


# NORTH AMERICAN SOCIETY OF ADLERIAN PSYCHOLOGY



## NEWSLETTER

Neva L. Hefner  
Editor

159 North Dearborn Street  
Chicago, Illinois 60601

April, 1980

### PRESIDENT'S MESSAGE

Dear fellow members:

On behalf of our membership, I wish to express support to Leo Gold, former NASAP President, long-time Executive member, on the untimely death of his wife, Janet. Our heartfelt wishes for peace and continued strength are extended to Leo and family.

From this note of sadness, we turn to encouraging spring activities throughout the continent. A recent call from *Dick Huddleston* of Red Deer, Alberta, made the point once more of the value of different groups exchanging ideas in this newsletter. I encouraged him to share his experiences of teaching psychology and to invite members to share ways of taking a strong stand to include Adlerian psychology in university level courses.

By now you have received registration information for the ANNUAL CONVENTION in AMHERST, MASSACHUSETTS. Decide now to travel from near and far to participate in a workshop or course of your choice. The rich and varied program offers 116 presentations equally divided between clinical and educational areas of interest with similar programs scheduled sequentially. The local group has worked hard to make it possible for families to attend by providing day-care for young children and supervised trips for those of school age, as well as individual care for infants. Remember that 20 registrations from an area will gain a video tape of a family counseling session

with *Bob Powers* for the local association. Recently, a young, typically discouraged teacher attended her first BCAAP workshop. She was surprised with the positive experience of meeting with such a supportive, encouraging group. The Annual Meeting is a similarly inspiring experience, only much more. Whether you take a friend, a spouse, or your family, all will return embued with the social interest that permeates the setting.

When the Executive Committee conducted the Society's business (reported elsewhere in the Newsletter) through a conference call on February 24, *Don Kelly* and *Hal McAbee* were on the location of another very successful annual Region III meeting. Hal reported that in a very short time in the hotel lobby, he had signed up six new NASAP members simply by asking them. At the time of printing, membership totaled 1,016 with 54 Participating, 83 Family, 65 Students. If each of us reaches ONE new member, we will reach our goal of 2,000 by the convention. Make a dream a reality. Do your part to help the Society grow by carrying membership forms with you at all times.\*

The personal correspondence and communication from members is heartening. Since the next two newsletters are the final ones of my Presidency, I would appreciate receiving further ideas and suggestions.

Very best wishes,



Edna M. Nash, President

\* Membership application is included with this Newsletter. Feel free to duplicate it or request additional copies. They are free!

### Thoughts on Membership

Alfred Adler was always fond of pointing out to people that, "Yes, it has always been my function in life to bring people together." You can follow in that spirit of social interest by encouraging your friends, colleagues, and associates to join NASAP in 1980. That

can bring people together to experience the warmth and fellowship of Individual Psychology.

This year, NASAP membership is within the reach of just about everyone who is looking for involvement and further training in Adlerian ideas. Keep those applications handy and encourage NASAP membership. Don't forget the new Family Membership (two votes are better than one). You, too, can "bring people together."

--John Symynkywicz  
Secretary

CALENDAR OF EVENTS

- Apr. 9-11 Winning Cooperation of Teenagers in Home and School, Torrington, WY, Frank Walton. Contact: Mickey Gamble, 307/532-4197.
- Apr. 10, 11 Workshop on Strategies for Dealing with Adolescents, Harold H. Mosak, sponsored by Community Mental Health Center of Escambia County, Pensacola, FL and the Mobile, AL County Youth Center.  
  
Contact: Steve Hirschorn, Child Development Program, Community Mental Health Center, 1201 W. Hernandez St., Pensacola, FL 32051. 904/432-1222, Ext. 545.
- Apr. 12 Self-Help Alcoholic Treatment Seminar, Maxie Maultsby, Minneapolis.  
  
Dream Interpretations, Robert, Willhite, Minneapolis.  
  
Contact: Virginia Willie, P.R. Director, AAI of Minnesota, 6715 Minnetonka Blvd., Minneapolis MN, 55426. 612/926-6511.
- Apr. 15-17 Family Counseling, Harold H. Mosak, Aberdeen, Sioux Falls and Rapid City, SD. Contact: Frank Main or Russell Tarver, 605/624-3902 or 8738, Sioux Falls.
- Apr. 17-18 Parent Education Leader Training Workshop, Univ. of Wisconsin, Milwaukee, Don Dinkmeyer, Sr. Contact: Douglas J. Mickelson, Univ. of Wisconsin, School of Education, P.O. Box 413, Milwaukee, WI 53201.
- Apr. 18 Adlerian Group Counseling and Group Psychotherapy, Lutheran General Hospital, Park Ridge, IL, Bronia Grunwald. Contact: Bill Schweisheimer, Illinois Group Psychotherapy Society, 3407 Kirchhoff Road, Rolling Meadows, IL 60008.
- Apr. 18,19 Region IV Annual Meeting, West Virginia University, Morgantown, WV. Contact: Mike Yura, Department of Counseling and Rehabilitation, WV University, 504D Allen Hall, Morgantown, WV 26506.
- Apr. 18,19 Parent Education Leader Training Workshop, Holy Trinity School, 1900 W. Taylor, Chicago 60612, Don Dinkmeyer, Sr. Contact: Shelley Paulson, 1250 W. Cornelia, Chicago 60657 or Peg Mueller, Urban Education Program, 420 W. Wrightwood, Chicago 60614.
- Apr. 19,20 Counseling and Therapy Workshop, Harold H. Mosak, California State University, Northridge. Contact: Marvin Chernoff, Monterey Hall 237, Calif. State Univ., Northridge, CA 91324.

- Apr. 23,24 Parent Education Leader Training Workshop, Mountain View Friends, 2280 S. Columbine, Denver, Don Dinkmeyer, Sr. Contact: Chuck Arnold, 8826 E. Florida, #G9 Denver, CO 80231. 303/755-3715.
- Apr. 27 Tactics in Psychotherapy, Harold H. Mosak, Missouri Psychological Assn. Contact: Clyde A. Krego, Counseling Services, 100 Noyes Bldg., Univ. of Missouri, Columbia MO 65211.
- May 1,2 Parent Education Leader Training Workshop, George Peabody College, Nashville, Don Dinkmeyer, Sr. Contact: John Baxter, Box 899, Peabody/Vanderbilt, Nashville, TN 37203.
- May 4 Seventh Annual May Conference, AAI of Ontario. Contact: Evelyn Piltch, 4 Finch Ave. West, Suite 10, Willowdale, Ontario M2N 2G5.
- May 6,7 Parent Education Leader Training Workshop, Providence, RI, Don Dinkmeyer, Sr. Contact: John Syminkywicz, Woonsocket Family & Child Service, 8 Court Street, Woonsocket, RI 02895.
- May 9,10 Oregon Society of Individual Psychology Annual Spring Conference, Holiday Inn, South Portland. Contact: OSIP, 2826 NE 26th, Portland OR 97212.
- May 14,15 Death and Dying and Transformation, Didactic experiential workshop, Walter "Buzz" O'Connell, North Richmond Community Mental Health Center, 4603 L. Ave. Brielle, Staten Island, NY 10314. 212/390-1472, Dr. Joseph Moran.
- May 22,23 Individual Psychology of Ottawa, meeting of new group with Buzz O'Connell as presenter. Contact: Marion Balla, 257 Billings Ave., Ottawa, Ontario K1H 5L1. 613/733-6655.

COURSES/WORKSHOPS

AAI of Chicago

The following is a tentative Summer Course Schedule. Each course is scheduled for four days (9:30 am-4 pm) and is the equivalent of an Institute course of one full quarter, with the exception of Small Group Supervision. Full details and registration form will be available in April.

- June 9-12 Group Therapy: An Experiential Course (Required for all programs) [Of special interest to students in West and Northwest on their way to NASAP Convention in Mass.]
- June 18-21 Introduction to Individual Psychology I (Core Course)
- June 19-20 Small Group Supervision (for candidates)

# NORTH AMERICAN SOCIETY OF ADLERIAN PSYCHOLOGY

## APPLICATION FOR MEMBERSHIP (Revised 11-79)

(Please type or print)

Name \_\_\_\_\_ Date of Application \_\_\_\_\_  
Address \_\_\_\_\_ Amount Enclosed \$ \_\_\_\_\_  
(number, street) \_\_\_\_\_  
Telephone \_\_\_\_\_ / \_\_\_\_\_  
(city, state [province], zip code) \_\_\_\_\_  
Occupation \_\_\_\_\_ Education \_\_\_\_\_

(The signature of a member in good standing is required for Membership acceptance.)

Applicant \_\_\_\_\_ Endorsement \_\_\_\_\_  
(signature) (signature of NASAP member)

### DUES

A full year membership runs for the calendar year. All dues categories listed below are "Regular" members for the purpose of voting and other services. The NEWSLETTER is published 10 times a year, JOURNAL OF INDIVIDUAL PSYCHOLOGY twice, and INDIVIDUAL PSYCHOLOGIST four times. Please select the appropriate dues category for you and make payment in U.S. DOLLARS or its equivalent.

Participating (Receive Newsletter) \$15.00

Sustaining (Receive NL, JIP, IP)

Income under \$18,000	<u>\$30.00</u>
Income between \$18,000-\$30,000	<u>\$40.00</u>
Income over \$30,000	<u>\$50.00</u>

(An individual applying after June 1 may pay half the appropriate dues category.)

Full-time Student (Receive NL, IP) \$20.00

Family \$10.00

Two members of same household may become regular members by paying \$10 in addition to any of the above categories. One set of publications will be sent but both will have regular member rights.

Please make check or money order payable to: NORTH AMERICAN SOCIETY OF ADLERIAN PSYCHOLOGY or NASAP and mail to: NASAP, 159 N. Dearborn, Chicago, IL 60601.  
(Ph. 312/346-3458)

### PURPOSE OF THE SOCIETY

The purpose of the North American Society of Adlerian Psychology shall be to promote the knowledge, training, and teaching of Individual Psychology, defined as the psychological theory and practice created and so named by Alfred Adler; to strengthen the activities; efficiency, and development of individuals and groups in Individual Psychology; to establish training centers and institutes of Individual Psychology; to extend the availability of psychotherapeutic services; to publish journals, books, and pamphlets on Individual Psychology; to maintain contact with other groups, associations, and schools of thought in the field of psychology, education, etc.; to encourage and assist local or regional groups to organize and affiliate with the Society.

This Society is organized and will be operating for exclusively educational and scientific purposes and will include the enlistment and involvement of all people who support the philosophy and principles of Individual Psychology.



OF GENERAL INTEREST

NASAP 1980

Dates: June 13-17, 1980  
Place: University of Massachusetts  
Amherst, Massachusetts

Registration: 8 am - 7 pm June 13  
8 am - 4 pm June 14

Friday, June 13

Delegate Assembly meeting all day

5 Pre-convention Workshops  
Day one of credit courses

7 pm - Elizabeth Janeway, novelist and sociologist, "Powers of the Weak"

Saturday and Sunday, June 14-15

Presentation of papers and programs.  
13 programs running each hour in following content areas:

- 1) case sharing for clinicians;
- 2) theory and practice of Adlerian therapy and counseling
- 3) classroom management
- 4) parent training and parenting
- 5) contemporary issues in psychology

General Assembly 1:30-3:00 pm Saturday

Regional meetings noon Saturday

Monday, Tuesday, June 16-17

3 one-day post-convention workshops  
3 two-day post-convention workshops  
Days two and three of credit courses

Social Activities:

Banquet and Contradance, 7 pm Saturday

Chicken Bar-B-Q and New Games Sunday noon

Child care and youth programs provided.

Accommodations:

University Residence Halls \$11 single, \$8 double, \$5 children aged 12 and under.

Hotels nearby are also available.

For registration forms and detailed information write:

NASAP 1980  
Western Massachusetts Family Education Assn.  
60 North Whitney Street  
Amherst, MA 01002  
# # #

Parent Ed Test Project

HELP WANTED!--Marjorie Marlin is conducting a research project regarding the efficacy of organized, systematic parent study programs. In response to a previous request, she has received a favorable response from representative groups from coast to coast, and especial-

ly from Canada. Many groups have completed pre-group questionnaires, but too few have completed after-group questionnaires. Needed are parents who have completed parent education courses (any kind) who would be willing to assist the research program by filling in a four-page instrument.

Any reader currently sponsoring or leading a group of parents who will agree to spend a few minutes at the end of the last meeting, write Dr. Marlin to let her know how many questionnaires to send:

Dr. Marjorie Marlin  
Center for Research in Social Behaviors  
111 E. Stewart Road  
Columbia, MO 65201.  
# # #

Public Relations Workshop

Carol Arnold will be leading a public relations workshop at the Annual Convention in Amherst, June 14 or 15 entitled, "Selling Adlerian Ideas in the Community." It is for everyone who is interested in spreading Adlerian ideas in communities. Groups, F.E.C.'s, and other associations are invited to bring materials, news clippings, brochures, etc. to share with each other. NASAP's Public Relations Handbook will also be handed out and discussed.

Solving + Sharing = Success. Bring your questions, ideas and materials to share in this workshop!

# # #

College Teaching Sharing

Dick Huddleston, Instructor at Red Deer College in Alberta, is interested in sharing correspondence and course outlines in college-level Adlerian psychology courses. Alfred Adler's teachings need to be introduced in some detail in introductory courses because so many college students will only take one course in that area and will miss the practical implications of this useful psychology.

Write to: Dr. Dick Huddleston  
Red Deer College  
P.O. Box 5005  
Red Deer, Alberta  
Canada T4N 5H5  
# # #

International Directory of Adlerian Family Education Centers

A Directory of Family Education Centers and related services, edited by Robert Aird and published by NASAP, is available through the central office for \$3.50. In addition to listing the names, addresses and services of the organizations, there is an introduction covering a brief history of such centers and description of the type of counseling carried out. Notebook covers are not included but the Directory will fit in a loose-leaf or Acco binder.

Order your copy now--send \$3.50 to:  
NASAP  
159 N. Dearborn  
Chicago, IL 60601  
# # #

- June 23-26 Family Counseling I (Core Course)
- June 25-26 Small Group Supervision (for candidates)
- June 27-30 Introduction to Individual Psychology II (Core Course)
- June 27-30 Continuing Case Seminar (Credit limited to candidates)
- Aug. 12-15 Clinical Assessment I (Core Course)
- Aug. 14-15 Small Group Supervision (for candidates)
- Aug. 18-21 Clinical Assessment II (Core Course)
- Aug. 21-24 Continuing Case Seminar (Credit limited to candidates)
- Aug. 22-25 Interviewing Techniques (Core Course)
- Aug. 26-29 Group Therapy: An Experiential Course (Required for all programs)

Contact: AAI of Chicago, 159 N. Dearborn  
Chicago, IL 60601. 312/346-3458.  
# # #

AAI of San Francisco

- Apr. 14- Aug. 4 Basic Theory of Adlerian Psychology, *Henry Stein*
  - Apr. 7- June 2 Practice of Adlerian Psychology: Advanced Case Study Seminar, *Henry Stein*
- Consultant: *Sophia J. de Vries*

Contact: Henry Stein, 7 Cameo Way, San Francisco, CA 94131. 415/285-9158 or 282-1661.  
# # #

AAI of St. Louis

- Apr. 18,19 Humanizing Relationships in the Family, *Cameron Meredith*
- Apr. 25,26 Encouraging Children Through Classroom Reading Aids, *Daronda Blevins*
- May 2,3 Resolving Conflict in Marriage, *Cameron and Betty Meredith*

Contact: Dixie Gilbert Rogers, Executive Secretary, AAI of St. Louis, 1584 Foxleigh Court, St. Louis, MO 63131.  
# # #

AAI of Fort Wayne

- Mar. 22 Clinical Assessment I  
*Ron Pancner*
- Apr. 12 *Dorothy Peven*
- May 10 *Harold Mosak*
- Begins Family Counseling, 10 sessions  
Apr. 2 from 7-9 pm, *Homer Kiracofe*

Contact: AAI of Fort Wayne, Lutheran Hospital, Medical Staff Assistance Dept., 3024 Fairfield Ave., Fort Wayne, IN 46807.  
# # #

Elmira College

- Maintaining Sanity in the Classroom, *Linda Albert-Watson*.
- Elmira College Graduate Course, 3 credit hours.
- May 2-3, 9-10, 16-17 First course in Canisteo, NY
- June 26-27, July 1,2,3 Second Course on Elmira College Campus

Contact: Elmira College Graduate Office, Elmira, NY 607/734-3911.  
# # #

Heed University

- Week of Apr. 7 Counseling Children and Adolescents, *Don Dinkmeyer*
- Week of Apr. 14 Interpersonal Communication, *Don Dinkmeyer*
- Week of Apr. 14 Clinical Assessment and Treatment, *Bernard Shulman*.

Contact: Heed University, Home Federal Tower, Seventh Floor, 1720 Harrison Street, Young Circle, Hollywood, FL 33020.  
# # #

Pittsburg State University

- June 3-12 Introduction to Marriage Counseling, *John B. Nield*.
- Practical Parenting for Single Parents, *Ron Agee*.
- Self-Esteem, A New Perspective, *Don Johnson*.
- June 23-26 Practical Parenting, *Bob Brown*.
- June 30- July 3 We Must Reach Them to Teach Them, using Personality Priorities, the Middle School, *Sally Hargrove*.
- July 14-24 Middle School Teacher Advising Program, *Gail Garrison*.

Contact: John B. Nield, Department of Psychology and Counseling, Pittsburg, State University, Pittsburg, KS 66762.  
# # #

DONATIONS

We gratefully acknowledge the following donations to the work of the Society since the last Newsletter:

\$25 and under

- Gary Downs*
- Paul Kahn*
- Virginia Kibler*
- Martha Malterre*
- Robert McBrien*
- Wm. McKelvie*
- Cameron & Betty Meredith*

Executive Committee Summary

The Executive Committee conducted its business via a Conference Call in February. Items covered included:

1. Approval of Stefanie Necheles as Life Member.
  2. Approval of annual audit, which includes preparation of Balance Sheet, Statement of Operations and Form 990.
  3. Approval of appointment of a special committee to establish criteria for annual awards at the Convention. President Nash will appoint the committee, who will also help in selection of people to be honored at the 1980 convention.
  4. Agreed to provide for a social gathering on Thursday evening, June 12, for those D.A. members present at Amherst. It will be a social hour with some structure.
  5. Accepted progress report of 1980 Convention Committee with appreciation for the work that has been done thus far.
  6. Membership report was received along with progress report on membership drive. Several mailings have gone out and brochures are being prepared. Membership is ahead of last year in numbers but slightly behind financially due to broadening the dues scale and lowering the minimum amount.
  7. Special Committee on Funding, chaired by Hal McAbee, is considering a concentrated donations drive and the advisability of using professional fundraisers.
  8. Progress report was received regarding the possible receipt of \$10,000 from the Clonick estate. (Announcement will hopefully be made in next issue of Newsletter.)
  9. Figures for the 1980 Budget were revised to take into account the membership trend and increase in rent and some other office expenses. Projected Budget shows a possible balance of \$157.48. There will be a cash flow problem in April or May and again in the fall.
- The 1979 Financial Report was received as information. Actual cash balance December 31, 1979, was \$2,902.48. The only pending item was IP--the last two issues were not published in 1979 so funds were not expended for them. That will come out of 1980 funds.
10. The Financial Report for the Semi-Annual Meeting in Edmonton in 1979 was accepted with resolution of gratitude for an excellent report and job well done. The conference netted \$6,268.00 for the Individual Psychology Society of Edmonton and \$5,500.00 for NASAP (all in Canadian funds).

Attendance figures for Semi-Annual Meeting:  
207 for Saturday meeting; 159 for pre-convention workshops; 162 for post-convention workshops.

11. Education Committee, chaired by Eugene McClory, will be working on plans for the Workshop Series and will report in June.

12. Agreed that a survey of the membership to ascertain support for modifying regional boundaries should be included in the Newsletter. (Please see survey on page 7 of this issue.)

Please note: Copies of minutes and reports are available upon request from the Executive Secretary.

###

Individual Psychologist

The Individual Psychologist would like to receive your favorite quotation(s). The Editor plans to insert quotations throughout future issues. Any Adlerian, neo-Adlerian, anonymous, or just plain interesting or enlightening piece is welcomed. Send to: Dr. Jon Carlson, Route 4, Box 494 (Wildwood), Lake Geneva, WI 53147.

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Parenting Newsletter

Ken Marlin writes that anyone interested in receiving Parent Education Briefing, a Practical Parenting Publications Newsletter containing items of interest to parents and people working with parent study groups, may do so by sending in name and address to:

Ken Marlin  
Practical Parenting Publications  
Box 18  
Columbia, MO 65205.

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Outgrowth of Donahue Show

A local station in Fort Wayne re-ran the family counseling program from the Donahue Show on January 4 because of local interest. The station asked Ron Pancner and Homer Kiracofe to be on "Morning Break," following the Donahue tape, to give further interpretation and present the local Adler Program. Some twenty local persons, many who have participated in the local Adlerian Program, made up the audience and asked questions or gave testimonies. Questions and testimonials also came in by phone.

Calls came into the AAI of Fort Wayne office before the program left the air and there were 50-60 calls for various kinds of information. The class on Child Guidance that started on January 9 was full to overflowing.

###

Elementary School Guidance and Counseling

The December 1979 issue of Elementary School Guidance and Counseling, published by the American School Counselor Assn., a division of APGA, was devoted to Health, Wellness and Transpersonal Approaches to Helping. Adlerian contributors included Raymond J. Corsini on Individual Education; Don Dinkmeyer, Jr. and Sr., on Holistic Approaches to Health.

Jon Carlson, editor, wrote the lead article on the theme for this special issue. Carlson stated: "Transpersonal psychology has its roots in the work of Abraham Maslow and his teacher, Alfred Adler. It was their belief that health was something more than the absence of disease and pain. An underlying assumption was that physical, emotional, intellectual, and spiritual growth are interrelated. They also

realized that a counselor needs to be able to use a variety of approaches to help each individual reach his or her unique wellness life-style."

# # #

NEWSNOTES

Region I--Far West

CALIFORNIA

Petaluma--The Family Education Center of Petaluma, CA has had a successful year with 1400 client contacts the first ten weeks and increases in the last two ten-week periods. "Adults Night Out" has been going on since January and the exploration of adult relationships has been well received. They have a course through Sonoma State University for 3 C.E. units called "Parent Training and Marriage Enrichment," which may be taken by nurses for relicensure.

The Director of F.E.C., *Lynn Lott*, has been busy with one-day seminars in the area; including Ottawa University in Fairfield and Dominican College in San Rafael. She and the interns are doing training sessions in area high schools.

COLORADO

Denver--*Don Dinkmeyer* will present an all day workshop for the Colorado School Counselors Association on April 25 at Holiday Inn West, Denver. Contact: Mary Schieferecke, Cherry Creek Sr. High School, 9300 E. Union Ave., Englewood, CO 80110.

HAWAII

Honolulu--*Raymond J. Corsini* has received the 1979 Freedom Award by the Honolulu Sertoma Cluf for his contribution to education by his development of Individual Education--an Adlerian school system. Individual Education is now in use in six schools, and was recently evaluated by the Hawaii Department of Education following its first year at the Haaheo School in Hilo, Hawaii, and given a favorable evaluation.

The name "Sertoma" is derived from the words, "SERvice TO MAnkind" and the organization may well be called a "social interest group."

Corsini was invited to be the featured speaker at Teacher's Day on the island of Molokai with the topic of Individual Education. A group of teachers have been studying this system and are attempting to start an Individual Education school on the friendly isle.

OREGON

Portland--"Conflict Management" and the "Classroom Meeting Model," two novel approaches to solving problems between adults and children, will be presented at the OSIP Spring Conference. *John Platt* will be the primary conference presenter. It is scheduled for May 9 and 10 at the Holiday Inn, South Portland and will begin with a humorous Friday evening banquet speech followed by workshops on Saturday. Contact: Oregon Society of Individual Psychology, 2826 NE 26th, Portland, OR 97212.

Region II--Midwest

ILLINOIS

Chicago--*Helen K. Cooley*, a graduate of AAI of Chicago and a counseling psychologist, has developed a unique combination of psychological encounter and social dancing to give participants the opportunity to communicate with each other on a social level through dance, as well as verbalization.

She held a dance clinic in February and will have another May 5, 12, 19, 26 at the Oasis Center for Human Potential in Chicago. The titles for the sessions are: "Dance: A Basic Human Need," "Dance as Conversation: Expressing Ourselves in an Organized Manner," "Dance as Distance-Keeping; Dance as Distance-Closing," "The Magic of an Altered State of Consciousness."

Another Chicagoan, *Shirley Gould*, has been kept very busy in January and February on talk shows, both TV and radio. On February 25, she was interviewed by Radio KTOK, Oklahoma City. She sat at her desk in Skokie, connected via long distance, and their listeners called in with comments and questions about *How to Raise an Independent Child*. This came about as a result of an interview published in the Chicago Sun-Times.

Besides several Chicago stations, she was in St. Paul, Minneapolis, St. Louis, Cleveland and Detroit talking about her latest book and Adler-Dreikurs principles of child raising.

AAI of Chicago--The Chicago Community Trust has responded favorably to the Institute's request for a grant to cover the expenses of the continued services of a professional fund-raiser. This assistance is especially timely in the light of the recent Challenge Grant offered by the Continental Bank Foundation.

In the next few weeks many of you will receive the 1980 *State of the Institute Report* and a brochure for the "Friends of the Institute" appeal. Your tax-deductible donation will enable the Institute to provide counseling and therapy through the Rudolf Dreikurs Psychological Services Center, to meet increased rental costs, to plan and implement a doctoral program and to expand the resources of the Sol and Elaine Mosak Memorial Library. Because of the role the Institute plays in training students throughout the U.S. and Canada, the Institute depends on the broad support of Adlerians everywhere.

On page 3, please note the 1980 Summer Schedule of Courses (tentative). The courses have been scheduled to meet the training needs of those who do not live in the Chicago area. Courses which are usually offered over the period of 11 weeks are conducted in four full days. Full details and registration forms will be mailed in April.

The Institute extends its sympathy to *Leo Gold* on the death of his wife, Janet. Memorial donations may be made in her name to the Chicago Institute, on whose faculty Leo serves.



MINNESOTA

Minneapolis--An attractive flier has been received from Mae Belle Doty depicting one of her many ventures in the Minneapolis area. It was a series of 6 sessions on Family Life Education--Guiding Your Child's Behavior held in a day care center in St. Paul.

(Editor's note: We are interested in receiving leaflets, brochures, or pamphlets depicting programs. While they may not all be mentioned in the Newsletter, they are kept on file and may be passed on to people making inquiries about programs and promotional material.)

Region IV--Middle Atlantic

DELAWARE

Wilmington--In observance of International Women's Week, the Family Counseling Center session on March 8 was followed by a luncheon, discussion and friendship around the theme: "Womanhood: the Challenge." Gloria Lane was the discussion leader.

Region V--Northeast

MASSACHUSETTS

Amesbury--Patricia Raskin has introduced Adlerian parent and teacher education courses to two colleges in the Baystate. Last semester she taught an undergraduate course entitled, Effective Parenting: Skills and Approaches, at Northern Essex Community College in Haverhill, MA. She is also on the adjunct faculty at Lesley College in Cambridge. This semester she is teaching a graduate course for teachers using Dreikurs' text, Maintaining Sanity in the Classroom. In March, she will conduct a two-part graduate seminar at Lesley College for administrators and counselors entitled, How to Organize and Lead the Parent Group. She states, "It is very exciting to see Adlerian concepts grow and spread. Parent education is fairly new here and the response has been enormous."

She is currently a guidance counselor at the Cashman Elementary School in Amesbury where she leads parent groups as part of the school program. She continues to conduct seminars and workshops in the Northshore area of Boston and would welcome hearing from any Adlerians nearby--Patricia J. Raskin, 19 Water St., Newburyport, MA 01950.

VERMONT

Burlington--An article by Heinz L. Ansbacher entitled, "Adler and Virchow: New Light on the Name 'Individual Psychology,'" has been reprinted in Association for Humanistic Psychology Newsletter, February 1980, pp. 19-23. The article appeared originally in the Journal of Individual Psychology, 1974, 30, 43-52. Pictures of Adler, Virchow and Ansbacher have been added in the reprinted version.

NEW YORK

Ithaca--Sandy Wilkins has organized and is currently leading Parent/Teacher Groups at two schools in the Ithaca City School District, Caroline Elementary and Henry St. John Elementary.

tary Schools. (Glad to hear of another area being developed--Editor.)

International

SWITZERLAND

Zurich--Bronia Grunwald will be conducting a workshop for school personnel in Zurich for two days on May 2 and 3. The emphasis will be on group dynamics. She will conduct a one-week seminar in Basel, May 5-9, for teachers, parents, counselors. The emphasis will be on goal-directed behavior, family counseling, and parent-teacher conferences. This is being sponsored by the Swiss Society of Individual Psychology.

SURVEY ON REGIONS

At several meetings of the Delegate Assembly over the past several years, problems have been pointed out in regard to our current regional boundaries. These objections take several forms.

1. Membership from developing areas, particularly western part of Region II, feel that their opportunity for election is minimal because there is such a large number of members in more urban areas, such as Chicago, that it is virtually impossible to become known sufficiently to gain election.
2. Our regional boundaries are not consistent with natural barriers, such as, mountain ranges and thus make collaboration difficult on a regional basis. Often this also separates states and groups which traditionally work together because of proximity.
3. Because of increased cost of transportation, perhaps smaller regions should be instituted so that meetings will necessitate less travel distance and not necessitate flying.

The groups which have verbalized requests for changes are as follows:

1. Ohio wishes to be associated with Illinois, Indiana, Kentucky and Michigan because of the natural barrier of the Allegheny Mountains and traditional ties to the Mid-west.
2. It was suggested that Western states East of the Rocky Mountains be joined into a new region to include Minnesota and other states not closely tied to the Chicago Institute.
3. New Jersey members have expressed a desire to be associated with New York.
4. Virginia has expressed desire to be in the same region as Washington, D.C.

It is recognized that there may be difference of opinion in members of the states mentioned, and therefore it was suggested that a study and a survey be conducted.

We would appreciate your answering the following questions, designating your city and state and sending to the central office. (next page)

Survey on Regions (see previous page)

Detach here

1.  I favor some revision of regional boundaries.  
 I am opposed to changing of regional boundaries.  
 I do not feel strongly either way.
2. I feel that better representation for developing areas will ensue if the large population centers are formed into smaller regions. Yes \_\_\_\_\_ No \_\_\_\_\_
3. I favor increasing the number of regions without increasing the number of Delegates (30) in the belief that this will more evenly ensure representation. Yes \_\_\_\_\_ No \_\_\_\_\_

Comments: (Put on additional sheet if necessary)

4. I live in \_\_\_\_\_  
city state/province region

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