

## North American Society of Adlerian Psychology

# NEWSLETTER

Neva L. Hefner Editor

159 North Dearborn Street Chicago, Illinois

December 1980

#### PRESIDENT'S MESSAGE

Dear fellow members:

The semi-annual meeting in Boise was a very positive experience. I will try to list some of the accomplishments. However, the positive experience was much more than decisions; it was the enthusiasm, mutual respect and camaraderie of those present.

As mentioned in the last Newsletter, two full days were taken for Delegate Assembly deliberation. The first day considerable time was allotted for the Ad Hoc Committee for the 80's which enabled all of us to look at the goals, purposes and concerns of the membership as a whole. While many ideas were presented, it was decided early on not to make decisions or motions, but to deliberate and give time for all suggestions. Hopefully, specific recommendations based on those concerns will be brought up for vote and further debate in Cleveland. Far-reaching changes were discussed, such as: other ways of choosing our Delegate Assembly, giving regions much more freedom in how they select their Delegate Assembly persons; and the establishment of sections in other areas of interest, such as Family and Marital Counseling. Frank Main is Family and Marital Counseling. currently starting petitions establishing such a section.

The computerized Adlerian Research Bureau is now in operation at the University of South While the number of articles abstracted is limited, additions are constantly being made. The Delegate Assembly voted to explore the possibility of establishing an Adlerian college which would utilize present training centers, universities, colleges and individuals around the country who could teach and supervise persons wanting to gain certification in Adlerian Psychotherapy, Marriage and Family Therapy, or Family Education. The section for clinicians was asked to prepare procedures, requirements and guidelines for the education committee for certification in psychotherapy. The Adlerian college would make it possible for individuals in most areas of

the North American continent to gain credits toward certification.

National Media: We received the good news that Lynn Lott of Santa Rosa, California has been interviewed on the Donahue Show with a family whom she has in counseling. This program is currently being shown around the country, and the central office has a schedule of when and in what cities. It is our understanding that she will also be interviewed on the Today Show at a later time.

The excursion for family physicians to Ixtapa, Mexico, entitled Applied Adlerian Psychology, is now being publicized in an attractive bro-The members should have received their copies, and if any of you have access to mailing lists of family practitioners, psychiatrists or psychologists, this would be helpful in expanding the exposure to this program.

One of the most exciting developments of the Delegate Assembly was the decision to begin a fund-raising drive. Rex Confman, who had helped the Chicago Alfred Adler Institute increase their donations ten-fold in the last year, made some specific suggestions to NASAP. The suggestion was first to conduct the fundraising drive among the membership to ease the current financial deficit. However, then to use the commitment demonstrated by the membership as an example to foundations and corporations in order to gain funding from these sources. The Delegate Assembly enthusiastically supported such a program, and the Delegates present pledged over \$5,600. This sum exceeded the total donations of the whole Society last year. Seven Delegate Assembly persons made pledges of \$500 or more. The fundraising drive will continue. The atmosphere created by statements attesting to the inspiration, growth and friendship gained through the association was truly an uplifting experience. I urge the whole membership to share that experience.

Warmest regards,

Ronald J. Pancner, M.D.

President

#### 1981 FUND RAISING DRIVE

Something historic has happened in our Society which we want to share with you. Our Delegate Assembly met for two days in Boise. Many wonderful, exciting ideas for development were projected for the decade of the 80's expanding our activities in the fields of professional training, education, research and public relations. We want Adlerian ideas to be everywhere but our appetite is bigger than our pocketbook! Question—how to accomplish all this with rising costs in this inflationary era.

We accepted a proposal to launch a fund drive, which had been prepared by Rex Confman, a professional fund raiser who has been associated with the AAI of Chicago. The D.A. members spoke movingly about the influence of Adlerian psychology on their lives. To quote a few:

It has enriched my life and contributed to my personal growth and I feel it is a way to reciprocate. -- Sylvia Robbins

#### 1981 Dues

The 1981 dues notices were sent out in October, and the response has been very good--340 have renewed their membership to date. Our thanks to those of you who were so prompt-really helped our cash flow situation.

Help your 1980 income taxes by sending your dues before the end of the year!

#### CALENDAR OF EVENTS

- Dec. 5, 6

  Alexandra Adler, Lecture on "Reminiscences of Alfred Adler and His Individual Psychology" on 5th, Seminar on Psychopathology in the Light of Individual Psychology on the 6th, AAI of Chicago, 159 N. Dearborn, Chicago 60601.
- Dec. 7 Dreams as the Golden Gateway to Understanding our Relationships, Jo-Anne Hahn, AAI of Cleveland.

  Contact: Mary Caldwell, 88 Castle Court, Brunswick, OH 44212. 216/225-8925.
- Dec. 8 Psychology for Personal Growth and Using Child Psychology, two credit courses, New Hampshire Vocational Technical College, Ray B. Rich.

  Contact: George Dykstra, Dean of Extension, N.H. Vocational Technical College, Laconia, NH 03246.
  603/524-3207.
- Dec. 12,13 Art Therapy, Tee Dreikurs, Camellia Elementary School, 7400 Elder Creek Road, Sacramento. Contact: SAAPS, P.O. Box 609, Elk Grove, CA 95624.
- Dec. 13 "Surviving December's Syndrome," or "Growing thru the Holidays," Helen Cooley, Interaction Institute, Evergreen Park. Contact: 312/582-9056.

I believe in it with all my heart. I feel it is truly worthwhile and it feels good to support an organization which has given me so much. It is a worthwhile goal. -- Mim Pew

It is important to me to give back in some way to NASAP what I have received from Individual Psychology. I pledge \$500 although I do not have it, somehow I will in 1981; I will pay it out gradually. I know I will always have this money and giving it will not really change my life style. -- Genevieve Painter.

These comments triggered off a round of contributions and pledges to meet our deficit and expand our activities. Our Fund Raising Drive was born-by the end of the D.A. meeting we had raised \$5,600 in pledges from the Delegates present.

We hope that you, too, will experience our enthusiasm and join with us by making a contribution!

> -- Sylvia Robbins, D.A. Chairperson 1981 Fund Raising Drive

#### NASAP Publications

Directory of Family Education Centers - \$3.50 Help for Parents; Adlerian Parent Study Groups - \$1.00 Alfred Adler: As We Remember Him - \$7.95 NASAP 1981 Membership Directory - \$3.00

Order from: NASAP, 159 N. Dearborn, Chicago, IL 60601

- Dec. 22 Adlerian Counseling & Psychotherapy, Pon Dinkmeyer, Heed University, week-long course. Contact: Heed University, 1720 Harrison St., Home Federal Tower, Hollywood, FL 33020.
- Dec. 28-30 Theory and Practice of Psychotherapy and Counseling, Michael F.
  Hartings, Christ Hospital, 2139
  Auburn Ave., Cincinnati, Ohio,
  Class Room #6. Contact: Shirley
  Cohen, 5143 Elmcrest Lane, Cincinnati, OH 45242. 513/241-2370.
- Dec. 29 Interpersonal Communication, Don Dinkmeyer, Heed University, weeklong course. Contact: Heed University (see Dec. 22).
- Jan. 16,17 Maintaining Sanity in the Class-23,24,30, room, Linda Albert-Watson, Elmira 31 College, Elmira, New York, 3 graduate credit hours. Contact: Elmira College Graduate Office, Elmira, NY 607/734-3911.
- Jan. 24,25 Marriage Counselling, Miriam Pew, Robert L. Powers, Jane Griffith, Vancouver Community College, Langara Campus, 100 W. 49th Ave., Vancouver, Library, 5th floor. Contact: B.C.A.A.P., #210 2525

  Manitoba St., Vancouver, B.C. V5Y 3A7.

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### A L F R E D A D L E R M E M O R I A L W O R K S H O P S E R I E S

We are pleased to announce that a distinguished group of Adlerians have agreed to make themselves available for a series of memorial workshops in an effort to develop interest in Adlerian Psychology and to generate revenue for the Society. The following have agreed to present a program without honorarium as long as their expenses are provided—

Alexandra Adler, M.D.
Heinz L. Ansbacher, Ph.D.
Raymond J. Corsini, Ph.D.
Oscar Christensen, Ed.D.
Leo Gold, Ph.D.
Bronia Grunwald, M.Ed.
Jo-Anne M. Hahn, M.A.
Walter E. O'Connell, Ph.D.
Dorothy E. Peven, A.C.S.W.
Miriam L. Pew, A.C.S.W.
Robert L. Powers, M.A.
Bernard H. Shulman, M.D.
Manford A. Sonstegard, Ph.D.
Francis X. Walton, Ph.d.

### Guidelines

- 1. Local sponsoring organization will handle all arrangements and publicity. Central office will supply labels for members in the area of the site chosen.
- 2. Profits from workshop will be split as follows: 70% NASAP, 30% host group. NASAP would like to realize a profit of \$500..
- 3. A brief proposal for workshops should include the proposed site, date, theme, sponsoring organization and contact person. Specify choice of presenter.
- 4. The central office will make the initial contact with presenter.

Send proposal to: Neva L. Hefner, Executive Secretary NASAP Central Office 159 North Dearborn Chicago, IL 60601

#### WINTER COURSES/WORKSHOPS

#### AAI of Chicago

All classes meet at 159 N. Dearborn and are conducted once a week for a two-hour period for eleven weeks, unless otherwise noted.

- Jan. 5 Comparative Theories of Psychotherapy and Counseling I, Porothy Peven, 5-7 p.m.
- Jan. 6 Introduction to Individual Psychology II, Harold H. Mosak, 5-7 p.m.
- Jan. 6 Family Counseling II, Bernice Grunwald, 4:30-6:30 p.m.
- Jan. 6 Seminar on Alcoholism Counseling, Helen Cooley, 7-9 p.m.
- Jan. 7 Continuing Case Seminar, Robert L. Powers, 5-7 p.m.
- Jan. 7 Psychological Tests and Measurements, Sherwood Perman, 5-7 p.m.
- Jan. 13,20 Marriage Counseling I, Getald
  17,24 Mozdzietz, 7-10 p.m. on 13 and 20;
  9 a.m. -5 p.m. on 17 and 24.
- Jan. 15,29 Interviewing Techniques, Ronald Feb. 7,21 Forgus, 5-9 p.m. Jan. 15,29 and 9 a.m-4 p.m. on Feb. 7, 21.
- Jan. 17,24 Small Group Supervision, Howard Pollack, 10 a.m.-4 p.m.
- Jan. 19 "Did I Write What I Wanted to Say?", Carolus and Roberta Smejda, 7-9 p.m.
- Feb. 14-17 Group Therapy: An Experiential Course, Leo Lobl, 9:30 a.m.-4 p.m.
- Feb.28- Intensive Life Style Assessment, Mar. 1 Richard R. Kopp, 9:30 a.m.-4 p.m.

Contact: AAI of Chicago 159 North Dearborn Chicago, IL 60601 312/346-3458

#### AAI of Ontario (Toronto)

#### Master's Level Courses--

- Jan. 10,11, Life Style Diagnosis, Harold Mosak, 31, Feb.1 Porothy Peven, 9 a.m.-4p.m.
- Feb. 21,22 Marriage Counselling I, Miniam L. Mar. 14,15 Pew, Harold H. Mosak, 9 a.m.-4p.m.
- Feb. 28 School Counselling, Larry Nissen-Mar. 1, baum, Bronia Grunwald, 9 a.m.-4 Apr. 4,5 p.m.

#### Electives--

- Jan. 24,25 Relationships in Transition, Harvey A. Silver, 9 a.m.-4p.m.
- March 7 Structure and Treatment of Neurosis, Kunt A. Adlen, 9 a.m.-4 p.m.

#### Special Events--

- Feb. 14 Deliberate Listening, Joan and Dominic McKenna, 10 a.m.-4 p.m.
- Mar. 7 How is Your "IALAC" Today, Pat and Murray Wood, 10 a.m.-4 p.m.
- April 11 Film Festival--view and discuss a selection of films pertaining to Personal Growth and Development, Family Life and Education, 10 a.m.-4 p.m.

All courses located at 252 Bloor Street West (at St. George), Toronto.

Contact: AAI of Ontario
Toronto Office
4 Finch Avenue West
Suite 10 Willowdale
Ontario M2N 2G5 416/222-2048

## Western Institute for Research and Training in Humanics, Inc.

- Jan. 8- T 103 Basic Psychological Process II March 12 C 103 Group Counseling I
- Jan. 22 Public Meeting
- Jan. 11 Marathon Feb. 8 Marathon March 8 Marathon
- Feb. 5 Membership Meeting

Contact: Dr. Lucy Ackernecht or Katherine
Czesak at WIRTH
226 Stanford Ave., Berkeley
Berkeley, CA 94708
415/524-4929 or 824-6547

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#### CONFERENCES/MEETINGS

- Feb. 19-22 Region III Annual Conference, Orlando, FL Contact: Michael Mastroianni, NASAP 3 Conference, 1416 Wilmar Ave., Merritt Island, FL 32952.
- Apr. 10-12 Region V Conference, Montreal, Quebec. <u>Contact</u>: Liliane F. Bensinger, 4939 Grosvenor Ave., Montreal, Quebec, Canada H3W 2M2.
- Apr. 12-15 APGA Convention, Cervantes Convention Center, St. Louis, MO. Contact: APGA, Two Skyline Place, Suite 400, 5203 Leesburg Pike, Falls Church, VA 22041.
- May 22-26 NASAP Annual Convention, Cleveland Marriott Airport Hotel. Contact: Kathryn K. Higgie, Co-Coordinator, 14805 Detroit Ave., Suite 203, Lakewood, OH 44107.
- Aug. 2-16

  ICASSI 14th Rudolf Dreikurs Summer Institute, St. Michael's College, Winooski, VT. Contact: Hal McAbee, ICASSI Administrator, 2421 Kelford Lane, Bowie, MD 20715.

#### REGIONAL ORGANIZATIONS

#### Region I

Region I held a meeting to share ideas during the Semi-Annual Meeting in Boise. A group made up of Dorothy Cruickshank, Jo-Anne Hahn, Bill and Kathy Kvols-Riedler, Edna Nash and Genevieve Painter met to explore the possibility of holding a Region I Conference. They are polling members in The Relay. We'll look forward to hearing more about this.

#### Region II

A meeting of Region II was called in conjunction with the Alfred Adler Memorial Workshop in St. Louis on November 15. Jean Alessi reports that while numbers from outside the St. Louis area were small, a good deal of enthusiasm was engendered for NASAP. Eva Dreikurs Ferguson, Delegate from Region II, reported on D.A. happenings.

#### Region III

The annual Region III conference will again be held in Orlando, FL beginning the evening of February 19 (Thursday) through Sunday, February 22. There will be intensive workshops on Thursday evening and Friday as well as on Sunday along with the seminars on Saturday—all of which will give you an opportunity to meet and share with authorities on Adlerian psychology.

Contact: Mike Mastroianni, 1416 Wilmar Ave., Merritt Island, FL 32952. Office: 305/784-0284; Home: 305/452-6145.

#### Region V

Region V will hold its annual meeting on April 10, 11, 12, 1981, in Montreal, Quebec. There will be further information in future newsletters. In the meantime, contact: Liliane Bensingen, 4939 Grosvenor Ave., Montreal, Quebec H3W 2M2.

(Ed. note--let's hear from Region IV--their annual meeting is usually held in March.)

#### IN TRIBUTE ----- Marguerite Beecher

No matter what the circumstances of its arrival, I always mourn and marvel at death's suddenness and finality. The shock of Margo's departure came to me with a penciled scrawl, "Deceased", almost masked by the heavy stamp "Return to Sender".

I missed seeing Margo after my Staten Island workshop in May. According to her last letter Margo was moving to a smaller apartment, still struggling with the unending task of saying goodbye forever to Willard's memories and searching for a publisher for Willard's collected papers. Over the years we kept in touch through our common concerns about institutionalized insanities and court hostilities and the pain of the helpless and the innocent, especially those co-persons, our animals. Like Willard, Margo was ever-seeking instrumental ways of communicating the destructive effects of "mistaken certainties" and "putting".

other heads higher". Unfortunately for all concerned, they chose to avoid all institutional trappings, even with those who struggled to cooperate-as-equals.

I have always admired "old time" Adlerians' concern for the other and ability to forgo using personal predicaments for ego gains.

Margo was such a person. Seldom did reports of her own pains and injuries intrude upon her wise efforts to keep me free from my own egoconstrictions.

I have committed to memory the quote Margo sent after our dog died. To me, it is a glimpse into Margo's soul and is an epitaph she would truly appreciate, I know.

"Oh, God, my Master, should I gain the grace to see thee face-to-face when life is ended, grant that a little dog who once pretended that I was God, may see me face-to-face."

--Buzz O'Connell

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#### IN TRIBUTE-----Hertha Orgler

Hertha Orgler, author of ALFRED ADLER-THE MAN AND HIS WORK, died at the age of 89 in January of this year. Toni Towns wrote of Mrs. Orgler "She always continued to do such wonderful work, even with failing health, to further the cause of Adlerian psychology in England, and I myself have very much to feel thankful to her for-both personally and professionally."

The Adlerian Society of Great Britain has decided to mark their appreciation and affection for her by inaugurating the Hentha Onglen Memorial Lecture, to be given each year on the occasion of their April public meeting. On April 7, 1981, their President, Dr. Neil Beattie, will give the first of these under the title "What of the Future?"

It was also decided to offer annually the Hertha Orgler Essay Prize of 10 pounds for the best paper submitted on an Adlerian topic. While thus paying homage to a great and much loved "standard bearer of Individual Psychology" (to quote Adler), they hope also to foster greater interest and study in Individual Psychology.

Very dear to Mrs. Orgler's heart was the setting up in England of an Adlerian Training Institute, and the Council of the British Society feel that their efforts and resources should now be directed at least towards systematic training in Adlerian theory and practice. They are, therefore, launching an appeal to their members and friends for donations to help build up the Hertha Orgler Memorial Fund. Some contributions have already been received and additional donations will enable the group to further Adlerian training and education.

Donations may be sent to:
Adlerian Society of Great Britain
11 Osborne House
414 Wimbledon Park Road
London SW19 6PW
England

#### LETTERS TO EDITOR

#### Denver, CO--

Fellow Adlerians:

I must put a question to you: If the Society is not serving the Adlerian interests and goals of the 3,000+ educators (and this is just in the Denver area alone) who have taken my Adlerian courses for graduate level credit over the past five years; and, if the Society is not able to meet its financial needs by continuing to cater to the interests those "other professionals" who comprise the majority of its membership; and, if the majority of professionals in any given area are educators rather than clinicians, perhaps that might lead one to ponder the possibility, yeaeven the necessity, of beginning now to recreate our organization into an image which would more closely resemble what Adler seemed to have in mind years ago: to bring his ideas to the people. Since very few people are ever involved in clinical situations, and since almost everyone is involved in a family life and a school life, that means parents and teachers ought to be our primary focus. We ought to do more to encourage the proliferation of training programs for parents as well as for teachers, and that means developing Masters and Doctoral level programs of study for teachersnot just for clinicians, which has been the institutes' only focus for as long as I've been around and before. We need a monthly newsletter filled with helpful ideas for parents and teachers, and we need a reduced fee structure for them which would encourage them to join us. From a strictly practical standpoint, even if it weren't so Adlerian an idea, that is where the greatest number of people are. And if the Society is to remain viable and to grow, it must attract more people, people from every level of professional training, as well as parents who are committed to Adlerian ideals.

Some societies are more Adlerian than othersme thinks it's time for our core U.S. Society of Adlerian Psychology to re-create itself in an even more Adlerian image.

--Diane E. "Arch" Archer

OF GENERAL INTEREST

#### ICASSI Scholarships

Three memorial scholarships are offered to people who attend ICASSI in Winooski, Vermont, and are available not only for U.S. participants, but for those from other countries as well. They cover both tuition and room and board—no travel expenses.

The Rudolf Dreikurs Memorial Scholarship is for a professional person and is chosen on the basis of academic background, leadership potential, commitment for developing a project for promoting Individual Psychology, and a brief description of this project should be included with the request for the scholarship. Applicants are asked to describe their present involvement in Individual Psychology, if any, and to include references.

The Ruth Holger-Nielsen Memorial Scholarship

is offered for a lay person and is based on leadership potential, past and present involvement in Individual Psychology, and a proposal for a project is to be submitted along with the request. References should also be included.

The W. L. "Bill" Pew Memorial Scholarship is offered for a graduate student and is given on the basis of leadership potential, commitment for developing a project in the community or university, or conducting some action research in Individual Psychology. A brief description of the proposal should be included as well as present involvement in Individual Psychology, if any. References should be included.

Tuition Only Scholarships are offered at \$250 each. Four of these tuition scholarships will be awarded in the United States, four in Canada, four in Europe, four in Greece, and four in Israel.

The fourteenth Rudolph Dreikurs Summer Institute - ICASSI '81 will be held at St. Michael's College in Winooski, Vermont, U.S.A., August 2-16, 1981.

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#### Alcoholism Course Available

Helen Cooley, who will be presenting her course on the Nature and Treatment of Alcoholism for the third season at the Alfred Adler Institute of Chicago, would like to teach this course for other Adlerian Centers. The course is unique in the field of alcoholism training, in that it synthesizes the traditional treatment approach of Alcoholics' Anonymous with solid Adlerian philosophy and techniques. Of special interest is the use of mileau therapy along with psychotherapy. How to utilize dance, body movement sessions, as well as art sessions with a treatment program for alcoholics will be presented. Besides techniques for treatment, practical program development methods will be presented. Ms. Cooley has had experience in designing and operating education and rehab programs in high schools, hospitals, as well as in private practice.

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#### New Game

A new game that teaches children the importance of sound nutrition habits has been invented by a University of Missouri home economics specialist. Called the *Gheat Plant Race*, the game painlessly instructs players in the part each essential nutrient plays in developing both physical and mental health. Two versions: one for children under nine, the other for nine to 12-year-olds.

For full information, write Yolanda Enyart, c/o PRACTICAL PARENTING PUBLICATIONS, Box 1635, Columbia, MO 65205.

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#### Publications

THE HONEY POT by Ed Janoe with Barbara Janoe. Published by Family & Life Enrichment Center, Vancouver, WA, 1979. Paper. 46 pages. \$2.95. An illustrated guide by a school and family counselor to correcting learning difficulties.

LIFE STYLE: A WORKBOOK by Harold H. Mosak, Seymout Schneider, and Lisa E. Mosak, published by AAI of Chicago, 1980. Paper. 129 pages. Write for price. This workbook will provide the student with an opportunity to hone his skills, to gain some practice without potentially jeopardizing the welfare of others, and to receive some feedback about the "guessing" from the answers provided in the back of the book.

MARRIAGE COUNSELING IN GROUPS by Merle M. Ohlsen, published by Research Press Co., Champaign, IL, 1979. Paper. 200 pages. \$5.90. This book was written to help marriage counselors understand and use therapeutic forces within a marriage counseling group. Also valuable for those who are looking for ideas to enrich their relationships.

GREAT CASES IN PSYCHOTHERAPY, edited by Pan Wedding and Raymond J. Consini, published by F.E. Peacock Publishers, Itasca, IL, 1979.
Paper. 314 pages. \$8.95. Cases presented of Janet, Freud, Adler, Jung, Roger, Ellis, Wolpe, Glasser, Preikurs, Perls, Moreno, Berne, and many others.

READINGS IN CURRENT PERSONALITY THEORIES by Raymond J. Corsini, published by F.E. Peacock Publishers, Itasca, IL, 1978. Paper. 368 pages. \$9.95. This book consists of 28 selections concerning 24 theories of personality, most of which were written by the originators of a number of "schools" of personality theory. These selections are coordinated with materials in CURRENT PERSONALITY THEORIES, edited by Corsini and published by Peacock, 1977. Paper. 552 pages. \$14.95.

HOW TO RAISE AN INDEPENDENT CHILD by Shirley Gould, published by St. Martin's Press, NY, 1979. Cloth. 177 pages. \$8.95. We live in a complex world that will more likely grow even more complicated. Nurturing independent and confident children means preparing them for the difficulties and challenges of adult life.

WINNING TEENAGERS OVER IN HOME AND SCHOOL by Francis X. Walton, published by Adlerian Child Care Books, Columbia, SC, 1980. Paper. 36 pages. \$3.00. This book presents leadership principles and techniques that have been proven effective with adolescents in the home and school. Request quantity discount.

WHY KIDS JUMP OVER THE MOON by Pearl Cassell, published by Amberley House, Ltd., Toronto, 1980. Paper. 151 pages. \$6.95. Pearl Cassell, who previously coauthored DISCIPLINE WITHOUT TEARS with Rudolph Dreikurs, has written this new book for parents, teachers and counselors, to help them understand young people of all ages; and for teenagers, to help them understand themselves.

LEADER'S GUIDE (for Studying THE PRACTICAL PARENT by Corsini and Painter) by Margaret K. Cater. Paper. 64 pages. \$5.00. This manual provides a meeting format and discussion guide for each chapter of THE PRACTICAL PARENT.

COUPLES GROWING TOGETHER, A Leader's Guide for Couple Study Groups, by E. Clair Hawes, published by R.C.C.S. Associates, Sechelt, BC, Canada, 1979. Paper. 54 pages. \$7.50. This manual offers detailed information on how to

conduct a couple enrichment study group, session by session, with various exercises and materials to assist the leader. # # #

### Action Items from Delegate Assembly Meeting November 5-7

#### Delegate Election

Maurice Ouellet, Vermont, Region V, resigned from the Delegate Assembly. Marion Balla of Ottawa, Ontario was elected to fill out the remainder of the term until 1982.

#### Finances

Because of rising costs due to inflation, dues for 1981 were increased \$5 in each category.

The Financial Report for 1980 was accepted. Once again, expenses were greater than income, and there will be a slight deficit and no contingency fund.

The proposed 1981 budget was approved. The projected income will be slightly greater than the projected expenses, but there will be no contingency fund to carry over for 1982.

A Fund Raising proposal was adopted, as reported elsewhere in the Newsletter. It was agreed that part of the \$1,000 earmarked for fund raising from the Clonick Estate be used to employ Rex Contoman to help with the 1981 Fund Raising Drive.

#### Education Committee

Motion was passed to establish the following general procedures for certification of members of a special interest section: That each special interest section establish its own guidelines and requirements for certification; that these requirements and guidelines be submitted to the Education Committee for review and recommendation to the D.A. of NASAP. The D.A. will then take action upon the recommendation; approval of certification procedures will require acceptance by two-thirds of the quorum present.

The Adlerian Research Bureau will be ready for use in January, 1981. The D.A. approved a charge of \$10 per search with no charge for storage of material.

#### Convention/Workshop

A change was approved in the profit split for the Semi-Annual meeting: Saturday session--25% for NASAP, 75% for host (formerly 100% host), effective fall of 1982.

1982 Annual Convention--Accepted invitation of Family Education Center of Petaluma, CA to host the 1982 convention, June 10-14, 1982, at the El Rancho Tropicana, Santa Rosa, CA.

#### 1982 Semi-Annual Meeting--Open

1983 Annual Convention--Accepted the invitation of the Boulder, CO group to host the 1983 convention.

#### Public Relations

It was agreed to grant a one-year membership in NASAP annually to four people in North America

whose beliefs and principles are compatible with Adlerian Psychology.

The D.A. authorized the purchase of 50 copies of the reel-to-reel master tape of radio spot announcements plus ten cassette copies; to be offered for sale through the Newsletter at a cost of \$7 per tape. The maximum amount to be spent will be the \$400 still remaining in the Clonick Estate fund for the spot announcements.

The Executive Secretary was authorized to pursue the possibility of securing a public relations consultant from the Executive Services Corps in Chicago, if available on a volunteer basis.

#### Development

The committee recommended that leadership development activities be included in each annual and semi-annual meeting.

The committee further recommended that an evaluation plan for workshops be established to develop quality offerings.

#### Publications

Change-over of name of journals will take place in 1982 instead of 1981.

It was agreed that fliers or other printed matter on events not sponsored by NASAP should not be included in Newsletter mailings.

#### IAIP Filming Project

The D.A. endorsed the IAIP Filming Project and will help arrange for filming of Adlerians at the Cleveland convention.

Copies of reports and minutes are available from the central office upon request. Write to NASAP at 159 N. Dearborn, Chicago, 60601.

#### NEWSNOTES

#### Region I -- Far West

#### NEW MEXICO

Sante Fe-Our lonely NASAP member in Santa Fe, Jody Adams, reports that she distributed NASAP brochures and applications at her presentation on parenting to statewide participants in Project CAN-DO. CAN refers to Child Abuse/Neglect, and the goal of all these special social workers is to protect children in the home setting through caring, use of community resources, counseling, and parent education, rather than foster care placement. Early statistics look positive. She is a CAN-DO worker.

Her second workshop is underway for parents of young children. The group is a mixture of state employees and clients categorized under Child Protective Services. In January she will begin a lunch hour program in one of the city's largest state office buildings, on request.

Ms. Adams would be happy to hear from other Adlerians in the vicinity of Sante Fee--contact her at 825 Calle Mejia #1237, Santa Fe, 87501.

#### Region II -- Midwest

#### ILLINOIS

Chicago--AAI of Chicago: The Winter 1981 Newsletter announces that the Institute qualified for the Challenge Grant of the Continental Bank Foundation by raising considerably more than the matching amount required from other foundations and corporations. Among the donors were the Robert R. McCormick Foundation, the Chicago Community Trust, the Esmark, Inc. Foundation, and the John Hancock Mutual Life Insurance Co.

In its presentation to foundations and corporations, the Institute noted the need for \$105,000 in "new money" for the planning and implementation of the doctoral program, long overdue staff expansion, etc. The funds raised are a very positive step in this direction. The Institute continues to depend on your leads, your contacts, your generosity to develop and to expand its services.

In addition to a full schedule of courses during the Winter Quarter, two special workshops will be presented: "Intensive Life Style Assessment" with Richard R. Kopp of the California School of Professional Psychology, and "Did I Write What I Wanted to Say?" with Carolus and Roberta Smedja. Please contact the Institute for details.

At the end of December, the Institute's 1981-83 catalogue will be off the press.

The Task Force for the Doctoral Program has outlined a proposed curriculum, eligibility requirements, projections on finances, space, staff, etc. After the proposed program has been reviewed and refined by the Curriculum Committee and faculty, details will be available.

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#### International

IAIP--ICASSI is the latest Adlerian organization to join the International Association of Individual Psychology. In addition to the multi-national ICASSI, 18 other affiliates representing 12 countries make up the International organization.

IAIP provides a valuable service by creating a western-world camaraderie among Adlerian groups. Europe, unlike North America, has one Adlerian organization in a country, leaving a feeling of isolation, further complicated by language barriers.

IAIP is a dues paying member of the World Health Organization, sponsors an International Newsletter, assists in book publications by member groups, and is establishing a film archive of important Adlerians. Each three years it hosts an International Congress, bringing several hundred Adlerians together to share scientific papers, demonstrations, and for renewing friendships.

#### -- Maurice Bullard

#### HOLLAND

Amsterdam -- Tee Dreikurs has added two workshops in Amsterdam in March following her Israel tour. ###

Non-Profit Org.
U.S. POSTACE
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Chicago, IL
Permit No. 822

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#### ICASSI

The Fourteenth Rudolf Dreikurs Summer Institute will be held at St. Michael's College, Winooski, Vermont, August 2-16, 1981. Housing will be in college dormitories. College-university graduate credits may be earned.

Tuition: \$250 adults; \$125 children and youth. Room with full board: \$275 adults, \$200 children and youth; \$150 children 7 years and under.

A \$100 deposit will reserve space for you and will count toward payment of tuition, board and room. Space for North Americans will be limited, and you are advised to reserve space early.

Contact: Hal McAbee, ICASSI Administrator

2421 Kelford Lane Bowie, MD 20715 301/464-2359

#### Each one, reach one more--

If you are a Psychologist or a Psychiatrist and believe one of your peers sees human behavior in a manner reasonably compatible with your own beliefs, write him or her a letter or make a personal contact suggesting NASAP membership.

If you are a Counselot, whether it be school, marriage, family, vocational, rehabilitation alcoholic or other, one of your peer counseled belongs in NASAP. Sign him or her up.

#### Position Wanted

Position Wanted: Psychotherapist in an agency treating a general population; has the potential for taking on administrative responsibilities; Chicago area.

Experience: 10 years as psychotherapist at the Alfred Adler Mental Hygiene Clinic, New York, New York and in private practice. Extensive group and individual work including marriage counseling.

Qualifications: M.S., Columbia University;
Certificate of Individual Psychotherapy, AAI,
New York, NY; Certificate in Group Psychotherapy, AAI, New York, NY; Certified by the
National Association for the Accreditation
of Psychoanalysis.

Contact: Leslie Ann Ellenbogen

809 11th St.

Wilmette, IL 60091 (312/256-7614)

If you are a Student, there is so much to learn and you and I both know where the learning is greatest—within NASAP. Get one or more of your fellow students to come join the fun and the learning and the understanding and the becoming.

If you are a Study Group Leader, look around and you'll find one or more persons who are delighted with what you have taught but want to know more and want to become part of what you are. Sign 'em up!

(quotes from Barney Lane)