

**NORTH
AMERICAN
SOCIETY OF
ADLERIAN
PSYCHOLOGY**



NEWSLETTER

Neva L. Hefner
Editor

159 North Dearborn Street
Chicago, Illinois 60601

January, 1980

PRESIDENT'S MESSAGE

Dear fellow members:

At this time of setting aside our usual tasks to join in celebration with those close to us, I extend *Season Greetings* to each one of you.

The Delegate Assembly has received unanimous support of the new dues structure with its apparent potential for increased membership. However, the renewals to date indicate a loss of revenue for the Society due to the changing of categories. The help of every member is needed to promote NASAP and the benefits of membership. Carry a new membership application form with you at all times! (See copy in December NEWSLETTER.)

The update of the BIBLIOGRAPHY OF ADLERIAN PSYCHOLOGY will be valuable to scholarly research. At the time of writing, the \$280 received to date falls far short of the \$2,500 NASAP subsidy the publisher requires. I urge affiliated societies, regional organizations and individual members to give support for this monumental work of *Harold and Birdie Mosak*. Make checks payable to "NASAP," mark it for "Special Fund," and mail to the central office today.

Finally, I would like to share some personal joy. On their Thanksgiving weekend, *Heinz and Rowena Ansbacher* and their family traveled to Vancouver to share in the cele-

bration of the marriage of their third son, *Ted*, to our third daughter, *Barbara*. The wedding ceremony included this quotation on love and marriage by Adler from *WHAT LIFE SHOULD MEAN TO YOU*.

"If I were asked to say what love and marriage mean, I should give the following definition, incomplete as it may be: 'Love with its fulfillment, marriage, is the most intimate devotion towards a partner of the other sex expressed in physical attraction, in comradeship, and in the decision to have children. It can easily be shown that love and marriage are one side of cooperation--not a cooperation for the welfare of two persons only, but a cooperation also for the welfare of humanity.'"

The University of British Columbia also benefited from the visit when *Heinz* presented his findings on the Adler-Freud relationships, in the light of the development of Freud's thought, to a colloquium hosted by the Department of Counselling Psychology.

As we anticipate the beginning of a new decade, let us do our share to insure the continued growth of the Society and Adlerian activities.

Very best wishes,

Edna M. Nash, President

WINTER COURSES/WORKSHOPS

AAI of Chicago

Jan. 2

Group Therapy: An Experiential Course, *Leo Lobl*, 4:30-6:30 p.m.

Psychological Tests and Measurements, *Sherwood Perman*, 5-7 p.m.

Seminar in Counseling, *Robert L. Powers*, 6-8 p.m. Videotapes of Dr. Dreikurs' demonstration course in counseling.

Jan. 3

Small Group Supervision. *Adaline Starr*, 5-7 p.m.

Jan. 7

Interviewing Techniques. *Dorothy Peven*, 5-7 p.m.

Continuing Case Seminar. *Harold H. Mosak*, 5-7 p.m.

Introduction to Individual Psychology II. *Sherwood Perman, Seymour Schneider*, 7-9 p.m.

Jan. 7 Theory and Practice of Psychotherapy and Counseling I, Seymour Schneider, Ronald Forgas, 7-9 p.m.

Jan. 8 Family Counseling II, Bernice Grunwald, 4:30-6:30 p.m.

Marriage Counseling I, Gerald Mozdzierz, 5-9 p.m.

Classes meet at 159 N. Dearborn and are conducted once a week for a two-hour period for eleven weeks.

Contact: AAI of Chicago, 159 N. Dearborn St., Chicago, IL 60601 312/346-3458. # # #

AAI of Ontario

Jan. 12,13 Theory and Practice of Psychotherapy and Counselling II, Seymour Schneider, Harold H. Mosak, 9-4 p.m.

Jan. 19, Feb. 2 Living with Teens Leadership Training Program, Pat and Murray Wood, 9-4 p.m.

Jan. 26,27 Feb. 23,24 Family Counselling, Francis X. Walton, Richard Rendle, 9-4 p.m.

Feb. 2 The Classroom Discussion, Pearl Cassel, 10-4 p.m. *

Mar. 1 How to Become More Interpersonally and Organizationally Effective, Harvey Silver, 9-4 p.m.

Mar. 8 Parent Interviews and Consequences, Mal Pyper, 10-4 p.m. *

Mar. 8, 9 Apr. 12,13 Theory and Practice of Group Psychotherapy and Counselling I, Harold H. Mosak, Leo Lobl, 9-4 p.m.

Mar. 29 Early Childhood Indications and Forerunners to Neurosis, Kurt Adler, 9-4 p.m.

Apr. 19 Sociometry, Stanley Shapiro, 10-4 p.m. *

Courses and workshops held at 252 Bloor Street West, Toronto. Workshops marked with * are part of a Special Series for Educators.

Contact: AAI of Ontario, 4 Finch Avenue West, Suite 10, Willowdale, Ontario M2N 2G5 Canada; 416/222-2048. (Toronto) # # #

AAI of San Francisco

Jan. 7-Mar. 17 Introduction to Adlerian Psychology, Henry Stein.

Jan. 14 Practice of Adlerian Psychology: Advanced Case Study Seminar, Henry Stein.

Consultant: Sophia J. de Vries

Contact: Henry Stein, 7 Cameo Way, San Francisco, CA 94131. 415/285-9158 or 282-1661. # # #

British Columbia Association of Adlerian Psychology

Jan. 25 Marriage Counselling, Miriam Pew, 9-4 p.m.

Jan. 26 Psychodrama, Miriam Pew, 9-4 p.m.

Feb. 9 Tuning-In, Communication Skills, Local Presenters, 9-4 p.m.

Feb. 23 The Family Council: Conflict Resolution and Decision-Making, Local presenters, 9-4 p.m.

Feb. 15,16, 17 Continuing Case Seminar, Small Group Counselling, Practicum (#471); Small Group Supervision (#502), [First Half], Harold H. Mosak, 7:30-10 p.m. on 15; 8-5 p.m. on 16, 17.

Feb. 29, Mar. 2, 2 7:30-10 p.m. 8-5:30 p.m. Courses #471, 502 [Second Half], Harold H. Mosak.

Contact: B.C.A.A.P. Workshops, P.O. Box 33823, Station D, Vancouver, B.C. V6J 4L6 Canada # # #

IPA Family Education Center

Jan. 26 Parents as Cheerleader, Rob Guttenberg, 10-4 p.m.

February How do we deal with providing care for the elders in our lives? How do we deal with the deaths of those we love? Dick Dershimer, Jean Rankin.

March Encouragement Therapy, Lewis Losoncy.

Contact: IPA, 6050 Wisconsin Ave., Chevy Chase, MD 20025; 301/652-6611. # # #

Southern California Co-ordinating Council for Individual Psychology

Jan. 25 Introductory Seminar 102 Feb. 25

Jan. 25 Workshop for Teachers

Courses are held at California School of Professional Psychology.

Contact: Ed Abelson, Ph.D., 6331 Hollywood Blvd., Ste 1000, Los Angeles, CA 90028. # # #

CONFERENCES/MEETINGS

Feb. 23, 24 Region III Conference, Orlando, FL. (See information elsewhere in this issue)

Apr. 19 Annual General Meeting of B.C. A.A.P. Information available later.

May 4 Seventh Annual May Conference,

AAI of Ontario. Information available later.

June 13-17 28th Annual Convention and Workshops of NASAP. (See information elsewhere in this issue.)

OF GENERAL INTEREST

PUBLICATIONS

COOPERATION BETWEEN THE SEXES: Writings on Women, Love & Marriage, Sexuality & Its Disorders, By Alfred Adler; Edited and Translated by Heinz and Rowena Ansbacher, published by Anchor Books, Doubleday & Co., 1978, Paperback, \$3.95.

Excerpts from *Guy Manaster's* book review which appeared in November, 1978 issue of JIP follow: "This book is unmistakably and unequivocally a major contribution to the Adlerian literature. It should serve to establish Adler in his rightful historical and contemporary place in the human rights movement as it pertains to sexual equality, and will prove to be an invaluable tool to the layperson and mental health professional in thinking about and dealing with issues and problems of sex role, sexuality, and interactions between and within the sexes.

"What the Ansbachers have done is organize all of Adler's writings in this area under three broad headings: Sociological and Theoretical Writings, Sexuality and the Individual, and Sexual Disorders. Within each division they have further chronologically ordered his writings to lead from narrative pronouncements to case descriptions... This book should go a long way to clarify and establish Adler's place in this important area. Moreover, with this final book in the trilogy of Adler's books that they created, Heinz and Rowena have given to all of us, and to all time, the ultimate scholarship and definitive interpretation of Adler's works. The greater scientific community and all Adlerians will be eternally grateful for their magnificent efforts."

Available through AAI of Chicago, 159 N. Dearborn, Chicago. IL 60601. \$3.95 plus 65¢ handling charge.

New Books and/or Editions thru AAI Chicago

DEMONS, GERMS AND VALUES by *Harold H. Mosak* and *Karen Phillips*. Published by AAI, Chicago. 1979. Monograph #3. Paper. 32 pages. \$2.00.

"A survey of underlying ideologies reveals three basic approaches to psychotherapy--the demonological model, the disease model, and the growth model." Each is traced in terms of its historical development, and the implications of each as a therapeutic model is examined.

ACTION THERAPY AND ADLERIAN THEORY by *Walter E. O'Connell*. 1975. Second printing, 1979. AAI of Chicago. Paper. 253 pages. \$5.95.

This collection brings together some of the best of O'Connell's thinking and some description of his acutely perceptive techniques. Their wide range of application to all forms of human behavior is quickly apparent.

TEENAGERS, THE CONTINUING CHALLENGE by *Shirley Gould*. Published by Hawthorn Books. 1977. Now in paperback. 274 pages. \$3.95.

In the tradition of Rudolf Dreikurs and other Adlerians--contains valuable information and advice for parents and teenagers.

RAISING THE EXCEPTIONAL CHILD by *Lawrence Zuckerman* and *Michael T. Yara*. Published by Hawthorn Books. 1979. Cloth. 206 pages. \$11.95.

Provides an Adlerian perspective on meeting the everyday challenges of the handicapped or retarded child.

In ordering each of the above books, please add 65¢ handling charge for first book, 20¢ for each additional.

Order from: AAI of Chicago
159 N. Dearborn
Chicago, IL 60601
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BOOK ORDER FORM

There are some 143 books, pamphlets and monographs available through the Alfred Adler Institute of Chicago. In addition, there are 30 cassettes for sale and three videotape & film rentals.

For the complete list of Adlerian publications available, please contact the Institute and ask for their book order form. Address: 159 N. Dearborn Chicago, IL 60601

APGA

The American Personnel & Guidance Association Convention will be held March 26-29, 1980 at the Atlanta Hilton Hotel, Atlanta, Georgia.

Don Dinkmeyer, Sr., Jon Carlson, Don Dinkmeyer, Jr. will present an extended workshop on Adlerian Counseling and Psychotherapy Skills on March 28. *Gary McKay, Don Dinkmeyer, Sr. & Jr.* will present a program on Systematic Training for Effective Teaching during the Convention. NASAP will have a booth in the exhibit area with *Roy Kern* in charge.

(Ed. note--If there are other NASAP presenters at the APGA meeting, please let us know so that we may advise our members.)
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T.A. Critique

A new NASAP member and student of Adlerian Psychology, *Paschal B. Baute*, had an article in the July, 1979 issue of Transactional Analysis Journal, entitled, "Intimacy and Autonomy are not Enough (Is TA a Middle-class Tranquilizer?)" He employed some Adlerian concepts in this critique and used THE INDIVIDUAL PSYCHOLOGY OF ALFRED ADLER as a reference.
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RENEWALS

Our sincere thanks to the 187 members who have sent in their dues for 1980--we hope we can add your name to that list soon!

NASAP 1980: The We Decade

28th Annual Convention and Workshops, NASAP

Dates: June 13-17, 1980

Location: University of Massachusetts
Amherst, MA

Host: Western Massachusetts Family Education
Association

Coordinators: Marie Hartwell-Walker
P. Lawrence Belove

Accommodations: A university dormitory, recently renovated, will be available to all those who attend the convention. Linens will be provided and there will be someone at a front desk at all times to take phone messages, to provide local information and to act as an additional security guard.

The cost will be low (last year's prices were \$15 for a double room, \$8 for a single) and the rooms are quite comfortable. The coordinators urge you to stay in the dorm as a way to build the Adlerian community.

Registration forms for dorm accommodations will be included in the convention brochure that will be mailed to you in Feb.

Also reserved are a limited number of rooms in hotels and motels listed below. Should you prefer to stay in a hotel instead of the dorm, you will need to contact the hotel directly to make reservations. To ensure a room, make reservations now.

Campus Center Hotel (on campus in
University of Massachusetts same bldg as
Amherst, MA 01002 convention, no
413 549 6000 ext. 714 pool)

University Motor Lodge (pleasant, short walk
345 N. Pleasant St. from campus - .7 miles,
Amherst, MA no pool)
413 256 8111

Lord Jeffery Inn (old fashioned, New England
30 Boltwood Ave. Inn, no TV or pool, center
Amherst, MA of Amherst, 1.3 miles
413 256 2576 from campus, dining room)

Howard Johnson Motor Lodge (standard Howard
401 Russell St. Johnson's, pool, TV,
Hadley dining room; 2.7 miles
413 586 0114 from campus on highway)

Possible Workshops:

- Mim Pew - Marital Therapy
- Bob Powers & Jane Griffith
- Kurt Adler, Bernard Shulman - Schizophrenia
- Tee Dreikurs - Art Therapy
- Jo-Anne Hahn - Relationships
- Oscar Christensen - Adolescence
- Leo Lobl - Group Therapy
- Bronia Grunwald - Clinic for Classroom Teachers

Children's Programs: Day care for pre-schoolers; organized tours for school-age children; baby sitting service for banquet.

Accreditation:

Received authorization for CME Category II credit for physicians.

Received graduate level credit from the University of Massachusetts--additional information available later.

Possibility of AAI of Chicago credit for one or two courses.

Program Proposals (two copies plus vitae) are to be submitted by January 1, 1980 to:

NASAP 1980
Adlerian Counseling Center
60 N. Whitney St.
Amherst, MA 01002

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Information Wanted

WANTED: TESTS AND MEASURES (Including checklists) USED IN MARITAL THERAPY, FOR ANNOTATED REFERENCE LIST.

Send description, publisher, how you have used it with your recommendations; include your name, address and telephone number (in return you will receive compiled list).

Send to: Dr. Paschal Baute
Institute for Human Responsiveness
6200 Winchester Rd.
Lexington, KY 40511

REGIONAL ORGANIZATIONS

Region III Conference

Orlando, Florida February 21 -24, 1980

Take a break from the cold weather and enjoy some Florida sunshine! Visit the attractions, play some tennis, join Region III for a gala get-together at Rosie O'Grady's in downtown Orlando.

The conference will feature mini-workshops on Saturday and full day programs on Sunday:

- Frank Walton - Working with Adolescents
- Roy Kern - Life-Style Assessment
- Don Dinkmeyer, Sr. - Encouragement
- Don Kelly - Marriage Therapy

An added feature--Pre-conference Parent Education Leader Training Workshop at 4:30-7:30 p.m., February 21 and 9:00-3:30 p.m., February 22, to be held at the Caravan.

Send requests for Conference information to:

Mike Mastroianni
1416 Wilmar Ave.
Merritt Island, FL 32952

Remember to RENEW your membership for 1980 now to insure uninterrupted service. Also, EACH ONE, REACH ONE new member!

Advocacy Sub-Committee

The Advocacy Sub-Committee met during the 1979 Semi-Annual Meeting in Edmonton, Alberta, Canada. The Committee spent some time considering its proper role and purpose, and redefining its mission and charter. The following statement seems to represent our goals adequately: the Committee will serve to gather and distribute information related to community action needs and projects. The Committee sees its purpose as one of providing information as opposed to establishing and promoting a given stand.

The Committee received approval of the Delegate Assembly to reduce the number of Advocacy Forums from two a year to one; this Forum will be presented at the Annual Convention. The Fourth Annual Advocacy Forum will have the theme of "Politics and the Family" to emphasize our support of the White House Conference on the Family. *Dorothy Sickling* was selected and agreed to serve as Coordinator of the Forum in Massachusetts, and she will be submitting a proposal for the Forum.

Bill McKelvie reported on the progress of the White House Conference on the Family. A copy of his report is available through the Central Office. Bill is urging each of us to get involved in our state meetings related to the White House Conference. Members can write to Bill for information related to the appointed state representatives, or they may call or write the state department of each state government for information. It is possible that very little has been initiated in many states, and this is an excellent opportunity to get national attention for Adlerian concepts and principles and practices.

Bill McKelvie will be preparing and announcing in up-coming Newsletters a file available from him for cost related to corporal punishment (in the home, schools, and community). The file will contain court briefs as well as action information. Another file is being prepared by *Jim Bitter* on Nuclear Energy. It, too, will be made available to NASAP members at cost and announced in up-coming Newsletters. Anyone having information for either of these files should forward the materials to either Bill or Jim, respectively. The Committee is also asking other NASAP members wishing to make files available to contact:

James Bitter
O'Dell Hall
210 Minnesota Ave.
Beckley, WV 25801

The files can be on any issue of interest to the membership, and a delineation of contents, the costs of copying and mailing, and the location of the file should be announced through the Newsletter.

If members of NASAP would like the Committee to seek and prepare other files for distribution, ideas and suggestions can be sent to *Jim Bitter*. The Committee is continuing to seek information related to the needs of the membership, and we will appreciate any and all communications.

-James R. Bitter, Chairperson

If you are reading this monthly report and have not yet jotted down any ideas stimulated by the December WIC report, please, Stop! Look for your last issue. Reread it and resolve to act on at least one idea today! Brainstorm on the theme, "Women Actively Developing New Technologies for Living Together as Equals". Develop one idea and mail it into us. Take a postcard and send in your nomination for an Adlerian woman you would like recognized in the special forum at the Annual Convention. (A publication may develop from this.) Volunteer to do the research, interviewing and reporting on your selection. We will want photographs, too. Can you contribute in this way? Your originals will be returned to you. Respond to the list of APA guidelines for counselling women. Find out what representation on the NASAP Delegate Assembly is all about and let Adlerians in your area know of your interest to serve. This is the month when resolutions traditionally are made. Resolve the vital issues for equality of women and men and contribute your energies to NASAP! The result will be a gift to yourself as well.

Our "Opinion of the Month" comes from *Chris King* at the Edmonton Convention: "The one thing about Women's Liberation that bothers me the most is changing the English language, like 'chairperson' and 'workwoman' (Why not Chair, worker?). But I've discovered that as I make the effort to be aware of and to select my language, I have also changed my perceptions. The women who work in my office are no longer 'girls', and my behavior towards them has changed along with my perceptions. They respond very differently, to everyone's benefit."

I would also like to share an excerpt from the October issue of the "British Columbia Association of Adlerian Psychology Newsletter".

A Man for Every Woman

(To be read antiphonally: women reading the first part of each couplet; men the second.)

For every woman who is tired of acting weak when she knows she is strong,
there is a man who is tired of appearing strong when he feels vulnerable;

For every woman who is tired of acting dumb,
there is a man who is burdened with the constant expectation of "knowing everything";

For every woman who is tired of being called "an emotional female",
there is a man who is denied the right to weep and to be gentle;

For every woman who is called unfeminine when she competes,
there is a man for whom competition is the only way to prove his masculinity;

For every woman who is tired of being a sex object,
there is a man who must worry about his potency;

For every woman who feels "tied down" by her children,
there is man who is denied the full pleasure

of shared parenthood;

For every woman who is denied meaningful employment or equal pay,

there is a man who must bear full financial responsibility for another human being;

For every woman who was not taught the intricacies of an automobile,

there is a man who was not taught the satisfaction of cooking;

For every woman who takes a step toward her own liberation,

there is a man who finds the way to freedom has been made a little easier.

Have a happy, healthful, peaceful, productive and love-filled New Year!

-Harriet Tower

NEWSNOTES

Region I--Far West

ARIZONA

Tucson--The Adlerian Society of Arizona held its First Annual Fall Workshop on November 30 & December 1, 1979 at the Doubletree Inn in Tucson. Its theme was "The Occasional Expert," with a Friday evening presentation by *Oscar Christensen* on "Adler and the Occasional Expert." Saturday workshops were led by *Kevin Leman*, *William Hancock*, *Cecilia Northcutt* and *Msgr. Tom Cahalane*.

BRITISH COLUMBIA

Vancouver--*Lois Millington*, President of B.C.A.A.P. reports that "Happiness is having an office!" B.C.A.A.P. now has an office at #210-2525 Manitoba Street in Vancouver. *Mary Wilson*, Sales Coordinator, will be available on a part-time basis for book sales and volunteers are offering their services to staff the office. Plans are being worked out for having several psychologists offer counselling in the office.

The Family Enrichment Association of Vancouver, a registered society in B.C., recently completed an 8-session STEP programme on Channel 10, the community education channel, under the title, "Kid Control". (From July B.C.A.A.P. Newsletter). Reduction from 9 to 8 sessions was accomplished by combining the chapters on communication and also those on consequences. A family in focus session was added. *Bob Poburko*, *Mary Keenan*, *Lois Smith* presented the series, the first in B.C.

This enterprising group is the outgrowth of parenting groups started by *Edna Nash* in the Vancouver Schools and has had leadership training with her. They have been speaking to consultative committees comprised of teachers, principals and parents, to Preschool parent groups and others to promote parent education programmes.

CALIFORNIA

Eck Grove--Hundreds of parents and teachers are being trained to be Adlerian parent and teacher study group leaders in California thru Project ACCEPT two-day workshops by *Jane Nelsen* and *Vicky Zinke*.

Teachers at several schools are so enthused about the Adlerian positive approach to discipline and encouragement that they have been willing to attend the ACCEPT workshop Friday evening and Saturday. The entire staff and parents participate in the training at many schools, including janitors, secretaries, cafeteria workers and aides.

Eleven schools have federally funded adoption grants to implement the ACCEPT program and ten schools so far are adopting the program with district funding. All are doing pre and post testing to investigate the effectiveness of the program. Other workshops are offered for representatives from many schools throughout the state due to word of mouth demand.

Two-day workshops are scheduled as follows: Jan. 8,9--San Diego; Jan 16,17--Rio Linda; Jan.30,31--La Mesa; Feb. 13,14--Chula Vista; Feb. 27,28--Chula Vista.

UTAH

Provo--*G. Hugh Allred* and *Carolyn C. Allred* participated in Brigham Young University's annual Campus Education Week Program. An average of about 700 people attended their presentations on each of the four topics: (1) Reaching the Rebellious Child, (2) Rearing Responsible Children, (3) Obstacles to Moral Maturity: Abuse, Punishment and Rewards, (4) Building Self-esteem: Avoiding Depression. # # #

Region II--Midwest

ILLINOIS

Chicago--AAI of Chicago. Students of the Institute from outside the Chicago area who anticipate graduation in October, 1980, are asked to contact *Judy Weigel*, Academic Advisor.

An increasing number of candidates is enabling the Rudolf Dreikurs Psychological Services Center (a division of the Institute) to provide its services to a larger number of clients, with no delay in obtaining appointments. The Center offers low-cost individual and group counseling and therapy, marriage and family counseling, under the supervision of the Institute faculty, to those whose income is limited. *Seymour Schneider* is Director of the Center.

The Institute was saddened to learn of the recent death of *Georgia Greven*, long-time member of the faculty.

Susan VonderHeide, who continues to serve as placement director at Loyola University of Chicago, has recently been appointed, on a part-time basis, as Placement Director of AAI. In this capacity, she will assist graduates and current students in exploring employment opportunities.

The Institute is heavily dependent on the generosity of its friends. As we reach the end of 1979, *President McClory* asks that you please consider a tax-deductible donation to AAI.

INDIANA

Terre Haute--The Oakley Foundation of Terre Haute has awarded a \$1,605.00 grant to the Vigo County Chapter of FEA. The grant

will provide funds for stipends, general operating funds, and scholarship money for those unable to pay the membership fee.

#

Region III--South

TEXAS

Houston--Walter O'Connell has been appointed to the Editorial Advisory Board of the Journal of Pastoral Counseling. It is published twice a year at Iona College in New York and has a subscription of 700 readers.

VIRGINIA

Danville--Carol Arnold has been instrumental in organizing a Family Life Institute. They have fourteen people enrolled in a credit course (through Danville Community College) on family counseling. They are using Dreikur's book for purpose of training family interviewers. A Family Education Center has been started as well with Carol Arnold and Wendy Dungan as leaders. By the end of the school year they hope to have parent classes led by the students in the credit course. Carol works with Sam Fletcher, Director of the Mental Health Center in Danville.

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Region IV--Middle Atlantic

PENNSYLVANIA

Philipsburg--Don Dinkmeyer will be leading a workshop for the Philipsburg schools on January 24-25, 1980. The topic will be Approaches to Encouragement and Disciplining Students.

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Region V--Northeast

CONNECTICUT

Ridgefield--A new area heard from--Alice Conte is running study groups in Ridgefield and is trying to develop a family education center.

NEW YORK

New York--Oscar Christensen led a round robin of workshops in Amherst, Randolph and New York at the end of October. Over 100 people were in attendance at each place where he spoke to educators, counselors and parents. The family demonstrations were lively and received with great enthusiasm. All of those who attended were impressed by his skill and excited by Adlerian concepts. All three groups extended their social interest by sharing Oscar's expertise as well as his traveling expenses.

Parent Education is beginning to make headway in the New York City area and suburbs. Bob Meyers is leading parent study groups in Eastchester; Ann Givner is doing the same in Lawrence. Anna Sten gave a talk on "Developing Social Interest in Children" at the American Medical Writers Assn. in New York. Del Eberhardt is leading mature and retired people in improving self esteem by developing social interest in Staten Island.

Upstate N.Y.--The Dreikurs Association of Rochester ran their annual conference in October dedicated to the Year of the Child. Gladys Moskowitz is teaching life-style analysis at the Woodbourne Counseling Center; Linda Watson is teaching a graduate course at Elmira College in January: "Maintaining Sanity in the Classroom" and, as director of the Central School Family Education Center, runs Parent Drop-in Groups and conducts family counseling demonstrations once a month. In January, Sylvia Robbins will introduce Adlerian parent and family education concepts to 30 women in the Junior League of Rye.

ONTARIO

Toronto--Alan Dunn, one of the founders of AAIO and TAIP, prepared a tape of his reflections of how these organizations got started. They were transcribed and copies of "Beginnings" are available through the AAIO office: 4 Finch Avenue West, Suite 10, Willowdale, Ontario M2N 2G5.

#

International

ENGLAND

London--Manford Soustegard is in England again this fall and sent a report on what is happening there. It follows in his words--

First to be mentioned are the courses being taught at the University of London. I suspect I can safely say that "Understanding the Family in Crisis" and "Current Theories in Psychotherapy" are the first courses, based on the Adlerian psychological formulation, ever taught at the University of London. Over 50 students are enrolled.

Next is the Quarrandon Parent-Children Association which meets every Monday evening in the Quarrandon Clinic and operates much as do the Centres in the U.S. and Canada. The parents who attend usually number 25 or so.

There is a third undertaking worthy of mention. Ten social workers in the London Borough of Haringay are being educated in group approaches. More specifically, they are being taught the methods of counselling teen-agers in groups. The training session runs for ten weeks. The plan is to follow the initial training course with several in 1980.

On a less formal basis is the effort made by several people to better themselves. This includes Opportunity Playgroup directors, speech therapists working in prisons and doctors. Two groups, one in London and one in Aylesbury, are being trained as paraprofessionals.

The Chiltern Branch of the British Society of Adlerian Psychology meets once each month at the home of Dr. Lilian Beattie in Wendover to discuss Adlerian Psychology theory and practice.

A meeting has been held with a group of medical doctors who are interested in training in procedures of Life Style Assessment. This will probably not be initiated until next year, however.

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RETURN TO:
 NASAP NEWSLETTER
 NEVA L. HEFFNER, EDITOR
 159 N. DEARBORN STREET
 CHICAGO, IL 60601

(International news cont'd)

That this may not seem as though it were a one-man operation, I hasten to point out that the original impetus was provided by *Toni Towns*, who studied at the West Virginia College of Graduate Studies.

A motivating force in Buckinghamshire is *Dr. Lillian Beattie*, who furthered the initial workshops and training begun by Mrs. Towns and now encompasses the activities reported above. Dr. Beattie has stimulated an interest in Adlerian Psychology in a manner which has brought to light leadership qualities in *Tim Smithells*, *Rivka Litwin*, *Sheila Fairbrother*, *Ian Fishman*, *Vicki Ross-Weir*, *Anita Abbot*, *Helen Anderson*, *Dr. Vivian Wilmot*, *Carol Simms* and a host of others.

- Manford Sonstegard

NEWSLETTER MATERIAL AND DEADLINES

The editor asks your help in supplying material for the Newsletter. Please share news about programs carried on in your area that might be encouraging to others; your ideas and suggestions on the various aspects of the work of the Society or Individual Psychology; announcements of coming events, including name of contact person. Please be brief so that we may include more material--try to limit it to 150-200 words.

DEADLINE: 23rd of each month; time-dated material by 23rd, two months previous to publication. (December 23 for February issue.)

DONATIONS

We gratefully acknowledge the following donations received from September 1 through December 3, 1979--

\$100-\$200

Edna Nash
Gertrude Platt - in memory of C.D.Platt

\$50-\$100

Milton and Edith Dewey

Under \$50

<i>William L. Edwards</i>	<i>Joseph A. Palo</i>
<i>Ruth E. Hawkins</i>	<i>Sylvia Robbins</i>
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The Society expresses its appreciation for each of these donations to the work of the Society.
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