

NORTH AMERICAN SOCIETY OF ADLERIAN PSYCHOLOGY



NEWSLETTER

Neva L. Hefner
Editor

159 North Dearborn Street
Chicago, Illinois 60601

FEBRUARY 1979

PRESIDENT'S MESSAGE

Dear NASAP Members:

The New Year augurs well for a sharply increased pace of a variety of activities in the North American Society of Adlerian Psychology and associated individuals and groups. The January issue of the *NEWSLETTER* listed an increasingly large number of professional activities. Local, state and national newsletters arrive weekly with word of new and expanding programs. Four of the five NASAP regions are planning major spring conferences. The Women's Issues Committee is moving forward with its important work and the Ad Hoc Committee for education in non-ERA states is planning a March workshop in Tucson. Bill Marchant's convention planning committee is moving ahead in its planning for the 1979 Convention in Las Vegas.

Several distinct challenges confront the Society in 1979! One--and certainly of prime importance--is that of membership. The Society will have to curtail services if the membership falls much below 1200. The plans and services, including financial support of regional and standing committee efforts, can be continued if the membership reaches 1400. The affect of the new dues structure on total revenue is not yet known. The membership drive is lagging behind last year's effort and needs your prompt attention in forwarding your own dues and enlisting new members.

NASAP is a member of the Coalition for the White House Conference on Families. The Coalition is developing a Task Force on State and Local Participation with representation from each member group from each state. These individuals would be expected to devote some time to state and local efforts in planning and participating in various activities leading to the White House Conference on Families scheduled for 1981. It is a tremendous opportunity for Adlerians to make a substantial contribution to an event of national importance. If you are interested in serving as your state representative, please write to *Bill McKelvie*, Graduate College, Bowie State College, Bowie, MD 20715. Bill is NASAP representative to the Steering Committee of the Coalition.

I am also extremely pleased to announce that *Dr. Kenneth B. Clark*, one of this nation's most noted psychologists, has consented to serve as a special advisor to me as President of the Society. The advice of this noted person on ways and means in which the work of the North American Society of Adlerian Psychology can be coordinated and strengthened by association with groups with similar aims should be particularly helpful.

May I close with belated wishes to you for a productive 1979!

Cordially,

Hal McAbee

Hal McAbee
President

CALENDAR OF EVENTS

- | | | | |
|------------|---|------------------|--|
| Feb. 2,3 | Parent Education Leader Training Workshop, featuring STEP, <u>Gary D. McKay</u> . Contact: Dr. Mike Lewis, 2407 Lincoln Way, San Francisco, CA 94122. | Feb. 12,19
26 | "Blended Families," <u>Thomas Wright</u> , AAI of Minnesota, Ste A, 6715 Minnetonka Blvd., St. Louis Park, MN 55426. |
| Feb. 3,17 | "Continuing Case Seminar," <u>Harold Mosak</u> . | Feb. 14,15
16 | Introduction to Individual Psychology, <u>Harold Mosak</u> , St. Joseph's Children Home. Contact: James Gamble, Box 1117, Torrington, WY 82240. |
| Mar. 13,17 | AAI of Fort Wayne, 1812 Ft. Wayne Nat'l Bank Bldg., Ft. Wayne, IN 64802. | Feb.17,18 | "Adlerian Youth Development Workshop," <u>Frank Main</u> , <u>Daniel Zenga</u> , <u>Donald Kelly</u> , Pittsburg State Univ. Contact: John B. Nield, Dept. of Psychology and Counseling, Pittsburg State Univ., Pittsburg, KS 66762. |
| Feb. 7,21 | Two demonstrations at the West Side V.A. Hospital, <u>Harold Mosak</u> . Contact Dr. Michael Flynn, West Side V.A. Hospital, 820 S. Damen, Chicago. | Feb. 24,25 | Region III Conference, Orlando, FL. Contact Don Dinkmeyer, Jr., CMTI, Box 8268, Coral Springs, FL 33065. |
| Feb. 10 | "The Male Dilemma: Coping with the Powerful 'Ps'", <u>Thomas Wright</u> , AAI of Minnesota, Ste A, 6715 Minnetonka Blvd., St. Louis Park, MN 55426. | Mar. 2,16 | Patient demonstrations at N.Chicago VA Hospital, <u>Harold Mosak</u> . Contact: Dr. B. Blom, North Chicago V.A. Hospital, Buckley Rd., North Chicago 60064. |
| Feb. 10 | "Tactics in Psychotherapy," <u>Harold Mosak</u> , AAI of Dayton. Contact: James H. Evans, 526 Brandwynne Ct, Dayton 45459. | | |

- Mar. 2, 3 Annual Conference, Idaho Society of Individual Psychology, Anderson Center, Boise, Oscar Christensen and Tom Edgar. Contact: Loyle V. Washam, Boise Schools, 1207 Fort St., Boise 83702.
- Mar. 3, 4 Workshops and Ad Hoc Committee re Human Rights Activities, Tucson, AZ, contact Fr. Maurice Ouellet, St. Michael's College, Winooski, VT 05404.
- Mar. 7, 8 Workshop for Parent Education Leaders, Don Dinkmeyer. Contact: Dr. Doug Mickelson, Dept. Counseling & Guidance, Univ. Wisconsin at Milwaukee, Milwaukee 53200.
- Mar. 9, 10 Parent Education Leader Training Workshop featuring STEP, Raising a Responsible Child book study groups and parent "C" groups, Gary D. McKay, Christ Church-Lutheran, Phoenix. Contact McKay, 1800 N. Heatherbrae, Tucson AZ 85715. Enroll by 3-2-79.
- Mar. 9, 10 Conference for Parents and Teachers, University of Wisconsin at Whitewater, Don Dinkmeyer. Contact: Dr. Jon Carlson, 258 Circle Parkway, Williams Bay, WI 53191.
- Mar. 9, 10, 11 "Death and Transformation Workshop," Walter O'Connell, Jung Center, Contact: James C. Aylward, C. G. Jung Educational Center of Houston, 5200 Montrose Blvd., Houston, TX 77006.
- Mar. 14,21, 28, Apr. 4 "Parenthood Workshop," St. Vincent de Paul Parish, Phoenix, Kevin A. Leman. Contact him at 1161 N. El Dorado Pl., Ste 325, Tucson AZ 85715.
- Mar. 15 Continuing Education class on the Adlerian Theory of Dreams for the Illinois Psychological Assn., Harold Mosak, at Concordia Teachers College, River Forest.
- Mar. 21, 28 Patient demonstrations, West Side V.A. Hospital, Harold Mosak. Contact: see Feb. 7 of this calendar.
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Mar. 24,25 Second half of 302, Harold Mosak, Vancouver. Contact: BCAAP, Box 33823 STN. D, Vancouver, B.C., Canada V6J 4L6.
- Mar. 30 Parent Education Leader Training Workshop, Xavier Univ. of New Orleans, Don Dinkmeyer. Contact: Dr. Trudie Atkinson, Asst. Prof. Counselor Education, Xavier Univ., 7325 Palmetto St., New Orleans, LA 70125.
- Mar. 31 Art Therapy Workshop for the Associated Colleges of the Midwest, Urban Education, Chicago, Tee Dreikurs.
- Mar. 31 "Holistic Dentistry," Harold Mosak, Awareness, Dental Hygiene Continuing Education. Contact: Ms Sally Erdlitz, 2729 N. Shepherd, Milwaukee, WI 53211.

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WINTER AND SPRING COURSE OFFERINGS

THE ADLER-DREIKURS INSTITUTE OF HUMAN RELATIONS

- Feb. 10-11 Conference on Discipline in School and Home, Harold V. McAbee, non-credit.
- Mar. 10-11 Workshop: Child Abuse Counseling, Henry Raymond, 1 graduate credit hour.
- Apr. 7-8 Workshop: Art Therapy, Sadie "Tee" Dreikurs, 1 graduate credit hour.
- Apr. 21-22 Workshop: Techniques in Art Therapy for Teachers of Young Children, Norma Lou McAbee, 1 graduate credit hour.

For Information, contact The Adler-Dreikurs Institute of Human Relations, Bowie State College, Bowie, MD 20715. Call: 301/464-3211

AAI OF NEW YORK

- Feb. 6 Diagnostic and Prognostic considerations, Helene Papanek, 8 sessions, \$80.
 - Feb. 22 Adlerian Philosophy, Development and Present Status, Andrew Lavender, 8 sessions, \$80.
 - Mar. 15 Fundamentals of Psychopathology, Somatic Factors in Mental Illness, Alexandra Adler, 16 sessions, \$160.
 - March 15 Behavior Analysis, Jonathan Charry, 8 sessions, \$80.
 - Mar. 20 Dreams and Early Recollections, Robert Ellenbogen, 8 sessions, \$80.
- Courses at AAI of New York, 37 W. 65 St., New York, NY
Contact: Tanya Adler, 262 Central Park West, New York, NY 10024, 212/ 787-6221.

AAI OF ONTARIO

- Feb. 3,4, 24,25 Clinical Assessment II, Michael Hartings, Harold Mosak, 9:00 to 4:00 p.m.
- Feb. 17 Expectations and Emotions, Robert Powers, 9:00 a.m. to 4:00 p.m.
- Mar. 3 Risking in Relationships, Brian Skerrett.
- Mar. 10 Life Style in Action, Stan Shaprio, Maria Giammanco Sadilek.
- Mar. 11 Your Dreams Are You, Leo Gold, 9:00 a.m. to 4:00 p.m.
- Mar. 31, Apr.1,21,22 Interviewing Techniques, Bernard Shulman, Harold H. Mosak.
Contact: Steven Moore, AAI of Ontario, 4 Finch Avenue West, Suite 10, Willowdale, Ontario, M2N 2G5, 416/222-2048.

AAI OF ST. LOUIS

- Feb. 2,3 Creative conflicts Resolution at Home & School - Counselors: Bill White and Susan Watchman.
- Feb. 23,24 Discipline in the Elementary School, Part II - Counselors: Sally Laufketter and Jack Appelbaum.
- Mar. 23,24 New Traditions in Child Rearing: Theory & Practice - Counselors: Irene Wasserman, Susan Watchman.
- Mar. 30-31 Counseling with Parents - Counselor: Sally Laufketter.
- May 18,19 Working with Parent Groups, Part I - Counselors: Judy Tindall, Sally Laufketter.
Contact: Barbara Doyle, P.O. Box 28402, St. Louis MO 63141.

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- Mar. 23-25 Spring Region IV meeting and workshops, Charleston, WV, contact Judith Bradford, Star Rt. 1, Box 20F, Popular Point Estates, Poca, WV 25159.
- Mar. 24,25 Region V Spring Meeting, Roosevelt Hotel, New York City. Contact Sylvia Robbins, 9 Myrtle Drive, Great Neck, NY 11021.

Chicago's Blizzard of '79 left the central office somewhat immobile and caused late-going-to-press of NEWSLETTER. Sorry--I think it has been designated An Act of God by some people in Chicago.--Editor

LETTERS TO EDITOR

ADLERIAN CLINICIANS--SERVE NASAP by JOINING AAMFT

Claremont, CA, 11-78

The American Association for Marriage and Family Therapy (formerly the American Association of Marriage and Family Counselors) is recognized by the U.S. Department of Health, Education, and Welfare as the official accrediting agency for the field of marriage and family therapy and counseling. This gives AAMFT tremendous clout in the field. For some examples: (a) the federal government looks to this organization for accrediting training programs in marriage and family counseling and therapy, (b) federal funds and other forms of federal support will be channeled to those organizations affiliated with AAMFT, (c) state marriage and family counseling licensing boards will look to AAMFT to help them identify clinical competencies and quality training programs, (d) insurance companies will likely require AAMFT membership before providing payment to marriage and family therapists.

I recently returned from the annual AAMFT convention and was disappointed by the small number of Adlerians who were represented in this powerful organization. I believe that Adlerian clinicians must create a productive influence base in AAMFT; otherwise, Adlerian psychology, as it is applied to marriage and family therapy and counseling, will suffer some rather serious setbacks in such areas as visibility and viability and training program accreditation.

In order to establish a strong base of influence in AAMFT, I urgently request that all qualified Adlerian clinicians: (a) affiliate as Full Clinical Members and, when possible, as Approved Supervisors of AAMFT, (b) gain memberships on AAMFT policy making boards, (c) inundate the regional and national AAMFT conventions with presentations and workshops, and (d) get Adlerian articles published in the AAMFT journal.

What I am asking is for Adlerian clinicians to hold memberships in both NASAP and AAMFT; thereby strengthening themselves and both organizations. I believe that Adlerian clinicians need AAMFT and AAMFT clinicians need the Adlerians.

For further information on AAMFT membership standards and application forms, write to:

C. Ray Fowler, Ph.D., Executive Director of AAMFT
225 Yale Ave., Claremont, CA 91711

Please take action now. Vital decisions are continually being made in AAMFT that can have a dramatic impact on you. I hope to see you in AAMFT.--

G. Hugh Allred, NASAP Member
AAMFT Fellow & Approved Supervisor

Ed. Note: Maxine Ijams and Carroll Thomas, NASAP Members, presented a paper entitled, "Dealing With 'Baggage' in the Marital Relationship" at the 36th Annual Convention of AAMFC in Boston in October. Maxine said: "An exciting experience--as Adlerians we really opened some new doors for AAMFC members."

IN SUPPORT OF NASAP AND INDIVIDUAL PSYCHOLOGY

Burnham, IL 10-78

On October 8, 1978, I attended the First Annual Graduation of the Alfred Adler Institute of Chicago, which was truly a gala occasion. Attending an event like this caused me to reflect for a few minutes on the following aspects of Individual Psychology.

1. If you were there you could not help to notice the warmth and radiance of every person there. Call it Social Interest as Adlerians would; but I call it a great display of humanness.

2. Nobody there tried to outdo each other; that is, they practiced what they preached, Equality among

everyone. Whether they were teacher or student, speaker or audience, novice or veteran, there was a common bond between them and they did not allow their roles to interfere in their relations with others.

3. Yes, this event was awesome and inspiring to myself, who has had a brief two year exposure to Individual Psychology. Now, because of attending this great event, I feel even more motivated to bring Individual Psychology to the field of mental health.

In closing, I urge fellow Adlerians to get involved more with NASAP and bring the theory of Alfred Adler to whomever you come in contact with, whether that person is a fellow professional or, most importantly, to the client who seeks the answers to the Life Tasks.--

Michael L. Hogan

DANGER: POISONED EQUALITY

Altadena, CA 12-78

"Pick a card...any card. Now put it back in the deck and shuffle it." Recent Newsletters have confronted the NASAP membership with a similar task, "Pick a fiction...any fiction":

(1) the fiction that the NASAP leadership (the D. A.) is a group of crass, inconsiderate, closet bigots who express their hostile prejudice through offensive and degrading humor, or

(2) the fiction that the leadership has done more than expected (suspending its rules and bending over backwards) to accommodate a minority opinion, or

(3) the fiction that the leadership chosen by the members of the NASAP, does not represent the views of the membership.

As we Adlerians know, fictions are limited only by the imagination of their creator. And they are supported, not by facts, but by interpretations based on selective observation of events.

So what is our task as we confront this deck of fictions? It will be futile for any faction to attempt to prove that its fiction is right and the other wrong. As usual, the question is what will we do about it? And our psychology provides the direction:

(1) each subgroup must be firm in its goal of moving the society toward greater equality, while looking for ever-widening bases for common agreement with other views,

(2) each subgroup must recognize that it already has a place in our group and cannot lose it--each is needed by the society to help provide the tension out of which synthesis and growth can emerge,

(3) each subgroup must avoid fighting while not giving in. To impute malevolent intent tends to promote an adversary relationship with revenge as its goal.

The struggle for equality must never poison itself by serving a self-righteous or morally superior purpose.

I believe the current crisis around the ERA poses both a danger and an opportunity for our Society in keeping with the two symbols--one meaning danger, the other meaning opportunity--which together mean crisis in the Chinese language. The danger lies in rhetoric which functions to inflame, distance, elevate, judge, attack or suppress. The opportunity lies in the possibility that we will move toward a closer congruence between our equality-ideal and our current practice and current perception of ourselves as a Society.

What concrete steps can we take to move in this direction? Let us send our suggestions to the Newsletter and let our comments reflect conjunctive feelings expressed in constructive plans for action.

--Richard R. Kopp

PLEASE NOTE: If you have not already done so, please send in your 1979 DUES. This is last NEWSLETTER for those who have not paid their 1979 dues.

OF GENERAL INTEREST

Zeitschrift Volumes Wanted

Harold Mosak is interested in purchasing volumes 1, 3, 4, 5, 6, 8 and 18 of the *Internationale Zeitschrift fuer Individualpsychologie*. If any of our readers wish to sell any of these volumes, please write to him, including your asking price, at 307 N. Michigan Avenue, Chicago, IL 60601.

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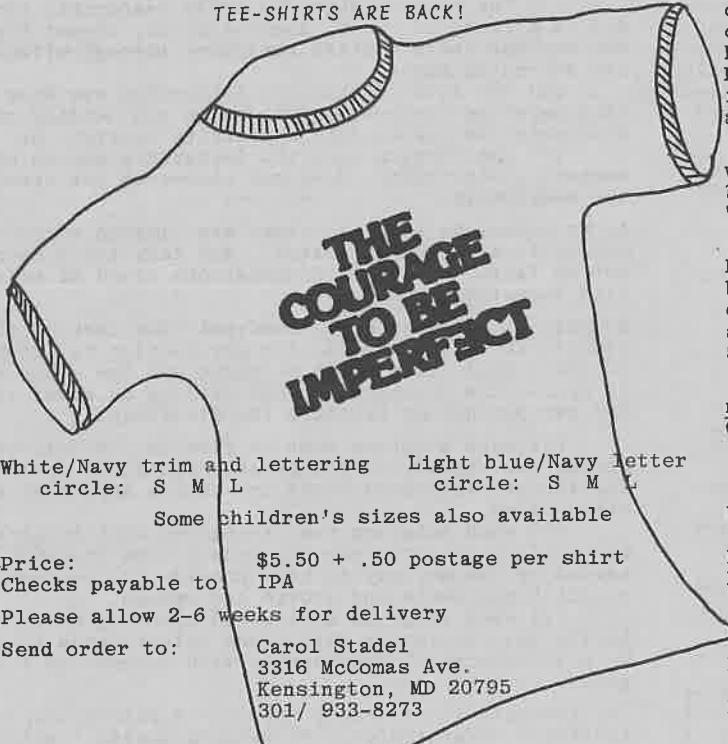
Membership Drive

To: NASAP Members
From: NASAP 1979 Membership Drive Committee
Re: The Mental Health of Two of our Workers

Barney is a first son. Gloria is an only child. Needless to say, the stability of their combined personalities depends on the success of their 1979 Membership Drive! If you have renewed your membership and recruited your new member, you are no doubt sleeping nights knowing "you did good" by them. However, if you are procrastinating.....

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NEWSLETTER GUIDELINES

The D.A. adopted the recommendation of the Public Relations committee regarding the NEWSLETTER (see p. 4 of December NEWSLETTER) and asked the editor to establish guidelines and publish them in advance. The editor regrets the delay in setting forth the guidelines. Wearing the hat of Executive Secretary and Editor does not allow much time to think through such matters.

In line with our tight 1979 budget, it is necessary to keep the NL to 8 pages, which is actually 7 typed pages. The amount of space required for each section varies monthly but the following will serve as general guidelines:

- President's Message -- 3/4 page (400 words)
- Calendar of Events with workshops, courses -- 1 1/4 pages
- Letters to Editor -- 1 page (300 word limit per letter)

Of General Interest -- 1 page
Regional Organizations -- 1/2 page
Committees (including Women's Issues) -- 1 page
Newsnotes -- 1 1/2 pages

The new deadline for copy to be in the central office is the 23rd of the month, two months previous to publication. Example: News for March NEWSLETTER is due January 23. News Release forms are available upon request. Please send any comments or suggestions about the guidelines to the Editor, 159 N. Dearborn, Chicago 60601.

REGIONAL ORGANIZATIONS

REGION II

Members of the Region are encouraged to forward information and suggestions and comments regarding local activities in the Midwest Region to either Fran Yoder, Secretary in Fort Wayne, IN, or James McDonough, Interim President of Region II, at St. Louis Park, MN.

REGION III

Region III will hold a Regional Conference in Orlando, FL, February 24-25, 1979. Program topics on Saturday will include: "Counseling with Adolescents," "Diagnosis of the Life Style," "Parent Education," "Working with Teachers in Groups," "Early Recollections in Counseling," "Understanding Your Priorities," and "Rehabilitation Counseling." Registration is 8:30 to 9:00 a.m. and programs are 9:00 a.m. to 4:00 p.m.

Workshops from 8:30 a.m. to 3:30 p.m. on Sunday will be: "Adlerian Counseling and Psychotherapy" with Don Dinkmeyer; "Family Counseling" with Frank Walton; "Teacher Consultation" with Roy Kern.

The site offers an excellent opportunity to visit Disneyworld or Sea World and the conference can combine a vacation with your personal and professional development. Roomrates are \$18 and \$23. Reservations should be made by writing directly to Rodeway Inn, 5827 Caravan Ct., Orlando, FL 32805.

For information on the conference, contact Communication & Motivation Training Institute, Box 8268, Coral Springs, FL 33065.

REGION IV

The Spring Region IV meeting and workshops will be held in Charleston, West Virginia, March 23-25, 1979. It will be sponsored by the Dreikurs Center for Family Education. Contact: Judith V. Bradford, Star Rt. 1, Box 20F, Popular Point Estates, Poca, WV 25159.

REGION V

The New York Committee of Region V and AAI of New York applaud Mim Pew for the splendid workshop "The Dynamics of a Relationship" which she gave on December 2, 3. It was a first for Mim without Bill. Eighty people attended and everyone, including the couples counseled had a rich and rewarding experience, according to Sylvia Robbins.

Region V Spring Meeting is scheduled for March 24 and 25 at the Roosevelt Hotel in New York City.

NEWSNOTES

REGION I -- FAR WEST

CALIFORNIA

Berkeley--Western Institute for Research and Training in Humanics reports: "After a very active summer on our campuses in Germany and France where we conducted numerous seminars, workshops, University lectures, lectures to medical societies and did group and individual training analysis, we resumed and completed the fall quarter in Berkeley and are in the midst of the winter quarter with a group of enthusiastic students. Classes are taught and other activities are led in Berkeley by Lucy K. Ackerknecht and

Kathrine Czesak and in Germany by Dr. Ackerknecht and visiting professors. The visiting professor in 1978 was Dr. Victor Louis, Director of the Swiss Adlerian Institute."

San Francisco--Henry Stein will teach a graduate course in Child Treatment at San Francisco State University during the Spring 1979 semester. The course will be based on the original writings of Alfred Adler and the creative applications of Sophia de Vries.

Mr. Stein will also conduct a professional training seminar, "The Practice of Adlerian Psychology," from January to April. Adler's THE NEUROTIC CONSTITUTION will be the primary text. Contact: Mr. Stein at 2195 Divisadero St., San Francisco, CA 94115.

Officers for the San Francisco Bay Area Society for Adlerian Psychology for 1978-79 are: President, Terry Brink; Vice-President, Harriet Fried; Secretary, Esther Kahn; Treasurer, Paul J. Kahn.

Los Angeles--The following courses will be offered at the California School of Professional Psychology, Los Angeles during the Winter and Summer trimesters: Adlerian Research Seminar (two-trimesters), Advanced Theory of Personality: Adlerian Psychology, Advanced Theory of Psychopathology: Adlerian Psychology, Theory and Technique of Psychotherapy: Adlerian Approach (two-trimester sequence). The courses are taught by Richard Kopp.

La Brea Heights--"Winning Teenagers Over" will be the topic of a two-day workshop at the La Brea Heights Community Church, March 24 and 31, conducted by Richard and Barbara Kopp in conjunction with the Center for the Improvement of Child Caring. The workshop will focus on working and/or living with the difficult teenager.

Pasadena--"Dealing with Teenagers" will be the topic of two six-session workshops, February 26-April 2 and April 16-May 21, respectively. Sponsored by the Center for the Improvement of Child Caring and the First Congregational Church of Pasadena and led by Barbara Kopp, these series outline effective techniques for dealing with teenage problems and development based on Adlerian principles.

Torrance--Three two-day workshops on Leadership, Conflict Resolution and Communication for supervisors of the city of Torrance will be conducted by Richard Kopp and Ira Schoenwald on January 25, 26, February 22, 23 and March 29, 20, respectively, as part of an ongoing management training program. The training draws heavily on Adlerian theory and techniques applied to organizational settings and management problems.

REGION II -- MIDWEST

ILLINOIS

Chicago--AAI OF CHICAGO--At the December meeting of the faculty, a record number of students were admitted to candidacy--10 in the Master's Program and 5 in the Psychotherapy Program. There are currently 35 candidates completing their practicum requirements through the Rudolf Dreikurs Psychological Services Center.

Approximately 150 students who are not Chicago area residents have been admitted to Institute programs. These students are completing a substantial portion of their coursework through their own local Adlerian institutes, and registering for credit through the Chicago Institute. As of January 1, 1979, all out-of-town students admitted to Institute programs are required to take at least one course at the Chicago Institute within one year of their admission. Also, at least three of the core courses must be completed at the Chicago Institute prior to application for candidacy. In addition, at least a substantial portion of the practicum must be done in Chicago through the Rudolf Dreikurs Psychological Services Center. The Institute invites you to write for a copy of the policies and procedures for out-of-town students.

The annual State of the Institute Report will soon be available, and mailed to members of the Board, faculty, students, benefactors, and other Adlerian institutes. If you are not included in these groups and would like to have a copy, please send a self-addressed, stamped envelope to the Institute.

REGION III--SOUTH

FLORIDA

Broward County--Don Dinkmeyer will speak to teachers and parents of Broward County on Alleviating Stress in Homes and School, on March 23, 1979.

LOUISIANA

Ruston--Research by Dan Eckstein, Assistant Professor in the Area of Behavioral Sciences, at Louisiana Tech University, was recently cited on Dr. Joyce Brothers' nation-wide NBC radio broadcast "Together."

Dr. Brothers mentioned the research as a pioneer study comparing leadership in women and ordinal position. Dr. Eckstein found that firstborn (oldest) females were significantly overchosen to leadership positions when compared to the total student population, while lastborn women (youngest) were significantly underchosen. The article, "Leadership, Popularity, and Birth Order in Women," appeared in the May issue of the JOURNAL OF INDIVIDUAL PSYCHOLOGY. It has subsequently been selected for inclusion in the Inventory of Marriage and Family Literature and International Sociological Abstracts.

TENNESSEE

Nashville--Don Dinkmeyer will present a CMTI Parent Education Leaders Training Workshop at Peabody College, Nashville, TN. Details can be obtained from Dr. Keith Carlson, Dept. of Psychology, Middle Tenn. State Univ., Murfreesboro, TN 37132.

REGION V -- NORTHEAST

NEW YORK

Buffalo--A first for Karen Steindorf, Janet Goldmark, Jerome Ruderman, Lavey Verby, Bernice Limney and Robert Meyer was their presentation in two all-day workshops sponsored by the Niagara-Wheatfield School District of Buffalo. The subject, "Psychology in the Classroom: A Democratic Approach," was presented to teachers, counselors and psychologists. The participants' comments were rewarding--the best and most useful conference I have attended in 15 years.

INTERNATIONAL

ICASSI

England--ICASSI '78 -- the following was written by Rita Udall, a participant in ICASSI in Colchester, England the summer of 1978.

"What can one say about ICASSI? Perhaps that it was the most stimulating way to spend two weeks that one could imagine. Difficult to say why? Almost impossible because it was such an intensely personal experience.

"I went with low expectations, knowing little of the history of ICASSI, its aims or how these aims were implemented. I soon became aware that this was not just a 'study' summer school but a gathering of committed people with a firm resolve to find out how to translate Adlerian principles into every day living and to do it.

"It was fascinating to see people unfold--not only because your knowledge of them was increasing but because they were becoming increasingly self-aware and, for the first time in some cases, they were reaching out, sharing experiences and growing in the process.

"The public lectures which started off each morning gave a firm foundation of theory and prac-

tical application. The translation into German made those of us who were ignorant of the language feel bilingual.

"Were the group sessions in the mornings and afternoons the most important ingredients of the experience? Or the special interest sessions? Or the endless discussions in the bar? Or the social evenings ending up with extended parties and more discussions, sometimes well into the early hours? I don't know and it doesn't really matter. What matters to me is that I grew in understanding during those two weeks and I feel sure the growth will continue. To my tutors, to the organisers, to everyone who was there, I am grateful."

Switzerland--ICASSI '79 will be held July 25 to August 8, 1979 in Geroldswil (near Zurich), Switzerland. There will be a comprehensive program which will include the philosophy and theory of the Individual Psychology of Alfred Adler, a variety of courses, workshops, and practica designed to expand professional and personal growth for teachers, counselors, therapists and lay persons.

Tuition, including 11 lunches, \$245.00; Tuition per couple \$380.00; college student \$190.00; children/youth \$75.00. Hotel fees range from \$150 to \$335. Contact North America representative for additional information: Hal McAbee, ICASSI Administrator, 2421 Kelford Lane, Bowie, MD 20715.

IAIP

Switzerland--In commemoration of its 25th year, the International Association of Individual Psychology will hold its XIV Congress in Zurich, Switzerland, August 10 to 13, 1979. Accommodation bookings are to be made on a special form not later than April 1st. Registrations for participation should be sent by March 1st with the accommodation booking or to Marven Nelson, Secretary General of IAIP, 37 West 65 St., New York 10023. Copies of the accommodation form and information about the Congress may be obtained from the central office of NASAP, 159 N. Dearborn, Chicago 60601.

EUROPE

The Western Institute for Research and Training in Humanics in Berkeley will be holding German speaking seminars next summer in Cologne, Germany; Argeles, France; Aigen/Steiermark, Austria; weekend workshops

in Duisburg and Bremen, lectures for medical societies and at the Universities of Bremen, Cologne, and Muenster; and a weekend workshop organized by the Deutsche Gesellschaft fuer Aufdeckende Meditation e.V., Ottersberg, North Germany. The last mentioned society was founded by one of the German Institute graduates and combined meditation with Individual Psychology. Lucy Ackerknecht will also offer didactic analysis.

Attention German Speaking NASAP Members: The Steiermark seminar will be conducted from Aug. 15 to Aug. 24, right after the International Congress; not far from Zurich in one of the most beautiful spots in Austria. It will cost DM 563,00 plus room and three meals daily for only about DM 28,00 per day. For further information, contact the Institute at 226 Stanford Ave., Berkeley CA 94708 or 415/524-4929.

FLIGHTS TO IAIP CONGRESS, ZURICH, AUG. 10-13, 1979

Mrs. Ann Meiers reports that it will be highly important for the traveler this summer to contact his/her travel agent (r her agency, address below) four or five months prior to the proposed trip. She makes following suggestions:

(1) To fly directly to and from Zurich from N.Y., Boston, Chicago, Montreal, or Toronto, there is a "Super Apex" fare on Swissair, about half price, valid 14 to 45 days. To reach these five gateway cities from other North American cities, ask your travel agent about "Super Saver" fares on domestic lines to combine with the "Super Apex."

(2) Bargain air fares valid 1 day to 1 year go from New York to: Luxembourg (Icelandic), Brussels (Capitol), Amsterdam (World and KLM). Direct train service to Zurich is excellent, six to eight hours. Make train seat reservations in advance.

(3) There are charter flights to Zurich and Frankfurt from various North American cities. Ask your travel agent.

(4) Those wishing to visit England before or after Zurich at discount fares should inquire about Laker reserved seat flights to London from New York. Go from London to Zurich by boat and train, or by air. An excursion air fare from London to Zurich is available in England, not sold in U.S. or Canada.

(5) Important: Avoid standby flights on all lines during high season.

Contact for assistance: Mrs. Ann Meiers
Award Travel Agency
Phone: 212/724-8301 251 West 86 Street
New York, NY 10024

WOMEN'S ISSUE COMMITTEE REPORT

Comments, ideas, and plans continue to come in. We share them forthwith. We encourage members to let us know which ideas you particularly favor, and any items which you believe would be an error to pursue. This committee came alive as a result of your wishes and interest, and we wish to move in directions consonant with NASAP members' thinking.

One Task Force group agreed that Adlerians need to take a stand, to do something, but there was wide disagreement on what that 'something' is. Ron Pancner, responding to this perceived wide disagreement at Providence, after consulting with Hal McAbee, has suggested that the Public Relations Committee survey the membership to see whether people wish to continue to hold conventions in non-ERA states (after Las Vegas), or whether they wish to respect the strong feelings of a minority of members and "work to educate" in non-ERA states, while not adding convention money to states which have not ratified the Equal Rights Amendment. People representing both points of view are currently designing such a survey, which will be included in your next Newsletter.

Several Task-Force groups concluded that the chief need in their area was for basic consciousness-raising. Wilmington has an exciting program starting Feb. 5 and 8 to meet this need. A 10-week men's group on "Relationships in Transition" (co-led by Ted Gier, Dick Grafton, Bernie Lane) will discuss three books on women (The Women's Room; My Mother, My Self; Against Our Will). Simultaneously, two women's groups (co-led by Lyn Johnson, Gloria Lane, Jan Lurie) will meet and do the same. Part of their discussions will be taped, and later the men's and women's groups will exchange tapes. Exciting idea! The series will conclude with discussions on what Adlerian psychology is already contributing in the women's issues area, and what else Adlerian psychology could contribute. The idea behind the groups is that while women have had to learn a lot about men, men characteristically have known very little about women. It has not been considered "masculine" to take an interest in "woman's stuff." These groups will promote greater understanding of what it is like to be a woman in today's world. The Lanes report that so far there is tremendous interest in the idea, and many men have already bought the books and started reading. (To join, contact the Lanes, 302/478-1546.)

The Area IV Task Force meeting in the Washington area came up with a dramatic idea:

"The consensus of this group is that women have a mandate to actively and aggressively demand our equal place within the NASAP organization and work vigorously for cooperation between the sexes, not obstructing progress by accepting the charge of divisiveness. As we convened this weekend, we realized the enormous potential Adlerian psychology has to offer the cause of women's equality, and the limitations of a women's committee to the DA to do justice to the potential. Therefore we also recommend that a future direction be a creation of a Women's Institute to develop the ideas of Adler, the first feminist psychologist. We must use the thoughts enunciated 50 years ago to provide inspiration, direction, and practical implementation of women's goal of equality. On the occasion of somebody ascribing the cause of something to conflict, Adler conceived that, "this was trite because nothing can come into existence without conflict."

The group listed 15 resolutions to begin their work, such as, "Develop more positive approaches for rearing girls and orientation toward the task of occupation, and for rearing boys with an acceptance of their role of fathering." (Contact Susan M. Miller, 301/589-1148, or Weltha Logan for future plans.) Further ideas and new directions suggested by the group include the following:

- 1) Survey women in NASAP for their past and present contributions. Develop a talent bank and lists of resources.
- 2) Develop a manual of how NASAP works, to educate women for participation. Publish job descriptions of offices, and interview candidates. Actively seek candidates for national offices, and especially encourage participation in regional activities.
[THE TIME IS NOW to nominate women and men for the Delegate Assembly. If you are interested, get 5 people to nominate you. Let others know who you want them to support in your region. E.g., Ray Corsini is urging Region I members to nominate and vote for Genevieve Painter for the DA. In his opinion, she (and many other women) would make a fine NASAP President one day.]
- 3) Encourage recognition of women's contributions and achievements; e.g., in the newspaper features "On this day in history..." request feature-writers, instead of listing only the men, to do the hard work of digging out the contributions made by women. Women's achievements exist, but are likely to be overlooked, unless special effort is made to include them. Let the editors know.
- 4) Encourage development of manuals and materials about women's issues to be shared with other women's groups in the society. [Jo-Anne Hahn and the Chicago group are currently working on "Suggested Guidelines for Adlerian Groups Working on Women's Issues." The rough draft will be mailed to WIC members for their comments and use. If you don't get one, and wish to be recognized as a member of NASAP's Women's Issues Committee, write to Harriet Tower to be sure your name is on the list.]
- 5) For those who wish to attend the DA, but not to violate the NOW boycott by bringing convention money into the state, request that alternative facilities for lodging be found in Las Vegas. [The Chicago group has checked with NOW, who affirmed that it will be possible to place NASAP members as guests in homes of Las Vegas NOW members. Contact Harriet Tower in Chicago.]
- 6) Convene an all-day Women's Caucus the day before the convention to develop strategies and programs to promote women's equality and unification within NASAP. Or, have an alternate site in California to meet and work on women's issues, for those who will not be attending the Las Vegas convention.

FOLLOW-UP ON OLD IDEAS, and NEW ROADS BEING TAKEN:

- a) On Jan. 10, Dorothy Peven was moderator and hostess for the Women's Issues Committee, which sponsored a presentation of papers by four women graduates of AAIC. Speakers were: Helen Cooley, "Alcoholism Follow-up Out-Patient Treatment in a General Hospital"; Jo-Anne Hahn, "Frotteurism: An Adlerian View of the Modern 'Masher'" and "Peer Supervision Among Therapist Trainees"; Bonnie Hochfeld, "Adlerian Psychology and Dialectical Thinking"; and Sharon Stubblefield, "The Love Task: An Adlerian View of Marriage!"
- b) Bernie Miller (Chicago, 787-0884) is organizing a fund-raising event for Women's Issues Committee work. Those interested will purchase group tickets to a woman-oriented movie, such as "Autumn Sonata," or "Interiors," with discussion afterward at a wine and cheese party in his home.
- c) The New York group plans to meet in March for a workshop on Women's Issues, with Dorothy Peven as featured speaker (contact Tanya Adler, 212/787-6221).

NOTES AND COMMENTS FROM READERS:

- 1) Donna Krause wrote us that she produced a radio program on women's issues during 1976-78 in Cleveland, and is currently producing a TV program for Channel 3. In her Adlerian classes, she would like to see additional focus on issues such as family, depression, assertiveness, divorce, discrimination, and other problems of women, as well as an awareness of women psychologists' and clients' needs and rights.
- 2) One member wrote, "Boycotts are not effective? Then why are the States of Missouri, Louisiana, and Nevada suing the National Organization of Women for inviting groups not to contribute convention income to states which have not ratified the Equal Rights Amendment?" (At last count, 350 national nonprofit organizations had joined NOW's list, including many professional groups.)
- 3) One woman, who found The Women's Room "too bitter," commented that immediately after reading it, she was in a restaurant and noted with dismay the adjacent "men's" and "ladies" rooms. Her consciousness was raised in regard to "women as men's possessions," too, when she went to a traditional wedding ceremony where the father of the bride was "giving her away" to the bridegroom. Small matters? Or important symbols of attitudes which need changing?

RESEARCH IDEAS: How many women and men are there in NASAP, and as officers and DA representatives? What are the figures for participation of women and men, single parents of each sex, in Parent-Study groups and Teacher-Study groups? How do we discourage men from participating in and leading these groups? What is the ratio of men/women seen in Adlerian psychotherapy in institutions, agencies, and private practices in recent years, and are the "presenting problems" changing?

FINANCIAL REPORT: A total of \$218 has been donated to the Women's Issues Committee by 12 individuals (9 men and 3 women). Expenses which have come in as of 12/31/78 total \$144.63 (some bills still out). Details will be sent to all WIC members, others on request. - - - - - tear off and mail to Harriet Tower, 3745 N. Magnolia, Chicago 60613- - - - -

1. I want to make a donation toward furthering this work:

a) _____ by membership on the Women's Issues Committee	c) _____ of my time
b) _____ by my leadership	d) _____ of my money (payable to Women's Issues Committee)
_____ national; _____ regional; _____ state; _____ community	e) _____ of my ideas
2. Please add my name to the petition calling for members to vote for NASAP officers. (Signed) _____
3. I wish to add my name to the petition to hold conventions only in ERA states for the next three years, after Las Vegas. (Signed) _____
4. I support the petition against sexist/racist joking at public Adlerian functions. (Signed) _____
5. Comments and suggestions: _____

PRINT NAME, FULL ADDRESS, FULL PHONE:

EACH ONE REACH ONE, ONE MORE TIME! Recruit a new member. -- Just a friendly reminder from the Lane's!

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