

# NEWSLETTER

## North American Society of Adlerian Psychology

Volume 17, Number 4

July-August 1984

159 N. DEARBORN STREET  
CHICAGO, ILLINOIS 60601

### P R E S I D E N T ' S M E S S A G E

#### Chairing the "Family Council"

NASAP has always felt like a family to me. So, being elected President of NASAP feels like being rotated to Chair of the Family Council. To Chair a Family Council, read Delegate Assembly, of approximately 30 who represent a family of almost 1200 might seem an awesome task. However, with Marion Balla and Don Dinkmeyer, Jr. re-elected and E Clair Hawes and Betty Lou Bettner elected as officers to form the Executive Committee, with Neva Hefner's guidance, the shared task seems manageable.

#### The New Delegate Assembly

The Delegate Assembly (DA) has been composed solely of delegates elected from the Regions, and has always shown a cooperative attitude. In the next years the face of the DA will change, as delegates represent Interest Sections, as well as Regions. This change, the result of our new Constitution and By-laws, means that the DA will illustrate the expertise and interests as well as the geography of our Society. It means that the DA, will represent as many as twelve functioning units within the Society. With the vast and varied talent of the Sections and Regions active on the DA. I see the next years as awesome only to the degree that I am awed by our potential.

#### Recognition of the Work of Kathy Walton

Kathy Walton is primarily responsible for steering and facilitating the strides and changes that have occurred during her terms as President. She has done a phenomenal job. Thank God, and our By-laws, which keep her with us as Past President.

#### A Note Honoring Ronald Pancner

Sadly we do not have a position called "Past,

Past President," so that Ron Pancner would have to continue to provide his wisdom on the Executive Committee. However, he will continue on the DA as a representative of the Clinicians Section.

#### A Thank You to Past DA Members

On behalf of the Society, I want to thank the people who are leaving the DA: Jim Bitter, Jo-Anne Hahn, Maxine Ijams, Roy Kern, and Barbara Porter.

#### A Welcome to New DA Members

Again, on behalf of the Society, I wish to welcome the new DA members: Edward "Abe" Abelson (from the Clinicians Section), Renee Dushman and Tom Edgar (from the Counseling and Therapy Section), Brenda Even, Birgit LaMothe, and Tom Schramski (from Region VI), and Eugene Gauthier and Mary Grisco (from Region I).

#### The Task Ahead of Us

Our immediate task is to fulfill the hopes and intentions of our reorganization and fund raising efforts. Your officers and delegates are dedicated to the task. With your help and support we will all be successful.

#### Raves and Thanks to Toronto

Another awesome task I face is to adequately express my appreciation to those responsible for the highly successful NASAP convention held in Toronto the end of May. Space does not permit the rave review I'd like to make. It was well organized; smoothly run; facilities were excellent; the program was varied and of high calibre. Our thanks to the Alfred Adler Institute of Ontario for hosting the convention, and special words of appreciation to the coordinators, Steven and Susan Moore.

Guy J. Manaster  
President

RESOLUTION ON ENVIRONMENT

Joseph Meiers, Maurice L. Bullard, and Robert Powers submitted a resolution to the Delegate Assembly to enlist the support of Adlerians for the various movements dedicated to the protection and preservation of the natural environment. The following resolution was unanimously adopted by the D.A. at its meeting in Toronto, and is submitted herewith for consideration by NASAP members:

We see in the environmental movement a logical and ultimate extension of the Social Interest, and we commend to every member of NASAP a lively and active interest in the affairs of the various societies and associations which have addressed themselves to the defense of those universal conditions upon which all life now, and in the future depends.

# # # #

HONOREES AT NASAP BANQUET

Two long-time Adlerians were honored at the NASAP banquet in Toronto for their contributions to Individual Psychology. The plaques presented to them expressed the following words of appreciation:

Alexandra Adler, M.D.--in recognition of her dedication to the continuation and expansion of Adlerian theory and practice in the fields of psychiatry and education, through her teaching, lecturing, counseling, and professional and personal example.

Raymond N. Lowe, Ed.D.--in recognition of his dedication to the continuation and expansion of Adlerian theory and practice as a teacher, administrator and counselor, and for his ability to generate enthusiasm in countless students and practitioners of Adlerian Psychology.

Ronald J. Pancner, President of NASAP from 1980-82, was unable to attend the convention. His dedicated service as President was recognized, and his plaque will be presented at a later date.

Neva L. Hefner, Executive Secretary, was honored for her dedicated service, and was presented with a plaque by the Presidents with whom she worked: Robert L. Powers, Leo Gold, Francis X. Walton, Harold H. McAbee, Edna M. Nash, Ronald J. Pancner, and Kathleen A. Walton.

# # # #

VITAL STATISTICS for NASAP '84 IN TORONTO-----

- 275 -- Pre-Convention Workshops
- 325 -- Keynote Address
- 490 -- Sat-Sun Convention
- 311 -- Gala Banquet
- 182 -- Post-Convention Workshops

620 Grand Total for People Registered!!!!!!!!!!



LETTERS TO THE EDITORS

Expressing Appreciation

I would like to express my appreciation to you for your time and energy spent on the *Newsletter*. I have very little contact with "fellow Adlerians" and look forward to receiving each issue.

--Ronald W. Jaques  
Maryville, Missouri

Correcting the Coining of a Phrase

I suspect many people have called attention to a mistaken date in the quote from the book, *So... Why Aren't You Perfect Yet for \$4.95?*, (*Newsletter*, May-June, 1984, p. 6):

...in 1965 when Adlerian Psychiatrist, Rudolf Dreikurs coins the phrase, "the Courage to be Imperfect." (pp.50-51)

Rudolf Dreikurs gave a classic address to a large audience at the University of Oregon the summer of 1959 entitled, "The Courage to be Imperfect." By 1965 literally thousands of mimeographed copies and tapes had been distributed world-wide.

Dr. Dreikurs did not originate this concept. Sofie Lazerfeld, in 1926, wrote for the International I.P. Journal (*Internationale Zeitschrift für Individualpsychologie*) an article in German which literally translates into "Courage for Imperfection." This was published in English under the title "Dare to be Less than Perfect" in 1936 in the American edition of the *International Journal of Individual Psychology* (OSIP Newsletter, Vol. V, #1, 1964).

--Maurice L. Bullard  
Corvallis, Oregon



**NEWSLETTER**

North American Society  
of Adlerian Psychology

Vol. 17, No. 4

July-August 1984

Published bi-monthly by the North American Society of Adlerian Psychology, 159 North Dearborn, Chicago, IL 60601. 312/346-3458.

Members of NASAP automatically receive the Newsletter. Subscription rate for non-members \$5.00.

We encourage readers to send contributions of news, suggestions, ideas, opinions by the first of the month. We reserve the right to edit.

Neva L. Hefner, Editor  
Sarah E. Hefner, Assistant Editor

C A L E N D A R

July 5-6, 10-12, 23-25, Aug. 1-2--Maintaining Sanity in the Classroom, Linda Albert.  
July 16-18, 26-27--Introduction to Parenting Education, Linda Albert.  
Contact: Judy Clark, Elmira College, Elmira, NY; 607/734-3911.

July 13-16--Tucson, Arizona  
July 18-21--San Antonio, Texas  
Understanding Personality Development and Dynamics, AIAS.  
Contact: Jane Griffith, AIAS, Chicago; 312/337-5066.

July 14-15, Aug. 11-12--Theory of Personality; AAI of San Francisco.  
Contact: Henry T. Stein; 415/282-1661.

July 15-29--ICASSI, Sienna, Italy  
Contact: Hal McAbee; 301/464-2359.

July 15-18--"Current Issues in Child Development: Integrating Theory, Research and Practice," San Rafael, California. (See page 10 for details.)  
Contact: Dominican College; 415/457-4440.

Sept. 16-19--Fifth International Congress on Child Abuse and Neglect, Montreal.  
Contact: Child Abuse Congress, Secretariat, 3450 University St., Montreal, Quebec H3A 2A7.

Oct. 5-9--National Association of Environmental Education, international conference, Chateau Lake Louise, Lake Louise, Alberta.  
Contact: Dr. William Stapp, School of Natural Resources, University of Michigan, Ann Arbor, MI 48109.

Oct. 18-21--Region IV--Middle Atlantic conference, Harley Hotel, Cleveland, Ohio.  
Harold Mosak, keynoter. Contact: Mary Caldwell, Joe Dittmer, P.O. Box 26951, Strongsville, OH 44136.

Nov. 2-4--First Annual Region I--Northwest Conference, Eugene, Oregon, Harold Mosak and Sadie Dreikurs main speakers. Contact: Gary Bruner, OSIP, 22325 Bear Creek Road, Bend, OR 97701.

Nov. 2--Alfred Adler Memorial Workshop; Stress and Gender, Robert L. Powers and Jane Griffith; Stress and Lifestyle, Roy Kern, Chicago. Contact: NASAP, 159 N. Dearborn, Chicago, IL 60601.

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C O U R S E S / W O R K S H O P S



The Adlerian Center for Counselling and Education

July 9-13....3rd Annual Adlerian Summer School Assessment & Intervention; Skills in Family Counseling, James R. Bitter.

Location: Carleton University, Commons Bldg., Ottawa

Contact: The Adlerian Center for Counselling & Education  
613/737-5553.  
\* \* \*



AAI of Chicago

- July 9-12....102 Intro. to Individual Psychology II, Michael F. Fartings, Sherwood Perman
- July 13-16...471 Continuing Case Seminar, Harold H. Mosak, Seymour Schneider
- July 17-18...502 Small Group Supervision, Sherwood Perman
- July 27-30...472 Continuing Case Seminar, Robert L. Powers
- July 31- Aug. 3 ...336 Group Therapy: An Experiential Course, Leo Lobl
- Aug. 4.....How to Sell an Idea, FEA sponsored workshop
- Aug. 4-7.....331 Theory & Practice of Group Psychotherapy/Counseling, Howard Pollack
- Aug. 8-11....322 Individual Psychological Treatment, Dorothy Peven
- Aug. 8-11....211 Psychological Tests & Measurements, Ronald Forgas
- Aug. 12-15...347 The Use of Art in Counseling, Sadie G. Dreikurs
- Aug. 16-17...503 Small Group Supervision, Adaline Starr

Location and Contact:  
Alfred Adler Institute of Chicago  
159 N. Dearborn  
Chicago, IL 60601  
312/346-3458  
\* \* \*



AAI of Quebec

Sept. 23-24...Introduction to Individual Psychology, C.101, Heinz L. Ansbacher

Oct. 13-14...Introduction to Individual Psychology, C.102, Seymour Schneider

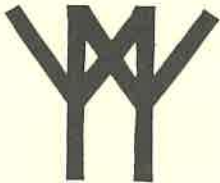
Contact: Alfred Adler Institute of Quebec  
4939 Grosvenor Avenue  
Montreal, PQ H3W 2M2  
514/731-5675



The Cleveland Institute  
for Adlerian Studies

- July 20.....Stress/Distress/Burnout, Mary Caldwell
  - Aug. 10.....Addictive/Dependent Relationships, Mary Caldwell
  - Nov. 1.....T.I.M.E., Don Dinkmeyer, Sr.  
2.....Step/Teen, Don Dinkmeyer, Sr.
  - Nov. 17.....Anxiety: An Adlerian View, Dorothy Peven
- Sunday evening Study/Discussion groups, free of cost--July 15, 8 p.m.  
July 29, 8 p.m.

Contact: The Cleveland Institute for Adlerian Studies  
P.O. Box 36951  
Strongsville, OH 44136  
216/225-8925 or 468-1646  
\* \* \*



FRIENDSHIP

The Adlerian Western  
Institute for Research  
And Training in Humanics  
(WIRTH)

- July 21,22...The Function of Dreams in Life-style Analysis, Katherine Czesak, Gene Irschick
- Aug. 1-29....Adlerian Parenting Classes, Wednesday evenings, Synergy School, 975 Grove St., San Francisco, Katherine Czesak, Nancy Hawkins

Contact: Katherine Czesak  
1864 Brentwood Road  
Oakland, CA 94602  
415/531-5239

DELEGATE ASSEMBLY

Election of Officers

The following officers were elected for a two-year term:

- President.....Guy J. Manaster
- 1st Vice President..Don C. Dinkmeyer, Jr.
- 2nd Vice President..Marion Balla
- Secretary.....E Clair Hawes
- Treasurer.....Betty Lou Bettner

Kathleen A. Walton continues on the Executive Committee as Past President.

\* \* \*

Action Items

The Delegate Assembly met May 25 and 26, 1984, in Toronto, Ontario. Minutes, financial statement and budget are available upon request from the central office. Action items from the various committees follow.

Convention/Workshop Committee

1. Convention site for 1986 - St. Louis
2. Certificates will be given for workshop attendance
3. Forum for graduate student papers will be provided at conventions
4. Due to the development of Interest Sections, a program selection process for tracks at conventions was adopted.
5. A job description for a Convention Coordinator was approved and the Executive Committee was authorized to pursue the matter.

Membership Committee

Recommended membership activities at conventions include:

Staff an active NASAP Membership booth/table at annual convention; membership application to be included in convention packet; volunteer "recruiters" will circulate during convention inviting membership; follow-up on non-members who attend the convention.

Publications Committee

1. Practice and Application Editorial Board changes:
  - a. New members--Robert McBrian, David Beck, Edward Watkins, Joseph DeVitis, Betty Newlon
  - b. Outgoing members--Charles Huber, Dorothy Casper, Len Sperry, Robert Saba
  - c. Charles Huber was added as an Associate Editor
2. The Journal will be asked to continue to publish Abstracts of future annual conventions.

Education Committee

1. Research Bureau--Frank Main is to write information on Research Bureau for the newsletter and a reminder is to be printed in each issue regarding the need for research findings and the availability of the retrieval service.
2. A request for people who are willing to offer training and/or consulting to new or developing Family Education Centers will be put in the newsletter and the availability of such resource people will be printed in the newsletter.

REGION VI--FAR WEST

Betty Jane Overholt agreed to be chairperson for this new region. Contact her at:  
686 Callecita Jicarilla  
Santa Fe, NM 87501.

\* \* \*

All regions met in Toronto on Saturday, May 26. The editor requests reports from the other regions for the next issue of the newsletter.

I N T E R E S T    S E C T I O N S

All six proposed Sections met Sunday, May 27, at the Annual Convention. Reports follow.

Section for Professional Clinicians  
(Section approved by D.A.)

The Section for Professional Clinicians adopted its Charter and By-Laws. Officers nominated and elected were:

Ronald J. Pancner, Chairperson  
Bernard H. Shulman, Vice-Chairperson  
Edward Abelson, D.A. representative

Dr. Pancner was designated Program Coordinator for the clinical track at the 1985 convention. Dues for the Section were set at \$10. Dues and request for information on membership are to be sent to:

Ronald J. Pancner, M.D.  
2805 Fairfield Avenue  
Fort Wayne, IN 46807

\* \* \*

Adlerian Counseling and Therapy (ACT)  
(Section approved by D.A.)

The Adlerian Counseling and Therapy Section elected its Delegates to the Delegate Assembly. They are:

Georgia Bichekas (3 years)  
Thomas Edgar (2 years)  
Renee Dushman (1 year)

Dr. Bichekas was designated Program Chair for the Counseling and Therapy track at the 1985 convention. Dr. Edgar was asked to work on suggested changes in the By-Laws. Dues are \$5 and check should be payable to: Renee Dushman, Treasurer, and sent to:

Lee Paxton Applegate, Coordinating Sec'y  
12527 Elm Manor Dr.  
San Antonio, TX 78230  
512/492-4156

\* \* \*

Theory and Research Section  
(Charter approved by D.A.)

The Theory and Research Section worked on its By-laws, discussed research topics of interest to members present, and talked about possible programs for the 1985 convention.

Contact: Guy J. Manaster, Ph.D.  
Dept. of Educational Psychology  
University of Texas at Austin  
Austin, TX 78712

\* \* \*

Business & Organizations

A charter has been prepared and sent to perspective members via a newsletter. At its meeting in Toronto, By-laws, program suggestions and dues were discussed. Information on this Section is available through:

Ira Schoenwald, Ph.D.  
4565 Wellington Court  
Cypress, CA 90630

\* \* \*

Adlerian Education Section (A.E.S.)

A Charter and By-laws have been drawn up by the Adlerian Education Section. Officers are:

Naomi A. Serrano, Chair  
Diane E. "Arch" Archer, Vice-Chairperson  
Francis X. Walton, Secretary-Treasurer

Information on membership may be received by contacting:

Francis X. Walton, Ph.D.  
1313 St. Andrews Road  
Columbia, SC 29210  
804/798-0300

Until dues are set, applicants are asked to include a \$5 donation with their application. Make checks payable to: Frank Walton, A.E.S.

\* \* \*

Family Education Section

The Family Education Section meeting was chaired by Joan List. The proposed Charter was adopted. The By-Laws are being written by John Elder of Illinois and Pat Exter of New York. Amy Lew accepted the task of Coordinator of the Section and invites people to correspond with her at:

Amy Lew  
70 Buckminster Road  
Brookline, MA 02146.

Ms. List will continue as Treasurer for the coming year. She reports that the Section now has 60 paid members. All persons who have an interest in the area of Family Education are encouraged to join the Section. Persons who wish to support the growth of Family Education in North America are also encouraged to be involved in the Section. Those interested should send their name, address, and a \$5 contribution to the Treasurer:

Joan List  
RR 1, Site 118, C-24  
Parksville, BC V04 2S0

Marion Balla, liaison, closed the report with a thought: "Remember, having NASAP without a Family Education Section is like having a Family Council without the children!"

O F   G E N E R A L   I N T E R E S T

A Eulogy to Lilly Ehrlich

NASAP members, Dahlia and Carl Mann, report that "a staunch and loyal Adlerian," Lilly Ehrlich, passed away in early June. Mrs. Ehrlich has been a NASAP member since 1957. Carl Mann shares with his fellow Adlerians the eulogy he gave at her funeral services.

D.A. action items cont'd

Development/Public Relations Committee

The committee completed a draft of a proposed P.R. brochure. Printing the final copy of the brochure will be pursued.

Executive Committee

1. The Executive Committee was authorized to purchase a computer for the use of the central office; funds are to be taken from the Challenge Grant.
2. The Executive Committee was asked to study the financial and legal ramifications related to the development of sections, to consult with an attorney and report back to the D.A. in November.
3. An attorney is to be consulted regarding the liability of NASAP officers and D.A. members and insurance possibilities are to be investigated.

Interest Sections

1. Two Interest Sections presented their charter, minimum of 50 names and By-Laws to the D.A. The Constitution Committee suggested changes in the wording of the Charters and By-Laws that will be passed on to the Sections. Since there was nothing in violation of NASAP's Constitution and By-Laws, the following were approved:

Section for Professional Clinicians  
Adlerian Counseling and Therapy Section

2. The Theory and Research Interest Section presented its charter and a minimum of 50 names. The D.A. approved the charter.
3. Seed money will be made available to a recognizable section when it has received at least 10 names and has a Development Committee with an identified contact person. Requests should be sent to the Executive Committee.
4. Any region or section which will make a contractual arrangement must confer with and get the approval of the Executive Committee.

Other Business

The Delegate Assembly expressed its support for Genevieve Painter with regard to the court case in which she has been wrongly accused of Medicaid fraud. NASAP membership labels will be provided for a mailing by Dr. Painter's Legal Defense Fund.

R E G I O N A L O R G A N I Z A T I O N S

REGION II--MIDWEST

A large contingent of people from St. Louis area were in attendance at the Region II meeting in Toronto. They talked enthusiastically of their plans to host NASAP '86 in St. Louis. They will hold a meeting in St. Louis in October of 1984 to engender financial support and to enlist people to help with the convention.

Betty Cooper of St. Louis agreed to work with Steven Cunningham of South Dakota on a possible Region II meeting. Contact:

Betty Cooper	Steven P. Cunningham
13628 Amiot	1300 W. 8th St. #7
St. Louis, MO 63146	Yankton, SD 57078

\* \* \*

REGION IV--MIDDLE ATLANTIC

NASAP Region IV Conference will be held in Cleveland, Ohio, October 18-21, 1984. "The Early Recollections of Nixon and Carter" will be the keynote topic featuring Harold Mosak. The conference will offer a Lifestyle course for credit with Dr. Mosak as instructor.

A call for workshop and program proposals was sent out with a deadline of July 1, 1984. The Conference Coordinators, Mary Caldwell and Joseph Dittmer, urge interested persons "to make plans now to attend a worthwhile conference programmed to improve your personal and professional competence through a greater understanding of Adlerian Psychology."

The Coordinators note that the setting is attractive and that rooms are available at \$37.50 per night (single or double) at the Harley Hotel, at I-77 and I-480.

Contact for proposals and information:

Mary Caldwell	(216/225-8925)
Joseph Dittmer	(216/468-1646)
c/o The Cleveland Institute for Adlerian Studies	
P.O. Box 26951	
Strongsville, OH 44136	

\* \* \*

REGION V--NORTHEAST

Representatives of many areas of Region V joined together at the 32nd Annual Convention in Toronto on May 26. Sylvia Robbins reported that Region V has approximately \$750 in its treasury.

A new regional structure was created--a Steering Committee comprised of Edward "Abe" Abelson of Ithaca, New York, Sylvia Robbins of Great Neck, New York, and Larry Nisan of Toronto, Ontario. Abe Abelson will chair the Committee.

Three sites were targeted for meetings in the year 1984-85. Boston, Massachusetts; Mississauga, Ontario; Long Island, New York were proposed and accepted by the group. Details will be sent to all Region V members when specific dates are known.

The continuation of the Region newsletter was discussed and will be addressed by the Steering Committee.

In leaving her post as Region V Chairperson, Marion Balla sends this message: "Thank you for your support and involvement over the past three years. I look forward to much more activity and connections being formed in the next year. See you at the Regional Meetings."  
\* \* \*

Consultants cont'd

People who are willing to serve as consultants are asked to write to:  
Genevieve Painter  
2333 Kapiolani, #3214  
Honolulu, HI 96826

The Committee also invites requests for training from these consultants. Such requests should be sent to Dr. Painter as well.  
# # # # #

Position available - Wyoming

There is an opening for a Program Director for an Adlerian based residential treatment center for emotionally disturbed children. Resumes and inquiries should be directed to:

Rick Breedlove  
St. Joseph's Children Home  
P.O. Box 1117  
Torrington, WY 82240  
\* \* \*

Clinical Psychologist sought - Indiana

A successful private Adlerian psychiatric practice is seeking a doctorate level clinical psychologist. Candidates must possess familiarity with the administration and interpretation of evaluation instruments including organicity screening projectives, and diagnostics, as well as competence in psychotherapy and some experience with psychotic patients. Eligibility for Indiana licensure is required. Salary is negotiable and competitive. The position will include approximately equal time between hospital and office practice.

The staff in Fort Wayne, Indiana, currently consists of one Ph.D., five masters level therapists and one alcohol counselor.

Fort Wayne has been designated as a "Most-Livable City" and an "All-American City" and has many cultural and recreational advantages. Please indicate your interest by letter, including your current vitae, to:  
Pancner Psychiatric Services  
2805 Fairfield  
Fort Wayne, IN 46807.  
# # # # #

1984 Membership Update

Membership statistics as of May 22, 1984:

	Status
100 New members	855 General
952 Renewals	32 Affiliate
22 Life Members	86 Family
	22 Life
1,074 Total	79 Student

By Region

103 Region I--Northwest  
258 Region II--Midwest  
169 Region III--South  
138 Region IV--Middle Atlantic  
230 Region V--Northeast  
159 Region VI--Far West  
17 International (other than U.S. & Canada)

# # # # #



Get Acquainted in Atlanta

NASAP '85

May 24-28, 1985  
Omni International Hotel  
Atlanta, Georgia

Featuring programs and workshops in counseling and therapy, education, clinical practice, theory and research, family education, business and organizations.

Also featuring the International City of the South...Atlanta!

Sponsored by the Atlanta Adlerian Society.

Contact: Gaye Schneider, Coordinator  
6669 Witherington Ct.  
Norcross, GA 30093  
# # # # #

New Individual Education Schools

The *Individual Education Bulletin* reports that the Community Elementary School No. 53 Annex, Bronx, New York, will install the IE system. This decision marks the first time that IE has been chosen for a school within a major school system.

The Seattle, Washington School Board has voted to implement an experimental IE program by the fall of 1985. This represents the culmination of several years' work by Seattle area IE advocates.

# # # # #



NASAP Sponsors  
Alfred Adler  
Memorial Workshops

"Stress in the 80's"

November 2, 1984

Executive House, Chicago, Illinois

Robert L. Powers, Jane Griffith - Stress & Gender

Roy Kern - Stress & Lifestyle

Early registration-\$50      Students-\$25  
After October 19 -\$60      -\$35

Contact: NASAP      312/346-3458  
159 N. Dearborn  
Chicago, IL 60601  
# # # # #

Books Donated to Toronto Library

Ten books on Adlerian Psychology were donated by NASAP to the Toronto library at the Sunday luncheon during the Convention. Jane Griffith and Robert Powers added their new book, *An Adlerian Lexicon*, to the donation, making a total of eleven books available to people in the Toronto area. Donations have been made to host city libraries since 1979.

Eulogy--

"Lilly Ehrlich was a remarkable person, a woman who in spite of physical problems and illness lived a life so full that she was a model for many of us.

"Lilly's contribution to mankind can't really be measured by listing her personal and professional achievements, but actually must be viewed in how many lives she touched, she changed, she encouraged.

"Lilly studied under the late Dr. Alfred Adler and she was so taken with his philosophy and his way with people, especially children, that she made Adlerian Psychology her way of life, and she lived it to the fullest.

"Not only did she conduct play therapy at St. Michael's Hospital in Newark, New Jersey, run a private practice, but she also worked tirelessly to teach the Adlerian philosophy she so believed in to our community and, in fact, was a founder of the New Jersey Society of Adlerian Psychology.

"A gentlewoman, a caring woman, a cultured woman, but most of all we remember her as the most optimistic person we have met. Her courage to live life to the fullest, to face and conquer each of life's challenges, will remain with us for all times....

"Lilly exemplified Adler's concept of Social Interest; she cared, she worked and she shared her life with us so that we too could make our world a little better.

"I can only say Lilly was a person who changed lives, who led by example and who showed what is the meaning of 'having the Courage to be Imperfect.'"

--Carl Mann  
#####



A New Adlerian Lexicon is Published

Adlerians, Jane Griffith and Robert Powers of the Americas Institute of Adlerian Studies (AIAS), have recently published *An Adlerian Lexicon*, containing fifty-nine terms associated with the Individual Psychology of Alfred Adler. Ms. Griffith and Mr. Powers note that their 70-page book will benefit students of Adlerian Psychology as a basic text, while also serving as a useful reference for experienced Adlerians.

Cost: \$10 plus \$1 for postage and handling. (Illinois residents add 7% sales tax.) Contact: AIAS, Suite 2502A, 600 North McClurg Court, Chicago, IL 60611.

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ADLERIAN IDEAS\*ADLERIAN IDEAS\*ADLERIAN IDEAS\*  
IN PRINT\*IN PRINT\*IN PRINT\*IN PRINT\*IN PRINT\*

Judith K. Fuston, Ronald W. Jacques. "Early Recollections: Applications for Elementary School Guidance," *The Counseling Interviewer*, March, 1984, 16(2), 14+.

Ronald W. Jacques, "Early Recollections as a Counseling Technique," *AMCAP Journal*, January, 1983, 9(1), 14+.

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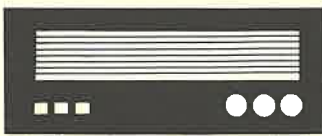


Adlerians on tape...

"Los Tiempos Cambian" (The Changing Times) is an educational video series, 10 30-minute cassettes (in Spanish), put together by Steven Stein. It is inspired by *Children: The Challenge* and *STEP*, and was developed while Mr. Stein was living in Honduras, Central America, from July 1979 through July 1982. Mr. Stein notes that it brings Adlerian principles of child guidance to the Spanish-speaking populations. The tapes are now being distributed in the U.S. and Latin America by Motivate, Inc.

Contact: Eduardo Barranco, 7801 Coral Way, Suite 121, Miami, FL 33155.

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and on the air waves

Radio listeners in the Chicago area received a rare treat on the morning of May 2nd, when Adlerian Mitch Messer was the featured guest on "Shared Feelings," a WEEF 1430-AM radio talk show. The show, hosted by Sandra Kahn, centered around Mr. Messer's theme, "The Anger Bomb," and included call-in participation. Many Adlerians are familiar with Mr. Messer's work through his Anger Clinic located in Chicago.

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Call for Creative Writers

Joe DeVitis, of the University of Tennessee at Martin, encourages any NASAP members who write poetry or short stories to submit their work to him, as assistant editor of the *Old Hickory Review* (published by the Jackson, Tennessee Writers Group and sponsored by the Tennessee Council for the Arts). One-copy submissions should be sent to him at:

Joe DeVitis  
Dept. of Secondary Education  
University of Tennessee  
Martin, TN 38238

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Family Counseling Consultants Sought

The NASAP Education Committee invites people who are now doing Open Forum Family Counseling to serve as consultants to new and/or developing Family Education Centers.





from the Regions

REGION IV--MIDDLE ATLANTIC

OHIO

Cleveland--In late June, NASAP members Helen Cooley and Mary Caldwell were featured instructors in a two-day training workshop on counseling the alcoholic, entitled, "Relationship Issues in the Recovering Person." The workshops were held at Cleveland State University and were sponsored by the Regional Council on Alcoholism of Cuyahoga County.

They presented an Adlerian approach to assessing relationship problems; such as intimacy, friendship, and addictive relationships, experienced by recovering alcoholics and their families. Experiential exercises involving the use of movement and art were a part of the presentation.

\* \* \*

Cleveland--The Cleveland Institute for Adlerian Studies under the co-directorship of Mary Caldwell and Joe Dittmer is now flourishing as one of the newer Adlerian Institutes on the North American scene. It has described its purpose as that of a new initiative designed to provide training to mental health professionals and interested members of the public, where subject matter is geared toward furthering knowledge of the principles of Individual Psychology.

Among the first offerings of CIAS were workshops with a total of 88 participants, where Kurt Adler and Oscar Christensen were featured speakers on the Treatment of Depression and Prevention of Suicide and Adlerian Perspectives of Family Counseling

For information on all of the services offered by and through CIAS, contact: CIAS, P.O. Box 36951, Strongsville, OH 44136.

# # # # #

REGION V--NORTHEAST

MASSACHUSETTS

Boston--The 22nd Annual Meeting of the Association for Humanistic Psychology will be held August 22, 1984, at Curry College in Boston. Del Eberhardt will present a workshop where participants will learn how early recollections can be used to ascertain the patient's Life Style and how it has influenced the patient's life. Mr. Eberhardt notes that his presentation will be both didactic and experiential. Contact: Del Eberhardt, 10 Lakewood Rd., Staten Island, NY 10301; 212/442-8797.

\* \* \*

NEW YORK

Staten Island and Brooklyn--New York psychotherapist, Del Eberhardt, reports that he presented a workshop to the Richmond Psychological Association on Staten Island and to a group of 24 people at a Universalist Church on the occasion of their weekly singles/socialization evening. Mr. Eberhardt notes that both were well received. In Brooklyn, Mr. Eberhardt changed gears somewhat, when he addressed a group of diabetic patients at the Coney Island Hospital. The theme of this presentation was Coping Positively with Stress.

# # # # #

REGION II--MIDWEST

ILLINOIS

Chicago--The Family Education Activities (FEA) Division of the Alfred Adler Institute of Chicago (AAIC) will sponsor a two-day workshop on "How to Sell an Idea," October 13, 14, 1984, 9:30 a.m. to 4:00 p.m. The workshop, conducted by the speech communications professionals of the Kennedy Communications Consultants team, will focus on how to create a speech; how to motivate an audience; how to stimulate people into trying on your new ideas; how to be an effective speaker.

This workshop is open to members of the professional community as well as Adlerian practitioners. Cost is \$90; reduced to \$75 if registration is received before September 21. Location: AAI of Chicago, 159 N. Dearborn, Chicago. Contact: Bryna Gamson 312/346-3458.

\* \* \*

Chicago--On May 1, Paul H. Berger was appointed President of the Alfred Adler Institute of Chicago. He was founder, and, for 22 years, Chairman and President of the Hyde Park Federal Savings and Loan Association in Chicago. He succeeds Eugene McClory, who will be the Administrator of Notre Dame University's Center for Social Concerns.

The Institute has developed a doctoral program in clinical psychology based on a scholar/practitioner model. It is planned as a three-year post-Master's program requiring a full-time commitment. The Institute has applied to the Illinois Board of Higher Education for doctoral degree-granting authority, and hopes to begin the program in 1985.

\* \* \*

NEBRASKA

Omaha is the home of the central office of the Nebraska Society of Adlerian Psychology (NSAP). NSAP is an up-and-coming organization, where memberships are welcome to all those who espouse the principles of Adlerian Psychology. NSAP is also a training center, offering three educational programs: Counseling, Therapeutic Counseling, and Proficiency in Therapeutic Counseling, each of which is eligible for credits from varying institutions, and each of which is led by professionals in the field.

Among the other features of NSAP is a Speakers' Bureau, which gives short in-service presentations in topics ranging from encouragement to stress management. A newsletter is also part of NSAP's services. Five issues are published yearly, with schedules of Adlerian seminars and workshops and articles on Adlerian topics.

Contact: NSAP, 256 North 115th Street, Omaha, NE 68154.

# # # # #

REGION VI--FAR WEST

CALIFORNIA

San Rafael--From July 15 through 18, 1984, parent educators, mental health and health care providers, early childhood educators, and others interested in child development and parenting, can meet in San Rafael to increase their skills in and expand their knowledge about child development issues and family support programs.

Sponsored by the Family Resource Coalition of Chicago, Illinois and Dominican College's Institute for the Study of Family Life and Professional Development (San Rafael), "Current Issues in Child Development: Integrating Theory, Research and Practice" will feature a variety of prominent national leaders on child and family policy issues.

The conference will take place on Dominican College's campus in San Rafael. Contact: Dominican College, Division of Lifelong Learning, 1520 Frand Ave., San Rafael, CA 94901; 415/457-4440, x255.

# # # # #

INTERNATIONAL

BELGIUM

Leuven--Individual Education International and the Pedagogische Institut of the University of Leuven announce a two-day conference on Individual Education (IE) to take place at the University of Leuven on August 2 and 3, 1984. Among the expected participants will be Ray Corsini, Founder of IE, Elizier Shmueli, Minister of Education of Israel, Gerald van Eldert of Holland, and Professor Cyril deKeyser of the Pedagogische Institut, as well as a number of prominent educators using IE in the U.S., Canada, Holland and Israel.

Fee for participation in the conference will be small. Rooms are available for \$9 a night at the University to \$28 a night for a double at a nearby hotel. Contact: Ann Pratt, 114 Learning Center, Capitol University, Columbus, OH 43029; 614/236-6011.

\* \* \*

JAPAN

Renee Dushman, of Chicago, returned in May from a trip throughout Japan, where among her many activities, she spoke to a group of about 40 psychiatrists, psychologists, family court workers and business people on Cooperation and Communication in the Family. Ms. Dushman noted that there was a good deal of discussion after the presentation. People were very interested in the subject matter and Adlerian Psychology's approach to the topic. One particular area of discussion was the effect smaller families will have on family constellation and Adler's theory of birth order.

Ms. Dushman lunched with a group of women where discussion centered on the role of women; specifically Ms. Dushman's personal and professional experiences as a woman in the U.S.

Osaka--Ms. Dushman also relayed information on Adlerian activities in Osaka, where an Adlerian Association of Japan was started in February, 1984, by Shunsaku Noda. Dr. Noda is a NASAP member and psychiatrist who studied at the Alfred Adler Institute of Chicago. They are using the STEP program, which has been translated into Japanese. Contact: Shunsaku Noda, 7-149 AO-Gein, Mina, Osaka, Japan.

\* \* \*

VENEZUELA

Caracas--Sarita Kramer, Coordinator of Centro de Cambio Y Crecimiento, reported to the NASAP General Assembly on Adlerian Psychology activities in Venezuela carried on by the Centro.

1. They have introduced STEP and STET (Spanish version) in Mexico. For that purpose, they have created a similar institution to theirs in Mexico.

2. They have received a request from Bogota, Colombia to introduce STEP in that country and Dr. Clara de Barranco will arrange the details.

3. The Department of Education requested that they train one hundred members of the Department with STEP and STET with the purpose of expanding these two programs at the national level.

4. There are now 200 trained STEP leaders actively working in Venezuela.

5. One of Venezuela's biggest oil companies, Lagoven, has trained two hundred parents and teachers in three of their schools. Based on this experience, Ms. Kramer reports, they have created an institution oriented towards the business world and they have prospects in a mining company and an aluminum industry.

6. They have created a "Family and School Foundation" with the purpose of reaching out to a greater number of people with all of their programs: STEP, STEP-Teen, STET and DUSO.

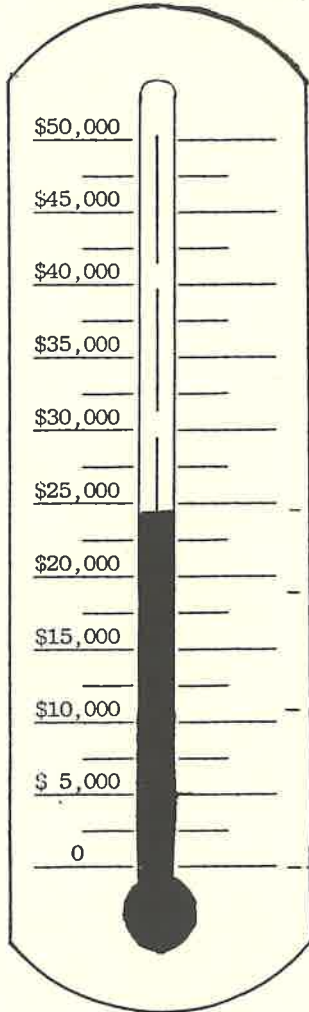
7. They have finished translating and adapting the STEP-Teen program into Spanish and it will be published soon.

8. Based on their experience with STEP, STEP-Teen and STET, they have designed a Drug Prevention Program. It involves the individual, the family, the school and the community. Its main purpose is to create a conscience about the relevant role that the family, the school and the community play in the prevention of drug abuse.

Contact: Centro de Cambio y Crecimiento  
Avenida 12 entre 7a. y 8a.  
Transversal de Altamira  
Quinta 33-06  
Caracas 101 Venezuela

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Through the generosity of Adlerians who donated in honor of someone who had introduced them to Adlerian Psychology, played a significant role in their lives or who had contributed in some way to the furthering of Individual Psychology. The list of these generous Adlerians and their honorees follows...

<u>Name</u>	<u>In honor of</u>
Tom Beames	Achi Yotam
Liliane Bensinger	Alexandra Adler
Mary Caldwell	Birdie Mosak
Betty Cooper	Study Group Leaders
Luella Downing	Tee Dreikurs
Renee Dushman	Eleanor Redwin
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Frank & Kathy Walton	Neva Hefner
Will & Maymie Willingham	Rudolf & Tee Dreikurs
AAI of Cleveland	all persons in Cleveland who have contributed to Adlerian psychology through their efforts and participation in the AAI of Cleveland

A NOTE OF THANKS. . .

NASAP thanks all who participated in our fund raising efforts at the convention in Toronto:

Betty Lou Bettner & Marion Balla, Chairpersons of the fund raising events;

Dorothy Peven and David Braswell, Auctioneers,

and all those who donated in honor of others, the honorees, those who donated auction items and those who purchased them. THANK YOU!!!

Funds were also raised through an active and silent auction. Thirty-four items were provided by NASAP members ranging from Oscar Christensen's hand carved duck to autographed leather bound editions of books donated by Jim Bitter and NASAP...from Leo Gold's used umbrella to Ray Corsini's 40 volume set of *Encyclopedia of Psychology*...from Frank Walton's fish stew recipe to the Dinkmeyers' STEP/Teen kit...just a sample of the offerings that provided fun and funds!!

Reminder -- donations to NASAP are tax deductible in U.S. and are welcome at any time. Send them to NASAP, 159 N. Dearborn, Chicago, IL 60601.

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Jane Overholt; hardback, 122 pages;  
anecdotes and stories about Alfred  
Adler. (autographed by Kurt Adler)

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