

NORTH  
AMERICAN  
SOCIETY OF  
ADLERIAN  
PSYCHOLOGY



NEWSLETTER

Neva L. Hefner  
Editor

159 North Dearborn Street  
Chicago, Illinois 60601

October, 1979

PRESIDENT'S MESSAGE

Dear fellow members:

The time of writing finds us reflecting on summer activities and anticipating the challenges of the coming year. NASAP was well represented at the Annual ICASSI Rudolf Dreikurs Summer Institute in Geroldswil, Switzerland, where many Europeans and North Americans were inspired to join our Society. Again, the gracious, creative Sadie (Tee) Dreikurs was the catalyst for the 375 participants from 13 countries. Then the triennial Congress of the International Association of Individual Psychology convened in Zurich with NASAP delegates Kurt Adler, Eva Ferguson, Hal McAbee, Dorothy Peven, Mim Pew, Bob Powers and your president, taking their place on the Delegate Council. Here Hal McAbee was elected Secretary General of IAIP and Bernard Shulman, President, and Kurt Adler provided the leadership for the pragmatic understanding and application of Adlerian theory. Demonstrations by Oscar Christensen, Bronia Grunwald, Dorothy Peven and Bob Powers contrasted with the traditional European papers. However, the potential of prevention and education is being recognized increasingly.

Nevertheless, Guy Manaster and others have expressed serious concern about the recognition of Individual Psychology. Indeed, the growth of both NASAP and IAIP is predicated on the continued effective work in private and public agencies as part of our educational and membership efforts. Yet, without the efforts to support the validity of our theory, we cannot hope to go beyond a certain minimum. We need research in all aspects of Individual Psychology and we need continuous inquiry, evaluation and self critique of our theory alone and in relation to theories throughout the social sciences. Such evaluation is noticeably absent on convention programs. Until Adlerian professionals face this challenge, students will continue to complete psychology majors without learning about Adler and educators and other professionals will continue to downgrade the credibility of IP. Vigorous efforts should be made to have such findings in the forefront.

Further challenges that the membership can share at this time:

- To continue to work for equal rights in one's community, state or province. (For some ideas, see Maurice Ouellet's report in the last NEWSLETTER.)
- To promote membership by talking about NASAP and having applications available at workshops and conferences.
- To inform the Annual Convention Program Committee of workshops and programs that will bring you to Amherst, Massachusetts.
- To communicate the issues that you believe the D.A. should be addressing itself to.
- To suggest ways of strengthening NASAP, including fund raising.
- To respond to the Advocacy Sub-Committee survey by recommending appropriate sites for future conventions.

The Executive meets at the end of September to work on crucial issues and make decisions on your behalf. With this array of choices, it is possible for each member to contribute. Edmonton awaits NASAP visitors. Have you made your plans?

Very best wishes,

Edna M. Nash  
President

CALENDAR OF EVENTS

- Sept. 9 Tactics in Psychotherapy, Harold H. Mosak, AAI of Cleveland. Contact: Don C. Higgle, 14805 Detroit Ave., Suite 203, Lakewood, OH 44107. 216/228-7780.
- Sept. 11 Adler's Individual Psychology in Relationship to the Natural High Therapy, 7:30-9:00 p.m., Tuesdays, Walter E. O'Connell. Contact: C.G. Jung Educational Center of Houston, 5200 Montrose Blvd., Houston, TX 77066 713/524-8253.
- Sept. 12 Study Groups through November 14 at the Family Education Center of Petaluma. Contact: Jamie Hedin, 1432 Pheasant Dr., Petaluma, CA 94952.
- Sept. 22,23 Workshop on Freedom from Writer's Block, E. Mark Stern and Walter E. O'Connell. Contact: C. G. Jung Educational Center, 5200 Montrose Blvd., Houston, TX 77006. 713/524-8253.
- Oct. 5,6 Encouragement--Inspiring Progress for People, Fall Conference and Workshops, Idaho State University. Contact: William J. Schiller, Counselor Ed. Dept., Idaho State Univ., Box 8225, Pocatello, ID 83201. 208/236-3156.
- Oct. 6 Neurosis, Harold Mosak, AAI of Fort Wayne. Contact: AAI of Fort Wayne, Lutheran Hospital, Medical Staff Assistance, 3024 Fairfield Ave., Fort Wayne, IN 46807. 219/458-2440.
- Oct. 8 Human Relations at Work and Abnormal Psychology, Ray B. Rich, 10 weeks. Contact: Ray LaPoint, Dean of Evening Division, N.H. Voc. Tech. College, Laconia, NH 03246. 603/524-3207.
- Oct. 12 Helping Professions Workshop, Harold Mosak, The Citadel in Charleston, SC. Contact: Wm. P. Rhett, Jr., Ed.D., The Citadel, Charleston, SC 29409.
- Oct. 17 Tactics in Psychotherapy, Harold Mosak, AAI of Dayton. Contact: AAI of Dayton, 105 Waterford, Dayton, OH 45459. 513/274-6329.
- Oct. 19-21 Region IV Meeting, Harmony through Education, The Radisson Wilmington. Contact: Kathie Thomas, 204 Chandler Ave., Wilmington, DE 19807. 302/658-4890.
- Oct. 27,28 Workshop on Self-Understanding, Harold Mosak, University of Missouri. Contact: Dr. Kenneth Kincheloe, Univ. of Mo. St. Louis, 8001 Natural Bridge Rd., St. Louis, MO 63121.
- Nov. 2,3,4 NASAP Semi-Annual Meeting,

Chateau Lacombe. Contact: Individual Psychology Society of Edmonton, David B. MacDougall, 9807 - 106 St., Edmonton, Alberta Canada T5K 1C2.

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FALL COURSES/WORKSHOPSCMTI-WEST

Parent Education Leader Training Workshops featuring STEP, RAISING A RESPONSIBLE CHILD book study groups and Parent "C" Groups with Gary D. McKay.

- Sept. 13,14 Salt Lake City, Utah. Contact: Nancy Plant, Youth Services Center, 3999 South Main, Murray, Utah 84107. 801/535-5030.
- Sept. 27,28 Denver, Colorado. Contact: Joyce Thorpe, Metropolitan State College Center for Parenting Education, Box 85, 1006 11th St., Denver CO 80204. 303/629-3088.
- Oct. 12,13 Douglas, Wyoming. Contact: Dr. Frank Dalrymple, Box 1028, Converse County School District, Douglas, WY 82633. 307/358-5676.

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AAI OF SAN FRANCISCO

- Sept. 19- Dec. 5 Basic Theory of Adlerian Psychology, Henry Stein.
- Sept. 17- Dec. 3 Practice of Adlerian Psychology: Case Study Seminar, Henry Stein.  
Consultant: Sophia J. de Vries
- CONTACT: Henry Stein, 7 Cameo Way, San Francisco, CA 94131. 415/285-9158.

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B.C.A.A.P.

- Sept. 15 Lead to Learn, for Study Group Leaders. Presented by four experienced study group leaders from Maple Ridge Family Education Centre.
- Sept. 29 Turning People On by Lewis Iosoncy.
- Oct. 27 Celebration of Youth--3 workshops presented simultaneously.  
Celebrate the Beginning, Kathleen Walton; Individual Education, Raymond Corsini; Winning the Cooperation of Teens at Home and School, Francis X. Walton.
- CONTACT: B.C.A.A.P., P.O. Box 33823, STN. "D", Vancouver, B.C. Canada V6J 4L6. 604/986-2715.

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AAI OF CHICAGO

All classes meet at 159 N. Dearborn, Chicago and are conducted once a week for a two-hour period for eleven weeks, unless otherwise noted.

- Oct. 2 Family Counseling I, Bernice Grunwald.  
Continuing Case Seminar, Harold H. Mosak.
- Oct. 3 Professional Problems, Seymour

Schneider.  
 Descriptive Psychopathology,  
 Sherwood Perman.

Family Learning Service, Robert L. Powers, 1st & 3rd Wed.

Oct. 4 The Use of Art in Counseling,  
Sadie Dreikurs.  
 Group Therapy: An Experiential Course, Adaline Starr, 2913 N. Commonwealth, 6th floor.

Oct. 8 Introduction to Individual Psychology I, Bernard H. Shulman.  
 Clinical Assessment II, Dorothy Peven.  
 Small Group Supervision, Adaline Starr.  
 Psychodynamics of Psychopathology II, Sherwood Perman.

Oct. 10 Dreikurs' Videotapes and Discussion, Sadie Dreikurs.

Oct. 13 Family Dynamics, Eva Dreikurs Ferguson, one-day workshop consisting of seminar and student-participation/small-group discussions.  
 9:00-4:00

Nov. 3,4 Alcoholism: The Nature and Treatment of the Illness, Helen Cooley. Two-day workshop for practitioners, educators, employers and concerned community members.  
 9:00-4:00

Nov. 17 Unique Contributions of Adlerian Psychology to the General Field of Psychology, Eva Dreikurs Ferguson. One-day workshop with seminar format.  
 9:00-4:00

CONTACT: AAI of Chicago, 159 N. Dearborn, Chicago 60601; 312/346-3458.  
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ADLER-DREIKURS INSTITUTE OF HUMAN RELATIONS

Oct. 6-7 8th Annual Weekend Workshops--  
 Oct. 27,28 "The Challenge of Human Relationships: Rights and Responsibilities." 3 hr. graduate credit for basic or advanced students, or non-credit series-general public.  
 Nov. 17-18

CONTACT: Henry J. Raymond, Bowie State College  
 Bowie, MD 20715. 301/464-3208 or 3451.  
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AAI OF ONTARIO

Sept. 15,16, Introduction to Individual Psychology I, Harold H. Mosak,  
 Oct. 27,28 Stanley Shapiro.

Oct. 13 Belonging and Equality, Stanley Shapiro.

Oct. 13,14, Psychotherapy and Counselling I, Robin Gushurst, Michael Hartings.  
 Nov. 10,11

Oct. 21 Living and Working with Adolescents, James Croake.

Nov. 17 Learning and Discipline: Today's Child, Mal Pyper.

Nov. 24,25, Introduction to Adlerian Psychology II, Stanley Shapiro.  
 Dec. 8, 9

Dec. 1 Turning People on Through Encouragement, Steven Moore.

Dec. 1 Complimentarity and Conflict: A Demonstration of Life Style Interactions, Robert Powers.

CONTACT: AAI of Ontario, 4 Finch Ave. W., Suite 10, Willowdale, Ontario, Canada M2N 2G5; Evelyn Piltch 416/222-2048.

LETTERS TO THE EDITOR

What's In A Name?

Provo, Utah

Time and again I have found students, colleagues and friends put off by the name, Individual Psychology. I believe this name influences them to a mind set that Adlerian psychology stands for reductionism and the study of the individual apart from his social environment, a set that is dramatically incongruent with the original intent of the name and the key Adlerian propositions of holism and interaction. I believe this incongruence causes all kinds of mischief in our communication with others, including repelling them from the Adlerian position. Because of these problems, I suggest that the present name should be replaced with one that is congruent with Adlerian psychology.

Rudolf Dreikurs sent me a letter a few years ago in which he wrote of the need for a name change and requested that I send him my ideas. (I believe many of you will remember receiving that letter). As I recall, I selected the name, "The Holistic Psychology of Alfred Adler," or simply "Holistic Psychology."

It seems to me that some such name change would be a positive public relations move fostering many benefits, including making Adlerian psychology much more attractive to other people, especially other professionals and creating a climate for greater understanding with them. It may even help us as Adlerians to achieve greater unity in understanding what it is we are to be about.

What do you think?

Please let your delegate know of your ideas.

--G. Hugh Allred

OF GENERAL INTEREST

American Journal of Family Therapy

S. Richard Sauber, Editor of THE AMERICAN JOURNAL OF FAMILY THERAPY, reports that in the first issue of 1979, Adlerian Donald Kelly published an impressive article entitled, "Sibling Conflict in a Single Parent Family: Empirical Case Study." Issue number two contains a conceptualization of parent education by both the junior and senior Don Dinkmeyer. Adlerians Jim Croake, Don Dinkmeyer, Paul Rom are on the editorial board, along with its editor.

Adlerians are encouraged to submit manu-

scripts to S. Richard Sauber, Editor, Brown University Medical School, Truesdale Clinic, 1030 President Ave., Fall River, MA 02720. The publisher, Brunner/Mazel, is currently offering a promotion for subscriptions with choices of free marital and family therapy books. Address correspondence regarding subscriptions to 19 Union-Square West, NY, NY 10003.

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NASAP Semi-Annual Meeting

Edmonton, Alberta is the site of the 1979 Semi-Annual Meeting of NASAP, November 2, 3, 4

Pre-Convention Workshops:

Friday, Nov. 2, 9:00 a.m.

- A. Working with Native Children and Families, Floy C. Pepper.
- B. Parent Study Groups: Effective Leadership, Survival Kit for Study Group Leaders, John Taylor.
- C. Death and Dying, Walter E. "Buzz" O'Connell.
- D. Lifestyle Demonstration, Ethel F. Quiring.
- E. Intensive Life Style Assessment, Using Holistic Interviewing, Richard R. Kopp.

Convention Sessions

Saturday, Nov. 3

Keynote: Robert L. Powers, outlining the contributions to modern family living provided by the application of Adlerian principles of human relations.

Twenty-seven presentations, of which a person can choose four. Concepts of Adlerian Psychology and comparisons and contrasts to other theoretical systems are included covering topics of interest to teachers, special education personnel, psychotherapists, counsellors, medical people, parent study group leaders and family members.

Post-Convention Workshops

- F. Behavior Problems in the Classroom, Bernice Grunwald.
- G. Adlerian Career Counselling, William McKelvie.
- H. Winning the Cooperation of Adolescents, Frank Walton.
- I. Consulting with Teachers, Edna Nash.
- J. Birth Order, Emotions, and Behavior Patterns, Robert L. Powers.

Social Events

Convention Day Luncheon, 12 noon, Saturday, featuring: "Alfred Adler As I Knew Him."

Banquet and Dance, 6:30 pm, Saturday, featuring Three Dance Troups from City of Edmonton.

Sunday Western Breakfast, 7:30 to 9 am, featuring: "The Leo Green Singers."

Hotel Information

Reservations at Chateau Lacombe should reach them by October 4, 1979.

Single Room - 1 person	\$32.00
Twin Room - 2 persons	\$32.00
Studio Suite - 1 or 2 persons	\$70.00
Executive Suite-1 or 2 persons	\$85.00

Mail reservations to Front Office Manager, Chateau Lacombe, 101 St. at Bellamy Hill, Edmonton, Alberta T5J 1N7 Canada.

How to Get There

Edmonton's International Airport is served by Air Canada, Canadian Pacific, Hughes Airwest, Northwest, Pacific Western and Western Airlines. The airport, located 18 miles or 20 minutes from downtown, is busiest between 5 and 7 pm. Bus service is available to downtown Edmonton (fare is about \$3) or you can take a cab (fare is \$1 plus \$1.20 for initial flag throw and 10¢ per 1/6 mile). Rental cars are available from Avis, Hertz, Tilden, Budget and Host.

Edmonton is a stop on the Canadian Pacific Railroad and if you drive, it is located along one of the main traffic routes, the Yellowhead Interprovincial Highway.

Crossing the Border

You may bring in convention materials for use in the conduct of a meeting or convention and any advertising matter and souvenirs for free distribution to persons attending a meeting duty and excise tax free, in accordance with Customs Memorandum D5-13. This remission was established by Order in Council P.C. 1973-1361, May 29, 1973.

Further Information

may be obtained by writing directly to: David B. MacDougall, Ph.D., Individual Psychology Society of Edmonton, 9807 - 106 Street, Edmonton, Alberta, Canada T4K 1C2. (See Advance Registration Form back of this NL).

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NEW ADLERIAN BOOKS AND PAMPHLETS

WSAP

A WORKBOOK FOR CHILDREN: THE CHALLENGE-- Exercises and Readings in Adlerian Parent Education, by Dr. Thomas E. Edgar and David Lemire, M.Ed., \$15.00 postpaid.

The first section is a programmed presentation of the material in Children: The Challenge with activity homework assignments that help put theory into practice. Each chapter then has a sub-section composed of readings in Adlerian family education which elaborate and complement the text material.

Workbook is distributed under the auspices of the Wyoming Society of Adlerian Psychology. Send requests and payment to: Dave Lemire, P.O. Box 1117, Torrington, WY 82240.

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Send news, comments, suggestions, items of interest to NASAP Editor by the 23rd.

San Francisco

Important Guides to Adlerian Journal Literature Now Available--Author-Title Indexes compiled by Paul J. Kahn

JOURNAL OF INDIVIDUAL PSYCHOLOGY 1952-1972, vols. 10-28 (vols. 10-12 entitled American Journal of Individual Psychology), 31 pages, 553 entries -- \$5.00

INDIVIDUAL PSYCHOLOGY BULLETIN 1940-1951, vols. 1-9 (vols. 1 and 2 entitled Individual Psychology News), 6 pages, 158 entries -- \$2.50

THE INDIVIDUAL PSYCHOLOGIST 1963-1973, vols. 1-10, 7 pages, 137 entries-- \$2.00

INTERNATIONAL JOURNAL OF INDIVIDUAL PSYCHOLOGY 1935-1937, vols. 1-3, 6 pages, 123 entries-- \$2.00

Author-Title Index für Internationale Zeitschrift für Individualpsychologie, 1914-1951-- \$10.00

Author-Title Index for Individual Psychology Medical Pamphlets, Nos. 1-23, 1931-1943-- \$5.00

Available from: San Francisco Bay Area Society for Adlerian Psychology, 425 Grant Avenue, Palo Alto, CA 94306.

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AAI OF CHICAGO

Published by the Alfred Adler Institute of Chicago:

THE ARGOT OF THE DRUG CULTURE: A GLOSSARY by Harold H., Lisa E., and Neal S. Mosak. 1979. Paper. 8 pages. \$1.25--An invaluable and comprehensive resource for counselors, psychologists, social workers, students, etc.

A PRACTICAL APPROACH TO DEALING WITH CHILDREN'S MISBEHAVIOR by Lawrence Zuckerman and Fred Gladish. 1978. Paper. 28 pages. \$1.50. This booklet is written in a clear and practical manner of the "how to's" of dealing with children's misbehavior. Four specific tools on child-rearing principles that parents can use to help diminish children's misbehavior and guide children towards useful and appropriate behaviors are discussed.

PSYCHIATRIC NOMENCLATURE--OLD AND NEW by Harold and Birdie Mosak. 1978. Paper. 88 pages. \$5.50. For the clinician and the student to clarify and to facilitate the understanding of old and new psychiatric labels. Organized around the nomenclature in the DSM-II. With index.

INTERVIEWING: A SYLLABUS by Dorothy Peven, Harold Mosak, and Bernard Shulman. 1979. Paper. \$1.50. A comprehensive syllabus on "Interviewing Techniques" with extensive reading references.

Distributed by the Alfred Adler Institute of Chicago:

THE COURAGE TO BE IMPERFECT: THE LIFE AND WORK OF RUDOLF DREIKURS by Janet Turner and W.L. Pew. Published by Hawthorn Books, 1978. 356 pages. Cloth. NEW LOW PRICE. Formerly \$14.95. Now available for \$9.50. Order now while supply lasts.

GROUP COUNSELING, THEORY AND PRACTICE, Second Edition by Don C. Dinkmeyer and James J. Muro. F.E. Peacock Publishers, Itasca, IL. 1979. Cloth. 481 pages. \$13.50. This book will aid in understanding group processes and developing group leadership competencies.

SUPERIORITY AND SOCIAL INTEREST: A COLLECTION OF LATER WRITINGS OF ALFRED ADLER edited by Heinz L. and Rowena Ansbacher. W.W. Norton, New York. 1979. Paper. 438 pages. \$5.95. This book contains 21 papers by Adler, dated between 1928 and 1937. Nine of these papers are original translations, one from an unpublished manuscript.

REDIRECTING CHILDREN'S MISBEHAVIOR by Bill and Kathy Kvols-Riedler. Rudolf Dreikurs Institute of Colorado Publication, Boulder, CO. Paper. 235 pages. \$6.95. Along with many parenting exercises and experiential techniques you will also find helpful tools such as the "Logical Consequences Worksheet" which guides parents to create consequences. "Dr. Quackmore's Lecture," the "Dictator Quiz," and the "Five Steps of Redirecting Behavior" are among many other creative procedures which will give new understanding to parents and can be used by study group leaders and teachers as colorful new teaching tools.

Available from AAI, 159 North Dearborn Street, Chicago, IL 60601.

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DONATIONS

The Society acknowledges with much appreciation the following donations from July 1 through August 23, 1979:

<u>Under \$50</u>	<u>\$100-\$200</u>
M. Ijams	S. Robbins
	H. McAbee

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CANADIAN DONATIONS

Inquiry was made to determine if NASAP could qualify for registration in Canada as a charitable organization so that our Canadian members could declare a contribution as tax deductible. Unfortunately, we do not qualify for such a registration. However, there are two provisions whereby certain Canadian taxpayers could make an allowable donation to American charities and we print them for the benefit of our Canadian members.

The first is contained in subsection 110 (3) of the Canadian Income Tax Act whereby individuals resident in Canada who commute to their principal place of employment or business in the United States and whose chief source of income for the year was that employment or business, may make a gift to a recognized U.S. charitable organization [NASAP qualifies for this category] which, for the purpose of paragraph 110(1)(a) of the Act, would be deemed to have been made to a registered Canadian charity.

The second provision is contained in Article XIIID of the Canada-U.S. Tax Convention whereby a Canadian taxpayer, having income from sources in the U.S. upon which he is subject to tax in Canada, may make a gift to a recognized U.S. charitable organization which is deductible

from the U.S. income in the same percentage as though the gift had been made to a registered Canadian charity.

REGIONAL ORGANIZATIONS

Region III

ORLANDO--Call for Programs

Region III will hold a conference February 23-24, 1980 in Orlando. The conference will feature programs on Saturday and full day workshops on Sunday. Applications for programs are now being accepted. The programs are to be one hour and should have an Adlerian basis and, if possible, a demonstration of the ideas and concepts presented.

Please submit your name, title, institution, mailing address, telephone number, names of co-presenters, program title, and program description of 50 words or less. Send program proposals by October 16, 1979 and requests for conference information to:

Michael Mastroianni, NASAP 3 Conference  
1416 Wilmar Ave., Merritt Island, FL  
32952

Phone: 305/452-6145.

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Region IV

DELAWARE

Family Education Center of Delaware, Inc. is hosting the Fall '79 Meeting of Region IV, titled "Harmony through Education," October 19-21, 1979 at The Radisson Wilmington. Twenty-four Workshop Leaders, representing all 7 states in the Region, will present two Pre-conference, 16 conference and four Post-conference workshops. Lew Losoncy will present the Keynote Address, "Turning People On." Graduate credit is being offered through University of Delaware, Don Tuites, instructor.

Workshops for teachers, parents, counselors, and psychologists include: Encouraging Responsible Classroom Behavior; Giving Kids a Piece of the Action; Dreikurs' Contribution to the Revolution in Relationships; How Community Agencies Meet Parenting Needs; Career Development: Use of Holland Vocational Preference Inventory in Conjunction with Lifestyle; Parent Education for Abusive Parents; Adlerian Philosophy in Medical Settings; Workshop with Health Care Professionals; and a Relaxation Workshop(!).

The week-end Workshop Package is \$25. Write or call Kathie Thomas, 204 Chandler Ave., Wilmington, DE 19807; 302/658-4890.

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COMMITTEE REPORTS

Women's Issues Committee

Our first "Opinion of the Month" was submitted by Thomas E. Edgar, Pocatello, ID.

"Until we learn to base human relationships on social equality, we will continue to use every distinction among people as a vehicle for thrusting others beneath us. The list of such distinctions is long, almost endless: male-female, black-white, Christian-Jew, adult-

child. Until the 'basic' issue is resolved, we are doomed to repeat the mistakes of the past. Disputes such as that centering on the ERA are merely surface manifestations of a larger societal failure."

We welcome response to Tom's opinion, plus a fresh opinion of your own, in the hope that we can generate an interesting and productive forum for ideas related to Women's Issues.

Joseph Meiers from New York calls our attention to several concerns appearing recently in the media. He refers to a paper to be published in The Journal of the Institute for Socioeconomic Studies which focuses on displaced homemakers, a hidden subculture. Only 7% of today's families meet the image of 'typical' American family with breadwinner husband, full-time homemaker and two children. The increasing divorce rate and women's longevity over men account for the greatest part of the social change. The displaced homemaker's immediate need is economic for she often lacks marketable skills and confronts a cultural bias against her sex and age. California has introduced a house bill to make the displaced homemaker eligible for CETA (Comprehensive Employment and Training Act) until more specific reorientation programs can be established and funded.

Rural women also are beginning to articulate their situation through RAW (Rural American Women). This grassroots organization addresses the problems of unemployment, abuse, abandonment and divorce, economic deprivation, isolation, lack of resources faced by rural women and opens up communication among women long silent about shared difficulties.

A study by the Dept. of HEW mandated by Congress in 1977 suggests steps to eliminate sex discrimination in Social Security. Corrections are recommended for the current system where 1) no value is ascribed to the work of homemakers; 2) where a wife as a dependent is given benefits equal to only 50% of those earned by her husband, but if she works outside the home as well, she cannot collect benefits as both wife and worker; 3) if divorce occurs before ten years of marriage the wife receives nothing at all as a dependent. Action on these areas is not expected until the October release of a more comprehensive study by the National Advisory Council on Social Security. Watch for it and express your ideas to your congresspeople.

July marked the introduction of the Susan B. Anthony dollar coin. She is the first woman to be commemorated on U.S. currency. One hundred six years ago Ms Anthony chose jail over payment of a fine imposed for voting in a national election, saying, "I shall never pay a dollar of your unjust penalty." What sweet vindication for this courageous suffragette!

The Chicago Adlerian community sadly bids farewell to Jo-Anne Hahn who is relocating in the San Francisco area. Her new address will appear in the next WIC report. Happy Landing, Jo-Anne.

--Harriet Tower

ADDRESS CHANGES -- Please note that all address changes should be sent to central office in Chicago. You need not send them to the journal editors.

NEWSNOTES

Region I--Far West

CALIFORNIA

Petaluma--The Family Education Center has made plans to start their program this September. Their first session will be on Wednesday, Sept. 12 at Miwok Elementary School. The program will run for thirty weeks; each session divided into ten week segments. Topics covered will include: improving parenting skills, communication skills, assertiveness training, improving adult relationships.

Center parents have joined together and have coordinated a babysitting Co-op in the Petaluma area. It is required that you be a member of FEC or have actively participated in an Adlerian Dreikurs Study Group. The main theme of the Co-op is that the parents involved all believe in the same principles of child discipline which is taught and stressed at the FEC.

Lynn Lott of the FEC has her own radio talk show on K.T.O.B. of Petaluma. She will be giving a 1 unit, 10 weeks show through Sonoma State University on Discipline and Encouragement in the home and classroom.

Orange County--The Family Study Group of Orange County has established a scholarship fund in recognition of "Hal and Marti Malterre for their dedication, enthusiasm and encouragement and in gratitude for bringing Adlerian concepts to Orange County." The scholarship fund is to enable a representative from the Orange County Family Study Group to attend the annual conventions of NASAP. [Great idea!]

San Francisco--The Alfred Adler Institute of San Francisco launches its fall professional training program in September with two courses: "Basic Theory of Adlerian Psychology;" and "Practice of Adlerian Psychology: Case Study Seminar." Henry Stein, a Licensed Marriage & Family Counselor in private practice and a lecturer in counseling at San Francisco State University, is the instructor. Sophia J. de Vries, Psychologist, the institute's consultant, studied with Alfred Adler, was a board member and teacher with the Dutch Individual Psychology Society, is a lecturer, and a charter member of NASAP.

IDAHO

Pocatello--"Encouragement--Inspiring Progress for People," will be the theme for the Fall Conference and Workshops to be held at Idaho State University October 5, 6, 1979. Lew Losoncy will be the keynoter. The conference is sponsored by the AAI of the Mountain States and Idaho Society of Individual Psychology. Some of the workshops to be presented: "Encouragement Therapy;" "Becoming more Encouraging;" "Encouragement in..." School, Home, etc.; "Life Style Assessment for Couples."

Contact: Wm. J. Schiller, Thomas Edgar, Mary Grisco, Counselor Ed.Dept., Idaho State Univ., Box 8225, Pocatello ID 83201.

UTAH

Logan--G. Hugh and Carolyn C. Allred conducted nine Adlerian oriented lectures and demonstrations in Logan, Utah as part of Logan's

annual three-day LDS Church Education Week program. An average of about 175 people attended each of the nine presentations.

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Region II--Midwest

ILLINOIS

Chicago--AAI of Chicago: At a time when many graduate schools are facing declining enrollments, the Institute's Board of Directors has been pleased to note an increase in its admissions and course registrations during the past year. This was particularly evident this summer when well over 200 students participated in June and August courses. Another encouraging factor was the increasing numbers of students from other parts of the U.S. and Canada who are combining local training with courses and practicum at the Chicago Institute.

During this academic year the Institute is planning programs in local hospitals for physicians. The Institute has been accredited by the Illinois State Medical Society for Category I Continuing Medical Education for physicians. In addition to the regular courses, during the Fall Quarter several special interest one-day and two-day workshops will be offered. (Please see fall schedule on p. 3).

NEBRASKA

Omaha--The Nebraska Society of Adlerian Psychology is beginning its second year. New programs were initiated last year and, because of their success, this year will be even bigger and better, according to Nancy Nelson, PR Chairperson. They will again be offering an Adlerian training program with two certificates being available: one of Training and one of Proficiency. A teacher in-service package entitled, "Common Sense Classroom Management--An Adlerian Approach," is being developed. Plans are being made to open a Family Education Center in September.

Ken Long reports that the NSAP has been accepted under the State Educators Training Series, sponsored by the State Department of Education and the University of Nebraska at Lincoln, and will present teacher training workshops statewide. This program is part of the Nebraska State Plan to meet the requirements of Public Law 94-142. (Explained in last month's NEWSLETTER).

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Region III--South

TEXAS

Houston--An article appeared in the June, 1979 issue of AMERICAN WAY on "Laughter is Sometimes the Best Medicine." And who should be one of the people featured and quoted--Walter "Buzz" O'Connell. His work for 30 years helping people develop "the natural high" was briefly described

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Region IV--Middle Atlantic

WASHINGTON, D.C.

IPA--Word has been received that the Individual Psychology Association of Greater Washington received an award of recognition from the Montgomery County Maryland Government in appreciation of the "Dedicated Volunteer Service given to improve the quality of life for all Montgomery County citizens."

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159 N. DEARBORN STREET  
CHICAGO, IL 60601

Region V--Northeast

ONTARIO

Toronto--The Alfred Adler Institute of Ontario announced that Daniel Evan Jezioro (Evan) has joined its faculty in the capacity of Graduate Advisor, commencing September 1, 1979. He and Sharon Stubblefield, both recent graduates of AAI of Chicago, were married prior to the move to Toronto.

# # #

International

ENGLAND

London--Just a reminder that subscriptions for the INDIVIDUAL PSYCHOLOGY NEWSLETTER, organ of the International Association of Individual Psychology, are available for \$7.50 through the Editor, Paul Rom, Six Vale Rise, London NW11 8SD, U.K. This publication not only contains news about what is happening in other parts of the world but also short items about what other Adlerians think about certain issues and interesting features such as "Language Corner."

GERMANY

Göttingen--Bernice Grunwald will be teaching at the University of Göttingen, Germany, October 1 through 5, 1979. She will be teaching Family Counseling in the morning and Maintaining Sanity in the Classroom in the afternoon.

ADVANCE REGISTRATION FORM

NASAP FALL 1979

Name \_\_\_\_\_

Address \_\_\_\_\_

Phone \_\_\_\_\_

Select workshops according to priorities 1,2,3  
(See program on page 4)

	<u>Member</u>	<u>Non-member</u>
<u>Pre-Convention Workshop</u>	\$30	\$35

    A    B    C    D    E

<u>Convention Program</u>	\$30	\$35
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<u>Post-Convention Workshop</u>	\$30	\$35
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    F    G    H    I    J (Add \$5 after 10-1)

<u>Social Activities</u> --	<u>    </u> Luncheon \$6
(indicate no. of persons)	<u>    </u> Banquet \$10
	<u>    </u> Breakfast \$4

Total enclosed \_\_\_\_\_

MAKE CHEQUES PAYABLE TO: Individual Psychology Society of Edmonton

Send c/o: Dr. David B. MacDougall  
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Edmonton, Alberta  
Canada T5K 1C2