

North American Society of Adlerian Psychology

NEWSLETTER

Neva L. Hefner Editor 159 North Dearborn Street Chicago, Illinois 60601

September 1981

PRESIDENT'S MESSAGE

Dear Friends:

We received good news from Kay Keifert, NASAP '81 Bursar, from the Alfred Adler Institute of Cleveland. NASAP's share of the receipts from the Annual Convention exceeded budget expectations by about \$2,000.00. This will certainly help ease the cash flow difficulties brought about by inflation increasing expenses. Once again a deeply felt thank you to the Cleveland Group which did such a superb job in hosting NASAP this year.

Neva Heiner has received five well written proposals for Clonick Estate funding. The suggestions include such projects as:

- 1) A documentary film on the life of Rudolf Dreikurs proposed by Nancy Cannon, Kevin O'Connor and Gerald Cross.
- 2) A proposal for Active Parent Training, a series of six 35 minute videotapes. Adlerian Parenting designed for schools, churches and family centers by Michael Popkin.
- 3) Sponsoring a book on Adlerian Family Education by Edna Nash, Robert Armstrong, Weltha Logan, William McKelvie and Manford Sonstegard.
- 4) Designing, developing and implementing a network of Family Education Centers throughout Canada and the United States by John Symynky-wicz.
- 5) Producing Educational films by ${\it Don\ Somenson}$ of Educational Media Corporation.

These proposals after careful study by the Executive Committee will then be presented to $Sydney\ Roth$ with the Executive Committee's recommendations. He will then select those projects he deems to have the greatest merit and propose them to the Clonick Estate trustees. The offer has already been a success because of the ideas and creativity that it has stimulated. Our thanks to Sydney.

Harold Mosak has forwarded some information about the establishment of a Peace Academy in the United States. The academy would teach conflict resolution in an academic curriculum, an idea that Dr. Dreikurs advocated for many years. They are hoping to create a graduate level institution offering a two year Master's Program as well as shorter courses and sem-

inars to meet the needs of leaders in business, labor, government relations, members of the military and law enforcement agencies. It is hoped that as many as fifteen branch programs would be formed on existing college and university campuses in every region of the country. The goal is to have a world wide reserve of experts at peace making who will work for creative alternatives to violence and who will be available to spot and cool off trouble spots before they reach the explosive point.

Several conflict situations have been cited in which experts trained in these techniques successfully helped peaceful resolution. They listed Hanafi Muslim takeover in Washington, Wounded Knee, three dozen prison riot situations (no such experts were involved in Attica). If interested, write the National Peace Academy Campaign, 1625 I Street, N.W., Suite 726, Washington, D.C. 20006. They are seeking support and contributions which will enroll the donator as a founder member.

This sounds like a very worthwhile project that will undoubtedly need a ground swell of support to gain Congressional backing in these times of financial cutbacks.

NASAP's own fund raising effort has been a success. Over \$10,000 has already been received on pledges of our \$13,000. Very encouraging that several contributors have sent over \$200 in excess of their pledges. Many thanks to the membership and the efforts of Sylvia Robbins and her committee.

Last is an announcement that NASAP and Alfred Adler Institute of Chicago will co-sponsor in 1982 a conference in Mexico designed for physicians and clinical psychologists. The site is Puerto Vallarta from January 23 to 30. Leo Gold, Harold Mosak, Ron Pancner, Bernard Shulman, Kristin Pancner and Dorothy Peven will constitute the faculty. Please aid in publicizing the event - brochures will follow.

Warmest regards,

Ronald J. Pancner, M.D.

President

FALL COURSES/WORKSHOPS

AAI of Chicago

All classes meet at 159 N. Dearborn and are conducted once a week for a two-hour period for eleven weeks, unless otherwise noted.

- 101 Introduction to Individual Psychology, Harold H. Mosak, begins Oct. 6 and meets Tuesdays, 5-7 p.m.
- 204 Descriptive Psychopathology (Abnormal Psychology), Ronald Forgus, meets Oct. 1, 15, 22, 29, Nov. 5, 5-9 p.m.
- 302 Psychodynamics of Psychopathology II, **Donothy Peven, begins Oct. 5 and meets Mondays, 7-9 p.m.**
- 312 Clinical Assessment II, Sherwood Perman, begins Oct. 5 and meets Mondays, 5-7 p.m.
- 336 Group Therapy: An Experiential Course, Leo Lobl, meets Sat., Oct. 10 through Tues., Oct. 13, 9:30 a.m.-4 p.m.
- 341 Family Counseling, Bernice Grunwald, begins Oct. 6, meets Tuesdays, 4:30-6:30 p.m.
- 347 The Use of Art in Counseling, Sadie Dreikurs, Oct. 5, 6-8 p.m., continuing 6-9 p.m. on Oct. 12, 19, 26, Nov. 2, 9, 16.
- Continuing Case Seminar, Robert L. Powers, begins Oct. 14, 5-7 p.m.
- Professional Problems, Howard Pollack, Michael Hartings, Oct. 14, 21, 28, Nov. 4, 11, 5-7 p.m. and Sat., Sun., Dec. 5-6, 9:30 a.m.-4 p.m.
- 502 Small Group Supervision, Howard Pollack, Oct. 24 and Nov. 7, 10 a.m.-4 p.m.

Registration deadline 2 weeks before course begins. $\underline{\text{Contact}}$:

AAI of Chicago 159 N. Dearborn Chicago, IL 60601 312/346-3458

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AAI of Cleveland

Sept. 20 Encouragement by Lewis Losoncy

Oct. 18 Working with Underachievers, James $\frac{Bitter}{Bitter}$

Contact: AAI of Cleveland
14805 Detroit Ave., Suite 203
Lakewood, OH 44107
216/228-7780
####

AAI of Ontario

- 101 Introduction to Individual Psychology I, Sept. 19/20; Oct. 3/4
- 102 Introduction to Individual Psychology II, Oct. 17/18/31; Nov. 1
- 311 Clinical Assessment I, Nov. 14/15; Dec. $\frac{5}{6}$

- 312 Clinical Assessment II, Jan. 9/10/30/31
- 313 <u>Interviewing Techniques</u>, Feb. 20/21; Mar. 13/14
- 471 Continuing Case Seminar, Oct. 24/25; Nov. $\frac{21/22}{}$

For further information on these courses, contact:

AAI of Ontario Toronto Office 4 Finch Avenue West Suite 10 Willowdale Ontario M2N 2G5 416/222-2048

Workshops on Re-Directing Children's Misbehavior by Bill and Kathy Kvols-Riedler will beheld Sept. 25, 26, 27, sponsored by the FEAO. Contact:

FEAO
417 Sherbourne St.
Toronto M4X 1K5
#

AAI of San Francisco

Sept. 28Dec. 7

Basic Theory of Adlerian Psychology, Henry Stein

Sept. 26-Dec. 5 Continuing Case Study Seminar, Henry Stein and Sophia J. DeVries

Contact:

Henry Stein, M.A.
7 Cameo Way
San Francisco, CA 94131
415/285-9158 or 282-1661
#

Adlerian Counseling Associates

"On-Balance" Workshops are designed to provide opportunities to improve the three major life tasks of humankind--occupation, friendship, intimacy.

Intimacy
Sept. 19
"Loving and Being Loved"-Gloria
lane
Oct. 17
"Are We Really Compatible?"-Ann
and Don Tuites

Social Relationships
Oct. 3 "I'd Love To, But I Don't Have
Time"-Jan Lunie

Nov. 7 "Why Me, God?"-Gloria Lane

Occupation
Oct. 31

"Free To Be Me? But How?"-Jan
Lutie

Nov. 21 "What Shall I Be When I Grow Up?"-Ann and Don Tuites

Workshops are held at 2515 Kittiwake Drive, Brookmeade I, Wilmington, DE 19805, from 10 a.m. to 4 p.m. Registration deadline two weeks prior to date. Contact:

> Adlerian Counseling Associates 17 Polly Drummond Professional Bldg. II Newark, DE 19711 302/366-1115

Adlerian Assn. for Human Enrichment

Oct. 17 Workshop on Relationships

Contact: Wendy Stebbins

1610 Cambourne Lane Schaumburg, IL 60194

312/884-8385 # # #

Alfred Adler Memorial Workshop

Oct. 10, 11 Adult-Teen Relationships, Robert
L. Powers, Jane Griffith, Neumann
College, Aston, PA 19014

Contact: Sponsor--FEC of Delaware, Cindy Koski 302/798-4632

Neumann College, Ann Wagner, 215/459-0905 # # #

C.G. Jung Educational Center of Houston

Sept. 17 Widening Boundaries Through the Individuation Process, A Course in Miracles, Walter E. O'Connell. 6-week course, 5:30-7:00 p.m.

Contact: C.G. Jung Educational Center of
Houston, Texas, Inc.
5200 Montrose Blvd.
Houston, TX 77006
713/524-8253
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Rudolf Dreikurs Institute of Colorado

The following courses and workshops are available starting in August and September:

Redirecting Children's Misbehavior
Life-Style Assessment
Early Prevention of Drug Abuse
Family Council: Training for Life
Understanding Yourself & Others
The Parent as Cheerleader: Parents of Teens
Day Care Staff Training

Rob Guttenberg will be speaking on "Encouraging Hospitalized Children" in the following places:

Sept. 16 Detroit, MI
Sept. 17 Indianapolis, IN
Oct. 8 Des Moines, IA
Oct. 9 Columbus, OH
Oct. 14 Kansas City, MO
Oct. 15 St. Louis, MO
Nov. 18 Chicago, IL
Nov. 19 Milwaukee, WI

For all of the above workshops or presentations, contact:

RDIC P.O. Box 3118 Boulder, CO 80307 303/499-4500

Bill and Kathy Kvols-Riedler of RDIC will be leading a workshop on Redirecting Children's Misbehavior in the following places:

Sept. 25-26 FEA of Ontario, Toronto. Contact: Stan Shapino 416/463-4113.

Sept. 28-29 Woonsocket FEC, Woonsocket, RI.

Contact: John Symynkywicz 401/
766-2742.

Oct. 1-3 Oshawa, Canada. Contact: Donna Trembley 416/728-1203.

Oct. 27 Nanaimo FEC, Nanaimo, B.C. Contact: Ray Russell 604/753-0121.

Oct. 30-31 BC Assn. of Adlerian Psychology, Vancouver, B.C. Contact: Jean Steetnberg 604/874-4614.

The Adler-Dreikurs Institute

Annual Adlerian Fall Conferences:

Strengthening Human Relationships - the Adlerian View

Oct. 3-4 Bronia Grunwald

Oct. 24-25 Oscar Christensen

Black Perspectives in Adlerian Psychology

Nov. 14-15 Jackie Brown and Hank Raymond

Contact:

Hal McAbee, Director
The Adler-Dreikurs Institute of
Human Relationships
Bowie State College
Bowie, Maryland 20715

LETTERS

Cleveland, Ohio

We are most grateful to the Society for the generous gift of a collection of books presented to the Cleveland Public Library at the Annual Meeting on May 23.

We will place gift bookplates in this collection, written by eminent leaders in the field of Adlerian psychology. They will be important additions to our present psychology materials.

We thank you and your colleagues for your thoughtfulness. Best wishes.

--Thelma J. Mórris, Head Social Sciences Department Cleveland Public Library # # #

The following letter appeared in the May, 1981 issue of AMERICAN JOURNAL OF PSYCHIATRY.

The Trend Toward Alfred Adler's Positions

Sir: The current trend in personality theory and psychotherapy toward positions originally held by Alfred Adler has been pointed out on a number of occasions (1,2). "Emotion as Personal Creation: A Psychoanalytic and Psychological Perspective" by Gordon W. Warme, M.D. (April 1980 issue) is another example of this trend. To demonstrate this thesis, I have coupled quotations from Dr. Warme's article with equivalent statements by Adler (3).

 $\ensuremath{\text{W}}$: "Emotions are not...alien forces that impinge and inflict themselves on an unwilling

subject."

A: Emotions are not mysterious phenomena

which cannot be explained."

W: "Although intention often refers 'to unconsciously intended and chosen acts,' the patient is not 'the victim of an emotional attack...of inchoate forces...blind forces...' He is active initiator of the events in question."

A: "One cannot quite believe one who in his anger damages precious objects and then attempts to excuse himself by saying he did not know what he was doing. The intention to hurt his environment is too obvious. He will in this emotion always reach for something valuable, not for insignificant objects...There must be a plan in such a procedure."

Dr. Warme gained his new understanding from a general systems approach which maintains that "any human behavior can be adequately comprehended only when it is viewed from multiple perspectives." Adder emphasized every behavior in relation to its context and in reference to its effects on the environment. In this way he also was a systems thinker. Adder (4) wrote of three relational systems of man: human being-earth, individual-society, and male-female. Examination of Adder as a forerunner should facilitate the understanding and further development of the current trend.

References

 Ansbacher HL: The first critique of Freud's metapsychology: an extension of George S. Klein's "Two Theories or One?" Bull Menninger Clin 38:78-84, 1974.

 Ellenberger HF: The Discovery of the Unconscious, New York, Basic Books, 1970.

Adler A: <u>Understanding Human Nature</u>, Greenwich, Conn. Fawcett Publications, 1965.

4. Adler A: Cooperation Between the Sexes, Edited by Ansbacher, HL, Ansbacher RR. Garden City, NY, Anchor Books. 1978

--Heinz L. Ansbacher Burlington, VT

REGIONAL ORGANIZATIONS

Region III - South

Fourth Annual Region III Conference - Feb. 18-21, 1982.

Pre-conference Workshops - Feb. 18, 19 Conference Programs - Feb. 20 Conference Workshops - Feb. 21

Call for Programs --

Applications for Saturday programs are now being accepted. Saturday programs will be one hour and should have an Adlerian basis and, if possible, a demonstration of the ideas and concepts presented.

Program chairpersons should submit:

- their name, title and institution, mailing address and telephone,
- 2) the names of any co-presenters,
- program title,
- 4) program description of 50 words or less.

Any additional information may be included. Send your proposal by October 15, 1981 to:

Pon Pinkmeyer, Jr. NASAP 3 Conference Coordinator 4010 NW 99 Avenue Coral Springs, FL 33065

Conference Site --

The Caravan Resort Inn is central to major highways, the Orlando Airport, and area attractions. It is at the intersection of I-4 and the Florida Turnpike, less than 15 minutes from the airport and Walt Disney World. Buses to area attractions will be available.

Room rate for conference participants--\$29 single, \$33 double. Consider a family holiday at this Inn!

Specific information on the conference programs and workshops will be available November 1. If you would like to receive this information, contact Don Dinkmeyer, Jr. at above address.

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Region IV - Middle Atlantic

Word has been received that Patrick Morris has been identified as the new Co-ordinator of Region IV and will be co-editing the Region's new Calendar/Newsletter CONTACT:4. His address is c/o Adlerian Counseling Services, 131 Club Road, Arnold, MD 21012.

COMMITTEE REPORTS

Ad Hoc Committee on the 80's

The Ad Hoc Committee on the 80's is continuing its work of seeking questions and answers for NASAP as we proceed in the decade of the 80's. The Committee would like to share some of the ideas that came out of the brainstorming sessions in Cleveland in May. These will be printed from time to time, as space permits.

- 1) Clear definition of role of D.A. in regional planning and directions. More emphases on D.A. representatives being tied to their constituents. Forums to discuss different ideas and theories and how they relate to Adlerian psychology; i.e., Ackerman.
- 2) I am concerned because too many Senior Adlerians are not in attendance. Are they voting with their feet that the organization no longer meets their needs? Some way must be found to reinterest them. Special interest sections may work.
- 3) Give continuing education credits for various professional groups. It will encourage attendance at conventions and regional meetings.
- 4) How to effectively meet the needs of running an organization and maintain our integrity as an organization representing certain ideals. Need to address question of how we get money and where we accept money from; how the process of NASAP conventions and D.A. meetings does or does not effect Adlerian principles.
 - a. Moving Adlerian psychology forward

North American Society of Adlerian Psychology 1981 MEMBERSHIP DIRECTORY

Supplement #1				8-1	L0-81
		Additions			
AIRD, Robert A. 12600 W. Old Baltimore Rd. Boyds, MD 20720 Editor/Counselor	04	HOLLOWAY, Jerry L. HQ Useusom Box 1052 APO New York, NY 09128 Administrative Supervisor	05	MORGENSTERN, Gloria, B.S. 12300 Design St. Louis, MO 63141 314/878-6078 Teacher	02
BRADY, Michael J., M.A. 5527 Lynwood Rd. Pensacola, FL 32506 904/456-4776 Clinical Counselor	03	HOWARD, Jo-Ann Turner, B.S. 807 S. George St. York, PA 17403 717/848-5820 Parenting Education Supvr		OLSON, Linda K., Ed.S. 120-11th St. N. Wisconsin Rapids, WI 54494 715/423-8853 Elementary Guidance Counselor	02
DEMMING, Bruce, Ph.D. 3975 Meadow Gateway Broadview Heights, OH 44147 216/526-0320 Forensic Psychology	04	HYLA, Janice Masters, M.Ed. 8600 S.W. 147 St. Miami, FL 33158 305/253-0717 Psychotherapist	03	POPKIN, Michael H., Ph.D. 1066 Springdale Road Atlanta, GA 30306 404/378-1039	03
DENNIS, Roger, B.A. 244 East 196th St. Bronx, NY 10458 212/367-6712 Consultant in Human Dev. DRAPELA, Gwen B., M.A.	05	JOHNS, David, M.Ed. 2107 Wightman Ave. Sebring, FL 33870 813/382-4283 Psychotherapist	03	Counselor/Producer ROBBINS, Pat, M.A. 7732 Northpointe Blvd. Pensacola, FL 32504 904/477-0894 Clinical Counselor/Diagnostic	03 :ian
2707 East 122nd Avenue Tampa, FL 33612 813/971-7046 Guidance Counselor	05	KURPIEWSKI, B.S., Ph.D. P.O. Box 9206 Columbia, SC 29290 803/776-6688 Clinical Psychologist	03	SCHWENKMEYER, Sally, B.S. 7655 Coldstream Dr. Cincinnati, OH 45230 513/232-4849 Student	04
DRWAL, Nancy, M.Ed. P.O. Box 1781 Orleans, MA 02653 617/255-4482 Program Coordinator		LENICH, Thomas J., M.Ed. 2818 Kutztown Reading, PA 19605 215/929-5178 Vocational Counselor	04	SMITH, Vann Arthur, Ph.D. 1123 S. Milwaukee Ave. Libertyville, IL 60048 312/680-3440	02
EASTMAN, Dennis E., M.Coun. 323 S.E. 32nd Portland, OR 97214 503/234-6718 Pastoral Counselor	01	LOGAN, Weltha J. 10301 Montrose Ave., No.202 Bethesda, MD 20014 301/493-4238 Management Intern	04 (P)	Clinical Psychologist STOUT, Jane 2143 Superior Ave. South Charleston, WV 25303 304/744-3333 Registered Nurse/Counselor	04 (P)
FELDMAN, Ann 243 Burbank Dr. Willowdale, ON M2K 2S4 Canada 416/223-8252 Registered Nurse	02	LUMPKIN, Louise L., M.Ed. 309 Ashley Dr. Summerville, SC 29483 803/871-6996 Clinical Counselor	03	SUZUKI, Takao Joseph, Ph.D. 282 De Baliviere St. Louis, MO 63112 314/361-8887 Psychologist	02 (P)
FLEMING, Max. W., M.S.W. R.R. 1, Box 273A Owatonna, MN 55060 507/451-7886 Social Worker	(P)	MCGIMSEY, John C., B.A. Box 62712 Espanola, NM 87532 505/852-4265 Counselor	01	THATCHER, Aileen A., Ph.D. 9440 S. Leavitt St. Chicago, IL 60620 312/239-8894 Psychologist	02
FURROW, Bill, B.A. 1037 E. Mitchell Tucson, AZ 85719 602/792-0081 Student		MCKINNON, Deborah, M.S. 2958 East Emerson Avenue Las Vegas, NV 89121 702/733-6362 Student	01	TUCKER, Elizabeth 6838 Tanglewood Drive Boardman, OH 44512 216/758-4821 School Psychologist	04
HADER, AnnRita Levis, M.Ed. 4900 Northland Drive N.E. Atlanta, GA 30342 404/255-7706 HELFRICH, W. Thomas, Ph.D.	03	MENNEN, R. Lee, Ed.D. 609 N. Cambridge Ventnor, NJ 08406 609/823-3246 School Psychologist	04	WOLSEY, Marion J., M.Ed. 6088 East 21st St. Tucson, AZ 85711 607/748-8732 Counselor	01 (P)
Route 6, Roundtop Farm Charlottesville, VA 22901 Clinical Child Psychologi		MONTFORT, Emily P., B.S. 4206 Crosswick Turn Bowie, MD 20715	04	- 3 3 3 3 3 3 3 3 3 3 3 3 3 3 3 3 3 3 3	
HESSEL, Miriam, M.Ed. 2128 E. 14th St. Brooklyn, NY 11229	05 (P)	301/262-4017 Process Serving			

HESSEL, Miriam, M.Ed. 2128 E. 14th St. Brooklyn, NY 11229 212/339-5235

Guidance Counselor

NASAP 1981 Membership Directory, Supplement #1, page 2

Changes

BOWER, Richard Jr. 925 N. 95th Plaza #3 Omaha, NE 68114	02	KAPLAN, Howard B. 144-43 76th Rd. Flushing, NY 11367	05	SINGER, Ronald V. 2405 Lookout Court Virginia Beach, VA 23455	03
DIETZ, Gregory A. 800-802 Timber Trail Lafayette, IN 47905	02	KIRCHER, Robert L. 2632 O Street Belleville, KS 66935	02	WARD, Dr. William E. 43 Hering Road Montvale, NJ 07645	04
FERRANTE, Alfred Paul Rt. 1 Maidsville, WV 26541	04	KOLESNIKOFF, Marion 607 Cumberland Road Courtenay, BC V9N 7G5 Canada	01	WARTA, Clarence E. Route 1, Box 421 Taylorsville, NC 28681	03
HOLLOWAY, Jerry L. 90th FMS FE Warren AFB, WY 82001	01	MARTIN-MAJOR, Marilyn J. 7016 Minne Losa Blvd. Omaha, NE 68112	02	WEISS, Renee L. 51 Dryden Road Upper Montclair, NJ 07043	04

ciples to the treatment of stammerers. One day each week will be devoted to consulting with Mike Solmons, M.D., and medical students at Tendell Hospital in Aylesbury. He plans to be back at his office at COGS the first of next year, 1982.

#

Psychoanalyst's Essay on Nijinsky's Madness Published After Suppression

So read the headline of an article on the front page of the Wednesday, August 5 $\underline{\text{New York}}$ Times.

A previously unpublished work by Alfred Adler will be published in the July issue of the American Medical Association's Archives of General Psychiatry. The work was written in 1936 as a preface to The Diany of Vaslav Nijinsky, the renowned Russian ballet dancer.

Najinsky's career was cut short by a severe mental disorder, probably schizophrenia. Although some of the most famous psychoanalysts of the period (including Freud and Jung) examined and treated Nijinsky, Adler seemed to be the most hopeful about his recovery. Although Adler did not treat Nijinsky, Nijinsky's wife, Romola was so heartened by Adler's opinion that she asked Adler to write a preface to the Diary.

The preface consists of Adler's theory of severe mental illness and some of the factors in Nijinsky's life that led to his illness. Adler stressed the then controversial notion of inferiority complex but omitted Romola's role in Nijinsky's disorder.

The accompanying discussion by Dr. Heinz L. Ansbacher revealed that Romola was displeased by Adler's focus on Nijinsky's problems and particularly by the notion that Nijinsky had an inferiority complex. Romola rejected Adler's preface and wrote a glowing one herself.

Adder died in 1937, but his family kept the preface until 1973 before turning it over to $\mathcal{D}r$. Ansbacher. Mrs. Nijinsky, however, was still alive then, and $\mathcal{D}r$. Ansbacher was asked by her agent not to make it public. Her death in Paris in 1978 freed him to seek publication.

This work sheds light on the tragic decline of a world-famous artist and contains a concise presentation of Adler's theory of schizophrenia.

The New York Times article contains numerous quotes from the preface and from $\mathcal{D}r$. Ansbacher. Copies may be obtained by writing:

NASAP 159 N. Dearborn St. Chicago, IL 60601 ###

Teen-Age Pregnancy

Adlerians have known for eighty years that behavior problems at home and at school are often understandable in terms of overcompensation for feelings of inferiority and inadequacy. Now, the Adlerian approach to understanding human behavior is being applied to social problems beyond the home and classroom. The social problems that beset millions of young adults

across the country and across the world can be seen as unsuccessful attempts to relieve the painful, underlying conviction that one is "not good enough."

Mitch Messer, an alumnus of the Alfred Adler Institute of Chicago, has used the psychology of Alfred Adler and Rudolf Dreikurs to show how the ever-worsening problem of teen-age pregnancy can be understood and prevented by helping young people to replace their feelings of self-contempt with feelings of self-respect. Much as Edward Jenner did two hundred years ago, Messer wonders why some young women are vulnerable to the malady while others are seemingly "immune". He examines and rejects 18 popular "explanations" for this epidemic of unwanted pregnancies in favor of an Adlerian perspective on adolescent negative behavior, a perspective that offers a more positive outlook than the "It can't be helped" attitude that the other explanations inevitably lead to.

In addition to his newly revised booklet, "But He Told Me He Loved Me" (pub. by Illegitimacy Prevention, Inc., 24 pages, \$2), Messer is publishing a series of Adlerian posters that illustrate Adlerian and Dreikursian concepts of self-respect, mischief, cooperation, problem solving, and so on. The booklet and a catalogue of these posters are available from the AAI of Chicago, 159 N. Dearborn St., Chicago, IL 60601.

#

1982 Semi-Annual Meeting

Hold the date--

The 1982 Semi-Annual Meeting will be held Friday, October 22 through Sunday, October 24, 1982 at the Doubletree Inn, 400 South Alvernon Way, Tucson, Arizona.

Theme--"Adlerians in Action"

Sponsors--The Adlerian Psychological Institute and the Adlerian Society of Arizona.

Conference Coordinator--Dr. Brenda Even Adlerian Psychological Institute 1540 N. Tucson Blvd. Tucson, AZ 85716 602/881-6875

NEWSNOTES

Region I - Far West

CALIFORNIA

San Francisco-Henry Stein was a guest lecturer at Antioch College, presenting a talk on "The Practice of Adlerian Psychotherapy." He is also offering a workshop on "Adlerian Child Treatment" to Pyramid Alternatives, a social service agency in Pacifica.

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COLORADO

<u>Boulder--Dreikurs exposed</u>! The Rudolf Dreikurs Institute of Colorado has moved. Their new three-level facilities (located in South Creek Shopping Village) have private counseling offices, clerical office space, and

in response to current thinking in family systems theory (and its impact on individual psychotherapy). Encourage heretics or this organization will be left in the dust.

- b. Deal with the reality that those Adlerians who stay away from NASAP are casting a vote. What does it mean? What is NASAP doing about it? When are we going to stop talking about our alleged concern that NASAP is so white and middle class and do something about it?
- 5) I want to re-enforce a statement made previously that big is not better for NASAP; a smaller, committed NASAP (only slightly larger than it presently is) is manageable. A larger NASAP would lose the sense of identity that now exists. To make NASAP known to the "world" can be accomplished through concerted direction, not numbers. Therefore, a P.R. person is essential.

If you have any comments on any of these ideas, please contact:

John Symynkywicz

126 W. School St.

Woonsocket, RI 02895

OF GENERAL INTEREST

Alfred Adler Memorial Workshop

An Alfred Adler Memorial Workshop will be held October 10 and 11 at Neumann College, Aston, PA. The all-day Saturday topic is "Adult-Teen Relationships" and Sunday afternoon will be "Adult-Adult Relationships." Robert L. Powers and Jane Griffith will lead both workshops.

The Workshop is being sponsored by the Family Education Center of Delaware.

Contacts: FEC of Delaware

Cindy Koski 302/798-4632

Neumann College Ann Wagner 215/459-0905 # # #

1981 Semi-Annual Meeting

November 6, 7, 8, 1981 Skyline Hotel 101 Kent Street Ottawa

"The Family in Focus"

Due to mail strike in Canada, the program and registration information could not be mailed early in August. Strike is over and mails will hopefully be back to normal soon, and you will be receiving the necessary information. In the meantime, hold the dates and make your travel plans.

Contact: The Adlerian Center for Counselling and Education

1355 Bank Street, Suite 201

Ottawa, Ontario Canada K1H 8K7 613/737-5553

Authors Honored

Adderian authors who have published since the authors' luncheon in Washington, D.C. in 1978, were honored at a luncheon in Cleveland on Saturday, May 23.

Lewis Losoncy spoke on "High Hopes for the Future Through Adlerian Psychology." Books were presented to the Cleveland Library from NASAP and authors were introduced. There was an author at each table to provide an opportunity for people to get to know the person behind the book and for the author to share writing and publishing experiences. Authors honored included:

Jon Carlson
Pearl Cassell
Edith Dewey
Don Dinkmeyer, Jr.
Dan Eckstein
E. Clair Hawes
Roy Kern
Linda King
Kathy & Bill Kvols-Riedler
Lewis Losoncy
Gary McKay
Harry Olson
Bernard Shulman
Frank Walton
Michael Yura

ATTENTION:

Members at Educational Institutions

Teachers, administrators, et al--please check the library at your educational institution to be sure there is a copy of ALFRED ADLER: AS WE REMEMBER HIM, edited by Guy J. Manasten, Genevieve Painter, Danica Deutsch and Betty Jane Overholt.

This book of anecdotes and stories about the man, Alfred Adler, told by those who knew him would be an asset to any library. It opens with a short biography and concludes with a previously unpublished fable by Adler.

If your library does not have a copy, please order one or ask your library to order a copy from:

NASAP 159 North Dearborn St. Chicago, IL 60601

Cost: \$7.95 plus .85 handling

Sonstegard Lectures Abroad

On. Manford Sonstegard, Professor Emeritus, at the West Virginia College of Graduate Studies has been invited by the Psychologist of the Distrikts Hoy Skolen in Norway to give four lectures and demonstrations related to theory and practice of counseling teenagers the first week in September. After completing his assignment in Norway, Dr. Sonstegard will teach Adlerian Psychology at the National College for the Speech Sciences and with Lena Austin, area speech therapist, will train speech therapists in the Camden-Julington area of London on how to apply Adlerian Psychological prin-

a large studio allowing for classes and workshops. The location provides new public exposure for Adlerian Psychology-people passing on the street can't help but see the sign: "DREIKURS INSTITUTE".

The Institute's staff consists of Co-Directors, Kathy and Bill Kvols-Riedlen; Marketing Director, Tehri Lash; and new Associate, Rob Guttenbeng, who recently moved to Colorado from Maryland. Rob is a graduate of the Adler-Dreikurs Institute at Bowie State College.

If you are in the Colorado area, you are invited to visit the Institute. Call them at 303/499-4500.

(Aside--Remember that the 1983 Annual Convention will be hosted by this group. Hold Memorial Day weekend for the 31st Convention at the Keystone Lodge in the mountains near Denver.) # # #

NEW MEXICO

Sante Fe--Jody M. Adams will be conducting another workshop beginning in mid-September using CHILDREN: THE CHALLENGE. Those attending will have been referred to her by child protective social workers, the judicial district's program for adult first offenders, and some church organizations serving economically and socially deprived people. She is putting together material that she has used with some success in recent workshops attended by women who are not fluent readers and who feel insecure in expressing themselves. She banks heavily on games, role playing, and written exercises that lead to very personal discussion. From this input, she draws major principles familiar to all of us in NASAP. By making workshops fun, she tries to show that family life can be and should be fun without sacrificing individual responsibility. # # #

ILLINOIS

Chicago--AAI of Chicago: The Woods Charitable Fund has pledged to the Institute a \$10,000 gift to match an equal amount in alumni gifts of \$50 or more between July 1981 and June 30, 1982. Qualifying donors are all former AAI students as well as graduates. If you are a graduate or former student, please await further details. The Institute will contact you directly.

The Task Force for the Doctoral Program continues its deliberations and recommendations. When these have been reviewed and voted upon by the Curriculum Committee and faculty, details will be available.

Plans are underway for the Institute's Graduation Exercises on Sunday, October 11.

There will be a videotape showing of Rudolf Dreikurs with commentary and discussion led by Sadie Oreikurs on Saturday, October 17, 10 a.m. to 3 p.m. This event is sponsored by the AAI Student Association and a voluntary donation of \$5 is requested.

"For several years, Marie Sadilek generously assisted the Institute in a variety of fund-

raising and public relations projects. Her sincere concern and tireless efforts for the development of the Institute were inspiring," reports Gene McClory. He further stated, "In June we were saddened by her death. All of us here express our sympathy to her family and friends."

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Region III - South

TEXAS

Dickinson--An "All-Hallows" Death, Dying and Transformation weekend workshop will be organized and directed by NASAP members, Buzz O'Connell, psychologist, and Inene Corbit, art therapist. The dates are October 30, 31 and November 1 at the Christian Holiday House, Dickinson, Texas (20 miles from Galveston). Group exercises; meditation; art, music, dance therapy and psychodrama will be featured. Room, board, tuition will be \$125.00. Contact:

Buzz O'Connell 3406 Yoakum Blvd. Houston, TX 77006

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Region IV - Northeast

MARYLAND

MAPS, The Maryland Adlerian Psychology Society, has been formed to provide a vehicle for forming a community of Adlerian practitioners in the Baltimore/Washington corridor. The group has begun by organizing a sharing/social held the first Saturday of each month to help the widely dispersed Adlerian practitioners in supportive contact. There has been a heavy ingredient on in-service work at each meeting.

Contact: Patrick Morris, Chairman, c/o ACS, 131
Club Road, Arnold, MD 21012 301/647-3658
#

WEST VIRGINIA

St. Albans - The Law Enforcement Agency Act thought enough of the St. Albans Juvenile Diversion Program to refund it for a third year, which is extremely unusual, according to Judy Bradford. They handle all juvenile status offenders. The largest offense appears to be shoplifting. Judy uses the Adlerian Model counseling the offender and his/her family. In addition, they have numerous study groups for parents of teenagers and special topic sessions.

Judy Bradford is director, Lee Ann Kenney is an assistant and Manford Sonstegard volunteers his services two full days a week. The first year all the referrals were from the St. Albans Municipal Court. Now, they have more referrals from teachers, parents, police, clergy, etc. and less from the Court, which is indicative of good community P.R.

ADLERIANS ARE MULTIPLYING--Boys were born to:

Marie Hartwell-Walker, D.A. member and co-chair of the 1980 Convention

Harriet Lane Tower Bennett, former parttime employee of NASAP, Chicago graduate CONGRATULATIONS TO THESE FAMILIES!!

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CHICAGO, IL T0909 129 N. DEARBORN STREET NEVA L. HEFNER, EDITOR NASAP NEWSLETTER RETURN TO:

FUND RAISING CORNER -- Sylvia Robbins, Chair

1981 Fund Raising Drive

Update--another \$393 has been received or pledged towards our 1981 Fund Raising Drive since the last Newsletter.

Goal Pledged \$18,000 13,123

Needed to meet goal

\$ 4,877

Thoughts from some members--

Wynn Carr Gleason, Tacoma, WA: "At NASAP this year, the membership was asked to contribute to the general fund. I thought I could start the ball rolling for those who felt \$100 at one time would be too big a bite out of the budget but could make a small monthly donation that wouldn't be missed and would accumulate to at least \$100 during the year." \$10 pledged per month.

Pearl Cassel, Scarborough, Ontario, pledged proceeds from a workshop. She will give a lecture on a Friday evening and a workshop on a Saturday on adolescents, redirecting behavior or motivation. The workshop money over and above transportation will go to NASAP.

1981 Budget

Income sources to meet minimum 1981 Budget:

62 \$50,000 Membership 16,000 Convention, Semi-Annual % 20 Mtg, AA Mem. Workshops 640 Publications 17.2% 12,360 Donations/Other Sources

Where the money is going in 1981:

\$24,500 Personnel 26,000 Publications

19,200 Office, supplies, printing, etc. 5,500 Meetings of D.A. & Exec. Com

1,700 IAIP Dues

600 Exhibit booth

1,500 Convention/Meeting Advance

We ask you to join with others who have said "It is important to me to give back in some way to NASAP what I have received from Individual Psychology." 70 members have pledged \$13,000!

Help us reach and go beyond the \$18,000. your pledge and/or donation today--gifts are tax deductible in U.S. and British Columbia. Please make checks payable to NASAP and mail to 159 N. Dearborn, Chicago, IL 60601.

PLEASE NOTE -- Enclosed with this issue of the Newsletter is the first supplement to the 1981 MEMBERSHIP DIRECTORY -- additions and changes. If you did not receive your 1981 directory, please let us know. -- Editor