

NEWSLETTER

North American Society
of Adlerian Psychology

Volume 19, Number 1

January-February 1986

159 N. DEARBORN STREET
CHICAGO, ILLINOIS 60601

Last NEWSLETTER unless membership renewed by January 31, 1986

PRESIDENT'S MESSAGE

ALL HEADS ARE BETTER THAN SOME

For the last two years, I've been working on this. I brought one plan, I knew was flawed, to the Executive Committee and found it was badly flawed. Let me tell you what I am thinking about and ask for your ideas.

Institutional Membership

NASAP has about eleven hundred members. There are individual, family, and student members. Some of the individual members are not individual people, but are independent Adlerian organizations or institutions. Some Adlerian organizations or institutions are represented in NASAP through their own individual membership or through their members' membership. But many Adlerian institutions are not represented. Moreover, NASAP does not do anything per se, anything directly, for institutions such as Adlerian institutes, family education associations, clinics or practices, etc.

So I have been thinking about a new category of NASAP member: Institutional Member. Is there some way to include all Adlerian organizations and institutions as members; some way to benefit each type of organization as a member, possibly through Interest Sections;

some way to reach all of the people involved with these Adlerian institutions; and some way for all of this to be affordable for NASAP. If we can figure out how to do all of this, I think Adlerian institutions will thrive, they will support each other and learn from each other within NASAP, and the thousands of people who are touched by Adlerian organizations will also be touched by NASAP, which, it would be hoped, would benefit everybody.

What Do You Think?

What do you think of this idea? How would you feel as an individual member of NASAP if other members represented institutions? If you are part of an Adlerian organization would you want your institution to become a member? What would you want your institution to get out of its membership? How might we affordably reach the students, clients, members, etc. of your institution? What ideas do you have re dues, participation, etc. of institutional members?

If you start thinking about this you will quickly realize it is quite a complex matter. Any ideas you have will be appreciated.

All of the above is aimed at improving NASAP, which seems to me to be pretty all right now.

Yours truly,

Guy J. Manaster
President

TABLE OF CONTENTS

President's Message1
Regional Organizations2
Update on Mailings2
Courses/Workshops3-5
Calendar of Events5
Interest Sections5,6
Letters6
General Interest Articles6,7
Publications7,8
News from Regions8,9
NASAP '86	Back Page

NEWSLETTER DEADLINES

Deadline

February 1	March-April
April 1	May-June
June 1	July-August
August 1	September-October
October 1	November-December

Meet Me In St. Louis

May 23-26, 1986

REGIONAL ORGANIZATIONS

REGION I--NORTHWEST

NASAP Region I and APABC's "Revving Up, Tuning In" conference will be combined this year the weekend of January 30-February 1 in Vancouver.

Tuning In: Albert Ellis, 7:30 p.m., Thursday, January 30, "Rational Living in an Irrational World," Delta River Inn, 3500 Cessna Drive, Richmond. Dr. Ellis will conduct workshops on January 30 and 31 covering principles of Rational Emotive Therapy, family and marriage therapy, sex therapy and sexual abuse, and difficult and resistant clients.

Region I meeting: 4-6 p.m., Friday.

Revving Up: Barbara Coloroso, 7:30 p.m., Friday, January 31, "Discipline, Kids are Worth It," New Westminster Senior Secondary School. Ms. Coloroso will lead a day long workshop on Raising Children to be Responsible, Caring Individuals, Saturday, February 1.

Course 343: Classroom Dynamics, Edna Nash, January 31, February 1, 2 at the New Westminster Senior Secondary Counselling Centre.

Contact: APABC, 604/874-4614.

(See p. 6 for additional news from Region I--Northwest)

#

REGION II--MIDWEST

A reminder from your Regional Delegates of the NASAP Delegate Assembly--there will be Regional meetings at St. Louis Convention and in order to have a successful Region II meeting, agenda items are needed. Members are invited to send concerns and agenda items to:

Helen Cooley
Interaction Institute
2400 West 95th St.
Evergreen Park, IL 60642

#

REGION III--SOUTH

9th Annual NASAP Region III Conference is scheduled for February 27 through Sunday, March 2, 1986, at the Hilton Inn Florida Center in Orlando, Florida. Featured workshop is Robert L. Powers on Life Style. There will be twelve (12) NEW workshop topics.

There is a Special Pre-registration Package of \$100 for any three days, including Saturday luncheon. CEU and APA credit hours will be given. NASAP members will receive Program and Registration fliers in mid-January.

Contact: Don Dinkmeyer, Jr.
Conference Coordinator
10620 La Placida Drive
Coral Springs, FL 22065
305/755-2636

#

REGION V--NORTHEAST

The New York Committee of Region V will sponsor a social-forum, "Resistance in Psychotherapy, Problems and Solutions," a case presentation and discussion, Leo Rattner, speaker. Time and Place: Sunday, January 19, 1986, 2:00 to 5:00 p.m., Ethical Culture School Library, Central Park West and 64th St., New York city; entrance on 64th. Admission: \$20.

Contact: Merle Lemler 212/601-0890 or Sylvia Robbins 516/487-7243.

UPDATE ON MAILINGS

We do not want you to think that your mail has been lost in the December holiday mail, so here is an update for your information:

Individual Psychology

The December 1985 issue of the journal is still at the printer.

Bibliography, Vol. 2

Vol. 2 of the Bibliography will be mailed the 2nd week of January to those who donated \$50 or more to NASAP.

Membership Certificates

Certificates are in the process of being completed and will be mailed the week of January 27 to those who requested them.

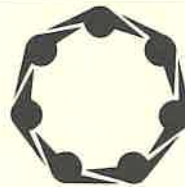
D.A. Election

Nomination requests for Regional Delegates will be mailed the week of January 13 to Regions I, II, III, IV, V.

Newsletter

This January-February issue is being mailed almost one month late.

(We regret any inconvenience caused by any of the above delays.)



NEWSLETTER

**North American Society
of Adlerian Psychology**

Vol. 19, No. 1

January-February 1986

Published bi-monthly by the North American Society of Adlerian Psychology, 159 North Dearborn, Chicago, IL 60601. 312/977-1944.

Members of NASAP automatically receive the Newsletter. Subscription rate for non-members \$5.00.

We encourage readers to send contributions of news, suggestions, ideas, opinions by the first of the month. We reserve the right to edit.

Neva L. Hefner, Editor
Sarah E. Hefner, Assistant Editor



Active Parenting Leader Certification Workshops;
9:30 a.m. - 5:30 p.m.; \$95 fee includes some
printed material.

- Jan. 31 Hollywood, Florida
- Feb. 7 Houston, Texas
- Feb. 8 San Antonio, Texas
- Mar. 8 Denver, Colorado
- March 11 Raleigh, North Carolina

For information and to reserve a place, call
toll-free 1-800-235-7755. In Georgia call
collect: 404/843-2723.

Contact: Michael H. Popkin
4669 Roswell Road, N.E.
Atlanta, GA 30342
#

ADLER
DREIKURS
INSTITUTE OF
CALIFORNIA

Newly organized Institute will hold three
classes beginning the first week in February
at 2616 La Mesa, Sacramento.

Adlerian Theory and Practice: An Intro-
duction - Cary B. Cochran, John M. Platt

Classroom Management Through Class Meetings
-- Frank Meder

Positive Parenting in the 80's -- Bonnie
Sanders, Judi Dixon

Contact: John M. Platt, Ed.D.
9019 El Oro Plaza Dr.
Elk Grove, CA 95624
916/487-2714 or 685-6501
#

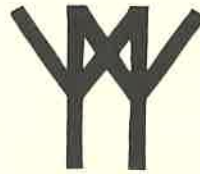


Tentative M.A. Schedule for 1985-86:

- Jan. 31, #343 Classroom Dynamics: Communi-
Feb. 1,2 cation Systems in the Classroom,
Edna Nash
- Feb. 15,16 #503 Small Group Supervision,
Howard Pollack
- Mar. 28-30 #311 Clinical Assessment I, James
Croake
- Apr.20,26,27 #312 Clinical Assessment II,
James Croake

Courses are held at the A.P.A.B.C. Office
and each course is 22 hours long.

Contact: A.P.A.B.C.
210-2525 Manitoba Street
Vancouver, BC V5Y 3A7
604/874-4614
#



FRIENDSHIP

Adlerian Western Institute
for Research & Training
in Humanics (AWIRTH)

January 2 through March 6:

- A. Autogenic Training 7:00 - 7:15 p.m.
- B. T501 Problems of Personal Development
7:15 - 8:35 p.m.
- C. C501 LifeStyle Diagnosis 8:45-10:15 p.m.

Marathon dates: Jan. 11, Feb. 8, Mar. 8,
Apr. 8

Contact: AWIRTH
226 Stanford Ave.
Berkeley, CA 94708
415/524-4929 (Dr. Ackerknecht)
415/531-5239 (Dr. Czesak)
#



Alfred Adler Institute
of Chicago

- Jan. 6 #313 Interviewing Techniques I,
Dorothy Peven, 7-9 p.m.
- Jan. 6 #501 Professional Problems,
Howard Pollack, 5-7 p.m.
- Jan. 7 #471/472 Continuing Case Seminar,
Harold Mosak, 5-7 p.m.
- Jan. 8 #336 Group Therapy: An Experiential
Course, Robert Powers, 5-7 or
5-10 p.m.
- Jan. 9 #344 Marriage Counseling I,
Gerald Mozdierz; Jan.9 5-9:30 pm,
Jan. 11 9:30 am-4 pm, Jan. 16
5-9:30 pm; Jan. 18 9:30 am-4 pm.
- Jan. 12,16 #211 Psychological Tests and
Feb. 9,26 Measurements, Sherwood Perman,
9 am-3:30 pm.
- Jan. 25,26 #102 Introduction to Individual
Feb. 2,9 Psychology II, Sherwood Perman,
Norman Silverman, 9 am-3:30 pm.
- Feb. 22,23 #321 Comparative Theories of
Mar. 15,16 Psychotherapy and Counseling I,
Seymour Schneider, Norman Silver-
man, 9 am-3:30 pm.
- Mar. 8,9 #502/503/504 Small Group Super-
vision, Howard Pollack, 9 am-3:30 pm

Workshops

- Feb. 22 Divorce Mediation: An Alternative
to Contested Divorce, Burton Zoub,
Patricia Herold, 9 am-4 pm.
- Mar. 16 Gender Guiding Lines & Role Models,
Robert Powers, Jane Griffith,
9 am-4 pm.

(cont'd)

AAI of Chicago cont'd

- Apr. 6 Eating Disorders: Features of Anorexia Nervosa & Bulimia, Bernard Shulman, 9 am-4 pm.
- Apr. 13 Dreams & Early Recollections: Techniques for Understanding Projective Materials, Dorothy Peven, 9 am-4 pm.

See p. for information on Eleanore Redwin Memorial Lecture Series to be held in Highland Park in January and February.

Contact: AAI of Chicago
618 S. Michigan Ave., 6th Floor
Chicago, IL 60605
312/294-7100
#



Alfred Adler Institute
of Indianapolis

- Jan. 17, 18, 31 Introduction to Individual Psychology I (401), Harold Mosak
Feb. 1
- Feb. 21, 22, 23 Introduction to Individual Psychology II (402), Seymour Schneider
- Mar. 7, 8, 21, 22 Psychodynamics of Psychopathology (501), Harold Mosak
- Apr. 4, 5, 5 Marriage Counseling I (544), Gerald Mozdzierz
- Apr. 18, 19, May 2, 3 Clinical Assessment I (511), Bernard Shulman
- June 6, 7, 8 Group Therapy: An Experiential Course, Leo Lobl

Classes held at North Meridian Inn, 1530 N. Meridian Street, Indianapolis. Times: 6 p.m. to 10 p.m. on Fridays; 8:30 a.m. to 4:30 p.m. on Saturdays and Sundays.

Contact: AAI of Indianapolis, Inc.
Joan Truitt, Director
P.O. Box 2448
Indianapolis, IN 46206
317/632-5428
#



Alfred Adler Institute
of Minnesota

- Feb. 7, 8, 9, 19
101B Life Style I (Teacher Self Assessment)
- Feb. 14, 15, 16
C102 Introduction to Adlerian Psychology II
- Feb. 21, 22, Mar. 7, 8
A307/C311 Clinical Assessment I

- Feb. 14, 15, 28, Mar. 1
A204/C301 Psychodynamics I
- Mar. 13, 20, 27, Apr. 3, 10, 17, May 1, 8
A301/C312 Clinical Sessment II
- Apr. 4, 5, 6, 16
100B Maintaining Sanity in Classroom
- Apr. 11, 12, 25, 26
C302 Psychodynamics II
- Apr. 18, 29, 20, 30
101B Life Style I (Teacher Self Assessment)
- May 9, 10, 11
A201 Life Style II
- June 6, 7, 8, 18
100B Maintaining Sanity in Classroom
- June 20, 21, 22, 23
101B Life Style I (Teacher Self Assessment)

Classes are held at the Institute in a new location--Hopkins Eisenhower Community Center, located on the North side of Hiway 7, approximately 1/2 mile West of City Road 18, or approximately 1 1/2 miles East of 494.

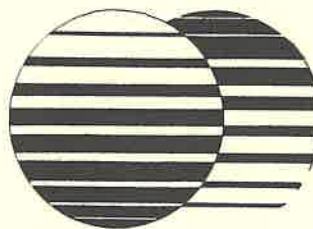
Contact: AAI of Minnesota
1001 Hiway 7
Hopkins, MN 55343
612/933-9363
#



Alfred Adler Institute
of San Francisco

- Jan. 11, Feb. 8 Case Study Seminar, Henry Stein
- Jan. 25, Feb. 22 Continuing Case Study Seminar and Master Class, Sophia de Vries and Henry Stein.

Contact: AAI of San Francisco
1580 Valencia St. Suite 802
San Francisco, CA 94110
415/282-1661
#



Dreikurs Relationship
Center

Understanding Yourself & Others

- Jan. 9-11 Boise, Idaho
- Jan. 10-12 Boulder, Colorado
- Jan. 10-12 Milwaukee, Wisconsin
- Jan. 17-19 Detroit, Michigan
- Jan. 24-26 Boulder, Colorado
- Jan. 31, Feb. 1, 2 Orlando, Florida
- Feb. 6-8 Boise, Idaho
- Feb. 7-9 Boulder Colorado
- Feb. 14-16 Milwaukee, WI
(cont'd)

Dreikurs Relationship Center cont'd
 Feb. 21-23 Boulder, Colorado
 Feb. 21-23 Boise, Idaho
 Feb. 28, Mar. 1,2 Detroit, Michigan

Redirecting Children's Misbehavior

January Boulder, Colorado
 February Boulder, Colorado

Contact: Dreikurs Relationship Center
 P.O. Box 3118
 Boulder, CO 80307
 303/499-4500
 # # #

University of Dayton Graduate Education Program
Capital University, Columbus, Ohio

Corsini Four-R School System Courses

Jan. 13 thru C4R in Alternative Education, Ann
 Mar. 17; Pratt, 6:30-9 p.m.
 Apr. 7,14

Feb. 7 thru Family Relations & School Aims,
 Mar. 7 P. Papanek, 4-8 p.m.

Mar. 14, 15, C4R Academic & Creative Program,
 Apr. 5 M. Mastroianni, Friday 4-9 p.m.;
 Saturday 9 a.m.-4 p.m.

Contact: Ann Pratt
 114 Learning Center
 Capital University
 Columbus, OH 43209
 614/236-6563
 # # #

Classes for Educators
Arvada, Colorado

The following classes will be taught by
Dr. Diane "Arch" Archer for graduate and
 recertification credit at University of
 Northern Colorado, Colorado State University
 or Adams State:

Feb. 4,11,18 Effective Teen Discipline (You've
 25,28, Got to be Kid-ding:A Look at
 Mar. 1 Adolescents)(U.N.C.)

Feb. 6,13,14 The Encouragement Process:
 15,20,27 Encouragement=Motivation(U.N.C.)

Feb. 17,24, Maintaining Sanity in the Class-
 Mar. 3,10, room, Part One (U.N.C.)
 14,15

Apr. 1,8,11, Life Style Diagnosis and Reorienta-
 12,15,22 tion (Adams State)

Apr. 9,16, Concept Spelling--Workshop on the
 23,30 Teaching and Learning of Spelling
 (C.S.U.)

Apr. 17,24, 100 Ways to Enhance Self Concept
 25,26, in the Classroom (Adams State)
 May 1,8

Weekday classes are from 4:30 p.m. to 9 p.m.;
 Saturday from 9 a.m. to 4:30 p.m. Classes

are held at Days Inn, 15059 W. Colfax at I-70,
 Aspen Room, except for Concept Spelling, which
 is held at Cheltenham Elem. 1580 Julian.

Contact: Dr. Diane Archer
 8597 Eaton St.
 Arvada, CO 80003
 303/427-3344
 # # #

Seattle Institute for Adlerian Studies

Feb.15,16,17 Seminar--Diagnostic and Statistical
 Manual, James Croake

Feb. 22 Workshop on working with adoles-
 cents in a group, James Croake

Mar. 22 Group Counseling in the Classroom,
 Nancy Catlin

Contact: Diane Walter 206/871-6889 or
 Marcia Mullins 206/322-8846
 # # #

CALENDAR OF EVENTS

Jan. 19 Region V, Leo Rattner, Resistance
 in Psychotherapy, Problems and
 Solutions, see p. 2.

Jan. 25 What is Adlerian Psychology, Bob
 Bradbury, Admiral Congregational
 Church, West Seattle. Contact:
 PSAS, 206/525-4796.

Jan. 30,31, Revving Up/Tuning In/NASAP Region
 Feb. 1 I--Northwest, Vancouver, see p. 2.

Feb. 27- Region III--South Annual Confer-
 Mar. 2 ence, Orlando, see p. 2.

Mar. 1 Intimate Relationships from an
 Adlerian Point of View, PSAS,
 Seattle. Contact: 206/525-4796.

Mar. 15 Training Workshop for Parent
 Educators, PSAS, Seattle. Contact:
 206/525-4796.

May 23-26 34th Annual NASAP Convention and
 Workshops, St. Louis. Contact:
 Midwest Society of Individual
 Psychology, 512 S. Hanley Road,
 Suite 58, St. Louis, MO 63105;
 314/381-2123 or 878-9333.

INTEREST SECTIONS

The NASAP Constitution provides for the estab-
 lishment of Interest Sections in order to pro-
 vide additional opportunity for members with
 specialized interests to connect, to have a
 stronger influence in their fields, and to
 assist in their own development through recom-
 mendations for programs and training at our
 conventions. Another purpose is to insure
 representation of the specialized interests in
 the governance of the Society. The Delegate
 (cont'd next page)

(cont'd from preceding page--SECTIONS)

Assembly, which manages the affairs of the Society, is comprised of Regional and Sectional Delegates.

All NASAP members are automatically members of Regions and participate in the election of Regional Delegates. NASAP members are not required to belong to an Interest Section but may apply to any Interest Section for membership and participate in the election of Sectional Delegates.

Contact for Sections:

Adlerian Counseling and Therapy (ACT)

Lee Paxton Applegate
1628 Oak Lawn
Dallas, TX 75207

Professional Clinicians

Robert N. Doyal, Treasurer
2805 Fairfield Ave.
Fort Wayne, IN 46807

Education

Frank Walton
1313 St. Andrews Road
Columbia, SC 29210

Family Education

Joan List, Treasurer
RR #1, Site 118, C-24
Parksville, BC
Canada VOR 2S0

Business & Organization

Ira Schoenwald
4565 Wellington Court
Cypress, CA 90630

Theory & Research

Michael Yura
Route 9, Box 198
Morgantown, WV 26505

LETTERS

Chicago--The Mosak family requested that this letter be shared with NASAP members:

We want to thank the many friends who shared our sorrow with us at the death of our son Derin. The outpouring of grief and love by phone, by letter and the many personal kindnesses shown to us during this period have helped to sustain us. We also want to thank all of you who have sent contributions to the fund established in Derin's name at the Alfred Adler Institute of Chicago.

We will write to each of you personally, but the deluge of loving expressions will take us some time. Until then, we want you to know how much we appreciate your friendship and caring.

Harold, Birdie, Lisa & Neal Mosak



NEW TRAINING INSTITUTE...

Sacramento, California is the site of another new Adlerian training institute. It is the Adler-Dreikurs Institute of California with courses being scheduled during weekends and evenings.

Eight students attended the first class, Adlerian Theory and Practice: An Introduction, taught by Cary Cochran and John M. Platt.

The introductory class will again be offered the first week in February along with two additional classes:

Classroom Management through Class Meetings
Positive Parenting in the 80's.

Quoting from the purpose, "ADIC is an educational organization dedicated to providing quality learning experiences to professionals, non-professionals and students in education and human services through workshops, classes and seminars. The Institute will provide consultants to school systems, social and mental health agencies, religious groups, law enforcement, family education centers and a wide variety of special groups."

Contact: Adler-Dreikurs Institute of Calif.
3400 Cottage Way, Suite 201
Sacramento, CA 95825

#

TRAINING INSTITUTE ADDRESS CHANGE

The Alfred Adler Institute of New York is now holding its courses at a new location: 35 East 62 Street.

Contact: A. Ina Block
35 East 62 St.
New York, NY 10022
#

OSIP SUPPORTS NASAP REGION I

The Oregon Society of Individual Psychology, founded in 1960, continues to further Adlerian Psychology within and outside its borders. The latest generous contribution of OSIP has been a monetary one to Region I--Northwest.

OSIP hosted the initial Region I--Northwest annual conference in 1984, the first conference after the division of that region into Region I and VI. There was a net loss of \$150 on that conference that was absorbed by OSIP. To further the cause and efforts of Region I, OSIP recently donated \$500 for the express purposes of supporting the second annual Region I conference to be held in Vancouver and as seed money for a Region I newsletter.

(cont'd following page)

(cont'd from preceding page--OSIP)

A future contribution will be two bound copies of OSIP Newsletters from the period 1962 through 1977, one of which will be sent to NASAP central office and one to Region I. These newsletters are rich with history of the Adlerian movement and cover part of the time when Rudolf Dreikurs made Oregon his summer home.

NASAP is grateful for the continued and generous support of OSIP. The Executive Director is especially looking forward to the receipt of the bound copies of the newsletters--should provide some interesting reading for a number of cold Chicago winter nights! They will be shared with any visitors to 159 North Dearborn.

###

DONATIONS

The following members donated \$50 or more and will receive a copy of *A Bibliography for Adlerian Psychology, Vol. 2*:

- | | |
|-------------------|-----------------------|
| Aird, Robert | Kinderschool Adlerian |
| Colpetzer, Max | Nursery |
| Dill, Adele M. | Kraft, Mary |
| Dinkmeyer, Don | Lew, Amy |
| * Dreikurs, Sadie | Meredith, Cameron |
| Dushman, Renee | Porter, Barbara |
| Ferguson, Eva | Robbins, Sylvia |
| Fletcher, Samuel | Smithells, Timothy |
| Gold, Leo | * Sperry, Len |
| Griffith, Jane | Udchic, Hazel |
| Kennedy, Elaine | * Willingham, Welborn |

Donations under \$50 include the following:

- | | |
|---------------------|--------------------|
| * Ansbacher, Heinz | Kal, Edmund |
| * Ansbacher, Rowena | Lemire, David |
| Bouley, Barbara | Locicero, Jack |
| Gila D. | Martindale, George |
| Irwin, Della | Reynolds, Boyd |
| Jack, Moya | Zalatoris, Roman |

NASAP is grateful to each of these members for supporting NASAP with a donation over and above dues payment. A special word of thanks to those with the asterisk (*), who are Life Members and showed their continued support by making a donation.

PLEASE NOTE: There are still a few copies of the Bibliography remaining and they will be sent to the first 10 people who donate \$50 or more.

###

HELP NEEDED

A fertile field for Adlerian training is open to us as individuals and as an organization. State and federal regulations controlling providers of day care for children of working parents have been both loose and inconsistent. There is a move afoot, however, to tighten up and require formal education and child training credentials for these workers.

The Education Committee of the Delegate Assembly established an Ad Hoc Committee to develop such a training program, and to seek federal and state funding for its dissemination on both Public Radio and Public TV. Plans to meet with

HHS and Department of Education personnel in Washington, D.C. are being formulated.

As Chairperson of this Ad Hoc Committee, I urgently request that every member of NASAP who is doing child care training, whether it be of parents, teachers or other workers, send me at least two brochures or other materials describing their programs. Nothing will be used without proper attribution and express permission of the author. But with all the book work that is already being done, the committee feels that it would be superfluous to "reinvent the wheel." The compilation of these programs will be very helpful in achieving the funding which we need to produce this multimedia training program.

The production itself will be done by Professor R. Brasington, Chair of the Media Arts Department of the University of South Carolina.

Contact: Marion Gordon-Rosen, Ed.D.
Chairperson, Ad Hoc Committee on
Day-Care Providers
1301 Delaware Avenue, S.W.
Apartment N-801
Washington, DC 20024

###



The International Committee
for Adlerian Summer
Schools and Institutes

The 19th Rudolf Dreikurs Institute will be held on the campus of the University of British Columbia, Vancouver, July 20-August 2, 1986. Three tuition and fullboard scholarships are available. Those interested and in need should send applications by March 15, 1986 to:

Canada: Edna Nash, 302-2020 Bellevue Ave.,
West Vancouver, BC V7V 1B8

U.S.: Mim Pew, 1725 Emerson Avenue South,
Minneapolis, MN 55403

Registration forms and information may be obtained from Edna Nash in Canada or from:
Hal McAbee, ICASSI Administrator
2421 Kelford Lane, Bowie, MD 20715
301/464-2359.

###



FUTURE PUBLICATIONS

Strengthening Stepfamilies, a training program for remarried parents written by Linda Albert, will be available in May, 1986, from the American Guidance Service. There will be a parent handbook, leader's guide, audiotapes, charts, publicity information and a package of encouragement activities for parents to do at home with their children.

###

NEW JOURNAL

NASAP member Howard A. Gontovnick is editor of a quarterly newsletter entitled, *The Student Psychologist*, an educational project in Individual Psychology. The publication utilizes as a guide the accumulating teachings and literature concerned with Individual Psychology as a source of reference and influence. Subscription rates: Canada \$9; U.S. \$10; other countries \$12, in Canadian Funds.

Contact: THE STUDENT PSYCHOLOGIST
P.O. Box 145
Chomedey, Laval
PQ H7W 1S1

REGION IV--MIDDLE ATLANTIC

OHIO

Cleveland--Courses to be offered in 1986 at the Cleveland Institute for Adlerian Studies include: 101-102 An Introduction to Individual Psychology I and II; 301-302 Psychodynamics of Psychopathology I and II; 303 Psychodynamics of Psychopathology III. Study Forum groups will be scheduled upon request of three or more persons and an ongoing study group to acquaint professionals with Adlerian Psychology will be offered in February. Contact: Mary Caldwell, P.O. Box 36951, Strongsville, OH 44136; 216/225-8925.

#

REGION V--NORTHEAST

MASSACHUSETTS

Centerville--The recently organized Family Education Center of the South Shore will be holding monthly meetings in 1986, the last Tuesday of each month. They are held at the Centerville Recreation Building, Main Street in Centerville. January topic is Recognizing and Encouraging Creative Potential in Your Child and February will be on Stepfamilies. Contact: FEC of the South Shore, P.O. Box 54, Centerville, MA 02632 or Bobbi Moritz at 617/771-2371.

#

NEW YORK

New York--Word has been received from Annie Dix Meiers that a Fellowship has been established in memory of Dr. Joseph Meiers at Columbia University, called "The Joseph I. Meiers Fellowship in the W. Averell Harriman Institute for Advanced Study of the Soviet Union." Every year one of the finest young scholars in the field of International Relations will be the recipient and will go on to a position in academics, government, journalism or business, according to Mrs. Meiers.

#

REGION VI--FAR WEST

CALIFORNIA

Petaluma--The Family Education Center is sponsoring a series of classes for the parents of teens in conjunction with the Cotati-Rohnert Park School district and Hewlett-Packard. Other parenting classes are scheduled at other schools in the area. "What to do when kids fight" is a possible topic for a two-hour parent workshop held at a school sometimes through PTA or the School Site Council.

"Sanity in the Classroom" is a six-week program for educators who want to be more successful in meeting the everyday challenge faced in the classroom.

"Class Meetings" is a six-week program for teachers and their students (4th-8th grades) who want to learn to organize classroom meetings. Contact: Family Education Center, 7 Fourth St. #30, Petaluma, CA 94952.

#



from the Regions...

REGION II--MIDWEST

ILLINOIS

Chicago--The Alfred Adler Institute of Chicago graduated its largest class on Sunday, October 13, when over 40 students from Israel, Canada and the United States received diplomas. The ceremonies were held in the auditorium of Spertus College at 618 South Michigan Avenue, where the Institute's new facilities are located.

The newly appointed President of the AAI of Chicago, Dr. Randall Thompson, has been active in the field of education for nearly 20 years. He has taught at the high school, undergraduate and graduate levels; participated in research and curriculum development projects; held administrative positions as a community college dean, executive director, and founding president of a graduate professional school; served as an assistant executive director in regional accreditation; and has worked as an educational consultant with many colleges and universities.

As Founding President of the Forest Institute of Professional Psychology from 1979-1985, he was instrumental in establishing it as a quality graduate school. Under his leadership the Forest Institute was transformed from an idea into an accredited institution in record time. He is married and has five children and two grandchildren.

#

REGION III--SOUTH

OKLAHOMA

Norman--Don Dinkmeyer, Sr. is keynoting the Oklahoma Association for Counseling and Development convention in Norman on February 21, 22, 1986. The title of his presentation will be "Focus on Encouragement: The Process of Becoming an Effective Counselor and Positive Person."

#

CALIFORNIA

San Diego--The First Avalon Conference on Individual Psychology took place on the island of Catalina on October 24, 25, and 26, 1985. Sponsored by The San Diego Society of Adlerian Psychology, this First Avalon Conference drew the maximum number of 55 participants. There were many present that were new to I.P., which is most encouraging to the local Society. The keynote address was delivered by John Platt. Additional presenters included Lynn Lott, Ronald Forgas, John Harris, Cath Webb, Ann Platt, Homer Kiracofe, and Carol Morley Shawgo. The island of Catalina and the "village" of Avalon provided a beautiful, stimulating and relaxing atmosphere for the Conference. The San Diego Society of Adlerian Psychology plans to hold this conference every other year, with The Second Avalon Conference on Individual Psychology being planned for October of 1987.

For further information on the Conference or the Society, Contact:

Steven A. Maybell, Ph.D.
486 Hillway Dr.
Vista, CA 92084
619/758-4658

NOTE: Area Code incorrect in Membership Directory. # # # # #

INTERNATIONAL

LUXEMBOURG

Luxembourg--The Adlerian Western Institute For Research and Training in the Humanics reports: The small country of Luxembourg, also called the Green Heart of Europe situated between Germany and France, this Fall showed great interest in Individual Psychology. A graduate of WIRTH and a native of Luxembourg, organized a public lecture titled: "The Modern Family, Harmony or Stress". Dr. Ackerknecht lectured to a large and enthusiastic audience, and the largest local newspaper reported on the lecture with almost a full page report. Besides the local public lecture, the WIRTH graduate, Lucien Nicolay had also organized a well attended five-day seminar on Adlerian principles. The group decided to continue studying Adler with Mr. Nicolay and also to start a lay reading group.

Dr. Ackerknecht will return to Luxembourg next May while she is lecturing and training in Germany and France from May through August 1986.

#

GERMANY

Münster--Dates for the 17th International Congress for Individual Psychology have been changed from August, 1987 to: July 12-16, 1987. The Congress will be held at the University of Münster.

Call for papers--presentors are invited to send suggestions, together with a summary of the proposed presentation of not more than 300 words, until October 1986 to: Hörst Groner, Ruffinistrasse 10, D-8000 München 19, German Federal Republic.

#

JAPAN

Another NASAP member has shared his experiences on a visit to Japan--Hugh Allred met with several Japanese Adlerians during a concert tour with the Mormon Tabernacle Choir. His article follows.

The Adlerian organization in Japan has a membership of over 200. It publishes a journal, The Adlerian, that contains translated articles authored by Adlerians outside of Japan plus those originating within their country.

In Osaka, I visited with the gracious Dr. Makiko Tsuboi, who works in a child guidance clinic. She is a colleague of Dr. Shunsaku Noda, a pioneer in the Japanese Adlerian movement. Dr. Noda and Dr. Tsuboi (both are NASAP members and studied at the AAI of Chicago) translated into Japanese the "Allred Interaction Analysis," an Adlerian grounded instrument for diagnosing and improving relationships.

Hiroyoshi Tabeta, Toshinori Iwai, and Kuniko Sakamoto visited with me in my hotel in Tokyo the morning of my departure. Toshinori and Kuniko work in the Adlerian society's central office and practice psychotherapy. Hiroyoshi owns his own company, Human Communication International, Inc. All three had many questions regarding Adlerian theory, practice, and organization. They were a delightful group committed to Adlerian psychology.

I was able to spend an evening and morning with Sakan Yanagidaira, President of Group Dynamics, Inc. This company specializes in training employers and employees in better relationships. Sakan maintains six training centers throughout Japan. I toured his facility in Tokyo. It is constructed so that participants can spend their weekends in the center. There are large and small meeting rooms, videotaping capability, and one way mirrors for live observation. There is a kitchen and dining room. Each participant has an individual bedroom. Communal bath is available in true Japanese style. He has his own printing press and an extensive material distribution service. Sakan employs ten women part-time for publicity and sales. His company has provided training to personnel from over 3,000 Japanese companies. Sakan recently signed to provide training to personnel from the Japanese national railway system. I was impressed with Sakan's warmth, courage, and social interest.

It was a special bonus for me to visit with Japanese Adlerians during my concert tour of that beautiful country. I express deep appreciation to Renee Dushman, who helped make these contacts possible.

--Hugh Allred

#

Non-Profit Org.
U. S. POSTAGE
PAID
Chicago, IL
Permit No. 822

RETURN TO:
NASAP NEWSLETTER
NEVA L. HEFNER, EDITOR
159 N. Dearborn Street
Chicago, IL 60601

NORTH AMERICAN SOCIETY OF ADLERIAN PSYCHOLOGY
34th ANNUAL CONVENTION AND WORKSHOPS
May 23-26-1986

Omni International Hotel
St. Louis Union Station

Convention - Saturday, Sunday

Registration: \$60 before 4-23; \$75 after 4-23

General Assembly, Saturday, 8:30 a.m.
Regional Meetings, Saturday, 5:15 p.m.
Section Meetings, Sunday, 8:30 a.m.

78 presentations in following tracks:

Application of Adlerian Psychology
Business and Organizations
Clinical
Counseling and Therapy
Education
Family Education
Theory and Research

Special Events

Friday evening: Children Can Meet the Challenge--
Alexandra Adler, Kurt Adler, Eva
Dreikurs Ferguson, Bronia Grunwald
Come to the Fair

Saturday lunch: Bill Little

Saturday evening: Banquet, entertainment, dancing
Jean Kittrell & St. Louis Rivermen

Sunday lunch: Rudolf Dreikurs films, private collection

One-Day Workshops

Registration: \$50 before 4-23; \$65 after 4-23

FRIDAY:

G. Hugh Allred &
Bernard E. Poduska
Robert B. Armstrong

Don Dinkmeyer, Sr.

Lewis Losoncy
Floy Pepper
Bernard H. Shulman
Ronald J. Pancner
Manford Sonstegard

Open-Forum Couple Counseling

People Management--Building
from Strengths
Marriage Therapy and Marriage
Enrichment (T.I.M.E.)

The Motivating Leader
Democratic Classroom Discipline
Treatment in Psychiatry

Adlerian Approaches in the
Community

MONDAY:

Richard Betts
Oscar Christensen
Bronia Grunwald
Roland & Clair Hawes
Buzz O'Connell
Kirsten Sonstegard
Henry T. Stein

Employee Assistance Programs
Family Counseling
Classroom Dynamics
Marriage Enrichment
Death & Dying
Psychodrama
Creative Child and Family
Therapy Techniques

Full program and registration information available in
January.

CONTACT: Midwest Society of Individual Psychology
512 S. Hanley Road, Suite 58
St. Louis, MO 63105
Dorothy Pingel 314/381-2123; Betty Cooper 314/878-9333