

# NORTH AMERICAN SOCIETY OF ADLERIAN PSYCHOLOGY



## NEWSLETTER

Neva L. Hefner  
Editor

159 North Dearborn Street  
Chicago, Illinois 60601

June-July, 1980

### PRESIDENT'S MESSAGE

Dear fellow members:

This final letter of my presidency should arrive just before the convention. At this time, I want to focus on the opportunities for the members to participate in the meetings of the Society and to comment briefly on some recent significant developments.

The "We Decade" theme of the convention is a fitting approach for NASAP members to the meetings of our Society. In the early 70's, when I was a new member of the then ASAP, I can remember seeing the weary officers come out from behind closed doors, feeling excluded and virtually unaware of what they had been doing. Since 1973, when the Society was re-organized, the doors are open and members are welcome to the meetings where the business of the Society is conducted. Very few members take advantage of this opportunity to know their Delegate Assembly and to become aware of our common issues, concerns, and decisions.

At Amherst on Thursday evening, all committees will meet. The Delegate Assembly meets all day Friday. Interested members are most welcome to all of these meetings.

The regional meetings held on Saturday provide an opportunity for encouraging communication and input into future plans and activities.

This year, in response to a member's suggestion at the last Assembly, the General Assembly will be held from 1:30 to 3:00 p.m., after participants have found their place in the new setting, both physically and socially. A notice board will be set up near the registration desk to generate interest in making suggestions and noting topics of concern. The General Assembly will include brief reports from your President, Executive, Committees,

and Regions, recognition of individuals, followed by an open forum for members.

For members not going to Amherst, the next *Newsletter* will feature the business conducted and the reports given at these meetings.

Significant progress not reported as yet--

1) The organizational growth and the comprehensive calendar of activities of the Southern California Coordinating Council for Individual Psychology is noted. Congratulations to this group for overcoming difficulties experienced in a large metropolitan area and for the quality of their newsletter, *The Encourager*.

2) Recognition also must go to the newly formed and legally registered Adlerian Center for Counselling and Education in Ottawa, Ontario and for their invitation to host the 1981 Semi-annual Meeting.

3) Appreciation to the Women's Issues Committee for their work to give active Adlerian women recognition and for their sensitivity to the need for a network to address human issues. After the convention, this committee will become the Human Issues Committee.

4) Membership progress report--when going to press, there were 1208 dues paying members with 792 needed to meet the 2,000 goal by time of convention.

May, 1980 marks the fifth anniversary of Neva Hefner with the Society. On behalf of the Delegate Assembly and of our members, I want to recognize her valuable contribution to the growth of the Society. It has been a privilege to serve as the first Canadian and third woman President.

Yours in social interest,

Edna Nash, President

Anyone passing through Chicago or coming for an extended visit is cordially invited to stop by our office on the 4th floor at 159 N. Dearborn.

The next newsletter will be the August-September issue and the deadline for material to reach the office is June 23, 1980.

CALENDAR OF EVENTS

- June 6 Workshop on Adlerian Psychology, *Harold H. Mosak*, Elizabeth Day Zepf Community Mental Health Center, Toledo. Contact: Daniel Siegel, ACSW, 1614 S. Byrne, Toledo, OH 43614.
- June 7,8 Two-Day Workshop, Sex & Survival on the Single Circuit, *Helen K. Cooley*, Chicago. Contact: Oasis Center, 7463 N. Sheridan, Chicago, IL 60626.
- June 11,12 Parent Education Leader Training Workshop featuring STEP, study groups, and Parent "C" groups, *Don Dinkmeyer, Sr.*, Hartford, CT. (Special opportunity for Adlerians attending NASAP convention.) Contact: Mike Ellovich, P.O. Box 2428, Bishop's Corner Station, West Hartford, CT 06117.
- June 13-17 NASAP 28th Annual Convention & Workshops, University of Massachusetts at Amherst, Campus Center. Contact: Adlerian Counseling Center, 60 N. Whitney St., Amherst, MA 01002; 413/253-5192.
- June 20 Workshop on Psychiatric Patient: A Psychological Explanation, University of Wisconsin in Milwaukee, *Harold H. Mosak*. Contact: Christopher Ovide, Ed.D., School of Ed., Dept. of Educational Psychology, Univ. of Wisconsin in Milwaukee, P.O. Box 413, Milwaukee, WI 53201.
- June 21 Adlerian Approach to the Hyperactive Child and the Family, *John F. Taylor*, Feingold Assn. of the U.S. annual convention, San Diego. Contact: Pamela Crook, Torrance, CA 213/378-8639.
- June 21,22 Parent Education Leader Training Workshop at National Elementary Guidance Conference, Ames, Iowa, *Don Dinkmeyer, Sr.* Contact: Elizabeth Jeska, Extension Courses & Conferences, Room 102, Sheman Continuing Ed. Bldg., Iowa State Univ., Ames, IA 50011.
- June 28 Columbia Adlerian Society, "Treatment of Depression and Prevention of Suicide," *Kurt Adler*. Contact: Carey Washington, 217 Woodwinds Dr., Columbia, SC 29210. 803/758-3503.

Contact: AAI of Chicago, 159 N. Dearborn, Chicago, IL 60601. 312/346-3458.  
# # #

Pittsburg State University

Courses begin June 3 and conclude with one beginning July 14.

Contact: John B. Nield, Department of Psychology and Counseling, Pittsburg State University, Pittsburg, KS 66762.

# # #

Heed University

A program of training in Adlerian Counseling and Psychotherapy will be conducted at Heed University beginning the week of June 23.

Location: Heed University, Home Federal Tower, 7th Floor, 1720 Harrison St. Young Circle, Hollywood, FL 33020

Contact: Don Dinkmeyer, 4010 N.W. 99 Ave., Coral Springs, FL 33065.

# # #

10th Adlerian Summer Workshops  
(South Carolina)

Workshops will be held June 2-12 and June 23-July 3.

Contact: Frank Walton, 660 Townes Rd., Columbia, SC 29210. 803/798-0300.

# # #

9th Adlerian Workshop  
(Vermont)

The workshop runs from June 30 to July 5, at the University of Vermont, Burlington, VT.

Contact: Continuing Education, Univ. of Vermont, Burlington, VT 05401.

# # #

13th Rudolf Dreikurs Summer Institute

Aug. 3-17, Tel Aviv American Hotel at Bat-Yam, Israel (suburb of Tel Aviv).

Contact: Hal McAbee, ICASSI Administrator, 2421 Kelford Lane, Bowie, MD 20715.

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DONATIONS

We gratefully acknowledge the following donations to the work of the Society since the last newsletter:

\$25

Inge Schnee

\$100

Evelyn Feldmann  
Sydney Roth  
N.Y. Committee, Region V

Our thanks also for the following donation to the Mosak Bibliography. This brings the total to \$837 (erroneously reported as \$892 last month).

Joseph Meiers - \$125

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SUMMER COURSES/WORKSHOPS

Detailed schedules were printed in April and May issues of this newsletter for summer courses and workshops about which we were notified. Dates and contact address follow:

AAI of Chicago

Summer School starts June 9 and the final class starts August 26.

OF GENERAL INTEREST

Semi-Annual Meeting

There has been a slight change in the location of the 1980 Semi-Annual Meeting. It will be held at Boise State University instead of the Red Lion Inn. The dates are the same: November 8 and 9 for the meeting and workshops, November 6 and 7 for the Delegate Assembly meeting. Hotel accommodations will be available within walking distance of the University. Shuttle bus service will also be provided.

Mary Grisco indicates that Boise is beautiful in the fall so set aside the time to join fellow Adlerians in discussing "Relationships in the 80's."

A call for papers and information about accommodations will be available later. Program proposals should be sent to Mary Grisco, Coordinator. Also contact her for further information:

Mary Grisco, Coordinator  
Parent Education Project  
Idaho State University  
Box 8059  
Pocatello, Idaho 83209  
208/236-3156.

# # #

APGA

Roy Kern reports that the NASAP booth at the APGA meeting in Atlanta the end of March was a tremendous success with hundreds of people seeking information about NASAP.

He writes, "The APGA convention in Atlanta, Georgia, in many ways may have been the most positive public relations program for the movement in many years. On the program there were approximately six or seven presentations by Adlerians. Don Dinkmeyer and Jon Carlson's program by itself drew some five to seven hundred participants...The program by myself and two others was standing room only with approximately 100 participants. There were other programs which I was unable to attend which I am sure were just as successful.

"The booth was so inundated with people that materials of all types and descriptions were gulped up in two days. In summary, based on the APGA Convention and the Regional III Orlando Conference, Don Dinkmeyer, Don Kelly, Edith Dewey, and others too numerous to mention, can join me in saying the movement is alive and growing in the sunny South."

# # #

Dreikurs Films Available to Members

NASAP has two Dreikurs films available to members. They are both 35 min., 16 mm, color films.

1. Individual Psychology in Counseling and Education - I

It features an interview with Rudolf Dreikurs. Discussion is based on the background and basic concepts of Individual Psychology. Thoughts emphasized are:

The "individual" in Individual Psychology stands for the indivisibility of the person as well as his uniqueness.

Every human being has the immediate potential of being different.

Belief in the purposefulness of behavior and belief that significance of the purposes may be found in the behavior's consequences.

2. Individual Psychology in Counseling and Education - II

Dr. Dreikurs, in an interview, examines the major contributions of Alfred Adler. He explains how order of birth and siblings bear greater influence on a child than do parents. Dreikurs compares Individual Psychology with Rogerian, rational-emotional, reality, and other schools of thought in the field of psychotherapy. He expounds on Adler's concept of equality and early childhood recollections for use as a key to personality; and speaks of utilizing early recollections as an empirical research tool to determine the effectiveness of therapy.

Dreikurs, in discussing school situations, reflects on the role of punishment; stating that it is effective only with children who do not need it. He gives some useful teaching techniques and relates his ideas on the proper function of school counselors.

Reservations for the films may be made through the NASAP central office, 159 N. Dearborn, Chicago 60601. Fee for postage and handling is \$10 each.

# # #

Hertha Orgler

Word has been received from England that Hertha Orgler died in January. She was a Life Member, a student of Alfred Adler and author of Alfred Adler, The Man and His Work published in 1963.

The following is excerpted from the jacket of the book--"After studying biology, psychotherapy and psychology, she was for many years Adler's close friend and co-worker. He termed her the 'standard-bearer of Individual Psychology.' Her activities included lecturing to doctors, teachers and the general public and a wide experience in treating children, adolescents and adults."

# # #

Keep Paddling!

From John Symynkywicz, Secretary NASAP--

My favorite Rudolf Dreikurs story is the one he used to tell about the two frogs that were hopping around one moonlight night when they accidentally fell into a bucket of fresh cow's milk. The two frogs struggled and thrashed about, paddling in a desperate attempt to stay afloat. Finally, the older, perhaps wiser, frog gasped, "I give up!" and rolled over and died. The other frog, younger and perhaps less wise, stubbornly kept paddling and paddling all night. In the morning he found himself high and dry on a huge pat of butter. He had survived. The moral: Never give up!

NASAP, too, has been thrashing about and struggling over the last couple of years trying to keep our heads above water. But we're kind of



like that young frog--we don't give up easily. At the present time, our efforts seem to be paying off. Membership in 1980 has been significantly increased. There is a warm spirit of cooperation and enthusiasm for new beginnings within the Society. Adlerian ideas continue to grow across Canada and the United States.

You can join in all this. We need to continue and increase our efforts to involve more and more people in the work of NASAP. Keep an application handy for that friend, colleague, or associate who demonstrates an interest in Individual Psychology. Encourage membership whenever you can. *Keep paddling!*

# # #

#### Success Story

Sylvia Robbins reports that a workshop sponsored by the New York Committee of Region V held in March was a tremendous success. With the report she included 8 membership applications and a check for \$100 from the New York Committee as a contribution to the work of the Society!

Sylvia wrote, "I would like to share our success with the Society. This time, I organized a membership committee; we set up a desk; placed applications on the seats; invited membership from the platform, discussing what the Society was about and presto! I am enclosing our results (8 applications). I am hoping there will be more to come from those people who took the blanks home...Another added benefit from the meeting--much enthusiasm and interest in our forthcoming convention in Amherst."

Ed. Note--Thanks, Sylvia, for sharing your success story. Your enthusiastic and encouraging letter brightened my dismal day! Great to see what can be done with organization, cooperation and enthusiasm.

# # #

#### Publications

CHILD'S GUIDE TO PARENT REARING by Harold H. Mosak, published by AAI of Chicago, 1980. Paper. 80 pages. \$2.95. A novel approach to the problems of parent-child relationships, delivering a serious message humorously, with clever illustrations by Linda Cucher.

YOU CAN DO IT by Lewis Losoney. Published by Prentice-Hall, 1980. Paper. 184 pages. \$4.95. Foreword by Albert Ellis. This book, subtitled How to Encourage Yourself, is dedicated to "Dr. Alfred Adler, who put people in their place--in charge of their life..." It deals with developing courageous beliefs about yourself, other people, and the world, and acting courageously to reach your goals.

PARENTING GUIDELINES by Kathy and Bill Kvoles-Riedler. Published by RDIC of Colorado, Boulder, 1978. Paper. 35 pages. \$2.00. A study guide for use with the textbook, REDIRECTING CHILDREN'S MISBEHAVIOR, by Kathy and Bill Kvoles-Riedler. Paper. 235 pages. \$6.95. More than communication training, it contains over one hundred parenting techniques for improving misbehavior without destroying your child's self-esteem. The authors show you what to do

now so that your children will become mentally healthy, self-reliant adults.

ENCOURAGING CHILDREN TO LEARN by Don Dinkmeyer and Rudolf Dreikurs. Published by Prentice-Hall, 1963. 162 pages. Now in paper from Elsevier-Dutton, \$4.95. Original cloth cover edition also available at \$9.50. Dreikurs, as the psychiatrist, brings his clinical experience to the common project, and Dinkmeyer, as the psychologist in a school setting, brings the practical experience.

PARENTS OF TEENS STUDY GROUP LEADERS MANUAL by Linda King. Published by Maple Ridge Family Education Centre, 1979. Paper. 60 pages. \$6.00. A study guide to accompany TEENAGERS, THE CONTINUING CHALLENGE by Shirley Gould. Published by Hawthorn Books (now Elsevier-Dutton). 1977. Paper \$3.95. Cloth \$7.95. 174 pages. In the tradition of Rudolf Dreikurs and other Adlerians--contains valuable information and advice for parents and teenagers.

SINGLE PARENT'S SURVIVAL GUIDE: HOW TO RAISE THE CHILDREN by Lee Baruth. \$5.95. Based on the belief that children raised in a single-parent home can be as happy and well-adjusted as any children, this book presents a unified system of child-rearing based on the work of Alfred Adler and Rudolf Dreikurs. Effective, easily-applied techniques such as encouragement, consequences, and the family council are discussed. Numerous examples of coping with particular problems of the single parent are included. Order from SINGLE PARENT'S GUIDE, P.O. Box 50424, Columbia, SC 29250 or AAI of Chicago.

All of the above books are available through: Alfred Adler Institute of Chicago  
159 N. Dearborn  
Chicago, IL 60601.

(For handling, add 75¢ first book,  
20¢ each add'l)

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#### NEWSNOTES

##### Region II--Midwest

#### ILLINOIS

Chicago--AAI of Chicago: Well over 100 Institute students who do not live in the Chicago area will take advantage of the 13 four full-day courses offered during June and August. Of special interest to students from western states and Canada is Group Therapy: An Experiential Course, June 9-12, conveniently scheduled for those who will be on their way to the NASAP Convention in Amherst. The Summer Schedule was mailed at the end of April. If you did not receive a copy, please contact the Institute.

The Institute has recently called upon its many friends to contribute to the annual Friends of the Institute appeal. As the Institute is engaged in the planning of the first doctoral program to be offered by an Adlerian training institute, your support at this time is especially welcome. While the Institute has been very encouraged by the Challenge Grant of the Continental Bank Foundation to be met with donations from other foundations

response and inquiries they have received. In March they sponsored Oscar Christensen for a two-day workshop on "Myth of Adolescence." They had over 90 counsellors, doctors, social workers, teachers and parents participate in the workshop. In April, Maxine Ijams presented workshops for various community groups and conducted a special workshop on Rights of Parenting and Stress in Parenting. They also arranged television and radio time for her to assist in introducing the concepts of Individual Psychology and the role of the Adlerian Center.

In May, Buzz O'Connell will be there for a two-day Death and Dying workshop and a one-day session on Adolescent Suicide. Kurt Adler will present a workshop on September 27, 1980, and tentative plans for other workshops take them into November, 1980.

(Ed. note--Great to learn of existence of another group in Canada and to hear of the enthusiasm and excitement generated. Congratulations!)

# # #

International

ISRAEL -- ICASSI

A note from Tee Dreikurs--  
I have just returned from Israel. While there, I visited the location of ICASSI 1980, which

will be held in Bat Yam (near Tel-Aviv) from August 3-17.

For those of you who have already registered, and for others who are contemplating it, you will be pleased to know that you will have the opportunity of combining your learning enrichment with a beautiful recreational and sight-seeing experience and to meet people from many countries.

We will be housed at the Royal Blue Hotel, which is new, well equipped, spacious, fully air-conditioned with more than adequate space for meeting rooms and housing. It is on the Mediterranean--adjacent to Sand Dunes, which will offer a glimpse of the past when most of this area was sand. The beach is beautiful, but for those who prefer swimming in a pool, there are two; a sauna, gym and tennis courts.

Evening dining on a terrace facing the sea, ample space to visit and make new friends.

Transportation is within a short ride to Tel-Aviv, which offers trips almost everywhere in Israel. This will be for those who will want more than the excursions ICASSI is planning, which we think will be exciting.

Join us for a wonderful experience! Contact: Hal McAbce, Administrator of ICASSI at 2421 Kelford Lane, Bowie, MD 20715.

NASAP 1980 "The We Decade" University of Massachusetts at Amherst  
June 13-17, 1980 Campus Center, Amherst, MA  
Sponsored by Western Massachusetts Family Education Association, Inc.

Registration: Conference Services CS80-133 Information: Adlerian Counseling Center  
Campus Center 60 North Whitney Street  
University of Massachusetts Amherst, MA 01002 Amherst, MA 01002  
Amherst, MA 01003 413/253-5192

Registration, workshops and general information have all been in previous newsletters and mailed to all members. The Saturday and Sunday programs have not been provided earlier and the outline for June 14 and 15 follows:

Saturday, June 14

	<u>9:00 a.m.</u>	<u>10:00 a.m.</u>	<u>11:00 a.m.</u>	<u>3:00 p.m.</u>	<u>4:00 p.m.</u>
Rm. 163-164	Individual Education--A Program for Teaching Self-discipline in the Schools.			Use of Songs in Elem. School Counseling	Reintegrating Problem Teens into classroom
Rm. 165-169	Let's Talk About Teens	The Asolescent Therapy Club: Encouragenic Support Group	Education for living: Course for Teens	Classroom Discussion with Emotionally Disturbed Kids	Creative Career Systems
Rm. 171-173	Introduction to the 4 goals of misbehavior -experiential	Special Ed. for "Special"Children	SECS: Sexuality education for counselors in schools	Parent Ed. from the grassroots up	Exploring alternatives in parent-teen relationships
Rm. 174-176	Teaching Adlerian principles thru family counseling dem.	A Way of understanding place in family	Get support and problem-solving groups going	Parent Education Reaching Out	
Rm. 168-172	Equal marriage "Me" and "We"	10:30 - New Techniques in diagnosis in couple counseling		Dealing with Baggage in the Marital Relationship	
Rm. 162-175	Varieties of the Double bind Technique in Fam.Counseling	Applications of Personality Priorities	Holland Vocational Inventory & Life Style	Innovations in Group Counseling	

and corporations, individual contributions are as needed and as important as ever.

The Executive Service Corps of Chicago provides volunteer consultant services to not-for-profit organizations in the area. The consultants are retired executives from a variety of backgrounds. ESCC is providing the Institute with two consultants to review and make recommendations on the Institute's publication and distribution of Adlerian materials. This will be of benefit not only to the Institute, but to the many NASAP members who purchase books, pamphlets, and audio materials from the Institute.

The Institute's third annual Graduation Exercises have been scheduled for Sunday, October 19, 1980.

Many NASAP members will be passing through Chicago during the Summer. Eugene McClory extends an invitation to stop in for a visit.  
# # #

Region III--South

GEORGIA

Atlanta--AAMFT approved Supervision Group based upon Adlerian principles of couples and family therapy will begin in September and October, 1980, at the Northside Counseling Center in Atlanta. For information, contact: AAMFT approved supervisor, Don Highlander at Northside Counseling Center, 275 Carpenter Dr., N.E., Atlanta, GA 30328. 404/252-7552, 469-6060  
# # #

Region IV--Middle Atlantic

DELAWARE

Hockessin--In the verifications for the Membership Directory, it was learned that the Hockessin Friends Pre-School has been in operation for 17 years. It is the only Adlerian Pre-School in the area. As staff changes and additions have become necessary, they have been fortunate to fill positions with members of the F.E.C. of Delaware, Inc., "graduates" and leaders of CHILDREN: THE CHALLENGE parent study groups. Maryanna K. Carey, Co-Director, says that Quaker and Adlerian philosophies are most compatible!

D.C.

Washington, D.C.--Nicholas Ionedes reports that as part of his Adlerian private psychiatric practice, they celebrated important events that recently occurred in the lives of six of his patients, with a party at his home highlighted by an Adlerian "Gong" show. He celebrates events in the lives of his clients that show progress and mainly in social interest.

Out of about 55 present for the party, 17 participated in the show. Some recited poems, even of their own; some played the piano, guitar or bassoon; some sang; some related a joke. It was an interesting evening, full of fun and social participation, and as one of his patients commented, "This was the only nice party I ever participated in where they did not offer liquor or marijuana!"

Dr. Ionedes concluded, "It was an evening of high social interest and stimulation. Everyone had a chance to participate, including those who had little experience in socializing. I recommend this kind of a party for other Adlerian groups as a way of stimulation, communication and fun."  
# # #

Region V--Northeast

NEW YORK

Word has been received from Lucia Radl of some of the work being done in the schools in the metropolitan area of New York.

Brooklyn--Miriam Hessel, a graduate of the Adler Institute in New York, is conducting a 15 session in-service course for the Board of Education staff in District 17, Brooklyn. The course is entitled, "Rapport," and is based on Adlerian concepts of social consciousness and responsibility.

Long Island--Anne Givner is giving two courses at two public schools on Long Island. One is "Parent and Child" and the other "Understanding your Child." Both are part of the Continuing Education Program. She also was on WEVD radio discussing parent-child relations.

Salamanca--Anne DuBois reports an award of \$16,000 has been received from the New York State Division for Youth Special Delinquency Prevention Project for the continuation of the Family Education Center sponsored by the Salamanca Branch Y.M.C.A. This is the second grant approved for this project, and funding will be carried through December, 1980.

Ms. DuBois would like to hear from members on two matters--She is in the process of leading a section for parents of teens using Shirley Gould's book TEENAGERS, THE CONTINUING CHALLENGE. She is working on a study group leader's outline for this teenage level and would appreciate hearing from anyone else who is using the book in a study group.

The second matter--with the extension of grant funds, she plans to start "advanced" classes of parent study for those who have completed CHILDREN: THE CHALLENGE course and will use A PARENT'S GUIDE TO CHILD DISCIPLINE. She would like to hear from others who might be using this book so that leader suggestions can be shared. Write:

Anne DuBois, Director  
Salamanca Branch Y.M.C.A.  
225 Wildwood Avenue  
Salamanca, NY 14779  
716/945-2500.

ONTARIO

Ottawa--A great deal has been happening in Ottawa during the past few months; namely, the establishment of the Adlerian Center for Counselling and Education. The idea was germinated by Marion Balla and Robert Brassington in November, 1979 and on January 1, 1980, the Center became legally registered.

They are quite excited about the reception,



	<u>9:00 a.m.</u>	<u>10:00 a.m.</u>	<u>11:00 a.m.</u>	<u>3:00 p.m.</u>	<u>4:00 p.m.</u>
Rm. 162-175	Varieties of the Double bind Technique in Fam.Counseling	Applications of Personality Priorities	Holland Vocational Inventory and Life Style	Innovations in Group Counseling	
Rm. 101	Theory and Practice of the Natural High	The Psychology of High-Level Wellness	Stress: Upper or Downer	Loneliness	
Rm. 804-808	Adler and Neo-Marxism	Marginality, Identity and Social Interest	Abortion, Social Interest and Locus of Control	Advocacy Forum: Politics and the Family	
Rm. 805-809	Case sharing: Kurt Adler	Case sharing: Bernard Shulman	Case sharing: Robert L.Powers	Case sharing: Mim Pew	Case sharing: Ray Corsini
Rm. 904-908	Introduction to Adlerian Theory	Unique Contributions of Adlerian Psy. to field	Cognitive Therapy and the IP of Adler	Selye's Egotistic Altruism	
Rm. 903	Validity of Adlerian theory Cross-cultural Approach	Initial Foster Parent Training in S.Carolina	Intimacy Prototype Assessment Demonstration	Adlerian perspective on hostage situations	Adlerian/Dreikurs Study Groups and Behavior Change
Rm. 905-909	The Hidden Alcoholic--How to Recognize the Sneaky Drinker		Alcoholism in the family	Alcoholism: A Family Illness	5 Day Family Care Program in Alcohol Treatment Center
Rm. 917	Psychodynamics of Manic-Depressive Illness	The Use of Dreams in Counseling		Beyond the 4 Goals of Misbehavior	Counseling Depressed Clients

In Dining Area -- Noon - 1:30 p.m. Lunch and Regional Meetings  
 Campus Center Auditorium -- 1:30 - 3:00 p.m. General Assembly  
 Room 101 -- 5:00 p.m. Election of Officers  
 Campus Center Auditorium -- 7:00 p.m. Banquet and Contra Dance

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Sunday, June 15

	<u>9:00 a.m.</u>	<u>10:00 a.m.</u>	<u>11:00 a.m.</u>	<u>2:00 p.m.</u>	<u>3:00 p.m.</u>	<u>4:00 p.m.</u>
Rm. 163-164	Becoming a Parent	Parent Education aimed at child abuse and neglect prevention		Family Enrichment Center: A Training/support program for parents and pre-school children		
Rm. 165-169	Giving Kids a Piece of the Action	Techniques to win cooperation of young kids	Encouraging self-control in the classroom	New Games Seminar	Classroom Discussion	Once Upon A Time; they lived happily ever after
Rm. 171-173	Peer Counseling Project for Teachers	Youth joining the Parent-Teacher Conference	Creating a therapeutic climate for teachers & kids	Models for Conducting Teacher Study Groups		Systematic Training for Effective Teaching
Rm. 174-176	Counseling parents of handicapped children	Adlerian Family Therapy	The parent as cheerleader--working with parents & teens	Counseling Parents of Exceptional Children	3:30 p.m. Parents of Hearing Impaired	Applications of Adlerian ideas to gifted/handicapped
Rm. 168-172	Couples Growing Together: Couple Enrichment Program		Adlerian Techniques in Couple Counseling	Treatment of Sexual Dysfunction	Conflict Resolution in Intimate Relationships	Depression: the Main Reason for Divorce
Rm. 162-175	Intermediate Hypnosis Techniques		Beyond Life Style Assessment	Predicting Behavior in Therapy thru Cognitive Style	Brief Therapy --Adler in 1980	Multiple Therapy--model for supervision

	<u>9:00 a.m.</u>	<u>10:00 a.m.</u>	<u>11:00</u>	<u>0 p.m.</u>	<u>3:00 p.m.</u>	<u>4:00 p.m.</u>
Rm.101	An Adlerian Yankee in England	Parables and Fables in Adlerian Psychology	Creating an Actualizing Sense of Humor	The Encouragement Process; Becoming a Positive Person		
Rm. 804-808	The Guilt Trip/Trap	Prominent Women in Adlerian Psychology	A Women's Support Group	3:30 p.m. Equality of the Sexes; New Directions for love & sexuality in the 80's		
Rm. 805-809	Case sharing: Leo Gold	Case sharing: Helene Papanek	Case sharing: Sherwood Perman	Case sharing: Oscar Christensen	Case sharing: Jo-Anne Hahn	Adlerian Reading of WISC
Rm. 904-908	Rational-Emotive Methods for Adlerians	Art Therapy for Adlerians	Relationships Renewal	Introduction to Use and Interpretation of Early Recollections		Achieving Androgeny
Rm.903	Resolving Organizational Conflicts	Roles We Play: Psycho-dramatic Techniques for Counselors		Couples Treatment for Hospitalized Pt.	Impasse/Priority Theory (2:30 p.m.)	
Rm. 905-909	Aftercare program for Alcoholics	Human Services Delivery System	Organizing & Marketing Study Groups	Establishing an Adlerian Outpost	3:30 p.m. Raising Money for the Adlerian Cause - NASAP Development	
Rm.917	Sexual Dysfunction	Sexual Dysfunction	Conflict	Self-help for Bereaved Parents	Zapotic Indian-Natural Adlerians?	An Adlerian Approach to Obesity

Campus Center Lawn -- Noon - 2:00 p.m. Picnic lunch and New Games

*Come to Amherst June 13--the enthusiasm and encouragement of fellow Adlerians will be contagious!*

RETURN TO:  
 NASAP NEWSLETTER  
 NEVA L. HEFNER, EDITOR  
 159 N. DEARBORN STREET  
 CHICAGO, IL 60601

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