

NEWSLETTER

North American Society of Adlerian Psychology

Neva L. Hefner
Editor

159 North Dearborn Street
Chicago, Illinois 60601

January 1981

PRESIDENT'S MESSAGE

Dear fellow members:

Once again the time has come for the membership of NASAP to select their representatives to the Delegate Assembly. I would like to urge us all to submit nominations. Any person receiving five or more nominations will be put on the ballot for the region in which he/she resides. The election process is as meaningful as we make it.

Our thanks to all of you for your cooperation in renewing memberships so promptly. The prompt response has relieved NASAP's cash flow problem. For those who have not yet sent in your dues for 1981, please do so as soon as possible. Your contributions are tax deductible if you itemize deductions.

In response to the comments of *Diane Archer* in December's "Letters to the Editor", I agree that The Society needs to address itself to the needs of teachers and parents. Our Society is a delicate balance of many professions, including parents. My feeling is that we need to develop a section for parents and educators (Family Educators) to address the needs of that particular group. *Frank Main* has submitted ten

names of people willing to start an interest section specializing in Marriage and Family Therapy. I hope there is similar interest in forming a section for parents and teachers. Those who are parents and teachers would know best what NASAP and they need to do to further their growth.

There is a great deal of discussion in the media and medical circles about the need for preventive programs. I know no other school of psychology that has addressed itself to preventive mental health issues as has the psychology of Alfred Adler.

In an attempt to promote recognition of these ideas, letters of introduction and the book MAINTAINING SANITY IN THE CLASSROOM by *Rudolph Dreikurs* have been sent to the Administrator of the National Center on Child Abuse and Neglect and a psychiatrist with the National Institute of Education for Children in Washington, D.C. at the suggestion of *Ann Parks*. Other suggestions for action are certainly sought and welcomed.

Warmest regards,

Ronald J. Panzner, M.D.
President

CONFERENCES/MEETINGS

- | | | | |
|------------|---|-----------|---|
| Feb. 19-22 | Region III Annual Conference, Orlando, FL - Contact: <i>Michael Mastroianni</i> , NASAP 3 Conference, 1416 Wilmar Ave., Merritt Island, FL 32952. | May 22-26 | NASAP Annual Convention, Cleveland Marriott Airport Hotel. Contact: <i>Kathryn K. Higgin</i> , Co-Coordinator, 14805 Detroit Ave., Suite 203, Lakewood, OH 44107. |
| Apr. 10-12 | Region V Conference, Montreal Quebec. Contact: <i>Liliane F. Bensing</i> , 4939 Grosvenor Ave., Montreal, Quebec, Canada H3W 2M2. | Aug. 2-16 | ICASSI 14th Rudolf Dreikurs Summer Institute, St. Michaels College, Winooski, VT. Contact: <i>Hal McAbee</i> , ICASSI Administrator, 2421 Kelford Lane, Bowie, MD 20715. |
| Apr. 12-15 | APGA Convention, Cervantes Convention Center, St. Louis, MO. Contact: APGA, Two Skyline Place, Suite 400, 5203 Leesburg Pike, Falls Church, VA 22041. | Nov. 6-8 | NASAP Semi-Annual Meeting, Chateau Laurier Hotel, Ottawa, Ontario. Contact: <i>Marion Balla & Bob Brasington</i> , Adlerian Center for Counseling & Education, 1355 Bank St., Suite 201, Ottawa, Ontario, Canada K1H 8K7. |

CALENDAR OF EVENTS

- Jan. 6 Leo Gold will lead a workshop on Dreams for Southern California Coordinating Council for Individual Psychology, at the home of Susan & Robert Thau, 222 Chadbourne, Los Angeles. Contact Marilyn Rossi at 213/454-3081.
- Jan. 15 Natural High I, Walter O'Connell, 6 week course at C. G. Jung Educational Center of Houston, 5200 Montrose Blvd., Houston. 713/524-8253.
- Jan. 16, 17 23,24,30 Maintaining Sanity in the Classroom, Linda Albert, Elmira College, Elmira, NY, 3 graduate credit hours. Contact: Elmira College Graduate Office, 607/734-3911.
- Jan. 16, 17 Working with Teachers, Part I, Sally Laufketter/Jack Appelbaum, AAI of St. Louis. Contact: Dixie Gilbert Rogers, 1584 Foxleigh Ct., St. Louis, MO 63131; 314/966-6704.
- Jan. 16, 17 Feb. 6,7 Maintaining Sanity in the Classroom, Part One, Diane E. Archer, Jeffco Staff Academy, 1209 Quail St., Lakewood, CO 80215; 303/231-2391.
- Jan. 21, 28 Feb. 4, 11, 13, 14 Maintaining Sanity in the Classroom, Part Two, Diane E. Archer, Same as above.
- Jan. 24, 25 Feb. 21,22 Marriage Counselling, Miriam Pew, Robert L. Powers, Jane Griffith, Vancouver Community College, Langara Campus, 100 W. 49th Ave., Vancouver, Library, 5th floor. Contact: BCAAP, #210 - 2525 Manitoba St., Vancouver, B.C. V5Y 3A7.
- Jan. 25 Intro. to Individual Psychology I, Part I, Heinz Ansbacher, AAI of Cleveland; Part II, Feb. 22, Mike Hartings; Part III, March 22, Robin Gushurst. Contact: Mary Caldwell, AAI Cleveland, 14805 Detroit Ave., Suite 203, Lakewood, OH 44107. 216/228-7780.
- Jan. 30, 31 Feb. 20,21 The Encouragement Process: Encouragement = Motivation, Diane E. Archer, Jeffco Staff Academy, 1209 Quail St., Lakewood, CO 80215; 303/231-2391.
- Feb. 2- Mar. 30 Creative Applications of Adlerian Psychology: Career Guidance, Henry Stein. Contact him at 7 Cameo Way, San Francisco, CA 94131. 415/285-9158 or 282-1661.
- Feb. 7 Tuning-In on Education, BCAAP, 9 a.m. to 4 p.m., Champlain Heights Community School, 6955 Frontenac St., Vancouver. Contact: BCAAP, 604/874-4614.
- Feb. 13, 14 Working with Teachers, Part II, Cameron Meredith, AAI St. Louis. Contact: Dixie Gilbert Rogers, 314/966-6704.

- Feb. 27, 28 Fundamentals of Adlerian Psychology, Dolores Ray, AAI St. Louis. Contact: Dixie Gilbert Rogers, 314/966-6704.
- Feb. 27, 28 Mar. 13,14 Life Style Diagnosis and Reorientation, Diane E. Archer, Jeffco Staff Academy, 1209 Quail St., Lakewood, CO 80215; 303/231-2391.
- Feb. 28 Introduction to Adlerian Psychology, Henry Stein. Contact him at 415/285-9158 or 282-1661.
- Mar. 6, 7 20,21 Values Clarification and Small Group Process, Diane E. Archer, Jeffco Staff Academy, 1209 Quail St., Lakewood, CO 80215; 303/231-2391.
- Mar. 7, 8 Apr. 4,5 The Individual in Society (Introduction to Individual Psychology), Richard Royal Kopp, James Choake, Champlain Heights Community School, 6955 Frontenac St., Vancouver. Contact: BCAAP, 604/874-4614.
- Mar. 12 Natural High II: Group Therapy & Psychodrama, Walter O'Connell, 6 weeks at C. G. Jung Educational Center of Houston, 713/524-8253.
- Mar. 13, 14 Life Style I, Karen Friedman, AAI St. Louis. Contact: Dixie Gilbert Rogers, 314/966-6704.
- Mar. 14 Workshop on Dreams, Jo-Anne Hahn, 9 a.m. to 4 p.m., Vancouver Community College, 100 W. 49th Ave., Vancouver, Library - 5th floor.
- Mar. 15 Stress Management, Jo-Anne Hahn, 9 a.m. to 4 p.m., same as Mar. 14 above. Contact: BCAAP, 604/874-4614.
- Mar. 21, 22 Apr. 4,5 Human Personality and Development; The Adlerian Approach (course 101), Harold H. Mosak, Stan Shapiro, Monroe Community College, 1000 E. Henrietta Rd., Rochester, NY. Contact: Dreikurs Assn. of Rochester, Jan Catlin, 117 Beverly Heights, Rochester, NY 14616; 716/621-1654.

*Courses
for
BCAAP*

*Courses
AAI & J. P. S.*

BCAAP

BCAAP

Courses

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IMPORTANT DATES TO REMEMBER	
January 12, 1981	Deadline for receipt of nominations for Delegate Assembly.
January 23, 1981	Deadline for items in the Newsletter. (23rd is deadline each month.)
January 31, 1981	Deadline for 1981 dues. If membership is not renewed by that date, you will not be able to vote in the D.A. election and will not receive the Newsletter and journals.

REGISTRATION
(Please Print)

Name: _____
 Address: _____
 City: _____
 State: _____ Zip: _____
 Telephone: _____
 Pos./Job Title: _____
 Institution: _____

REGISTER EARLY AND SAVE \$
 (Early registration must be postmarked by Feb. 13)

_____ Thurs. & Fri.	(Early) \$50	(Late) \$60
_____ Sat. only	\$25	\$30
_____ Sat. & Sun.	\$45	\$55
_____ Sat. Barbeque	\$6.50	\$55
_____ Sun. only	\$30	\$35
_____ Comprehensive Conference Package	\$95 (Early Registration Only)	

Includes: pre-conference and Sunday workshops, Saturday programs, and Saturday night Barbeque.

THURS. & FRI. WORKSHOP CHOICE

SUNDAY WORKSHOP CHOICE

1. _____
 2. _____

(Make Checks Payable To NASAP 3)
CONFERENCE INFORMATION

You may pick up conference registration materials at 8:30 a.m. Saturday. Unless contacted by the conference coordinator, you have received your first choice for workshops.

Please contact the Caravan Resort Inn directly for room reservations.

Send Registration Forms To:
 Mike Mastroianni, Ph.D.
 1416 Wilmar Ave.
 Merritt Island, Florida 32952

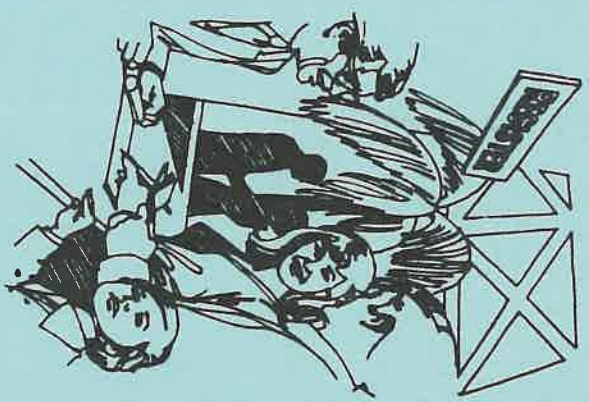
For Further Information Call:
 Home: (305) 452-6145 Office: (305) 784-0284

CONFERENCE SITE

CARAVAN RESORT INN
 (Florida Turnpike and I-4)
 5827 Caravan Court,
 Orlando, Florida 32805
 (305) 351-3800

ROOM RATES:

- Single \$26
- Double \$30



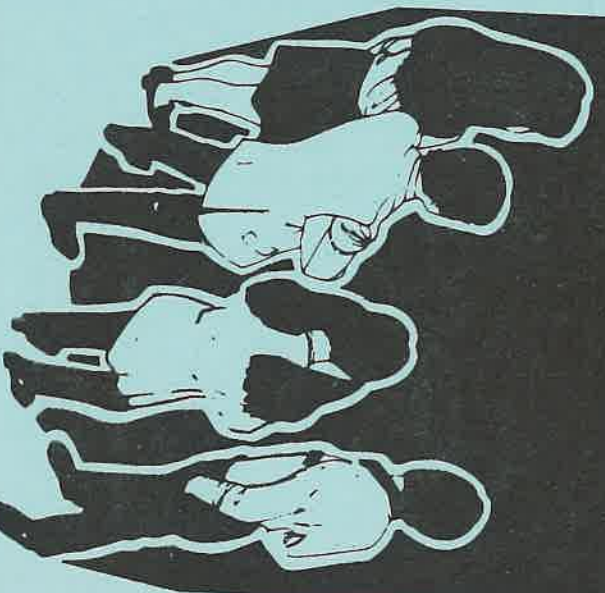
To receive these reasonable rates, please include "NASAP Conference Participant" when writing the Caravan Inn

"ADLERIAN PSYCHOLOGY IS A PRACTICAL PSYCHOLOGY BASED IN A THEORY WHICH ADAPTS EQUALLY WELL TO COUNSELING, EDUCATION, AND THERAPY."

3rd Annual
NASAP
 Region 3 Conference

Orlando, Florida
 FEBRUARY 19-22, 1981

Presentations & Lectures
 for the
 NORTH AMERICAN
 SOCIETY OF
 ADLERIAN PSYCHOLOGY



Thursday Night, February 19, 7-9:30 P.M.
Friday, February 20, 8:30 A.M. - 3:30 P.M.

Teacher Education Leader Training

Don Dinkmeyer, Sr., Ph.D.
 Communication and Motivation Training Institute

This workshop builds skills in using STET (Systematic Training for Effective Teaching) and teacher "C" groups. It provides an understanding of Adlerian psychology, encouragement, logical consequences, and classroom group forces. Participants will receive STET materials, learn how to lead teacher inservice groups, and how to be more competent in working with classroom groups.

Techniques for Use With Teenagers in the Home and School

Frank Walton, Ph.D.
 Psychologist in Private Practice

Participants will improve their ability to use the Adlerian frame of reference for understanding and offering leadership to teenagers in the home and school. Topics include: Techniques that stimulate independence, democratic problem solving, techniques for encouraging teens, dealing with alcohol and drug abuse, and dealing with poor academic achievement.

Parent Education Leader Training

Don Dinkmeyer Jr., M.S.
 Communication and Motivation Training Institute

An intensive training experience in leading parent groups. Participants will receive STEP (Systematic Training for Effective Parenting) materials, supervision, and have an opportunity to understand a comprehensive parent education approach. The materials will be demonstrated and there will be opportunities to lead small groups and get feedback.

SOCIAL ACTIVITIES

Friday evening, 8 p.m.: *Open House* to all workshop and conference participants.
 Saturday evening, 7 p.m.: *Poolside Barbeque*. Chicken and ribs and all the fixings!
 Friday and Saturday, 4 p.m.: *Tennis*. Bring your gear!

Encouragement: Becoming a Positive Person

Don Dinkmeyer, Sr.

Let's Talk About Teens

Frank Walton

Coping With Marital Conflict

Lee Baruth
 Charles Huber

Movement Therapy

Susan M. Sorenson

Doing the Unexpected in Counseling Adolescents

Steve Hirschorn
 Bradley Proctor

The Organization as the Patient

Douglas D. Blocksma

Brainstorming Adlerian Psychology

Bob Saba

Understanding Ourselves and Others

Milton and Edith Dewey

The Changing Family Constellation in Single-Parent Families

Bob Brassington

Let's Talk About Tots

Kathy Walton

Systematic Training for Effective Teaching

Don Dinkmeyer, Jr.

Use of Children's Songs in Elementary School

Counseling: An Adlerian Approach

Wayne S. Frieden

"Spitting in Your Soup." The Use of Paradoxes in Therapy

Roy M. Kern

Adlerian Psychology and Biofeedback

James Dinkmeyer

Adlerian Marital Therapy

F. Donald Kelly, Ph.D.
 Florida State University

This workshop will discuss: Adlerian Theory as a systems approach; Diagnosis of marital problems through life-style assessment; Interviewing procedures; Roleplaying; and special strategies and techniques.

Adlerian Principles in the Classroom

Daniel Eckstein, Ph.D.
 U.S. International University

An opportunity to understand the application of Adlerian principles in the classroom. Encouragement, natural and logical consequences, group dynamics, and discipline will be presented.

Adlerian Counseling and Psychotherapy

Don Dinkmeyer Sr., Ph.D.
 Communication and Motivation Training Institute

This workshop provides an overview of the Adlerian counseling theory and process. Specific techniques in diagnosing Life Style, utilizing family constellation, and early recollections and techniques for producing attitudinal and behavioral change will be discussed and demonstrated.

Life Style and Its Effect on Your Health

Roy M. Kern, Ed.S.
 Georgia State University

This workshop will provide participants with a brief glimpse at their lifestyle as well as the levels of stress which they experience as a result of their particular style of life. This workshop will include administration of lifestyle and stress related inventories, and skill building activities.

PLANNING FOR THE 1980'S HAS BEGUN

"To live means to develop. Given the goal, the training will follow."
(Alfred Adler)

The Delegate Assembly meeting in November in Boise, Idaho saw the beginning of a serious attempt to chart a constructive and energetic course for NASAP as we enter the 1980's. The Ad Hoc "Committee to Plan for the 80's" was established at the annual meeting in June "to study the present status and membership of the Society, to evaluate the needs of its members and to help chart some kind of future course for the 80's to serve as a guideline to the DA in formulating future policies". It has begun its work. A two-hour brainstorming and sharing session with the Delegate Assembly has produced a wide range of concerns for the future of NASAP. Various members have shared additional concerns and made suggestions for changes in program and structure. Now we need your help!

With real spirit of cooperation and social interest, DA members from various regions shared concerns which were prioritized by the entire group. The six major areas of concern (ranked in order of priority) were:

1. Are the goals of NASAP clearly understood by all members? Are we a professional, religious, political, social, educational, research and/or lay organization? Are our energies focused toward these goals?
2. How can NASAP and Adlerian Psychology have an impact on psychiatric/psychological circles?
3. How can we survive financially?
4. Does NASAP have a plan to provide educational/training programs?
5. How can we continually involve the early leaders and founders of NASAP?
6. How can we be open to new ideas and integrate them with Adlerian principles?
7. Building on our strengths, how can we liberate our potential?
8. What can we do to appeal to professionals?
9. Are "sections" a good idea?
10. What is the role of an Adlerian "professional" in NASAP?

ADDITIONS to December NEWSLETTER

ICASSI Scholarships, p. 5

Inquiries about scholarships in the U.S. should be addressed to:

Miriam L. Pew, MSW
1725 Emerson Ave. South
Minneapolis, MN 55403

In Canada, address: Edna M. Nash, M.Ed.
#302 2020 Bellevue Ave.
West Vancouver, BC
Canada V5Z 2L5

11. Does NASAP's structure adequately fit the organization?

12. Do we already have our goals defined but lack a commitment to them?

13. How can NASAP conferences reach out to potential members?

14. Does the annual convention truly reflect NASAP?

15. Can NASAP survive if lay people run the organization? Can NASAP survive without professionals?

16. How can we build a network that communicates successes?

17. Should we be a professional organization?

18. Are there enough lay people on the Delegate Assembly?

19. Can NASAP survive in North America?

What do you think? How do these concerns strike you? Are some of them relevant? Do you share some of them? Share them with us. Don't keep them to yourself or make a secret of your ideas.

Write down your response to this list of concerns and add any of your own and send them to me, John Symynkywicz, 126 West School Street, Woonsocket, RI 02895, or call me at 401/766-3916. We are looking for the quality ideas and concerns that only you can give us. Together we can chart a bright future for the spread of Adlerian ideas across North America.

"Individual Psychology, which is essentially a child of this age, will have a permanent influence on the thought, the poetry, and the dreams of humanity... It will draw a dividing line between those who use their knowledge for the purpose of establishing a more ideal community and those who will not; and it will give its followers such keenness of vision that no corner of the human soul will be hidden from them, and it will ensure that this hard-earned knowledge shall be placed in the service of human progress."
(Alfred Adler, 1913)

--Ad Hoc Committee for the 1980's

Liliane Bensinger
James Bitter
Gloria Lane
Ron Pancner
Kathy Walton
John Symynkywicz, Chair

Alcoholism Course Available, p. 5

We inadvertently left out Helen Cooley's address. Anyone who would like further information about the alcoholism course taught by Ms. Cooley, contact her at:

2400 W. 95th St.
Evergreen Park, IL 60642
Phone 312/582-9056.

Ed. Note: We are sorry about the omissions and any inconvenience they may have caused.

OF GENERAL INTEREST

Alfred Adler Memorial Workshop Series

New York

"After paying our bills for the Alfred Adler Memorial Workshop and reconciling our account, much to my surprise we made a net profit of \$700. Considering our competition [other medical meetings in New York on same day] and the fact that we had only 62 people present, it was a bonanza -- thanks to Bernie Shulman's contribution of his expertise and time.

"At our committee meeting on Saturday, we voted to turn the whole amount over to NASAP without deducting the 30%. Although we did not hit the \$1,000 goal, I still hope that we will be pace-setters for the rest of NASAP.

"Those people who attended were very pleased with the high level of the program, an encouraging word for our clinicians. I hope you will note this in the Newsletter."

-- Sylvia Robbins

St. Louis

The Midwest Society of Individual Psychology sponsored a one-day workshop presented by Walter E. "Buzz" O'Connell at St. Louis Community College, Florissant Valley Campus on Nov. 15, 1980, from 9:00 a.m. to 4:00 p.m. The theme of the workshop was Creative Techniques for Expanding Self-Esteem: Natural High Therapy. The 85 participants engaged in group activities examining constrictions of self-esteem, reaching group consensus, identifying human commonalities, and dealing with the goals of misbehavior when displayed in encouragement groups. A Region II NASAP meeting was held at 4:00 p.m. at which Dr. Eva Dreikurs Ferguson, representing the Region II delegates, reported on recent NASAP activities and future plans. Many non-NASAP members were introduced to the organization through this meeting. Attending from outside Metropolitan St. Louis were Dr. Ron Jacques of Maryville, MO, Jane Stavoe of Chicago, IL, Bill and Kathy Kvols-Riedler of Boulder, CO, and Maria Sadilek of San Diego, CA. The workshop provided an opportunity to introduce Buzz O'Connell and Natural High Therapy to St. Louis Adlerians and to numerous non-Adlerian professionals working with diverse populations.

-- Jean Alessi

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29th Annual NASAP Convention
May 22-26, 1981

Marriott Airport Hotel
Cleveland, Ohio

"T.L.C., Total Life Concerns"

Confirmed workshop presenters:

- Richard Kopp--Life Style
- James Deutch--Advanced Hypnosis
- Bob Powers, Jane Griffith--Psycho-Clarity;
the Way to Good Relationships
- Tee Dreikurs--Art Therapy
- Mim Pew--Psychodrama, Experiential
Approach
- James Bitter--Helping Adolescents

Registration and additional information will be



forthcoming soon. In the meantime, if you wish to make hotel reservations, you may call their toll free number, 800/228-9200, and inform them you are with NASAP. Their special rate for the convention -- \$30 per room; same charge if one, two, or more are in room!

MARK THE DATE, MAKE YOUR TRAVEL PLANS NOW!
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1980 Convention Tapes

Word has been received in the central office that several members have had some difficulty obtaining tapes ordered from the group that recorded sessions at our convention in Amherst in June.

We would like to have the names of anyone who may have been improperly serviced by the Audio Visual Rental Center. Please send the information to NASAP, 159 N. Dearborn, Chicago, IL 60601.

Parent Educators' Newsletter



PRACTICAL PARENTING PUBLICATIONS

Parent Educators' Exchange is a new national newsletter that provides a forum for social workers, psychologists and family counselors to swap ideas and experiences relating to parent training programs and individual counseling methods that have proved effective. For free sample of first issue, write:

Practical Parenting Publications
Box 1635
Columbia, MO 65205

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Adlerian Publications



There are some interesting new Adlerian pamphlets from CMTI Press, Box 8268, Coral Springs, FL 33065, at \$1.00 each or quantity prices. They are:

"The Basics of Discipline" by Jon Carlson, Editor of *The Individual Psychologist*.

"The Basics of Parenting" by Don Dinkmeyer, Jr. and Jim Dinkmeyer.

Another popular book by Edith Dewey is:

Basic Applications of Adlerian Psychology
at \$3.75.

The STEP Parenting Program has been translated into Spanish by Clara Barranco and her staff from Caracas, Venezuela. The program will be available in Spanish soon.

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Correction to December NEWSLETTER

In Tribute--Marguerite Beecher, p.4
Line 15, "court" should be "covert" so the sentence reads, "Over the years we kept in touch through our common concerns about institutionalized insanities and covert hostilities..."



INSTITUTE FOR HUMAN RESPONSIVENESS, INC.

Janette & Paschal Baute publish forms, articles and checklists for use in counseling, communications and management training, and self-help. These are sold for 60¢ each with permission to copy. Their "Equalog Contract" for renegotiating marriage between equals is \$3.00. Send self-addressed and stamped envelope for 1981

1981 Fund Raising Drive

Institute for Human Responsiveness, Inc. 6200 Winchester Road Lexington, KY 40511 # # #

1981 Fund Raising Drive

Last month Ron Pancner, President, and Sylvia Robbins, Chairperson of the 1981 Fund Raising Drive, told of the great experience in Boise when the Fund Raising Drive was launched. Nineteen of the D.A. members present pledged \$5,600 to help eliminate our deficit and forge ahead in the 80's. Additional gifts have come in since that meeting.

A mailing will be sent soon to invite all members to participate in this new venture. In the meantime, we want to share the good news with you. The following have contributed or pledged a total of \$6,705.00. Individual amounts have been \$800, \$500, \$250, \$200, \$150, \$100, \$50.

- Carol Arnold
Dorothy Bickling
Maurice Bullard
Dorothy Cruickshank
Edith Dewey
Don C. Dinkmeyer
Eva D. Ferguson
Bronia Grunwald
Claire Hawes
Don Higgle
Maxine Ijams
Roy Kern
Dave MacDougall

- Frank Main
Martha Malterre
Hal McAbee
Gary McKay
Edna Nash
John Nielf
Genevieve Painter
Ron Pancner
Miriam Pew
Sylvia Robbins
John Symynkiwicz
Kathy & Frank Walton

Our thanks for these most generous expressions of interest in and support for NASAP. # # #

Pre-APGA Workshop

Don Dinkmeyer, Sr. and Jr. will present a workshop on April 11, 1981, just prior to the APGA meeting. It is entitled, Adlerian Counseling and Psychotherapy, and will deal with theory and practical process, going into detail about Adlerian counseling techniques and Life Style. It is being sponsored by the AAI of St. Louis, CMTI, and Florissant Community College, Missouri. The contact person at Florissant Community College is Don Tanner. People may write for details from: Mrs. Dixie Rogers 1584 Foxleigh Court St. Louis, MO 63131 # # #



THE ADLERIAN CENTER FOR COUNSELLING AND EDUCATION

Date: November 6-8, 1981

Place: Chateau Laurier Hotel, Ottawa, Ontario

Theme: The Family in Focus

Host: The Adlerian Center for Counselling and Education, Ottawa

Oscar Christensen will be the theme speaker on Saturday morning, November 7, and will conduct a Friday workshop as well.

Additional information later--in the meantime, please reserve these dates: November 6-8. # # #

School Codes

Paschal Baute, NASAP member, chaired a Task Force on Responsibility that, besides other things, rewrote the Fayette County (KY) Public Schools Code of Conduct, with themes of consequences and responsibility.

Rights and responsibilities are detailed for students, parents, teachers, and principals/administrators. Copies of the Code may be obtained from: Superintendent, 701 E. Main St., Lexington, KY 40502. (Send \$2 for postage and handling.)

Copies of Rights and Responsibilities for elementary children may be obtained by sending a stamped, self-addressed envelope to: Dr. Paschal Baute, 6200 Winchester Road, Lexington, KY 40511. The Code represents 2 1/2 years work of a task force of 20 persons who reviewed codes from all over the country. # # #

Foreign Tour Cancelled

Word has been received that Tee Dreikurs has regrettably found it necessary to cancel her trip to Holland, Germany, Switzerland, Greece, and Israel this spring. (Announcement of these travels was made in the last two issues of the Newsletter.) # # #

Psychiatry Letter

The November, 1980 issue of American Journal of Psychiatry published a "Letter to the Editor" from Heinz L. Ansbacher. We thought it might be of interest to NASAP members, and it is reprinted below--

SIR: "To Love and to Work," the theme of the 1980 annual meeting, is generally attributed to Freud, but cannot be found in his writings.

Rather, it was introduced by Erik Erikson (1) in 1950 as Freud's curt reply to the question, "What should a normal person be able to do well?"

Erikson used the anecdote to counteract the frequent understanding that for Freud the highest human value was "to have good orgasm, with a fitting 'object,'" and that regularly (1). Freud had left himself open to such an understanding through his sexual reductionism, as in the following: "Primitive man...made his work agreeable...by treating it as the equivalent of and substitute for sexual activities (2). Freud influenced psychoanalytic authors such as Feldman to contend that "manual labor...contains elements of anal sadism and masturbation," while intellectual labor contains more "elements of oral masochism and female identification" (3). If Freud said that ultimately "to love and to work" are the essentials of life, he left this casual remark theoretically quite suspended.

In contrast, Adler regarded love and work, together with communal life, as the three major problems of human existence, or life tasks. Mental health depends on the successful solution of these life tasks through social interest expressed in cooperation. "Their solution decides the destiny and the welfare of humanity" (4). From the 1920's on, Adler stressed this conception of the three life tasks, in slightly varying nomenclature, as being central to his theory.

"To love and to work" has in recent years been cited innumerable times as the quintessence of Freud's wisdom, even becoming the theme of an APA annual meeting. This phenomenon indicates the general trend in psychoanalysis and psychiatry toward humanistic value theory. This welcome development is in fact a movement toward the position Adler had taken as early as 1911. Other Adlerian concepts such as goal striving, the quest for self-esteem, the dialectics of intense ambition and inferiority feelings, and resistance in therapy as an attempt to humiliate the therapist, have increasingly found their way into psychoanalytic writing, while the validity of much of Freud's metapsychology has been questioned. However, this movement toward Adler's position has so far remained largely unrecognized. The proper recognition of Adler would have the practical value of making the training of all mental health professionals more efficient.

References--

1. Erikson EH: *Childhood and Society*, New York: WW Norton & Co. 1950, p. 229
2. Freud S: *A General Introduction to Psychoanalysis* (1920). Garden City, NY, Garden City Publishing Co. 1943. p. 149
3. Feldman H: The illusions of work. *Psychoanal Rev* 42:262-270, 1955
4. Adler A: *Social Interest: A Challenge to Mankind* (1933). New York, Putnam Capricorn Books, 1964. p. 14

--Heinz Ansbacher

Attention NASAP Member: You've been carrying this Society by yourself long enough! Spread the wealth! Let others help through their membership. Sign up a friend today!

NEWSNOTES

Region I--Far West

CALIFORNIA

Berkeley--The Western Institute for Research and Training in Humanics, Inc. has been granted approval by the State of California under the Private Postsecondary Education Act of 1977. The intent of this legislation is, "to encourage privately supported education and protect the integrity of degrees and diplomas conferred by privately supported as well as publicly supported educational institutions...The contribution of privately supported educational institutions to the preservation of our liberties is essential. These objectives can best be achieved by protecting the integrity of degrees and diplomas issued by such institutions."

WIRTH's course of study and certificates are recognized by the State as meeting their standards of quality. Their new catalogue is available upon request: WIRTH, 226 Stanford Ave., Berkeley, CA 94708.

Los Angeles--There is now a school for parents sponsored by the Alfred Adler Institute of Los Angeles. It will begin January 17, 1981, from 1:00 to 4:30 p.m., at the Wildwood School, 3111 Olympic in Santa Monica. Activities include introduction to parenting skills, family demonstration, questions and answers. Call: 213/454-3081.

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Region II--Midwest

ILLINOIS

Chicago--AAI of Chicago: Bob Powers, member of the Board and faculty of AAI, volunteered his services as a contact person to seek greater financial support for NASAP from the AAI faculty.

Early in 1981, the Institute will begin to coordinate and direct some of the family education activities formerly operated by the Rudolph Dreikurs Unit of the Family Education Association.

Alexandra Adler's lecture and seminar in early December were very well received. It was a delight to have her with us.

Plans are underway for the establishment of the AAI Alumni Association.

INDIANA

Valparaiso--Marcella S. Anderson, Assistant Professor of Education at Valparaiso University, is becoming known in the area as a teacher, speaker and family counselor. She is a graduate of the AAI of Chicago and Temple University, where her major field of study was in psychology of reading. She is particularly interested in the area of reading disabilities and how youngsters use the reading disability in pursuit of meaningless goals. Dr. Anderson has developed two graduate courses that describe the disabled readers' characteristics

from an Adlerian point of view. In these two courses an important feature is the actual counseling of a disabled reader and his or her family.

For more information and/or sharing ideas, contact: Marcella S. Anderson, Ed.D., Education Department, Valparaiso University, Valparaiso, IN 46383.

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Region III--South

GEORGIA

Atlanta--Don Highlander, NASAP member and counselor at Northside Counseling Center in Atlanta, has opened a Family Life Relationships Institute. Services include: supervision in marriage and family therapy (AAMFT approved, Adlerian based); family life education seminars; parenting group training workshops for leaders and therapists; personal growth groups and two Adlerian conferences with visiting guest lecturers. New groups begin in March, June and September, 1981.

For further information, contact: Don H. Highlander, Ed.S., Family Life Relationship Institute, 504 Fond du Lac Drive, Stone Mountain, GA 30088; 404/469-6060.

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Region IV--Middle Atlantic

MARYLAND

Takoma Park--Rob Guttenberg of the Takoma Park F.E.C. shared some "bright notes" in public relations which we pass on to you.

"On October 1 the *Washington Post* newspaper printed a half-page article on the Family Council which included an interview with myself and two of the families of the Takoma Park Family Education Center. They used a photo showing one of the families holding their family meeting and included a separate box giving references to literature that I had suggested.

"On a follow-up to this, I received a phone call from the features producer at the 700 Club, a television show broadcast over the Christian Broadcasting Network, about their desire to film a 4-5 minute segment on the Family Council. The 700 Club is broadcast all over the U.S. and is sent via satellite to South America and parts of Asia.

"The filming took place last week, [early December] and I was rather impressed with their handling of the story. The film will be entitled 'No More Civil Wars' and will begin with a plate being smashed into pieces. This same plate is glued together at the end with reference to the Family Council as mending broken relationships in families. In the film is included an interview with me discussing the social changes as related to parenting and social equality, interviews with parents and children about the Family Council and a short segment from a family council meeting held by one of the families (it was the 7 year-old's turn to lead the night they filmed)."

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Region V--Northeast

NEW YORK

Flushing--Robert Sherman will be running two workshops at Queens College this spring under the sponsorship of the Center for Social Growth. The first will be March 7 on "Single Again: Counseling Strategies and Tactics for the Divorced, Widowed, or Separated Client." The second will be May 2 and is on "Couple Counseling: Strategies and Tactics."

The Center for Social Growth is dedicated to promoting the Adlerian ideal of increasing social interest and improving interpersonal relationships. For information, call 212/428-9304 or 516/489-6561.

Garden City--Rena Taub, Dean at the AAI of New York, recently had an exhibition of her figurative paintings and drawings in various media at the Ethical Humanist Society in Garden City. Her philosophy is reflected in her practice and teaching of psychotherapy based on the socially oriented psychology of Alfred Adler, and in her approach to her art work. Her themes include childhood dreams, play and fantasies, the moods of adolescence, musicians at work and play, and character studies.

Rochester--Two members of the Dreikurs Association of Rochester appeared on the Matt Rinaldi A.M. Rochester Show in November. This appearance was a follow-up to the Phil Donahue show on which Lynn Lott and a family from the FEC of Santa Rosa were guests. Other members of the Dreikurs Association were in the audience and one answered questions from the viewing audience via telephone.

It was encouraging to hear that Matt Rinaldi contacted the Dreikurs Association spontaneously upon learning of Donahue's topic of the day! This is an indication of how well known this group is becoming in the community.

Individual Psychologist

The March-June, 1980 issue of the *Individual Psychologist* has been mailed and, hopefully, all eligible members have received their copy.

The September-December, 1980 issue will be mailed by mid January. We regret any inconvenience the delayed publication may have had.

WIRTH Euro-Summer Program

Seminars:	May 8-10	Stolberg
	May 29-31	Duisburg
	June 26-28	Cologne
	May 12-21	Cologne
	Aug. 3-12	IPASS XIV in Argeles
Supervision Group:		
	May 7, 14, 21, 28	Cologne
	June 11, 13, 17, 25	Cologne
Berkeley Groups:		
	May 13, 16, 19, 20	Cologne
Univ. Lecture:	June 2	Muenster
	June 4	Cologne
Workshop	June 14	AAI - Aachen
Lecture & Dem.	June 22	Emden

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HELP NASAP GROW

My favorite Alfred Adler story--"Once a little boy came late to school one day. The teacher asked him why he was late. The boy replied, 'It was so slippery that I took two steps backward for every one I took forward.' The teacher asked, 'Then how did you get here at all?' 'I turned around and went home.'"

Working for NASAP and helping the spread of Individual Psychology can sometimes seem that way too. It's not the easiest set of ideas to promote and get across to people. It takes considerable understanding and skill. Encouraging people to join NASAP is also not always easy. It's risky and one doesn't want to appear pushy. It might not be the appropriate time or place to bring up NASAP membership with friends, colleagues and associates, so caution overtakes us and the opportunity passes by. "Keeping your light under a bushel basket" is how people from the Midwest describe it.

That's no longer necessary. Adlerian ideas are catching on all over Canada and the United States. People from all walks of life are being stimulated by Adlerian ideas. They are seeking out educational and training opportunities and putting Adlerian ideas to work in their private and professional lives. Believe it or not, there are people just waiting for you to further expose them to Adlerian ideas.

Membership in NASAP is a splendid way of encouraging deeper involvement in Individual Psychology. Keep applications handy. Take courage in hand and plug NASAP membership every

chance you get. Take a step forward and help NASAP grow!

--John Symynkywicz
Secretary

DONATIONS

The following members sent in a donation in addition to their dues payment in November and December. Their gifts ranged from \$5 to \$100.

Beck, David	Lane, Barney & Gloria
Bitter, James	Larson, Donald
Brod, Audrey	Lausell, Mary Alice
Bruns, Sr. Clare Marie	Mandel, Morris
Crandall, James	Marks, Evelyn
Dinkmeyer, James	McBrien, Robert
Dittner, Joseph	Meadow, Esther & Arthur
Edwards, William	Metcalfe, Rosie
Garrell, Howard	Palo, Anthony
Gold, Leo	Robbins, Sylvia
Griffin, Susanne	Smejda, Carolus & Roberta
Gushurst, Robin	Starr, Adaline
Hofferbert, Esther	Thomas, Jim Carter
Intner, Riki	Udchic, Hazel
Kay, Regina	Zalatoris, Roman

Another organization responded to Dave Mac Dougall's request for financial support for NASAP -- Oregon Society of Individual Psychology.

Our sincere thanks to all of those who have contributed to the work of the Society over and above their dues payment. We appreciate the continued interest and support.
