



NEWSLETTER

North American Society of Adlerian Psychology

Neva L. Hefner
Editor

159 North Dearborn Street
Chicago, Illinois 60601

June 1981

PRESIDENT'S MESSAGE

Dear fellow members:

The Annual Convention of NASAP is rapidly approaching. Cleveland reports some good news, namely a number of major airlines have cut prices up to 50%. For example, United is offering flights to Cleveland for as low as \$59.00 one way from New York, Newark and Washington. From Philadelphia, \$69.00 one way. Los Angeles, San Francisco, San Diego, Seattle and Phoenix, \$149.00 one way. There is no additional expense to get from the airport to the Marriott since the hotel offers free transportation to and from the airport.

As was previously reported, the Convention is easily accessible by car since there is direct access to major interstate highways. There is free parking at the hotel.

There is one addition to the program that missed the press deadline for the brochure. The featured speaker for the Authors' Recognition Luncheon is *Lewis Losoncy*, Ed.D. His topic is "High Hopes for the 80's Through Adlerian Psychology."

The Convention program is exciting; it offers opportunities for personal growth, professional growth, developing new friendships and contin-

uing friendships made in the past. For most of us in the professions, it is a tax deductible expense which can significantly lower its impact on our pocketbooks.

It should be mentioned that because of delays in delivery of bulk mailings, some NASAP members, particularly those whose addresses are across the continent or beyond, may not have received their Convention brochures. If you have not received yours, please write and it shall be sent first class.

Additional exciting developments include that the Clonick Estate through *Sydney Roth* has invited NASAP to submit proposals for \$10,000, \$25,000, \$50,000 to \$100,000 that have the potential of improving mankind. Your proposals or ideas for projects are solicited by NASAP. The Delegate Assembly at Cleveland will be discussing possible projects. Please write if you cannot personally attend these deliberations.

We are eagerly anticipating the Annual Convention and Workshops in Cleveland and hope that we will be seeing many old friends and anticipating making many new friends.

Warmest Regards

Ronald J. Pancner, M.D.
President

Correction to April Newsletter - The President's Message omitted the name of the third author of the STET Kit, *Don Dinkmeyer, Jr.* Our apologies to Don, Jr.

Cleveland Convention

Marie Sadilek will be presenting a program at the Annual Convention in Cleveland on "Is There Life after Lifestyle?" She asks that interested people bring your hobbies--needle-point, paintings, musical instruments, poetry, unpublished manuscripts--come share with your fellow Adlerians your life after work.

* * * 1981 Fund Raising Drive * * *

Thanks to *Bob Powers* and *Jane Griffith*, a group of Chicago area NASAP members gathered together on April 12 to talk about NASAP's financial needs (see news item on page 5). The enthusiasm engendered by the various presentations resulted in 8 members pledging \$1,550 to the NASAP Fund Raising Drive for 1981. Calls were made to some other members and a second meeting held on May 3. The pledges then reached the \$2,000 mark from 19 donors. What a great example!

This brings the total to date to: 47 people, \$10,550. Thank you one and all!

* * * * *

CALENDAR OF EVENTS

- June 4,5
9,10 Consecutive one-day workshops in Savannah, GA and Macon, GA, led by Dan Eckstein on Adlerian Psychology and Personal and Systems' Power. Contact: William Childers, Director of Continuing Education, University of Georgia, Athens, GA 30602
- June 9-19
10-18
29-July 9 11th Adlerian Summer Workshops, Columbia, SC. Contact: Francis X. Walton, 660 Townes Road, Columbia, SC 29210; 803/798-0300.
- June 12-29
Aug. 17-
Sept. 2 AAI of Chicago Summer Sessions. Contact: AAI of Chicago, 159 N. Dearborn, Chicago, IL 60601; 312/346-3458.
- June 21 STET leader training workshop led by Don Dinkmeyer, Jr., at the National Elementary School Guidance Conference, Denton, TX. Contact: Bobbie Wilborn, College of Education, North Texas State University, Denton, TX 76203.
- June 22 Summer classes begin, Bowie State College, Graduate School. Contact: Harold V. McAbee, Ed.D., The Graduate School, Bowie State College, Bowie, MD 20715; 301/464-3208
- June 22-26 Group Counseling by Ray Corsini, in Long Island, New York. Course is sponsored by Bowie State College of Maryland. Contact: Dr. William Sutton, 64 Mineola Avenue, Roslyn Estates, New York, 11576; 516/084-0677.
- June 27,28 Two-day Seminar in Relationships; At Work, At Home, At Play, led by Harvey A. Silver, 9 am-4 pm, 252 Bloor Street West at St. George, Toronto. Contact: AAI of Ontario, M2N 2G5.
- June 29-
July 4 19th Adlerian Workshops, Burlington, VT. Contact: Rowena Ansbacher, 130 East Avenue, Burlington, VT 05401; 802/864-4221.
- Aug. 2-16 14th Rudolf Dreikurs Summer Institute, ICASSI. Contact: Hal McAbee, ICASSI Administrator, 2421 Kelford Lane, Bowie, MD 20715; 301/464-2359.

LETTERS

Montreal, Quebec

The Adlerian Psychology Association of Montreal started in Quebec about ten years ago with one Parent Study Group. We have grown and added a great number of other activities and opportunities for parents and professionals. Amongst our activities in 1980 were Workshops with Bob Powers and Jane Griffith, Heinz Ansbacher and Kurt Adler. The Alfred Adler Institute of Quebec was founded, in cooperation with Jerry Kushner, my husband Frank Bensinger and myself.

The highlight of our growing activities was the Region V Conference on April 10 to 12 this year. Financially the conference just about broke even. We should have liked more NASAP members from Region V outside Montreal attending. Thanks to all those Adlerians who donated their time and effort. Without their willingness to help and their expertise, our enterprise here in Montreal would not have been a success. On each occasion their good humour, willingness to share their knowledge and their social interest prevailed. It was human contribution of the best kind.

We Adlerians are often critical of each other, and not appreciative enough of what we possess. In the process we tend to forget the outstanding human potential we have. The climate of learning, sharing and togetherness is only possible because of the qualities of our people. Usually newcomers in our midst will make this encouraging comment.

I thank all of you with whom I was in contact. I would not have liked to miss this opportunity to talk to you.

--Liliane Bensinger

New York, NY

It was exciting to attend the Region V Conference in Montreal in April and see the development that has taken place in the past five years. There were ninety participants who represented a broad section of the population of Montreal and other areas within the region. The success of the program, which was varied and stimulating, was due to the high quality of the presenters (15) who contributed their skills, and to the energies of Liliane and Frank Bensinger, Jerry Kushner and other members of their committee. Adlerian ideas have left their imprint on the community and will be long remembered by those who attended. As always, warmth and friendliness cemented old relationships and brought new members to NASAP.

--Sylvia Robbins

AD HOC COMMITTEE FOR THE 80's

Letter received by Chairperson John Symonkywicz from Moya Jack

Vancouver, B.C.

In response to your request for members to express their concerns re: the spreading of Adlerian ideas, I am writing this letter.

As a Community Health Nurse in the field of Prevention, I have been concerned for some time that more emphasis has not been placed on training nurses and doctors in the use of Adlerian Psychology in their health teaching.

Most of the emphasis has been placed on training teachers and counsellors who deal mainly with the school age child.

If we want to help parents prevent behavior problems from arising, I feel we need to work with parents of children in the infant and pre-school years.

The Community Health Nurse is in a key position to reach these parents in her post-natal home

visits to every new born, in Child Health Centres, Nursery Schools, Play Schools, Day Care Centres and Kindergartens. Also in her role as the School Nurse, she can visit the home and interpret the family relationships to the teacher as well as counsel the parents.

In Pre-Natal classes for expectant parents there is an opportunity to reach a percentage of the population, and also in Child-Care classes in the High Schools, where the nurse can speak to senior students about child care principles.

The Physician in private practise also has the opportunity to reach parents of infants and pre-school age children.

Unfortunately, neither of these disciplines receive education in Adlerian Psychology and it seems that this is where we need to focus our efforts, to more quickly spread Adlerian ideas in the community.

A few ideas of how this might be accomplished--encourage the teaching of Adlerian principles to:

- 1) CHN's in Schools of Nursing in University, College & Hospital
 - 2) CHN's in Health Departments as In-Service education
 - 3) Doctors in Medical School
 - 4) Groups of doctors in the Community in a Study Group
- - Workshops geared especially to Nurses and doctors
 - - Write articles in Nursing and Medical Journals

In the Health Unit in which I work, I have been leading Parent Study Groups, afternoon and evening, twelve groups a year. Referrals are made by CHN's in their contacts with parents in home visits, Child Health Centres, Pre-Natal classes.

All the CHN's attended a S.T.E.P. Study Group as in-service education last year and believe in the principles, but because of pressure of work, feel they do not have time to lead groups. Plans are underway to remedy this and hopefully more CHN's will become involved. It is very slow going but because I feel it is urgent that CHN's have this training, I believe we must focus on the Schools of Nursing. At University of British Columbia School of Nursing, "STEP" is required reading for third year students, which is a beginning.

It was just by chance I opened my Newsletter today and read "Planning for the 1980's Has Begun" and began to think of the role of the Medical profession in the field of prevention. I am glad as it has helped to clarify some of my ideas.

Best of luck to you and the Ad Hoc Committee for the 1980's.

--Moya Jack

Reminder--Deadline for Newsletter materials is the 23rd of each month. We would like to hear from members regarding news of events to come, reports of special happenings, ideas and thoughts to share with fellow members. Send to NASAP, 159 N. Dearborn, Chicago 60601.

OF GENERAL INTEREST

New Adlerian Books, Pamphlets and Films

Word has been received of a publication of a monograph by NASAP member Thomas Greenspon:

Human Connections: A Religious Liberal's Action Plan for Youth-Adult Relations.
Thomas S. Greenspon, Ph.D. Published by the Unitarian Universalist Association, Boston, MA, 1981. Cost: \$4.50.

Based on Adlerian/Dreikursian principles of Social Interest and purposiveness of behavior, the work considers theoretical and practical aspects of adolescence and youth-adult interactions, and specifies a program to foster a sense of belonging and responsibility within a church congregation, although the principles are also applicable to other voluntary groups where there are both young people and adults.

Available through publisher.

#

Published by the Alfred Adler Institute of Chicago:
Kids Study Groups: Class Meetings to Peer Counseling by Dan Owens and John Platt. 1981. Paper. Approximately 112 pages. Tentative price \$6.00 Available Summer 1981. An Alternative to the merry-go-round approach of discipline used in our schools today.

Distributed by the Alfred Adler Institute of Chicago:
Building Classroom Discipline, from Models to Practice by C.M. Charles. Published by Longman, New York and London. 1981. Paper. 242 pages. \$8.95. Among models covered are Dreikurs, Glasser, Ginott, Canter, neo-Skinner, Kounin, Redl and Wattenberg.

Adlerian Family Counseling, a film with Oscar C. Christensen, Ed.D. By Educational Media Corp., Minnesota. 16 mm, color 35 minutes. \$495.00, plus postage. Rental, \$40.00 per showing. The concept of family counseling as an educational endeavor, first advanced by Rudolf Dreikurs, is the background for the development of open-center family counseling. Dr. Christensen, of the University of Arizona, works with a family before an audience of parents and adults.

Available through the Alfred Adler Institute
159 N. Dearborn
Chicago, IL 60601

Affiliated Organizations

After the May Newsletter went to press, the Family Education Center of Delaware renewed their membership for 1981. Their name should be added to the list of affiliates which appeared in that issue. They have been an affiliated member since 1975.

In addition, a new affiliate application was received from the Adlerian Association for Human Enrichment in Schaumburg, IL, along with a donation of \$100.

Welcome to the new group and our thanks for the interest and support of both groups.

#

Adler-Freud

Sam Goldman wrote a brief summary of Heinz Ansbacher's presentation to the University of Chicago Department of Psychiatry in March, which arrived after the May Newsletter was published. Even though information about the presentation was included in the "Newsnotes" in May, the editor thought Sam's summary might be of interest--

The development of Adler's ideas continued along a humanistic line throughout his lifetime. Dialectical methods applied to the details of the story a man tells of his life in the form of early recollections reveal the principles and policies according to which he lives.

Freud's theoretical development was similarly humanistic until 1900, when he diverged into a mechanistic line, employing positivistic concepts. This development returned to the humanistic line after 1923 when Freud emphasized the importance of the ego. Once again Adler could agree with Freud.

Heinz Ansbacher presented this thesis of the history of basic ideas at a meeting in the Department of Psychiatry, University of Chicago, on March 24. The faculty, residents, and staff received him enthusiastically and respectfully. Among the guests of the Department who commented was Merton Gill.

Professor Gill thought hermeneutical the description of choice for the common line of development followed by Adler and Freud, and that Freud never actually diverged from this line. Professor Ansbacher's question about why Freud wrote his metapsychology in mechanistic terms if he didn't mean it, remained unanswered.

While Ansbacher and Gill did not agree on the nature of the split between Adler and Freud, they seemed to find agreement between basic ideas in their own theoretical positions; Ansbacher calling his Adlerian and Gill calling his Freudian.

#

Membership Update

Renewals have been coming in as well as a number of new applications for 1981 membership. We now have 1,227 members, which compares favorably with 1980. (1250 members May 15, 1980.)

NASAP - Past and Present

In preparing reports for the Annual Convention, some figures came to light that we thought might be of interest.

During the past five years: (1975-80)

- 1) NASAP membership grew from 717 to 1,400.
- 2) Budget grew from \$30,000 to \$65,000.
- 3) Central office grew from space shared with other secretaries in AAI of Chicago office to two rooms leased from AAI.
- 4) Personnel grew from 3-day a week Executive Secretary to a 5-day a week Executive Secretary plus half-time assistant.

Sources of our income to meet \$65,000 budget.

Approximately \$40,000 from membership; remainder must come from other sources; such as,

- 1) Donations - range over past 5 years has been \$600 to \$4,300.
- 2) Convention - \$15,000 in 1976
\$19,000 in 1977
\$ 8,000 in 1978
\$ 9,700 in 1979
\$ 9,804 in 1980
- 3) Semi-Annual meeting - has been around \$1,800 except it was \$4,600 in Alberta.

1981 budget needs total around \$76,500 divided into the following approximate amounts:

- \$24,000 Personnel
- \$25,000 Publications
- \$19,200 Office, supplies, printing, etc.
- \$ 5,500 Meetings
- \$ 1,000 IAIP Dues
- \$ 500 Exhibit booth

#

NEWSNOTES

Region I--Far West

BRITISH COLUMBIA

Vancouver--Naomi Serrano, Senior school counselor of North Vancouver, British Columbia, informs us that the Queen Mary School in that district is changing over to Individual Education. She and Klaus Spikerman, principal, visited the Forest Park School for a week, and were impressed and obtained approval from Dr. Leo Marshall to change over the school to this Adlerian system. Michael Dubrovich, principal, of the Forest Park School in Joliet, Illinois, will be the principal trainer.

CALIFORNIA

San Francisco--Jo-Anne Hahn reports that she passed her state written and oral examination and received her license as Marriage, Family, Child Counselor in the state of California as of March, 1981. She was a speaker at the Eric Berne Seminar at the International Transactional Analysis House in San Francisco in April. She spoke on "Applying A Course in Miracles to Adlerian Therapy."

Region II--Midwest

ILLINOIS

AAI of Chicago--Meetings scheduled during the next few weeks include:

Task Force for out-of-town students, which is proposing modifications in procedures for students who combine local Adlerian training with studies at the Chicago Institute.

Task Force on the Doctoral Program, which is continuing its development and refinement of the proposed doctoral program.

Congratulations to two Institute faculty members who are newly-elected to the Delegate Assembly - *Eva Dreikurs Ferguson* and *Seymour Schneider*.

Many NASAP members will be passing through Chicago during the summer months. The Institute is open Monday through Friday. Plan to stop in.

Chicago--A group of Chicago area Adlerians gathered together on April 12 and May 3. At the first session, *Tee Dreikurs* talked of Dr. Dreikurs' early organizational work and the group determined that they would organize a regular association of Adlerians in the Chicago area for the purposes of mutual support and encouragement, the exchange of ideas and the sponsorship of programs.

Bob Powers, *Neva L. Hejner* and *Rex Corfman* spoke about NASAP--past, present, future and financial needs. Eight people pledged/paid \$1,550 towards the 1981 Fund Raising Drive. Additional pledges came in on May 3, bringing the total to \$2,000 from 19 people.

On May 3, *Robert L. Powers* and *Jane Griffith* presented their concept of Psycho-Clarity and demonstrated its application to counseling or psychotherapy. The group formally organized, with Bob and Jane agreeing to chair for one year; *Sharon Stubblefield* will be secretary and *Dan Jezario* will be treasurer. *Jay Colker*, and *Helen Cooley* will plan the program for September 13.

One of the benefits derived from the two meetings was gaining a better sense of the extent of Adlerian work and influence in and near Chicago. Interested groups and individuals may contact: *Bob Powers*

600 N. McClurg Court, Suite 2502-A
Chicago, IL 60611 312/337-5066

Chicago--*Seymour Schneider* presented a series of workshops on "Parenting" the end of April to the employees of Quaker Oats Company in the Merchandise Mart in Chicago. These workshops are being provided by the Quaker Oats Company free of charge for their employees during their lunch hour. (Quite an enlightened employer policy!)

Schaumburg--There will be a potluck barbeque for Chicago area NASAP members at 3 p.m. on June 28 for sharing and socializing. It is sponsored by a new affiliate, Adlerian Association for Human Enrichment.

Contact: *Wendy Stebbins*
1610 Cambourne Lane
Schaumburg, IL 60194
312/884-8385

Skokie--*Mary Schneider* was written up twice in *The Skokie Review* and twice in the *Chicago Tribune's* Suburban section regarding her group counseling with children of divorce done with children from the Demonstration School at National College of Education, Evanston, IL.

Region IV

DELAWARE

Newark--A new group has been organized in

Newark, Delaware called Adlerian Counseling Associates by NASAP members *Gloria E. Lane*, *Janice F. Lurie*, *Ann H. Tuites* and *Donald E. Tuites*. In addition to counseling, Adlerian training programs are being provided. The six workshops held this spring were very well attended and received; in fact, there is a waiting list for additional workshops and the series will be repeated in the fall.

Workshops are being offered on Intimacy--"Loving and Being Loved" and "Are We Really Compatible?"; Social Relationships--"Why ME, God?!!" and "I'd Love To, But I Don't Have Time"; and Occupation--"Free to Be Me? But How?" and "What Shall I Be When I Grow UP?"

Contact: Adlerian Counseling Associates
Polly Drummond Professional Bldg. II
Suite 101, 17 Polly Drummond Center,
Newark, DE 19711; 302/366-1115.

Region V--Northeast

NEW YORK

Albany--On April 4 *Lawrence Zuckerman* presented the keynote address entitled: Democratic Parenting in Today's Society, at Southampton College Positive Parenting Conference. On April 5 he presented at the NY State School Counselor's Conference in Albany on Raising the Exceptional Child.

Hempstead--Hofstra University will be offering two Adlerian Summer courses on Adlerian Counseling and Techniques; and Depression and Suicide. Both will be taught by *Lawrence Zuckerman*. For information call (516) 560-3425.

New York--*Alexandra Adler* was invited to speak on "Love and Poetry" at the Fifth International Congress on Psychoanalysis the first weekend in May. The Congress was organized by the International Freudian Movement with the theme of Sex and Language.

#

ONTARIO

Thunder Bay--*Dr. Burt Sellick*, the only Adlerian in Northwestern Ontario, has been conducting Adlerian workshops on parenting both west and east of his home in Thunder Bay, Ontario and most recently in the communities of Geraldton and Kenora. On Mothers' Day weekend, May 8 and 9, Burt, along with his wife Fin, lead a workshop based on the Adlerian model for teachers, parents, and social workers in Longlac, 200 miles east of Thunder Bay and later that month in the town of Beardmore, 150 miles east of Thunder Bay. During May and June, Burt is presenting the Adlerian model for parenting on an eight-week noon-hour TV programme with host *Mikki Burns* of CHFD TV Thunder Bay. Also in June, Burt and his son *Todd*, a graduate student in Counselling psychology, will be conducting a three-day conference for the Sudbury Board of Education for the student leaders of the high schools in the Sudburg region.

A past president of the Ontario School Counselors' Association, Burt can be contacted at the Lakehead Board of Education in Thunder Bay, Ontario.

