

NORTH AMERICAN SOCIETY OF ADLERIAN PSYCHOLOGY

NEWSLETTER



Neva L. Hefner
Editor

159 North Dearborn Street
Chicago, Illinois 60601

December, 1979

PRESIDENT'S MESSAGE

Dear fellow members:

The fine planning and enthusiasm of the members of the Individual Psychology Society of Edmonton resulted in a mountain-peak experience for all who attended the Semi-Annual Meeting. We ask that our appreciation be conveyed to the committee members and their families through Coordinator *Dave MacDougall* and President *Gene Gauthier*. May the benefits of the local group match those of our North American Society.

The Delegate Assembly dealt with issues crucial to the future and growth of the Society. By setting aside the business agenda during the final hours of the two-day meeting, your representatives communicated with each other as human beings on the ERA and related topics. Although an acceptable action was reached, the highlight of coming to this agreement was the communication and social interest manifested.

Committee work produced many innovations which will be reported in this issue. Some of the key decisions follow:

Dues structure that will encourage hundreds of new members.

A membership drive that will involve a network of individuals and groups throughout the continent.

Establishment of annual fund raising drive.

Suggested an Alfred Adler Memorial Workshop series by leading Adlerians.

The allocation of a \$10,000 gift from the estate of Seymour E. Clonick, facilitated by *Sydney Roth*, that will enhance research, public relations, audio visual resources, and will introduce the international newsletter to our readers.

A final addition to this exciting list is the report from the Annual Convention Coordinators, *Marie Hartwell-Walker* and *Lawrence Belove*, who are laying out an enticing welcome mat in Amherst, Massachusetts for all comers in June. The program reflects many suggestions for a balance of offerings. It is now time to respond to the call for papers.

The Delegate Assembly particularly, and participants generally, travelled homeward with a deep sense of unity and a commitment to personal actions that will foster mutual respect, encouragement and equality in human relationships. May we all join in this common endeavor.

Very best wishes,

Edna M. Nash
President

ALFRED ADLER: AS WE REMEMBER HIM

Copies of this book of anecdotes and stories about the man, Alfred Adler, told by those who knew him: his family, his friends, his students and colleagues, are still available. It opens with a short biography and concludes with a previously unpublished fable by Adler.

Edited by *Guy J. Manaster*, *Genevieve Painter*, *Danica Deutsch*, *Betty Jane Overholt*, published by NASAP, it is being distributed by AAI of Chicago. All proceeds go to NASAP so that purchasing the book is a way of contributing to the work of the Society.

Buy a copy for yourself and/or a friend! Just fill out the form below and mail to address shown.

ORDER FORM

Please send me _____ copies of ALFRED ADLER: AS WE REMEMBER HIM @ \$7.95 plus 65¢ handling charge (20¢ for each additional book).

Name _____

Address _____

(city) (state/province) (zip)

(If you desire gift copies sent directly, please send name and address and instructions.)

Copies ordered: _____ Amount Enclosed _____

Send to: Alfred Adler Institute
159 N. Dearborn, Chicago, IL 60601

CALENDAR OF EVENTS

- Dec. 1 "Complimentarity and Conflict: A Demonstration of Life Style Interactions," Robert L. Powers, 9:00 to 4:00, AAI of Ontario. Contact them at 4 Finch Ave. West, Suite 10, Willowdale, Ontario M2N 2G5.
- Dec. 2 Stress, Life Style and Disease: How Disease and Stress Go Together, Jane Griffith, Robert L. Powers, 9:30 to 4:00, AAI of Ontario, address above.
- Dec. 6, 7 Life Style Assessment, Family Counseling, Harold H. Mosak, Community Mental Health Center, Pensacola, FL. Contact: Steve Hirschorn, Mental Health Center's Child Development Center, 1201 W. Hernandez St., Pensacola, FL; 904/432-1222.
- Dec. 8, Jan. 5, 19 321 Theory and Practice of Group Psychotherapy and Counseling I, AAI of Fort Wayne, Lutheran Hospital, Medical Staff Assistance Dept., 3024 Fairfield Ave., Ft. Wayne, IN 46807.
- Dec. 8, 9 Introduction to Individual Psychology II, Stan Shapiro, 9:00 am,

- AAI of Ontario, 4 Finch Ave. West, Suite 10, Willowdale, Ontario M2N 2G5.
- Dec. 24-28 Teaching Marriage Therapy, Don Dinkmeyer, Heed University. Contact him at 4010 N.W. 99th Ave., Coral Springs, FL 33065.
- Dec. 28-29 Parent Education Leader Training Workshop, Don Dinkmeyer, Heed University, contact as above.
- Jan. 12, 13 Feb. 9, 10 322 Theory and Practice of Psychotherapy and Counselling II, Seymour Schneider and Harold H. Mosak, AAI of Ontario, address above.
- Jan. 19, Feb. 2 Living with Teens Leadership Training Program, Pat & Murray Wood, 9:00-4:00, AAI of Ontario, address above.
- Jan. 25 Marriage Counselling, Miriam Pew, 9:00-4:00, B.C.A.A.P., P.O. Box 33823, Station D, Vancouver, B.C. V6J 4L6.
- Jan. 26 Psychodrama, Miriam Pew, 9:00 to 4:00, B.C.A.A.P., address above.
- Jan. 26, 27 Feb. 23, 24 Family Counselling, Francis X. Walton, Richard Rendle, 9:00 to 4:00, AAI of Ontario, address above.

OF GENERAL INTEREST

POSITIONS AVAILABLE

Two doctoral level psychologists interested in clinical and consultative services, salary to \$28,000; master's level mental retardation coordinator, salary to \$22,000.

Place: Blue Earth County Human Services, Mankato, Minnesota, a university community of approximately 50,000 people in south central Minnesota.

These positions are within a staff of approximately ninety people who deliver a variety of human services.

Contact: Gordon M. Fuller, Ed.D., Director
Blue Earth County Human Services
410 South Fifth Street
Mankato, MN 56001

507/625-9034

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POSITION WANTED

Nyana Rowley Crellin seeks employment with mental health center and work with a psychiatrist needing a person trained in Masters and Johnson's techniques. Degrees in counseling psychology and education; particularly interested in work in sexual dysfunction and with recovering alcoholics. Married to a Cambridge graduate in physics and psychology; they are interested in returning to the United States for employment.

Address: Nyana Rowley Crellin
91 Ingress Parks
Greenhithe, Kent
England DA9 9NR

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INDIVIDUAL PSYCHOLOGIST

New Column on COUNSELING

Don Dinkmeyer and Dorothy Bickling will be editing a regular column devoted to presenting Adlerian counseling cases, situations, or transcripts that will be evaluated/analyzed by the editors or guest reviewers. Counselors and therapists are invited to submit cases and transcripts of counseling that include the following information:

- a. Sex and age of counselee
- b. Background information
- c. Reasons for initiating counseling
- d. Actual incidents (preferably verbatim or descriptions of a situation)

The material should be typed and double-spaced and not over four pages in length. Send contributions or questions to:

Dr. Don Dinkmeyer
Communication and Motivation Trng. Inst.
4010 N.W. 99th Avenue
Coral Springs, FL 33065.

New Column on PARENT AND FAMILY EDUCATION

Joyce and Gary McKay will be editing a regular column devoted to innovative/special techniques and procedures for working with family and parent training. The material should be typed, double-spaced and not over five pages in length. Send contributions or questions to:

Drs. Joyce and Gary McKay
1800 N. Heatherbrae
Tucson, Arizona 85715

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RENEW 1980 Membership by 1-31-80

JOURNAL OF INDIVIDUAL PSYCHOLOGY

Members interested in reviewing or noting books for JIP are asked to contact Editor Manaster. He would like to know the area of interest and any experience in writing. Write to:

Guy J. Manaster, Editor
Journal of Individual Psychology
Department of Educational Psychology
The University of Texas at Austin
Austin, Texas 78712.
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REPRINTS OF ARTICLES NEEDED

The Alfred Adler Institute's Sol and Elaine Mosak Library is increasing, with your help, its holdings of reprints of articles. Its aim is to serve Adlerians and others through its repository of reprints of articles pertaining to Adlerian Psychology and/or written by Adlerians. Articles in any language are welcome. Please send them to:

Ms. Miriam Tabachnik, Librarian
Alfred Adler Institute
159 N. Dearborn
Chicago, IL 60601

Articles which have been published in the Journal of Individual Psychology, the Individual Psychologist, The International Journal of Individual Psychology, and Zeitschrift für Individualpsychologie are not needed.
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AGING PROCESS MATERIAL NEEDED

Wes Wingett is collecting articles and materials of an Adlerian perspective concerned primarily with the aging process and with residents in a nursing home facility. He would appreciate any materials or information available. Send to:

Wes Wingett, Ph.D.
Professional Associates in Counseling
and Education
1303 Parkview Drive
Norfolk, NB 68701
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NEW PUBLICATIONS

You Can Do It: How To Encourage Yourself

Lew Losoncy has a new book which will be available after November 15, entitled, YOU CAN DO IT: HOW TO ENCOURAGE YOURSELF. The book shows how to use the ideas of encouragement on oneself to overcome self-defeating behaviors and thoughts and to live life in a more courageous, responsible and confident way. Many exercises and practical suggestions are included in this no-nonsense, hard-work manual. YOU CAN DO IT is dedicated to "Alfred Adler, for putting people in their place--right smack in charge of their lives, and to all of those courageous people who follow Adler's ideas."

Publisher is Spectrum Books; paper back is \$4.95; hard cover is \$10.95; 200 pages. Order from:

Spectrum Books
Prentice-Hall, Inc.
Englewood Cliffs, NJ 07632

Living with Teens and Surviving

Pat and Murray Wood have published their first book entitled, LIVING WITH TEENS AND SURVIVING, as an outgrowth of their course of the same name. The book covers in clear everyday language a multitude of topics relating to adolescence including the concept of equality, family constellation, stages of adolescent development, emotions, peer influence, consequences, communication, values, use of alcohol and drugs, and many others. It is illustrated by a teenage cartoonist, Larry Routliffe.

Helpful to parents, teachers, youth workers and anyone dealing with adolescents in today's society, it is also excellent resource material and suitable as a text for parent study groups for adolescents. A Leadership Manual will be available next January.

Cost: \$4.00. Available from:

Alfred Adler Institute of Ontario
Toronto Office
4 Finch Avenue West
Suite 10, Willowdale
Ontario M2N 2G5

Couples Growing Together

The second printing of COUPLES GROWING TOGETHER has just been completed. This is a leader's manual for Couple Enrichment Study Groups. It contains many experiential exercises based on Adlerian concepts, plus a guide to readings, and to audio and visual aids. There are many ideas that could be adapted from the group setting and used by counsellors in marriage and family therapy. Couples who wish to work on their own marriages alone could also use the manual as a guide to increasing their understanding and communication.

The cost is \$7.50. Canadian orders add 50¢ for postage. (The exchange covers postage for U.S. orders.) Send order to:

R.C.C.S. Associates
Box 1202
Sechelt, B.C.
Canada VON 3A0

Individual Education Manuals

The I.E. Manuals are now available from the Human Resources Center, University of Chicago, 2335 E. 60th St., Chicago, IL 60637. \$1.00 U.S. per copy, 50¢ each in orders of 100 or more.

The following have been completed: Introduction - OP 139, Discipline - OP 140, Faculty Development - OP 141, Rating Scale - OP 142, Creative - OP 144.

Adlerian Research

A lengthy review of research on Adlerian and seven other approaches for working in schools has recently been published by The National Center for the Study of Corporal Punishment and Alternatives in the Schools. Title: AN ANALYSIS OF STUDIES ON EFFECTIVENESS OF TRAINING AND STAFFING TO HELP SCHOOLS MANAGE STUDENT CONFLICT AND ALIENATION.

Cost - \$20.00 each (plus \$2 ea. if first class

postage is desired.) Checks payable to NCSCPAS, mail to:

Temple University
8333 Ritter Hall South
Department of School Psychology
Philadelphia, PA 19122.
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DELEGATE ASSEMBLY TRANSACTIONS

(Information and action items are listed for each committee, in alphabetical order.)

Constitution Committee

1. Motion passed that for the remainder of the meeting that weekend if any D.A. member sensed that an issue seemed to polarize the group or something disruptive was introduced, that discussion be put aside and the D.A. should deal with what was going on in the room. (This was effectively followed several times during the meeting.)

2. There were several changes suggested in Constitution and By-Laws for changes in language that will reflect our focus on equality between the sexes. There was also a change recommended for the filling of a vacancy on the D.A. These changes will be considered by the D.A. with final action to be taken later.

3. Motion was passed to appoint Frank Main to fill the unexpired term of two years of Jo-Anne Hahn, who moved from Region II to Region I. With this motion the By-Laws were changed to allow this transaction.

4. Motion was passed that Article VIII, "Amendments to By-Laws" be changed to read that a proposal to amend these By-Laws cannot be acted upon until the calendar day following the day on which proposal is made or within less than 12 hours.

Development Committee

1. Motion was passed to remove signature of endorser from membership applications. This requires a change in the Constitution and said change will be voted upon by membership at time of regular elections.

2. Regional boundaries were discussed and it was recommended that a special committee be appointed to study the matter. Following were appointed: Ron Panener, Chairperson, Kurt Adler, Maurice Bullard, Frank Main, Sylvia Robbins.

3. Motion was passed to support the suggestion that a forum on issues regarding development of the Society be held at the Annual Convention. Merits of such a forum will be assessed after the meeting to determine if it should be continued.

4. A concerted Membership Drive will be conducted for 1980 including following ideas:

- a. Solicit help of all members.
- b. Contact lapsed members from past 3 years.
- c. Ask associations across the continent to assist in membership drive.
- d. Ask workshop leaders and speakers to promote NASAP membership at presentations.

e. Provide a membership booth at both Annual Convention and Semi-Annual Meeting.

5. Several promotional pamphlets were designed and referred to Public Relations Committee for finalizing.

Education Committee

1. Eugene McClory and Frank Main will design a questionnaire to be sent to Adlerian training institutions for input about certifying individuals.

2. Establishment of a series of Alfred Adler Memorial Workshops was suggested; these workshops to be held in perhaps six cities during the year. Local organizations would handle arrangements; responsibilities for publicity would be shared by local group and NASAP; name of presider would be cleared with NASAP; a fee would be established for speakers; the profit would be split with NASAP, the larger percentage going to NASAP.

Sub-Committee on Convention/Workshops

1. Motion passed to accept invitation from Idaho group to hold the 1980 Semi-Annual Meeting at the Holiday Inn, Boise, Idaho, the first weekend in November.

2. Motion passed to make the Semi-Annual meeting a four-day meeting. The Delegate Assembly will meet on Thursday and Friday, there will be a program on Saturday and workshops on Sunday.

3. Motion passed to accept the invitation from Cleveland, Ohio to host the 1981 Annual Convention on Memorial Day weekend.

4. Approved the suggestion by Don Higgie that a semi-professional convention planner assist the Cleveland group in hosting the 1981 convention, financial risk being assumed by local host.

5. Motion passed that the sub-committee re-consider and propose process by which conventions are solicited, chosen and held.

Executive Committee

1. Report of Las Vegas Convention attendance and finances was received with appreciation for time and effort put in by the Las Vegas group. There were 282 registered for the convention, 74 for pre-convention workshops, 87 for post-convention workshops. Expenses were kept to a minimum and the local group realized a profit of \$3,765.89 and NASAP received \$9,683.77.

2. As of October 31, 1979 there were the following members according to category:

(1) \$35.00	298	
(2) \$40.00	279	
(3) \$50.00	304	
Affiliated	20	
Reduced	35	
Student (\$20)	178	(Total 1978
Life	22	membership
	1,136	end of 1978:
1978 non-renewals	343	1,267)

NORTH AMERICAN SOCIETY OF ADLERIAN PSYCHOLOGY

APPLICATION FOR MEMBERSHIP (Revised 11-79)

(Please type or print)

Name _____ Date of Application _____
Address _____ Amount Enclosed \$ _____
(number, street) _____
(city, state [province], zip code) _____ Telephone / _____
Occupation _____ Education _____

(The signature of a member in good standing is required for Membership acceptance.)

Applicant _____ Endorsement _____
(signature) (signature of NASAP member)

DUES

A full year membership runs for the calendar year. All dues categories listed below are "Regular" members for the purpose of voting and other services. The NEWSLETTER is published 10 times a year, JOURNAL OF INDIVIDUAL PSYCHOLOGY twice, and INDIVIDUAL PSYCHOLOGIST four times. Please select the appropriate dues category for you and make payment in U.S. DOLLARS or its equivalent.

Participating (Receive Newsletter) \$15.00

Sustaining (Receive NL, JIP, IP)

Income under \$18,000	<u>\$30.00</u>
Income between \$18,000-\$30,000	<u>\$40.00</u>
Income over \$30,000	<u>\$50.00</u>

(An individual applying after June 1 may pay half the appropriate dues category.)

Full-time Student (Receive NL, IP) \$20.00

Family \$10.00

Two members of same household may become regular members by paying \$10 in addition to any of the above categories. One set of publications will be sent but both will have regular member rights.

Please make check or money order payable to: NORTH AMERICAN SOCIETY OF ADLERIAN PSYCHOLOGY or NASAP and mail to: NASAP, 159 N. Dearborn, Chicago, IL 60601.
(Ph. 312/346-3458)

PURPOSE OF THE SOCIETY

The purpose of the North American Society of Adlerian Psychology shall be to promote the knowledge, training, and teaching of Individual Psychology, defined as the psychological theory and practice created and so named by Alfred Adler; to strengthen the activities; efficiency, and development of individuals and groups in Individual Psychology; to establish training centers and institutes of Individual Psychology; to extend the availability of psychotherapeutic services; to publish journals, books, and pamphlets on Individual Psychology; to maintain contact with other groups, associations, and schools of thought in the field of psychology, education, etc.; to encourage and assist local or regional groups to organize and affiliate with the Society.

This Society is organized and will be operating for exclusively educational and scientific purposes and will include the enlistment and involvement of all people who support the philosophy and principles of Individual Psychology.

3. Agreed that regions and/or other groups who might receive advance money for program development be asked to repay NASAP as they become financially able.

4. A suggested change in profit split for conventions and meetings was referred back to committee.

5. The proposed dues schedule printed in the November NEWSLETTER was adopted. This dues structure will be evaluated in a year's time.

6. Financial status was reviewed. If projections are correct, the year 1979 could end with a deficit balance of \$1,079.00. During the last three months of the year we may have borrowed up to \$7,000 from AAI of Chicago. The deficit balance above includes paying back the full amount borrowed.

1980 Budget--Using conservative figures for membership dues (hoping for more because of new structure) and for the Annual Convention and cutting back many items on the expenditure side, a nearly balanced budget was reached. Estimated receipts: \$62,518.00
" expenditures: 62,053.00
" balance: 465.00

(Copies of 1979 and 1980 Budgets are available on request.)

7. A report on student membership was requested in May. There were 236 student memberships in 1976, 1977, 1978. Status of these 236 students in 1979: 52 Student
51 Regular
10 Reduced
118 Dropped

A more detailed report is available for those interested.

Public Relations Committee

1. Roy Kern is coordinator for APGA booth in Atlanta in March, 1980. Guidelines have been prepared by the committee for the booth.

2. Liaison people to other organizations are being chosen. Needed: liaison person to American Nurses Assn., AMA.

3. Committee is working on a radio and TV spot announcements project. Gary McKay and Larry Schnebly of Tucson will be working with the Committee.

4. There is \$220 left in the special account of monies raised by the Special Committee on Human Rights. They had used the money to buy books to present to the Library in Las Vegas.

Motion was passed to spend the \$220 on books to be given to the library in future convention cities.

Sub-Committee on Advocacy

1. The Advocacy Committee is gathering information together to provide a set of files for members to purchase at cost. Files being compiled at present time:

- a. Corporal Punishment
- b. Nuclear Power

Members are asked to contact Advocacy Committee about other files of interest.

2. It was agreed that there be an Advocacy Forum at each Annual Convention (not Semi-Annual Meeting); the committee will determine the topic and supply name of coordinator who will prepare program proposal for host group. Each Advocacy Forum will be taped and sent to central office.

The 4th Annual Advocacy Forum will be on the Family with Dorothy Bickling as Coordinator.

Publications Committee

1. The committee decided to conduct a cost and feasibility analysis concerning:

- a. Publishing a single journal with co-editors versus maintaining the present system.
- b. Designating a single printer to print all NASAP journals and publications.

2. The committee agreed to consider publication of articles from the journals by theme; such as Life Style Assessment and Psychotherapy. The Committee is looking for editors for this project.

3. The D.A. asked the Publications Committee to readdress the issue of producing and packaging practical articles, giving a year's time limit.

Women's Issues Committee

Informational items for this committee may be found in its report elsewhere in this issue.

1. Motion passed that NASAP not hold its Annual Convention in a non-ERA state until the extension expires.

White House Conference on Families

Bill McKelvie, NASAP representative on the Coalition for White House Conference on Families, reported on progress for the Conference. There will be several regional conferences instead of one big conference in 1980. A mailing has gone out to the 40 members of the President's National Advisory Committee on the Conference and a mailing was mailed to all U.S. NASAP members.

NASAP members are being asked to write letters and to attend hearings when in their area--see mailing sent in October.

Special Committee on Funding

1. Agreed to have an annual fund drive in addition to dues as an additional source of income.

2. Agreed on a proposal for use of possible \$10,000 from Estate of Seymour E. Clonick Sydney Roth, Executor of the Estate, has been working with the committee. The following is recommended distribution of funds:

- \$4,500.00 Audio Visual Center; place still to be finalized
- \$4,000.00 Research Data Bank at University of South Dakota; NASAP commits

itself to \$1,500 to \$2,000 for
2nd and 3rd year
\$ 900.00 IPNL - Send one or two issues
of International Newsletter as
a promotional venture
550.00 Impact an area with radio spot
announcements

Resolution of Appreciation

A resolution of appreciation was passed to David MacDougall and Individual Psychology Society of Edmonton for hosting a most successful Semi-Annual Meeting.

Vote of Thanks

A vote of thanks was given to Edna Nash for presiding over her first and rather historic meeting.

COMMITTEE REPORTS

WOMEN'S ISSUES COMMITTEE

Dear friends,

One year after Providence...Once more I find myself without words to describe what happened at the Semi-Annual Delegate Assembly meeting. But for Edmonton I need only a few words to convey the tone and feeling there. The words are: Love. Talking straight. Coming together. Solving not only last year's problems, but those that had been standing unresolved between people for years. We took a giant step towards working through consensus, stopping to process our feelings and share them when the issues got scrambled. We ended up with a lot of love, sharing, weeping, hugging and kissing. And what a party afterwards! I wish you all could have been there to see it and to experience it. It was such a joy to be a part of it.

Dave MacDougall and his program committee did a good job of considering equal numbers of qualified persons of both sexes for workshops and presentations: 4 of 10 workshops and 9 of 16 presentations were given by women.

Our committee met and prepared the following report for the DA:

- 1) In the one year since Providence, we've come a long way, much growth, coming together. A network is developing, people are continuing to respond. The focus has been on local action, and on language awareness--mostly consciousness-raising via the monthly reports in the Newsletter, but also revising the wording in the Constitution (our roots) and in publications (Convention Guidelines). There have been articles and book reviews in JIP.
- 2) Connections with other women's groups have been made, increasing sisterhood and a sense of community (*Gemeinschaftsgefühl*). E.g., at the Region IV Conference, there were women speakers from NOW, Rape Crisis Center, Displaced Homemakers, Gov.'s Commission on Women, Battered Wives, Mid-life Career Counseling, with an Adlerian keynoter, Gloria Lane. Panelists were invited to tell what they do, how they got into it, training for it, and Adlerian books were on hand for them to buy.

CURRENT ACTIONS:

- 3) WIC is taking as a theme: Women Actively

Developing New Technologies for Living Together as Equals. We committed ourselves to writing up a transitional program for enabling the DA to work together through consensus, and disseminating it before the next DA meeting for consideration and learning by doing.

4) We have agreed to work up a little pamphlet on the recently printed (Nov.) guidelines for therapists and counselors, with ideas on how to apply them to real-life situations and people. If you wish to be a co-author on this project, tell Jo-Anne Hahn (1040 Masonic Ave., #2, San Francisco, CA 94117, 415/552-8162) or Harriet Tower (110 S. Clinton, Oak Park, IL 60302, 312/386-8691). Or dash off a paragraph or two as it comes to mind and send it in.

5) We are also planning a forum on famous Adlerian women for the annual meeting. We will select several, summarize their teachings and contributions, interview them personally, if still living, hear them tell what it has meant to them to be a woman in this field. If you have nominations, ideas, or wish to work on this project, let Harriet or Jo-Anne know.

6) We are urging that future convention-planners be conscious of inviting competent women (not just well-known men) to present pre- and post-convention workshops, programs. We especially want to increase women's expectations for doing this. One method: Ask Institutes, training centers, student groups to set up Women's Centers, with photos of women Adlerians on the walls, *visible* successful models. Ask that Institutes be conscious of giving awards and plaques to qualified women as well as men. (AAI of Chicago, at its recent graduation, honored Bronia Grunwald and Bina Rosenberg.)

7) We are asking that would-be Delegate Assembly members, men and women, state in writing their views on ERA and women's issues for the election materials.

8) We are urging women to run for the Delegate Assembly. Get yourself five nominations and campaign to get elected. Value yourself as a contributor, who can share ideas and work with others creatively for the good of everybody. If money is needed for you to travel to DA meetings, WIC will raise it.

9) Our major thrust now is planning action/programs for International Women's Week, 1st week in March. We can get media coverage simultaneously for Adler/Dreikurs/Family Education and women's issues. Mailing going out to network with ideas for action/programs. Write or call us, if you wish to take part and are not on the list.

10) A small but significant step: We asked to have the WIC report moved from the bottom of the agenda to an earlier space. Request granted.

11) Our group discussed with some passion whether or not to present a motion to join NOW's pledge not to hold conventions in non-ERA states. As the survey indicated is true of NASAP as a whole, we were divided on the issue, with strongly felt opinions on each side. The issue was later raised to the D.A. After full discussion, Tom Edgar moved, Edith Dewey seconded, that we not go to non-ERA states until ERA is passed or extension expires. Motion passed with only one nay vote.

12) As thrilling as it was to see all the

progress and to feel all the love and respect for one another as we dealt with problems, our women's issues work is not yet done. Did you know that the average woman worker still earns only about 3/5th of what a man earns? In fact, women with four years of college earn less income than men who have only an 8th grade education, according to the latest government figures for 1977. How does that compare with where you work?

--Jo-Anne Hahn

NEWSNOTES

CALIFORNIA

Region I--Far West

Los Angeles--The Southern California Coordinating Council for Individual Psychology (S.C.C.C.I.P), which was formed one year ago, had its first annual board meeting in September. They have three groups planned this year-- a Parent Study Group Leader's Group, an Adlerian Supervision Group for professionals and a Teacher's Study Group. In addition, they plan a Teacher's Workshop and a three-part seminar on the Introduction to Individual Psychology. They also host a monthly Social/Seminar with a scheduled presentation, publish a monthly calendar of events for Southern California and a quarterly publication, "The Encourager."

The Introductory Seminar 101 began in November and 102 and 103 will be held in January/February and April/May respectively. It is being held at the California School of Professional Psychology. Information and registration contact: Ed Abelson, Ph.D.
6331 Hollywood Blvd., Ste1000
Los Angeles, CA 90028

Berkeley--Lucy Ackerknecht spoke at the two Adlerian-oriented Synergy Elementary Schools in San Francisco. Her presentation was the "kick-off" for the parent study groups at Synergy which will be conducted by Dee Dee Tomlin. WIRTH has moved its fall classes to a beautiful new meeting room at 277 Arlington Ave., Berkeley. # # #

Region II--Midwest

ILLINOIS

Chicago--AAI of Chicago: On October 21, the Institute held its graduation exercises at the Chicago Temple. Twenty graduates received a Certificate in Psychotherapy or a Master of Arts in Counseling Psychology from Harold Mosak, Chairman of the Board of Directors, and Eugene McClory, President. Addressing the graduates were Harold Mosak, Bernard Shulman, and Sadie Dreikurs. Recipients of the Institute's Distinguished Service Award were Bernice Grunwald and Bina Rosenberg, who have served the Institute with distinction for 25 years. A reception for the graduates, Board, faculty, relatives and friends was held at the Institute, sponsored by the Student Association.

The Admissions Committee has noted an increase in the number of admission applications from students outside the Chicago area. Over 100 persons from all over the U.S. and Canada are combining their local Adlerian training with a limited amount of training in Chicago,

and are moving towards a fully accredited Master's degree in Counseling Psychology. Write the Institute for details--159 N. Dearborn, Chicago 60601.

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Region IV--Middle Atlantic

PENNSYLVANIA

Reading--Lew Losoncy works with people in the beauty industry, who touch the lives of many people in our communities. In an attempt to help develop a more encouragized world, this year he will train thousands of hairstylists in Adlerian ideas. The program is entitled, Focus on Your World, and the participants learn eight skills to be an encourager. He will receive newspaper, TV or radio coverage in many of the cities.

Locations include: Jan. 13 Sacramento, CA; Jan. 26 Las Vegas, NV; Feb. 17 Los Angeles, CA; Feb. 18 Palm Springs, CA; Feb. 22 Milwaukee, WI; Mar. 2 Orlando, FL; Mar. 9 Des Moines, IA; Mar. 16 Southern Nevada; Mar. 23 Fort Lauderdale, FL; Apr. 13 Salt Lake City, UT; Apr. 14 Boise, ID; May 5 Sharonville, OH; June 6 Hutchinson, OH. For more information, contact Lew Losoncy, Institute for Personal & Organizational Development, 336 N. Fifth St., Reading, PA 19601; 215/373-6858.

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NASAP MEMBERSHIP

By now you should have received your 1980 Dues Notice with a letter from President Edna Nash encouraging you to renew your NASAP membership. We hope that you will give this matter your immediate attention before the holiday rush sets in. Sending in dues early insures uninterrupted service of publications and you can include your payment in your 1979 tax deductions. (Keeps Society solvent too!)

You will be hearing from the Development Committee about the 1980 Membership Drive. In the meantime, a new Membership Application is included with this NEWSLETTER for your use in recruiting a new member.

Under the new dues structure for 1980, Participating (\$15), Family (\$10 additional), and Student (\$20) Memberships are available and all are full voting memberships with all the equal rights of NASAP members. Membership should now be within financial reach of all who want to join NASAP and identify themselves with the support and spread of Adlerian ideas.

Tell people about these new opportunities and endorse membership applications for them. If you would like additional membership applications, please request them from the central office or feel free to xerox copies of the new application enclosed.

RENEW your membership and EACH ONE, REACH ONE!

NEWSLETTER MATERIAL

The Editor asks that you please send news items about courses & workshops, books or tapes available, information of general interest as well as sharing your ideas and suggestions--deadline is 23rd of each month.

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NASAP NEWSLETTER
NEVA L. HEFNER, EDITOR
159 N. DEARBORN STREET
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CONTRIBUTIONS FOR BIBLIOGRAPHY

As reported in the November NEWSLETTER, *Harold and Birdie Mosak* have completed the update of BIBLIOGRAPHY OF ADLERIAN PSYCHOLOGY and it is ready to be published. Before this can be done, however, the publisher requires a \$2,500 subsidy.

The Mosaks have devoted many hours of research, recording, indexing and proofreading, for which they have not been recompensed in a tangible way. The Executive Committee agreed to request donations to provide the needed \$2,500 subsidy. We repeat *Edna Nash's* invitation to members "to contribute towards this work, which will be an invaluable aid to the promotion and growth of Adlerian Psychology."

Simply fill in form and mail it in with your check payable to NASAP, marked for Special Fund.

Yes, I would like to contribute towards the publication of BIBLIOGRAPHY OF ADLERIAN PSYCHOLOGY and enclose my tax deductible contribution of \$ _____

NAME _____
ADDRESS _____
(city) (state/province) (zip)

Mail to NASAP, 159 N. Dearborn, Chicago, IL 60601

INTERNATIONAL DIRECTORY OF ADLERIAN FAMILY EDUCATION CENTERS

A Directory of Family Education Centers and related services, edited by *Robert Aird* and published by NASAP, is now available through the central office for \$3.50.

In addition to listing the names, addresses and services of the organizations, there is an Introduction covering a brief history of such centers and description of the type of counseling carried out. Notebook covers are not included but the Directory will fit in a loose-leaf or Acco binder.

Please fill out order form and mail today!

ORDER FORM

Please send _____ copies of International Directory of Adlerian Family Education Centers @ \$3.50 per copy to:

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