

North American Society of Adlerian Psychology

NEWSLETTER

Volume 18, Number 3

May-June 1985

159 N. DEARBORN STREET CHICAGO, ILLINOIS 60601

PRESIDENT'S MESSAGE

Going to NASAP's 33rd Annual Meeting

Are you registered, booked and ready to go to Atlanta? Are you looking forward to NASAP's 33rd Annual Meeting?

I am, and this year I am more excited than usual about attending our meeting. I figure I belong to eighteen professional and academic local, national and international societies, and I attend some of their annual meetings sometimes (if there is a particularly good program or they are held in a place I want to go). But, I always go to NASAP's Annual Meeting.

NASAP's Annual Meeting is more...

NASAP's Annual Meeting is more pleasant, friendlier than any other I might attend. It is definitely less pretentious; always in nice sur-roundings, with luncheons, banquets, outings and the like. The meeting is composed of a large group of Adlerians doing their thing, teaching, learning and enjoying themselves and each other. The meeting is not held for us to impress others or each other, which I suspect is a reason for some groups' meetings.

The purpose of the Annual Meeting

Our purpose with the meeting is clear: (1) to advance Adlerian Psychology; (2) to support NASAP; (3) to become better Adlerians, and (4) to have a good time together. I think in recent years we have been quite successful with 1, 2 and 4. Our meetings: (1) inject more life in the Adlerian movement across the continent and new life in the region in which they are held; (2) bring together all that is NASAP and contribute to our upkeep, and (4) are definitely fun.

But, quite candidly, I don't think the meetings helped us become better Adlerians as much as they could have. Although many sessions have been very good, the program as a whole has not always been of benefit to the diversity of interests, level of experience and training of our members and others attending our meetings. We outgrew the program format we had for so long. So, we changed it.

A change in program format and selection

The added excitement about this year's meeting comes from the new program format and program selection process. Members of newly developed Interest Sections were involved in selecting programs to fill the time slots in their track. If your interests are: Business and Organizations; Counseling and Psychotherapy; Clinical Psychology; Education; Family Education; Theory and Research; Counseling and Training Innovations; Loving Relationships, there is a full program for you in each. What a selection! I hope we all have a heck of a time deciding which of the eight sessions to attend.

Many of our great, almost traditional, speakers, and many new people will present. If you have interests solely in one area you should have two good days attending sessions. If you are interested in two or more areas, you should have too good days and some difficult decisions!

A meeting better than ever

And, so, I think our meeting should be better than ever. See you there, I hope.

Yours truly,

Guy J. Manaster

President

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LETTERS TO THE EDITOR

Genevieve Painter asked me to share this letter with the NASAP membership, -- Ed.

Dear NASAP friends:

I want to thank all of you for your support regarding my Medicaid hassle. I certainly appreciate your letters of encouragement, good ideas for strategies, and your sharing of similar bureaucratic harassments, as well as your most generous financial support.

The case has been dragging on for over two and one-half years; the courts move slowly. The judge has not given his decision yet for our last hearing in July, 1984. My attorneys believe that we most likely have won but that the prosecutor will again appeal since that is his style.

I am deeply grateful for your friendship.
--Genevieve Painter
Honolulu, Hawaii

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Hal McAbee Retires

On the 8th of February, 1985, Dr. <u>Hal McAbee</u> was honored by a retirement dinner. To say it was a heartwarming experience understates the celebration. The evening had a very special significance, for it underscored for me what I have been learning and experiencing these last seven years as a member of NASAP.

As a student of Adler, Dreikurs and many other notable Adlerians, a new light has been shed on belonging, the five tasks, $Gemeinschafts-geflh\ell$, and the courage to be imperfect. Thanks to Hal, I was a student. Through Hal's contributions, I have grown.

I do not believe Hal would be offended to hear me say that "I have never considered him an extraordinary person. Hal is an "ordinary person." How encouraging it is to see an "ordinary person" have such a far reaching effect on the lives of others. It is very easy to look at the extraordinary people with awe and resignation at never being able to make such an impact on this world. Then use those thoughts as an excuse to be less than I am capable of being. However, when I see an ordinary person, unassumingly using his skills and talents to the best of his ability, I am inspired. I am inspired that I, too, as an ordinary person can make a difference in this world.

Thank you Hal for that inspiration. Thank you for being such an encouraging role model.

--Susan Golden Silver Spring, Maryland

Note: Hal McAbee was President of NASAP 1978-79. "Retirement" refers to his position as Director of the Adler-Dreikurs Institute of Human Relations in Bowie--not retirement from his many other "hats."--Ed.

REGIONAL ORGANIZATIONS

Region III -- South

The Eighth Annual Region III Conference held February 21-24, 1985 in Orlando, Florida, was a success, reports Don Dinkmeyer, Jr., with 125 participants from across the U.S., Puerto Rico and Canada. The conference site, The Hilton Inn, was a new facility for the Region's meeting.

Call for papers

Region III is now issuing a call for papers for their Ninth Annual Conference, February 27 through March 2, 1986, in Orlando, again at The Hilton Inn site. February 27, 28, March 2 will feature workshops of full day and half day in length, and will be at both introductory and advanced levels. March 1 will feature conference programs of 14 hours in length.

Proposals should contain: (1) name, title and institution, mailing address and telephone number of presenter; (2) names of co-presenters; (3) workshop/program title, and (4) workshops: a detailed time scheduled outline; programs: a 50 word description.

Send to Don Dinkmeyer, Jr., Conference Coordinator, 10620 La Placida Dr., Coral Springs, FL 33065; 305/755-2636.

Region IV--Middle Atlantic

The NASAP Region IV Conference will be held October 18-20, 1985, in Cincinnati, Ohio at the Radisson Inn. The Conference Coordinator is issuing a call for papers. Send proposals and information requests to:

William Nicoll, NASAP IV Conference Coordinator, 7854 Blackthorn Drive, Cincinnati, OH 45230.



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Members of NASAP automatically receive the Newsletter. Subscription rate for non-members \$5.00.

We encourage readers to send contributions of news, suggestions, ideas, opinions by the first of the month. We reserve the right to edit.

Neva L. Hefner, Editor Sarah E. Hefner, Assistant Editor

CALENDAR OF EVENTS

May 3-5

11th Annual Conference of AAI of Ontario, Lew Losoncy keynote on "Encouragement." Contact:

Steven and Susan Moore, AAI of Ontario, 1111 Finch Ave. West, Suite 407, Downsview, ON M3J 2E5.

May 5

Chicago Area Adlerian Associates, 3-6 p.m., "Social Dance and Movement: A Technique for Groups and Marriage Counseling," Fred Natkevi, Helen K. Cooley. Location: AAI of Chicago, 159 N. Dearborn. Contact: Norman Silverman, 312/366-2322.

May 17

Workshop 8:45 a.m. to 4:45 p.m.,

"Mediating, Resolving and Transforming Conflict," Ron Forgus,

Mandarin Hotel, Vancouver. Contact:
APABC, #210-2525 Manitoba St.,

Vancouver, BC V5Y 3A7; 604/874-4616.

May 17-18

AAI of Washington, D.C. program on "Special Families," Anne Arundel Community College near Annapolis.

Drs. McAbee, McElvaney, McKelvie, Raymond and Ms. Brown will staff conference. Contact: Hal McAbee 301/464-2359 or Eileen Waters 301/464-0344.

May 24-27

33rd Annual NASAP Convention, Omni International Hotel, Atlanta, Georgia. Contact: Gaye Schneider, 6669 Witherington Court, Norcross, GA 30093; 404/496-0254.

May 25 Anger Clinic, Mitchell Messer, Sheraton Plaza Hotel, Chicago.

Contact: The Anger Clinic, 312/263-0035.

July 7-10

16th International Congress of Individual Psychology, Montreal, Quebec. Contact: AAI of Quebec, 4947 Grosvenor Ave., Montreal, PQ H3W 2M2; 414/731-5675.

COURSES/WORKSHOPS



May 18-20 #322 Individual Psychological Treatment, Ron Forgus.

June 1,2,8 #471 Continuing Case Seminar,
James Croake

June 29,30, #501 Professional Problems, Clair
July 1 Hawes, Bob Armstrong

Courses meet at APABC office. Each course is 22 hours in length. Registration between 8:30 and 9:00 a.m. first day of class. Courses finish at 4:00 p.m. $\underline{Contact}$:

Mavis Lloyd, M.A. Coordinator APABC #210-2525 Manitoba St. Vancouver, BC V5Y 3A7 Canada 604/943-3901 ### SUMMER WORKSHOPS

16th Annual Adlerian Summer School, Columbia, SC

June 10-18 Advanced Workshop in Counseling and School Discipline, Frank Walton.

The course will carry three semester hours of graduate credit. Location: Columbia, South Carolina.

Contact: Frank Walton 1313 St. Andrews Road Columbia, SC 29210 803/798-0300 # # #

SUMMER COURSES

4th Annual Adlerian Summer Training Institute Charleston, WV

June 17-19 Psychodrama, <u>Kirsten Sonstegard</u>, (group limited to 40)

June 20-21 Counseling Adolescents and Their Families, Manford Sonstegard,
James Bitter (unlimited enrollment)

June 24-29 Adlerian Family Counseling,
Manford Sonstegard, Heather Ann
Hagerman, James Bitter (limited
to 20 people)

The Adlerian Summer Training Institute is sponsored by the Dreikurs Center for Family Education. Courses are held in Student Union Building, University of Charleston campus.

Graduate credit available through West Virginia College of Graduate Studies.

Tuition fees: Psychodrama \$150; Adolescents \$75; Adlerian Family Counseling*\$250.

*Applications for Family Counseling (Week 2) must be received by May 20 and applicants are required to complete a questionnaire provided by Conference Coordinator. Week 2 participants may attend any or all of Week 1 at no additional charge.

Housing and parking available. Contact:
Lee Anne Kenney, Conference Coordinator
809 Sherwood Road
Charleston, WV 25314
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 $\frac{\text{Adlerian Western Institute}}{\text{for Research \& Training}} \\ \hline \text{in Humanics (AWIRTH)}$

FRIENDSHIP

Summer classes run from May 23 to July 25 and are taught by $\underline{\text{Lucy Ackerknecht}}$ and $\underline{\text{Katherine}}$ Czesak.

- (A) Autogenic Training, 7-7:15 p.m.
- (B) Course #T-302: Psychodynamics of Psychotherapy, 7:15-8:40 p.m.
- (C) Course #C-302: Family, School and Group Counseling, 8:50-10:15 p.m.

Courses--AWIRTH cont'd

(D) Course #T101: Understanding Human Nature, 7:15-8:40 p.m.

Contact: Katherine Csesak

AWIRTH

226 Stanford Avenue Berkeley, CA 94708 415/524-4929

AWIRTH is still accepting applications for its German Language European Summer Program held in Germany and France. Contact: Lucy Ackerknecht, Klosterstr. 10, D-5 KÖln 41, West Germany. Telephone (0221) 40 39 70.

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Alfred Adler Institute of Chicago

June 14-17 #341, Family Counseling, Bernice Grunwald

June 19-22 #315, Life Style Diagnosis, Dorothy Peven

June 20-23 #101, Introduction to Individual Psychology I, <u>Harold Mosak</u>

June 24-27 #321, Comparative Theories of Psychotherapy/Counseling, Dorothy Peven

June 28- #102, Introduction to Individual July 1 Psychology II, Seymour Schneider

July 12-15 #471, Continuing Case Seminar, Robert Cross

July 21-24 #472, Continuing Case Seminar, Ronald Forgus

July 31- #322, Individual Psychology Treat-Aug. 3 ment, <u>Harold Mosak</u>

Aug. 4-7 #331, Theory and Practice of Group Psychotherapy and Counseling, Howard Pollack.

Aug. 8-11 #336, Group Therapy: An Experiential Course, Robert Powers

Aug. 12-15 #211, Psychological Tests and Measurements, Sherwood Perman

Classes are held from 9:30 a.m. to 5:00 p.m.

Workshops

June 23 Advanced Lifestyle Workshop I, Bernard Shulman, 10 a.m.-4 p.m.

June 23 Dream Interpretation, Robert Powers, 10 a.m.-4 p.m.

Contact: AAI of Chicago, 159 N. Dearborn,
Chicago, IL 60601 312/346-3458
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The Americas Institute of Adlerian Studies (AIAS)

June 17-20 Applying Psychological Skills, Chicago, Illinois

July 24 Power Dynamics in Organizations Chicago, Illinois

For details on faculty, specific location, costs, certification, and graduate credit,

Contact: Cheryl H. Wergin

AIAS

600 N. McClurg Ct., Suite 2502-A

Chicago, IL 60611 312/337-5066

SUMMER COURSES

Elmira College Elmira, New York

The following courses will be taught by <u>Linda</u>
<u>Albert</u> at Elmira College; 3 graduate credits
for each course:

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July 15-26 Maintaining Sanity in the Class-room, 1:30-5:30 p.m.

July 15-26 Introduction to Parenting Education, 8:00 a.m.-12:00 noon

Contact: Judy Clark
Office of Graduate Studies
Elmira College
Elmira, NY 14901
607/734-3911

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The International Committee
for Adlerian Summer
Schools and Institutes

Aug. 4-17

18th Rudolf Dreikurs Summer
Institute, The Kolpinghaus, Fulda,
West Germany.

Lectures, demonstrations, classes, workshops, intercultural exchange. Children and youth program for ages 4-17 available.

Contact: Hal McAbee
ICASSI Administrator
2421 Kelford Lane
Bowie, MD 20715
301/464-2359

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Summer schedule cont'd following page

Courses cont'd



The University of Vermont Summer Session 1985 14th Adlerian Workshop

June 26-29 and July 1-2

8:30 a.m.-4:30 p.m.

Psych. #295 Family and Marriage Counseling 3 credits Theory, Techniques, Demonstrations

Heinz L. Ansbacher -- Theoretical Background; Adler's goal-oriented personality theory. Francis X. Walton -- Family Dynamics; use of the Adlerian frame of reference to understand family dynamics and provide remediation through counseling. Robert Sherman -- Marriage Counseling; examine the processes of coupling, diagnosis, and behavior change in marriage counseling.

Fees: Tuition \$240 In-State; \$450 Out-of-State;

Registration \$10.

Accommodations with meals available.

Contact: Summer Session

University of Vermont

Grasse Mount

Burlington, VT 05405 802/656-2085



INDIVIDUAL EDUCATION INTERNATIONAL MEETS

The first Individual Education International Conference, directed by Ray Corsini, will take place in Atlanta, Georgia, May 23, 1985, at the Omni Hotel from 9 a.m. to 5 p.m.

Eileen Waters reports that the lively program will be informative and stimulating as leading Adlerian psychologists and educators present their divergent opinions and experiences with the innovative education system. Featured speakers at the conference will be Dr. Robert Freeman, Superintendent of DeKalb County Schools in Georgia, Elizier Shmueli, Director General of the Ministry of Education and Culture in Israel; Gerard van Eldert, from the Netherlands and Claus Speikerman, Principal of Queen Mary School, British Columbia, Canada.

To register, mail \$30 (lunch and breaks included) to: Individual Education Conference, c/o Waters, 2201 Harwood Lane, Bowie, MD 20715. Deadline for that address: May 19. On-site registration available.

CALL FOR PAPERS - SC Conference

Proposals for presentations at the South Carolina Conference of Adlerian Psychology to be held at Myrtle Beach, September 28-29, 1985, are invited. Presentations may be for a 75-minute program September 28, or for a halfday program, September 29.

Proposals should include a brief description of the presentation and some biographical data on the presenter. Send proposals to: Frank Walton, 1313 St. Andrews Rd., Columbia, SC 29210.

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NASAP '85 May 24-27 Omni International Hotel Atlanta, GA

From your Atlanta hosts--We want you to experience an evening which could only happen in Atlanta, Georgia. We have planned a special evening of fun and relaxation on Sunday, May 26. We'll leave the Omni at 6:30 p.m. for Stone Mountain Park. It will be a comfortable and pleasant ride which will give you an opportunity to see a bit of Atlanta on the way. Once there, we'll feast on a Southern style barbecue in a private dining room on the lake. Then at dusk, we'll be transported to the Park's Lasar Light Show. This is a truly unique performance utilizing both sound and light to amaze and delight.

FLASH--we have been able to get Miss Georgia, Camille Bentley, for special entertainment at our D.A. Reunion Banquet.

Contact: Gaye Schneider 6669 Witherington Ct. Norcross, GA 30093

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16th INTERNATIONAL CONGRESS OF IP

Dates: July 7-10, 1985 Location: Queen Elisabeth Hotel, Montreal

Frank and Liliane Bensinger report that this will be an exciting event with speakers from Austria, Canada, France, Germany, India, Israel, Japan, Italy, Switzerland, U.S.A. There will be simultaneous translation for main presentations in English, French, German. A full list of speakers and titles of presentations is available upon request from the AAI of Quebec.

Bedrooms at the special convention rate of \$85 Can., single; \$95 Can., double; are reserved for July 7-11. Participants who arrive earlier than the 7th may have difficulty obtaining a hotel room. Hotels are heavily booked up to and including the night of July 6 with the Alcoholics Annonymous convention. Anybody experiencing difficulty with hotel reservations should contact the AAI of Quebec at 514/731-5675.

Air Canada has a special convention rate which is valid for departure any day, including Sunday. Their toll free number for conventions: 800/361-7585.

Contact: Liliane & Frank Bensinger Alfred Adler Institute of Quebec 4947 Grosvenor Ave. Montreal, PQ H3W 2M2

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NASAP DELEGATE ASSEMBLY 1984-85

REGIONAL DELEGATES

Region I -- Northwest

Eugene Gauthier, B.A. 9 Hummingbird Court Sherwood Park, AB Canada T8A 0A4 (W) 403/476-1114 (H) 403/467-4959

*E Clair Hawes, Ph.D. Ste.#103, 2419 Bellevue W. Vancouver, BC Canada V7V 4T4 (W) 604/922-8616 (H) 604/885-7720

Gregson Parker, CPA 4630 Fallsview Drive West Linn, OR 97068 (W) 503/224-5910 (H) 503/657-7808

Region II -- Midwest

Helen K. Cooley, M.A., C.A.C. Interaction Institute Family Counseling 2400 West 95th Street Evergreen Park, IL 60642 (W) 312/422-1848 (H) 312/582-9056

Bernice Bronia Grunwald, M.Ed. 4170 North Marine Drive Chicago, IL 60613 (W & H) 312/327-4180

Miriam L. Pew, M.S.W. 1725 Emerson Ave., South Minneapolis, MN 55403 (W) 612/377-4617 (H) 612/377-4648

Region III -- South

*Don C. Dinkmeyer, Jr., Ph.D. 10620 La Placida Drive Coral Springs, FL 33065 (W & H) 305/755-2636

*Guy J. Manaster, Ph.D.
Dept. of Educational Psychology
University of Texas at Austin
Austin, TX 78712
(England thru May '85)

Welborn Willingham, Ph.D. 1605 56th Street Lubbock, TX 79412 (W) 806/744-7169 (H) 806/744-8195

REGIONAL DELEGATES

Region IV--Middle Atlantic

Joseph Dittmer, Ph.D. 55 Kennedy Blvd. Northfield, OH 44067 (W) 216/467-7131 (H) 216/468-1646

Marion Gordon-Rosen, Ed.D. Suite 725 2025 Eye Street, N.W. Washington, D.C. 20006 (W) 202/484-8073

Michael Yura, Ph.D. Route 9, Box 198 Morgantown, WV 26505 (W) 304/293-3807 (H) 304/291-0465

Region V--Northeast

Kurt A. Adler, M.D.
30 East 60th Street
New York, NY 10022
(W) 212/688-0058
(H) 212/787-6221

*Marion Balla, M.Ed. 257 Billings Avenue Ottawa, ON Canada K1H 5L1 (W) 613/737-5553 (H) 613/733-6655

Liliane F. Bensinger, M.A. 4947 Grosvenor Avenue Montreal, PQ Canada H3W 2M2 (W & H) 514/731-5675

Region VI--Far West

Brenda B. Even, Ph.D. CTM Associates 1540 N. Tucson Blvd. Tucson, AZ 85716 (W) 602/551-6875 (H) 602/747-3534

Birgit LaMothe, Ph.D. P.O. Box 574 Capitan, NM 88316 (H) 505/354-2761

Thomas G. Schramski, Ph.D. 927 North 10th Avenue Tucson, AZ 85705 (W) 602/882-0090 (H) 602/623-0031

SECTIONAL DELEGATES

Adlerian Counseling and Therapy

Georgia Bichekas, Ph.D. c/o Sullivan 9014 Calle Pasta Tucson, AZ 85715 (H) 602/298-7831

Renee Dobkin Dushman, M.A. 8523 North Harding Skokie, IL 60076 (W &H) 312/675-8085

Thomas Edgar, Ed.D. Idaho State University Box 8225 Pocatello, ID 83209 (W) 208/236-3156 (H) 208/234-0425

Professional Clinicians

Edward G. Abelson, Ph.D. 111 Hickory Circle Ithaca, NY 14850 (W) 607/273-4333 (H) 607/272-8907

Ronald J. Pancner, M.D. 2805 S. Fairfield Ave. Fort Wayne, IN 46807 (W) 219/456-4880 (H) 219/432-3085

Bernard H. Shulman, M.D. Suite #201 2800 N. Sheridan Rd. Chicago, IL 60657 (W) 312/883-1190 (H) 312/432-5566

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Past President
*Kathleen A. Walton, B.A.
660 Townes Road
Columbia, SC 29210
(W) 803/783-5437
(H) 803/772-4067

Treasurer *Betty Lou Bettner, M.A. 3513 Bethel Road Boothwyn, PA 19061 (H) 215/485-0462

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Executive Director Neva L. Hefner, B.A. 159 N. Dearborn Chicago, IL 60601 (W) 312/580-7082 (H) 312/643-6031

^{*} Executive Committee

Evelyn Feldmann - died 1-31-85

Word has been received of the death of Evelyn Feldmann, a Life Member of NASAP. Mrs. Feldmann was Alfred Adler's secretary during 1935-37, at which time she was Mrs. Sydney M. Roth. She was a close friend of the Adler family and traveled with Adler on his lecture tours in the company of his wife, Raissa.

During Adler's lecture tour in England in 1936, a year before his death, Mrs. Feldmann kept a diary, newspaper clippings and appointment book upon which she based an article, "Thirty Days with Alfred Adler." The article appeared in Journal of Individual Psychology, Vol. 28:1, (1972) and it was cited as a good unit for the purpose of giving a concrete sample of Adler's life and work.

Joseph Immanuel Meiers - 1894-1985

One of Adler's earliest students, and a member of the North American Society of Adlerian Psychology almost from its founding, Joseph Meiers was a worthy model for the Adlerian practice of psychiatric medicine. He knew how to relieve suffering with tender concern, and to demolish self-pity with a fresh challenge to courage. He was a visionary, undeterred in his commitment to the human future by the human follies and the human cruelties of our fateful century.

Marked by illness, his final years could have been spent honorably in quiet reflection over his past achievements. Instead, he used the last of his energies to ally himself with the environmental and anti-nuclear movements. At the end of his life he was looking forward to the possibilities for human life, fighting against the threatening species-suicide of pollution and cataclysmic war.

Excerpted by permission from obituary in Individual Psychology Reporter, Vol.3, No. 2, publication of The Americas Institute of Adlerian Studies.

Nahum Edward Shoobs - died March, 1985

Nahum Shoobs was a Charter Member of NASAP and became a Life Member in 1975.

Nahum Shoobs was one of the earliest adherents of Individual Psychology after Alfred Adler's arrival in the United States. He organized and attended the early meetings of the growing group of New Yorkers interested in Individual Psychology and he was the nucleus of the developing Society, Clinic and Institute in New York. He was a sensitive, soft-spoken and kind man; a dedicated therapist in the Alfred Adler Clinic and devoted teacher at the Alfred Adler Institute of New York. Despite his failing health, he remained loyal and devoted and continued his activities until 1979. He was a true Adlerian.

--Tanya Adler

Correction...

In the March-April Newsletter, Vol. 18, No. 2, page 9, we reported that Harold Mosak would lead the Alfred Adler Institute of Washington, D.C. conference, "Focus on Special Families." This was incorrect. Hal McAbee was to lead the conference, which was scheduled for March 29-30. It was postponed and rescheduled for May 17-18. See "Calendar" on page 3 of this issue. We regret the error.



New Adlerian Publications...

PREP for Effective Family Living, authored by Don Dinkmeyer, Sr., Gary McKay, Don Dinkmeyer, Jr., James S. Dinkmeyer, and Jon Carlson, is yet another forthcoming publication from American Guidance Service of Minnesota. The PREP kit includes pre-parenting materials for students in marriage and family-living classes. It provides teachers, counselors and youth workers with the tools to help young adults make decisions, communicate more effectively, and develop mutual respect in current and future relationships.

Don Dinkmeyer, Jr. notes that PREP has been four years in the making and will be available in July, 1985. A complete PREP kit will cost \$79.50; consult AGS for individual price breakdown.

Contact: American Guidance Service, Publisher's Building, Circle Pines, MN 55014-1796; 800/328-2560.

GUIDING THE FAMILY Practical Counseling
Techniques, Bernice Bronia Grunwald and Harold
V. McAbee. Accelerated Development, Inc.,
250 pp., \$14.50 softback.

This newly released comprehensive text is based on the Adlerian-Dreikursian approach and provides a model of counseling skills that will enable counselors, teachers, social workers, and others who are working with parents and children, to help them live with each other in harmony and enjoyment. The authors have used case examples from their own practices to illustrate throughout the book. The end result is a text full of techniques that have worked for families throughout the world.

Available through publisher: Accelerated Development, 3400 Kilgore Ave., Muncie, IN 47304. It will also be available through AAI of Chicago, 159 N. Dearborn, Chicago, IL 60601.

Corsini's Encyclopedia receives awards

The Encyclopedia of Psychology, edited by Ray Corsini (J. Wiley & Sons, 4-volume set, 2,000 pages, \$249.95) has received two publishers' (cont'd)

awards, including the Association of American Publishers, Professional and Scholarly Publish-Division, Annual Award for Excellence in Publishing. Dr. Corsini's Encyclopedia received an honorable mention in the Social and Behavioral Sciences category. Publisher J. Wiley & Sons, Inc., presented the award in 1984.

The second award comes from the American Library Association (ALA). Encyclopedia was chosen as one of the Reference Books of the year. Only 40 books are chosen annually. The list of ALA award winners is sent to all libraries in all divisions and they are encouraged to purchase the books for their collection. In addition, an in-depth review of Encyclopedia appeared in the American Libraries magazine.

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BOOK REVIEW

 $\begin{array}{c} \underline{\text{Adderian Theory: An Introduction by }}_{\text{Ferguson.}}(\text{APABC, \#210-2525 Manitoba} \\ \overline{\text{Vancouver, BC V5Y 3A7; 35 pp., \$7.00)} \\ \end{array}$

The writer sees this text as a supplement to Fundamentals of Adlerian Psychology, which was written by her father, Rudolf Dreikurs, and Gebundbegriffe der Individualpsychologie by Klett Verlag. Additionally, I see it as a supplement to The Individual Psychology of Alfred Adler, Heinz and Rowena Ansbacher, Editors (1956).

It is the most concise introduction to Individual Psychology in written form. It is suitable for the introductory classes in Adlerian Psychology offered through the many Adlerian Institutes, for university courses in Personality Theory, and is so clearly readable that it could serve parent study groups who wish to know more of the theory behind the methods advocated in Adlerian child rearing.

Eva Dreikurs Ferguson has a unique vantage point from which to state Adlerian theory. During her adolescence and specifically when she was in college and would return home for brief visits, she would discuss into the night her father's ideas and his interpretations of Adler's intended messages. Dreikurs studied with Adler and had the advantage of more than Adler's writings. Similarly, but even more personally, Eva has the advantage of listening, discussing and questioning her father's beliefs.

The capitivating style in which these facts are presented, add another dimension to the book. I recommend it without reservation.

--James W. Croake Seattle, Washington

(Excerpted from review in APABC Newsletter, 10:3, Spring, 1985).

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APABC Library Needs Books

The Adlerian Psychology Association of British Columbia (APABC) library is in desperate need of basic Adlerian theory books, notes Tom Beames. Persons interested in donating books and articles (new and used), please contact: Tom Beames, APABC, #210-2525 Manitoba St., Vancouver, BC V5Y 3A7; 604/874-4614. (Donations will be recognized by an inset in the donated books.)

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Adlerian interests in the USSR?

Norman Silverman shares a recent note he received from a Professor of Psychology at the Tallinn Pedagogic Institute in Estonia, USSR, Arno Baltin, inquiring about Dr. Silverman's article, "How to the Media Treat Adler's Psychology," (IP 40:3, 1984). Dr. Silverman sent Dr. Baltin a reprint of the article as well as one of a longer, forthcoming article on Adler's IP. This note from the USSR prompts speculation as to the extent to which Russian Psychologists are studying, and possibly using, Adlerian Psychology.

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Adlerians on your newsstands...

--Linda Albert has written a series of articles on "Quality Time" for Parent's magazine. The series began in the April issue and continues in forthcoming issues. Ms. Albert's column, "Coping with Kids," appears regularly in Family magazine, which is now being distributed to U.S. Military bases around the world. You can catch both at your newsstands today!

--Robert Powers and Jane Griffith and their AIAS (Americas Institute of Adlerian Studies) "Personal Style Assessment" program are featured in a full-length article, "Career Clinic," in the May issue of Success! magazine. Catch Powers and Griffith in Success! at your newsstands today!

--Seymour Schneider was interviewed by USA Today in March for a forthcoming article on singles. You can look for Schneider on singles at your newsstands soon!



...and on the airwaves

--Robert Powers was interviewed by CBS-Radio on April 2 on the subject of psychological birth order positions. Excerpts from the interview were broadcast nationally that day. Powers and Jane Griffith were featured on a one-hour radio talk show on April 2 on Pittsburgh, PA Radio Information Services.

--Mary Schneider was the featured guest on a Chicago radio (WGN-AM) call-in talk show in February. The subject was "Couples Working Together," a subject familiar to Ms. Schneider, who frequently works with her husband, Seymour. Ms. Schneider reports the show was a success with many callers.



from the Regions

REGION I -- NORTHWEST

Washington

<u>Seattle</u>--The Puget Sound Adlerian Society (PSAS) reports that its District's Individual Education (IE) Task Force, including several PSAS

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NASAP '85 REMINDER

May 24-27, 1985

Omni International Hotel Atlanta, Georgia

Deadline for early registration for Convention and Workshops has been changed to $\underline{\text{May 3.}}$ After that date the cost goes up!

Hotel reservations must be made early. Rooms will be held only $\underline{\text{until May 3}}$. After that date, there is no guarantee that you will be able to get a room in the Omni. Send your reservation card today or call 404/659-000.

Omni International Hotel Attn: Reservations Manager One Omni International Atlanta, GA 30335

If you need registration forms, you may write NASAP, 159 N. Dearborn Chicago, IL 60601 or Gaye Schneider, 6669 Witherington Court Atlanta, GA 30093 404/4960254

attle news cont'd--

mbers, met with the Seattle School Board in te January, 1985 to discuss a proposal for plementing an experimental IE program(Corsini R Schools).

cording to the PSAS newsletter, IE supporters om around the country spoke on behalf of the stem. Michael Dubrovich, Principal of the rsini 4-R School, Forest Park School in liet, Illinois, noted that his school "works; a desegregation magnet" as well as a "highly fective academic and social skills system."

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EGION II--MIDWEST

llinois

nicago--Mitchell Messer will present his nger Clinic on Saturday, May 25, 1985, from a.m. to 3:30 p.m., at the Sheraton Plaza otel (160 East Huron). Through both lecture nd discussion, Mr. Messer will illuminate the ive types of anger, including: (1) anger at urselves; (2) anger at others; (3) their anger t us; (4) anger at the "absent other," and 5) anger at life.

n the Anger Clinic, Mr. Messer focuses on the surposes of anger, the differences between appropriate and inappropriate anger, and the sarm done by mismanaged anger.

Registration fee: \$45 per person at the door; \$40 prepaid, and \$65 per couple. Contact: The Anger Clinic 312/263-0035.

Chicago--The Americas Institute of Adlerian Studies (AIAS) reports that the National Board for Certified Counselors, Inc. (NBCC) of the American Association for Counseling and Development in Washington, D.C., has approved AIAS as an independent sponsor of continuing education for National Certified Counselors. NBCC joins the American Psychological Association and the Personnel Accreditation Institute, which have also approved AIAS for the continuing education of their members.

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REGION IV--MIDDLE ATLANTIC

District of Columbia

Washington--The Alfred Adler Institute of Washington, D.C. reports that they now have 8 candidates in their doctoral program. The Institute has a working agreement with the Union Graduate School of the Union for Experimenting Colleges and Universities, which is fully accredited by the North Central Association.

The program is extremely flexible, can be individually planned to fit the specific needs and goals of each individual, and has sound quality controls, reports Hal McAbee. Students can begin at any time and work from their home base. If the learner (UGS term for candidate) desires to concentrate on the Adlerian approach, one of the AAI faculty serves as the core advisor.

Contact: Hal McAbee at 301/464-2359 or the Union Graduate School in Cincinnati 800/543-0366, toll free.

New Jersey

Milburn--Dahlia Mann shares with Newsletter readers news of Parenting Plus, an Adlerian Family Center run under her direction, which is now enjoying its second year of operation. Parenting Plus is a private organization providing the northern New Jersey area with parent groups, programs and leadership training. Eight leaders are presently being trained for Fall, 1985 groups--a date which marks the start of the Center's third year--and will provide a network of paid leadership. Future activities will include workshops on Encouragement, Marriage and Single Parenting.

Dahlia Mann notes that "other Adlerians may be encouraged by knowing that an Adlerian Center can be started with one person!" <u>Contact</u>: Parenting Plus, 55 Main St., Milburn, NJ 07041; 201/379-9462.

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REGION V--NORTHEAST

New York

New York—The Alfred Adler Institute of New York reports that Kurt Adler spoke recently at the Lenox Hill Hospital before the Psychiatric Staff on "Prevention of Suicide in Depression." He also spoke to an audience of psychology students at Columbia University. The subject was Adlerian Psychology. The Institute notes that Dr. Adler's lectures were received with great enthusiasm.

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INTERNATIONAL

New Zealand

Hammer--The Adlerian Western Institute for Research and Training in the Humanics (AWIRTH) of Berkeley, California, reports that Lucy Ackerknecht lectured on "The Art of Healing" at a Hammer summer school session, organized by the National Workers Summer School Association, in January. AWIRTH notes that this lecture gave Dr. Ackerknecht the opportunity to introduce Individual Psychology to New Zealanders and that the lecture was well received.

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Venezuela

Caracas--Jane Griffith and Robert Powers will conduct workshops in July under the sponsorship of the Centro de cambio y crecimiento, Clara de Barranco, Director. While in Caracas, Mr. Powers will present a paper at the Twentieth Intraamerican Congress of Psychology.

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Germany

Note for Readers of IPNL

Horst Gröner, Editor of Individual Psychology News Letter, writes that there is still time to send \$5 US for a 1985 subscription to IPNL and receive the first issue in 1985. He also indicated that payment may be made in cash directly to the Editor during the International Congress in Montreal, July 7-10. Contact: Horst Gröner, Ruffinistr. 10, D-8000 München 19, German Federal Republic.