

# NEWSLETTER

## North American Society of Adlerian Psychology

Volume 19, Number 3

May-June 1986

159 N. DEARBORN STREET  
CHICAGO, ILLINOIS 60601

### PRESIDENT'S MESSAGE

#### ST. LOUIS MEETING

May 23-26 in St. Louis. Our Annual Meeting. Better than Ever. I am convinced.

Write Central Office if you have misplaced your Annual Meeting brochure and registration form. Send in your registration form and room request early, as soon as possible!

The Executive Committee and the Delegate Assembly have been very involved in organizing the most democratically produced program. All of the Interest Sections have full tracks. One cannot attend and not learn and develop.

The Midwest Society of Individual Psychology, our hosts in St. Louis, could not be more enthusiastic--it wouldn't be healthy. With the outstanding dinner and luncheon programs they have planned, and the unusual setting in the new St. Louis Union Station, the possibilities for fun are immense.

The Meeting and festivities are going to be great and we want to see you there.

#### DELEGATE ASSEMBLY

The Delegate Assembly is going to meet in St. Louis on the Thursday afternoon before the Friday Workshops, then all day Friday, with another meeting for election of officers and unfinished business on Saturday morning. The agenda will be very full for the D.A. meeting, which only illustrates the increasing level of Adlerian activity. When you see D.A. members in St. Louis it might help to thank them for all their work. They deserve it.

#### INSTITUTIONAL MEMBERSHIP

At the D.A. meeting and at the General Assembly meeting I am going to ask that Interest Sections consider the Institutional Membership question. Specifically, I am going to ask that a portion of the Interest Section meetings be spent answering the question, or determining how to answer the question: How

could institutional members interested in this Section benefit, organize and help other like members and the Society? This question is proving tougher to answer than originally thought, but the challenge may be worth the effort.

#### PERSONAL NOTE

I just realized that I have been involved with Adlerian thought and study, and NASAP, for twenty years. As President this year, my involvement has obviously been greater than in other years and the satisfaction the greatest. I hope that many of you will participate fully in NASAP and Adlerian activities and feel the contentment I have in trying to do good deeds with good folks.

Sincerely,

Guy J. Manaster  
President

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### NASAP NEWSLETTER DEADLINES

<u>Issue</u>	<u>Deadline</u>
July-August .....	June 1
September-October .....	August 1
November-December .....	October 1

REGIONAL ORGANIZATIONS

REGION I--NORTHWEST

The Second Annual conference of Region I--Northwest was held on January 31 at the Tuning In Conference in Vancouver. Roland Hawes serves as President of the Region. Luella Downing, APABC's Region I Representative, reports that they are looking into a restructuring so that each local local organization will have a liaison person to submit items to their regional newsletter, *The Relay*.

The 1987 Region I Conference will be held in Edmonton, October 16-18, 1987.

Contact: Ronald Hawes, 2419 Bellevue #103, West Vancouver, BC V7V 4T4.

# #

REGION III--SOUTH

Another successful Region III Conference was held in Orlando in February. Don Dinkmeyer, Jr. reports there were 125 registrants. Over-all reception to the program was favorable; the temperature was in the 40's at night but that did not deter the spirits or learning, according to Dinkmeyer! There will be another conference in Orlando in February of 1987--watch for call for papers.

Contact: Don C. Dinkmeyer, Jr. 10620 La Placida Drive, Coral Springs, FL 33065.

# #

REGION IV--MIDDLE ATLANTIC

A Region IV Conference will be held September 26-28, 1986, with the theme, **Relationships and Learning--Developing Responsible, Resourceful, Respectful, Responsive Young People.** H. Stephen Glenn, Ph.D. will present an all-day Friday workshop and evening keynote address. Programs with an Adlerian base and emphasizing practical application of Adlerian psychology will be given on Saturday and Sunday.

Site: Embassy Suites Hotel on I-95 at Philadelphia Airport; 20 minutes from center city Philadelphia.

Contact: Betty Lou Bettner, 3513 Bethel Rd. Boothwyn, PA 19061.

# #

REGION V--NORTHEAST

New York Committee, Region V had such a successful meeting in January, they are sponsoring another Sunday Afternoon Social-Forum on April 20, 2 to 6 p.m. It will be held at the New York Society for Ethical Culture, 2 West 64 St., Room 507.

Robert Sherman will present a program on **Making Sense of Love**--viewing the perceptions, personal goals and use of power in expressing and experiencing love; applications for Individual and Marital Therapy; didactic and experiential.

Contact: Sylvia Robbins, 9 Myrtle Drive, Great Neck, NY 11021; 516/487-7243.

Donation

*The New York Committee, Region V, sent a donation of \$200 from the profits of their January meeting. The contribution was made in honor of the birthday and work of a special and fine Adlerian--Manfred Sonstegard.*

*NASAP thanks the New York Committee, Region V for its generous support of the work of the Society and for honoring "Sonste." A special word of thanks to Sylvia Robbins, who has spearheaded this group for several years and has seen that profits are shared with NASAP. Thanks to all concerned!*

# # #

CALENDAR OF EVENTS

- May 1-3 12th Annual May Conference, Downtown Holiday Inn, Toronto. See article in "News from Regions" in this newsletter.
- May 8 STEP/Teen workshop, Holiday Inn, Des Plaines, Illinois.
- May 9 T.I.M.E. Workshop, Holiday Inn, Des Plaines, Illinois.
- May 15 T.I.M.E. Workshop, Holiday Inn Airport, Indianapolis, Indiana.
- May 16 T.I.M.E. Workshop, Holiday Inn West, Bridgeton, Missouri. May 8-16 workshops presented by Don Dinkmeyer, Sr. Contact: AGS, Ivan Ratzlaff, 800/328-2560.
- May 23-26 34th Annual Convention, NASAP 86, St. Louis Union Station, St. Louis, Missouri. Contact: 314/878-9333.

# # # # #



**NEWSLETTER**

**North American Society of Adlerian Psychology**

**Vol. 19, No. 3**

**May-June 1986**

Published bi-monthly by the North American Society of Adlerian Psychology, 159 North Dearborn, Chicago, IL 60601. 312/977-1944.

Members of NASAP automatically receive the Newsletter. Subscription rate for non-members \$5.00.

We encourage readers to send contributions of news, suggestions, ideas, opinions by the first of the month. We reserve the right to edit.

Neva L. Hefner, Editor

COURSES/WORKSHOPS



ADLERIAN PSYCHOLOGY ASSOCIATION OF B.C.

May 17-19 301 Psychodynamics of Psycho-  
pathology I, James Croake

June 21,22, 302 psychodynamics of Psycho-  
29 pathology II, James Croake

Courses may be taken for transfer credit to  
the AAI of Chicago or audited. Courses are  
held at the APABC office. Each course is 22  
hours long.

Contact: APABC  
210-2525 Manitoba St.  
Vancouver, BC V5Y 3A7  
Canada  
604/874-4614  
# # #



Alfred Adler Institute  
of Chicago

Courses

June 16-19 321 Comparative Theories of Psy-  
chotherapy and Counseling I,  
Norman Silverman, Seymour  
Schneider

June 20-22 315 Life Style Diagnosis, Harold  
Mosak

June 23-26 336 Group Therapy:An Experiential  
Course, Howard Pollack

July 25-27 471 Continuing Case Seminar,  
Bernard Shulman

July 28-31 211 Psychological Tests & Measure-  
ments, Sherwood Perman

Aug. 1-3 336 Group Therapy:An Experiential  
Course, Leo Lobl

Aug. 4-7 331 Theory and Practice of Group  
Psychotherapy & Counseling I,  
Howard Pollack

Aug. 8-10 321 Comparative Theories of Psy-  
chotherapy and Counseling I,  
Seymour Schneider

Aug. 11-14 322 Comparative Theories of Psy-  
chotherapy and Counseling II,  
Harold Mosak

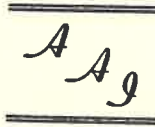
Aug. 15-17 347 The Use of Art in Counseling,  
Sadie Dreikurs

472 Continuing Case Seminar,  
Seymour Schneider

Aug. 18-21 336 Group Therapy:An Experiential  
Course, Leo Lobl

Orientation/Final Registration will be held  
before each course on following dates:  
June 16, 19, 23, 24, 28, 31, Aug. 4, 7, 11,  
14, 18. Classes are held at the Institute.

Contact: Alfred Adler Institute  
618 S. Michigan Ave., 6th Floor  
Chicago, IL 60605  
312/294-7100  
# # #



Alfred Adler Institute  
of New York

Courses begin:  
May 20 100:131 Diagnosis, Assessment &  
Treatment of Emotional Disorders  
and Development Disabilities in  
Childhood

May 27 300:313 Seminar on Current Issues  
in Psychotherapy

Courses are held at the Institute.

Contact: A. Ina Block  
Alfred Adler Institute  
35 East 62 St.  
New York, NY 10021  
212/750-0070  
# # #



Alfred Adler Institute  
of San Francisco

May 3,31 Case Study Seminar,Henry Stein

May 17, Continuing Case Study Seminar &  
June 14 Master Class, Sophia de Vries,  
Henry Stein

Contact: AAI of San Francisco  
1580 Valencia St., Suite 801  
San Francisco, CA 94110  
415/282-1661  
# # #

Seattle Institute for Adlerian Studies

Apr. 12 to 541 Family Counseling, Nancy  
May 17 Catlin (6 Saturday mornings)

May 10 Lecture/Demonstration on Family  
Counseling, Kirk Johnson

Location: The Lakeside School, 13510 1st Ave.  
N.E., Seattle.

Apr. 24 Lecture/Demonstration on Family  
Counseling, Nancy Catlin

Location: Overlake Medical Center, Bellevue

Contact: Seattle Institute for Adlerian  
Studies  
P.O. Box 526  
Manchester, WA 98353  
# # #





**AWIRTH  
International Summer  
Program**

**FRIENDSHIP**

Classes and groups will be conducted by Lucy K. Ackerknecht in the German language. Training analysis and tutoring can be done in either English, French, or German.

Cologne, Germany: May 1-4; 10-11; 18-19; 23-25  
Luxemburg: May 30-31, June 1  
Cologne, Germany: June 7-8; 13-22  
Hannover, Germany: June 27-July 1  
Argeles-sur-Mer, Plage (southern France):  
Aug. 1-13

**Contact:** Dr. Lucy K. Ackerknecht  
Klosterstr. 10  
D-5 Koeln 41  
Telephone: (0221)40 39 70

or

AWIRTH 415/524-4929  
# # #

**SUMMER INSTITUTE IN COUNSELING**  
**University of Cincinnati**

Intensive one-week courses offered for professional counselors seeking to improve and broaden their counseling skills.

July 7-11 **Family Counseling Skills for School Counselors, William Nicoll**

July 14-18 **Marriage Counseling: Process and Techniques, William Nicoll**

Courses will be held Monday through Friday, 9 a.m. to 4 p.m. Participants may register for either CEU or graduate credit. Very reasonable on-campus bed & breakfast option available for non-Cincinnati area participants.

**Contact:** Summer Institute in Counseling  
Division of Continuing Education  
University of Cincinnati  
Cincinnati, OH 45221  
513/415-6932  
# # #

**17th ANNUAL ADLERIAN SUMMER SCHOOL**  
**Columbia, South Carolina**

June 10-20 **Adlerian Approaches to Child Guidance in the Home and School, Francis X. Walton, Kathleen A. Walton**

Class will meet from 9 a.m. to 2 p.m. daily; not on weekend. Approximately 50 per cent of instruction will be demonstration and supervised use of life style analysis in counseling. Remainder will be devoted to child and adolescent guidance, parent consultation, and use of groups to modify student, teacher and parent behavior.

Participants may register for three hours graduate credit through South Carolina State College or for non-credit.

Tuition: \$195 credit; \$97.50 non-credit.

**Contact:** Dr. Frank Walton  
Center for Adult and Continuing Ed.  
P.O. Box 1744  
South Carolina State College  
Orangeburg, SC 29117  
# # #

**ADVANCED SEMINARS FOR COUNSELORS**  
**Austin, Texas**

June 9-20 **The Psychology of Career Counseling, Richard Mowesian; Adlerian Theory and Counseling Methods, Guy J. Manaster.**  
July 14-25

A total of 90 clock hours of Continuing Education credit has been approved by the Texas State Board of Examiners of Professional Counselors and six hours of graduate credit may be earned.

Application deadline: May 1.

**Contact:** Richard Mowesian  
Department of Educational Psychology  
The University of Texas at Austin  
Education Building 504  
Austin, TX 78712  
512/471-4409  
# # #

**5th ANNUAL ADLERIAN SUMMER TRAINING INSTITUTE**  
**Charleston, West Virginia**

July 14-18 **Adlerian Group Counseling, Limited to 12. Intensive program emphasizing instruction, demonstrations and supervised counseling of groups of children and teenagers.**

July 21-25 **Adlerian Family Counseling, Limited to 10. Counselors will be trained in the Adlerian approach of forming a relationship based on mutual respect and redirection of mistaken concepts in parents and children.**

**Instructors:** Manford Sonstegard, Jim Snowden, Rachel Dash

**Fees:** \$200 each week; both weeks \$350.  
**Deadline for applications:** May 30.  
Reasonable housing available.

**Contact:** Lee Anne Kenney  
Conference Coordinator  
809 Sherwood Road  
Charleston, WV 25314  
304/346-1745

or

Manford Sonstegard, 304/768-8147  
# # #

15th ADLERIAN WORKSHOP  
University of Vermont  
Summer Session 1986

June 23-28 **Encouragement in Counseling,  
Therapy and Daily Life**

Faculty: James R. Bitter, Gerald Mozdierz,  
Heinz L. Ansbacher

Contact: Heinz L. Ansbacher  
130 East Ave.  
Burlington, VT 05401  
802/864-4221

# # #



The International Committee  
for Adlerian Summer  
Schools and Institutes

July 20- Aug. 2 The 19th Rudolf Dreikurs Summer  
Institute on Human Relations,  
University of British Columbia,  
Vancouver, BC.

Information and registration forms from:  
U.S. Canada

Hal McAbee Edna Nash  
2421 Kelford Lane 302-2020 Bellevue Ave.  
Bowie, MD 20715 West Vancouver, BC  
301/464-2359 Canada V7V 1B8  
604/922-0870

# # #



DONATIONS...

The following donations have been received  
since those reported in the January-February  
issue of the *Newsletter*.

\$50 or more

Guy Manaster \* Garry Whatling

Under \$50

Michael Clinkenbeard David MacDougall  
Olive Emery-Woodin Esther Meadow  
Linda King Stefanie Necheles  
Terri Kosik Rev. Anthony Palo  
Leonard Levin

VW3 - Word Processing Software Package

Don Dinkmeyer, Jr. \*

\* Life Members

NASAP appreciates the various expressions of  
support by these Adlerians to the work of the  
Society. Thank you!

# # # #

OREGON SOCIETY DONATION

The Oregon Society of Individual Psychology  
donated early newsletters of the Oregon  
Society and the very first newsletters of  
Region I for the NASAP archives.

Maurice L. Bullard preserved and assembled  
the issues of the *Oregon Society of Individual  
Psychology Newsletter* from Vol. III, No. 1  
through Vol. XVII, No. 5; Sept./Oct. 1962  
through May/June 1977. These newsletters pro-  
vide a record of the early struggles of the  
Dreikurs/Adler education movement, according  
to Mr. Bullard.

*The Relay* was the newsletter for the first  
Region I of NASAP, when there were three pro-  
vinces of Canada and thirteen western states  
of the U.S. The issues assembled by Mr.  
Bullard include Vol. I, No. 1 (Sept./Oct.  
1976) through Vol. IV, No. 3 (May/June 1980).  
In the presentation letter, Mr. Bullard  
states, "*The Relay* originated with the stated  
purpose relaying messages from its [NASAP  
Region I] Board to the membership and from the  
membership to the Board. It was successful in  
this mission in unifying a Region almost as  
large as the other four Regions. It exchanged  
news, promoted conferences, publicized a Con-  
stitution, assisted in delegate elections, and  
publicized two materials sales centers."

NASAP is grateful to Maurice L. Bullard and  
the Oregon Society of Individual Psychology  
for this substantial donation to the archives  
of NASAP. A good deal of time, effort and  
monies were expended to bring this project to  
fruition. Thank you!

# # # #

75th BIRTHDAY SURPRISE

A surprise 75th birthday celebration was held  
for Manford Sonstegard on the weekend of Feb-  
ruary 21-22, 1986 in Charleston, West Virgi-  
nia. Workshops, sponsored by the West Virgi-  
nia College of Graduate Studies, were pre-  
sented by Heinz L. Ansbacher, Raymond Lowe,  
Kirsten Sonstegard and "Sonste" himself.  
James Bitter, coordinator of this event,  
worked for about a year and successfully kept  
the plans a secret from his colleague and  
friend.

Highlight of the celebration was the Saturday  
evening banquet at Shawnee Park with over one  
hundred of Sonste's dearest friends, col-  
leagues and students. Everyone donned  
T-shirts imprinted with "Sonste's Team '75"  
and many memories were shared. The Dreikurs  
Center brought Sonste's oldest and best  
friend from Iowa for the celebration. "Pot-  
ter" shared stories of Sonste's early days in  
Iowa. Sonste was reported to have said, "I'd  
like to have one of these every 75 years!"

The Dean of Behavioral Studies commented that  
this was probably the first time in the his-  
tory of colleges and universities that credit  
was given for a birthday party!

# # # #

**ADLERIAN RESEARCH BUREAU**

The Adlerian Research Bureau continues to store and retrieve data, according to Frank Main. The fee for search requests is \$10 but typically, if the Bureau is unable to provide the minimum number of citations, material is provided at no expense. The Bureau continues to need help in data collection and, therefore, would like to solicit bibliographies from NASAP members who have published work relevant to Adlerian psychology.

The Bureau will provide a printout of holdings at the NASAP Convention in St. Louis. This printout will be available in the book sales area, together with storage and search request forms. Search requests and submissions can be sent to:

Dr. Frank Main  
The Adlerian Research Bureau  
School of Education  
The University of South Dakota  
414 E. Clark St.  
Vermillion, SD 57069  
\* \* \* \*

**MEMBERSHIP DRAWING**

The membership recruitment campaign and the drawing for convention registration prizes have been completed. There were 44 new applications for 1986 membership. The names of the new members and the names of the referring members were put in a basket and the following were drawn for the prizes:

<u>Name</u>	<u>Registration for</u>
Deloris K. Chestnut	Convention, Sat. & Sun.
Judy C. Pilgreen	Convention, Saturday
Jane Griffith	Convention, Sunday
Ann R. Scanlan	Workshops, Fri. & Mon.
Barbara A. Braden	Workshop, Friday
Philip A. Thorn	Workshop, Monday

\* \* \* \*



**NEW PUBLICATIONS**

*Teenager: A Survival Guide for Mom and Dad*, G. Hugh Allred, Bookcraft, Salt Lake City, 212 pages, hard cover. A "survival guide" for parents, based on Adlerian principles, provides parents with communication skills needed in living with teenagers.

Oscar Christensen writes, "Most useful and readable, a practical resource for parents of teenagers, Dr. Allred presents useful techniques, parenting practices, and a well-grounded philosophy for adult-youth relationships..."

**Contact:** G. Hugh Allred, Ed.D.  
262 TLRB  
Brigham Young University  
Provo, UT 84602  
\* \*

*A Teleanalytic Approach to Adolescence*, James Croake, Nancy Catlin, revised edition of *Adolescence: Developmentally*, is available for \$9 (plus tax) per copy to organizations that purchase a minimum of 15 copies. Individual copies, \$10 (plus tax).

The book facilitates an understanding of the unique position of the adolescent in today's society and an understanding of the purposes of adolescent behavior that adults find disturbing. Also presented are methods on how to deal effectively with adolescents and to encourage their cooperation at school and home. Other topics covered include Drug Abuse, Depression, Use of Humor, Counseling Approaches, Use of the Family Council and Understanding the Private Logic of the Adolescent.

**Contact:** Seattle Institute for Adlerian Studies  
P.O. Box 526  
Manchester, WA 98353  
206/871-6889  
\* \*

*Perfect Parenting & Other Myths*, Frank Main, Ed.D., CompCare Publications; \$9.95 paperback. A practical, readable book incorporating a sense of humor, is how two reviewers describe this new book on parenting with encouragement.

"Take heart, Moms & Dads--You're off the hook!" blares the overline on the front of this book. Dr. Main indicates that this means you don't have to be Brady Bunch perfect parents. We discourage our children and ourselves by pursuing the fantasy," Main writes, dubbing the book "a celebration of imperfection." (Taken from review in the Portland paper, "Oregonian.")

Tom Edgar writes that it is written in an understandable style which is ideally suited for parents. "I am happy at this point to have been a teacher of Frank Main. He has made a real contribution to family life with this book."

**Order from:** CompCare Publishers  
2415 Anapolis Lane  
Minneapolis, MN 55441  
\* \*

*Misbehavin': Solving the Disciplinary Puzzle for Educators*, Stanley T. Dubelle, Jr., Carol M. Hoffman, Technomic Publishing Company, Lancaster, 110 pages, paperback, \$10 plus \$1 for postage. This IP-based book is in its second printing and is being considered for translation in German.

This book was written to provide educators with a sound set of skills for working with misbehaving students. Dr. Dubelle indicates in the Preface that the foundation for their methods and techniques are built on the work of Alfred Adler and Rudolf Dreikurs. "Their work forms the very core of our book, from the underlying foundations to the practical skills we advocate."

**Order from:** Stanley T. Dubelle  
1900 Redwood Ave.  
Wyomissing, PA 19610  
\* \*



**"SPECIAL ISSUE" MANUSCRIPTS REQUESTED**

Manuscripts for a special issue of *Individual Psychology: The Journal of Adlerian Theory, Research, and Practice* concerning "Pastoral Counseling From an Adlerian Perspective" are being requested. This special issue will seek to address and stimulate the greater application of Adlerian concepts by pastoral counselors.

Potential articles for this special issue, planned for the 1987 volume year are all open to consideration, but might include any of the following as they relate to pastoral counseling: lifestyle; premarital, marital, and family counseling; education and consultation efforts; special programs; future needs and projections; specific case illustrations, etc.

The focus of any manuscript should be distinctly Adlerian and of a primarily practical or applied nature. Interested authors are asked to submit a one-page typewritten proposal outlining the manuscript they would like to contribute to this special issue to:

Charles H. Huber, Ph.D.  
The Samaritan Center  
2140 Mango Place  
Jacksonville, FL 32207

#####

**ADLERIAN FEATURED IN NEWSPAPER**

Jon Carlson, the T.I.M.E. program, and the Carlson family were featured recently in the *Milwaukee Journal*. The article, "Does Your Marriage Still Glow?...You can rekindle the flame, a Lake Geneva psychologist says," was written by Bill Nelson. Carlson was quoted as saying, "To keep the glow in a marriage, you must develop a specific set of skills." The article goes on to describe how the T.I.M.E. program can help people develop the skills.

The Carlson family (Jon and Laura, two teenagers, 5-year old daughter, two adopted Korean infants, and a South African exchange student) were highlighted, showing how Adlerian principles can be put to work in a busy household.

In addition to his busy family life, his private practice, teaching, and writing, Carlson is editor of the Practice & Application issues of NASAP's Journal.

#####



*from the Regions*

**REGION I--NORTHWEST**

**OREGON**

Eugene--The Oregon Society of Individual Psychology (OSIP) is holding its annual Spring Conference on April 18, 1986, 8:30 to 4:30. Range of program topics--

- treating the chemically dependent

- child sexual abuse
- encouraging self-esteem and discouraging perfectionism, and
- presentation of Adlerian childhood songs.

There will be a special recognition of Ray Lowe for his contributions to Individual Psychology. For information on future events, contact: OSIP, % Myron Pilan, 2545 Van Buren, Eugene, OR 97405.

#####

**WASHINGTON**

Seattle--The Puget Sound Adlerian Society is holding its Annual Membership Meeting on April 26, 1986, at the Lakeside Middle School in Seattle. Dr. Tom Petek will present a program on Rational Emotive Therapy from 9 to 11 a.m., followed by a membership business meeting, including election of the board.

Contact: PSAS, 8249 38th Ave. N.E., Seattle, WA 98115.

#####

**REGION II--MIDWEST**

**ILLINOIS**

Chicago--Alfred Adler Institute of Chicago: Bryna Gamson reports that Institute personnel have been participating in the training provided by Chicago Access Corporation in the making of video taped programs for use on cable public access TV locally. The Institute plans to produce their own programs with their own new equipment (purchased with Theatre Benefit money)--so they will own the tapes and market them around the world!

The Chicago Institute also announces that plans to mass market useful courses for teachers over the summer vacation period are underway. Utilizing the services of a group that specializes in arranging in such mass marketing, the Institute will oversee the curriculum design and adjunct faculty, and issue graduate credit. This promises to open up a large territory for Adlerian ideas--right where they belong, with teachers. Coupled with their exciting new program on substance abuse, a remarkable year of growth is anticipated, according to Ms. Gamson.

The Institute invites Adlerians to come see their beautiful new quarters overlooking Grant Park South and Lake Michigan!

**Family Education Activities (FEA) Division**

The FEA is pleased to report on the growing acceptance of their presence and techniques in the newest Family Education Center, added this year, in Oak Park. They have been able to incorporate three sessions of live public family counseling, which have each stimulated a lot of interest in their follow-up opportunities. Some attendees have become new students at the Institute, others have participated in parent study groups or the Psychological Services Center. A new counseling face added this year to their faculty is Dr. Norman Silverman.

cont'd

Chicago cont'd from preceding page...

One of the differences in their family counseling programs in the past two years is that students and parents in attendance are not only observing a variety of family problems, but also viewing a variety of Adlerian techniques as practiced by several different counselors.

In the future: plans to continue to expand, adding a functioning lecture-counseling center each year in several different metropolitan locations. Co-sponsoring agencies provide the space, the FEA Division does the rest.

**Contact:** Alfred Adler Institute  
618 S. Michigan Ave., 6th Floor  
Chicago, IL 60605  
312/294-7100  
# #

Chicago--Mitch Messer, a Chicago Marriage and Family Counselor has been conducting his problem-resolving Anger Clinics for six years. His presentations focus on learning the science of anger management in the family, in the classroom, and at the workplace. "Mitch" has published a monograph series and will soon have audio tapes available.

**Contact:** Anger Clinic, Inc.  
Room 1710, 111 N. Wabash  
Chicago, IL 60602  
# #

Chicago--Renee Dushman is leading a 10-week Psychodrama Program at Rush-Presbyterian St. Luke's Medical Center on After Mastectomy: What Now? beginning April 10, 1986. The purpose of the program is to facilitate cosmetic, emotional and sexual adjustment to having a mastectomy.  
# # #

INDIANA

Fort Wayne--the Adlerian Psychology Association of Fort Wayne is holding monthly meetings on the fourth Monday of the month, during the noon hour at the Lutheran Hospital. Various topics are presented at each meeting. For example, the March topic was The Life Task of Social Interest.

**Contact:** Alfred Adler Institute of Fort Wayne  
Lutheran Hospital  
Medical Staff Assistance  
3024 Fairfield Ave.  
Fort Wayne, IN 46807  
# # #

MINNESOTA

Minneapolis--The Alfred Adler Institute of Minnesota has developed a five-year strategic plan. They are entering the first phase of the plan which calls for restructuring governance and feasibility studies for various proposed programs, according to Larry Hedberg, President. They are establishing committees

to explore expansion of Family Service, opening a clinic, offering more local workshops and planning a major event for 1989 to coincide with their 20th anniversary.

**NASAP members note:** The major event may include having the 1989 North American Society of Adlerian Psychology Convention in Minnesota. Hold the time and place!  
# # # #

REGION III--SOUTH

SOUTH CAROLINA

Columbia--The Columbia Adlerian Society (CAS) holds quarterly meetings, according to the Newsletter recently received. A meeting was held on April 16 with Carey Washington presenting a program on Adlerian Dream Interpretation. John Arnold, President, reported that CAS had a fine contingent of representatives at the NASAP Region III Conference in Orlando. CAS has been invited to participate in the planning and implementing of next year's Region III Conference.

**Contact:** Columbia Adlerian Society  
John Arnold, President  
429 Tyler Street  
Columbia, SC 29205  
# # #

TEXAS

Austin--Adlerian Theory and Interpretation of Early Recollections and Goals was the theme of a workshop led by Guy Manaster on April 18 and 19, in Austin. The workshop was sponsored by Family Counseling, Consultation & Training and included a presentation of Adlerian theory, case presentation and demonstration of first counseling session as well as a guided examination of early recollections from participants.

Austin--Don Dinkmeyer, Sr. will be speaking to educators of Southwest Texas at Austin on June 10 for Region 13 Educational Services Center. The topic will be Encouragement: The Positive Person, Route to Effective Motivation and Teaching.

**Contact:** Don Dinkmeyer at 4010 NW 99 Avenue  
Coral Springs, FL 33065. 305/752-0793.  
# # # #

REGION IV--MIDDLE ATLANTIC

NEW JERSEY

Millburn--Parenting Plus, an Adlerian Counseling Center, is now in the midst of their third year of activities. This year they instituted a teacher training program in conjunction with a Montessori school; a new marriage enrichment group using the TIME program; and a new women's group entitled, the Dilemma of the Modern Woman. They continue to offer parent and mother's groups and individual and family counseling.

**Contact:** Parenting Plus, Dahlia K. Mann, 55  
Main St., Millburn, NJ 07041.  
# #



South Orange--Dahlia K. Mann and Don Lombardi will be teaching a two credit undergraduate course at Seton Hall University. The course is entitled **Dealing with Everyday Challenges** and will be held in two intensive sessions, May 29-31 and June 5-7, 1986.

Contact: Dahlia Mann, 55 Main St., Millburn, NJ 07041; 201/379-9462.

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WEST VIRGINIA

Institute--Manford Sonstegard, in cooperation with the West Virginia College of Graduate Studies, has begun a College for Parents. Thirty parents are currently registered in this program. The 10 week course is entitled, **Elementary Psychology of Human Relationships**, and is held from 6:30 to 8:30 p.m. every Tuesday. While the parents are in class, there is an appropriate educational program provided for children, including special activities for teenagers.

The program is designed to provide parents with the knowledge and skills to do a professional job of child-rearing. Parents who registered for the course are learning to encourage their children to learn what needs to be learned in school and to behave in a manner that is acceptable in society. The program goes far beyond a parent study group and is proving to be extremely successful. Continuing Education Certificate will be issued.

Contact: Dr. Manford Sonstegard at West Virginia College of Graduate Studies, Institute, WV 25112; 304/768-9711.

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REGION V--NORTHEAST

MAINE

Orono--A new society has been formed in Maine and is flourishing. They hold monthly meetings, the second Sunday, with presentations and business meetings. They have drafted their constitution and by-laws and plan to apply for membership in NASAP. Their officers are: Donna L. Miller, President, William Moore, Secretary, and Jarene Moll, Treasurer.

Contact: William Moore, 16 Middle St., Orono, ME 04473.

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NEW HAMPSHIRE

Laconia--A Friday evening lecture and Saturday workshop on the Therapeutic Use of Humor will be presented by Walter O'Connell assisted by Ray Rich, June 20-21, 1986.

Contact: Lifestyle Center, 831 Union Ave., Laconia, NH 03246 or Ray Rich 603/528-3596.

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\* Dorothy Pingle, her committee chair \*  
\* people, and many volunteers are work- \*  
\* ing long hours to ready St. Louis for \*  
\* NASAP '86. Meet us in St. Louis and \*  
\* personally thank them all! \*  
\* \* \* \* \*

ONTARIO

Toronto--The 12th Annual May Conference of the Alfred Adler Institute of Ontario will be held May 1-3, 1986, at the Downtown Holiday Inn, 89 Chestnut St., Toronto.

The theme for the Conference is **Pressure Cooker Living in the Age of the Microwave; Modern Coping Strategies**. The keynote address, **To Defrost: Press Humour**, Don Dinkmeyer, will be at 7:30 p.m. on Thursday, May 1. A full day workshop, **Turning Stress Around**, Don Dinkmeyer, will held 9:30 a.m. to 4:30 p.m., May 2. On Saturday, May 3, six workshops will be held from 10:30 a.m. to 5:00p.m. Presenters: Mim Pew, Georgine Nash, Steven Moore, Linda Page, Ronald Forgas, Stan Shapiro. There will be a wine and cheese reception from 5:15 to 7:00 p.m. on May 3-- nothing pressure-cooked or micro-waved!

Contact: Alfred Adler Institute of Ontario  
1111 Finch Ave. West, Suite 407  
Downsview, ON M3J 2E5  
Canada

416/655-1400

\* \* \* \* \*

REGION VI--FAR WEST

ARIZONA

Tucson--The Adlerian Society of Arizona has just begun its eighth year. The new officers are: Steve Stein, President; Erik Mansager, President Elect; Barry Spencer, Secretary; Jane Mathews, Treasurer. Committee Chairs: Phil Evans & Elaine Stauber, Education; Adele Tierney, Membership; Becka Marcus, Public Relations.

Contact: Adlerian Society of Arizona, P.O. Box 40635, Tucson, AZ 85717.

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CALIFORNIA

Berkeley--Henry T. Stein presented a program on **An Adlerian Perspective of the Child Within the Family** at the University of California School Psychology Retreat on April 3.

TECHNOLOGY AND PEOPLE A NEWSLETTER MAKE....

This issue of the Newsletter was typed on the computer that was purchased with funds provided by the Seymour E. Clonick Estate. The word processing software used was donated by Don Dinkmeyer, Jr., who also provided preliminary instruction for its use. Marie Stacel kept the office running while the Editor sat in front of the "modern-day high-tech wonder" typing the items sent and phoned by members. Argyle Press, our printer, merged with another company, changed its name (Reinhardt-La Shore Press), and moved to a new location in time to print this issue.

The final stage--labels are printed by our computer, Ms. Stacel prepares the newsletter for U.S. bulk mail and for Canada and other countries, Arrow Messenger services delivers it to the U.S. Post Office and it is on its way.

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GATEWAY TO THE FUTURE -- ADLERIANS FOCUSING ON 2000

May 23-26, 1986

St. Louis Union Station

St. Louis, Missouri

NORTH AMERICAN SOCIETY OF ADLERIAN PSYCHOLOGY  
34TH ANNUAL CONVENTION AND WORKSHOPS

GRADUATE STUDENT FORUM PAPERS

The Graduate Student Forum, moderated by Welborn Willingham, has been finalized. The following will be presenting papers:

Sherry D. Fleming, Adlerian Theory, Research and Practice with Incestuous Families.

Terry Kottman, Using Adlerian Techniques in Play Therapy.

Brin O'Reilly, Therapeutic Memoir/Edgar Confrontation Method--Access to Early Recollections to Expedite Short Term Therapy.

Nickolaos Pitsounis, Adlerian Techniques Applied in a State School for the Mentally Retarded.

Quana Strong, Pursuit of the Power Goal: Status of Development.

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SCHEDULE CHANGE:

REGIONAL MEETINGS have been changed to Saturday, 5:15-6:00 p.m.

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WORKSHOP CHANGE:

Friday, May 23 - Workshop "D"

The Corsini Four-R School System, Raymond J. Corsini, Naomi Serrano, Michael Mastroianni. (Replaces Lewis Losoncy, who is unable to attend.) Circle "D" on the registration form if you wish to attend the C4R workshop.

# #

VERY IMPORTANT

Hotel reservations must be received by MAY 3.

The hotel will not hold rooms after that date. If you wish to stay in the Convention Hotel, you will need to make your reservation by MAY 3 directly to: Omni International Hotel  
One St. Louis Union Station  
St. Louis, MO 63103  
314/241-6664

*Come to the Union Station...come to the Fair...Come to NASAP 86...Meet me in St. Louie!!*