

North American Society of Adlerian Psychology

NEWSLETTER

Volume 18, Number 1

January-February 1985

159 N. DEARBORN STREET
CHICAGO, ILLINOIS 60601

Last NEWSLETTER unless membership renewed by January 31, 1985

P R E S I D E N T ' S M E S S A G E

What is Progress?

In half a year we will meet in Atlanta, Georgia. It has been a half year since we met in Toronto. It doesn't feel that way but must be -- we just concluded the half year Delegate Assembly (D.A.) meeting.

Time and Progress. It is said that when we are young years pass slowly and days quickly, whereas when we are older days pass slowly and years quickly. When you are involved in a volunteer organization, hoping to get things accomplished, neither of these feelings applies. Days seem to pass quickly and so do years. So how, or when, do we get things done? How is progress achieved?

And, you ask, what is progress? I can tell you my perception of progress, or the directions of my progress, that evolved in the D.A. meeting November 2 - 4, 1984. We seemed to be working toward a society which is inclusive, of all Adlerians and Adlerian organizations, beneficial, with a meaningful place for all to learn and enjoy, active, in presenting the Adlerian message, and solvent.

Concentration on Membership and Education

In order to move in these ways we must, as always, concentrate on membership activities, and develop a framework for including as members institutions, organizations and their members, students and associates. We must see that the full complement of Interest Sections provides a network of educational, development and social activities for their individual

and institutional members. We must figure out and pursue ways to educate professionals and the public in Adlerian Psychology and about NASAP, and this we must do in ways that are financially as well as morally rewarding.

Delegates Working

The permanent committees of the D.A. are working committees. The Delegates on these permanent committees are now following up on their tasks and assignments so that in a half year in Atlanta we can become a bit more inclusive, beneficial, active and solvent. And this will continue.

NASAP '85

Looking towards our NASAP Convention in Atlanta in May, we appreciate the cooperative spirit of Maria Francis and Roy Kern, Program Coordinators, as we try to integrate Interest Section representatives into the planning of the Convention sessions. Our thanks to Gaye Schneider and her colleagues as they continue to plan an exciting four days in Atlanta. We look forward to a good dose of that southern hospitality!

In closing...

Many of us have felt good about our NASAP membership for many years. NASAP is a good place to meet good people, to do some good things. We have to keep that sense while moving on. I have long believed in a dictum by Alfred North Whitehead which may enlighten our efforts: "The art of progress is to persevere change amidst order and to persevere order amidst change."

Guy J. Manaster
President

Thank you...

The NASAP Executive Committee wishes to convey its appreciation to Roy Kern, Jane Griffith and Robert L. Powers, who gave willingly of their time and energy for the benefit of NASAP. They led the Alfred Adler Memorial Workshops on "Stress" in Chicago just prior to the Delegate Assembly meeting in November. The workshops were well attended and well received.

To: "Former" Members

If you did not renew your membership in 1983 or 1984, you are receiving this complimentary issue of the Newsletter so that you may read about what is happening in NASAP. Now is the time to reinstate your membership by sending in your 1985 dues payment with the dues notice sent you recently. Send it by January 31 to receive 1985 publications.

I N T E R E S T S E C T I O N S

Education Section

Fifty-nine (59) NASAP members have applied for membership in the Education Interest Section, fulfilling the minimum required by NASAP for formation of a Section. A membership list and a revised Charter and By-Laws will be submitted to the Delegate Assembly (D.A.) with the request that the Section be formally recognized at the annual meeting in Atlanta.

NASAP Members wishing to join the Education Section may do so by sending name and address along with \$5 annual dues to:

Frank Walton
1313 St. Andrews Road
Columbia, SC 29210

Officers elected by the group at the May meeting in Toronto were: Marianne Miles, Edmonton, Alberta, President; Pearl Cassel, Scarborough, Ontario, Vice President; Frank Walton, Secretary-Treasurer. (This a correction to the list published in July-August, 1984 NEWSLETTER.)

Executive Committee (E.C.) Liaison:
Kathleen A. Walton

Theory and Research Section

The Theory and Research Interest Section presented its 50 names and charter to the May D.A. meeting. Preliminary By-Laws were presented to the Constitution Committee at the November D.A. meeting and the final By-Laws will be provided for the D.A. for recognition and approval in Atlanta. For membership information contact:

Michael Yura
Route 9, Box 198
Morgantown, WV 26505

E.C. Liaison: Guy J. Manaster

Family Education Section

The required 50 names have been obtained and a Charter prepared. By-Laws are in the process of being written. People interested in being members of the Family Education Interest Section should send their name, address and a \$5 contribution to the Treasurer:

Joan List
RR #1, Site 118, C-24
Parksville, B.C.
Canada V04 2S0

E.C. Liaison: Marion Balla

Business and Organizations

The Business and Organizations Interest Section has prepared a Charter and is in the process of obtaining the required 50 members. For membership information, contact:

Ira Schoenwald
4565 Wellington Court
Cypress, CA 90630

E.C. Liaison: Don C. Dinkmeyer, Jr.

The following Interest Sections were approved in May and NASAP members who wish to become members of either Section should contact the person listed.

Section for Professional Clinicians

Dues (\$10) and request for information on membership should be sent to:

Robert N. Doyal, Treasurer
2805 Fairfield Ave.
Fort Wayne, IN 46807

Checks should be made payable to: NASAP Clinical Section.

E.C. Liaison: E Clair Hawes

Adlerian Counseling and Therapy (ACT)

Revised By-Laws for ACT were presented and approved by the November D.A. meeting. Dues are \$10.00 a year and checks should be made payable to ACT and sent to:

Lee Paxton Applegate
12527 Elm Manor Drive
San Antonio, TX 78230

E.C. Liaison: Betty Lou Bettner

NEWSLETTER DEADLINES

February 1.....March-April issue
April 1.....May-June issue
June 1.....July-August issue
August 1.....September-October issue.
October 1.....November-December issue



NEWSLETTER

North American Society
of Adlerian Psychology

Vol. 18, No. 1

January-February, 1985

Published bi-monthly by the North American Society of Adlerian Psychology, 159 North Dearborn, Chicago, IL 60601. 312/346-3458.

Members of NASAP automatically receive the Newsletter. Subscription rate for non-members \$5.00.

We encourage readers to send contributions of news, suggestions, ideas, opinions by the first of the month. We reserve the right to edit.

Neva L. Hefner, Editor
Sarah E. Hefner, Assistant Editor

LETTERS TO THE EDITOR

And Now There are Three

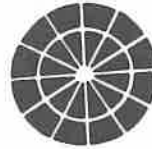
Besides Rudolf Dreikurs, the New York Mayor Edward I. Koch was reported to have said to himself, "I'm not the type to get ulcers. I give them" (NEWSLETTER, May-June, 1984). Now we learn from Ina Curtis that President Lyndon B. Johnson also counted himself among those who give ulcers. She found the following quotation from him in Home Book of American Quotations by B. Boyle (New York: Dodd, Mead, 1967), "I didn't have ulcers; I gave them to the people who worked for me" (p. 59-60). Rudolf Dreikurs, Mayor Koch, President Johnson--quite a triumvirate.

--Heinz L. Ansbacher
University of Vermont

Counseling Marathons will be held February 10th and March 3rd.

Contact: Lucy Ackerknecht
AWIRTH
226 Stanford Avenue
Berkeley, CA 94708
415/524-4929

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AAI of Chicago

Downtown Chicago: Classes held at the Institute, 159 North Dearborn Street.

Jan. 5-6, Feb. 16-17
#321 Comparative Theories of Psychotherapy and Counseling, Seymour Schneider, Sat. & Sun., 9 a.m. - 4 p.m.

Jan. 6, 20, Feb. 17, Mar. 3
#211 Psychological Tests and Measurements, Sherwood Perman, Sundays, 9 a.m. - 4 p.m.

Beginning Jan. 7
#313 Interviewing Techniques, Dorothy Peven, Mondays, 7 - 9 p.m.

Beginning Jan. 8
#472 Continuing Case Seminar, Harold Mosak, Tuesdays, 5 - 7 p.m.

Beginning Jan. 9
#501 Professional Problems, Howard Pollack, Wednesdays, 5 - 7 p.m.

Jan. 12, Feb. 16
#503 Small Group Supervision, Robert Powers, Saturdays, 10 a.m. - 4 p.m., meets at 600 N. McClurg Ct., Suite 2502-A, Chicago.

Jan. 12
FEA Study Group Leadership, Bryna Gamson, Barbara Borden, Sat. 9:30 a.m. - 4 p.m.

Jan. 19-20, Feb. 2-3
#102 Introduction to Individual Psychology II, Seymour Schneider, Sat. & Sun. 9 a.m. - 4 p.m.

Mar. 15-18
#336 Group Therapy: An Experiential Course, Leo Lobl, Fri. - Mon., 9 a.m. - 4 p.m.

Date TBA
#344 Marriage Counseling I, Bernard Shulman, Mondays, 6:30 p.m. - 8:30 p.m.

Northern Suburbs: Location of classes to be assigned, except where noted.

Beginning Jan. 2
#103 Psychology of Everyday Life, Bernard Shulman, Wednesdays, 7:30 - 9:30 p.m.

Jan. 8, 13, 22, 27
#107 Family Dynamics, Ronald Forgas, Tuesdays 5 - 9 p.m., Sundays, 9:30 a.m. - 4:30p.m.

Beginning Jan. 17, Feb. 16
#351 Maintaining Sanity: Behavior Problems in the Classroom, Louise Jacobs Bernadette Herman, Thursdays, 3:45 - 6:30 p.m., Sat

C A L E N D A R O F E V E N T S

REGIONAL MEETINGS

Feb. 21-24 Region III - South
Hilton Inn Florida Center
Orlando, Florida (see p. 5)

Mar. 2 Region V - Northeast
Barbizon Plaza Hotel
New York, New York (see p. 5)

NASAP CONVENTION

May 24-27 33rd Annual NASAP Convention
Omni Hotel
Atlanta, Georgia (see back page)

IAIP CONGRESS

July 7-10 16th International Congress of
Individual Psychology
Queen Elizabeth Hotel
Montreal, Quebec (see p. 5)

C O U R S E S / W O R K S H O P S



FRIENDSHIP

Adlerian Western Institute
for Research & Training
in Humanics (AWIRTH)

Winter Courses and Workshops run from January 3 through March 7, 1985, and are taught by Lucy Ackerknecht and Katherine Csezak.

- A. Autogenic Training, 7:00 - 7:15
- B. Course #T103, 7:15 - 8:40,
Basic Individual Psychological Processes II.
- C. Course #C103, 8:50 - 10:15,
Group Counseling I.

C O U R S E S / W O R K S H O P S , Continued

(AAI of Chicago)

8:30 a.m. - 5 p.m., meets at College of Lake County Ed. Serv. Center, 1860 First St., Highland Park.

Date TBA

#101 Introduction to Individual Psychology I, Dorothy Peven, Fridays, 6:30 - 8:30 p.m.

Western Suburbs: Location of Classes to be assigned.

Beginning Jan. 7

#101 Introduction to Individual Psychology I, Norman Silverman, Mondays, 6:30 - 8:30 p.m.

Contact: AAI of Chicago
159 North Dearborn St.
Chicago, IL 60601
312/580-7070

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AAI of Minnesota

Jan. 3, 10, 17, 24, 31, Feb. 7, 14
A107-C211 Tests and Measurements, Leviton, times TBA.

Jan. 7, 14, 18, 21, Feb. 4
A104 Abnormal Psychology, Laube, times TBA.

Jan. 11, 12, 21, 23
A100-C101 Fundamentals of Adlerian Psychology I, Bartholow, Fri. 6 - 10 p.m., Sat. and Sun. 8:30 a.m. - 4:30 p.m., Weds. 5 - 9 p.m.

Jan. 18, 19, 20, 30
100B Adlerian Psychology, Vickman, Fri. 6 - 10 p.m., Sat. & Sun. 8:30 a.m. - 4:30 p.m., Weds. 5 - 9 p.m.

Jan. 18, 19, 20, 30
A203-C441 Psychology of Addiction, instructor TBA, Fridays 6 - 10 p.m., Saturdays 8:30 a.m. - 4:30 p.m.

Feb. 8, 9, 10, 20
C102 Fundamentals of Adlerian Psychology II, Bartholow, Fri. 6 - 10 p.m., Sat. & Sun. 8:30 a.m. - 4:30 p.m., Weds. 5 - 9 p.m.

Feb. 8, 9, 10, 20
A101-101B Lifestyle I, Blaisdell, Fri. 6 - 10 p.m., Sat. & Sun. 8:30 a.m. - 4:30 p.m., Weds. 5 - 9 p.m.

Feb. 11, 18, 25, Mar. 4, 11, 18, 25, Apr. 1
A204-C301 Psychodynamics of Psychopathology I, Leviton, Mon. or Thurs. 6:30 - 9:30 p.m., for 8 weeks.

Feb. 15, 16, Mar 1, 2
A207-C311 Diagnosis and Treatment in

Psychotherapy, Chicago Faculty, Fridays 6 - 10 p.m., Saturdays 8:30 a.m. - 4:30 p.m.

Mar. 7, 14, 21, 28, Apr. 4, 11, 18, 25
A301-C312 Methods and Techniques, Blaisdell, Levitan, Mon. or Thurs. 6:30 - 9:30 p.m.

Mar. 8, 9, 10
A201 Lifestyle II, Shapiro, Fri. 6 - 10 p.m. Sat. & Sun. 8:30 a.m. - 4:30 p.m., Weds. 5 - 9 p.m.

Mar. 15, 16, 17
A205 Human Sexuality, Laube, Fri. 6 - 10 p.m., Sat. & Sun. 8:30 a.m. - 4:30 p.m.

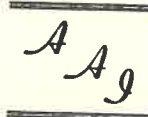
Mar. 29, 30, Apr. 19, 20
C302 Psychodynamics of Psychopathology II, Chicago Faculty, Fridays 6 - 10 p.m., Saturdays 8:30 a.m. - 4:30 p.m.

Apr. 22, 29, May 5, 6, 13, 20
C321 Comparative Theories, Chicago Faculty, times TBA.

"C" Class = Chicago Masters, "A" Class = AAI of Minnesota Program.

Contact: AAI of Minnesota
5501 Green Valley Drive
Bloomington, MN 55437
612/835-9150

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AAI of New York

Beginning Jan. 15
#200:200B Initial Interviews, 6 sessions.

Beginning Jan. 22
#100:112 Group Experience, 10 sessions.

Beginning Jan. 31
#200:220 Neuroses, 8 sessions.

Beginning Feb. 5
#300:330 Psychoses, 5 sessions.

Beginning Feb. 26
#100:115 Adlerian Philosophy, 5 sessions.

Beginning Feb. 28
#100:145 Fundamentals of Psychopathology, 5 sessions.

Beginning Feb. 28
#300:318 Eating Disorders, 2 sessions.

Contact: AAI of New York
A. Ina Block
37 West 65th Street
New York, NY 10023
212/923-5600

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NEW TELEPHONE NUMBER
for NASAP

312/580-7082

C O U R S E S / W O R K S H O P S Continued



The Americas Institute of Adlerian Studies (AIAS)

The Program for Professionals

Understanding Personality
Feb. 21-24.....Philadelphia

Assessing Individual & Group Styles
Feb. 1-4.....Tucson
Mar. 18-21.....Chicago

Applying Psychological Skills
Feb. 7-10.....Los Angeles
April 10-13.....Tucson
June 17-20.....Chicago

Effective Leadership Seminars

Men & Women as Professional Partners in the Workplace
Jan. 30.....Chicago

Personal Leadership Styles: What Works, What Doesn't
April 24.....Chicago

Power Dynamics in Organizations
July 24.....Chicago

Contact: Cheryl H. Wergin
AIAS
500 N. McClurg Ct., Ste 2502-A
Chicago, IL 60611
312/337-5066

1984." Further information will be forthcoming.

Contact: Sylvia Robbins
9 Myrtle Drive
Great Neck, NY 11021
516/487-7243



Joseph Meiers - 90 Years

Joseph Meiers reached his 90th birthday on November 25, 1984. A member of our Society almost from the beginning, he continues his lively interest in our every effort to extend the legacy of Alfred Adler's vision of a better human world.

As a psychiatrist, he has lived as a true "physician of the soul." His broad sense of human culture and human striving has been supported and assisted in his alliance with Annie Dix Meiers, a former professor of English and World Literature. Annie came to New York City from Alabama; Joseph from Rega, Latvia (after his earlier flight from Hitler's Berlin). It is sweet to imagine how easily these two "foreigners" must have been drawn to each other by their recognition of their citizenship in a larger world!

Dr. Meiers remains with us, a conqueror of many years and of as many adversities. I am proud to name him among my friends, and, with all his and Annie's friends, to salute them both with gratitude and joy for the encouragement which their exemplary lives continues to give us.

--Robert L. Powers
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R E G I O N A L O R G A N I Z A T I O N S

REGION III - SOUTH

Reminder of the Eighth Annual Region III Conference that will be held in Orlando, Florida, February 21-24, 1985. Full-day workshops on Thursday and Friday; 1 1/4 hour program on Saturday; half-day workshops on Sunday.

New conference site for 1985--The Hilton Inn Florida Center, Orlando. Extremely reasonable room rate--consider a family holiday at this inn!

Contact: Charles H. Huber
Co-Coordinator
10538 Docksider Drive East
Jacksonville, FL 32217
904/268-6495

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REGION V - NORTHEAST

The New York Committee of Region V will host a Region V meeting on Saturday, March 2, 1985, at the Barbizon Plaza Hotel. The topic is "Humanism in Human Affairs--Alternatives to

IAIP CONGRESS

"The Future of Individual Psychology" is the theme chosen for the 16th International Congress of Individual Psychology to be held in Montreal on July 7-10, 1985. The Congress is sponsored by the International Association of Individual Psychology (IAIP) with the Alfred Adler Institute of Quebec as local host.

Included among the speakers will be H. L. Ansbacher, Kurt Adler, Bernard H. Shulman, Richard Royal Kopp as well as speakers from France, Germany, Italy and other countries.

The Congress will meet at Montreal's Queen Elizabeth Hotel. Liliane Bensinger, of the Congress' Organization Committee, notes that the exchange rate of the American to Canadian dollar is highly favorable, making hotel and conference fees very attractive to American Congress participants.

Contact: Liliane Bensinger, M.A.
Alfred Adler Institute of Quebec
4947 Grosvenor Ave. (Phone:
Montreal, PQ H3W 2M2 514/731-5675)

IAIP CONGRESS - Call for Papers

Harold McAbee, Secretary-General of the International Association of Individual Psychology (IAIP), has issued a call for papers, presentations or demonstrations for the 1985 International Congress of Individual Psychology to be held in Montreal July 7-10.

There are 45 minute and 1 1/2 hour time slots. Presentors should prepare a summary of the proposed presentations of note more than 300 words and submit it with a brief vita.

Send summary and vita before January 15, 1985 to: NASAP, 159 N. Dearborn, Chicago, IL 60601.
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IPNL SUBSCRIPTIONS

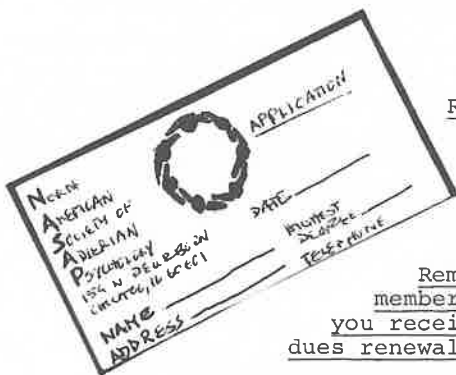
The second free copy of IPNL, organ of the International Association of Individual Psychology, arrived recently. Editor Horst Gröner is to be congratulated for putting together an attractive, readable newsletter with items of interest from Adlerian groups throughout the international scene.

Subscriptions for 1985 will cost DM 8,-/US \$5, postage included. There will be two issues in 1985--April and October. If you wish to receive the April issue, payment must be received by February 28, 1985. Editor Gröner requests that people in Canada and the U.S. send either cash or a check with the currency of your country.

Deadline for news for the April issue is March 25. News and subscriptions should be sent to:

Horst Gröner, Editor IPNL
Ruffinstrasse 10
D-8000 München 19
Federal Republic of Germany

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EACH ONE REACH ONE!

Remember that yellow membership application you received with your dues renewal notice?

G I V E I T T O A F R I E N D !

Or to a colleague, coworker, parent professional, or anyone you want to bring into the NASAP family.

O R G I V E A G I F T O F N A S A P

by filling out the application for a friend and sending it along with a dues payment to NASAP.

Do you need additional applications? Well, write us: 159 N. Dearborn, Chicago IL 60601.

E A C H O N E R E A C H O N E !



AAI of Chicago

Emergency Fund Drive

The Alfred Adler Institute of Chicago is in the midst of an emergency fund drive and is seeking assistance from NASAP members.

Paul Berger, President, indicated that the Institute has taken great strides towards becoming economically self-sufficient. Two programs, "Prime of Your Life" and "Quality of Work Life," are under way. A successful meeting has been held with key officials of the Chicago Board of Education, who seem interested in an experiment with Adlerian programs in their school system. If successful, this could bring economic benefits to the Institute as well as aid in promotion of Adlerian theory.

While the Institute is confident that these programs will make it economically independent, the programs will not come to fruition until the summer of 1985. In order to operate between now and June, 1985, the Institute will need \$50,000.

NASAP members who wish to donate to this emergency fund drive are asked to make checks payable to the Alfred Adler Institute and send them to: AAI of Chicago
159 North Dearborn
Chicago, IL 60601.

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POSITIONS AVAILABLE...

Licensed Maryland Psychologist wanted to fill position of Clinical Director at the Children's Center and Hyperactive Children's Clinic in College Park, Maryland. Responsibilities include intake interviews and development of treatment plans; supervision of experienced staff of 12 who provide individual, family, art, play and couple therapy, as well as psychological and educational testing; liaison with parents, schools, physicians, agencies. The philosophy at this outpatient clinic is based on Adlerian principles.

Contact: Cecelia G. Chaney, Administrative Director, 301/441-1770.

Social Worker. M.S.W. required; part-time, possibly developing into full-time position, in a multi-disciplinary clinic in southern Wisconsin. Interest in Adlerian Psychology necessary.

Contact: Jon Carlson, Ed.D., Lake Geneva Wellness Clinic, 101 Broad St., Lake Geneva, WI 53315. 414/248-7942.

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HOLD THE DATES

May 21-28, 1986; Omni Hotel, St. Louis, MO; NASAP's 34th Annual Convention & Workshops; Theme--Gateway to the Future: Adlerians Focusing on 2000.

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DELEGATE ASSEMBLY
REPORT

The Delegate Assembly met in Chicago for its semi-annual meeting November 2-4, 1984. Minutes and /or reports of the meeting are available upon request.

Information items...

1. Membership	1983	1984
New	169	145
Renewals	963	977
Life Members	22	21
	<u>1,154</u>	<u>1,143</u>

1984 membership composition:

- 910 General Individual
- 32 Affiliates
- 88 Family
- 21 Life
- 92 Student

2. Financial

1984 income will be about \$90,000
\$54,000 from membership
26,000 from '84 Toronto convention

1984 disbursements will be about \$90,000

Appropriated assets--Clonick Estate grants:

- \$77,201 Challenge Grant
- 10,000 I.E. Grant
- 25,000 Publications Grant

Action items...

1. Maximum amount for seed money for conventions was increased to \$4,000.
2. Neva Hefner's title was changed to Executive Director
3. 1985 Budget approved--deficit is projected that will be covered with interest from Clonick Estate grants.
4. By-Laws of Counseling and Therapy Section were approved. A licensed parliamentarian assisted with finalizing these By-Laws; they will be sent to other Sections and to Regions to use as a guide for structure.
5. Membership applications will be sent with dues notices with request that "each one reach one" and give an application to a friend.
6. Reminders are to be put in newsletter that authors give credit to Adler and Adlerian writers in articles, books and publicity materials.
7. New procedure for handling Annual Convention program proposals (Saturday and Sunday only):

NASAP Program Committee with First Vice-President designated as Chair; composed of

a D.A. member in charge of program for each Section, and Executive Committee members as needed;

Proposals and selection handled and coordinated through central office;

Local Program Committee continue to handle local arrangements for program.

Items presented and work to continue...

1. Convention/Workshop Committee

- a. New product--Employment Service to be developed.
- b. Contract between host group and NASAP was developed to be finalized with Executive Committee.
- c. Possible sites for future conventions--AAI of Minnesota in 1989; Puget Sound and San Diego considering invitation for 1987 and 1988.

2. Development/Public Relations

- a. Recommendation approved that NASAP become an authorized provider to groups such as AAMFT, NAAP, APA, NBCC, etc. so that people who attend conventions may get CEU credit. Executive Director to follow through.
- b. Looking into development of a Social Interest award to be given by colleges and organizations.
- c. P.R. brochure is being revised for final approval in May.
- d. Authorized to explore possibility of changing NASAP logo with report in May.
- e. List of "skills" to be revised for the next Membership Directory

3. Education Committee

- a. Development of program for training of Day Care providers.
- b. Development of standards of education and certification--share ideas with Interest Sections.
- c. Development of a video program for clinicians for training in psychotherapy techniques; perhaps through Clinical Section with Clonick funds.
- d. Development of video tapes for classroom teachers; proposal presented previously to Executive Committee.

4. Membership Committee

- a. Developing a membership booth for convention in Atlanta.
- b. Evaluate and enhance services and products for members in order to increase membership base.
- c. Working with Publications Committee to explore possibility of a Lay-person or "practical" newsletter.
- d. Working with Executive Committee to explore means of increasing institutional memberships.

5. Publications Committee

- a. Working on Guidelines for non-journal publications.
- b. "Needs assessment" survey for publications will be developed and sent.

6. Constitution Committee

- a. Continue to evaluate charters and By-Laws of proposed Sections.
- b. Assist Regions with development of By-Laws.

7. Executive Committee

- a. Develop marketing plans for NASAP products.
- b. Seek legal advice regarding taping presentations at conventions and workshops.
- c. Host a D.A. reunion at Atlanta.

PLEASE NOTE:

Members with ideas or suggestions on any of these items are invited to send them to the Executive Director of NASAP (159 N. Dearborn), who will send them to appropriate Committees.



Training in Marriage Enrichment (T.I.M.E.), Don Dinkmeyer, Sr., Jon Carlson, American Guidance Service (AGS).

A ten-session program on marriage enrichment was released in the summer of 1984. T.I.M.E. is a group support program for couples which may be used by churches, synagogues, social service agencies, schools and universities, community centers and mental health agencies. It can also play a part in marriage and family therapy as well as in couples' own independent study.

The program provides advice along with exercises and self-help problem-solving. A participant's handbook, *Time for a Better Marriage*, Leader's Guide, audiocassettes, and publicity materials for organizations are included in the package.

A complete kit on 30-day approval is \$69.50; a couple's packet which includes 2 participant's handbooks and audiocassette is \$19.95; individual copy of *Time for a Better Marriage* is \$6.95; sampler with excerpts from printed material is \$3.50. Contact: AGS, Publishers' Buidling, Circle Pines, MN 55014-1796.

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Dictionary of Unsanity, Mitch Messer, Artichoke Sundae, \$14.95 plus \$1.50 postage (Illinois residents include \$1.20 tax).

Mitch Messer has authored a self-help book with a difference. On October 4, 1984, Chicago *Sun-Times* columnist, Bob Herguth, featured Messer's 2,000 entry work in his column:

Chicago marriage counselor Mitchell Messer, who's nationally known for his "Anger Clinics," publishes his *Dictionary of Unsanity* next month. Among his deft definitions:

--Gromyko Syndrome: I didn't do it. Besides, you made me do it. Besides that you do it worse.

--Try: I intend to make an unsuccessful attempt.

--Martyr: One who suffers in silence at the top of her voice.

--Unsanity: The state of mental/emotional adjustment that occupies the middle ground between certifiable insanity on one hand and sanity on the other.

Send order to: Artichoke Sundae, P.O. Box 584 Skokie, IL 60076.

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Buzz O'Connell to donate videocassettes



Buzz O'Connell, who is retiring in 1985, is making two dozen 3/4" videocassettes, along with other tapes and movies, available to an interested Adlerian institution free of charge. The videocassettes feature O'Connell's lectures and psychodramas, other tapes and movies cover death and dying and include three Dreikurs' tapes.

O'Connell offers one stipulation. In exchange for receiving the tapes, he would like the accepting institution to copy about half of the tapes on VHS cassettes for him. He will provide the VHS tapes. Interested institutions contact: Walter E. O'Connell, 3406 Yoakum Blvd., Houston, TX 77006.

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Jon Carlson interviewed

Jon Carlson was interviewed for a *National Enquirer* piece on happy marriages (Nov. 20). The article presented readers with Carlson's 5-step program on how to enhance married couples' relations. The program is based on interviews Carlson conducted with couples in his Lake Geneva, Wisconsin private practice. The article also mentioned the marital self-help program, T.I.M.E. (see opposite article).

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BOOK REVIEW

Classroom Encouragement

A new 40 page handbook of encouragement activities in the classroom is now available for teachers, counselors, and principals. It is entitled, *25 Classroom Activities to Change the World through Encouragement*. It is published by authors David MacDougal and Douglas Krenz of the Edmonton Alberta Catholic Schools.

This handbook provides 25 detailed pupil activities especially useful for elementary and intermediate schools. These can be adapted for high school use in classes receptive to discussion techniques.

Dreikurs/Adler theory is left to other writers, but the activities beautifully develop equality, mutual respect, and self-esteem. At \$3.95 U.S. or \$4.95 Canada plus 10% postage, this is a good buy for teachers and counselors. Available from OSIP Sales, 2545 Van Buren St., Eugene, OR 97405, or Student Services, 10019-84 St., Edmonton, AB T6A 3P8, Canada.

--Maurice Bullard

#

REMINDER -- Authors

In order to better promote the knowledge of Individual Psychology, authors are urged to give credit to Adler and Adlerian writers in publications and the publicity on the publications.



from the Regions

REGION I--NORTHWEST

British Columbia

Vancouver--"The Year of the Youth: Tuning in '85" will be the theme of the Sixth Annual Adlerian Psychology Association of British Columbia (APABC) Conference this coming January 21 through February 2, 1985. The APABC Conference, designed for psychologists, teachers, administrators, counselors, psychiatrists, social workers, nurses, day care workers and all helping professionals, will feature a January 31st keynote address on "The Myth of Adolescence" given by Oscar Christensen. A number of other prominent Adlerians will lead workshops and presentations on subjects as varied as Adlerian Dream Analysis and the Non-Nuclear Family, to name just a few.

The conference site will be Simon Fraser University in Burnaby Mountain. Contact: APABC, #210-2525 Manitoba St., Vancouver, B.C. V5Y 3A7, Canada, 604/874-4614.

#

REGION II--MIDWEST

Illinois

Chicago--Mitchell Messer will lead an Anger Clinic at Crossings Town Houses, 1100 Fremont Way (Rte 83 and old 53), Buffalo Grove, on February 2, 1985, from 9:00 a.m. to 3:30 p.m. Cost is \$45 per person at the door or \$40 in advance, or \$65 per couple. Contact: Mitch Messer at 312/263-0035.

#

Missouri

St. Louis area--The 20th anniversary of the Midwest Society of Individual Psychology (MSIP) was marked this past autumn on the eve of October 12, 1984, with a buffet dinner, commemorative speeches, and an awards presentation. Cameron Meredith and Manford Sonstegard spoke of the twenty year history of MSIP by recalling the early days when they and Raymond Troyer (deceased) were encouraged by Rudolf Dreikurs to start a Family Education Center and a St. Louis area Adlerian Society. Meredith and Sonstegard were presented with St. Louis' version of the Olympic medals as well as certificates from MSIP.

On the following day, MSIP sponsored a day-long workshop program to kick off MSIP's "Expanding Vision."

On behalf of MSIP, Gloria Morgenstern extended their appreciation to all presenters and those Region II members who made the workshops a success.

#

REGION III--SOUTH

Florida

Merritt Island--Frank Walton reports that his recent visit to the Individual Education School at Merritt Island provided some interesting information. Faculty members did not need any help dealing with the myriad of classroom misbehaviors that typically are a prime topic of conversation during in-service training sessions with teachers in the traditional school setting.

The teachers reported that those sorts of misbehaviors simply do not occur. Instead, the teachers were interested in learning more about counseling theory and technique, so they could be of greater service to students during individual and group meetings designed to facilitate the students' personal growth. The I.E. school at Merritt Island is now called Sunwood Academy, and is directed by Mike Mastroianni.

#

South Carolina

Columbia area--Over 125 professionals from South Carolina and surrounding states attended the Second South Carolina Conference on Adlerian Psychology sponsored by the Columbia Adlerian Society. Frank Walton reports the conference was a success and notes that the variety of presentations and workshops generated enthusiasm among the participants.

North Carolina participants used the meeting as an opportunity to organize themselves with a view to scheduling Adlerian meetings in their area.

The Third Annual South Carolina Conference has been scheduled for September 27-29, 1985, at Myrtle Beach. Contact: Frank Walton, 660 Townes Road, Columbia, SC 29210.

#

REGION V--NORTHEAST

New York

The New York Committee, Region V--Northeast sponsored a workshop in November entitled, "Taking Care of Stress," with Roy Kern as presenter. A number of students participated from local universities, encouraged by their professors, who received invitations from Bob Sherman. Sylvia Robbins reported that everyone left feeling unstressed and one of the enthusiastic participants said it was a "breath of fresh air!"

#

REGION VI--FAR WEST

Colorado

Boulder--On November 7, 1984, the Dreikurs Relationship Center of Boulder celebrated its 10th anniversary with an open house. The first course offered by the Center was taught by Bill and Kathy Kvols-Riedler in November, 1974. The Center reports that since that time, the Kvols-Riedlers have developed a powerful weekend course called "Understanding Yourself and Others (UYO). Based on principles of

Colorado cont'd

Adlerian Psychology, the course, according to the Center, produces in one weekend results that are more powerful than those usually gained after a year of private counseling.

The Center notes that the course has been so popular that over 2,000 students have been graduated in the last two years. Centers offering UYO have now opened in Boise, Idaho, Detroit, Michigan, and Milwaukee, Wisconsin. Contact: Dreikurs Relationship Center, P.O. Box 3118, Boulder, CO 80307. 303/499-4500.

#

New Mexico

Santa Fe County--Jody Adams reports on her activities in the Santa Fe area. In the fall of 1984, she led a seven-week training workshop for volunteers who work with abusive and neglectful families. These volunteers, upon completion of the training workshop, can then go on to leading parent training groups. Adams notes that when court orders specify parent training, training such as this can provide the resources to meet the steady demand.

Adams also leads a support group for persons who have children in foster care. She coordinates the foster home program for Santa Fe County Human Services. Adams notes that she uses Adlerian ideas when she leads the required annual training for licensees, a "captive audience."

#

INTERNATIONAL

West Germany

Cologne--Lucy Ackerknecht will teach at the AWIRTH European Campus from mid-April, 1985 through the end of June, 1985. She will conduct seminars, weekend workshops, groups, and do supervision in Cologne, Hannover and Hamburg. She will also lecture to physicians in Duisberg, and to medical students in Cologne. In July, AWIRTH will conduct a 2-day seminar in Southern France. All teaching will be done in the German language.

Contact: AWIRTH, 226 Stanford Ave., Berkeley, CA 94708; 415/524-4929. After April 15: 5000 Köln 41, West Germany, tele. 0221-403970.

#

Rhein Main--Boyd Reynolds, Assistant Principal at the Rhein Main Elementary School, reports STEP and Adlerian Psychology are alive and well at the Rhein Main Air Base. During the last year, Reynolds notes, 118 parents studied the STEP and STEP/Teen courses. During the last school year, Reynolds conducted a STET course for 25 teachers and is currently leading a group of 10 teachers in the study of STET.

In November, Reynolds and Mrs. Georgette Wells will begin their first open family counseling program. Mrs. Wells and some of the group leaders are from the Family Support Center, a military agency, and work with the Rhein Main Elementary School in these endeavors.

#



The International Committee
for Adlerian Summer Schools

Each of the seventeen Rudolf Dreikurs Summer Institutes has had unique highlights. First time participants often wonder what to expect. ICASSI makes it possible for individuals, couples and families to combine travel and learning ideally.

Last summer everyone walked from small hotels nestled among shops and homes through the sunny streets of historical Siena, Italy, to a modern spacious high school with flights of marble stairs. Courses, workshops and demonstrations offered many opportunities for professional and personal development.

Courses attracted people from many settings. In Adlerian Principles in the Workplace, among the 20 participants, were three lawyers, a psychiatrist, a college English professor, a factory manager, a boutique proprietor, a teacher, a graduate student, a psychologist and an adult education coordinator. After two weeks, all gained understanding of themselves, others and strategies for problems in various work settings. The doctors, medical student and dentist in the course for medical practitioners applied Adlerian principles to their practices.

Numbers increased daily to visit with Tee Dreikurs for several Special Interest sessions.

Other highlights were the cultural exchange with people from 15 other countries, including the local people from Siena and Grosseto; the social and recreational times like the Birth Order Olympics, the classical music, children and youth evenings of entertainment, and visiting sites among the rolling hills of Tuscany.

One first timer wrote: "The most lasting image for me is the marvelous collection of people with whom I shared the special time in Siena. People from all over Europe, Israel and North America, interesting people, encouraging people, people whom I shall not soon forget and whom I hope to meet again at some future ICASSI."

1985 Institute - Fulda

These and more memorable experiences await 1985 participants. Plan to go to beautiful Fulda, Germany, just 60 miles from centrally located Frankfurt. Live in the Kalpinhaus headquarters, nearby hotels or pensions for \$10 to \$30 for bed and breakfast. Reasonable tuition: individuals \$275; couples \$500; college students \$175; children/youth \$150 (1st), \$100 (2nd), \$50 (3rd) in same family.

For further details call or write:
Hal McAbee, ICASSI Administrator
2421 Kelford Lane
Bowie, MD 20715
301/464-2359.

--Edna Nash
ICASSI Sec'y-Treasurer



HONOR THAT SPECIAL PERSON OR PERSONS

IN YOUR LIFE, AND HELP US MEET THE

\$50,000 CHALLENGE

Here are some of the ways Adlerians are honoring Adlerians:

"I wish to make a contribution to NASAP in honor of Hal and Norma McAbee, who introduced me to Individual Psychology, and played a significant role in my life." --Eileen Waters

"My donation is made in honor of the Study Group Leaders I worked with in St. Louis." --Betty Cooper

"My contribution to NASAP is made in recognition of Sylvia Robbins, who plays a significant role in promoting and working for NASAP." --Amy Lew

"I send my donation to NASAP in acknowledgement and appreciation of the love and support my mother, Helen Scott, gave me through my Adlerian Ph.D. program." --Joyce Lohman

"In making my donation, I honor Oscar Christensen, who taught me in the Masters Program in Tucson." --Marion Kolesnikoff

LET'S MEET THE CHALLENGE TOGETHER. WHY NOT ADD YOUR NAME TO THE FOLLOWING LIST:

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the convention is hosted by the atlanta adlerian society. for more information contact: gaye schneider, 6669 witherington court, norcross, georgia, (404) 496-0254.

take advantage of a 35% discount on your airfare to atlanta by calling eastern airlines at 1 800 327-1295. in florida call 1 800 432-1217. call between 9am and 8pm weekdays for the "nasap 85" special fares.

come visit us in the exciting and beautiful city of atlanta, the international city with a flavor of traditional southern hospitality. nasap 85 will offer a unique keynote presentation as three noted professionals representing the adlerian, freudian, and jungian approaches will discuss "how theory becomes practice." The keynote speakers will be bernard h. shulman, m.d., of the alfred adler institute of chicago; jan clinton collins, m.a., certified jungian analyst in private practice; and steven t. levy, m.d., chief of psychiatry for emory university school of medicine at grady memorial hospital. the moderator will be kenneth b. maloney, ph.d., regents professor at georgia state university. a viennese-style coffee reception will follow the keynote.

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