ongoing dedication to the goals of the Institute and for your outstanding contributions to the cause of Individual Psychology are expressed in the award of a Master of Arts degree in Counseling Psychology, honoris causa".

The Institute presented its first Distinguished Service Awards to those who collaborated with Dr. Dreikurs in the founding of the Institute in 1952: Harold H. Mosak, Eleanore Redwin, Bernard H. Shulman, and Adaline Starr.

The principal address was given by Kurt Adler, followed by a Word to the Graduates from Bernard Shulman, President of the IAIP, Harold McAbee, President of NASAP (delivered by Neva L. Hefner, Exec. Sec'y), Sheila Hendler, President of the Rudolf Dreikurs Unit of FEA, and Harold Mosak, Chairman of AAI Board of Directors.

The ceremony also honored those who graduated between 1959 and 1977. Next year's graduation has been scheduled for Sunday, October 21.

232 students are registered for the Fall Quarter courses, an increase over last year. Among this year's students are three from other countries: Ton de Bruijn from Holland, Barbara Nash from Canada, and Michael Spector from Israel. The Institute's approval by the U.S. Immigration and Naturalization Service to accept non-immigrant foreign students paves the way for an increase in the number of foreign students.

Seymour Schneider has been appointed Director of the Rudolf Dreikurs Psychological Services Center and Dean of Faculty at the Institute effective January 1, 1979.

REGION III -- SOUTH

FLORIDA

Coral Springs--Don Dinkmeyer will be consulting in Venezuela in February, 1979 (15-19). There is a high level of interest in DUSO, STEP, and Adlerian Psychology.

SOUTH CAROLINA

Columbia--Frank Walton will teach Adlerian Theory and Practice for the Adler-Dreikurs Institute of Bowie State in Charleston, S.C. during the Spring, 1979 semester. Those interested in enrolling should contact Frank at 660 Townes Road, Columbia, SC 29210.

REGION IV -- MIDDLE ATLANTIC

MARYLAND

Bowie--Adler-Dreikurs Institute faculty member, William McKelvie, and Udelle Friedland will be conducting a counselor development workshop for the American Personnel and Guidance Association. The workshop will be held on January 26 and 27 at the Marriot/Twin Bridges Hotel in Washington, D.C.

This workshop features an Adlerian approach to career counseling developed by Drs. McKelvie and Friedland. It is an individualistic approach which clarifies life goals and the obstacles that hinder movement toward those goals. Together clients and counselor develop effective strategies to actualize a meaningful career plan.

FEES: \$50 for APGA members, \$75 for non-members, and \$45 for students. For an additional fee one hour graduate credit from Bowie State College can be obtained. Contact McKelvie at 301/464-3322.

INTERNATIONAL

GREAT BRITAIN

London--Dr. Lilian Beattie, presently chairperson of the Adlerian Society of Great Britain, writes: "It may be of interest to your readers to know of the effect of two brief visits to this country by Professor Manford A. Sonstegard in 1977 when he conducted a preliminary counselling course, which has meant that Adlerian counselling is now taking place, mainly in Buckinghamshire. Also great interest has been stimulated in areas where previously Individual Psychology had not been experienced--the outcome of which is:

1. the sprouting of parent study groups;
2. the possibility of a Family Education Centre;
3. a course for teachers in a Secondary Modern School based on an understanding of the 4 mistaken goals plus a close look at methods of discipline within the same school;
4. the concept of a new Individual Psychology Society in Buckinghamshire--the main aim of which is for the training of parents plus para professionals.

"And now this Fall, Sonste and Lilian Beattie will conduct a course entitled 'Families Under Stress' for the University of London for teachers, social workers, counsellors, psychologists, health visitors, and medical doctors."

EUROPE

Tee Dreikurs sends word that she will be conducting workshops at the Alfred Adler Institute of Delmenorst, Germany Jan. 12 to 16, 1979; the Alfred Adler Institute of Zurich, Switzerland Jan. 18 to 22; the Institute in Greece, working in Crete, Salonika and Athens Jan. 23 to Feb. 3; the Alfred Adler Institute of Tel-Aviv from Feb. 4 to March 28.

**REMINDER--1979 dues are due and payable. The deadline to remain a member in good standing is January 31, 1979. NEWSLETTERS will be sent only to those who have paid by that date.**

ADDITIONAL GENERAL INTEREST

FUTURE CONVENTION SITES

The Convention/Workshop Sub-Committee of the Delegate Assembly solicits invitations of local Adlerian groups who are willing to make arrangements for NASAP Annual Conventions and for the semi-annual meetings of the Delegate Assembly.

There is a great deal of work involved in planning, arranging and conducting an Annual Convention and its pre-convention programs and post-convention workshops. Making arrangements for the semi-annual meeting of the D.A. is somewhat less demanding but also involves careful planning and volunteer work.

It has been our policy to give all profits from book sales and the Friday evening program, half the profit from pre-convention workshops and one-quarter of the profits from the Annual Convention itself to the local sponsoring group. At the semi-annual meeting of the D.A., all profits from book sales and the Saturday program remain with the local group. However, the chief benefits to the local sponsoring group are the educational benefits to its members and the stimulation and publicity which results by spreading the message of Adlerian Psychology in the community. These benefits should repay the many volunteers for the work and the heavy responsibilities involved.

We have prepared a Convention/Workshop Guidelines Manual and the Sub-Committee will give further assistance and advice about arrangements.

Since it has been a policy to alternate meeting sites to various parts of the United States and Canada and since the 1979 Annual Convention is to be held in Las Vegas and the 1979 fall meeting of the D.A. in Edmonton, Alberta, we are particularly interested in receiving invitations from the east for 1980. We are also concerned about the increasing costs of holding our meetings in hotels and wish to explore the feasibility of using colleges or other suitable facilities.

Please submit invitations to Edith A. Dewey, Chairperson of the Convention Workshop Sub-Committee, Aboard Sanderling II, Ft. Myers Yacht Basin, Ft. Myers, Florida 33902.

APPRECIATION EXPRESSED FOR DONATIONS RECEIVED July, 1978 to December, 1978

<u>\$200 and above</u>	<u>\$20 and above</u>	<u>\$10 and above</u>
McAbee, H.	Fletcher, S.	Braswell, D.
Manaster, G.	Silverman, N.	*Croake, J.
		Dewey, E.
<u>\$50 and above</u>	<u>Under \$10</u>	Dewey, M.
Robbins, S.	Banks, B.	Doty, M.
Powers, R.	Staves, Susan	*Lew, A.
Udchic, H.	Wingett, W. & T.	Painter, G.
		Saemann, B.

\*Omitted from the previous list; actually contributed before July.

In addition to the above donations, thirty-five members contributed additional monies for the Membership Directory. We thank each of you for your expression of support and contributing to the work of the Society.

LIFE MEMBERS

We welcome Mrs. Lilly Ehrlich to the roster of Life Members. We congratulate her on this election and look forward to her continued participation and contribution to the work of Adlerian Psychology.

The central office has received word of the death of three Life Members: Mrs. J. Coster-Lucas, Emory I. Gondor, M.D., Ann Heinrichs. We regret their passing but appreciate their contribution to NASAP in the past.

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**NORTH  
AMERICAN  
SOCIETY OF  
ADLERIAN  
PSYCHOLOGY**

**ORLANDO  
region three conference**

**February 24 & 25, 1979**

*ADLERIAN PSYCHOLOGY IS A PRACTICAL PSYCHOLOGY BASED IN A THEORY WHICH ADAPTS EQUALLY WELL TO COUNSELING, EDUCATION AND THERAPY.*

Program topics will include: "Counseling with Adolescents", "Diagnosis of the Life Style", "Parent Education", "Working with Teachers in Groups", "Early Recollections in Counseling", "Understanding Your Priorities" and "Rehabilitation Counseling".

Presenters include many prominent Adlerians from the southeast: Edith Dewey, Don Dinkmeyer, Don Dinkmeyer, Jr., Dan Eckstein, Steve Hirschorn, Don Kelly, Roy Kern, Frank Walton and others.

Registration is 8:30-9a.m. (Pre-registration is encouraged to assure your choices). Programs are 9 a.m. to 4 p.m.. A region three business meeting will be held during the day. Lunch (both days) on your own.

Workshop A: "Adlerian Counseling and Psychotherapy"  
*Don Dinkmeyer, President, CMTI, Author and consultant.*

Workshop B: "Family Counseling"  
*Frank Walton, private practitioner and consultant, Columbia, S.C.*

Workshop C: "Teacher Consultation"  
*Roy Kern, Professor, Georgia State University, Atlanta*

These workshops will present techniques and practical demonstrations. Each meets from 8:30 a.m. to 3:30 p.m.

**Programs • Sat., Feb. 24**

**Sun., Feb. 25 • Workshops**

**CONFERENCE SITE/AREA ATTRACTIONS**

The conference and lodging site is the Rodeway Inn, Florida Center (Junction of Interstate 4 and Florida Turnpike). The Inn is less than 10 minutes from Orlando's McCoy Jetport. A complimentary courtesy car for Rodeway Guests is available.

The Inn is less than 15 minutes from Walt Disney World, Sea World and numerous other attractions. Buses to and from these sites stop at the Rodeway on a regular schedule. (Information on attractions will be given to all conference registrants) The conference organizers recognize the family-oriented opportunities in Orlando and have selected a site and times conducive to these activities.

We believe the conference will be attractive to many people and therefore urge you to make reservations (plane, Inn and conference) as early as possible. A limited number of rooms have been set aside at the above rates at the Rodeway. We cannot guarantee alternative lodging as this will be the in-season period. Come to recreate, and grow personally and professionally!

**ROOM RATES**  
Single \$18 Double \$23.  
Information below.

**HOUSING, REGISTRATION AND FEES**

Early registration offers a smaller fee but must be postmarked by February 9. We will accept registration through Saturday morning but cannot guarantee workshop placement. You are encouraged to register early!

Each participant is directly responsible for making their own motel reservations. Write directly to: The Rodeway Inn, 5827 Caravan Court, Orlando, FL 32805. You MUST include two items: "NASAP conference participant" and the room type and rate you desire. The organizers cannot help secure accommodations at any time, though we have postage-free rate cards which will be provided on request. If you have special problems or wish to call the Inn from the airport for a ride, call (305) 351-3800.

Send your registration on the form below to Coral Springs. Early registrants will receive confirmation from us. Make your motel and travel reservations at the same time you register with us.

**REGISTRATION**

Mail to: NASAP/CMTI, Box 8268, Coral Springs, FL 33065

(Early registration must be postmarked by Feb. 9)

Name \_\_\_\_\_  
Address \_\_\_\_\_  
City \_\_\_\_\_  
State \_\_\_\_\_ Zip \_\_\_\_\_  
Telephone \_\_\_\_\_  
Pos./job title \_\_\_\_\_  
Institution \_\_\_\_\_

	(early)	(late)
_____ Sat. only	\$20	\$25
_____ Sat. & Sun.	40	50
_____ Sun. only	25	30

Workshop Choice:

1. \_\_\_\_\_  
2. \_\_\_\_\_

Checks payable to: "CMTI/NASAP 3"  
Communication & Motivation Training Institute, Coral Springs, is organizing this conference.



PROGRAMS

1 DAY WORKSHOPS

REGISTRATION  
(Please Print)

**Systematic Training For Effective Teaching**  
Don Dinkmeyer, Jr.

**Psychological Assessment and Treatment of the Severely Handicapped (Vietnam - era Veterans)**

F. Donald Kelly, Ph.d.  
Thomas J. Fischer, Ph.d.

**Death, Dying and Grieving**  
Dan Eckstein, Ph.d.,

**Adlerian Counseling and Psychotherapy**  
Don Dinkmeyer, Sr., Ph.d.,

**Individual Education (A Comprehensive school Approach Using Adlerian Principles)**

Frank Walton, Ph.d.  
Mike Mastroianni

**Effective Communication (Level vs. Vertical)**  
Milton and Edith Dewey

**Do the Unexpected (Paradoxical Directives)**  
Roy M. Kern Ed.D.

**Art Therapy in Family Counseling**  
Hal and Norma McAbee, Ed.D.

**The Use of Early Recollections in Counseling**  
Steve Hirschorn, Ph.d.

**An Adlerian Approach to Affective Education**  
Teck Penland, Ph.d.

**Adlerian Techniques in Early Childhood Education**  
Kathy Walton

and many more exciting workshops.....

**Adlerian Marital Therapy**  
F. Donald Kelly, Ph.d., Associate Professor,  
Florida State University

(This workshop will discuss: Adlerian Theory as a systems approach; Diagnosis of marital problems through life-style assessment; Interviewing procedures; Role-playing; and Special strategies and techniques.)

**Individualized Life-Style Development**  
Roy M. Kern, Ed.D.  
Georgia State University

(The participants will learn how to use the life-style approach by a systematic presentation of materials, through self-scouring questionnaires, lecture, and interviewing procedures with peers within the group.)

**Encouragement: Becoming a Positive Person**  
Don Dinkmeyer, Ph.d., President,  
Communication & Training Institute

(An experience in applying the concepts and skills of encouragement to your personal and professional life.)

**Winning the Cooperation of Adolescents in the Home and School**  
Frank Walton, Ph.d.,  
Consultant and Private Practitioner

(This workshop will use lecture, demonstration, audience participation and discussion to teach Adlerian principles designed to help adults deal effectively with teenagers in the home, school and counseling situations.)

Name: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_

State: \_\_\_\_\_ Zip: \_\_\_\_\_

Telephone: \_\_\_\_\_

Pos./Job Title: \_\_\_\_\_

Institution: \_\_\_\_\_

**REGISTER EARLY AND SAVE \$**

(Early registration must be postmarked by Feb. 14)

_____ Sat. only	(Early) \$25	(Late) \$30
_____ Sat. & Sun.	\$45	\$55
_____ Sun. only	\$30	\$35
_____ Thurs. & Fri.	\$50	\$60

SUNDAY WORKSHOP CHOICE

1. \_\_\_\_\_

2. \_\_\_\_\_

**Registration is 8:30 - 9:00 A.M.**

Workshops are from 9:00 A.M. to 4:00 P.M.



**GALA SOCIAL GET-TOGETHER SATURDAY NIGHT AT ROSIE O'GRADYS.**

## ACCOMMODATIONS

For motel reservations,  
contact directly:

**CARAVAN RESORT INN**  
5827 Caravan Court,  
Orlando, Florida 32805  
(305) 351-3800



### ROOM RATES:

Single  
\$21

Double  
\$24

To receive these reasonable rates,  
please include  
"NASAP Conference Participant"  
when registering.

*(Make Checks Payable To NASAP 3)*

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PRACTICAL PSYCHOLOGY BASED  
IN A THEORY WHICH ADAPTS  
EQUALLY WELL TO COUNSELING,  
EDUCATION, AND THERAPY."**

## PRE-CONFERENCE WORKSHOPS

THURSDAY NIGHT, FEBRUARY 21  
7-9:30 P.M.

FRIDAY, FEBRUARY 22  
8:30 A.M. - 3:30 P.M.

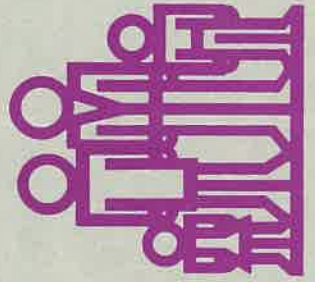
**Topic:** Parent Education Leader Training -  
an intensive training experience in leading  
Systematic Training for Effective Parenting,  
Raising a Responsible Child, and Parent  
Groups.

Participants will receive materials, super-  
vision, and have an opportunity to understand  
a comprehensive parent education approach.  
The materials will be demonstrated and there  
will be opportunities to lead small groups and  
get feedback.

Don Dinkmeyer, Ph.d., Co-author of STEP  
and Raising a Responsible Child.

*Send Registration Forms To:*  
Mike Mastroianni  
1416 Wilmar Ave.  
Merritt Island, Florida 32952

*For Further Information Call:*  
Home: (305) 452-6145  
Office: (305) 784-0284



# 2nd Annual NASAP Region 3 Conference

Orlando, Florida  
FEBRUARY 23, 24, 1980

Presentations & Lectures  
for the

NORTH AMERICAN  
SOCIETY OF  
ADLERIAN PSYCHOLOGY

