



NEWSLETTER

North American Society of Adlerian Psychology

Volume 17, Number 6

November-December 1984

159 N. DEARBORN STREET
CHICAGO, ILLINOIS 60601

P R E S I D E N T ' S M E S S A G E

Portugal Sabbatical...Wondering

Everyone envies, and some resent, sabbaticals--the academic's and clergy's year off to study, research and rejuvenate. During this first year as President of NASAP I am on a sort of sabbatical, a leave of absence from my University to write. Since, in theory at least, one can write anywhere, my family and I have traveled through England, France and Spain and are now in Portugal, which will be our base for the year. The business of being President takes a bit longer by letter and is more expensive by phone, but can be done.

The upheaval, cost, and wear and tear of travel and moving are more than offset by the instruction and pleasure of the experience. The writing I want to do can also easily be done outside of a fully outfitted office. The truly enviable aspect of the whole experience is the time to think, to muse as Paul Rom used to encourage, or as the University Vice-Chancellor in the Michael Innes book I am reading told the students at the beginning of term, "They must have wondered; but they should wonder again. He would stress the importance of wondering; it was something at which they should put in a lot of time."

Wondering...NASAP

So, one thing I have been wondering a lot about is NASAP and Adlerian Psychology. NASAP is in pretty good shape. Our membership is stable. Our finances are in tolerable order. Our new structure promises greater educational and professional benefit to our members through the Interest Sections. Because of Neva Hefner's efforts, we operate quite smoothly. The Society is doing okay.

What more could we be doing? Reasonably, practically, what more could we be doing? Beyond providing a place in the Society for more people with varied interests and skills by supporting and establishing the Interest Sections, I see one next step as figuring out how to support and encourage Adlerian organizations and institutions. Important new developments are occurring in Adlerian Psychology. For instance, the Americas Institute of Adlerian Studies provides an exciting and different format for training professionals and reaching educators and business leaders. AIAS joins a growing list of Adlerian institutes, recent and long established.

The newly formed Alfred Adler Institute of Washington, D.C. provides opportunities for qualified graduate professionals to pursue doctoral level studies in Adlerian Theory and Practice. It offers options and flexibility not found in the traditional university setting.

Still another example is Individual Education, which is expanding the inclusion and use of Adlerian theory in educational practice. Individual Education International is the organization of NASAP members devoting time, thought and funds to promote this Adlerian development.

Wondering...your ideas

There are many other Adlerian organizations and institutions, new and old, which carry forth the ideals also held by NASAP. NASAP should be able to help them, and by doing so, help itself. How to do this? I don't know. Ideas from all members are welcome. The Delegate Assembly and Executive Committee should, I believe, work on this next step.

Guy J. Manaster
President

Please note:

From September, 1984 through May, 1985, correspondence to the President may be sent to him in care of NASAP, 159 North Dearborn, Chicago, IL 60601.

north american society of adlerian psychology

NASAP 85

may 24-27

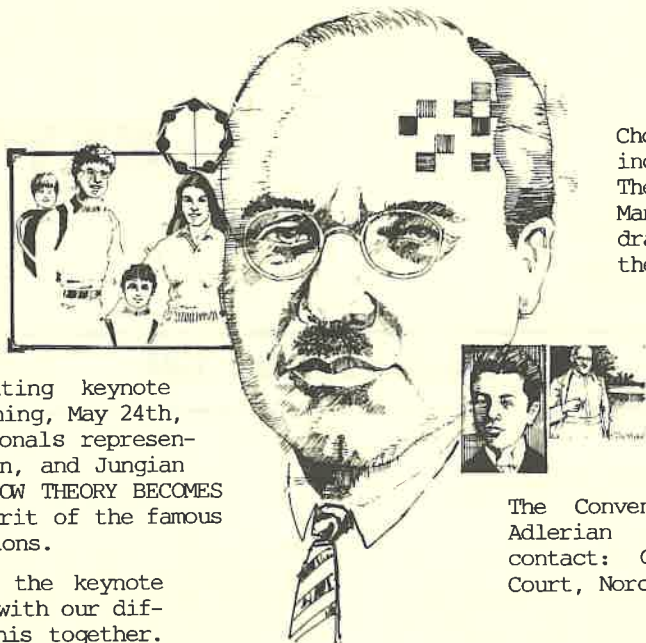
atlanta, ga.

omni international hotel
33rd annual convention

Atlanta welcomes you to the international city of the South, be enlightened, entertained and relaxed.

Look forward to an exciting keynote presentation on Friday evening, May 24th, when three noted professionals representing the Adlerian, Freudian, and Jungian approaches will discuss "HOW THEORY BECOMES PRACTICE", much in the spirit of the famous Vienna coffeehouse discussions.

We in Atlanta hope that the keynote will personify that, even with our differences, we are all in this together.



SOCIAL EQUALITY WE ARE ALL IN THIS TOGETHER

Choose from a variety of workshops including topics related to Family Therapy, Couples Therapy, Neurosis Management, Encouragement, Psycho-drama, and Education. Speakers for the workshops include Kurt Adler, Oscar Christensen, Don Dinkmeyer, Sr., Daniel Eckstein, Clair Hawes, Roy Kern, Lew Losoncy, Harold Mozak, Miriam Pew, John Platt, Frank Walton and many others.

The Convention is hosted by the Atlanta Adlerian Society. For more information contact: Gaye Schneider, 6669 Witherington Court, Norcross, Georgia 30093 (404) 496-0254

Ad space is available for both convention program and folder. If interested please send camera ready art, and suggested contribution for space. Proposed ad will be considered and you will be contacted concerning availability of space.

C O U R S E S / W O R K S H O P S

AAI

AAI of New York

Certificate (Diploma) Program

Begins

- 11-6 Personality Disorders, Leo Gold, 5 sessions
- 11-8 #312 Psychotherapeutic Techniques, Leo Gold, 4 sessions
- 11-15 #205 Beginning of Therapy, Alexandra Adler, 5 sessions
- 11-27 #230 Child Psychotherapy, Rena Taub, 5 sessions
- 12-11 #315 Psychosomatic Disorders, Alexandra Adler, 6 sessions
- 12-11 #125 Life Style Diagnosis, Leo Gold, 8 sessions
- 12-13 #317 Personality Theories, Eileen Kaufman, 5 sessions

Contact: Ms. A. Ina Block
AAI of New York
37 W. 65 St.
New York, NY 10023
212/874-2435
* * *

(Calendar continued on page 3)

Newsletter Deadlines

- December 1.....January-February issue
- February 1.....March-April issue
- April 1.....May-June issue
- June 1.....July-August issue
- August 1.....September-October issue
- October 1.....November-December issue



NEWSLETTER

North American Society of Adlerian Psychology

Vol. 17, No. 6

November-December 1984

Published bi-monthly by the North American Society of Adlerian Psychology, 159 North Dearborn, Chicago, IL 60601. 312/346-3458.

Members of NASAP automatically receive the Newsletter. Subscription rate for non-members \$5.00.

We encourage readers to send contributions of news, suggestions, ideas, opinions by the first of the month. We reserve the right to edit.

Neva L. Hefner, Editor
Sarah E. Hefner, Assistant Editor



AAI of Ontario

All courses and workshops will be held at the Ontario Institute for Studies in Education Building, 252 Bloor St. West (at St. George).

Times: Sat. 9:00 a.m.-4:30 p.m.
Sun. 9:30 a.m.-4:30 p.m.

- Jan. 12,13, #301 Psychodynamics of Psychopathology I, Leo Gold
Feb. 3
- Mar. 2,3,31 #302 Psychodynamics of Psychopathology II, Robin Gushurst
- Mar. 23 #339 Multiple Therapy: A Demonstration, Dorothy Peven, Bernard Shulman
- Mar. 24 Psychotherapy with the Adolescent, Bernard Shulman
- Apr. 13,14 #344 Marriage Counselling I,
May 4,5 Robert Sherman
- Apr. 15,16 #504 Small Group Supervision, Leo Lobl
- May 17-20 #336 Group Therapy: An Experiential Course, Leo Lobl

Contact: Administrative Director
AAI of Ontario
Suite 407, 1111 Finch Ave. W.
Downsview, ON M3J 2E5
416/665-1400
* * *



AAI of Quebec

- #301 Psychodynamics of Psychopathology I
Dec. 1,2 1st part, Gerald Mozdzierz
Dec. 8,9 2nd part, Dorothy Peven
- #302 Psychodynamics of Psychopathology II,
Jan. 26,27 1st part Harold H. Mosak
Feb. 9, 10 2nd part
- #321 Comparative Theories of Psychotherapy
Feb. 23,24 1st part Ronald H. Forgas
Mar. 30,31 2nd part

Classes are held at Institute of Community and Family Psychiatry, 4333 Cote St. Catherine (one block west of Jewish General Hospital)

Contact: AAI of Quebec
4947 Grosvenor Ave.
Montreal, PQ H3W 2M2
514/731-5675

(Please note change from 4939 to 4947 Grosvenor)

* * *



AAI of San Francisco

Nov. 17 One-day introductory workshop on the Theory & Practice of Adlerian Psychology

For information about courses and the full certification program, including credit toward a doctoral degree at Columbia Pacific University, San Rafael,

Contact: Henry T. Stein, Ph.D., Director
AAI of San Francisco
1580 Valencia St., Suite 801
San Francisco, CA 94110
415/282-1661
* * *



The Americas Institute of Adlerian Studies

Assessing Individual and Group Styles

- Nov. 8-11 Philadelphia, PA
- Jan. 16-19 San Antonio, TX
- Feb. 7-10 Los Angeles, CA
- Mar. 18-21 Chicago, IL

Understanding Personality

- Dec. 3-6 Chicago, IL

Applying Psychological Skills

- Feb. 1-4 Tucson, AZ
- Feb. 21-24 Philadelphia, PA

Details on faculty, location, costs, certification and graduate credit may be obtained from AIAS.

Contact: Cheryl H. Wergin, Registrar
The Americas Institute of Adlerian Studies
600 N. McClurg Ct., Suite 2502A
Chicago, IL 60611
312/337-5066
* * *



The Cleveland Institute for Adlerian Studies

- Nov. 17 Anxiety: An Adlerian View, Dorothy Peven
- Jan. 25-27 301 Psychodynamics of Psychopathology, Robin Gushurst
- Feb. 9 Group Counseling and Psychotherapy, Leo Lobl
- Feb. 10 Use of Dreams in Psychotherapy, Leo Gold

cont'd

Cleveland Institute cont'd

Mar. 10 Adlerian Study Forum, Mary Caldwell, Joseph Dittmer

Contact: The Cleveland Institute for Adlerian Studies
P.O. Box 36951
Strongsville, OH 44136
216/225-8925 or 468-1646
* * *

R E G I O N A L O R G A N I Z A T I O N S

Region III -- South

The Eighth Annual Region 3 Conference will be held in Orlando, Florida, February 21-24, 1985. There will be full day workshops on Thursday and Friday; 1 1/4 hour programs on Saturday; half-day workshops on Sunday.

New conference site for '85--The Hilton Inn Florida Center is central to major highways, the Orlando airport, and area attractions. It is located on International Drive, less than 15 minutes from the airport and Walt Disney World. Extremely reasonable room rate--consider a family holiday at this inn!

Contact: Charles H. Huber, Co-Coordinator
10538 Docksider Drive East
Jacksonville, FL 32217

O F G E N E R A L I N T E R E S T

Huddleston's Uganda Experience

I would like to thank the Society for the generous donation of books which I took with me to the country of Uganda in July. Over a period of two weeks, I had the opportunity to introduce Individual Psychology to the senior administrators and department heads of the Uganda Technical College. At the closing ceremonies of our workshops, I presented copies of the *Fundamentals of Adlerian Psychology* and *The Education of Children* to the Chief Inspector of Schools for Uganda and to the Minister of State for Education.

Before my arrival, I wondered if the principles of Individual Psychology would be of interest to educators in a re-developing African country. I came away from Uganda thinking that Adler's and Dreikurs' writings are so relevant to the solution of their community, business and family problems. Ugandan educators appeared well schooled to accept an authoritarian form of government, yet were searching for a way to become more personally effective in contributing to the well-being of the country. The average Ugandan was extremely friendly to and interested in his neighbors, far more than I note in my community. Yet, the record of violence and violation of human rights in the country has been appalling. I find it difficult to understand how a group of kind, gentle people could have such a bad record of societal violence.

Social Equality & Tribal Differences

The educators I addressed were highly receptive

to the principles of Adler's psychology. The major stumbling block, and one that is not openly addressed, is a lack of recognition of "social equality" from tribe to tribe. I felt that the message of social equality, so well defined by Rudolf Dreikurs, is sorely needed in the country. On occasion, I heard one or two high-ranking officials call for a unification of the country based on their similarities as Ugandans. The average teacher or administrator seems more aware of differences between tribal groups. The instances of discrimination based on tribal grounds were all too numerous.

Independence & Responsibility

The Ugandan people remain very conscious of their background as a colonial people, controlled by Asians or Europeans. I am reminded of the situation of a pampered child who has had too many people look after him. I sensed many Ugandans are waiting for the West to do "things" for them. Personal initiative in solving problems was not evident among many administrators. I felt that Dreikurs' principles of stimulating independence and personal responsibility need to be addressed nationwide in Uganda.

Personal safety is a serious concern to all Ugandans. Without any overall degree of order in the country, citizens are not assured of their own personal safety. There were reports of shooting every night and some reported that citizens were killed every night. I was very nervous at times because I wasn't sure I'd leave the country safely. However, I did and I hope that my contribution had some value to educators there.

I would like to see some of the Society's publications sent to countries like Uganda. I'm convinced the leaders and teachers in such countries would benefit from the ideas of social democracy.

--Dick Huddleston
Red Deer, Alberta
* * *

Bina Rosenberg

Chicago area Adlerians were shocked and saddened by the untimely passing of Dr. Bina Rosenberg, who died as a result of a traffic accident in September. Dr. Rosenberg, a pioneer in group therapy methods, was born in Germany and studied medicine in Berlin. She came to the U.S. in the late 1930's.

Dr. Rosenberg joined the St. Joseph Hospital staff in Chicago in 1964 and remained active in her practice until her death. She was an instructor at the Alfred Adler Institute of Chicago and a member of its Board of Directors. Bryna Gamson of the Institute stated, "Though she leaves us the poorer on our Board and Faculty, her lively contributions to psychiatry and Individual Psychology will certainly survive her."

* * *

Position Opening

Clinical Psychologist, Assistant Professor, tenure track, two-year renewable contract beginning September 1985.

Clark University in Worcester, Massachusetts is seeking a Ph.D. clinical psychologist trained in family therapy and assessment and prepared to conduct a family therapy training experience for graduate clinical students; ready to maintain an active research program and to publish in the area of family interactions and relationships; and to teach other graduate and undergraduate courses in human development, family organizations, socialization processes, etc.

Send vita, reprints and manuscripts, and arrange for three letters of recommendation to be sent directly from recommender to Seymour Wapner, Dept. of Psychology, Clark University, 950 Main St., Worcester, MA 01610. Deadline for receipt of application material is February 1, 1985. Women and minority applicants are encouraged to apply. Clark University is an Equal Opportunity/Affirmative Action Employer.
#

Jon Carlson and Andy Rooney?

An unlikely pairing, perhaps? Well, not really. It seems the *Reader's Digest* found Adlerian Psychologist Carlson and "60 Minutes" Commentator Rooney to have words worth pondering. In the May, 1984 issue under the heading of "Points to Ponder," a quote from Dr. Carlson (taken from an interview on National Public Radio's "Morning Edition" program) appears along with one from the ever-humorous Rooney on the importance of taking showers. The Carlson quote reads as follows:

"Most of us need encouragement when we don't know how to do something, when we're working on it or struggling. I think of a little girls who came to me one day and said, 'Dr. Carlson, look at my paper.' She showed me her paper and every word on it was spelled wrong. I looked at her and said, 'Maureen, I really like your paper-- the margins are nice and neat, and your printing is clean and readable.' And she said, 'Thank you Dr. Carlson. I've really been working hard on it. Next I'm going to work on my spelling.'"

--S.E.H.



from the Regions

REGION II--MIDWEST

ILLINOIS

Chicago--AAI of Chicago held its commencement exercises October 28, 1984. Seventeen students received Master of Arts degrees in Counseling Psychology and one was awarded a Certificate in Psychotherapy. Of these graduates, 7 live outside the Chicago area and completed a notable portion of their programs through their local Adlerian Institutes.

Special Programs Coming to Fruition

"For the Prime of Your Life"TM passes off the drawing boards and into parishes and congregations throughout metropolitan Chicago this season. A seminar series of brief lectures, relevant background readings and dynamic group discussion on various subjects of elementary Adlerian philosophy, the "Prime" program promises to introduce the lay community to practical psychology. The series is provided through the cooperation of many religious denominations in various parts of Chicago. Leadership is provided by trained graduates or faculty of the AAI of Chicago. It is the Institute's hope that they will increase public awareness and interest in Adlerian principles by means of this "Prime" seminar series.

Winter Quarter Course Offerings

Enrollment will open soon for the following Winter Trimester courses: 102 Introduction to Individual Psychology II; 211 Test & Measurements; 313 Interviewing; 321 Comparative Theories of Psychotherapy & Counseling; 336 Group Therapy: Experiential; 344 Marriage Counseling I; 442 Family Counseling Seminar; 472 Continuing Case Seminar; 501 and 503 Practicum: Small Group Supervision.

Expansion into suburban course offerings will also be made during Winter Trimester: north suburban--101, 103, 107; west suburban--101.

Family Education Activities

Volunteers working with the Director of FEA are currently preparing the Eleanor Redwin Memorial Lecture Series to be offered beginning in November in Highland Park and points north in Lake County in celebration of the opening of the first in a planned series of Family Education Centers.

#

REGION IV--MIDDLE ATLANTIC

MARYLAND

Bowie--The Adler-Dreikurs Institute of Human Relations at Bowie State College has a new Director--Henry J. Raymond. Jacqueline Brown has been added to the faculty and 14 Adlerian courses are being offered this fall. The office has been moved to: 0272 Martin Luther King, Jr. Building on the campus.

#

REGION VI--FAR WEST

CALIFORNIA

The San Diego Society of Adlerian Psychology encourages Adlerians in and around the San Diego County area to participate in their meetings and activities. The Society meets every other month and each meeting includes an educational presentation. They hope that people from all walks of life--counselors, therapists, social workers, parents, teachers and managers--will join and help to expand into a dynamic network, according to Steven A. Maybel. Contact him at 486 Hillway Dr., Vista, CA 92083; 619/458-4658.

#



The Growing Teacher; How to become the teacher you've always wanted to be, Jon Carlson and Casey Thorpe, Prentice-Hall, #13.95 hardcover; \$6.95 paperback.

This comprehensive guide shows teachers how to become more effective in their work and in their personal lives as well. Each chapter contains many examples illustrating teacher-student interactions plus exercises and tables that review major concepts.

Jon Carlson, editor of the Practice and Application issues of NASAP's Journal, has been a teacher and educational consultant and Casey Thorpe is a psychotherapist and freelance journalist who trained and worked at the AAI of Chicago.

Available through: Prentice-Hall, Inc., Englewood Cliffs, NJ 07632; Attn: Addison Tredd.
* * *

The Anger Clinic, Mitch Messer, \$4.50. This booklet is the first step on the road to managing the anger that makes our lives more painful than it needs to be. Mitch conducts Anger Clinics throughout the Chicago area. The booklet is available from: Mitch Messer Newsletter, Suite 1710, 111 N. Wabash Ave., Chicago, IL 60602.
* * *

Children: The Challenge makes the Times

The "Living" Section of the *New York Times*, August 29, 1984, contained an article entitled, "Books Proliferating on Care of Children." Included with the article was a list of a dozen child-care books that have been top sellers recently, according to the Ingram Book Company, the country's largest distributor of trade books. One of the dozen top seller was *Children: the Challenge* by Rudolf Dreikurs and Vicki Soltz.

As Bob Powers said when submitting the article, "Hurrah for our side!"
* * *



New Video Tapes Available

The American Training Center of Boulder, CO has developed a series of educational video tapes entitled, "You Must Be Kidding." They include lectures, demonstrations and dialogues. Don C. Dinkmeyer, Sr. is one of the participants. These video tapes were introduced in the Chicago area at the Marriott Oakbrook on October 30, 1984. Contact

Contact: Don C. Dinkmeyer, Sr., 4010 NW 99 Avenue, Coral Springs, FL 33065; 305/752-0793.
* * *

Book Review

An Adlerian Lexicon, Jane Griffith and Robert L. Powers, is a needed and welcome addition to the Adlerian literature. Consisting of descriptions of 59 terms associated with Individual Psychology, the lexicon includes both definitions and important quotes from Adler and Dreikurs. The book is fun to hold, easy to use, and relatively short in length (73 pages). It is very well organized and thoroughly indexed, making it a very handy reference tool. Because of its organization with concepts listed in order of their logical connection to one another, by reading it in its entirety, the reader will receive a nice overview of Adlerian theory. It is also an excellent reference for clarifying concepts and terms when reading anything Adlerian.

The lexicon personally saved me countless hours in preparing to teach an introductory course on Adlerian Psychology. The definitions and quotes were right there to add to my outline. Of special significance is the section on Gender Guiding Lines. I have never seen this concept presented in existing Adlerian literature. It appears to be a new and important contribution to Adlerian thought. Anyone interested in IP will find the lexicon a valuable complement to their professional library.

-- Stephen A. Maybell
Oceanside, California

(Lexicon available through AIAS, Suite 2502A, 600 N. McClurg Court, Chicago, IL 60611 at a cost of \$10 plus \$1.25 postage and handling.)
* * *

Active Parenting Workshops

Active Parenting, the first video-based parenting education program, is conducting Leader Certification Workshops in metropolitan areas across the country. These 12-hour workshops will be conducted by Michael H. Popkin.

They will be held in:

- | | |
|------------------|-------------|
| Washington D.C. | Nov. 1, 2 |
| Los Angeles, CA | Nov. 8, 9 |
| San Diego, CA | Nov. 15, 16 |
| Seattle, WA | Nov. 17, 18 |
| Philadelphia, PA | Nov. 29, 30 |
| San Juan, P.R. | Dec. 7, 8 |

The fee for the workshop is \$95 and is due seven days prior to the workshop. Call toll free number: 800-241-1667 ext. 807.
* * *

NCFR implements procedures for certification

The National Council on Family Relations (NCFR), an interdisciplinary, not-for-profit educational and resource organization, has recently published the 47 page document *Standards and Criteria for the Certification of Family Life Educators, College/University Curriculum Guidelines, and an Overview of Content in Family Life Education*. Single copy price is \$6.50; order through NCFR office. Application forms for certification are available free of charge through Certification Coordinator, Sue Anne Williams, NCFR, Fairview Community School Center, 1910 West County Road B, Suite 147, St. Paul, MN 55113.
* * *

INTERNATIONAL

JAPAN

The news coming from Japan continues to be exciting--Dr. Shunsaku Noda reports that the Japanese Society of Adlerian Psychology was born February 7, 1984 and by May there were 100 Adlerians. They held their First National Congress in August in Kawasaki City and will publish a journal twice a year entitled, *Adlerian*.

New Institute

The Alfred Adler Institute of Tokyo was established in March and is located in the center of Tokyo. It has a small counseling room, a Japanese style room for small group activity and a conference room. Although it is small, Dr. Noda says "it is a bridgehead of Individual Psychology in Tokyo."

Dr. Noda teaches Fundamental and Advanced courses in Adlerian Psychology. The Fundamental Course is designed for lay counselors, teachers, and other helping professions without academic basis of psychology. It is a 8-day course, 6 hours a day, held on weekends. More than 60 people have completed the course.

The Advanced Course is for psychological professionals and is held 3 hours, once a week for a year. Fourteen people completed the course in Osaka and Kobe. Students of these classes have published academic articles on Individual Psychology and "unbelievably creative" research projects are under way, according to Dr. Noda.

Blending Cultures

Makiko Tsuboi works with Dr. Noda in his clinic and they have blended the East-West cultures in therapy. They have found meditation to be very effective in changing lifestyle and use a meditation technique with severe body movement. They have begun a group therapy program based on IP with 1 1/2 hours for meditation and 1 1/2 hours for discussion.

Dr. Noda writes further, "I find that Japanese Adlerian Psychology has somewhat different coloring to American one. Adlerian Psychology here is combined with Oriental tradition, especially with Buddhistic philosophy. I think this is a very good phenomenon. A transplanted seed might show us a different flower: I thought I imported a seed of a rose, but it may bloom as a lotus. This is not my job. All the Japanese Adlerians helped its mutation."

#



The International Committee
for Adlerian Summer
Schools and Institutes

ICASSI announces the 18th Rudolf Dreikurs Summer Institute at Fulda, West Germany, August 4-17, 1985. The Kolpinghaus in central Fulda is the headquarters hotel with classes in a new school building about a five minute walk away.

A preliminary catalog with details of the

program will be available in November and the final catalog in January. A \$100 deposit is required to reserve space.

Contact: Hal McAbee, 2421 Kelford Lane, Bowie, MD 20715-2899. 301/464-2359.

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IAIP CONGRESS - QUEBEC

The 16th International Congress of Individual Psychology will take place in Montreal at the Queen Elizabeth Hotel, July 7-10, 1985. For information, call or write:

Alfred Adler Institute of Quebec
4947 Grosvenor Ave.
Montreal, PQ H3W 2M2
514/731-5675

Call for Papers

Congress Organizer Hal McAbee has issued a call for papers for the 16th International Congress. The presentations may be either 45 minutes or 1 1/2 hours. Presentors should prepare a summary of the proposed presentations of not more than 300 words and submit it with a brief vita to McAbee at 2421 Kelford Lane, Bowie, MD 20715.

#

SWITZERLAND

A new training institute for psychotherapy with primary emphasis on Adlerian Psychology was established in the spring of 1984, in Zuerich, Switzerland. The institute is sponsored by the Psychologische Lehr- und Beratungsstelle Friedrich Liebling. It is offering postgraduate courses in the theory and practice of psychotherapy. Classes are conducted on a part-time basis and it is expected that the complete course will take from three to five years.

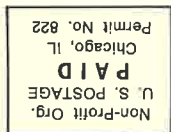
The first year focuses on the fundamentals of Individual Psychology and Neo-Psychoanalysis. It also emphasizes the history of dynamic psychology and deals with philosophical aspects of psychotherapy. Didactic analysis begins during the first term.

In the second year, knowledge and understanding of the fundamentals of dynamic psychology is deepened, with particular emphasis on psychopathology and psychosomatic disturbances.

In the third year, psychotherapeutic training is intensified. Specific techniques of character analysis are taught. The major emphasis is on the therapeutic problem of personality change, while also focusing on aspects of the therapist's personality that may inhibit optimum therapeutic effectiveness.

Practical training, continuous casework seminars and individual and group supervision are offered during the entire training program.

Inquiries about the program should be sent to one of the directors (Annemarie Buchholz-Kaiser, Ernst Frei, Antonio Cho) at Susenbergstrasse 53, 8044 Zuerich, Switzerland.



RETURN TO:
NASAP NEWSLETTER
NEVA L. HEFNER, EDITOR
159 N. Dearborn Street
Chicago, IL 60601

The mercury climbs higher each month on the thermometer for the

\$50,000 Challenge Grant

The grant was made possible through the Estate of Seymour E. Clonick.

NASAP expresses its appreciation to the following who have donated to the Challenge Grant since April (donors at the Annual Convention were listed in the July-August issue of the *Newsletter*.)

Espenak, Liljan	Region III--South
Larson, Donald	Silverman, Norman
Lemire, David	

In honor or memory of

Mann, Dahlia & Carl	Lily Ehrlich
Pancner, Kristin & Ron	Rudolf Dreikurs, Harold Mosak, Bernard Shulman
Rabinowitz, Shula & Martin	Lily Ehrlich
Waters, Eileen	Hal & Norma Lou McAbee
Yoder, Fran	Homer Kiracofe

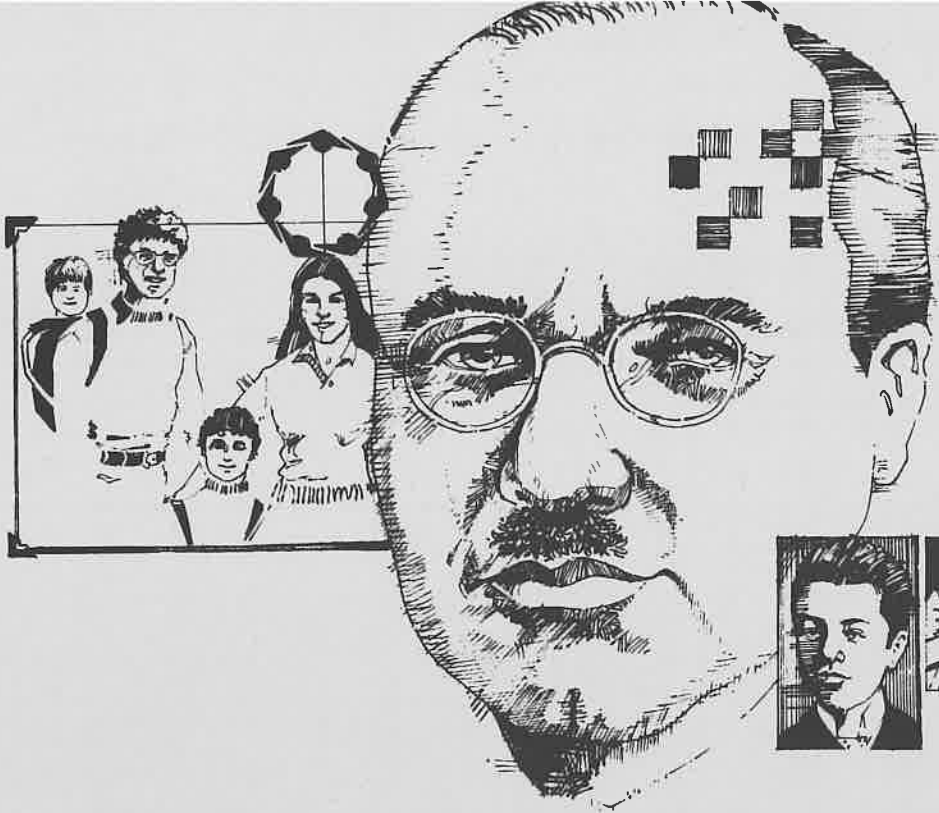
Members are reminded that donations to the Challenge Grant may be untargeted or may be designated for:

- Audio-Visual Series on Democratic Techniques
- Additional Staff Person
- Directories and Brochures
- Development of Sections
- Reserve or Contingency Fund

By this time, members should have received the formal invitation to donate in honor of someone who has played a significant role in your life or in the furthering of Individual Psychology. A number of people have already responded.

Letters will be sent to the people honored by your donation. If you choose to donate in the memory of someone who has passed away, an appropriate letter will be sent to a relative or whomever you designate.

Donations may be sent to the central office located at 159 North Dearborn, Chicago, IL 60601.



workshops and programs

in topics related to counseling and psychotherapy, education, clinical practice, theory and research, and business and organizations.

north american society of Adlerian psychology

nasap 85

may 24-27 atlanta, ga.

omni international hotel
33rd annual convention

presenting workshops by:

kurt adler on neurosis • oscar christensen on family therapy • don dinkmeyer, sr. on encouragement • daniel eckstein and roy kern on management • clair hawes and roland hawes on couple counseling • harold mozak on Adlerian psychotherapy • miriam pew on psychodrama • john platt on education • frank walton on teenagers • and many others.

an exciting keynote presentation:

join us for a unique keynote presentation as three noted professionals representing the Adlerian, Freudian, and Jungian approaches will discuss "*how theory becomes practice*," much in the spirit of the "coffee-house discussions" of Adler and his contemporaries. a Viennese-style coffee reception will follow the keynote presentation.



come visit us in the exciting and beautiful city of Atlanta, the international city with a flavor of traditional southern hospitality. you'll find that Atlanta has something for everyone...whether it's dining at unique and unusual places, music to swing to, museums to explore, southern history to see or theater performances to enjoy.

discount air fares:

for a 35% discount on your air fare to Atlanta, call Eastern Airlines at 1 800 327-1295 and tell them you plan to attend *nasap85*. in Florida call 1 800 432-1217. call between 9am and 8pm Monday through Friday.

the convention is hosted by the Atlanta Adlerian Society. for more information contact: Gaye Schneider, 6669 Witherington Court, Norcross, Georgia 30093, (404) 496-0254.

