

# NEWSLETTER

## North American Society of Adlerian Psychology

Volume 19, Number 4

July-August 1986

159 N. DEARBORN STREET  
CHICAGO, ILLINOIS 60601

### PRESIDENT'S MESSAGE

NASAP works because we work well together.

With these words in St. Louis, I began two years of service to NASAP as President. I am acutely aware of my responsibilities and eager to create opportunities to increase services to members. Increased services will lead to increased membership. I am firmly convinced there are more than our present one thousand Adlerians on this continent!

#### Thank you, St. Louis!

Have you ever invited 350 guests for a long weekend? It takes two years of planning, dozens of volunteers and thousands of hours of service to NASAP.

Our deepest thanks and appreciation for a job well done goes to the Midwest Society of Individual Psychology. Their cooperation and commitment as hosts of the 34th annual meeting serves as a model for future conventions.

#### New Executive Committee

The Executive Committee elected by the Delegate Assembly is Amy Lew, Brenda Even, Betty Lou Bettner, Tom Schramski. My heartfelt thanks to Past President Kathy Walton as she completes her Executive Committee service to NASAP, and to Marion Balla and Clair Hawes as they complete terms on the Executive Committee. We look to Guy Manaster for continued leadership as he serves as Past President. I eagerly anticipate working with this Executive Committee.

#### Guy Manaster's Message

I encourage you to read Guy Manaster's talk to the General Assembly in St. Louis, printed on page 5 of this Newsletter.

Guy accurately presents the "State of the Society" and our marketing potential. He has defined the opportunity NASAP now faces: increasing our influence while maintaining our integrity.

#### Where are we headed?

At the conclusion of the Delegate Assembly meetings in St. Louis, I asked each Delegate to write two concrete goals for NASAP during the next two years.

Two dominant themes run through these goals: make NASAP more visible to the rest of the world, and increase our membership and financial base.

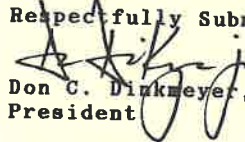
Does this mean creating and selling books and booklets? Training videotapes? Accredited training programs for counselors and therapists? A day care television program? Hiring a marketing design and convention specialist? Interest Section Newsletters? Regional Conferences?

I sense NASAP is ready to move into many of these areas. We have limited resources, but the ability to work well together. Hard work has created five Interest Sections, a balanced budget, and \$100,000 to invest wisely in our future.

Your comments on any issue are welcome and will receive an immediate response. I will take your ideas to the Executive Committee and the Delegate Assembly.

You will help shape the future of your Society.

Respectfully Submitted,

  
Don C. Dinkmeyer, Jr., Ph.D.  
President

10620 La Placida Drive  
Coral Springs, FL 33065  
305/755-2636

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DELEGATE ASSEMBLY MEETING

Twenty-three Delegates attended the D.A. meeting in St. Louis, chaired by Guy Manaster. Three Delegates were unable to attend. Committees met and their reports were received and acted upon by the D.A.

**RECOMMENDATION**--It was strongly recommended by several of the committees that the Society employ a person or firm to handle marketing and/or convention planning. The Executive Committee was charged with looking into the matter and reporting by the November D.A. meeting.

**RECOMMENDATION**--Another recommendation made by several committees was that the Development/Public Relations Committee and the Membership Committee be merged and that it meet with the Convention/Workshop Committee for a portion of the meeting time.

**RECOMMENDATION**--It was recommended that there be a unified dues form for NASAP membership and Interest Section membership.

**MEMBERSHIP SUGGESTIONS--**

- 1) Questionnaire was developed to use with past members who have not renewed, to help determine why and what might be done to encourage renewals.
- 2) "Presenter's Packet" will be made available for NASAP members presenting at a non-Adlerian conference that contains information on NASAP.
- 3) Investigate possibilities of exhibits at major conferences and develop an exhibit with information and saleable items.
- 4) Increase benefits of membership to make it more attractive--certification for credit one suggestion.

**SOCIAL INTEREST AWARD**--Development of a Social Interest Award on two levels--Continental and Local--was approved. Announcement regarding the award may be found elsewhere in this newsletter.

**DEVELOPMENT/P.R. SUGGESTIONS--**

- 1) Several suggestions were made for the use of the P.R. brochure on the Society.
- 2) Product ideas were suggested for sale to Family Education Centers and Parent Study Groups.
- 3) Suggestions were made for connecting with other organizations via journal articles.

**EDUCATION COMMITTEE**--The Committee is gathering information on Adlerian training available in colleges and universities as well as in Training Institutes. It will be made available to those who inquire about training.

Work is continuing on a Day-Care Provider Training Program. A proposal is being submitted to the Department of Health and Human Services to offer a daily TV program combining principles of Adlerian parent and teacher training on Public and/or Cable Television to the myriad day-care workers, nationwide, many of whom have had very little or no formal education in child development and behavior.

A "working brunch" for people interested in this project will be held 11:30 a.m., Sunday, July 27, at Marion Gordon-Rosen's home, 1301 Delaware Ave., S.W., Apt. N-801, Washington, D.C. 20024. 202/554-0351.

**RECOMMENDATION**--It was agreed that for any Institute to be listed as an Adlerian training institute, it must have a curriculum consisting of the basic Adlerian principles.

**BY-LAW AMENDMENTS--**

The following amendments were approved for NASAP's By-Laws in Article III--Elections:

(substitution)

"3.a. The President shall appoint one member of the Delegate Assembly to chair the Election Committee, the duties of which shall be to conduct the election of Regional Delegates."

(new item)

3.e. If the number of properly nominated candidates is insufficient to fill the positions available, then the Chair of the Election Committee shall be empowered to add to the ballot(s) the names of people who received the next lesser number(s) of nominations.

\* \* \* \*

PLEASE NOTE:

Copies of Delegate Assembly minutes and reports as well as revised NASAP Constitution and By-Laws are available upon request from: NASAP, 159 North Dearborn, Chicago, IL 60601.

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NASAP NEWSLETTER DEADLINES

<u>Issue</u>	<u>Deadline</u>
September-October .....	August 1
November-December .....	October 1



**NEWSLETTER**

North American Society  
of Adlerian Psychology

**Vol. 19, No. 4**

**July-August 1986**

Published bi-monthly by the North American Society of Adlerian Psychology, 159 North Dearborn, Chicago, IL 60601. 312/977-1944.

Members of NASAP automatically receive the Newsletter. Subscription rate for non-members \$5.00.

We encourage readers to send contributions of news, suggestions, ideas, opinions by the first of the month. We reserve the right to edit.

Neva L. Hefner, Editor

REGIONAL ORGANIZATIONS

All the Regions held meetings on Saturday of the 34th Annual Convention in St. Louis. Reports from these meetings follow.

REGION II--MIDWEST

There were 27 people from seven states at the Region II meeting in St. Louis. Concerns of the group centered on planning for a regional conference. Bryna Gamson of the Adler Institute of Chicago offered to be a conduit for the organization of a Regional meeting. IT WAS DECIDED THAT THOSE MEMBERS WHO HAD THE ENERGY AND TIME RESOURCES TO WORK TOWARD A REGIONAL CONFERENCE SHOULD CONTACT Bryna Gamson at: AAI of Chicago, 618 S. Michigan, Chicago, IL 60605.

Further discussion indicated the need for organizational procedures within the Region as well as a prepared agenda for meetings. Communication regarding Regional business may be sent to: Helen K. Cooley  
2400 W. 95th St.  
Evergreen Park, IL 60642.  
\* \* \*

REGION III--SOUTH

Region III approved a \$300 donation to NASAP for the specific purpose of increasing communication between region coordinators concerning conventions and other events. Some suggestions will be passed on to NASAP's Executive Committee. The Region also donated \$650 toward the purchase of a computer at the I.E. School (Sunwood Academy) in Melbourne, Florida.

(Information on the next Region III meeting in Florida appears under "Conferences").  
\* \* \*

REGION IV--MIDDLE ATLANTIC

Plans for the Region IV meeting in the fall were discussed as well as some of the activities in the Region--Summer Institute in Cincinnati; the AAI of Washington, D.C., doctoral program; the Bowie program in psychotherapy and the Dreikurs tapes.

(Information on the Region IV meeting appears under "Conferences").  
\* \* \*

REGION V--NORTHEAST

The main discussion was focussed on organizing regional meetings for 1987. All agreed that a Spring meeting was important to revitalize connections for members in Region V. Liliane Bensinger from Montreal and Marion Balla from Ottawa will investigate their area and choose a site for April 1987.

It was reported that Sylvia Robbins of New York is planning a December, 1986 regional meeting. It was suggested that November might be a better meeting time. Appreciation was expressed for Sylvia Robbins' ongoing work and commitment to the Region. She has sustained regional meetings in Region V almost single-handedly.

The list of past members who have not renewed their membership was presented. All present agreed to telephone five people on the list to encourage renewal and understand reasons for the lapse in membership.

\* \* \*

REGION VI--FAR WEST

Eleven Region VI members attended the Regional meeting. The Treasurer's report was given. The networking Register of Regional Talent has been compiled and was mailed to 25 members in February. It was agreed to continue without a newsletter and MEMBERS OF THE REGION ARE AGAIN ASKED TO SEND NEWS ITEMS TO NASAP's central office.

R E P L Y   R E Q U E S T E D

Steven Maybell remains President and Birgit LaMothe, Treasurer. Any Region VI people who were not able to attend, MAY SEND \$5 DUES TO THE TREASURER at P.O. Box 574, Capitan, NM 88316. Blanks to fill in data on talents of new members will be mailed out so that an update of the Register can be compiled in the Spring of 1987.

\* \* \*

LETTERS

Boise, Idaho--

WHAT A GLORIOUS WAY TO SHARE SOCIAL INTEREST--amidst the professionalism and friendship of the 1986 NASAP Conference--set in that beautiful St. Louis Union Station.

May I join in tooting the whistle for Dorothy Pingel and her on-track committee, who engineered the event that none of us will forget

Here's to our new Superchief, Don Dinkmeyer, Jr., and the year ahead.

Brin O'Reilly  
Boise, Idaho  
\* \* \*

R E P L Y   R E Q U E S T E D  
Chicago, Illinois--

Wish to purchase copy of *Individual Psychologist, 1979, Vol. 16, No. 1.*  
Harold H. Mosak, Ph.D.  
307 N. Michigan Ave.  
Chicago, IL 60601  
\* \* \*

R E P L Y   R E Q U E S T E D  
Temple, Texas--

I would like to know if any member is familiar with an Adlerian based treatment program for psychiatric patients or an Adlerian model day hospital program.

Ron Brandon  
2401 So. 31st Street  
Scott & White Clinic  
Temple, TX 76508  
\* \* \* \* \*

INTEREST SECTIONS

The Charter and By-Laws for three additional Interest Sections were approved by the Delegate Assembly at the St. Louis meeting. They are:

- Adlerian Education Section
- Family Education Section
- Theory and Research Section

This brings the total number of Interest Sections to five and each may now have two representatives on the Delegate Assembly. The Sections met in St. Louis and reports will be published in the newsletter as they are available. One report follows.

Family Education Section Meeting

A slate of officers was nominated for the Executive Committee of the Family Education Section; additional nominations will be solicited and the election will be conducted by mail. Nominees:

- Chairperson: Jean Alessi
- 1st Vice Chairperson: Steven Maybell
- 2nd Vice Chairperson: Dahlia Mann
- Secretary: Bryna Gamson
- Treasurer: Bronia Grunwald

Dues will not be collected in 1986 but will be done through the central office for 1987 and will remain \$5.

Newsletter--It was suggested that a request be sent to all Family Education Centers asking them to send their newsletters to Gloria Morganstern, who will then compile one central newsletter from their contents.

Marion Balla reported, "Overall, it was a productive and exciting meeting with much sharing and planning for future networks in Family Education, It has been a challenge to complete the work to establish this section, but we have met the challenge."

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NASAP '86

Statistical report from the 34th Annual Convention and Workshops in St. Louis--

- 320 attended Saturday-Sunday Convention
- 154 attended Friday workshops
- 108 attended Monday workshops

276 gathered on Friday evening to hear the "children" of Adler and Dreikurs talk about the aspect of their fathers' work upon which they are currently focusing, and to enjoy a St. Louis "Fair."

274 attended the banquet Saturday evening to meet the officers of NASAP, to thank the host group, to honor the speakers, to honor Robert L. Powers, and to hear Jean Kittrell and the Rivermen.

Numbers do not tell everything. The enthusiasm of the host group was contagious; the

facilities were excellent, even though walking shoes were a must; the conference was efficiently run and the people in straw hats and striped vests were cooperative, helpful and there when they were needed. Thanks to all!!

\*\*\*\*



NEW PUBLICATIONS

Coping with Kids and Vacation, Linda Albert and Elaine Shimberg, Ballantine Books, \$3.50. This book, the third in the Coping with Kids series, contains unique tips and strategies for making kids' free time enjoyable for them --and for parents. It helps parents choose appropriate sports and games, find the right summer camp, plan a family vacation, travel with kids, take a guilt-free-adults-only vacation and send the kids off on a trip by themselves. Also included are do's and don'ts for divorced parents and strategies for step-parents.

Order through: Dr. Linda Albert, 5238 Bon Vivant Dr. #74, Tampa, FL 33603  
# #

Strengthening Stepfamilies, Linda Albert and Elizabeth Einstein, American Guidance Service. This is the first systematically organized set of readings, recordings, and activities to help stepfamilies reach their full potential for a rich family life. The leader's guide presents plans for using Strengthening Stepfamilies as a five-week study program or a weekend intensive. Adlerians will be particularly interested in the "Encouragement Packet," thirty activities on individual cards, which enhance communication, promote understanding and teach problem solving skills.

Call toll free 1-800-328-2560 for current prices, or write: AGS, Publishers' Building, P.O. Box 99, Circle Pines, MN 55014-1796.

##

The Individual Psychology Client Workbook, Robert L. Powers and Jane Griffith, AIAS, \$10 per copy plus \$1.50 shipping and handling. IPCW provides a format for working with counseling and psychotherapy clients, including the Life-Style Assessment. It comes in a three-ring binder so that you may add your own notes.

Cooperation: Learning through Laughter, Charlene Wenc, AIAS, 72pp., \$7.95 per copy, plus \$1.25 shipping and handling. This book contains 45 brief activities for groups of all ages to learn cooperative techniques and the value of cooperation.

Both of the above books are available from: AIAS, Suite 2502A, 600 North McClurg Court, Chicago, IL 60611. (Illinois residents add 7% plus additional 1% for Chicago residents.)

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MANASTER MESSAGE AT GENERAL ASSEMBLY

As I began to prepare this talk, at the conclusion of twenty hours in two days of Executive Committee and Delegate Assembly meetings, a favorite phrase and favorite quote came to mind.

The phrase, in Hebrew, *tikkum olam*, means "repairing the world."

The quote is ascribed to an Oxford don describing a colleague, "What time he can spare from the adornment of his person he devotes to the neglect of his duties."

I knew I wanted to say something in this meeting about the state and future of Adlerian Psychology and NASAP and could not determine the relevance of these odd thoughts. I lapsed back into my search for a theme when I thought of an old Yiddish proverb that I often use in time of conflict: "The profits of compromise are nothing compared to its losses." At which time I began to recognize that I might not be as at ease with myself and these last days as I had thought.

I was not upset with the Annual Meeting, which was organized, bright, fun, and going well and likely to continue so (which it did). The business meetings had gone well. We put out some fires and built some containment walls. We made progress - the Interest Sections that I fought for like a lunatic at my first D.A. Meeting are in the Constitution and, almost all, constituted. NASAP is "about solvent," if there is such a term in accountancy; but "about solvent," for NASAP is good.

We've spent a substantial portion of our meetings planning toward being really solvent, maybe even affluent. We've talked about products - not just the usual products of scholars and professionals--books, journals, tapes, workshops and meetings. We've talked about "real" products--carrying bags, tote bags, baby bags, jewelry, trinkets, mental health beach towels, better living through logos. We've talked about product design and image, about selling our products to make being Adlerian, make being a member of NASAP, more attractive, and I began to sense what was bothering me.

But could that be? Was not I, and was not NASAP, just becoming more realistic? But I remembered what Sydney Harris wrote: "You may be sure that when a man begins to call himself a 'realist' he is preparing to do something he is secretly ashamed of doing."

I did not feel ashamed, yet. But could we, in an attempt to be as big and affluent and powerful and important as we would like to be, or as we think NASAP should be, demean ourselves and our psychology? And I thought of John Irving's Garp saying, "In modern times, in my opinion, either everything is a moral question or there are no more moral questions."

Of course I had thought that beach towels with "Courage to be Imperfect" on them were a great idea. Funny and sure sales. Those sales would help NASAP and train counselors and parents. How much are we compromising with that idea - think of the products.

Everyone seems to think this is the way to go. Our brochures may not be slick and attractive enough. A lot of the best works of Adler, Dreikurs and contemporary Adlerians are awfully serious. If we just continue doing the same old therapy and counseling and research and workshops, how can we really grow? This new way is the way --look at Glasser's sales, look at Ellis' weekend take, for a while at least you could look at the profits of EST.

Then I remembered what I said at the banquet when I was first made President of NASAP; from the old Reform Jewish prayer book, "Behold a good doctrine has been given unto you. For-sake it not!"

NASAP, Adlerians, have a good product -- a great, complete, whole, functional theory, a view of life and living, and a broad array of techniques, related and rational, for bettering human life. That's our product. And we have a job, a goal -- *tikkum olam*, repairing the world. If we can communicate our product better, advertise it, relate the public, or some publics, to it -- in ways that respect the product -- we are not forsaking the good doctrine that has been given to us.

If we tarnish the doctrine for its own good, we will be hard pressed to restore its purity and beauty, and less likely to move toward our goal.

We must, I think, remember what we are and what we are about, even if we do not fit in with current marketing, merchandising, image building, profit making practices. As Robert Maynard Hutchins put it, "The whole doctrine that we must adjust to our environment,... seems to be radically erroneous. Our mission here on earth is to change our environment, not to adjust ourselves to it. If we become maladjusted in the process, so much the worse for the environment."

We want to be a large movement, but not a mindless mass movement.

We want to sell our real product, our theory, and must be extremely careful that we sell and support it with class and respect.

We do not want to sell our souls, or demean our heritage for its own good.

Thoreau said. "If I knew for a certainty that a man was coming to my house with a conscious design of doing me good, I would run for my life."

We can, with care, do all that we want to do if we do it with dignity.

We may not end up like the others. I am afraid, with some pride, that as long as Adlerians remain Adlerian, we will be different.

In the words of Baba Ram Das -- "If you think you're free, there's no escape possible."

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SOCIAL INTEREST AWARD

The Social Interest Award was created by an act of the Delegate Assembly. The award is designed to recognize individuals who have exemplified Adler's concept of social interest in action and to serve as a vehicle for presenting Adlerian concepts to the public.

Local Award

Any Adlerian, either individually or as a member of an organization, may nominate deserving individuals for a local award, sponsored jointly by NASAP and the local organization or representative. A nomination must have signatures of three (3) NASAP members and a rationale for the award to that individual. This is to be forwarded to the central office for processing by the Executive Committee.

Continental Award

In addition to local awards, individuals may be nominated for regional or continental awards to be presented by NASAP. The Continental Award will be presented at the Annual Convention and can be a P.R. incentive. It could be a prominent public figure suggested by the host group or by an individual. Again, nomination with rationale should be sent to the Central office in time for the D.A. meeting in November, when the selection will be made.

Criteria

The award is to recognize individuals who display exemplary social interest in the broadest sense. The following conceptualizations of social interest may serve as guidelines regarding the criteria for the award:

- A person who
  - ..is an encourager of others
  - ..emphasizes cooperation
  - ..aligns own needs with the common good
  - ..shows respect for self and others
  - ..is actively involved with life
  - ..has the courage to be imperfect.

The following is a description of Social Interest quoted from Robert L. Powers.

Social Interest is a feeling of being a fellow with others in shaping a common life. It is an evaluative attitude toward self, others, and the whole of life, indicating an interest in the human community:

- ..receptive to our inheritance from the past
- ..engaged in our life in the present
- ..contributing to our survival into the future.

It is manifested in cooperation, and in the capacity to identify with others: "To see with the eyes of another, to hear with the ears of another, and to feel with the heart of another."

It enables meeting the requirements of continual community development:

- ..in conformity to useful customs with good humor and grace

- ..in resistance to injustice with courage
- ..in rebellion against exploitation with resolve.

REPLY REQUESTED

If an individual or organization wishes to nominate someone for the Social Interest Award, please send name and rationale for the nomination, signed by three NASAP members, to NASAP, 159 N. Dearborn, Chicago, IL 60601.

#####

BANQUET HONOREES

POWERS HONORED

"In appreciation of his wisdom shared, his knowledge given, and his unstinting and extraordinary efforts for Individual Psychology and the North American Society of Adlerian Psychology," is the wording on the plaque given to Robert L. Powers at the banquet in St. Louis during the 34th Annual Convention.

This honor was given in recognition of the many years of service and numerous contributions to the work of the Society. Powers was President during the reorganization and democratization of the Society in the 70's and was instrumental in establishing the central office in Chicago.

OTHERS HONORED

Kathleen A. Walton received a plaque in appreciation for her services as President of the Society from 1982-84. In addition she received a Certificate of Appreciation for her service on the Delegate Assembly from 1979 to 1986.

Other Delegates who received Certificates for their terms of service were:

- Liliane F. Bensinger 1979 to 1986
- Joseph Dittmer 1983 to 1986
- E Clair Hawes 1980 to 1986
- Gregson Parker 1983 to 1986
- Michael Yura 1980 to 1986

This brief mention of being honored does not do justice to the time and energy expended by these individuals. However, all we can say is that NASAP is grateful to each of them for sharing their particular talents and giving of themselves.

#####

All America City

NASAP '87--HOLD THE DATES



35th Annual Convention/Workshops  
May 22-25, 1987  
Hilton Hotel - Downtown  
Fort Wayne Convention Center  
Fort Wayne, Indiana

Hosted by:  
Alfred Adler Institute of  
Fort Wayne

Most Livable City

Contact: Fran Yoder, Coordinator  
AAI of Fort Wayne  
2805 S. Fairfield Ave.  
Fort Wayne, IN 46807

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**POSITIONS AVAILABLE**

Two counselor positions are open for Child Advocacy at an Army Community Center in Fulda, Germany.

Immediate Opening: GS9 Level, B.A. Degree in Sociology or Psychology, and two years experience required.

Mid-summer Opening: GS12 Level, Master's Degree and three years experience.

CONTACT: Major Edwin L. Booth, Commander, HHD VSMCA (Fulda), APO NY 09146  
# # # #

**CALENDAR OF EVENTS**

- July 7-11 **Family Counseling Skills for School Counselors**
- July 14-18 **Marriage Counseling: Process and Techniques.** Both courses taught by William Nicoll.  
Contact: Summer Institute in Counseling, Division of Continuing Education, University of Cincinnati, OH 45221. 513/415-6932.
- July 14-25 **5th Annual Adlerian Summer Training Institute, Charleston, WV. Adlerian Group Counseling, Adlerian Family Counseling, Manford Sonstegard, Jim Snowden, Rachel Dash. Contact: Manford Sonstegard, 304/768-8147; or Lee Anne Kenney, 304/346-1745.**
- July 20-Aug. 2 **9th Rudolf Dreikurs Summer Institute on Human Relations, University of British Columbia, Vancouver, BC. Contact: Hal McAbee, 301/464-2359; or Edna Nash, 604/922-0870.**
- Aug. 15, 16 **Adlerian Marriage Therapy Workshop, Don C. Dinkmeyer, Sr., Hilton Inn at Shanty Creek, Bellaire, Michigan. (See "News from the Regions" for details). Contact: Gary Vann, 940 E. 8th St., Traverse City, MI 49684.**
- Sept. 11 **Wyoming Statewide Home Economics Conference, Hilton Inn, Casper, Wyoming. Lectures and demonstrations of PREP and Marriage Enrichment, Don C. Dinkmeyer, Sr. Contact: Joan Barker, 1019 Divide, Rock Spring, WY 82901.**
- Sept. 26-28 **1986 Region IV Conference, Embassy Suites on I-95 at Philadelphia International Airport. (Details under "Conferences"). Contact: Betty Lou Bettner 215/485-0462.**
- Oct. 23 **National Committee for Prevention of Child Abuse, Boone, N. Carolina. Encouragement and Consequences: Essential in Building Responsibility, Don C. Dinkmeyer, Sr. Contact: Patricia Maynard, Gamewell Middle School, Rt. 6, Box 272, Lenoir, NC 28645.  
# # # #**

**COURSES/WORKSHOPS**



**Alfred Adler Institute of Chicago**

**Courses**

Fall term begins September 15, 1986.  
Fall Registration is August 4-8, 1986.

Interested students may contact AAI for further information.

Contact: Alfred Adler Institute  
618 S. Michigan Ave., 6th Floor  
Chicago, IL 60605  
312/294-7100  
# # #



**Alfred Adler Institute of Ontario**

- Sept. 6, 7, 13 **#101 Introduction to Individual Psychology I, Harold Mosak**
- Sept. 14, 28, 29 **#102 Introduction to Individual Psychology II, Harold Mosak, James Croake**
- Nov. 8, 9, 16 **#301 Psychodynamics of Psychopathology, Leo Gold.**
- Dec. 6, 7, 13 **#302 Psychodynamics of Psychopathology, Seymour Schneider**

Contact: AAI of Ontario  
1111 Finch Ave. W., Suite 407  
Downs, ON M3J 2E5  
416/665-1400  
# # #



**Alfred Adler Institute of Quebec**

- Sept. 27, 28 **C101 Introduction to Individual Psychology, H. L. Ansbacher**
- Oct. 18, 19
- Nov. 8, 9, **C102 Introduction to Individual Psychology, Seymour Schneider**
- Nov. 22/23
- Nov.-Dec. **C313 Interviewing Techniques**  
Dates and instructor to be announced

Workshops and courses held at Institute of Community and Family Psychiatry, 4333 Cote St. Catherine Rd., Montreal (one block west of Jewish General Hospital).

Contact: AAI of Quebec  
Liliane Bensinger, Director  
4947 Grosvenor Ave.  
Montreal, PQ H3W 2M2  
# # #



Alfred Adler Institute  
of San Francisco

Aug.16-21 **Creative Applications of Adlerian Psychology, Six-Day Intensive: Personality Theory in Depth; Interpreting and Using the Life Style; Principles of Individual Psychotherapy; Couple Treatment Strategies; Child and Family Treatment; Case Illustration and Discussion; Henry Stein and Sophia de Vries.**

Contact: AAI of San Francisco  
1580 Valencia St., Suite 801  
San Francisco, CA 94110  
415/282-1661

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The Americas Institute  
of Adlerian Studies

Oct. 17-20 **Understanding Personality Development and Dynamics, Robert L. Powers, Jane Griffith.**

Courses are offered in other cities in North and South America from time to time, by special arrangements with co-sponsoring groups.

Contact: AIAS  
600 N. McClurg Ct., Suite 2502-A  
Chicago, IL 60611  
312/337-5066

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Bodega Summer Institute

Aug. 7-12 **Workshops and group activities; emphasis will be on the Adlerian/Dreikurs model of psychology.**

The program is designed for parents, teachers, therapists and any other person who has influence with a family, child or teen.

Location: Bodega Harbor (near Santa Rosa).  
Staff: Lynn Lott, Carol Rivendell.  
Contact: Lott Counseling and Educational Services  
1049 Fourth Street  
Santa Rosa, CA 95404

\* \* \*

CONFERENCES

AAMFT CONFERENCE

The American Association of Marriage and Family Therapy will hold its annual meeting in Orlando, Florida, October 24-26, 1986. Included in the program will be Don Dinkmeyer, Sr., who will be a discussant at Network Luncheon on Marriage Enrichment as well as presenting Integrating Marital Assessment and the Enrichment Process Program and Adlerian Family Therapy Program.

Contact: Diane Sollee 202/429-1825.

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The Fourth Annual South Carolina Conference of Adlerian Psychology, September 26-28, 1986, Myrtle Beach, South Carolina.

Proposals for seventy-five minute presentations for Saturday, September 27, and for four-and-one-half hour workshops for Sunday, September 28, are being solicited. Presentations must be based upon or clearly related to Adlerian theory or techniques. Identify your professional position and include a summary of 60 words or less that may be used in the conference brochure. Deadline for proposals is July 1.

Contact: Dr. Frank Walton, 1313 St. Andrews Road, Columbia, SC 29210. 803/772-4067.

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REGION IV--MIDDLE ATLANTIC CONFERENCE

The 1986 Region IV Conference will be held September 26-28, at the Embassy Suites on I-95 at the Philadelphia International Airport.

The Conference will feature twenty Adlerian workshops led by regional talent on Saturday and Sunday; including: Marion Gordon-Rosen, Stan Dubelle, Susan Koonce, Bill Nicoll, Marti Wilson, Don Lombardi, Barbara Fairfield, Dahlia Mann, Susan Golden, Ann Pratt, Mary Caldwell, Mick Maurer, Robert O'Mara, as well as Bob Sherman and Amy Lew from Region V.

An all-day workshop will be held on Friday, September 26, with Dr. Stephen Glenn, author of an outstanding series entitled, "Developing Capable Young People." This workshop will be invaluable to educators, as well as parents and helping professionals. Dr. Glenn will also present a keynote address for parents.

If you: 1) have a friend in the Philadelphia area you would like us to contact; 2) want a brochure with complete details; 3) need additional information, Contact: Betty Lou Bettner, 3513 Bethel Road, Boothwyn, PA 19061. 215/485-0462.

\* \* \*

REGION III--SOUTH CONFERENCE

The 10th Annual Region 3 Conference will be held in Orlando February 26-March 1, 1987.

Call for Workshops and Program Proposals: Full-day and half-day workshops; 1 1/4 hour programs; should have an Adlerian basis and pragmatically demonstrate the ideas and concepts presented; may be at either introductory or advanced level. Workshop presenters will receive an honorarium.

Proposals for programs and workshops must be submitted on a brief form available from the Conference Coordinator. Deadline to submit completed proposal forms is October 15, 1986.

CEU credits available. Specific information on the conference will be available January 1st, 1987.

Contact: Don Dinkmeyer, Jr., Ph.D., 10629 La Placida Drive, Coral Springs, FL 33065. 305/755-2636.

\* \* \* \* \*





from the Regions

REGION II--MIDWEST

ILLINOIS

Chicago--The Alfred Adler Institute of Chicago will hold its graduation on Sunday, November 16, 1986. Detailed information will be available at a later date. Contact: AAI, 312/294-7100.

# # #

MICHIGAN

Bellaire--An Adlerian Marital Therapy Workshop will be held August 15-16, at the Hilton Shanty Creek Sports Resort in Bellaire, Michigan, 30 minutes from Traverse City. Presenter is Don Dinkmeyer, Sr., author of 22 books and recipient of the 1986 AACD Professional Development Award (and NASAP member).

Sporting events include golf, tennis, and racquetball along with the use of the health club facilities. Room rates range from \$31.50 to \$73.93; workshop registration is \$100 before July 15 and \$115 after that date.

Contact: Ron Culp or Gary Vann, 940 E. 8th St., Traverse City, MI 49684; 616/947-2990.

# # #

NEBRASKA

Norfolk--NASAP member Wes Wingett is conducting five study groups and a workshop during June and July, at the Counseling Associates office, 101 North 4th, Suite 2, Norfolk.

The study groups are: Understanding self/Understanding Others, STEP, STEP-Teen, Planning for Wellness, Outgrowing the Pain. The workshop, held June 23, was on The Struggle for Intimacy: Adult Children of Alcoholics.

For information on future groups, contact: Wes Wingett, at the Counseling Associates address shown above or call 402/371-6710.

# # #

REGION III--SOUTH

TEXAS

Dallas--Walter E. (Buzz) O'Connell was the keynoter at a "Day in May" conference sponsored by HARA Inc., an educational non-profit organization, and Richland College in Dallas. His theme was "The Creative Encourager and Natural High Energy." The flier on the conference described Buzz as a "loveable man with wit and healing on his lips...His work carries many of the ideas of Carl Jung and Alfred Adler and has evolved into a healing tribute to courage, optimism, and encouragement about life and its meanings." Buzz also led a one-day workshop on "The Inner and Outer Behaviors of Natural High Therapy."

# # # #

REGION V--NORTHEAST

NEW YORK

New York--Lucia Radl sends word that she has been invited by Radio Free Europe to write scientific articles for radio transmission to Rumania. The more recent subject was "New Findings in Depressions."

# # #

REGION VI--FAR WEST

UTAH

Provo--Heritage School for Girls, an accredited, residential school announces the appointment of Dr. John Nield as therapist over Unit 4 of the school. Dr. Nield is a NASAP member, author, educator and therapist who uses Adlerian/Dreikursian techniques. He supervises the unit counselors and mental health workers on his Unit, who also apply the techniques of purpose of behavior, consequences, encouragement and class (unit) counsel. Contact: John B. Nield, Ed.D., The Heritage Schools, P.O. Box 105, Provo, UT 84603.

# # # #

PETITION AGAINST PROLIFERATION OF ARMAMENTS

A petition was signed by 64 attendees during the General Assembly at the Convention in St. Louis against the proliferation of armaments as follows:

We the undersigned participants of the 34th Annual Meeting of the North American Society of Adlerian Psychology propose to make known to the world our deep concern, posed by growing international tension, the danger of nuclear proliferation and the threat of catastrophic war.

To that end we propose that this international body align itself with other groups such as the Physicians for Social Responsibility, Educators for Social Responsibility, the Union of Concerned Psychoanalysts and Psychotherapists, and the Psychologists for Social Responsibility, who seek the diversion of resources from the proliferation of armaments toward worldwide human betterment.

If you would like to add your name to the petition, please send a note to that effect or sign below and send to NASAP, 159 N. Dearborn, Chicago, IL 60601.

Print name: \_\_\_\_\_

Signature: \_\_\_\_\_

City, State/Province: \_\_\_\_\_

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NEVA L. HEFNER, EDITOR  
159 N. Dearborn Street  
Chicago, IL 60601

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## NASAP'S 34th Annual Convention "Gateway to the Future Adlerians Focusing on 2000" MAY 23-26, 1986 St. Louis Union Station

\* Represents a Bestselling  
Tape at the Conference

**SATURDAY & SUNDAY PROGRAMS:  
MAY 24-25, 10:00 A.M. - 5:15 P.M.**

### APPLICATION OF ADLERIAN PSYCHOLOGY

- \*  860523-060 \$20.00  
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ALDERIAN FAMILY THERAPY: EXPLORING THE TERRITORY AND TESTING THE LIMITS - WILLIAM H. McKELVIE, Ed.D. JAMES BITTER, Ed.D. JAMES CROAKE, Ph.D. STEVE HIRSCHORN, Ph.D. & DONALD F. KELLY, Ph.D.  
INTRODUCTION TO ADLERIAN PSYCHOLOGY - OSCAR C. CHRISTENSEN, Ed.D.  
ACTIVE PARENTING IN ACTION - MICHAEL H. POPKIN, Ph.D.  
ALDER TO ZEN: PARALLELS IN PSYCHOTHERAPY AND QUEST FOR SPIRITUAL PERFECTION - EDMUND F. KAL, M.D., S.T.B.  
FROM A MINUS TO A PLUS: HOW INDIVIDUAL PSYCHOLOGY HELPED ME DEAL WITH KIDNEY FAILURE, HEMODIALYSIS, AND TRANSPLANTATION - RICHARD R. KOPP, Ph.D.  
BALANCING YOUR ACT: PRIORITIES, ASSERTIVENESS AND STRESS - JEAN ALESSI, M.A., JAN MILLER, M.A.

### BUSINESS AND ORGANIZATIONS

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SO YOU WANT TO BE A CONSULTANT - ROY M. KERN, Ed.D.  
THE IMPACT OF LIFE STYLE FACTORS ON IMPROVING EFFECTIVE MANAGEMENT DECISION MAKING - RICHARD R. KOPP, Ph.D. & IRA SCHOENWALD, Ph.D.  
SMALL BUSINESS MANAGEMENT - GREGSON PARKER, CPA  
ADLERIAN THEORIES AND PRACTICAL POSSIBILITIES IN BUSINESS AND INDUSTRY - MARTI WILSON, M.A.  
OVERCOMING RESISTANCE TO CHANGE IN ORGANIZATIONS THROUGH OMBUDSCIENCE - PHYLLIS E. BAILEY, M.A.  
AN ADLERIAN APPROACH TO PLANNING - THE CLOUD METHODOLOGY - JAMES H. HAYWARD, M.A.S.C.  
HUMANIZING RELATIONSHIPS IN BUSINESS AND INDUSTRY - CAMERON W. MEREDITH, Ph.D. & DALE F. BLOUNT, M.S.  
BECOMING A FULLY-FUNCTIONING PERSON - CAMERON W. MEREDITH, Ph.D. & TIMOTHY D. EVANS, Ph.D.  
HOW TO ESTABLISH AND MAINTAIN A SUCCESSFUL ADLERIAN PRIVATE PRACTICE - KEVIN E. O'CONNOR, M.A.  
COPING IN A WORLD OF CHANGE - CASEY THORPE, M.A. & FAYE HOBBS, M.A.

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SENSE OF HUMOR, THE PSYCHOLOGY OF WELLNESS - PANEL - MODERATOR: WALTER E. (BUZZ) O'CONNELL, Ph.D.  
TREATMENT OF CHEMICAL ADDICTION AND ALCOHOLISM - PANEL - MODERATOR: HELEN K. COOLEY, M.A., S.A.C.  
THE CREATIVE CHALLENGE OF A DIFFICULT CASE: AN ILLUSTRATION OF THE TWELVE STAGES OF PSYCHOTHERAPY - HENRY T. STEIN, Ph.D.  
HOMOSEXUALITY: AN ADLERIAN PERSPECTIVE - PANEL - MODERATOR: NICHOLAS S. IONEDES, M.D.

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MOVEMENT AWARENESS - BIRGIT LaMOTHE, Ph.D. & SHIRLEE DODGE, Ph.D.  
MANAGING DEPRESSION: AN ADLERIAN APPROACH - ROBERT J. McBRIEN, Ph.D.  
TO KNOW ME IS TO LOVE ME - LOTT  
SETTING GOALS SETS THE ATMOSPHERE - THOMAS EDGAR, Ed.D.  
FAMILY COPING WITH DISABILITY: THE VIEW OF EACH FAMILY MEMBER - BARBARA FAIRFIELD, M.S., M.Ed.  
HELPING DISCOURAGED ADOLESCENTS EXPRESS SOCIAL INTEREST: AN APPLICATION OF KOPP'S TYPOLOGY - JEFFREY S. MORROW, Ph.D.  
TECHNIQUES IN THE COUNSELING PROCESS - WILLIAM G. NICOLL, Ph.D.  
COMMONALITIES BETWEEN "FEMINIST PSYCHOTHERAPY" AND ADLER'S THEORY - DOROTHE N. RIGBY-WEINBERG, Ph.D.  
RELATIONSHIP OF DAUGHTER TO ELDERLY MOTHER - KOLB

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AN ADLERIAN USE & VIEW OF PSYCHODRAMA - RENÉE DOBKIN DUSHMAN, M.A.  
HYPNOSIS - MARK CARICH  
ADULT CHILDREN OF ALCOHOLICS: CO-DEPENDENCY - SUSAN GOLDEN, M.A.  
FAMILY LIFESTYLE ASSESSMENT - WILLIAM G. NICOLL, Ph.D., E. CLAIR HAWES, Ph.D.  
PRETTY PLEASE WITH SUGAR ON IT - LEE SCHNEBLY, M.Ed.  
METAPHORS: THE STRUCTURES OF EXPERIENCE - FRANCES E. WILLSON, Ph.D.

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THE MISBEHAVIOR PUZZLE: FIVE EASY PIECES - STANLY T. DUBBELLE, Ph.D.  
PARENTING, UTILIZING PREKINDERGARTEN SKILLS (PUPS) - ROSEMARY McCONKEY, M.S. & SANDRA PERSONS, M.S.  
CLASSROOM MEETINGS IN A PRIVATE HIGH SCHOOL - JODIE A. DELL, B.S.  
CREATIVE PSYCHOTHERAPY COMBINED WITH AUTOGENIC TRAINING - BESSINGER  
EDUCATING WISE FOOLS INSTEAD OF POMPOUS ASSES; HUMOR AS AN ENCOURAGEMENT TOOL - WILL ROY, Ph.D.  
THE GROWING TEACHER - CASEY THORPE, M.A.  
ASSERTIVENESS TRAINING - ADLERIAN STYLE - LU WATSON, M.A.

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PARENTING SKILLS FOR SINGLE PARENTS - LINDA KING, M.Ed.  
STEP/TEEN: AN ADLERIAN PARENT EDUCATION PROGRAM FOR PARENTS OF TEENS - GARY D. MCKAY, Ph.D. & DON DINKMEYER, Ph.D.  
MOTIVATING THE FAMILY - EVONNE WEINHAUS  
STOP STRUGGLING WITH YOUR TEEN - EVONNE WEINHAUS  
MARRIAGE ENRICHMENT AND SKILL TRAINING - DON DINKMEYER, Ph.D. & JON CARLSON, Ed.D.  
PARENTING AND TEACHING OF PRESCHOOLERS - KATHLEEN A. WALTON, B.A.  
CHRISTIAN PARENTHOOD: THE CHALLENGE - CHARLOTTE KELLY

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HOW ADLERIAN ARE THE "SUCCESS" BOOKS? - TIMOTHY D. EVANS, Ph.D. & CAMERON W. MEREDITH, Ph.D.  
MILLER MOTIVATION SCALE - HAROLD J. MILLER, Ed.D.  
A COGNITIVE APPROACH TO DREAM INTERPRETATION - NORMAN N. SILVERMAN, Ph.D.  
GRADUATE STUDENT FORUM - MODERATOR: WELBORN (WILL) WILLINGHAM, Ph.D.  
RESEARCH AND APPLICATION RELATED TO PERSONALITY PRIORITIES OF ADOLESCENTS - TED DeLAET, M.S.  
COOPERATIVE BEHAVIOR AND ITS RELATIONSHIP TO PARTNER STRATEGY AS PREDICTED BY ADLER'S ORDINAL POSITION HYPOTHESIS - R. JOHN HUBER, Ph.D. & DANA M. SMITH, B.A.  
FAMILY ADJUSTMENT TO DIVORCE - MARY SCHNEIDER, Ph.D. & SEYMOUR SCHNEIDER, Ed.D.  
COMPARATIVE FEELINGS OF INFERIORITY: MEASUREMENT AND DEFINITION - DONALD A. STRUNO, Ed.D.  
WHAT IS CREATIVE POWER - MIRIAM ROLAND, M.A.  
DEVELOPING AND VALIDATING INSTRUMENTS TO TEST ADLERIAN CONCEPTS - JOYCE L. MCKAY, M.Ed.

CONTINUED ON REVERSE SIDE

**FRIDAY WORKSHOPS:  
MAY 23, 9:00 A.M. - 5:00 P.M.**

- 860523-010 \$40.00 4 TAPES  
PEOPLE MANAGEMENT - BUILDING FROM STRENGTHS  
ROBERT B. ARMSTRONG, Ph.D., UNIVERSITY OF BRITISH  
COLUMBIA, VANCOUVER, BRITISH COLUMBIA
- 860523-020 \$40.00 4 TAPES  
MARRIAGE THERAPY AND MARRIAGE ENRICHMENT (T.I.M.E.)  
DON DINKMEYER, SR., Ph.D., PSYCHOLOGIST  
AUTHOR/CONSULTANT, CORAL SPRINGS, FL
- \*  860523-032 \$20.00 2 TAPES  
ADLERIAN CONCEPTS OF THE PSYCHODYNAMICS OF THE  
PSYCHOSES:  
THE MANIC-DEPRESSIVE DISORDERS (AFTERNOON), BERNARD H.  
SCHULMAN, M.D., ALFRED ADLER INSTITUTE, CHICAGO, IL
- 860523-040 \$40.00 4 TAPES  
DEMOCRATIC CLASSROOM DISCIPLINE: REGULAR,  
MULTI-CULTURAL AND OTHER APPLICATIONS  
FLOY PEPPER, M.S., AUTHOR, CONSULTANT & INSTRUCTOR  
PORTLAND STATE UNIVERSITY, PORTLAND, OR
- 860523-045 \$20.00 2 TAPES  
RAYMOND CORSINI, Ph.D.
- 860523-050 \$40.00 4 TAPES  
REACHING OUT: ADLERIAN APPROACHES IN THE COMMUNITY  
MANFORD SONSTEGARD, Ph.D., WEST VIRGINIA COLLEGE OF  
GRADUATE STUDIES, INSTITUTE, WV
- 860523-055 \$40.00 4 TAPES  
OPEN - FORUM COUPLE COUNSELING  
G. HUGH ALLRED, Ed.D. & BERNARD E. PODUSKA, Ph.D.

**MONDAY WORKSHOPS:  
MAY 26, 9:00 A.M. - 5:00 P.M.**

- 860523-710 \$40.00 4 TAPES  
EMPLOYER-EMPLOYEE RELATIONSHIPS IN EMPLOYMENT  
ASSISTANCE PROGRAMS  
RICHARD A. BETTS, M.A., CONSULTANT, WASHINGTON, D.C.
- 860523-720 \$40.00 4 TAPES  
GROUP DYNAMICS IN THE CLASSROOM  
BERNICE BRONIA GRUNWALD, M.Ed., FACULTY, ALFRED ADLER  
INSTITUTE, CHICAGO, IL
- \*  860523-730 \$20.00 2 TAPES  
DEATH, DYING AND TRANSFORMATION WORKSHOP  
WALTER E. O'CONNELL, Ph.D., VETERANS ADMINISTRATION,  
HOUSTON, TX
- \*  860523-750 \$40.00 4 TAPES  
CREATIVE CHILD AND FAMILY THERAPY TECHNIQUES  
HENRY T. STEIN, Ph.D., DIRECTOR, ALFRED ADLER INSTITUTE  
SAN FRANCISCO, CA & SOPHIA J. de VRIES, Ph.D.  
PSYCHOLOGIST, SAN FRANCISCO, CA
- 860523-760 \$40.00 4 TAPES  
"COUPLES GROWING TOGETHER": AN ADLERIAN MARRIAGE  
MANAGEMENT PROGRAM  
E. CLAIR HAWES, Ph.D., COUNSELING PSYCHOLOGIST & ROLAND  
G. HAWES, M.A., COUNSELOR, VANCOUVER, BRITISH COLUMBIA
- 860523-770 \$40.00 4 TAPES  
OPEN-FORUM FAMILY COUNSELING  
OSCAR C. CHRISTENSEN, Ed.D., PROFESSOR OF COUNSELING  
AND GUIDANCE, UNIVERSITY OF ARIZONA, TUCSON, AZ

**FRIDAY — MAY 23**

- \*  860523-780 \$ 10.00  
KEYNOTE PRESENTATION - 7:30 - 9:00 P.M.  
"CHILDREN CAN MEET THE CHALLENGE"  
ALEXANDRA ADLER, M.D.  
KURT ADLER, Ph.D., M.D.  
EVA DREIKURS FERGUSON, Ph.D.  
BERNICE BRONIA GRUNWALD, M.Ed.

**SATURDAY — MAY 24**

- \*  860523-790 \$ 10.00  
LUNCHEON - 12:30 - 2:00 P.M.  
BILL LITTLE, MINISTER, TV AND RADIO CONSULTANT, AND SEATTLE MARINERS PSYCHOLOGIST  
WILL SPEAK ON "THE MAGNETIC POWER OF PURPOSE" - A TELEOLOGICAL VIEW OF BEHAVIOR  
WITH A BENT TOWARD THE ENCOURAGING POWER OF KNOWING WHERE YOU'RE GOING.

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