

# NEWSLETTER

## North American Society of Adlerian Psychology

Neva L. Hefner  
Editor

159 North Dearborn Street  
Chicago, Illinois 60601

November - December, 1983

### PRESIDENT'S MESSAGE

Dear fellow members:

The Executive Committee met September 17-18. The reorganization has dominated our activities this past year. The constitutional changes, which are necessary to implement the reorganization, have been sent to all members of the society for their vote. I hope each of you will see fit to vote your support to the changes brought about through the dedicated work of your delegates. In one sense there is closure, but in another sense there is a beginning. There is a beginning in the form of the development of interest sections.

Interest section development is underway and is directed towards the goal of enhancing professional growth and increasing the development and spread of principles and techniques of Individual Psychology by drawing together Adlerians with similar professional interests.

Further regional development is being encouraged with recommended increased regional meetings and networking. Hopefully this networking will

encourage these Adlerians to be a support system to one another and subsequently encourage their alliance with the central organization, NASAP.

I must admit I'm feeling very connected with Adlerians, having three weekends in a row scheduled for Adlerian meetings: Executive Committee in Chicago, The S.C. Conference of Adlerian Psychology in Myrtle Beach, and the Region III meeting in Atlanta. The S.C. Conference of Adlerian Psychology was our first state conference and it was very successful. The 125 participants were enthusiastic about the opportunity to connect with one another and to grow professionally. We agreed to return to Myrtle Beach, September 14-16, 1984 for our second meeting. I'm also anticipating a good meeting in Atlanta!

Looking ahead, the Delegate Assembly will meet November 4-6. This will be the first Delegate Assembly apart from the semi-annual meeting. We are meeting in the Alfred Adler Institute in Chicago.

With Warmest Regards,

*Kathleen A. Walton*

Kathleen A. Walton  
President



Join Us in Toronto for  
NASAP '84

32nd Annual Convention  
and Workshops

May 25-29, 1983

Loews Westbury Hotel  
475 Yonge St., Toronto

### Pre-Convention and Post-Convention Workshops

Oscar Christensen on Family Counseling  
Ronald Forgas on Race Relations  
Leo Gold on Dreams  
Richard Kopp on Management  
Lew Losoncy on Encouragement  
Gerald Mozdzierz Intimacy, the Human Mystery

Buzz O'Connell on Death and Dying  
Miriam Pew on Marriage  
Bob Powers & Jane Griffith on Techniques of  
Individual Psychotherapy

Hotel rates:	U.S.	Canadian
Single	\$65	\$78
Double	\$76	\$88

(Reservation cards will be sent with conference mailing after first of year.)

"Call for Papers" included in this newsletter;  
deadline changed to November 15.

An Extra - Toronto's 150th Birthday Celebration

Contact: Steven Moore, Coordinator  
46 Arundel Avenue  
Toronto, ON M4K 3A2  
416/465-7994

CALENDAR OF EVENTS

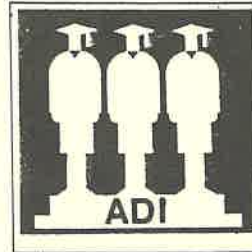
- Nov. 4,5 *Psychodrama Workshop, Kirsten Sonstegard, AAI of Southeast Michigan, Troy, Michigan. Contact: AAISM, 313/342-9211.*
- Nov. 8 *Choosing Partners and Appreciating Differences, Tom Petersen, Iny Way, Mishawaka, Indiana. Contact: Family & Children's Center, Inc., 219/259-5666.*
- Nov. 11-13 *Midwest Psychodrama Training Institute and Conference, Americana Congress Hotel, Chicago. Contact: Peg Donohue, Governor's State University, 312/534-5000, Ext. 2558.*
- Nov. 18,19 *Intimacy, Sexuality and Spiritual Growth, Helen K. Cooley, Interactions Institute, Evergreen Park, Illinois. Contact: Interactions Institute, 312/582-9056.*
- Nov. 19,20 *The Challenge of Sexual Harmony: Relations between the sexes, Bernard H. Shulman, Dorothy Peven, AAI of Chicago. Contact: AAI, 312/346-3458.*
- Nov. 20,27 *Anger Clinic, Mitchell Messer, Sheraton Homewood Inn, Homewood, Illinois. Contact: The Anger Clinic, 312/263-0035.*
- Dec. 11,18 *Anger Clinic, Mitchell Messer, Midland Hotel, Chicago. Contact: The Anger Clinic, 312/263-0035.*

- Dec. 3 *Encouragement Part III: Emphasis on Tactics, Steven Moore*
- Dec. 3,4,10 *Clinical Assessment I, James Croake (#311)*

For fees, location of classes, etc., contact:

AAI of Ontario  
 Toronto Office  
 4 Finch Ave. West  
 Suite 10, Willowdale  
 Ontario M2N 2G5  
 416/222-2048

\* \* \*



The Adler-Dreikurs  
 Institute of Human  
 Relations

- Nov. 12, 13 *12th Annual Adlerian Fall Conference Series; Theme: Innovative Techniques in Counseling and Therapy*

Contact: Dr. Harold V. McAbee  
 Conference Chairperson  
 The Adler-Dreikurs Institute  
 The Graduate School  
 Bowie State College  
 Bowie, MD 20715  
 301/464-3404

\* \* \*

FALL COURSES/WORKSHOPS



- Nov. 11-13 *Clinical Assessment (Part II), 9:00 a.m. to 4:30 p.m. each day, James Croake.*

You need not be enrolled in formal program; it is Course 312 for those enrolled in AAI of Chicago program. Location: APABC Office.

Contact: Adlerian Psychology Assn. of B.C.  
 #210 - 2525 Manitoba Street  
 Vancouver, B.C. V5Y 3A7  
 604/874-4614

\* \* \*



The Adlerian Center for Counselling  
 and Education

- Nov. 10 *Positive Parenting, Marion Balla, Robert Brassington, 7:30 to 10 p.m.*
- Nov. 19 *The Adoption Triangle, Mac Hiltz, 9:30 a.m. - 1:00 p.m.*
- Nov. 24 *Communication - Effective Listening = Effective Relationships, Bill Jones, 7:30 to 10 p.m.*
- Dec. 4 *Reducing Stress in Personal Relationships, Balla, Jones, Brassington, 7:30 to 10 p.m.*

Contact: The Adlerian Center for Counselling and Education  
 1355 Bank Street, Suite 201  
 Ottawa, Ontario K1H 8K7  
 613/737-5553

\* \* \*



AAI of Ontario

- Nov. 12 *Between Teachers & Adolescents, Bronia Grunwald, 9 a.m. - 4 p.m.*
- Nov. 19 *Change: To Understand and Initiate Change in Patients, Harold H. Mosak, 9 a.m. - 4 p.m.*

Thank you Robert L. Powers--  
 NASAP has learned from our Boulder hosts that Bob donated his honorarium for the keynote address at NASAP Convention. We appreciate this generous expression of Social Interest!!



AAI of Cincinnati

Dec. 27-29 Introduction to Individual Psychology II (#102), Michael F. Hartings

Location: AAIC, 111 Wellington Place

Contact: Sally Schwenkmeyer, M.A.  
Administrative Director  
7655 Coldstream Drive  
Cincinnati, OH 45230  
513/232-4849  
\* \* \*



AAI of Minnesota

Nov. 12 Adlerian Dream Analysis, Bob Willhite

Dec. 2-4 Life Style II (A 201), Berta Shapiro, Bob Willhite

Dec. 2-4 Family Counseling (A303 C341), Bernice Grunwald

Dec. 9,10, 11,14 Psychology of Addiction (A203) Seminar in Alcohol Counseling (C441), Bob Willhite

Dec. 10 Anne Wilson Schaefer, author of Women's Reality

Contact: AAI of Minnesota  
5501 Green Valley Drive,  
Suite #104  
Bloomington, MN 55437  
612/835-9150  
\* \* \*



AAI of San Francisco

Nov. 1-22 Adlerian Adult Treatment - Individual Psychotherapy, Henry Stein

Nov. 5- Dec. 3 Continuing Case Study Seminar and Master Class, Sophia de Vries and Henry Stein

Contact: Henry T. Stein, Ph.D.  
AAI of San Francisco  
1580 Valencia St. Suite 801  
San Francisco, CA 94110  
415/282-1661  
\* \* \*

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Join Us In Toronto - May 25-29, 1984  
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The Americas Institute of Adlerian Studies (AIAS)

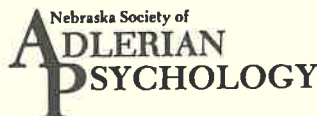
Assessing Individual and Group Styles

Dec. 2-5 Philadelphia  
1984

Jan. 13-16 Kansas City  
Feb. 3-6 San Francisco  
Feb. 10-13 Los Angeles

Note: AIAS is approved by the American Psychological Association for the continuing education of psychologists. Graduate credit is available through Roosevelt University, Chicago.

Contact: Jane Griffith  
Administrator, AIAS  
600 North McClurg Court  
Suite 2502A  
Chicago, IL 60611  
312/337-5066  
\* \* \*



Nov. 5,6 Life Style II, Bob Willhite, Georgia Bichekas

Nov. 19 Therapeutic Counseling, Georgia Bichekas

Dec. 4,5 The Fifth Life Task, Georgia Bichekas

Dec. 17 Sexuality, Dick Slama

Contact: The Nebraska Society of Adlerian Psychology  
256 North 115 Street  
Omaha, NE 68154  
402/330-3443

LETTERS

Correction: Eleanore Redwin Memorial

Edwardsville, IL  
September 10, 1983

I was gratified to read in the September-October issue of the *Newsletter* that my friend, Eleanore Redwin, was honored with a memorial tribute. Since my childhood I have known Elly, whose long illness and death last spring was a loss not only to her friends and loved ones, but also to the Adlerian world. However, please note an error in the tribute, which stated that "in 1945 she instituted the first Child Guidance Center in Chicago." In the *Terner and Pew biography of Rudolf Dreikurs (The Courage to be Imperfect)*, on pages 166-167,

Elly's work at the Chicago centers is described, and on pages 146-155 the history of the Chicago centers is given. Rudolf Dreikurs began a long-term and successful Child Guidance Center at the Abraham Lincoln Center in 1939. It was a center I visited often before World War II. Although Elly was a very important person in the Child Guidance Center development in Chicago, it was not she who started the movement nor was the beginning of the Child Guidance Centers as late as 1945. Thank you for correcting this in the Newsletter.

--Eva Dreikurs Ferguson

Ed. Note:

*The Newsletter stands corrected on Ms. Redwin's involvement in the early development of the Chicago Child Guidance Centers. The editorial staff appreciates the sensitivity with which Dr. Ferguson shares this correction with her fellow NASAP members.*

SECTIONS

Business and Organizations Section

The Business and Organizations Interest Section published its first newsletter and included a draft of a tentative charter, which follows:

Business and Organizations

Purpose

The purpose of the Business and Organizations interest section shall be to provide a continuing forum within NASAP to survey, examine, evaluate, create, recommend, advocate and promote applications of Adlerian psychological theory and technique to the solution of problems of business and organizations.

Membership

The membership will consist of NASAP members who are interested in and support the purpose of the interest section.

Organization

The business of the organization will be conducted by an executive committee. A business meeting shall be held at least annually at the NASAP Convention.

If you are interested in being a member of this Section and receiving the *Business and Organizations Newsletter*, send \$2 to:

Ira Schoenwald, Editor  
Business and Organization Newsletter  
4565 Wellington Court  
Cypress, CA 90630

\* \* \*

Professional Clinicians

The Section for Professional Clinicians has mailed a proposed charter and invitation to apply for membership to approximately 150 persons who listed their services as clinical in some way in the 1981 Directory. The proposed

charter defines clinicians as those professionals who offer treatment services to people who are identified as suffering from mental or emotional disorders, who are licensed, registered or certified to perform these services by their respective states.

Those NASAP members who have an interest in joining such a special interest section and have not received the mailing may be added to the mailing list by writing:

R. J. Pancner, M.D.  
2805 Fairfield Avenue  
Fort Wayne, IN 46807

\* \* \*

Counseling & Therapy Section

The Counseling and Therapy: Couples, Individuals, and Families Interest Section is now applying for a charter. If you are interested in being a charter member of this group, and helping to shape it, please send \$5.00 immediately to:

Renee Dushman, Treasurer  
8523 N. Harding  
Skokie, IL 60076

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REGIONAL ORGANIZATIONS

Region III-South



The Seventh Annual Region 3 Conference will be held in Orlando, Florida, at the Caravan Resort Inn, February 23-26, 1984. There will be Pre-Conference Workshops on Thursday and Friday, the Conference programs on Saturday and workshops on Sunday. The Caravan Resort Inn is central to major highways, the Orlando airport, and area attractions--less than 15 minutes from the airport and Walt Disney World.

Specific information on the conference workshops will be available November 1 and is available through:

Charles H. Huber, Ph.D.  
NASAP 3 Conference Coordinator  
P.O. Box 17074  
University of North Florida  
Jacksonville, FL 32216  
904/646-2838

*A very big thank you to Region III for donating \$1,000 to the work of NASAP.*

\* \* \*

Region IV -- Middle Atlantic

Word has been received that Region IV planned to hold a fall meeting in conjunction with the Adler-Dreikurs Institute of Human Relations Fall Conference on October 21, 22, Bowie, Maryland. We look forward to further word on the meeting and hope it will again be an annual event.

\* \* \*

*Meet you friends in Toronto - May 25-29, '84*

OF GENERAL INTEREST

Stepfamily Living

Challenge Grant Auction

We continue to climb towards our goal and need your ongoing assistance. In Boulder, the Fund Raising Committee decided to plan an auction to be held in Toronto at the Annual Convention. It is scheduled for Saturday, May 26, 1984, and we are now beginning to gather items for the evening. Donations received to date:

- (1) 50 photographs of Alfred Adler autographed by Kurt Adler;
- (2) a wooden duck personally carved by Oscar Christensen;
- (3) a one-day workshop fee by Oscar Christensen (person will pay Oscar his expenses and the auction fee will equal his workshop fee);
- (4) dinner in Washington, D.C. with the Ionedes';
- (5) fishing expedition with Frank Main in South Dakota;
- (6) song composed by Richard Kopp.

Please consider what you could contribute to this very important happening! We need many more items to complete the prize list. Think about making a contribution NOW. Send your ideas to:

Marion Balla  
1355 Bank St., Suite 201  
Ottawa, Ontario K1H 8K7

or:

Neva L. Hefner  
NASAP Central Office  
159 N. Dearborn  
Chicago, IL 60601

Thank you for all your previous generosity to the Challenge Grant, which was made possible through the gift of the Seymour E. Clonick Estate. We can only climb together to meet the goal of \$50,000, and we are gaining ground each day. I look forward to your input of ideas for auction items as well as personal contributions of auction prizes.

--Marion Balla, Chairperson  
Fund Raising Committee  
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To Know Me is To Love Me

Lynn Lott and Marilyn Kientz have authored the recently published, To Know Me is To Love Me, a workbook which contains many of the exercises Ms. Lott uses with her clients in her private counseling practice. The idea for the book originated with Ms. Lott's desire to have personal albums that people could review to remember what they had learned about themselves from their classes and therapy. The book is easy to read and designed for anyone interested in learning more about themselves. Cost per copy is \$6.65 (includes postage). Contact:  
Lott Counseling  
1049 4th St.  
Santa Rosa, CA 95404.  
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Linda Albert is one of the authors of a new series of booklets on stepfamily living. They provide information for stepparents and the professionals who work with them within an Adlerian framework. The four booklets are: Stepfamily Living--

- Preparing for Remarriage
- Pitfalls and Possibilities
- Dealing with Discipline
- Encouragement and Enrichment

Each of the booklets cost \$3--Ms. Albert is offering a special price to NASAP members of \$7.50 per single set of 4 booklets. Contact:  
The Family Education Center of Florida  
P.O. Box 260421  
Tampa, FL 33685

\* \* \*



Cassettes

Encouragement Cassettes

Lewis Losoncy shares with his fellow Adlerians the news of his recent interview with Psychology Today magazine and the availability of his audio cassette on encouragement entitled, Turning People On. The cassette may be purchased for \$10.95 through

Psychology Today  
One Park Avenue  
New York, NY 10016 or through

Encouragement Associates  
221 S. 7th Avenue W.  
Reading, PA 19067

Persons may also phone collect 215/373-6858.

Lew has also finished the first of three video cassettes, a one-hour color presentation entitled, Encouragement Theory, Part 1. This video cassette is "Dedicated to Alfred Adler and Rudolf Dreikurs, whose minds could see further than their eyes." The tape is available in VHS, vinyl cover, and may be ordered from Encouragement Associates, address above.  
\* \* \*

1983 Convention Tapes

A list of cassettes available from the Boulder convention was published in the September-October issue of the Newsletter.

Please note that the following program is available and was omitted from the list:

Alcoholism and Depression, Helen K. Cooley, (1 tape, \$6.50), presented Sunday, May 29

Also please note that the name and address of the firm where the 1983 Convention tapes may be purchased has been changed. If you wish to order cassettes from the 1983 Convention, contact:

Business Products, Inc.  
11 Federal Blvd., Suite 1  
Denver, CO 80219  
303/937-9170

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Psychodrama in Chicago

Chicago, Illinois will be the site of the First Midwest Psychodrama Training Institute and Conference in the Americana Congress Hotel, November 11 through 13, 1983. This combined meeting of training and conferencing is made possible through the sponsorship of Governor's State University. The Training Institute will be conducted during the day of Friday, November 11 from 9:00 a.m. to 5:00 p.m., and will feature five certified Psychodrama trainers, each demonstrating his/her particular style of directing. The Conference proper will begin in the evening of the 11th and will include a Sociodrama directed by Ann Hale of Roanoke, Virginia.

During the day on Saturday and Sunday, November 12 and 13, twenty-five or more demonstrations and mini-workshops will be conducted. The latter will include a presentation by NASAP member, Renee Dushman, on Psychodrama and Early Recollections. Fees are \$35 for the Training Institute, \$55 for the Conference, or \$75 for both. Contact: Peg Donohue, Governor's State University, Office of Conferences and Workshops, Park Forest South, IL 60466. 312/534-5000, Ext. 2558 or 2436.

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Scholarship Program for  
1984

The Board of Directors of the International Committee for Adlerian Summer Schools and Institutes (ICASSI) has approved a special fund to provide scholarships for professionals, lay persons and graduate students involved in Adlerian/Dreikursian psychology. Three memorial scholarships will cover tuition, board and room at ICASSI '84 Summer Institute in Siena, Italy.

(1) The Rudolf Dreikurs Memorial Scholarship is to be awarded to a professional person already practicing in the field. Applications should include: academic background; leadership potential; commitment for developing a project promoting Individual Psychology; a brief description of your proposal; describe your present involvement in Individual Psychology, if any; references.

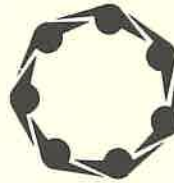
(2) The Ruth Holger-Nielson Memorial Scholarship is to be awarded to a lay person active in family education and counseling centers. Applications should include: commitment and proposal; leadership potential; past and present involvement in Individual Psychology; references.

(3) The W.L. "Bill" Pew Memorial Scholarship is to be awarded to a graduate student preparing for a professional career. Applications should include: commitment for developing a project in the community or university or conduct some action research in Individual Psychology; a brief description of proposal; leadership potential; present involvement in Individual Psychology, if any; references.

In addition to the above, there are four tuition only scholarships for \$250 each. All

applications will be screened by a Scholarship Committee and final selections will be announced by mid-April. Contact: Miriam L. Pew, 1725 Emerson Ave. S., Minneapolis, MN 55403.

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NASAP '85 in Atlanta

Our goal for the 1985 Convention is to provide the opportunity for wide participation in the full-day and half-day workshops. We hope to have representation in the areas of Theory and Research; Clinical; Counseling and Therapy; Family Education; Business and Organizations; and Education. Please send a very brief preliminary description of proposed workshops, including your address and telephone number, to: Maria Francis  
College of Arts and Sciences  
Georgia State University  
Atlanta, GA 30303  
404/658-2297

From this preliminary call for programs for Pre- and Post-Convention Workshops, we will design pre-convention publicity.

--Maria Francis, Co-Ch.  
Program Committee  
\* \* \*

Memorial for Eleanore Redwin

On Friday, September 30, forty people whose lives were touched and enriched by knowing and associating with the late Eleanore Redwin met at the Alfred Adler Institute of Chicago to pay tribute to her memory. Harold Mosak, Chairman of the AAIC Board of Directors, announced that an Eleanore Redwin shelf has been designated in the AAIC Library, along with the establishment of a Fund in her memory to furnish the Library shelf with books on the subjects with which Elly worked: Adlerian parent education, family studies, etc. In addition, the Eleanore Redwin Memorial Scholarship Fund has been established by the Board in her honor.

Those assembled were invited to share their fond recollections of their associations with Elly. Anecdotes were told, tears were shed, thanks was given for the counsel and friendship she had extended to various individuals.

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NASAP 84 Call for Papers

Included with this newsletter is another "Call for Papers" for the Toronto Convention in 1984.

PLEASE NOTE:

Deadline has been extended until November 15 for the Call for Papers.

CORRECTION:

Tape recording a presentation is optional, not mandatory. You need not be a member to present paper so that line was removed.



NASAP '84 CALL FOR PAPERS    DEADLINE: November 15, 1983

We would like to thank those of you who have already been very generous with your encouragement and help toward NASAP '84. Our annual conventions are a testimony to cooperation and we salute that spirit. Welcome aboard if you are hearing from us for the first time.

If you wish to contribute to NASAP '84 by presenting during the Saturday/Sunday Programme, please complete the information below and send it to: STEVEN MOORE,

PROGRAMME COMMITTEE CHAIRMAN,  
46 ARUNDEL AVENUE, TORONTO, ONTARIO M4K 3A2

The length of the Saturday/Sunday presentations will be 80 minutes for individuals and three hours for panels. The Committee is looking for approximately 48 different presentations.

Name of Presenter \_\_\_\_\_ Phone \_\_\_\_\_

Address \_\_\_\_\_

Degrees or Titles \_\_\_\_\_

Presentation Title \_\_\_\_\_

Presentation Description (150 words) \_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Are you strongly opposed to a panel presentation with others on a common topic?    Yes \_\_\_\_\_    No \_\_\_\_\_

Audio-Visual Requirements \_\_\_\_\_

\_\_\_\_\_

Presentation Summary (50 words) to be published in the official journal of NASAP, *Individual Psychology*. Describe the content contained in your presentation and indicate what basic Adlerian principles or techniques you are highlighting. (Use separate sheet)

**Affiliates:**

Chinguacousy Family Education Centre  
Dreikurs Association of Barrie  
Dreikurs Association of Rochester  
Dundas (Pulse)  
Essex County Association for Adlerian  
Family Education

Family Education Centre for the Niagara Region  
Grey-Bruce Parent Education Association  
Guelph Organization for Learning & Development  
Kingston Association of Adlerian Psychology  
London Institute for Family Education

Muskoka Association for Family Enrichment  
Northeastern Ontario Family Education Centre  
Ottawa West Family Enrichment Association  
Parents Plus (Sault Ste. Marie)  
Quinte Region Family Living Council  
Stouffville Family Life Centre

NASAP '84 CALL FOR PAPERS DEADLINE November 15, 1983/ Page 2

Workshop Format (Lecture, Demonstration, Seminar, etc.) \_\_\_\_\_

Special Requirements (Please be specific in terms of what you require and when) \_\_\_\_\_

Texts You Will Recommend (For ordering books for the booksale table) \_\_\_\_\_

This presentation will be of interest to \_\_\_\_\_

The following applies for those willing to have their presentations tape recorded.

I hereby give NASAP and AAI0 and their representatives, employees, officers, and anyone whom they may authorize the right and permission to make audio recordings of my workshop for NASAP '84 without compensating me in any way.

I hereby waive any right to inspect or approve the finished audio recordings and I hereby release and discharge NASAP, AAI0, their representatives, employees, officers, and anyone whom they may authorize from and against any liability in the making and selling audio tapes of my NASAP '84 workshop.

Dated \_\_\_\_\_ Signed \_\_\_\_\_





from the Regions

Region I - Far West

CALIFORNIA

Petaluma--The Family Education Center of Petaluma reports that it is presently celebrating its eighth year of service to the Petaluma community and Northern Bay area. Among its services are the weekly meetings of the FEC Parent Support Groups, which provide a place for parents to come together to learn parenting skills and to share problems they hold in common with their parent peers. The FEC offers other services, including a Teen/Parent Program, Book Study Groups, School Services, Adult Support Groups, Speakers Bureau, Nurses Continuing Education Program, a two-year Internship Program and counseling services.

The FEC reports that those involved with its programs are enthusiastic about its continued growth, as is shown by its recent fund raising efforts which resulted in a \$2,000 gain. Among the methods used in this drive were a membership drive, a winter square dance, a spring race-the human race; and a baked goods sale. The future will see a Christmas bazaar and various balloon sales. The FEC welcomes creative suggestions for fun and exciting fund raising ideas. Contact: Family Education Center, 7 Fourth St., No. 29, Petaluma, CA 94952, Attn: Pam Taylor (or send ideas to NASAP Newsletter!)

\* \* \*

Sacramento--The Sacramento Area Adlerian Psychology Society (SAAPS) announces in its Fall, 1983 Newsletter that an Adler-Dreikurs Institute is finally being realized in the Sacramento area. Several persons have begun the process of organizing an Adlerian training and educational institute which will be a non-profit effort to establish a place where interested people can acquire new alternatives and educational information in family education. The current board members are: Bonnie Smith, Judi Dixon, Cary Cochran, Jean Cochran, Frank Meder, John Platt and Maureen McCoustland. Ideas and suggestions would be appreciated and may be sent to: Maureen McCoustland, 8322 Pacific Grove Ct., Sacramento, CA 95828.

\* \* \*

San Francisco--Eight-week Parent Study Groups are now running in San Francisco. If interested, call Jo-Anne Hahn at 415/552-8162.

San Francisco--Laurie Stein will offer a Parent Education Workshop at St. Luke's Hospital in San Francisco, November 2 to December 7. She will also conduct a Parent Education Workshop for the parents and teachers of the Fremont and Union City Montessori Schools, November 5 through December 10. Contact: AAI of San Francisco 415/282-1661.

\* \* \*

San Rafael--Henry Stein will present a workshop on Adlerian Couple Treatment at the CAMFT regional meeting on December 4. Contact:

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Region II - Midwest

ILLINOIS

Chicago--The Alfred Adler Institute of Chicago reports that its Board of Directors, faculty and alumni have raised over \$21,000 towards the Seymour E. Clonick \$50,000 Challenge Grant. President Eugene McClory expresses his appreciation to the many NASAP members who are helping the Institute realize its goal.

Twenty Institute graduate students will receive degrees and certificates on Sunday, October 16, at the Dixon Chapel of the Chicago Temple Building. Eight of the graduates completed a substantial portion of their Adlerian training through their local institutes.

The North Central Association has scheduled the Institute's site visit in mid-January. A self-study of the Institute is being completed in preparation for this site visit. All accredited institutions are required to have regular site visits. The site visit which led to full accreditation was conducted in 1977.

Chicago--The Challenge of Sexual Harmony: Relations Between the Sexes will be presented by Bernard H. Shulman, M.D., and Dorothy Peven, M.S.W., on November 19 and 20, 1983, at the Alfred Adler Institute of Chicago, 159 N. Dearborn. This two-day workshop will deal with sex as one of life's tasks with which each human being must come to terms and upon the various challenges for men and women in achieving harmony in their sexual relationships. Contact: AAI of Chicago, 312/346-3458.

Chicago--Robert L. Powers and Jane Griffith, Adlerian Psychology Associates, P.C., have announced the affiliation of Jim Bitter, NASAP Vice President, and his wife, Lynn Williams, in their practice of psychology. Jim is a National Certified Counselor specializing in family and group therapy. He is a member of Virginia Satir's "Avanta Network," and has blended Adlerian approaches with Satir's Communication/Process Model in his work with families.

Lynn Williams is a Speech-Language Pathologist, currently pursuing the Ph.D. degree at Northwestern University. Lynn holds the Certificate of Clinical Competence in Speech Pathology. Before moving to Chicago, she established and was Department Head of the Speech-Language Pathology Clinic at Appalachian Regional Hospital in West Virginia. At Adlerian Psychology Associates, Lynn will specialize in diagnosing and treating communication disorders, applying Adlerian principles of family dynamics in her work.

Contact: Jane Griffith, 600 North McClurg Court, 2502-A, Chicago, IL 60611.

\* \* \*

Chicago--Adlerians presenting at the National Middle School Association Annual Conference November 10-12, 1983, at the Marriott, 540 N. Michigan, Chicago, are:

Kay L. Kummerow and Jerry Hiller, *Helping Children become cooperative and motivated students thru role training and action techniques.*

Kay L. Kummerow and Ronald D. Mengarelli, *Parent Study Groups.*

\* \* \*

Evergreen Park--A training workshop for counselors, clinicians and supervisors working in the field of alcoholism is being offered November 18 and 19, 1983, by Helen K. Cooley, M.A., S.A.C., at Interaction Institute, 2400 W. 95th St., Evergreen Park, Illinois. It is approved for 12 hours of continuing education units by IACCB. Contact: Interactions Institute, 312/582-9056 or 422-1848.

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INDIANA

Mishawaka--The Family and Children's Center in Mishawaka is celebrating National Family Week by offering workshops for professionals and families. Two of them are in October: *Practical Techniques for Winning Children Over*, Robert L. Powers, Oct. 15. *Values, sex and Commitment: Talking the Tough Subjects at Home* (with teens and parents), Kevin O'Connor, Oct. 25.

*Choosing Partners and Appreciating Differences*, a workshop for marrieds, singles, couples, will be led by Tom Petersen and Iny Way on November 8, at the Century Center. Contact: Family & Children's Center, 1411 Lincoln Way West, Mishawaka, IN 46544.

\* \* \* \* \*

MICHIGAN

Detroit--Kirsten Sonstegard will present a workshop on *Psychodrama*, sponsored by the AAI of Southeast Michigan, on Friday, November 4, 1983, 7:00 to 9:30 p.m., and Saturday, November 5, 1983, 9:00 a.m. to 5:00 p.m. The workshop will be held at the Central Woodward Christian Church in Troy. Kirsten will present an introduction to Psychodrama and the use of the Lifespace Drawing as a diagnostic technique at the evening session. The following day she will do a family sculpture and demonstrate the empty chair technique.

Registration fees: Friday, \$15 with unlimited enrollment; Saturday, \$50, limited to 40; \$60 for both sessions, \$30 for students. The workshop is geared to lay people and professionals who desire a growth experience and who wish to acquire new skills they can readily apply in their helping relationships. Contact: AAI of S.E. Michigan, 3840 Estates Drive, Troy, MI 48084; Tele 313/342-9211.

\* \* \* \* \*

MINNESOTA

Bloomington--AAI of Minnesota began its fall season in September with courses and workshops and the re-opening of the Family Education Center. There are a few openings in the graduate program in Counseling Psychology. For information on the courses to begin in January,

contact: AAI of Minnesota, 5501 Green Valley Drive, Suite #104, Bloomington, MN 55437; 612/835-9150.

\* \* \* \* \*

NEBRASKA

Omaha--The Nebraska Society of Adlerian Psychology offers three educational programs-- 1) Training in Counseling; 2) Training in Therapeutic Counseling; 3) Proficiency in Therapeutic Counseling. They provide a Speakers' Bureau to give short in-service presentations and to speak to professional and student groups, service clubs and organizations. NSAP publishes a newsletter five times a year. For further information, contact: Nebraska Society of Adlerian Psychology, 256 North 115th St., Omaha, NE 68154; 402/330-3443.

# # # # #

Region III - South

PUERTO RICO

Caparra Station--Kathy and Frank Walton will be in Puerto Rico to present a one-day workshop on applications of Adlerian Psychology for school counselors November 9, 1983, and a one-day workshop for practicing psychologists November 11, 1983. Contact: Mary Alice Lausell, 276 Santa Narcisa, Caparra Station, PR 00921.

\* \* \* \* \*

SOUTH CAROLINA

Columbia--The first state-wide conference on Adlerian Psychology attracted 125 participants from nearly every county in South Carolina as well as seven states and Puerto Rico. The conference, held at Springmaid Beach near Myrtle Beach, received such enthusiastic support that the facilities were immediately reserved as the site of the next annual conference, September 14-16, 1984!

Columbia--Frank Walton presented a program devoted to classroom communication for Sunday School Teachers at the annual Lutheran Sunday School Teachers Convention, held at St. Andrews Lutheran Church in Columbia, October 22, 1983.

# # # # #

Region IV - Middle Atlantic

MARYLAND

Bowie--The 12th Annual Adlerian Fall Conference Series sponsored by The Adler-Dreikurs Institute of Human Relations, Bowie, began October 1 and 2, followed by October 22 and 23. The concluding workshop in the series will be November 12 and 13 at a cost of \$50. The theme for the 1983 series is: *Innovative Techniques in Counseling and Therapy*, concentrating on emerging problems and techniques for counselors and therapists.

Contact: Dr. Harold V. McAbee, The Adler-Dreikurs Institute, The Graduate School, Bowie State College, Bowie, MD 20715.

\* \* \* \* \*

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# A \$50,000 CHALLENGE YOU make the difference

\$50,000.00	goal
<u>14,196.70</u>	received
\$35,803.30	to go!!

The following have donated since the report in the May-June issue of the Newsletter.

- |  |  |
|--|--|
| Adler Assn. of Manitoba<br>Bouchillon, Bill & Pat<br>Golden, Susan<br>Jennings, Suzanne<br>Malke, Jacob<br>Markowski, E.M.<br>McElroy, Lonnis<br>Nash, Edna<br>Palo, Anthony | Platte, Gertrude<br>Quiring, Ethel<br>Rancour, Joann Sue<br>Region III - South<br>Schnebly, Larry<br>Sonstegard, Manford<br>Ternay, Marilyn<br>Thatcher, Paul<br>Thomas, Carin & Wm. |
|--|--|

The following donated funds to the Challenge Grant in honor of the person who introduced them to Adlerian Psychology or had some special significance in their lives (in addition to those reported in July-August):

Donor	In Honor of
FEA of NWNJ	Birgit LaMothe
Gordon-Rosen, Marion	Albert Rosen (husband)
Hahn, Jo-Anne	Harold Mosak
Lew, Amy	Jim Booth
Maybell, Steven	Robert L. Powers & Jane Griffith
Sonstegard, Manford	Rudolf Dreikurs
Venable, Susan	Birgit LaMothe
Wenbert, Barbara A.	Homer Kiracofe

Our thanks to those who have donated to the Fund Raising Drive and to those who served as the model or catalyst to the donors. Remember-- each dollar becomes two for NASAP thanks to the Challenge Grant received from the Estate of Seymour E. Clonick.

There is still time to send donations before the end of the year to receive the 1983 tax break! Please join with your fellow members and donate in the name of the person/persons who introduced you to Adlerian Psychology. A letter will be sent to those persons honored by the donation.

Send donations and ideas to NASAP, 159 N. Dearborn, Chicago, IL 60601.  
 --Marion Balla, Ch.

OHIO

Cincinnati--An attractive flier was received from the Alfred Adler Institute of Cincinnati describing their institution and educational possibilities. The opportunity is available to work towards a Master's Degree in Counseling Psychology, Certificate in Psychotherapy, or single credits at the M.A. level. A post-graduate degree is granted by the AAI of Chicago. Classes are held in Cincinnati on the weekends and evenings.

Contact: Sally Schwenkmeyer, M.A., Administrative Director, 7655 Coldstream Drive, Cincinnati, OH 45230; 513/232-4849  
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Region V - Northeast

MASSACHUSETTS

Amherst--A series of workshops dedicated to offering practical help to families in all their variations is being sponsored by the Adlerian Counseling Center of Amherst throughout the year. The series will be held on three weekends and three Wednesday evenings at a cost of \$5 for each Wednesday and \$20 for each Saturday.

The first was held on September 30 and October 1 on Stepfamilies. Future workshops include: November 16 - Sooner or Later: The Timing of Parenthood, Pamela Daniels; January 18, 1984 - What Every Unmarried Couple Living Together Should Know, William Hart; February 11, 12 - The Ups and Downs of Single-Parenting, Morris Shepart, George Kelly, staff of ACC; April 18 - The Multi-Generational Family: The Psychological and Practical Concerns of Including an Elder in Family Life, Georgia Sassen; May 11, 12-- Changing Sex Roles in Today's Families, ACC staff.

Contact: Marie Hartwell-Walker, Ed.D.  
P. Lawrence Belove, M.A.  
Adlerian Counseling Center of Amherst  
60 N. Whitney St.  
Amherst, MA 01002  
\* \* \* \* \*

NEW YORK

Manhattan--Del Eberhardt is leading several workshops in November at the Adlerian Center for Psychotherapy and Family Education, 310 West 72nd St., Manhattan, NY. Dates: November 1- Overcoming Failure; November 8 - Coping Positively with Stress; November 15 - How Can I Know What I Want to Do With My Life?; November 22 - Developing Confidence to Take Risks; November 29 - Couple's Workshop--Exploring the Pros and Cons of our Relationship. Time: 6:30 p.m. to 8:30 p.m. Contact: 212/442-8797.  
\* \* \*

New York--The New York Committee of Region V is sponsoring a workshop on Refinements in Paradox as an Adlerian Psychotherapy Technique, led by Gerald J. Mozdierz. It will be a workshop, lecture, demonstration with audience participation and will be held at the Barbizon Plaza Hotel, 106 Central Park South. Contact: Sylvia Robbins, 9 Myrtle Drive, Great Neck, NY 11021; 516/487-7243.  
\* \* \* \* \*

ONTARIO

Thunder Bay--Burt Sellick, Counseling Director of Hillcrest High School, reports that he has been busy promoting Adlerian ideas in northwestern Ontario via his involvement in workshops and seminars. These included family living concepts in the Laurentian University's Native Counselors' Training program; classroom management with the entire staff and trustees of Geraldton High School; co-director of the 12th Northwestern Ontario Student Leadership Conference with his wife, Fin. In November, Dr. Sellick will be in Sault Ste. Marie leading a parenting program with the Batchewana Indian Band and conducting a workshop for the Catholic diocese on developing cooperation between parents and teens. Dr. Sellick indicates he is available for similar presentations; contact him at Hillcrest High School, 96 North High St., Thunder Bay, ON P7A 5R3.  
# # # # #

International

ISRAEL

Tel Aviv--The AAI of Israel announces that its annual Tel Aviv Seminar (TAS) will be held during January and February, 1983 in Tel Aviv. TAS serves as an intensive training program in process therapy and features combined studies of advanced Adlerian counseling theories with the socio-therapeutic system or Impasse/Priority Therapy, as developed by Nira Kfir. A variety of lectures, workshops and volunteer activities will be offered. NASAP member William H. McKelvie will be a visiting guest lecturer. Participants may take part in weekend recreational tours of Israel. All TAS programs are offered in English, and are open to all professional practitioners in the mental health fields. Tuition: \$1,000; accommodations are in private homes at a cost of \$250-\$300 per month. Contact: Alfred Adler Institute, TAS 1984; 60, Sheinkin Street, Tel Aviv, 65233, Israel. Tele. 03-614071.  
\* \* \* \* \*



17th Rudolf Dreikurs Summer Institute  
and  
International School for Families

Siena, Italy will be the site of ICASSI's Summer Institute, July 15-29, 1984. It will feature courses, workshops, and demonstrations for personal and professional development in the theory and application of Adlerian-Dreikursian principles with an internationally known faculty and participants from 18 countries. College-university graduate credits may be earned.

In conjunction with its Summer Institute, ICASSI will also sponsor an International School for Families, which will serve as an opportunity for families of all nations to gather for a vacation in developing an atmosphere of family cooperation and encouragement.

A \$100 deposit will reserve space for you and counts toward tuition, which is \$250 for adults, \$450 married couples, \$175 college age, \$150 children/youth. Contact: Harold V. McAbee, 2421 Kelford Lane, Bowie, MD 20715.