

NEWSLETTER

North American Society of Adlerian Psychology

Neva L. Hefner
Editor

159 North Dearborn Street
Chicago, Illinois 60601

June, 1982

PRESIDENT'S MESSAGE

Dear fellow members:

We have just received the exciting news that NASAP has been awarded a grant of \$25,000 for publications by the Seymour E. Clonick Estate through the efforts of Sydney Roth. The stipulation of the grant is that the Society establish a Publications Fund and that the first project will be a book on family education. The grant culminates an intense effort of several months to obtain such a grant by the Executive Committee and Sydney Roth.

The challenge facing NASAP is setting up guidelines on how this money will be used and for what purpose. I personally have strong feelings that we need to develop policies that will not just dissipate this sum. We should invest in projects that are likely to bring an income and a return to NASAP so NASAP in turn can fund additional projects. Therefore, we need to develop and/or support projects that have a good chance of being financially successful.


Recently, Ray Corsini sent out a letter encouraging Adlerians to write a self-help book based

on Adlerian principles that has the possibility of being a best seller. Perhaps an effort such as that could accomplish these ends. What are your ideas? What sort of material either printed, on film, or videotape would be an asset to your particular efforts to educate and help others in your community?

In other news, Heinz Ansbacher has published another article, this time in the *Bulletin of the Menninger Clinic*, on the topic of "'To Love and to Work,' Adlerian Thoughts on an Anecdote About Freud." Heinz has been kind enough to keep the Executive Committee and the Central Office informed of his publications in journals other than the *Journal of Individual Psychology* and *Individual Psychologist*. I find it helpful to know what Adlerians are publishing in other journals. Perhaps we could have as a regular feature of the newsletter a listing of such publications by NASAP members, if authors are willing to notify the Central Office.

Looking forward to seeing you in Santa Rosa.

Warmest regards,


Ronald J. Pancner, M.D.
President

CONFERENCES/MEETINGS/WORKSHOPS

June 10-15 30th Anniversary Convention of
NASAP, El Rancho Tropicana, Santa
Rosa, California
Contact: FEC of Petaluma, 7 Fourth Street,
No. 12, Petaluma, CA 94952.
706/762-8835

June 28- 11th Adlerian Workshop
July 3 Burlington, Vermont
Workshop Coordinator: Rowena
Ansbacher. (See details in "News-
notes," Region V)
Contact: Summer Session, University of
Vermont, Grasse Mount, Burlington,
VT 05405
802/656-2085

July 18-31 ICASSI '82, 15th Rudolf Dreikurs
Summer Institute, Badgastein,
Austria.
Contact: Harold V. McAbee, Ed.D., 2421
Kelford Lane, Bowie, MD 20715
301/464-2359

Aug. 2-6 15th International Congress of
Individual Psychology, Vienna,
Austria.
Contact: Dr. Anton Reinelt, Univ. Klinik
d. Neuropsychiatrie des Kindes
und Jugendalters, Währingergürtel
74-76, A-1090 Wien
In U.S., contact Harold V. McAbee,
301/464-2359

Aug. 2-7 Life Style, Family Counseling, Marriage Counseling - Marion Balla, Bob Brassington, Marie Hartwell-Walker, Maxine Ijams, Carleton University, Ottawa; \$175 (Canadian).
Contact: Adlerian Center for Counseling and Education
 1355 Bank St, Suite 201
 Ottawa, Ontario K1H 8K7

Aug. 8-15 Positive Discipline - Jane Nelsen, Maui, Hawaii; package price from San Francisco. (See details in "Newsnotes," Region I)
Contact: Jane Nelsen, Adlerian Consulting and Counseling Center
 4984 Arboleda Dr., Fair Oaks, CA 95628; phone 916/961-5551.

Aug. 14-18 Adlerian Counseling and Psychotherapy - Don C. Dinkmeyer, Sr., University of Tennessee. (See details in "Newsnotes," Region III).
Contact: Ms. Julia R. Rosamond, Credit Workshops Program, University Evening School, 451 Communications & Extension Bldg, University of Tennessee, Knoxville, TN 37996.

tally disabled; seriously emotionally disturbed) are being requested. This special issue will seek to address and stimulate the greater application of Adlerian concepts for understanding and working with special needs children and their families.

Potential articles for this special issue, planned for the 1983 volume year are all open to consideration, but might include: individual or group counseling with special needs children, their siblings, or parents; case examples and experiences; family counseling/education efforts; educational programs; agency or institutional programs; teacher/counselor education; future needs and projections; related research, etc.

The focus of any article should be distinctly Adlerian and of a primarily practical or applied nature. Interested authors are asked to submit a one-page typewritten proposal outlining the article they would like to contribute to this special issue to:

Dr. Charles H. Huber, Counseling & Human Resources, 106 South Hall, University of Bridgeport, Bridgeport, CT 06601.
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Position Desired

Ray Rich has a one-year leave of absence from his adolescent counseling position. He would like an internship or similar position, almost anywhere in the world, which would provide at least room and board and an opportunity for professional growth within the "Adlerian" philosophical framework. Ray has a Master's plus; and has conducted numerous workshops and college classes in addition to his eight years as a high school counselor. For further information contact Ray at P.O. Box 322, Meredith, NH 03253, or 603/279-4664 (work).

Position Available

A replacement is needed for one year for a counselor taking a year's leave in Meredith, New Hampshire. This is an excellent opportunity for an experienced counselor to enhance his/her professional development, or for a beginning counselor to gain valuable experience.

Position: Guidance Counselor, Inter-Lakes High School, Meredith, NH
 Qualifications: Master's degree and eligibility for New Hampshire Counselor Certification.
Contact: Michael Porter, Principal, Inter-Lakes High School, Meredith, NH 03253; 603/279-4664.

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Workshop Presenters Available

Kathy and Bill Kvols-Riedler, authors of the books, *Redirecting Children's Misbehavior*, *Parenting Guidelines*, and *Understanding Yourself and Others*, are planning their lecture tour for October 1-21. If anyone is interested in having them do a workshop for their organization, some dates are still available. You can contact them at the Rudolf Dreikurs Institute: Kathy & Bill Kvols-Riedler
 Box 3118 303/499-4500
 Boulder, CO 80307
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LETTERS TO EDITOR

Honduras Report

May, 1982

I hope this brief letter finds all going well for you and NASAP. I would like to inform the Society that at the end of April, I had the pleasure of being invited to the American School of San Salvador (capital of El Salvador) so as to introduce their staff to Adler's practical theory of human behavior and its applicability in the classroom. As always, the recognition of the purposefulness in misbehavior proved to be an extremely useful way of enabling the classroom teacher to gain greater collaboration from his/her students. In addition, two parent groups were started at the school using the STEP program in both English and Spanish.

After three years in Honduras, I soon will be residing in Tucson, Arizona where I plan to slowly but surely pursue the doctorate. In filing this last report, I'd like to acknowledge that my experience has shown me that many Central Americans are looking for a useful theory that will help them understand human behavior. As such, Adlerian ideas have been well received. In short, it seems to me that the Adlerian philosophy of life, concept of man, and its basic practicality can serve well this part of the world, where the quest for democracy and social equality is so evident.

--Steve Stein, Honduras

OF GENERAL INTEREST

"Special Issue" Articles Requested

Articles for a special issue of the *Individual Psychology: Journal of Adlerian Theory, Research and Practice* concerning "Adlerian Psychology and Special needs Children" (physically/men-

Adlerian Post-Graduate Institute
Announces 1982-83 Programs

Workshop Presenter Available



The Americas Institute of Adlerian Studies, Ltd., Robert L. Powers, President, will present a series of courses in Philadelphia, Kansas City, and San Francisco during the 1982-1983 academic year.

The Institute's three "Programs for Professionals" (for Clinicians, for Educators, and for Executives) are designed to meet the continuing education needs of professionals who already hold credentials and are working in the fields of clinical practice; child and adolescent guidance, education, and welfare; and in business and institutional administration.

Courses, taught over a period four days, are both complete in themselves and logically related to one another. Registrants may take any course at any location. Those who complete the three courses in their specialty field and who satisfactorily complete examinations in each will be awarded the Certificate of Professional Studies in Individual Psychology. A faculty of distinguished teachers of Individual Psychology has been appointed to teach in each of the three cities. CEUs will be granted. (Authority to grant CMES and APA-approved CEUs has been applied for.) Dates and topics follow:

UNDERSTANDING: Personality: Development and Dynamics. Philadelphia, Oct. 1-4; Kansas City, Oct. 29-Nov. 1; San Francisco, Nov. 12-15.

PRACTICE: Practical Applications of Psychological Understanding. Philadelphia, Mar. 25-28; Kansas City, Apr. 29-May 2; San Francisco, May 13-16.

ASSESSMENT: Understanding Individual Difficulties and Group Disturbances. Philadelphia, Jan. 14-17; Kansas City, Feb. 4-7; San Francisco, Mar. 4-7.

For further information and application form write or call: AIAS, 600 North McClurg Court, Suite 2500-A, Chicago, IL 60611; 312/337-5066.
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Publications

Raising A Responsible Child, by Dinkmeyer and McKay is now available in paperback through Simon & Schuster and is in bookstores. At the same time, over 30,000 STEP Parent Handbooks were released by Random House, New York, and there has been an effective publicity campaign through radio and television regarding the book.

Parents' Guide to Children: The Challenge-- For those who have been trying to get a hold of this publication, which was temporarily out-of-stock, Lawrence Zuckerman indicated it was to be available again in April, 1982, according to Dutton/Hawthorn Publishers.
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See you in Santa Rosa, California
June 10-15, 1982 Call: 707/762-8835

Rob Guttenberg will be presenting a program on Hospitalized Children in a number of cities between July 31 and September 30. Anyone interested in having him do a workshop program around other topics, please contact him at 3386 Cripple Creek Trail, Boulder, CO 80303, 303/494-6596. He will be in the following:

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|----------------|---------------|
| Denver | El Paso |
| San Francisco | San Antonio |
| San Diego | Dallas |
| Los Angeles | Houston |
| Seattle | Oklahoma City |
| Portland | Little Rock |
| Albuquerque | Birmingham |
| Salt Lake City | New Orleans |
| Tucson | |
| Spokane | |

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NEWSNOTES

Region I - Far West

CALIFORNIA

San Francisco--The AAI of San Francisco has started its summer sessions which will continue to August 21 and 25. They are Continuing Case Study Seminary, Henry Stein and Sophia de Vries; Individual Adult Treatment, Henry Stein.

James Wolf is conducting a series of Parent Education workshops at St. Luke's Hospital on Wednesday evenings. Tom Hurley has been teaching a course at Sonoma State University; Tom Clark has been offering a series on Stress Management.

Tom Hurley will offer group counseling for adults who were sexually abused as children, for the Sexual Abuse Treatment Services of the Mental Health Associates of Marin County. Groups are held on Thursdays in San Rafael and Tuesdays in Santa Rosa. Contact: Tom at 415/456-4452.

HAWAII

Mau--Positive Discipline workshop will be held Aug. 8-15 with Jane Nelsen, Director of Project ACCEPT (Adlerian Consulting Concepts for Encouraging Parents and Teachers). \$649 per person (double occupancy) includes round-trip airfare from San Francisco, seven nights in condo, with ocean view, seven day car rental, flower lei greeting, two continental breakfasts, buffet dinner, workshop registration (9 hours), and copy of Positive Discipline by Jane Nelsen. Contact Jane at: Adlerian Consulting and Counseling Center, 4984 Arboleda Dr., Fair Oaks, CA 95628; 916/961-5551.

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Region II - Midwest

ILLINOIS

Chicago--AAI of Chicago: In memory of Paul Rom, the Institute has established the Paul Rom Memorial Scholarship. In her letter of acknowledgement, his widow Elfriede, said: "I can think of no more fitting memorial to him and his works than a scholarship that will enable others to learn what he so much believed in."

The Institute has entered into a cooperative plan with the AAI of Minnesota. The interim plan will enable Minnesota students to move on towards the M.A. degree while the Minnesota Institute takes the necessary steps towards acquiring degree-granting authority and accreditation.

Full details on the 16 courses and workshops to be offered this Summer are available by writing or phoning the Institute at 312/346-3458.

If you are a graduate or former student of the Institute, your donation of \$50 or more could put the Institute over the top in meeting the \$10,000 Alumni Challenge Grant offered by the Woods Charitable Fund. At this writing (end of April) the alumni of the Institute have contributed \$8,200. Special one-day workshops offered by Faculty members without remuneration have helped to increase the contributions.

A March meeting of the Task Force for the Doctoral Program further developed and refined proposals for the program. The Task Force has scheduled an early May meeting to review possible interinstitutional cooperation plans with doctoral training programs in the area.

On May 2, 1982, the Chicago Area Adlerian Association completed its first year of programs.

There have been four well-attended meetings during 1981-82. There are now 55 paid members, and the group has hosted numerous guests from the Chicago metropolitan area representing many professions and schools of thought.

In 1982-83, the CAAA will continue to meet on the first Sunday of September, November, January, March, and May from 3:00-6:00 p.m. at the AAI of Chicago. The out-going Executive Committee includes: Robert L. Powers and Jane Griffith, Co-Chairs; Helen K. Cooley and Jay Colker, Program Co-Chairs; Daniel Jezioro and Sharon Stubblefield, Co-Secretary-Treasurer; Charlene Wenc and Eleanor Lawrence, Refreshment Co-Chairs.

The Executive Committee for 1982-83 includes: Helen K. Cooley and Jay Colker, Co-Chairs; Harry Elam and Fred Natkevi, Program Co-Chairs; D. Frank Elam and Ellen T. McGury, Co-Secretary-Treasurer; Bryna Gamson and Barbara Hochberg, Refreshment Co-Chairs.

Anyone interested in learning more about Adlerian Psychology and its applications is invited to attend CAAA meetings. Contact: Daniel or Sharon at 312/664-2655.

The Chicago Psychological Association has announced that Robert L. Powers was elected President Elect of the organization at its Annual Meeting at the Bismarck Hotel in Chicago on April 17, 1982. Founded in 1924, the Chicago Psychological Association is the oldest professional organization for psychologists in the Western Hemisphere. Powers has been a long-time member of CPA and has served on its Executive Council. He will assume the Presidency in April, 1983.

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MICHIGAN

Kalamazoo--Don Dinkmeyer, Sr. will be working at Western Michigan University as a Visiting Scholar on Thursday, September 9 and Friday, September 10. Thursday the focus will be on Adlerian Counseling: Psychotherapy, Life Style, Marriage and Family Therapy. There will be an evening talk open to the public. Friday the focus will be on Consultation Through Parent Education and Training for Effective Teaching (STET). This is an unusual opportunity to make Adlerian Psychology visible again in Michigan. Contact: Dr. Gil Mazer, Dept. of Counseling, Western Michigan University, Kalamazoo, MI 49008; 616/383-1975.

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Region III - South

TENNESSEE

Knoxville--The Credit Workshops Program of the University of Tennessee Evening School in cooperation with the Department of Educational Psychology will offer a workshop in Adlerian Counseling and Psychotherapy during the Summer, August 14-18, 1982.

The workshop conducted by Don Dinkmeyer, Sr., will emphasize applications of the Adlerian theory and techniques to individual counseling, marriage counseling, and family counseling. Intensive training will center on life style analysis, diagnosis, and the therapeutic change process. Dr. Dinkmeyer will offer an additional one-day workshop option for people interested in the STET program.

Workshop fee is \$280. Three quarter hours of graduate or undergraduate credit will be awarded to all participants willing to complete a workshop-related project.

Contact: Ms. Julia R. Rosamond
Credit Workshops Program
University Evening School
451 Communications & Extension Bldg.
The University of Tennessee
Knoxville, TN 37996-0341

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Region IV -- Middle Atlantic

Washington, DC--Walter O'Connell will participate in the American Psychological Association meetings August 23-27 and the Third International Conference on Humor, August 27-30, Washington D.C.

At the APA meetings, he will host a Conversation Hour for Division 36 on Natural High Therapy. At the Humor Conference, Buzz will deliver a paper on Self-Training for Humor.

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Region V -- Northeast

VERMONT

Burlington--The 11th Adlerian Workshop will be held at the University of Vermont, June 28-July 3, 1982. Rowena Ansbacher is Workshop Coordinator with Joyce Good as Assistant Coordinator. Tuition for in-state people is \$186 and out-of-state \$270 with a regis-

tration fee of \$10. Meal plan is available and rooms are \$50 and \$65 a week.

Presenters will be Alexandra Adler - Individual Psychotherapy; Gerald Mozdierz - Couple Therapy and the Concept of Paradox; James Bitter - Family Therapy; Heinz Ansbacher - Theoretical Background: Lectures on Adlerian theory in contemporary context.

Contact: Summer Session
University of Vermont
Grasse Mount
Burlington, VT 05405
802/656-2085

TRAINING IN COLLEGES AND UNIVERSITIES

We have tried to obtain information on colleges and universities where it is possible to receive Adlerian training. We have a partial list for your information. The following have summer programs available:

University of Arizona, Tucson

Contact: Dr. Oscar C. Christensen
Dept. of Counseling & Guidance
University of Arizona
Tucson, AZ 85721
or
Dr. Betty J. Newlon
Education 234
University of Arizona
Tucson, AZ 85721

Colorado State University, Fort Collins

Contact: Dr. Diane Archer
Colorado State University
Division of Continuing Ed.
Rockwell Hall
Fort Collins, CO 80523

University of Northern Colorado, Greeley

Contact: Dr. Diane Archer
Outreach Education Office
University of Northern Colorado
Greeley, CO 80639

Georgia State University, Atlanta

Contact: Roy M. Kern, Ed.D.
Georgia State University
Atlanta, GA 30303

Idaho State University, Pocatello

Contact: Tom Edgar, Ed.D.
Box 8225
Idaho State University
Pocatello, ID 83209

Northeastern University, Boston

Contact: Dorothy Bickling, Ed.D.
403 CU / 102 The Feniway
Northeastern University
Boston, MA 02115

Northwest Missouri State University, Maryville

Contact: Dr. Ron Jacques
Hake Hall
Northwest Missouri State University
Maryville, MO 64468

University of Nevada, Las Vegas

Contact: William C. Marchant, Ed.D.
Dept. of Counseling and Ed. Psy.
University of Nevada
Las Vegas, NV 89154

University of Nevada, Reno

Contact: Dr. Keith A. Pierce
Counseling & Guidance Personnel
Services Department
University of Nevada
Reno, NV 89557

Five Towns College, Messick, NY

Contact: Laura J. Metallo, Ph.D.
677 Adele Pl.
Baldwin, NY 11510

The University of South Dakota, Vermillion

Contact: Frank Main, Ed.D.
Associate Prof. of Counseling
School of Education
University of South Dakota
Vermillion, SD 57069

University of Vermont, Burlington

Contact: Heinz L. Ansbacher, Ph.D.
130 East Ave.
Burlington, VT 05401

West Virginia College of Graduate Studies, Institute

Contact: James Robert Bitter, Ed.D.
Associate Professor Counseling
W.V. College of Graduate Studies
O'Dell Hall, Beckley Center
210 Minnesota Ave.
Beckley, WV 25801

Wichita State University, Wichita

Contact: Dr. Timothy S. Hartshorne
Graduate Programs Coordinator
Campus Box 123
Wichita State University
Wichita, KS 67208

Other colleges and universities will be listed in future issues.

If any members are teaching in a college and university and it is possible to receive Adlerian training, please send the information to the Central Office of NASAP, 159 N. Dearborn, Chicago, IL 60601.

Come to Santa Rosa June 10-15, 1982 -- see your fellow Adlerians and learn together!

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