

# NEWSLETTER

## North American Society of Adlerian Psychology

Volume 20, Number 5

September - October 1987

202 S. STATE STREET, #1212  
CHICAGO, ILL. 60604

### PRESIDENT'S MESSAGE

This summer has reinforced for me an irony well known to most of us: Adlerian psychology works, but few know about it. Allow me to share several experiences from the past few months.

I spent several days with a state-wide coalition of shelters for battered women. In the shelters women and children find refuge from an intolerable domestic crisis. One of the shelters' rules becomes an enormous challenge--they cannot discipline the children through hitting (spanking).

Alternatives to spanking--natural and logical consequences--are proving effective. Other parenting challenges, such as bedtime, are magnified when your family is in one room and under the same roof with perhaps a dozen other mothers and children. The shelter workers and mothers seem very receptive to the underlying theme of consequences, choices. Even in crisis, parents can be educated.

I also spent a week with teachers from elementary, middle, and high schools. On Monday morning, one in sixteen had heard of the four goals of misbehavior. You can imagine the excitement as they "were fitted for glasses" in the areas of misbehavior, motivation, and discipline. When you ask teachers how many received course work in understanding groups (otherwise known as classes!), I rarely find more than 1 in 5 with such training.

We have all had similar successes in sharing our knowledge and skills with others. Let's look to the next year as an opportunity to expand our influence in our communities.

### Our Next Year

We have spent the past year stabilizing our financial situation and identifying (and correcting) problems which should be addressed. Many people have contributed to these efforts, from convention hosts to editorial board members. Our Society works because of the selfless efforts of the membership.

In the next year, I want NASAP to move in at least two new directions:

1. Expand the frequency and content of this Newsletter.
2. Identify education projects NASAP can fund and support.

I have a broad definition of education projects--from possibly computerizing the Mosak bibliographies to creating a resource center for the Adlerian videotapes and cassettes.

### Brief Notes

The Executive Committee will meet in Chicago the weekend of September 12-13...CONVENTIONS: Applications for hosting the 1990 convention are still being accepted...An increasing interest in holding the convention off the Memorial Day weekend is being expressed...MEMBERSHIP: I met in Boston with the designers of our new membership brochure. Expect to see the brochure this fall...SURVEYS on convention content, location, and dates will be sent to selected members and presenters...MEMBERSHIP DIRECTORY is now being compiled from your responses received over the summer. The new directory will be mailed to you this fall.

Respectfully submitted,

Don C. Dinkmeyer, Jr., Ph.D.  
President

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INTEREST SECTIONS

ACT

ACT has selected a new editor for its newsletter. Correspondence regarding the newsletter should be directed to:

David Lemire  
P.O. Box 1325  
Laramie, WY 82070.

\* \* \* \* \*

REGIONAL ORGANIZATIONS

REGION I--NORTHWEST

Representatives of Region I, in an informal meeting at NASAP Convention in Fort Wayne, agreed to publish a one or two page letter to be sent to local newsletter editors for inclusion in their newsletters. There was less unity of thought regarding Region I conferences. While people wanted conferences, specific plans did not surface, according to Maurice Bullard in an article in the OSIP newsletter.

\* \* \*

REGION II--MIDWEST

Helen Cooley and Mim Pew shared significant points from the Delegate Assembly meeting with members of Region II at their meeting in Fort Wayne and received ideas from attendees. The group talked about a Regional Conference but the consensus appeared to be that the Region does not feel a need for such a conference because of the "conference rich" areas within the Region.

An interesting idea that surfaced was a weekend retreat as a restful alternative to the high pressure meeting--meeting--meeting--atmosphere of a conference. A needs assessment questionnaire is being developed by Ken Wieg and will be sent to all NASAP members in the Region. In addition to surveying the needs, the questionnaire will also serve as a "connection to let people know that the Region is alive and getting better," according to Cooley.

\* \* \*

REGIONAL CONFERENCES

REGION III--SOUTH: February 25-28, 1988, Orlando, Florida. Contact: Don Dinkmeyer, Jr., Conference Coordinator, Route 4, Box 500, Lake Geneva, WI 53147.

REGION IV--MIDDLE ATLANTIC: November 13-15, 1987, Lanham, Maryland. Contact: Terri Crovato 301/384-2764.

REGION V--NORTHEAST: March 4-6, 1988, Ottawa, Ontario. Contact: Marion Balla, Region V Delegate, 257 Billings Ave., Ottawa, ON K1H 5L1.

\* \* \* \* \*

NASAP NEWSLETTER DEADLINES

<u>Issue</u>	<u>Deadline</u>
November-December .....	October 1
January-February .....	December 1
March-April .....	February 1



DONATIONS

The following members sent donations in addition to dues payments:

Robert J. McBrien  
Georgine Nash

NASAP thanks these members for this extra expression of support.

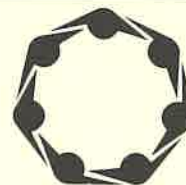
NASAP also wishes to acknowledge with appreciation a \$250 donation from Region III--South.

This Region has generously shared some of its income each year from its Orlando meeting.

In the President's report to members in the last issue of the newsletter, it was noted that 3% of budgeted income comes from donations. NASAP is a 501(c)(3) organization so that donations are tax deductible (in the U.S.). Donations, large or small, are appreciated at any time of the year!

Members are reminded that donations in honor of, or in memory of, an individual are still welcome. NASAP will acknowledge your gift with a letter to the person honored or to specified person(s) for a memorial gift. This is an opportunity to "remember" someone who played an important role in your life or who has contributed to furthering Individual Psychology. Such a donation has a two-fold effect--it provides encouragement and support to the honoree and to the Society.

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**NEWSLETTER**

North American Society  
of Adlerian Psychology

Vol. 20, No. 5

September-October, 1987

Published bi-monthly by the North American Society of Adlerian Psychology (a not-for-profit corporation), 202 S. State Street, #1212, Chicago, IL 60604. 312/939-0834.

Members of NASAP automatically receive the Newsletter. Subscription rate for non-members \$5.00.

We encourage readers to send contributions of news, suggestions, ideas, opinions by the first of the month. We reserve the right to edit.

Neva L. Hefner, Editor  
ISSN 0889-9428

CONTINUING EDUCATION CREDITS

NBCC

The North American Society of Adlerian Psychology has been approved by the National Board for Certified Counselors (NBCC) to offer continuing education for National Certified Counselors (NCC). NBCC approval is limited to the sponsoring organization and does not necessarily imply endorsement or approval of individual offerings.

Attendees at NASAP's Annual Convention and Workshops, who are NCCs, may now receive Continuing Education Units (CEUs) that may be applied towards re-certification. Credit will be given for sessions attended in their entirety, but credit is not granted for breaks or meals. A maximum of 23.5 contact hours may be earned at a NASAP Convention/Workshop week-end.

CEU

Conforming to the Guidelines of the Council on the Continuing Education Unit, NASAP will award .7 CEU for each one-day workshop and .5 CEU for attending all five sessions each day of its Convention. The CEU is a nationally recognized unit designed to provide a record of an individual's continuing education accomplishments. Upon written request to the Association, a transcript of this record will be made available as designated by the participant.

FORMS WILL BE AVAILABLE IN SEATTLE FOR PARTICIPANTS WHO WANT TO EARN ANY OF THE ABOVE CREDITS.

# # #

POSITIONS AVAILABLE

Mental Health Therapist--Southeast Wyoming Mental Health Center (an Equal Opportunity Employer):

Requirements: Advanced degree in psychology, social work or counseling; expertise in working with children, youth and families; and, experience in a community or other Mental Health setting preferred and desirable. Must be able to share emergency on-call rotation with eight other Mental Health Center staff, and to provide consultation to educational, social service, medical, law enforcement and other human services professionals. The use of clinical assessment instruments is desirable, as well as skills in working with physical/emotional/sexual abuse victims and perpetrators.

Benefits: Medical insurance, sick leave, 12 annual paid holidays, retirement plan and 20 days annual paid vacation. Salary range \$21,000 to \$24,000 annually, commensurate with training and experience.

Contact: Dr. William L. Edwards, Director  
710 Garfield Ave., Suite 320  
Laramie, WY 82070  
307/745-8915.

# # #

Full-time Dean of Faculty, Alfred Adler Institute of Chicago:

Qualifications: Earned Doctorate Degree in Psychology; registered psychologist in State of Illinois or eligible for registration; at least 5-7 years of college-level administrative/teaching experience; strong background in teaching clinical training, research, publication and public speaking; trained in field of Adlerian Psychology/supportive of the philosophy and mission of the Institute.

Contact: Randall L. Thompson, President  
Alfred Adler Institute of Chicago  
618 S. Michigan Ave.  
Chicago, IL 60605  
312/294-7100.

# # #



NASAP '88

Seattle, Washington  
May 26-30, 1988

CALL FOR PAPERS: Members who wish to present a one-day workshop or a convention program at the 36th Annual Convention in Seattle are asked to submit a proposal on the official presentation proposal form. The proposal form has been sent to all NASAP members. Additional copies are available through the central office.

THEME: "Moving Toward Equality--Adlerian Contributions to the Democratic Ideal" Application in home, school, industry; social equality for sexes, races, persons of all ages; stress idea of movement.

LOCATION: Stouffer Madison Hotel, Seattle, Washington. \$69 for single or double. Meeting rooms are all in close proximity; there is a gourmet restaurant, informal cafe, 2 bars, and complementary coffee and newspaper are delivered with wake-up call.

LOCAL ATTRACTIONS: Waterfront; Pioneer Square (old section); Seattle Center and Space Needle; Pike Place Market (farmers' produce, fish, crafts); Mt. Rainier; San Juan Islands; Inner island ferry system; Olympic peninsula and ocean beaches.

CEUs: NASAP now NBCC provider (see article on this page); other continuing education creditation is being investigated; announcement later.

SPONSORS: Puget Sound Adlerian Society  
Seattle Institute for Adlerian Studies

FOR INFORMATION: Linda Wise, Conference Coordinator, 5600 Arapahoe Ave., Suite 104, Boulder, CO 80303. 303/449-8320.

MAKE YOUR PLANS NOW AND RESERVE MAY 26-30, 1988!

# # #

**MEMBERSHIP UPDATE**

Total membership July 31, 1987, was 1,037. Comparison with 1986:

	<u>1986</u>	<u>1987</u>
New	113	138
Renewal	873	871
Life	27	28
Total	<u>1,013</u>	<u>1,037</u>

Of the 138 new people, 40 have taken advantage of the half-year rate available after June 1. **NOTE:**

Now is the time to approach that colleague or friend who might be interested in being a NASAP member. An individual may join NASAP now and receive 3 issues of the Newsletter and 2 issues of the Journal and pay only \$37.50 (\$27.50 in Canada); students pay \$15. Write or call for membership applications--NASAP, 202 S. State St., #1212, Chicago, IL 60604. 312/939-0834.

\* \* \*



**FREE BOOKS AVAILABLE**

Linda Albert writes that copies of her book, Coping with Kids and Vacation, are available FREE on request from:

Ramada Hotel Group  
Parent Survival Kit  
P.O. Box 29004 BG

Phoenix, AZ 85038. Ask for the "Parent Survival Kit," which Ramada has made available to promote its family bonus plan. While it is too late to use the advice over the summer, the hints and suggestions are valuable for weekends and all holiday periods, according to Ms. Albert.

\* \* \*

**NEW PUBLICATION**

Erik Mansager's training pamphlet, Team Staffings, has been accepted for publication by American Foster Care Resources. The material is Adlerian oriented information which assists child protective services workers in areas of group dynamics and problem solving. The monograph-style publication and accompanying workbook will be available for distribution later this summer.

Contact: Adlerian Society of Arizona, P.O. Box 40635, Tucson, AZ 85717.

\* \* \*

**LIFE-STYLE TEXT ANNOUNCED**

Understanding Life-Style: The Psycho-Clarity Process, Robert L. Powers and Jane Griffith, with foreword by Kurt A. Adler, was published on August 13, 1987. The 336-page text with appendix and references covers the life-style assessment process from the initial interview through the writing of summaries in the three phases of life-style assessment: inquiry,

review and interpretations, and summations of understanding.

\$32.50 hardcover; \$22.50 paperback; \$1.50 for postage. Illinois residents add 7% sales tax plus 1% for Chicago. US funds. Payment may be by VISA/Mastercard (provide card number and expiration date). Available through: AIAS, Ltd., 600 North McClurg Court, Suite 2502A, Chicago, IL 60611-3027 (312/337-5066).

\* \* \*

**BIBLIOGRAPHY NEEDED**

Jon Carlson, Journal Editor, needs a copy of A Bibliography for Adlerian Psychology, Vol. 1, by Harold and Birdie Mosak, for his editorial work. Anyone who has a copy available for sale, please contact Editor Carlson at:

Lake Geneva Wellness Clinic,  
101 Broad St., Suite 204  
Lake Geneva, WI 53147  
414/248-7942.

--REPLY REQUESTED--

\* \* \*

**PAPERS NEEDED FOR PUBLICATION**

Mark S. Carish has issued a "Call for Papers" for a December, 1989 publication date. He would like manuscripts on any topic of hypnosis applied to Adlerian Therapy or related areas. Papers are to be submitted by June 1, 1988, to:

Mark S. Carish  
439 Chapel Drive  
Collinsville, IL 62234  
Home phone: 618/344-5879  
Office phone: 618/533-4111, ext. 308.

--REPLY REQUESTED--

\* \* \*

**POWERS ON TV**

Robert L. Powers was recently featured in a TV program produced for the American Medical Association's continuing medical education department. The thirty-minute show, "Patient-Physician Communication," is part of a series shown on the Lifetime Cable Network titled "AMA VideoClinic." It emphasized the changing nature of the relationship between doctor and patient against the background of the wider social changes in recent years and the need for the development of mutual respect, rapport, and cooperation between them. The show was aired on July 26 and August 1, 1987.

\* \* \*

**MEMBER DISCOUNT STILL AVAILABLE**

There is still time to purchase, at half-price, the video documentary

Sadie "Tee" Dreikurs: Partner in History

30-min. The Hull House Years  
35-min. The Adlerian  
\$50 each or \$75 for the two

These tapes uniquely capture a remarkable woman who was truly a partner to people whose work changed forever the way in which human beings relate to one another.

Time-limited offer. Order from AAI of Chicago, 618 S. Michigan Ave., Chicago, IL 60605

\* \* \*

--REPLY REQUESTED--

--REPLY REQUESTED--

VIDEOTAPES

NASAP is compiling a list of Adlerian video-tapes that might be available for sale or rent. We will publicize the list in the newsletter and make it available upon request.

WE NEED YOUR HELP IN COMPILING SUCH A LIST-- if you know of any Adlerian based videotapes, please send us:

Title, brief description, cost, name and address where available.

Send information to: NASAP, 202 S. State St., Suite 1212, Chicago, IL 60604.

--REPLY REQUESTED--

--REPLY REQUESTED--



from the Regions

REGION I--NORTHWEST

OREGON

Eugene--"Peace" is the theme for the Oregon Counseling Association's Fall Conference to be held October 8-11, 1987 at the Inn of the Seventh Mountain in the Cascades southwest of Bend, Oregon. The Inn is full of activities suitable for a family weekend. Pre-conference workshops will be held on Thursday with shorter workshops on Friday and Saturday. No workshops have been scheduled on Sunday so that day can be used for recreation.

Contact: Dorothy Cruickshank, 2135 Rocky Lane, Eugene, OR 97401; 503/342-2577.

#####

REGION II--MIDWEST

ILLINOIS



Chicago--The Alfred Adler Institute of Chicago has conducted Summer Sessions for a record number of students, including the new program in Classroom Psychology, reaching almost 500 enrollments.

Response to the new Doctor of Psychology (Psy.D.) degree program has been gratifyingly large. Classes begin in the Fall term. Graduation will be held on Sunday afternoon, October 18, with an Alumni Symposium in the morning.

C.E.U.s will be offered in conjunction with their program of quarterly Workshops on a variety of topics of use to professionals and those interested in adult education.

Contact: AAI of Chicago, 618 S. Michigan Ave., Chicago, IL 60605; 312/294-7100.

#####



The Americas Institute of Adlerian Studies, Ltd. announces a September 10-14 course at Days Inn-Airport, Minneapolis, Minnesota: "Life-Style Assessment Intensive for Professionals."

The course is based upon the Powers-Griffith text, Understanding Life-Style: The Psycho-Clarity Process, now available from AIAS. APA and NBCC CE hours available. Physicians may claim 30 Category 2 CME hours. Contact: AIAS, Ltd., 312/337-5066.

###

REGION III--SOUTH

FLORIDA

Tallahassee--The Capital Area Psychology Association and the local chapter of the Florida Psychology Association are sponsoring a Marital Therapy Workshop on Saturday, September 26, led by Don Dinkmeyer, Sr. The workshop will focus on applying Adlerian concepts of Marital Therapy and Marital Enrichment. Contact: Laura Rogers 904/878-3571.

###

GEORGIA

Athens--"Peace on the Home Front: Encouraging Self-Responsibility in the Family" is the theme for a two day program on teenagers at the Georgia Center for Continuing Education, Athens, November 20-21, 1987. Francis Walton will show his video on teenage suicide and Oscar Christensen will conduct a family counseling demonstration. Christensen and Walton will also present Adlerian principals used in relating to teens in the home and school.

Contact: Mary Berry or Timothy D. Evans, Georgia Center, Adult Counseling, University of Georgia, Athens, GA 30602. 404/542-7909.

###

SOUTH CAROLINA

Myrtle Beach--The 5th Annual South Carolina Conference of Adlerian Psychology will be held September 26 and 27 at Myrtle Beach, South Carolina. The conference will feature sixteen 75-minute presentations on Saturday and five 5-hour workshops on Sunday. Conference lodging on the ocean is \$36 for two, including breakfast and lunch! Come early and/or stay late at our special low lodging prices. For more information, call Frank Walton at 803/798-0300.

###

TEXAS

Austin--Walter E. "Buzz" O'Connell will lead a workshop on "A Psychodrama of Psychospirituality" on September 19, 1987 at the Jung Institute, 4000 Avenue B, Austin, TX 78751. 512/453-3635.

#####

REGION IV--MIDDLE ATLANTIC

DISTRICT OF COLUMBIA

Washington--Don Dinkmeyer, Sr. is working on a continuous basis in Washington, D.C. with a business to develop Participative Management based on Adlerian principles. To this point the approach has been received enthusiastically and many creative ideas to applications of Adlerian ideas are being developed, according to Dinkmeyer.

\* \* \* \* \*

REGION V--NORTHEAST

MAINE

Presque Isle--Don Dinkmeyer, Sr. will lead a workshop on Motivation and Discipline for the school system on Presque Isle, Maine, October 9. Contact: Priscilla Field, Hacker School, Fort Fairfield, ME 0742.

\* \* \*

MASSACHUSETTS

Centerville--The Family Education Center of the South Shore reports that they have served over 63 families throughout the Cape Cod area during the 1986-87 season by providing extensive parent education courses, workshops and programs. However, they have restructured the program for 1987-88 and plan to have programs in the fall and spring. The winter snows took their toll and they have decided to sidestep Mother Nature this year.

Contact: FEC of the South Shore, Inc., P.O. Box 54, Centerville, MA 02632.

\* \* \*

QUEBEC



Montreal--Fall courses at the Alfred Adler Institute of Quebec begin September 19 and 20 with "Psychodynamics of Psychopathology" (C302) taught by Ronald J. Pancner. "Introduction to Individual Psychology" Parts I and II will be taught by H. L. Ansbacher and

Seymour Schneider beginning September 26.

For the first time, the Introduction course will be offered in French, taught by Irene Copping. In December, "Introduction to Professional Issues" will be taught by Dr. Puterman, who will center attention on professional issues in Quebec and Canada.

Contact: AAI of Quebec, 4947 Grosvenor Ave., Montreal, PQ H3W 2M2. 514/731-5675.

\* \* \* \* \*

REGION VI--FAR WEST

CALIFORNIA



Berkeley--The Fall Quarter classes at the Adlerian Western Institute for Research & Training in Humanics (AWIRTH) will be held October 8 through December 17, 1987, taught by Lucy Ackerknecht and staff.

Marathon dates are October 14, November 22 and December 13. Plan now for AWIRTH's summer program in Adlerian studies in Argeles, France in 1988. Contact the Institute for further information.

Contact: AWIRTH, 226 Stanford Ave., Berkeley, CA 94708. 415/524-4929.

\* \* \*

San Diego--The 2nd Avalon Conference on Individual Psychology will be held October 22, 23, 24, 1987 on the enchanting and peaceful island of Catalina, 20 miles off of the Los Angeles coast. Enjoy three days of stimulation and relaxation. Sponsored by the San Diego Society of Adlerian Psychology, the conference will feature the keynote presentation by Richard Royal Kopp, a lifestyle presentation and demonstration by Robert L. Powers and Jane Griffith, and a presentation and demonstration of family counseling by Oscar Christensen.

Enrollment is limited. For further information, a descriptive brochure and registration form on a "not-to-miss-experience," contact:

Steven A. Maybell, Ph.D.  
486 Hillway Dr.  
Vista, CA 92084  
619/758-4658.

\* \* \* \* \*

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CASSETTES AVAILABLE

Audio Archives International has recorded the presentations at the last four NASAP Conventions. Cassettes are available through their Canadian and U.S. offices for the following years:

- 1984 - NASAP Convention in Toronto
- 1985 - NASAP Convention in Atlanta
- 1986 - NASAP Convention in St. Louis
- 1987 - NASAP Convention in Fort Wayne

1985 - IAIP Congress in Montreal

For information, contact:

Audio Archives International, Inc.  
3043 Foothill Blvd., Suite #2  
La Crescenta, CA 91214  
818/957-0874

or

Audio Archives of Canada  
100 West Beaver Creek, Unit 18  
Richmond Hill, ON L4B 1H4  
416/889-6555.

\* \* \*

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DELEGATE ASSEMBLY

The following people are currently serving on the Delegate Assembly, the governing group of the Society. Members are encouraged to share ideas and suggestions with the Delegates at any time. Addresses and phone numbers are included for your convenience in contacting them.

Region I--Northwest

Nancy Catlin, Ph.D.  
5005 44th Ave., N.E.  
Seattle, WA 98105  
Home: 206/525-4046  
Work: 206/392-0739

Eileen Gilchrist, M.Ed.  
241-107th Ave.  
Kimberley, BC V1A 1C3  
Canada  
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Region II--Midwest

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Region IV--Middle Atlantic

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Region VI--Far West

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Family Education

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H & W: 314/843-3857

Steven A. Maybell, Ph.D.  
486 Hillway Drive  
Vista, CA 92084  
Home: 619/758-4658  
Work: 619/758-2671

President:

Don C. Dinkmeyer, Jr., Ph.D.  
Rt. 4, Box 500  
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H & W: 414/248-9424

The Delegate Assembly will be meeting in Chicago November 14 and 15, 1987.

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ORDER FORM -- ITEMS AVAILABLE THRU NASAP

Books

---- Family Fun Time, Marti Malterre \$ 1.75  
---- A Bibliography for Adlerian  
Psychology, Vol. 2, Birdie and  
Harold Mosak 50.00

Cassette

---- Radio Spots, reel & cassette 10.00  
Seven 20-second motivational  
statements to promote parent  
study groups.

Tote Bags

---- "Courage to be Imperfect" 10.00  
Tote Bags (handling) 3.00

Videotapes

---- Corsini 4R System complete set 150.00  
(handling) 10.00  
---- Introduction only \$ 30  
---- Two-tape series with 110  
manual  
(handling) 3

TOTAL \$ \_\_\_\_\_

Check payable to NASAP, U.S. Funds, or

VISA or MasterCard

No. \_\_\_\_\_ Exp. Date \_\_\_\_\_

Name \_\_\_\_\_

Address \_\_\_\_\_

Send completed form to:  
NASAP  
202 S. State Street, #1212  
Chicago, IL 60604