

# NEWSLETTER

## North American Society of Adlerian Psychology

Volume 18, Number 2

March-April 1985

159 N. DEARBORN STREET  
CHICAGO, ILLINOIS 60601

### P R E S I D E N T ' S M E S S A G E

#### How to share our message...

This time I sat down to write this message without a clear sense of what I wanted to say. The major issues are always there: we want to keep and satisfy our members; we want to grow in numbers and effectiveness; we want to have, make, create more and better Adlerians, and we want to help others by spreading Adlerian thought. I could expand on these. They are important.

But, I thought, with a slap at my head, here's my chance. For ten years of editing our journal I've wanted to tell, ask, plead with everyone to do something, something very simple. This simple act could, cumulatively, spread our message significantly, and help us financially.

#### through the Journal...

Here is what I ask. The next time you go to your local public library and your college library, bring a recent issue of *INDIVIDUAL PSYCHOLOGY: The Journal of Adlerian Theory, Research & Practice (I.P.)*. Check the catalogue. If your library is not getting the journal,

immediately go to the desk and ask them to subscribe. They will, no doubt, give you a request form of some sort and you can complete it right then, because all the information you will need will be in the issue you're carrying. When you finish and turn from the desk you'll feel great!

#### nurture NASAP, and gain new friends.

This is, almost, a pure altruistic act. It's tainted a bit because you realize that the borrowers of your issues will soon be able to use the library's issues. Otherwise look what you will have done--added one or two subscribers to I.P., your journal, which, eventually, means extra income to NASAP. And, if every NASAP member does this simple thing, we'll have hundreds of new subscriptions. And, if each new journal subscription is read, in the first year, by just two or three people who have no Adlerian background or training, we will have reached thousands of new people. And if, over the years,...Before I go on like Dr. Seuss, I think you have the idea. Try it--you'll like it.

Thanks. See you in Atlanta.

Guy J. Manaster  
President

### NASAP ANNUAL CONVENTIONS

- NASAP '85--May 24-27, 1985, Atlanta, Georgia, Omni International Hotel
- NASAP '86--May 23-27, 1986, St. Louis, Missouri, Omni International Hotel, St. Louis Union Station
- NASAP '89--Preliminary invitation from Alfred Adler Institute of Minnesota

Invitations are open for Memorial Day weekend in 1987, 1988.

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I N T E R E S T   S E C T I O N S

The NASAP Constitution now provides for the establishment of Interest Sections in order to provide additional opportunity for members with specialized interests to connect, to have a stronger influence in their fields, and to assist in their own development through recommendations for programs and training at our conventions.

Another purpose for establishing Interest Sections is to insure representation of the specialized interests in the governance of the Society. The Delegate Assembly, which manages the affairs of the Society, is comprised of Regional and Sectional Delegates.

All NASAP members are automatically members of Regions and participate in the election of Regional Delegates. NASAP members are not required to belong to an Interest Section but may apply to any Interest Section for membership and participate in the election of Sectional Delegates.

Contact for Sections:

Adlerian Counseling and Therapy (ACT)  
(approved Section)  
Lee Paxton Applegate  
12527 Elm Manor Drive  
San Antonio, TX 78230

Professional Clinicians (approved Section)  
Robert N. Doyal, Treasurer  
2805 Fairfield Ave.  
Fort Wayne, IN 46807

Education (proposed Section)  
Frank Walton  
1313 St. Andrews Road  
Columbia, SC 29210

Family Education (proposed Section)  
Joan List, Treasurer  
RR #1, Site 118, C-24  
Parksville, BC  
Canada V0R 2S0

Business & Organization (proposed Section)  
Ira Schoenwald  
4565 Wellington Court  
Cypress, CA 90630

Theory & Research (proposed Section)  
Michael Yura  
Route 9, Box 198  
Morgantown, WV 26505

C A L E N D A R   O F   E V E N T S

- Mar. 16      Region V--Northeast meeting, Roosevelt Hotel, New York, see p. 4.
- Mar. 21      "Current Perspectives in Treatment of Panic Disorders and Agoraphobia," Bowie, MD, see p. 9.
- Mar. 29-30   "Focus on Special Families," Arnold, MD, see p. 9.
- May 3-5      11th Annual Conference of AAI of Ontario, Toronto, see p. 9.
- May 24-27   33rd Annual NASAP Convention, Atlanta, GA, see p. 5.

- July 7-10    16th International Congress of Individual Psychology, Montreal, see p. 6.
- Aug. 4-17   ICASSI, 18th Rudolf Dreikurs Summer Institute, Fulda, West Germany, see p. 6.

C O U R S E S / W O R K S H O P S



- April 5,6,7   #302, Psychodynamics of Psychopathology, James Croake.
- April 13,14,May 4,5   #102, Introduction to Individual Psychology II, Tom Beames.
- May 18,19,20   #322, Individual Psychological Treatment, Ron Forgas.
- June 1,2,8    #471, Continuing Case Seminar, James Croake.
- June 29, 30, July 1   #501, Professional Problems, E Clair Hawes, Bob Armstrong.

Contact: Mavis Lloyd, Coordinator  
APABC  
#210-2525 Manitoba St.  
Vancouver, BC V5Y 3A7  
604/943-3901  
# # #

NASAP NEWSLETTER DEADLINES

- April 1.....May-June issue
- June 1.....July-August issue
- August 1.....September-October issue
- October 1.....November-December issue



**NEWSLETTER**

North American Society  
of Adlerian Psychology

**Vol. 18, No. 2**

**March-April 1985**

Published bi-monthly by the North American Society of Adlerian Psychology, 159 North Dearborn, Chicago, IL 60601. 312/346-3458.

Members of NASAP automatically receive the Newsletter. Subscription rate for non-members \$5.00.

We encourage readers to send contributions of news, suggestions, ideas, opinions by the first of the month. We reserve the right to edit.

Neva L. Hefner, Editor  
Sarah E. Hefner, Assistant Editor

Courses/Workshops cont'd



AAI of Minnesota

Courses

- Mar. 7, 14, 21, 28, Apr. 4, 11, 18, 25  
A-301, Methods & Techniques  
C-312, Clinical Assessment II
- Mar. 8-10 A-201, Life Style II
- Mar. 15-17 A-205, Human Sexuality
- Mar. 22-24, Apr. 10  
100-B, Maintaining Sanity in the Classroom
- Mar. 29, 30, Apr. 19, 20  
C-302, Psychodynamics of Psychopathology II
- Apr. 22, 29, May 5, 6, 13, 20  
C-321, Comparative Theories
- Apr. 26-28, May 8  
A-101, 101-B, Life Style I
- May 3, 4, 5 C-471, C-472, Continuing Case Seminar
- Class times: Mon. & Thurs., 6:30-9:30 p.m.;  
Sat. & Sun., 8:30 a.m.-4:30 p.m.; Fri.,  
6-10 p.m.; Wed., 5-10 p.m.

Lecture Series - 9:15 a.m.-4:15 p.m.

- Mar. 16 "Shame," Gershen Kaufman
- Mar. 23 "A Road Less Traveled," M. Scott Peck
- Mar. 27 "The Struggle for Intimacy," Janet Woititz

Contact: AAI of Minnesota  
5501 Green Valley Dr.  
Bloomington, MN 55437  
617/835-9150  
###



AAI of Ontario

- Mar. 16, 17, 23  
#322 Individual Psychological Treatment,  
Harold Mosak
- Mar. 23, 24, 30  
#102, Introduction to Individual  
Psychology Part II, James W. Croake
- Apr. 13, 14, May 11, 12  
#344, Marriage Counseling, Robert Sherman

May 17-20  
#336, Group Therapy: An Experiential  
Course, Leo Lobl

Contact: AAI of Ontario  
Toronto Office  
1111 Finch Ave. West, Ste 407  
Downsview, ON M3J 2E5  
416/665-1400  
###



The Cleveland Institute  
for Adlerian Studies

- Mar. 10 An Adlerian Study Forum, Mary Caldwell
- Apr. 20 Hypnosis, Harry Olson
- Contact: The Cleveland Institute for  
Adlerian Studies  
P.O. Box 36951  
Strongsville, OH 44136  
216/225-8925

R E G I O N A L O R G A N I Z A T I O N S

Region IV--Middle Atlantic

Plans are now being made to hold the NASAP Region IV Conference 1985 in October in Cincinnati, Ohio. Contact: Mary Caldwell, Cleveland Institute for Adlerian Studies, P.O. Box 36951, Strongsville, OH 44136.  
###

Region V--Northeast

A Region V meeting will be hosted by the New York Committee on Saturday, March 16, 1985, at the Roosevelt Hotel. Dr. Edwin L. Herr, Professor and Director of the Division of Counseling Psychology, Pennsylvania State University, will speak on "Humanism in the Age of Advanced Technology: Impact on Work, Social Relations and Mental Health." Robert Sherman and Donald Lombardi will be panelists.

Other presentations will be given by Marion Balla, Amy Lew, Anna Sten, Edwin Goldberg and George Meyer. Contact: Merle Lemler 212/601-0890.

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Delegate Election

The Delegate Assembly manages the affairs of the Society and is now to be composed of three Delegates from each of the Regions and Sections. Due to the staggering of terms and reorganization that took place last year, there will be no election this year in Region I--Northwest and Region VI--Far West. The election process is taking place in the other four Regions. The complete list of Delegates will be published in the next issue of the Newsletter.

Courses/Workshops cont'd



Adlerian Western Institute  
for Research & Training  
in Humanics (AWIRTH)

FRIENDSHIP

Spring courses and workshops run from March 14 through May 16, 1985, and are taught by Lucy Ackerknecht and Katherine Csezak.

- A. Autogenic Training, 7:00-7:15 p.m.
- B. Course #T-301, 7:15-8:40 p.m.  
Historical Foundations of Contemporary Individual Psychology
- C. Course #C-301, 8:50-10:15 p.m.  
Psychodrama and Role Playing
- D. Course #T-101, 7:15-8:40 p.m.  
Understanding Human Nature

The Family Education Center will meet during the spring quarter from 8:50 to 10:15 p.m. As a community service, 2 meetings per family are free of charge.

Working scholarships, made possible by membership fees, are offered. Interested students must apply at least one week in advance of the new quarter and give specifics on need.

Contact: Lucy Ackerknecht  
AWIRTH  
226 Stanford Ave.  
Berkeley, CA 94708  
# # #



The Americas Institute of  
Adlerian Studies (AIAS)

The Program for Professionals

Assessing Individual & Group Styles  
Mar. 18-21.....Chicago

Applying Psychological Skills  
Apr. 10-13.....Tucson  
June 17-20.....Chicago

Effective Leadership Seminars

Personal Leadership Styles: What Works,  
What Doesn't  
April 24.....Chicago

Power Dynamics in Organizations  
July 24.....Chicago

Contact: Cheryl H. Wergin  
AIAS  
500 N. McClurg Ct., Ste 2502-A  
Chicago, IL 60611  
312/337-5066  
# # #

\*NASAP '85...May 24-27...Atlanta...come join your\*\*  
friends...make new friends...listen...share...  
\*learn...laugh...\*



AAI of Chicago

Courses

Beginning Mar. 25  
#315 Life Style Diagnosis, Dorothy Peven, Mondays, 6:30-8:30 p.m.

Beginning Mar. 26  
#471, Continuing Case Seminar,  
Harold Mosak, Tuesdays, 5:30-7:30 p.m.

Beginning Mar. 27  
#101, Introduction to Individual Psychology I, Bernard Shulman,  
Wednesdays, 6:00-9:00 p.m.

Beginning Mar. 27  
#331, Theory and Practice of Group Psychotherapy and Counseling,  
Howard Pollack, Wednesdays, 5:30-7:30 p.m.

March 30 & Apr. 27  
#504, Small Group Supervision,  
Robert Powers, 10 a.m.-4 p.m.,  
meets at 600 N. McClurg Ct., #2502-A

Apr. 9-30, May 4  
#311, Clinical Assessment I,  
Ronald Forgas, Tuesdays, 5:30-9:30 p.m., Sat., 12 noon-5 p.m.

Apr. 14 #498, Thesis Design and Development, Robert Cross, 9:30 a.m.-4:30 p.m.

Apr. 27-28, May 18-19  
#301, Psychodynamics of Psychopathology I, Seymour Schneider,  
9 a.m.-4 p.m.

June 2-5 #336, Group Therapy: An Experiential Course, Leo Lobl, 10 a.m.-4 p.m.

Workshops

Mar. 10 Advanced Life Style Workshop II,  
Bernard Shulman, 10 a.m.-4 p.m.

Apr. 21 Managing Family and Human Conflict,  
Ronald Forgas, 10 a.m.-4 p.m.

June 2 The Use of Art in Counseling,  
Sadie "Tee" Dreikurs, 10 a.m.-4 p.m.

Contact: AAI of Chicago  
159 North Dearborn  
Chicago, IL 60601  
312/580-7080  
# # #

DA AGENDA

\*\* Participate in the activities and goals of your organization by sending your suggestions, ideas, comments to the central office in Chicago. They will be passed on to the Delegate Assembly which \*\*  
\*\* meets in Atlanta May 24. \*\*

COOPERATIVE GAMES

A catalog was received recently from a second company that offers cooperative and non-competitive games. It is "Animal Town," a family-owned mail order company started in 1976. Their games are about conservation, self-sufficiency, Mother Nature and social well-being. They are designed to be highly informative, thought provoking, artistic and fun to play.

The other company with games of cooperation is "Family Pastimes," which may be familiar to some of our members. Information has been included in a previous newsletter and they had a big display of their games and products at the NASAP Convention in Toronto.

For information and catalog, contact:

Animal Town Game Co.  
P.O. Box 2002  
Santa Barbara, CA 93120

Family Pastimes  
R. R. 4  
Perth, ON  
Canada K7H 3C6

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IAIP ANNOUNCES INTERNATIONAL CONGRESS PROGRAM

The International Association of Individual Psychology (IAIP) has announced a preliminary program for its 16th International Congress to be held in Montreal, Quebec, July 7-10, 1985. The conference theme will be "The Future of Individual Psychology," featuring a keynote address by Robert L. Powers. Other conference presentations will be led by prominent international Adlerians with simultaneous English-French-German translation.

In addition to the presentations, IAIP will hold its committee and delegate meetings, and will provide social activities and entertainment for conferees. One of the featured activities is an exclusive showing of a Picasso Exhibition at the Montreal Museum of Fine Arts.

The Congress conference and meetings will be held at the Queen Elizabeth Hotel in downtown Montreal. Special arrangements have been made for reduced accommodations at the Queen Elizabeth--\$85 Can. single, \$95 Can. double.

Conference registration, accommodations, social activities contact: Liliane & Frank Bensinger, Alfred Adler Institute of Quebec, 4947 Grosvenor Ave., Montreal, PQ H3W 2M2. 514/731-5675.

Program submissions accepted through March 31, 1985. Contact: Harold McAbee, Congress Organizer, 2421 Kelford Lane, Bowie, MD 20715. 301/464-2359.

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The International Committee  
for Adlerian Summer  
Schools and Institutes

Fulda, West Germany, is the site of ICASSI '85, the 18th Rudolf Dreikurs Summer Institute, August 4-17. The Kolpinghaus, the headquarters hotel, is only a few years old. Some classes will be held there but most will be in a new middle school within 5 minutes' walk. Climate should be temperate with temperatures in the 70's.

Daily schedule offers lectures and demonstrations from 9:00-10:30 a.m.; classes and workshops from 11:00 a.m.-12:30 p.m.; intercultural exchange and special lectures 8:30-10:00 p.m. A children and youth program for ages 4-17 will be offered.

Scholarships

Three tuition and fullboard scholarships are available and a limited number of full or partial tuition scholarships. Applications are to be submitted by March 15 to:

Canada--Edna Nash, #302-2020 Bellevue Ave.,  
West Vancouver, BC V7V 1B8

U.S.--Mim Pew, 1725 Emerson Ave. South,  
Minneapolis, MN 55403

Registration

Preliminary Catalog and Registration information may be obtained from:

Hal McAbee, ICASSI Administrator  
2421 Kelford Lane  
Bowie, MD 20715  
301/464-2359

#####

D.A. REUNION

Information needed

NASAP is holding a reunion of Delegate Assembly and Board of Directors at the Atlanta Convention. Records are incomplete in the central office.

Needed:

List of the Board of Directors for the years 1953 through 1955.

Addresses for the following:  
Oscar Pelzman, Board 1956-67  
Janet Greene, Board 1952  
James Howard, Board 1952  
Marcelle Robinson, Board 1963-65  
Gerd H. Fenchel, Board 1965  
Richard D. Berrett, D.A. 1975-78

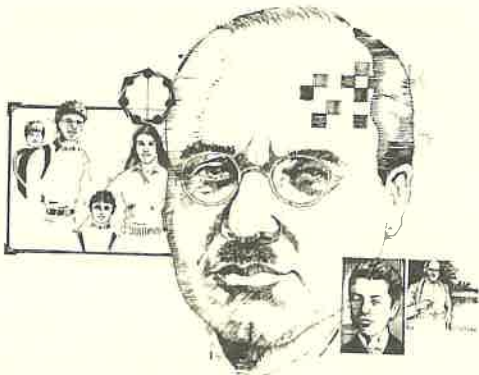
Please send information to: NASAP, 159 N. Dearborn, Chicago, IL 60601.

#####

Mary McClory 1934-85

Chicago area people were saddened to learn of the tragic death of Mary McClory, wife of Eugene McClory. Many of you are aware that Gene was the first Executive Secretary employed by the Society when the Chicago central office was opened and was President of the Alfred Adler Institute for over 12 years. His wife was killed in an automobile accident. We mourn with him. -- Ed.

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north american society of adlerian psychologists  
**nasap 85**  
may 24-27  
atlanta, ga.  
omni international hotel  
33rd annual convention

NASAP 85 is right around the corner, so make your plans to attend now! You will find Atlanta a marvelous city in Spring and the Atlanta Adlerian Society has planned a convention you will not want to miss.

NASAP 85 will offer a unique keynote presentation as three noted professionals representing the Adlerian, Freudian, and Jungian approaches will discuss "How Theory Becomes Practice." The keynoters will be Bernard H. Shulman, M.D., of the Alfred Adler Institute of Chicago; Jan Clanton Collins, M.A., certified Jungian analyst in private practice; and Steven T. Levy, M.D., Chief of Psychiatry for Emory University School of Medicine at Grady Memorial Hospital. The moderator will be Kenneth B. Matheny, Ph.D., Regents Professor at Georgia State University. A Viennese-style coffee reception will follow the keynote.

NASAP 85 will present workshops featuring Kurt Adler on Obsessive-Compulsive Disorders, Linda Albert on Stepfamilies, Marion Balla and Bob Brassington on Intimate Relationships, Oscar Christensen on Family Therapy, Raymond Corsini on Individual Education, Don Dinkmeyer on Encouragement, Daniel Eckstein and Roy Kern on Management Consultation, Steve Hirschorn on Resistant Families, Clair and Roland Hawes on Marriage Enrichment, Harold Mosak on Life Style Typologies, John Platt on Conflict Management, Henry Stein and Sophia de Vries on Life Style and Psychotherapy, Frank Walton on Teenagers, and many others.

Take advantage of a 35% discount on your airfare to Atlanta by calling Opportunity 2 Travel at 1 800 328-8322. Call between 9 a.m. and 5 p.m. weekdays for the "NASAP 85" special fares.

The Convention is hosted by the Atlanta Adlerian Society. For more information contact: Gaye Schneider, 6669 Witherington Court, Norcross, GA 30093, (404) 496-0254.



THE MOUNTAIN

"The Mountain" is a Unitarian Universalist Camp and Conference Center in Highlands, North Carolina, 60 miles southwest of Asheville, NC and 100 miles northeast of Atlanta, GA. Mary S. Wheeler, an Adlerian Psychologist, is the Co-Director with her husband Larry. The youth camps use principles of Adlerian Psychology, their staff is trained in these principles and cooperation is emphasized in all activities.

Youth camps begin June 23 and run through August 17 at a cost of \$407 for two weeks and \$739 for four weeks. The staff-camper ratio is 1:4. Activities at the camp include whitewater rafting and tubing, natural water slides, horseback riding and lessons, crafts, swimming, boating, non-competitive sports and special evening programs.

For more information about this camp based on Adlerian principles, contact:

Mary S. Wheeler, Director  
The Mountain  
841 Highway 106  
Highlands, NC 28741

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MARRIAGE ENRICHMENT

Leadership Conferences

American Guidance Service in Minnesota is presenting a nation-wide series of Leadership Conferences for those interested in serving as leaders in Marriage Enrichment courses or workshops. The workshops will feature an opportunity to become acquainted with the theory, see demonstrations of the *TIME* program and have opportunities to serve as leaders. The workshops will be held at 12 sites beginning the end of April and ending early in June, 1985. Details on the workshops can be obtained by contacting American Guidance Service, Circle Pines, MN 55014; 800/328-2560.

###

Religious Contacts Wanted

Jon Carlson is trying to get *TIME (Training in Marriage Enrichment)* received by leaders of religious organizations. He would appreciate hearing from any Adlerians involved in religious organizations or names of church contacts who might be interested in an Adlerian-based marriage enrichment program. Contact: Jon Carlson, Ed.D., 101 Broad St., Lake Geneva, WI 53147.

#####

SPOTLIGHT: EDUCATION

IE System Adopts New Name

Corsini Four-R Schools is the new name for Individual Education (IE), the alternative-school system designed by Ray J. Corsini. The customary name proved difficult for IE enthusiasts to interpret; for instance, many people confused it with other education innovations using the words *individual* or *individualized*, according to Ann Pratt, President of Individual Education International (IEI), the support organization for the system. Therefore, IEI adopted a name that would stand clearly for the IE model and be recognizable to the IE community. IEI will use C4R to abbreviate the name of the system. The name of the support organization will not change.

###

IEI Initiates Graduate Training

IEI is nearing completion of discussions with the School of Education of the University of Dayton, Dayton, Ohio, about C4R graduate training. These discussions should lead to the University offering six courses at its satellite campus at Capital University in Columbus, Ohio. The courses are: (1) Theory of Family Relations and School Aims; (2) Places of C4R in Alternative Education; (3) C4R Academic and Creative Programs; (4) C4R Socialization and Discipline; (5) Installing and Maintaining C4R; (6) C4R Practicum.

Contact: Ann B. Pratt, President, IEI, 114 Learning Center, Capital University, Columbus, OH 43209.

For a two-year subscription to *Individual Education Bulletin*, send US\$10 to William Kiskaddon, 4404-242nd St. SW, Mountlake Terrace, WA 98043.

###

Nash Brings Class for Educators to TV

On January 17, 1985, the Knowledge Network of British Columbia carried the first of 24 weekly televised segments of a credit course for educators on the Democratic Education Model. It was adapted for TV by Edna Nash, co-author and host, from a course she has taught since 1976 at the University of British Columbia's Department of Counselling Psychology.

The texts accompanying the course include, *Maintaining Sanity in the Classroom*; *Adlerian Theory: An Introduction*; *Children: The Challenge*; as well as *STET, Systematic Training for Effective Teaching*. For *STET*, each registrant will recruit a group of colleagues to participate in the fourteen sessions, or in some school districts, will join others taking the course. For one hour each week the instructor receives collect calls from individuals, and groups, within a 50 to 500 mile radius of the UBC campus in Vancouver.

This first course reaches an audience in the Province of British Columbia as well as in the Northwest Territories. Future courses may be available to institutions in other parts of Canada and in the U.S. Contact: Edna Nash, 302-2020 Bellevue Ave., West Vancouver, BC V7V 1B8.

###

Two Adlerian Schools Opening in Toronto Area

In September, 1985, the Toronto, Ontario area will have two new Adlerian elementary schools; one, a private school in the Brampton area, kindergarten through 6th grade, and the other, the Rudolf Dreikurs School in Etobicoke, kindergarten through 8th grade. Both schools will offer programs based on Adlerian principles. Both will emphasize academic as well as creative arts curricula.

Christine and Larry Nisan will act as Consultant and Director of Education, respectively, at the Brampton school. They note that the program their school offers will work to foster the social development of the K-6 students. Presently positions are available for School Principal, Teachers K-6.

Stanley Shapiro and his daughter, Karen, are opening the Rudolf Dreikurs School in the former Princess Margaret School. They note that the cornerstone of their program will be social equality and social interest. The democratic classroom will be the structure used to develop cooperation, responsibility, and to facilitate decision-making.

Brampton School Contact: Christine and Larry Nisan, Box 304, Station S, Toronto, ON M5M 4M9.

Rudolf Dreikurs School Contact: Stan Shapiro, c/o Alfred Adler Institute of Ontario, 1111 Finch Ave. West, Suite 407, Downsview, ON M3J 2E5.



DeVitis, Joseph L., & Rich, John Martin, *Theories of Moral Development*. Charles C. Thomas, \$18.95 hardback (to be released in Spring, 1985). Analysis of Freud, Adler, Jung, among other psychological theorists. Contact: Charles C. Thomas Publishers, 2600 South First St., Springfield, IL 62717.

Ferguson, Eva Dreikurs, *Adlerian Theory: An Introduction*. Adlerian Psychology Association of British Columbia (APABC); \$7.00 (a large percentage of money from cost of book is contributed to ICASSI and APABC). Among the areas covered in the book: Social Interest, Inferiority Feelings and Superiority Striving, Life Style, Family Constellation, Early Recollections. Contact: Joan List, c/o APABC, #210-2525 Manitoba St., Vancouver, BC V5Y 3A7. 604/874-4614.

Losoncy, Lew, *The Motivating Leader*. Prentice-Hall publishers, \$7.95. Based on Adlerian principles; presents 43 positive and practical approaches to encouraging and motivating people. Whether one is a parent, a manager, a teacher or counselor, the ability to communicate with people, inspire them, confront them effectively, give them meaning and purpose is one of the key factors to facilitate change. Contact: Prentice-Hall, Inc., Englewood Cliffs, NJ 07632.

Publications cont'd

Weinhaus, Evonne & Friedman, Karen, Stop Struggling With Your Teen. J.B. Speck Press, \$5.95 plus \$1 handling. A straightforward approach to handling problems confronting parents of teens; presents step-by-step problem-solving ideas; take-action information given with humor and "a sense of compassion." Contact: J.B. Speck Press, 6345 Alexander, St. Louis, MO 63105. (see review on this page)

A Bibliography for Adlerian Psychology, Vol. 2  
Birdie and Harold H. Mosak.

The second volume of the *Bibliography* is finally off the press and is now available. This volume provides a continuation of the first bibliography published in 1975 and includes over 5,000 citations of works published throughout the world. It covers the full range of articles and books dealing with Individual Psychology in all languages, beginning with the original writings of Alfred Adler and his co-workers, and including everything written and published on IP since. The extensive cross referenced index makes this an efficient, easy-to-use resource.

This volume was subsidized by the International Association of Individual Psychology and the North American Society of Adlerian Psychology. A number of NASAP members donated to the subsidy required for the publication.

Contact: Hemisphere Publishing Corporation, 79 Madison Ave., New York, NY 10016; 320 pages, \$39.95.

\*ADLERIAN IDEAS\*ADLERIAN IDEAS\*ADLERIAN IDEAS\*  
\*IN PRINT\*IN PRINT\*IN PRINT\*IN PRINT\*IN PRINT\*

Ansbacher, H.L., "The Significance of Alfred Adler for the Concept of Narcissism," *American Journal of Psychiatry*, February, 1985. Reprints available: Dr. Ansbacher, 130 East Ave., Burlington, VT 05401. (see article on this page)

Huber, R. John., "Adlerian Approach to Literary Interpretation," in *Psychological Perspectives on Literature*, Ed. J. Natolis, Archon Books, 1984.

Watkins, C.E., Jr., "Early Recollections as a Projective Technique in Counseling: An Adlerian View," *American Mental Health Counselors Association Journal*, January, 1985. Reprints available: Dr. Ed Watkins, Dept. of Psychology, North Texas State University, Denton, TX 76203.  
\* \* \*

Article on Adler and Narcissism

"Adler's Significance for the Concept of Narcissism" is the title of an article by H.L. Ansbacher in the *American Journal of Psychiatry* (Feb. 1985). The paper presents Adler's significance regarding four aspects:

- (1) His theory of masculine protest was evidently a factor influencing Freud to turn toward the phenomenon of narcissism.
- (2) Present-day understanding of narcissism

shows remarkable similarity to Adler's views on psychodynamics and on neurotic egocentricity.

(3) Some contemporary criticisms of Freud's theory of narcissism are very similar to Adler's criticism.

(4) His theory of social interest permits subsumption of narcissism under lack of social interest rather than acceptance of it as expression of innate socially negative tendencies.

Reprints available from Dr. Ansbacher, 130 East Ave., Burlington, VT 05401.

# # #

BOOK REVIEW

Stop Struggling With Your Teen, by Evonne Weinhaus and Karen Friedman, is a concise, clear and practical guide for parents designed to enhance communication and call a halt to the typical battles which characterize many families of adolescents.

Based on ideas from Rudolf Dreikurs and others, this manual outlines a parenting approach that releases parents from feeling responsible for much of their teens' behavior, and changes the focus of the struggle from parent and teen to teen and problem. As the focus of the struggle changes, so, too, does the role of the parent. Free from continual nagging and fighting, the parent can allow the teen to take responsibility for his/her own life and, often, lovingly support him/her in this process.

The book also suggests a method of communication which allows the parents to take control of situations that interfere with parental rights.

Stop Struggling With Your Teen is 64 pages of clear, easy reading which can go a long way in releasing the tensions felt by many adolescents and parents.

--Harriet Kopolow, *The Key*, newsletter published by St. Louis Area Nat'l Council on Alcoholism (see previous column for publisher and cost)



from the Regions

REGION I--NORTHWEST

British Columbia

Vancouver--Edna Nash reports that the Sixth Annual Tuning-In Conference, sponsored by the Adlerian Psychology Association of British Columbia (APABC), held January 31 through February 2, was a success. It attracted 250 registrants from B.C., Canada's Northwest Territories and Oregon. Its theme was "The Year of the Youth," with Oscar Christensen giving the keynote address, "The Myth of Adolescence."

At the close of the conference, Ms. Nash, APABC President, extended her appreciation to the team of volunteers and to the presenters.



Vancouver cont'd

Each presenter received a copy of a book recently published by APABC, Eva Dreikurs Ferguson's *Adlerian Theory: An Introduction*.

Ms. Nash reports that the APABC Board met at the Tuning-In Conference and agreed that Revving-Up '85 for Families will be held on September 27 and 28, and will be co-sponsored by the British Columbia Council for the Family.

#####

REGION II--MIDWEST

Illinois

Chicago--Kay Kummerow, AAI of Chicago graduate, reports that Psychodrama training is available at various locations in the Chicago area. Contact: Kay L. Kummerow 312/358-1861 after 6 p.m.

Chicago--Readers of *U.S. Today* newspaper are advised to keep eyes open this Spring. Seymour Schneider was interviewed on the topic, "Loneliness in Marriage," and the article is scheduled for release some time in the Spring.

###

MICHIGAN

Detroit--The Dreikurs Relationship Center, Inc. in Boulder, Colorado announces the opening of a new satellite center in metropolitan Detroit. The new center is offering the weekend personal growth course, "Understanding Yourself and Others" (UYO) developed by Bill and Kathy Kvols-Riedler and taught by their certified instructors. UYO is meaningful for singles, couples, and families feeling "stuck" in their relationships in love, at work, and with friends. Students develop the courage to take responsibility for changing their own lives.

Weekend course dates: March 22-25, April 19-22, May 17-20. Contact: Ann M. Renard, Dreikurs Relationship Center of Greater Detroit, P.O. Box 12331, Birmingham, MI 48012. 313/649-5509.

#####

REGION III--SOUTH

Florida

Orlando--Family and Marriage Living will be the focus of programs presented April 15, 1985 in Orlando at the 1985 Florida Family Super Conference. Don Dinkmeyer, Sr. will present a program on Marriage Enrichment and Don Dinkmeyer, Jr. will introduce the new parent education program for Junior Highs and Senior Highs, PREP.

The April 13-16 Family Conference will be held at the Hilton Inn, International Drive, Orlando. Contact: Ruth Nicholson, Program Director, Parent Education Project, Valencia Community College, P.O. Box 3028, Orlando, FL 32802.

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Virginia

Richmond--Don Dinkmeyer, Sr. will conduct "Encouragement: Becoming a Positive Person" Workshop April 25-26, 1985, in Richmond, under the auspices of the Virginia State Board of Social Services. Contact: Kathleen Byrnes, 6452 Penrith Dr., Mechanicsville, VA 23111. #####

REGION IV--MIDDLE ATLANTIC

District of Columbia

Washington--The Alfred Adler Institute of Washington, D.C. will hold a conference for professionals and students March 29 and 30. The theme will be "Focus on Special Families." Among the speakers will be Harold Mosak, who will lead the conference's introductory lecture on "Problems in Special Families." Charles McElvaney and William McKelvie will lead a panel discussion on identifying the concerns and issues of special families. The conference will close with four demonstrations including such topics as blended families, single parenting and integrated marriages.

Contact: AAI of Washington, D.C., 4014 Georgia Ave., Washington, D.C. 20001; Harold McAbee 301/464-2359; Eileen Waters 301/464-0344.

Washington--Betty Silon, Ph.D. candidate at the AAI of Washington, D.C., will offer a training program for professionals and students, entitled "Current Perspectives in Treatment of Panic Disorders and Agoraphobia: Early Identification, Intervention, Treatment," on Thursday, March 21, 8:30 a.m.-4:30 p.m. Areas to be covered are: the continuum of anxiety disorders; biological etiology; stress clues and early identification; the agoraphobic's personality and avoidant lifestyle; group treatment model; dilemma of drugs vs. exposure therapy; small group case sharing and personal experience sharing. Fee is \$25.

Contact: Betty Silon, 301/464-2622, (New Ventures Office, Bowie, MD). #####

REGION V--NORTHEAST

New York

New York--The American Association for Counseling and Development annual conference will be held in New York, April 2-5. Adlerians presenting include: Don Dinkmeyer, Sr. and Don Dinkmeyer, Jr., "The Counselor as an Affective Educator;" Jon Carlson and Don Dinkmeyer, Sr., "TIME for a Better Marriage: Marriage Education and Enrichment." Contact: AACD, Two Skyline Pl. Suite 400, 5203 Leesburg Pike, Falls Church, VA 22041. #####

Ontario

Toronto--The AAI of Ontario will hold its 11th Annual Conference on May 3-5. The theme will be "The Family Kaleidoscope," with a keynote address by Lew Losoncy on Encouragement. Contact: Steven & Susan Moore, AAI of Ontario, 1111 Finch Ave. West, Suite 407, Downsview, ON M3J 2E5.

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Other examples of Adlerians honoring other Adlerians--

"...in memory of my parents, Leonhard and Danica Deutsch"--Ruth Ronall

"in honor of Robert Sherman who has worked together with me on our NYC Committee for the past 6 years. He gives freely of his ideas, time and loyalty to Adlerian ideas. He is a great encourager."--Sylvia Robbins

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We extend our sincere appreciation to each of these generous people!

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Thank you!



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