

NEWSLETTER

North American Society of Adlerian Psychology

Neva L. Hefner
Editor

159 North Dearborn Street
Chicago, Illinois 60601

January-February, 1983

PRESIDENT'S MESSAGE

Dear fellow members:

This letter is written in December as holiday preparations are in full swing. I wish to express greetings that the joyous holiday sentiments extend into 1983 and the hope that it is a bright and fulfilling year for each of you.

The Executive Committee will meet February 5 and 6 in Chicago and we invite your ideas for consideration at this meeting. The agenda includes:

1. Budget for 1983
2. Fund Raising Report
3. Transformation Proposal for the Reorganization of NASAP
4. Reports of Section Development Committee Members
5. Convention Reports: Tucson, Boulder and Toronto
6. Membership Renewal Report

We've received word that the first Individual Education program at the high school level has

been started in a public school near Worth, Illinois. It is a two-year experimental program. The program began with the institution of a freshman class and a plan to assess the program in June with the hope that each year a grade will be added. The *Individual Education Bulletin* has a new editor, Dr. Ann B. Pratt, 114 Learning Center, Capital University, Columbus, Ohio 43209.

The Americas Institute of Adlerian Studies, Ltd. (AIAS) has issued its first newsletter: *IP Reporter*, Jane Griffith, editor. This quarterly publication may be ordered at: AIAS, 600 N. McClurg Ct., Chicago, IL 60611.

Frank Walton has agreed to chair a membership drive for NASAP to begin in early spring and conclude in June following our Annual Convention. NASAP members will be receiving information on the drive in 1983.

Looking forward to 1983 and its developments!

With Warmest Regards,

Kathleen A. Walton, B.A.
President

31st Annual NASAP Convention & Workshops

Enriching Community
Family
Education
Therapy
Love Relationships
Business



May 26-31, 1983

Hilton Harvest House
Boulder, Colorado

Sponsored by: The Rudolf Dreikurs Institute
303/499-4500

At the time the Newsletter went to press (December 17), Alexandra Adler was in Bellevue Hospital, 1st Ave. & 27th St., New York 10016. She was struck by a car while walking out from her apartment. Our prayers and wishes are extended to her for a speedy recovery.

PLEASE NOTE--

Have you paid your 1983 dues? If so, thanks!

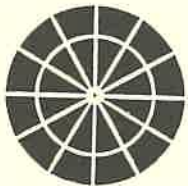
If not, this will be your last issue of the NASAP Newsletter.

Remember to renew your membership prior to January 31, 1983

CALENDAR OF EVENTS

- Jan. 11,12 *Encouragement Skills: Becoming a Positive Person*, Don Dinkmeyer, Sr. Contact: Fran Couch, Mental Health Assn., P.O. Box 389, 2214 8th St., Meridian, MS 39301.
- Jan. 15,16 Individual Psychology Society of Edmonton Workshops. Contact: David MacDougall, IPSE c/o Student Services, 10019 84th St., Edmonton, Alberta T6A 3P8.
- Feb. 6 Social and Program, 2-6 p.m., AAI of New York, *Coupling and Uncoupling, An Adlerian Viewpoint*, Sylvia Robbins. Contact: Merle Lemler, 212/549-7523.
- Feb. 24-27 NASAP Region 3 Meeting, Caravan Hotel, Orlando, Florida. Contact: Don Dinkmeyer, Jr., Box 8268, Coral Springs, FL 33065, 305/752-0793.
- Mar. 18,19 *Drug Abuse: Prevention and Intervention*, Rob Guttenberg, Elk Grove. Contact: Sacramento Area Adlerian Society, P.O. Box 609, Elk Grove, CA 95624.
- Mar. 20-23 APGA Convention, Washington D.C., Don Dinkmeyer, Sr. and Gary McKay will do a program on *Parenting with Teenagers*; Don Dinkmeyer, Sr. and Don, Jr., will do a program on *DUSO as Affective Education*.
- Apr. 9,10 Region V meeting, Roosevelt Hotel, New York City, *Social Responsibility in Inter-Personal Relationships, the Family and the Community*. Keynote speaker: Albert Ellis. Contact: Sylvia Robbins, 9 Myrtle Drive, Great Neck, NY 11021.
- Apr. 22,23 *Humor in Health Care*, Oregon Health Sciences University, Portland, Walter E. O'Connell, keynote speaker and workshop presenter. Contact: Oregon Health Sciences University, School of Nursing, Continuing Education, 3181 S.W. Sam Jackson Park Road, Portland, OR 97201.

WINTER-SPRING COURSES/WORKSHOPS



AAI of Chicago

Classes meet once a week for two-hour period for eleven weeks, unless otherwise noted.

- Jan. 3,17,31 #211 *Psychological Tests and Measurements*, Sherwood Perman
Feb. 14,28
- Jan. 4 #347 *Use of Art in Counseling*, Sadie Dreikurs
- Jan. 4 #501 *Professional Problems*, Howard Pollack

- Jan. 5 #344 *Marriage Counseling I*, Robert L. Powers
- Jan. 5 #472 *Continuing Case Seminar*, Sherwood Perman
- Jan.5,13,22 #421 *Seminar in Special Topics in Counseling/Psychotherapy*, Dorothy Peven
- Jan. 8,9 #102 *Introduction to Individual Psychology II*, Seymour Schneider
Feb. 5,6
- Jan. 13,29 #313 *Interviewing Techniques*,
Feb. 5,10 Ronald Forgus
- Jan. 29 *Psychodrama Workshop*, Adaline Starr
- Feb. 19,24 #503 *Small Group Supervision*,
Mar. 3 Dorothy Peven
- Feb. 20,21 #336 *Group Therapy: An Experiential Course*, Leo Lobl
Contact: AAI of Chicago
159 N. Dearborn
Chicago, IL 60601 312/346-3458
* * *



AAI of Quebec

Courses are part of the M.A. Program in Counseling Psychology and are held at Institute of Community and Family Psychiatry, 433 Cote St. Catherine Road, Montreal.

- Jan. 22,23 #321 *Comparative Theories of Psychotherapy and Counseling*, Harold H. Mosak
- Feb. 26,27 2nd part of #321, Mosak
- Mar. 12,13 #343 *Classroom Dynamics: Communications Systems in the Classroom*, Francis X. Walton
- Mar. 19,20 2nd part of #343, Walton
- Apr. 16,17 #315 *Life Style Diagnosis*, instructor to be announced
- Apr. 23,24 2nd part of #315
- May 7,8 #322 *Individual Psychological Treatment*, instructor to be announced
- May 14,15 2nd part of #322, Ronald Forgus
- June 4, 5 #501 *Professional Problems*, Howard Pollack
Contact: AAI of Quebec
4939 Grosvenor Avenue
Montreal, Quebec H3W 2M2
514/731-5675
* * *

--Come to Boulder, Colorado, May 26-31, 1983--
--Hold May 25-29, 1984 for Toronto, Ontario --

ORDER FORM

The following tapes are available from the 1982 Fall Convention of NASAP held in Tucson, Arizona, October 22-25, 1982. Please fill out this order form and send to: Chuck's Mobile Audio Recording
P.O. Box 27652
Tucson, AZ 85726
Tele. 602/881-1011

Friday Workshops, 1/2 day, \$15 each

A	Floy C. Pepper, M.D.	"Utilizing Adlerian Concepts in Special Education"
B	Stewart Gertner, Ph.D.	"Employee Assistance Program: Successes, Failures, and a Working Model"
C	Carol Davis Evans, Ph.D. Robert Evans, Ph.D.	"Sex Therapy"
E	Craig A. Everett, Ph.D.	"Family Systems Therapy: Assessment & Treatment"
F	Michael S. Nystul, Ph.D.	"Integrating Current Psychotherapies into Adlerian Psychotherapy"
H	Lynn K. O'Hern Frank R. Williams	"One Step at a Time: Exploring Step-Family Issues"
I	Peter Axelrod, Attorney Clarence Cramer, M.A. Cora Kenton, M.Ed. Tim Musty, A.C.S.W. Sherry Sedgwich, M.Ed. Mediation Assn. of Southern Arizona	"Divorce Mediation: Family Restructuring"
J	Kathy Kvols-Riedler Bill Kvols-Riedler	"Redirecting Children's Misbehavior"
K	Thomas G. Schramski, Ph.D.	"Elements of Psychodrama"

Saturday Workshops, 1 hour, \$7.50 each

1.	Kevin O'Connor, M.A. Renee Dushman, M.A.	"Smorgasbord of Adlerian Tools Used in Marriage Assessment"
2.	Gary McKay, Ph.D.	"S.T.E.P. for Teenagers"
3.	William Nicoll, M.Ed.	"The L.D. Myth"
4.	Jean Stuart, M.Ed. Lisa Ungar, M.Ed.	"From Panic to Peace"
5.	Marion Balla, M.Ed.	"Issues in Child Abuse"
6.	Edith A. Dewey, B.S.	"Guidelines for Resolution of Conflict"
7.	Lois J. Thompson, Ed.D.	"Financial Benefits of Counseling in an Industrial Setting"
8.	Jim Hayward, M.S.C.	"Organizational Behavior"
9.	Casimir E. Zielinski, Ed.D. Anne Jenkins, M.S.	"Non-Threatening Tools for Recycling/Training Tired Therapists/Counselors"
10.	Burt Sellick, Ph.D.	"Administrators Parachuted into Adlerian Lands"
11.	Madge Copeland, B.S., R.N.	"Creative Family Tree: Graphic Genograms"
12.	Robert Brassington, Ph.D.	"Changing Family Constellation in New Family Groupings"
12.	Steven Stein, M.Ed., M.A.	"Understanding Children's Misbehavior: A Video Presentation in Spanish"
14.	Marion J. Wolsey, M.Ed.	"Public Education on Elder Abuse"
15.	Lynn Lott, M.A., M.F.C.C.	"Think, Feel and Do"
16.	Guy Manaster, Ph.D.	"Make it Brief: Why and How of Time-limited Adlerian Therapy"
17.	William Mentzer, Ph.D.	"Adlerian Advances in the Holistic Revolution"
18.	R. J. Pancner, M.D.	"Depression: Environment - Chemical or Both"
19.	Harriett Kaplan, M.A.	"Parenting in China. The 1-Child Family"
20.	Betty J. Newlon, Ed.D. Miguel Arciniega, Ed.D.	"Cross-cultural Adlerian Family Counseling"
21.	Georgia Bichekas, Ph.D.	"Counseling Gays Across the Life Span"
22.	Wm. C. Marchant, Ed.D. LaNila Marchant, M.Ed.	"Parent-study Groups for Mothers of Incest Victims"
23.	Ellen Menis, M.Ed.	"Is Democracy the Solution for the Alcoholic Family?"
24.	Carolyn Crowder, Ph.D. Bob Lewis, M.A.	"Use of Adlerian Concepts and Techniques in Counseling with Sex Offenders"
25.	H. Alan Myers, M.A.	"Cocaine: From Leaf to Freebase"
26.	Linda Albert, M.Ed.	"Sex Education From an Adlerian Perspective"
27.	Linda Pair-Roberts, M.Ed.	"Bulimia: Binge-Purge Syndrome"
28.	Liliane Bensinger, M.A.	"Obesity: Care for the Overweight Person"
29.	Gloria DiCenso, Ph.D.	"Radix-Neo Reichian: Opening the Feelings"
30.	James McDonough, Ph.D.	"Motivation in Motion"

Sunday Workshops, 1/2 day, \$15 each

M	Frank Walton, Ph.D.	"Winning the Cooperation of Teenagers in School"
N	Margaret Dykinga, M.Ed.	"Business: The Counselor's Last Frontier"
O	Miriam Pew, M.S.W.	"Marriage Counseling"
Q	Roy Kern, Ed.D.	"Life Style: Key to Individual Stress"
U	Clair Hawes, M.Ed. Roland Hawes, M.Ed.	"Couples Growing Together"
V	Frank O. Main, Ed.D.	"Sculpting Blended Families"
W	Helen Cooley, M.A.	"Alcoholism: How to Avoid 10 Biggest Mistakes Clinicians Make"
X	James Bitter, Ed.D.	"A Recipe for Living"

Other, \$7.50 each

_____	Joe Sorrentino	Keynote Speech (Friday night)
_____	Lynn Lott	Luncheon speaker (Saturday)
_____	Lillian Beattie	Luncheon speaker (Friday)

_____	Total tapes @ \$15 each	\$ _____
_____	Total tapes @ \$7.50 each	\$ _____
_____	Total tapes ordered	\$ _____

Date _____

Ship to _____
 (name)

 (street address)

 city state/province zip/postal

(signature)

(see front side for address where tapes may be obtained)



AAI of San Francisco

- Jan. 12 to Apr. 13 Child and Family Treatment, Henry T. Stein
- Jan. 15 to June 4 Continuing Case Study Seminar, Henry T. Stein, Sophia de Vries

Contact: Henry T. Stein, Ph.D.
 7 Cameo Way
 San Francisco, CA 94131
 415/282-1661
 * * *



A
P
A
B
C
Adlerian Psychology
Association of
British Columbia

Workshops

- Jan. 11,12 Lead to Learn for parent study group leaders
- Jan. 24 Parenting Skills
- Feb. 4,5 4th Annual "Tuning-In"
- Mar. 5 Building Self-Conficence--Family
- Mar. 26 Art Therapy

Credit Courses

- Jan. 8,15 #101 Introduction to Individual Psychology, Part II, Tom Beames
22,29
- Feb. 11,12 #341 Family Counselling Part I, Edna Nash
- Feb. 25,26 #341 Family Counselling Part II, Edna Nash
- Apr. 16,17 #311 Clinical Assessment Part I, James Croake
- Apr. 30 #311 Clinical Assessment Part II, James Croake
May 1

Contact: APABC
 #210-2525 Manitoba St.
 Vancouver, BC V5Y 3A7
 604/874-4614
 * * *



The Americas Institute of
Adlerian Studies (AIAS)

In the Program for Clinicians:
The Psychological Understanding
of the Individual Life-Style.

In the Program for Educators:
The Psychological Understanding of the Child
and Adolescent in the School or Center Setting.

In the Program for Executives: The Psychologi-

al Understanding of Human Relations in the
Workplace.

- Jan. 14-17 Philadelphia, PA, Jane Griffith, Robert L. Powers, Timothy Sullivan, Francis X. Walton, Kathleen Walton
- Feb. 4-7 Kansas City, MO, Diane F. Archer, Jane Griffith, Richard R. Kopp, Robert L. Powers, Abby A. Sprik
- Mar. 4-7 San Francisco, CA, Jane Griffith, Richard R. Kopp, John Platt, Robert L. Powers, Ira Schoenwald
- Mar. 25-28 Philadelphia, PA
- Apr. 29-May 2 Kansas City, MO
- May 13-16 San Francisco, CA
 Courses for Clinicians, Educators, and Executives on the topic Practical Applications of Psychological Understanding. Faculty to be announced.

Note: AIAS is an organization approved by the American Psychological Association to offer continuing education for psychologists. APA approval does not imply endorsement of individual offerings.

Credit: 30 APA-CE (or 3.0 CEU) per course. Two graduate Credits per course may be earned through the College of Continuing Education, Roosevelt University, Chicago, Illinois.

Contact: Jane Griffith, Administrator, AIAS
 600 N. McClurg Ct. (Ste. 2502-A)
 Chicago, IL 60611
 * * *

Columbia, S.C.

Frank Walton will teach Psychology 537, Life Style Assessment, in Columbia, South Carolina, during the Spring semester. Those interested in obtaining information about enrolling in the course may call 803/798-0300.
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AAI of Minnesota

Starting Date - 8 weeks, evening

- Jan. 3 Tests & Measurements
- Jan. 13 Family Counseling
- Feb. 28 Theory and Practice of Group
- Feb. 28 Psychopathology
- Apr. 7 Clinical Assessment II

Weekend - Fri. 6:00-10:00 p.m.
 Sat. 8:30 a.m.-4:30 p.m.
 Sun. 8:30 a.m.-4:30 p.m.
 Wed. 5:00-10:00 p.m.

- Jan. 14 Fundamentals of Adlerian Psychology
- Jan. 21 Maintaining Sanity in the Classroom

Jan. 21 *Life Style II*
 Feb. 11 *Life Style I*
 Mar. 18 *Maintaining Sanity in the Classroom*
 Apr. 8 *Fundamentals of Adlerian Psychology*
 Apr. 15 *Communication Skills*
 Apr. 22 *Life Style I*
 June 10 *Maintaining Sanity in the Classroom*
 June 24 *Life Style I*

Two Weekends - Fri. 6:00-10:00 p.m.
 Sat. 8:30 a.m.-4:30 p.m.
 Fri. 6:00-10:00 p.m.
 Sat. 8:30 a.m.-4:30 p.m.

Jan. 28 *Introduction*
 Feb. 11
 Feb. 25 *Group Therapy: A Experiential Course*
 Mar.
 Feb. 18 *Clinical Assessment*
 Mar. 11
 Apr. 29 *Psychopathology II*
 May 13

Arranged

Jan. 6 *Abnormal Psychology*
 Mar. 10 *Human Sexuality*
 May 2 *Therapeutic Interviewing Skills*

Contact: AAI Minnesota
 5501 Green Valley Drive, Ste #104
 Bloomington, MN 55437
 612/835-9150

LETTERS

Mutual Sharing

Silver Spring, MD
 November 25, 1982

This Thanksgiving season I realize I have so much more to be thankful for and much of that centers around my association with NASAP. I would like to share with you some of my thought concerning the most recent conventions in Tucson and Santa Rosa.

Goethe said, "All truly wise thoughts have been thought already thousands of times." Certainly, Adler's philosophy developed from the people and experiences of his life, as well as his own uniqueness. "Adlerians in Action" and "Care and Connect" respectfully acknowledged the universality of ideas of which Goethe spoke.

Recognizing the contributions of the theories of others takes nothing away from Adler, but instead affords us an opportunity to grow, to learn and to see Adlerian principles from other perspectives. As we learn from other presenters they likewise have an opportunity to learn more about Adler. What better way to further the teachings of Adler and Dreikurs than by practicing the principles of mutual respect, acceptance, and equality through mutual sharing at the Adlerian conventions?
 --Susan Golden

Come to Boulder May 26-31, 1983 to the Hilton Harvest House for NASAP 1983!!

COMMITTEES - Development

Spreading Adlerian Ideas in Your Community

Sylvia Robbins of the New York Committee, Region V sent in the following report as an idea sharing item. Other ideas would be welcome; please send them to NASAP Newsletter, 159 N. Dearborn, Chicago 60601.

Thanks to the efforts of Bob Sherman and his influence on the Queens College Campus, a number of professors attended Jim Bitter's workshop on December 5. They had only high words of praise for their experience. Jim's ability as a fine teacher and a sincere, sensitive person created a warm, open atmosphere. On the following day, December 6, thanks again to Bob's efforts, Kurt Adler was the guest speaker at the Queens College Alumni Association. He spoke before 150 people, including many members of the faculty and students.

The New York Committee has a number of active devoted members--Chris Howard, Linda Penson, and Marge Von Ancken, who were former students of Bob's. Bob always brings his students with him when the New York Committee sponsors a workshop. In addition, there are alumni of AAI of New York--Gus Sosa, Bernice Zimney--and current students Merle Lemler and Zan Bucher. Thanks to all their efforts, 1982 was a banner year!



From the desk of . . .

The Development Committee suggests that local college professors be invited to meetings or workshops.

Sample letters of invitation follow--

I am the leader of a parent study group, associated with..... We teach the democratic concepts of raising children taught by Alfred Adler and well expressed in Rudolf Dreikurs' book, *Children: the Challenge*. (perhaps list some sample concepts)

If you are interested in learning how we apply these ideas to practical problems such as disobedience, bedwetting, sibling rivalry, lying and stealing and truancy, drugs,...etc., please come as our guest to.....

or for teacher education professors...

If you are interested in hearing how we apply the ideas in *Maintaining Sanity in the Classroom* to the problems that every teacher must face in these days, please come as our guest to....

or for psychology/counseling professors...

(introduce yourself or your organization, follow that up with some information on Adlerian Psychology, such as, the following)
 As you probably know, fifty years ago Alfred Adler taught democratic child-rearing, equality between the sexes, the importance of birth-order positions, and the development of life-style belief systems, as well as focusing on the use of encouragement, creativity in problem solving, goal-directedness and social interest. His contributions were not limited to

power struggles and superiority, as many books would have us believe, although he had many useful insights to offer there, too.

We are offering a seminar on....and we wish to invite you and your students to come as our guest to hear how these concepts are applied to practical everyday life problems:

REGIONAL ORGANIZATIONS

Region III - South

Orlando

From the 24th through the 27th of February, 1983, Region III will hold its annual conference in Orlando, Florida. The Caravan Resort Inn will serve as the conference site, an ideal setting central to major highways, the Orlando airport and area attractions--including Walt Disney World's new international EPCOT Center! A single room will be \$32 and a double will be \$36. Consider a family holiday at this inn!!

The Conference will feature programs on Saturday, February 26 and workshops on Thursday, Friday and Sunday, February 24, 25 and 27.

Contact: Don Dinkmeyer, Jr.
NASAP 3 Conference Coordinator
4010 N.W. 99th Ave.
Coral Springs, FL 33065
305/752-0793

OF GENERAL INTEREST



NASAP 1983

Boulder, Colorado is the site for the 1983 NASAP Annual Convention and Workshops with the theme ENRICHING COMMUNITY:

Family, Education, Therapy, Love Relationships, Business.

Now is the time to start juggling calendars in preparation of the May 26-31, 1983 dates and what will prove to be an exciting program. Bill and Kathy Kvols-Riedler of the Rudolf Dreikurs Institute of Colorado are co-sponsoring the event and have developed an exceptional program of workshops, including presentations by Kurt Adler, Sadie Dreikurs, Miriam L. Pew, Francis X. Walton and Maxine Ijams. Keynote speaker is Robert L. Powers. A clinician's tract will be offered Saturday, May 28 and Sunday, May 29, with Dorothy Peven, Ronald Pancner, A. Blackburn, Walter E. O'Connell and Bill Linden.

Those unfamiliar with Boulder will find the setting both exciting and convenient. Located at the very base of the Rocky Mountains, Boulder offers a small town setting with a cosmopolitan atmosphere. Only 40 minutes from Denver's Stapleton International Airport, a myriad of activities await NASAP '83 attendees; not only with stimulating workshops and convention sessions but with the amenities of the Hilton Harvest House (host hotel) and its 16 acres of tennis courts, pools, jogging track, volley ball court, and of course, Boulder itself!

For information, contact Linda L. Wise, Centennial Conferences, 1215 Mapleton, Boulder, CO 80302; 303/449-8320.

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Freud on Adler...

NASAP member, Helen R. Ellis, reports on her visit to the Freud Museum in Vienna where Freud's mementoes reveal his misunderstandings and feelings of rivalry toward Adler:

(written by Freud in 1911 to...?)

"...I have taken over the Presidency of the Vienna Group again after Adler's and Stekel's resignations. Adler's behavior was no longer reconcilable with our psychoanalytic interest, he denies the importance of the libido and traces everything to aggression. The damaging effects of his publications will not take long to make themselves felt."

(written by Freud to Karl Abraham, March 3, 1911)

"He (Adler) has created for himself a universal system without Love, and I will execute on him the revenge of the offended goddess."

Thanks Arizona!

Through the joint efforts of the Adlerian Society of Arizona and the Adlerian Institute for Counseling and Therapy, the NASAP '82 Fall Convention was a resounding success! Over 200 interested individuals participated in the 3-day convention weekend. Thanks go to over 100 Adlerians associated with the Arizona Society or the Institute who contributed their efforts to making this final semi-annual meeting such a success! As one presenter/participant so succinctly commented, "It was a Masterpiece!" And this masterpiece will be able to make a substantial contribution to the NASAP treasury!

Adlerians Make Headlines...

Oscar Christensen

Mary Caldwell, NASAP member from Ohio, shared an Associated Press article that appeared in Cleveland's The Plain Dealer. Under the title of "Parents confused, counselor says," the Press reported on Oscar Christensen's October 23 talk to the American Academy of Pediatrics in New York.

The excerpts printed by the Press indicated that parents' confusion arises out of the changing social relationships that have encouraged children to believe they are equal to their parents. Most of the article dealt with the problems that arise between parents raised in an autocratic society and children who see themselves as social equals. The concluding suggestion quoted from Christensen was to offer the child a choice instead of laying down orders; the child is then faced with living with that choice.

Mitchel Messer, Chicago

The entire front page of the "Living" section of the *Chicago Sun-Times* recently featured Mitchell Messer and his anger workshops. The reporter attended one of the five-hour anger clinics Messer has been conducting throughout the midwest and summarized that experience. Included were the four basic goals of a person's negative behavior ("mischief"); managing anger rather than suppressing it; and learning how to avoid becoming victims of another person's anger.

Mitch Messer will be featured on the Phil Donahue show on January 7, 1983. (Robert L. Powers and Lynn Lott have been previous guests on that program.)

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New Book on Success

Lew Losoncy's new book, *Think Your Way to Success*, is now available. Its sub-title is "How to develop your positive self-image to achieve your goals and become the person you want to be." Once again, Lew identifies his source of information (Adler) in his first statements. "The music in this book, like the music in our lives, flowed from the orchestrated efforts of many people. The lyrics were primarily influenced by the writings of Alfred Adler, the psychiatrist of common sense..."

This 190 page paperback sells for \$5 and is available through the publisher, Melvin Powers, Wilshire Books, 12015 Sherman Road, North Hollywood, CA 91605.

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First South Carolina Conference

The Columbia Adlerian Society will sponsor the first (hopefully annual) state-wide conference of Adlerian Psychology at Springmaid Beach, September 23-25, 1983. Springmaid Beach is located at the south end of Myrtle Beach. CAS was able to reserve very low cost housing and conference facilities owned by Spring Industries. Registration information will be forthcoming. In the meantime, reserve the dates for a "working vacation" on the South Carolina coast at a time of the year when the weather there is at its loveliest!

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Graduate Student Conference

The 11th annual Graduate Student Conference in Personality and Social Psychology will be held April 15 and 16, 1983 at the University of Oklahoma, Norman, sponsored by Division 8 APA.

According to the conference coordinator, Eric J. Jolly, the conference presents a unique opportunity for graduate students in psychology to develop both professional skills and to form the relationships among colleagues which will be the foundations of their academic careers. It is a forum for the presentation and exchange of ideas among their peers in a comfortable, relaxing format.

Deadline for paper submissions is March 1, 1983.

For more information regarding graduate student conference contact: Eric J. Jolly, Department of Psychology, University of Oklahoma, Norman, OK 73019; 405/325-4387.

NEWSNOTES

from
the Regions



Region I - Far West

ARIZONA

Tucson--The Joint Conference of the Western Region of the American Society of Group Psychotherapy and Psychodrama and the Federation of Trainers and Training Programs in Psychodrama will be held at the Santa Rita Hotel in Tucson, Arizona, January 27-30, 1983. Conference Coordinator is NASAP member Thomas G. Schramski. Contact: Ellen R. LaBelle, Registrar, 927 North 10th Ave., Tucson, AZ 85705, 602/882-0090.

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WASHINGTON

Seattle--Rudolf Dreikur's family counseling demonstrations live on in Seattle through a program sponsored by the Seattle Parent/Teacher/Student Association.

Bob Bradbury, trained with Dr. Dreikurs at Alfred Adler Institute, Chicago, and Dan Slav-in, trained with Ray Lowe at Eugene, Oregon, are co-counselors of the "Sanity Circus." (Maintaining Sanity when a three-ring circus is going on around you.)

The program was begun on October 6 and will continue each Thursday evening. Six Antioch University students are interns in the program which has attracted attention of educators, counselors and the media as an effective help to parents and professionals in social services. ("Northwest Today" featured Bob for an hour demonstration.)

The program meets at Seward School, which may become the first Individual Education school in the Seattle School District. Mike Feeney, Principal, and Bob Bradbury will be leading a two-day workshop for the District on I.E., January 21 and 22, 1983.

STEP classes are being offered by the PTSA in each region of the School District, thanks to Ann Skutt and her dedicated group of teachers.

Adlerian/Dreikursian Psychology is alive and well in Seattle.

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Newsletter Deadlines

Feb. 7, 1983	March-April issue
Apr. 7	May-June issue
June 8	July-August issue

Region II - Midwest

ILLINOIS

Champaign-Urbana--Bronia Grunwald will be presenting workshops in the Champaign-Urbana area. She will present *The Child and His Teacher*, February 24, Urbana School District No. 116, 1602 S. Anderson St., Urbana 61801. Contact: Mrs. Betty LaCrone. *Parenting and Understanding the Misbehavior of the Child* will be presented February 25 at the Champaign Community Schools, Unit School District No. 4, 703 S. New Street, Champaign 61820. Contact: Mrs. Lynn Hoffman.

Arlington Heights--Bronia Grunwald will present an all day workshop at the Arlington Heights Public Schools, District No. 25, 301 W. South Street, April 23, 1983. The title of the workshop is *Understanding Misbehavior of Children and the Application of Effective Corrective Measures*. Contact: Duane Thompson.

Chicago--Norman Silverman, NASAP member and graduate of the AAI of Chicago, has completed his doctoral work at Loyola University in Chicago and will receive his Ph.D. degree in Clinical Psychology in January.

Chicago--AAI of Chicago: More than 100 attended the Rudolf Dreikurs Memorial Lecture on December 4 given by Ray Lowe of the University of Oregon and sponsored by the AAI of Chicago. The lecture was held at St. Joseph Hospital Auditorium, and commemorated the 10th anniversary of the death of Dr. Dreikurs. Taking part in the program were Sadie Dreikurs and many of those who worked with Dr. D. in Chicago.

The Illinois Department of Corrections has offered to the Institute, through the Rudolf Dreikurs Psychological Services Center, a contract to provide counseling services to local parolees.

- * The Institute is seeking a part-time Director *
- * for its Psychological Services Center and a *
- * part-time Dean of Faculty/Director of Graduate *
- * Studies. The two positions may be filled by *
- * one or two persons. Details are available *
- * from the Institute. (The Institute is an *
- * equal opportunity employer.) *

Plans are being formulated to match the \$50,000 grant offered to it by the Estate of Seymour E. Clonick, as previously announced. This very generous grant opens the door to many additional avenues of support.

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Region III - South

FLORIDA

Tampa--The Florida Council of Libraries sponsors a Florida Book and Author Festival each year. The Festival involves local authors giving speeches and/or workshops in libraries in different cities. During January and February, Linda Albert will be guest speaker in different libraries around the state. In some of the libraries, she'll be talking about *Coping with Kids*. In others, the topic is *The Fine Art of Grandparenting*. Needless to say, in a

state with so many retirees, the grandparenting speech is proving very popular.

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Region V - Northeast

QUEBEC

Montreal--The workshop on *The Use of Humor in Counseling and Psychotherapy* by Gerald J. Mozdierz was very successful, Liliane Bensing-er reports. It was held on December 3 at the auditorium of the Institute of Community and Family Psychiatry, Montreal and was attended by over 80 people. Participants were psychiatrists and mental health personnel, social workers, school counselors and others.

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International

ENGLAND

Kirsten Sonstegard reports that she recently returned from England, where she ran training and growth workshops in action therapy and psychodramatic techniques for the Cambridge-shire Group of the Adlerian Society of Great Britain, the Social Psychology Class and the Teenage Group in High Wycombe and the group in Wendover. She also worked as a consultant with Liz Smith, Speech Therapist, using psychodrama with an electively mute child.

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An ICASSI first...
The Rudolf Dreikurs School
for Families

A one-week workshop on family living for parents, children and youth will be held in Geneva Park, Canada, August 1-8, 1983. Program includes:

- Theory and practical applications in cooperative family living;
- New ways of communicating in the family;
- Enrichment of marital relationships
- Problem solving and decision making;
- The art of having fun together;
- Enjoyable family activities.

Tuition: US\$165 per person. Room and board: US\$165 to \$265 adults; US\$140 children 8-12 yrs.; US\$95, 4-7 yrs. US\$100 deposit required for reservations. Contact: William A. Brown, Sr., 12202 Sir Lancelot Drive, Glenn Dale, MD 20769 301/262-3429.

ICASSI '83 Guernsey

16th Rudolf Dreikurs Summer Institute, Isle of Guernsey, July 17-31, 1983, features courses, workshops and demonstrations for personal and professional development in the theory and application of Adlerian-Dreikursian principles; an internationally known faculty and participants from fifteen countries. College-University credit may be earned.

Tuition: \$300 adults, \$500 couples, \$200 college age; \$150 children/youth 4-17. US\$100 deposit will reserve space and counts towards tuition. Contact: Hal McAbee, ICASSI Administrator, 2421 Kelford Lane, Bowie, MD 20715-2899 301/464-2359.

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Thanks to the following who have donated since drive was
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