



NEWSLETTER

North American Society of Adlerian Psychology

Neva L. Hefner
Editor

159 North Dearborn Street
Chicago, Illinois 60601

October 1981

PRESIDENT'S MESSAGE

Dear Friends:

This year our family attended the 14th Rudolf Dreikurs Summer Institute (ICASSI) at St. Michael's College, Winooski, Vermont, and found the Institute to be a unique Adlerian educational experience. The uniqueness is at least partially due to a more leisurely pace. There were two weeks of classes and workshops offered. With that amount of time there is more opportunity to absorb the subject matter and to get to know the instructors as well as the other participants in a personal manner. In contrast, NASAP conventions and regional workshops, which concentrate many more presenters in a relatively short period of time, a greater variety is possible, but at a much more hurried pace. A wide range of classes was offered from rather didactic presentations such as the philosophical roots of Adlerian thought, which I personally found to be a delightful experience, to experiential growth group classes on a variety of topics.

Fourteen countries were represented and of the 400 people who attended, to my naive surprise, many were not NASAP members. The Board of ICASSI kindly gave NASAP some time to describe our organization, its purpose and functions, and to distribute applications for membership. The fourteen countries that were represented were Australia, Austria, Belgium, Canada, England, France, Switzerland and the United States of America. The program was given in two languages, German and English. I can highly recommend this yearly opportunity to broaden your Adlerian experience. Next year's Institute will be held in the mountains of Austria.

During our ICASSI experience, the *New York Times* published an article about Alfred Adler on August 5th. The article discussed a previously unpublished preface by Alfred Adler to *The Diary of Vaslav Nijinsky*, a famous dancer who was driven from the stage by madness in 1917 at the peak of his fame. The preface and a discussion of the preface by Heinz Ansbacher were published in the July *Archives of General Psychiatry*. The preface was suppressed by Mrs. Nijinsky because she objected to Adler's belief that schizophrenia was rooted in a pathological sense of inferiority (inferiority complex). The article is important inasmuch as it is a concise presentation of Adler's theory of schizophrenia. Adler's optimism is evident in his preface and his theories are in line with most current thinking about the etiologic factors to schizophrenia. Of significance, is that this is one of the few times in recent years that Adlerian thought, identified as such, has been presented in the mainstream of psychiatric literature--another significant contribution by Heinz Ansbacher. Those wanting reprints of the preface and the discussion can request them from Heinz Ansbacher, Department of Psychology, John Dewey Hall, University of Vermont, Burlington, VT 05405.

Since our semi-annual meeting in Ottawa is rapidly approaching, I would like to ask any of the membership who may have ideas for Delegate Assembly agenda to please write their suggestions to the Central Office.

Warmest regards,

Ronald J. Pancner, M.D.
President



November 6, 7 and 8, 1981
SKYLINE HOTEL
101 KENT STREET
OTTAWA



Santa Rosa
WANTS YOU!

in 1982

FALL COURSES/WORKSHOPS

AAI of Ontario

Masters Level Courses

- 102 Introduction to Individual Psychology II, Oct. 17,18,31;Nov. 1 -- James W. Croake, Seymour Schneider.
- 311 Clinical Assessment I, Nov. 14,15; Dec. 5, 6 -- Harold H. Mosak, Ronald Forgas.
- 312 Clinical Assessment II, Jan. 9,10,30,31-- Harold H. Mosak, Robin S. Gushurst.
- 471 or 472 Continuing Case Seminar, Oct. 24/25; Nov. 21/22--Harold H. Mosak
- 313 Interviewing Techniques, Feb. 20,21;Mar. 13,14--Dorothy Peven, Howard Pollack.

Individual Programs

- Oct. 23 First Annual Educators Day, Tactics for Teaching in the Eighties.
- Oct. 24 Winning Teenagers Over in the Home, Francis X. Walton.
- Oct. 31 Emotions: Use and Abuse, Larry Nissenbaum.
- Jan. 23,24 Death, Dying and Transformation, Walter E. O'Connell.

Location of courses: 252 Bloor Street West, (at St. George) Toronto

Contact: AAI of Ontario
4 Finch Avenue West, Suite 10
Willowdale, Ontario M2N 2G5
416/222-2048
* * *

AAI of Quebec

- Oct. 3,4,31, Clinical Assessment, #311, Harold H. Mosak.
- Nov. 1
- Oct. 17,18, Introduction to Individual Psychology, #102, Seymour Schneider.
- Nov. 21,22

Location: Institute of Community and Family Psychiatry, 4333 Cote St. Catherine Rd, Montreal.

Contact: AAI of Quebec
4939 Grosvenor Ave.
Montreal, Quebec H3W 2M2
514/731-5675
* * *

Adler-Dreikurs Institute of Human Relations

10th Annual Fall Weekend Workshops--

- Oct. 3,4 Encouragement and Working With Elementary School Children, Bronia Grunwald.
Black Perspectives in Adlerian Psychology, Hank Raymond, Jackie Brown.
- Oct. 24,25 The Teen Years--Winning Cooperation, Oscar Christensen.

Black Perspectives, Part II, Hank Raymond, Jackie Brown

Nov. 14,15 Discovering and Managing Factors That Interfere with Intimacy, Bill McKelvie.

Spontaneity: the Creative Spark of Life, (Psychodrama), Kirsten Sonstegard.

Contact: Hal McAbee, Director
Adler-Dreikurs Institute of Human Relationships
Bowie State College
Bowie, MD 20715
301/464-3208
* * *

Adlerian Counseling Associates

Nov. 7 Why Me God?, Use of early recollections to understand self-defeating behavior, Gloria Lane.

Nov. 21 Are We Really Compatible?, Identifying differences as sources of strengths rather than conflict, Ann and Don Tuites.

Location: 2515 Kittiwake Drive, Brookmeade I, Wilmington, DE 19805.

Contact: Adlerian Counseling Associates
17 Polly Drummond Professional Bldg II
Newark, DE 19711
302/366-1115.
* * *

Western Institute for Research And Training in Humanics, Inc.

Oct. 1- Dec. 10 C202 Encouragement Workshop
T202 Later Childhood Development

Oct. 15 Public Meeting

Nov. 12 Membership Meeting

Dec. 7 Party

Contact: Lucy Ackerknecht or Katherine Czesak
WIRTH, 226 Stanford Ave.
Berkeley, CA 94708
415/524-4929 or 824-6547
* * * * *

CALENDAR OF EVENTS

Oct. 1-3 Redirecting Children's Misbehavior, Bill and Kathy Kvols-Riedler, Oshawa, Canada. Contact: Donna Trembley, 416/728-1203.

Oct. 10,11 Adult-Teen Relationships, Adult-Adult Relationships, Robert L. Powers, Jane Griffith, Neumann College, Aston, PA. Contact: FEC of Delaware, Cindy Koski 302/798-4632.

Oct. 14,15,16 Southern Conference on Alternative Delinquency Programming, Francis X. Walton, Steve Glenn, Fountain Bay Club, New Orleans, LA. Contact: Terry Henry, M.A.

Resource Specialist, Pensacola
New Pride, 1200 West Avery St.,
Pensacola, FL 32501. 904/432-
1222 Ext. 343.

- Oct. 15 *New Light on the Adler-Freud Relationship*, Heinz Ansbacher, Allan Memorial Institute, Royal Victoria Hospital, Montreal. Contact: Dimitrije Pivnicki, M.D., Allan Memorial Institute, 1025 Pine Ave. West, Montreal, Quebec H3A 1A1.
- Oct. 17 *Relationships*, one-day symposium with 6 seminars, Church of the Incarnation, United Methodist, 330 W. Golf Road, Arlington Heights, IL. Contact: Wendy Stebbins, 1610 Cambourne Lane, Schaumburg, IL 60194; 312/884-8385.
- Oct. 18 *Working with Underachievers*, James Bitter. Contact: AAI of Cleveland, 14805 Detroit Ave., Suite 203, Lakewood, OH 44107. 216/228-7780.
- Oct. 27 *Redirecting Children's Misbehavior*, Bill and Kathy Kvols-Riedler, Nanaimo FEC, Nanaimo, BC. Contact: Ray Russell 604/753-0121.
- Oct. 30-31 *Redirecting Children's Misbehavior*, Bill and Kathy Kvols-Riedler, Adlerian Psychology Assn. of BC. Contact: Jean Steernberg 604/874-4614.
- Nov. 6-8 NASAP Semi-Annual Meeting, Skyline Hotel, Ottawa. Contact: The Adlerian Center for Counselling & Education, 1355 Bank St., Suite 201, Ottawa, Ontario K1H 8K7 613/737-5553.
- Nov. 9,10 *Substance Addiction--The Affects of Alcohol and Chemicals within the Family*, Helen Cooley, Certified Alcohol Counselor, Vancouver. Contact: APAB, Jean Steernberg 604/874-4614.

OF GENERAL INTEREST

The Courage to be Imperfect

Kathie Murtey of Laguna Niguel, California, wrote the following enthusiastic and encouraging letter: "I am reading *The Courage to be Imperfect* by Terner and Pew. IT IS TERRIFIC! I have been a study group leader for about nine years. I have attended three national conventions. This book is filling in all kinds of blank spaces for me. I am recommending it to all of the Family Study Group of Orange County members. Just had to tell somebody else how much I'm enjoying it."

The Courage to be Imperfect is a timely and penetrating biography of Rudolf Dreikurs--psychiatrist, humanist and educator. The authors not only trace the career of the colorful, provocative Dreikurs, but also chronicle for

the first time the historical impact of Adlerian psychology in America and explain how Dreikurs's work allowed Adlerian ideas to break through the rigid mind-set of American psychology.

The Courage to be Imperfect is available through the AAI of Chicago, 159 N. Dearborn, Chicago, IL 60601 for \$9.50 plus \$.85 handling charge.

* * *

Adler, Ansbacher in Ballet Review

The text of "Discussion of Alfred Adler's Preface to *The Diary of Vaslav Nijinsky*" as published in the July 1981 *Archives of General Psychiatry* by Heinz Ansbacher will be reprinted in the October issue of the literary quarterly of the dance world, *Ballet Review*. This quarterly has a circulation of 2,000 in this country and abroad.

In requesting the reprint, the editor indicated there is immense concern for knowledge of what Nijinsky was because he was a major figure in the world of dance for 80 years. Francis Mason, the editor, went on to say that he rejoiced in Ansbacher's insights after years of assimilating other inadequate texts.

As pointed out by Editor Mason, Adler's text and Ansbacher's discussion of it will become known to the dance world at large, to libraries concerned for the subject and to readers who are not subscribers to *Archives*.

Reprinting the text and discussion will be of great benefit in spreading Adlerian ideas outside the psychological community.

* * *

Innovative Service

Sharon Arkin, member of the Individual Psychology Association of the Greater Washington Area, has applied the video dating service concept to the difficult task of selecting a therapist. This information appeared in the July/August IPA News.

The new service, "Preview", will offer therapy seekers an opportunity to screen detailed resumes and view videotaped interviews with a wide variety of psychotherapists prior to committing themselves to a therapist. Participating therapists will be interviewed about their treatment style and methods, client preferences, clinical interests or specialties, billing practices, and any personal information they wish to share.

For further information, contact IPA Family Education Center, 6050 Wisconsin Ave., Chevy Chase, MD 20015.

* * *

Dreams

Over 450 people attended the ninth annual National Association for the Advancement of Psychoanalysis conference on dreams held in April at the Roosevelt Hotel in New York City. The audience came from all over the country to hear a Freudian, a Modern Analyst, a Jungian and an Adlerian speak on the topic of dreams. The topic was chosen because all of the schools

represented work with dreams and regard them as important. The topic of dreams provided a forum for the expression of diversity within a coherent framework.

The 30th Annual NASAP Convention will be held in beautiful Santa Rosa, the heart of the wine country. Forty miles north of San Francisco with the Redwood Groves, the Russian River Resort Area, Mountains, the Pacific Coastline and Vineyards, Santa Rosa is one of the best family vacation spots around.

The El Rancho Tropicana has kindly offered to extend convention rates for four days before and four days after the Convention, which is scheduled for June 10-15, 1982.

The theme is "Care and Connect," focusing on the connection of the energies of professionals, para-professionals and non-professionals who care about people. Workshops are being planned on Marriage, Teens, Substance Abuse, Networking, Parenting, Prevention Strategies, Classroom Sanity and many more.

Contact: Family Education Center
7 Fourth St., No. 12
Petaluma, CA 94952

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DONATIONS

The following members have made donations to NASAP since last reported in the May issue of the Newsletter. Donations ranged from \$2.50 to \$1,000.

- | | |
|--------------------------------|---------------------------|
| Ad. Assn. for Human Enrichment | |
| Ad. Soc. of Arizona | Lane, Gloria & Barney |
| Asmus, Cay | Laser, Eleanor |
| Basnet, Wilma | Lomax, Helen |
| Bensinger, Lillian | Lott, Lynn |
| Bitter, James | Mazzarini, Sherrie |
| Blumenfeld, Roberta | Meadow, Arthur |
| Braswell, David | Meredith, Betty & Cameron |
| Bressler, Mary Jane | Michael, Joseph (friend) |
| Colker, Jay | Miller, Bernard |
| Cooley, Helen | Milman, Edith |
| Dougherty, Eileen | Murtey, Kathleen |
| Dreikurs, Tee | Powers, Robert L. |
| FEA of NW NJ | Rademacher, Lou |
| Feldmann, Evelyn | Sandak, Robert |
| Gleason, Wyn Carr | Sharp, Margaret K. |
| Grey, Loren | Sherman, Robert |
| Griffith, Jane | Silverman, Norman |
| Hahn, Jo-Anne | Weinberg, Dorothe |
| Hancock, Wm & Doris | Zalatoris, Roman |
| King, Linda | |

In addition to the cash donations above, the following donated their time for a workshop in the Alfred Adler Memorial Workshop Series:

- | | |
|------------------|---------------------|
| Bronia Grunwald | Walter E. O'Connell |
| Jane Griffith & | Mim Pew |
| Robert L. Powers | Bernard Shulman |

The Roth Foundation, through Sydney Roth, donated \$1,000 to be used for expenses in connection with our 1981 Fund Raising Drive.

Leo Gold donated a video tape of CBS program, "For Our Times," entitled, "School for Parents," in which he led a demonstration of a first session of a group of parents-to-be.

For all of these expressions of support, our sincerest thanks. The work of the Society is truly enriched by such generous contributions.

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The Adlerian who spoke on "Dream as Purposive Metaphor" was Robert Ellenbogen of the AAI of New York. He questioned Freud's understanding of dreams as wish fulfillments and related them instead to issues of power. Three paragraphs in the article in the July issue of NAAP Newsletter were devoted to spelling out Ellenbogen's Adlerian approach to the meaning of dreams and their use in the analytic session.

Other items in the July issue of NAAP Newsletter--

- 1) Robert Ellenbogen was designated President-elect of NAAP in April.
- 2) Brief news item on NASAP convention in Cleveland.
- 3) Report on AAI of Chicago meeting the Challenge Grant.

This is the type of coverage that is possible with liaison people to other professional organizations. NASAP needs such liaison people. Any willing liaisons please let the Executive Secretary in the central office know.

* * *

Individual Education

The Individual Education Bulletin is now being published by the Center for Family and Child Studies at the University of South Carolina. Francis X. Walton continues as editor. The Bulletin has broadened its scope and now includes articles on contributions that Adlerian Psychology is making to education in addition to Individual Education.

New IE Schools--

Jefferson Park Elementary School in Pueblo, Colorado, Ed Layne principal.

Queen Mary School, North Vancouver, B.C., Klaus Spikerman, principal; Naomi Serrano, counselor.

Evaluation Continues--

Ed Ignas reports that graduates of Forest Park Elementary School (an IE school in Joliet, IL) achieved significantly higher scores on all levels of the Iowa Test of Basic Skills than students in a control group in the Joliet Schools. Additionally, fourth and fifth grade students at Forest Park attained significantly higher scores on the Barclay Classroom Climate Inventory than a control group in Joliet. The instrument was used to obtain a measure of levels of responsibility, respect, resourcefulness, and responsiveness.

Results of a less formal evaluation in the new Pueblo IE school showed a substantial reduction in discipline problems and a much happier staff.

* * *

Come to Ottawa, Canada, November 6-8, 1981

NASAP 1981 -- The Family in Focus -- November 6, 7, 8, 1981

Skyline Hotel, 101 Kent Street, Ottawa

SPONSORED BY: The Adlerian Center for Counselling and Education

By now you should have received your Preliminary Program Booklet with information on the Semi-Annual Meeting with registration form and hotel registration card. If not, please let the central office in Chicago know or write directly to the host group in Ottawa (address below).

Additional information not included in the Preliminary Program Booklet:

GOVERNOR GENERAL'S RECEPTION --

5:00 p.m., Friday, November 6, Government House.

Afternoon wear appropriate (ties in order for men, street-length dress for women)

Formal invitations will be available at time of registration--200 limit

ADLERIAN VARIETY NIGHT --

9:00 p.m., Friday, November 6, Skyline Hotel

The R.A. Theatrical Society will be performing skits around the Conference Theme.

Time for Adlerians to join in and demonstrate their talents--sing, dance, play musical instruments, tell stories, etc.

SATURDAY LUNCHEON --

12:40 p.m.-2:00 p.m., Skyline Hotel, Saturday, November 7, *Family in Focus*

Children from different family systems will sit at the head table and an address will be given by one of the adolescents.

Reminders from the Preliminary Program Booklet:

DELEGATE ASSEMBLY:

Thursday, Friday, November 5, 6, 1981

REGISTRATION:

Save time and money, pre-register early.

Registration desk in main lobby of hotel:

Wednesday, Nov. 4	6:00 p.m. - 10:00 p.m.
Thursday, Nov. 5	4:00 p.m. - 11:00 p.m.
Friday, Nov. 6	7:30 a.m. - 11:00 p.m.
Saturday, Nov. 7	7:30 a.m. - 5:00 p.m.
Sunday, Nov. 8	7:30 a.m. - 10:00 a.m.

TRANSPORTATION:

By Air: Ottawa International Airport--Look for the NASAP booth at the baggage claim area of the airport. Hosts and hostesses will be available to provide information regarding transportation to Hotel.

Shuttle bus service to the Skyline Hotel leaves the airport terminal every 20 min. on the hour. Fare \$3 Canadian, \$2.34 U.S.

Please note: Check Air Canada Super Saver fares. There are usually "super savings" beginning October 1 through the end of November.

By Car: If you are driving to Ottawa from out of town via Hwy 417 (Queensway), take the Metcalfe Street exit. Proceed North on Metcalfe to Albert. West on Albert four blocks. The Hotel is located on the Northeast corner of Albert and Lyon Streets.

MONEY: - U.S. Visitors

Because of the large difference in dollar equivalents, it is to your advantage to buy Canadian money before leaving the U.S.

CHILD CARE:

Child care services will be provided by the Girl Guides of Canada for hotel guests only and in room. Cost \$1 per hour.

ACCOMMODATIONS:

Room reservations are to be made directly with Skyline Hotel, 101 Lyon St., Ottawa, Ontario K1R 5T9.

\$47 single, double, or twin.

Indoor swimming pool, shopping mall, boutiques, entertainment lounges.

It is the advantage of NASAP and the convention that hotel reservations be made prior to October 6. A minimum number of 80 rooms must be occupied in order to receive free workshop and program facilities.

PRE-CONVENTION WORKSHOPS:

9:00 a.m. - 4:30 p.m., Friday, Nov. 6

8 presenters - designed to provide participants with an in-depth experience of various applications of Adlerian Psychology.

SATURDAY PROGRAM:

9:00 a.m. - 9:45 a.m. Theme speaker, Oscar Christensen

9:45 a.m. - 5:00 p.m., Saturday, Nov. 7

35 confirmed presentations designed to enable participants to sample a variety of Adlerian techniques, approaches and researches, presented by leaders in the field of Adlerian Psychology.

POST-CONVENTION WORKSHOPS:

9:30 a.m. - 4:30 p.m., Sunday, Nov. 8

9 presenters - designed to give participants more opportunities to study Adlerian Psychology, its applications and techniques.

THE FAMILY IN FOCUS--Throughout the workshops and presentations, the needs and concerns of families and those working with families and family members will be addressed. Family life, as it relates to individuals, the community and the schools is of interest and concern to all. Family life is communicating, sharing, enjoying, relaxing and learning. It is our hope that Ottawa will be a family experience for all.

CONTACT: The Adlerian Center for Counselling and Education

1355 Bank St., Suite 201
Ottawa, Ontario
Canada K1H 8K7

613/737-5553(phone)

NEWSNOTES

Region III - South

Region I - Far West

BRITISH COLUMBIA

Vancouver--BCAAP has changed its name to Adlerian Psychology Association of British Columbia. The change was made necessary when it incorporated under the Canadian Societies Act so that the association would not be confused with the British Columbia Psychology Association. APABC remains at the same address and has the same phone number--just a re-arrangement of letters!

* * *

Region II - Midwest

ILLINOIS

Chicago--Midwest readers of NASAP Newsletter may want to attend a conference called "Coming Together: Patient, Ex-Patient, Staff--Coalitions," sponsored by Peer Leaders United Movement, with the cooperation of NW University Program on Ethnography and Public Policy, Center for Urban Affairs, Illinois Alliance for the Mentally Ill and Mental Health Assn. of Greater Chicago.

Jo-Anne Hahn will be speaking on "The Curative Power of Human Support" at the Wednesday luncheon, as well as serving as Facilitator for the keynote speakers/ response panel on Monday. The conference will be held at Norris Center, NW University, Oct. 26, 27, 28, fee \$25. For information, call Project Director Norma Jean Orlando, 312/742-1040, x 2620.

AAI of Chicago--The newly printed 1981-83 Institute Catalogue is off the press. A copy may be obtained from the Institute without cost.

On August 3 a special meeting of the Institute faculty dealt with proposed revisions of policies and procedures for non-local students; i.e., students who do not live in the Chicago area who have been admitted to one of the Institute's programs and are taking a substantial portion of their coursework locally. The decisions of the faculty have been communicated to all other institutes whose students have been admitted to the Chicago program.

14 full courses offered in Chicago in June and in August made it possible for many non-local students to fulfill at least a portion of their residency requirement this Summer.

The Institute's Board of Directors approved a renewal of a five-year lease (1982-87) at the Institute's current location. The most authoritative information available is that the building housing the Institute (and NASAP) will be included in the final plans of the North Loop and given landmark status.

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OFFICIAL NOTICE

NASAP Delegate Assembly will be meeting November 5, 6, 1981 in Ottawa. Send items for D.A. Agenda to Executive Secretary, NASAP, 159 N. Dearborn, Chicago, IL 60601 by October 1, 1981.

LOUISIANA

New Orleans--Pensacola New Pride, of the Community Mental Health Center in Pensacola, Florida, will host "The Southern Conference on Alternative Delinquency Programming" to be held in New Orleans on October 14, 15, 16, 1981. Two full-day workshops and several three hour workshops will be held in concurrent sessions. Frank Walton and Steve Glenn will conduct the two full-day workshops and attendance will be limited to the first 100 registrants for these two workshops.

Pensacola New Pride is a community-based treatment program serving juvenile offenders between the ages of 14-18 who have three or more adjudications within the criminal justice system for serious misdemeanors or felonies. Adlerian theory and treatment is strongly adhered to in the program.

For further information about the conference to be held in the Fountain Bay Club in New Orleans, contact:

Terry Henry, M.A.
Resource Specialist
Pensacola New Pride
1200 West Avery St.
Pensacola, FL 32501
904/432-1222 Ext. 343
* * *

Region IV - Middle Atlantic

MARYLAND

Bowie--The Adler-Dreikurs Institute in Bowie, Maryland, under the direction of Hal McAbee, is presenting the 10th Annual Fall Weekend Workshops. The theme this year is "Strengthening Human Relationships; the Adlerian View." An exciting innovation this year is a program "Black Perspectives in Adlerian Psychology" developed and led by Hank Raymond and Jackie Brown.

On October 3 and 4 the consultant will be Bronia Grunwald; and on October 24 and 24, Oscar Christensen will lead the workshops. The weekend of November 14 and 15 will be a Personal Growth Weekend with two experiential workshops. Bill McKelvie will facilitate "Developing Intimacy in Relationships;" and Kirsten Sonstegard will lead "Spontaneity: The Creative Spark of Life" (Psychodrama).

The workshops are offered for three (3) graduate credits through Bowie State College; or they may be taken on a non-credit basis for \$35 per weekend. There is a social each weekend which is an intrinsic part of the total experience. This year the newly formed Maryland Adlerian Psychology Society (MAPS) will co-sponsor the first social and encourage new memberships in this professional organization.

Further details of the workshops may be learned by contacting the Graduate office at Bowie State College (301/464-3451) or Eileen Waters, coordinator, at 301/464-0066.

* * *

Ad Hoc Committee on the 80's

The Ad Hoc Committee on the 80's is continuing its work of seeking questions and answers for NASAP as we proceed in the decade of the 80's. The Committee would like to share some of the ideas that came out of the brainstorming sessions in Cleveland in May. A few ideas were printed in the September *Newsletter* and additional thoughts follow. Comments and further suggestions would be welcomed by the Committee.

MEMBERSHIP

1. Move away from trying to be perfect. Be more encouraging to new people coming into our Society. Try to be less like APA or APSA or AAMFT.
2. Re-establish some criteria or condition for acceptance into membership so that people who know nothing about Adlerian psychology will not be able to co-determine: Who speaks for NASAP; Who will be the delegates; What our journals should print, etc.
3. Have one classification of membership.
4. Open up the ranks--resist the trend toward exclusivity in membership. I believe we can be both a professional and lay organization. Perhaps even a prototype of an alternative organization.
5. Continue to expand membership by reducing dues, encouraging lay family education members and teachers to join, come to NASAP. Don't shut anyone out because of lack of money.
6. Attempt to get the "old-time" members who were very active back into participation.
7. Need a different kind of membership--less than, different than, a regular full active membership; available because it costs less. Could it be a group membership? Like a member of "Adlerian Family Education Association," so we would have some idea of how many people we really have. I know dozens of non-members who are active Adlerians.
8. Classes of membership: Professional/General Private practice professionals could select one or both (not limited to Ph.D. or Ed.D. but defined by interest in and need of connection with other professional organizations and issues.)
9. Have a "Membership Recognition Certificate" that people could purchase if they wanted one (for say \$2 for Development Fund) and have it framed for their office, etc.
10. Optimum size for NASAP to accomplish its goals.

THEORY/PRACTICE

1. How could NASAP be actively seeking critical and constructive perspectives and interchange on our own practice, with the thought of enlarging and expanding the theory which informs that practice.
2. How can we as an organization look more closely at our own functioning with the thought that the way we do things could be an example

of what we believe and a model of democratic process and social interest?

3. More concern with theory and change. NASAP has become too stagnant. Perhaps the base is too broad. May want to consider divisions as in APA for therapists, family educators, counselors, etc. The world is not in really great shape. We have a theory that has a lot of potential to help. We ought to do something about that. Where is our social interest?

GOALS/PURPOSE

1. Have NASAP become self supporting so that we do not need to get donations which remove funding from the community. The community is interface of Adlerian activity. NASAP should serve the community, not the community serve NASAP. If NASAP is self supporting it will only receive money for services rendered. It will need to be productive to the members.
2. It seems to me that there are at least two main purposes of a professional organization such as NASAP: (1) To provide information and cost ed. to its members (through conventions, etc.); (2) To increase the identity value of its members. NASAP has done an excellent job with (1); very little with (2). The answer, I think...MARKETING.
3. Goals for NASAP: (1) An Adlerian organization in every state.
 - (2) At least a course in Adlerian Psychology in one college in every state.
 - (3) A political action committee to work for the overall good of humankind.
 - (4) An Adlerian therapist in every town over 50,000 population.
 - (5) A Family Education Center and Parent Study Group(s) in every town over 5,000 population.
4. Clarification of purpose(s) of the Society. One major purpose operationally seems to be social. Might pay more attention to using skills of all members. Seems that most of our goals demand the hard work orientation of first-borns. As a result, some people are really over-worked and others' natural skills and orientations are under utilized.

REGIONS

1. Strengthen regions--interest, participation programs, community publicity, etc. Perhaps development of a specific sheet of ideas for regions to consider.
 2. More emphasis on regional development and regional programs. Stress training in regions. Regions broken down into more manageable units. Geographic changes of regions to make it more convenient for regional meetings.
 3. Strengthen the regional organization so more people get a sense of participation. Many consider the continental yearly and semi-annual meetings too expensive to attend. Regional workshops should be encouraged and partly financed. Some regions are so large that smaller sectional groups might be considered.
- Additional ideas next month--in the meantime, please send your comments on these items.*

Non-Profit Org.
 U.S. POSTAGE
 PAID
 Chicago, IL
 Permit No. 822

RETURN TO:
 NASAP NEWSLETTER
 NEVA L. HEFFNER, EDITOR
 159 N. DEARBORN STREET
 CHICAGO, IL 60601

FUND RAISING UPDATE

The Facts:

There is still \$2,868.00 outstanding in contributions, \$7,546.00 short of our \$18,000 goal.

Of Interest:

Analysis of our regions--

	<u>Number</u>	<u>Pledged</u>	<u>Paid</u>	<u>Due</u>	<u>Pd. over Pledge</u>
Region I - Far West	23	\$5,162.00	\$4,001.00	\$1,308.00	\$147.00
Region II - Midwest	32	4,260.00	3,560.00	700.00	
Region III - South	7	1,450.00	1,000.00	500.00	50.00
Region IV - Middle Atlantic	10	1,102.84	942.84	160.00	
Region V - Northeast	8	1,150.00	950.00	200.00	

Only two months remain until the Semi-Annual Meeting in November. Financial \$\$\$\$ and encouragement is what NASAP needs now to grow. Your gift, large or small, is welcome and wanted. Help us to meet our goal by October 15. We count on every member and friend. Return your contribution now!!

----- Sylvia Robbins, Chair

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of Adlerian Psychology)
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North American Society of Adlerian Psychology
1981 MEMBERSHIP DIRECTORY

Supplement #2

Additions

9-10-81

ABRAMS, Lois, B.A. 7 Pond Fernway Willowdale, Ontario Canada M2J 4M9 416/494-0812 Student	05	ELLINGSON, Sara M., M.S.W. 4609 Mercedes Midland, TX 79703 915/697-3968 Social Worker/Counselor	03	NASH, Peg 4148 Pyracantha Tucson, AZ 85704 602/626-4858 Counselor	01
BOLIN, Doyleen, M.S. 413 W. 9th, Apt. 16 Coffeyville, KS 67337 316/251-3308 School Psychologist	02	FRISCH, Susan A., B.S. 577 Shorley Dr. Barrington, IL 60010 312/381-6615 Teacher	02	NIKA, Eugenia, M.A. 14, Erissithonos Athens 306 GREECE (30-1)6460815 Counselor	10
BRANSOME, Itka 792 Eastern Pkwy, #6 Brooklyn, NY 11213 212/773-5816 Student/Mother	05	GEORGANDA, Eugenia 511 Franklin St. Cambridge, MA 02139 617/497-0585 Student	05	OSBORNE, G.L., Ph.D. Box 2022 Carson-Newman College Jefferson City, TN 37760 615/475-9061 Asst. Prof. Psychology	03
BUZZERD, Patrick D., B.A. 10142 Scotch Hill Drive Upper Marlboro, MD 29772 301/350-2473 Teacher/Counselor	04	HALES, Vaughn E., M.Ed. 5541 West Third St. Lubbock, TX 79416 806/799-8796 Student	03	SANDAK, Robert 5177 South Street Vermillion, OH 44089 216/933-0263 Power Plant Operator	04
CARLSON, David W., M.Ed. R.D. #1, Box 61 Jericho, VT 05465 802/899-3498 School Counselor	05	HOLMES, Nancy M., M.S. 9702 Parkwood Drive Bethesda, MD 20014 301/946-6047 Counselor	04 (P)	SCHETTLER, N. Paul, M.S.W. 2850 Via de la Guerra Palos Verdes Estates, CA 90274 213/377-0822 Social Worker	01
CHUPAK, Pua 7627 Coddle Harbor Lane Potomac, MD 20854 301/983-1992 Student	04	JOHNSON, Pauline, B.A. 4444 N.E. 88th Portland, OR 97220 503/255-7175 Special Ed. Teacher	01	WEISZ, Helene Starr, B.A. 2416 Burling Chicago, IL 60614 312/871-5918 Psychodramatist	02 (P)
D'ELIA, O. Dolly 31-50 85th Street Jackson Heights, NY 11370 212/478-2807 Administrative Ass't	05	KIRSCH, Audrey, M.S.W. 31 Briar Lane Jericho, NY 11753 516/621-0620 Clinical Social Worker	05		
DEMMING, Bruce, A.B.D. 3975 Meadow Gateway Broadview Heights, OH 44147 216/526-0320 Project Director	04 (P)	KOPMEIER, Anne, M.Ed. 1317 Massachusetts Ave. S.E. Washington, D.C. 20003 202/543-8131 School Counselor	04 S.E.		
DI CARLO, Sanna, M.S. 4032 Argonne Ave. Steubenville, OH 43952 614/264-6793 Child Development Spec.	04	MAZZARINI, Sherrie L. 601 Spring Felton, CA 95061 408/335-7531 Student	01		
DRAPELA, Gwen B., M.A. 2707 East 122nd Ave. Tampa, FL 33612 813/971-7046 Guidance Counselor	03	MC GIMSEY, John C., B.A. Box 62712 Española, NM 87532 505/852-4265 Counselor	01		
ELAM, Harry P., M.D. 924 Sheridan Road Evanston, IL 60202 312/864-3137 Therapist/Pediatrician	02	MC GRANE, Ann, M.Ed. 31 Granite St. Foxboro, MA 02035 617/543-5900 School Counselor	05		
ELLENBOGEN, Leslie Ann, M.S. 809 11th St. Wilmette, IL 60091 312/256-7614 Psychotherapist	02 (P)	MORGENSTERN, Gloria, B.S. 12300 Design St. Louis, MO 63141 314/878-6078 Teacher	02		