

NEWSLETTER

North American Society of Adlerian Psychology

Volume 21, Number 4

April, 1988

202 S. STATE STREET, #1212
CHICAGO, ILL. 60604

President's Message

In this part of the Continent, Spring has arrived. Winter's salt and sand are washed from the roads by April showers. Snow shovels are put away, bikes are hauled to the gas station for air in the tires. It is a time for renewal and anticipation.

Editing this newsletter has given me the opportunity to see, more clearly, the incredibly diverse and widespread activities of NASAP members across Canada and the United States.

For example: In Region I, covering the northwestern U.S. and Canada, 14 separate local associations and institutes...close to 400 attend the regional Conference in February...a waiting list of parents for Study Groups in Port Alberni.

Example two: Comments on the Orlando conference, from non-NASAP people attending their first meeting: "Lots of good information. I felt comfortable asking questions..." I love the Adlerian atmosphere - acceptance. The theory is rational, simple, and effective..."I have attended close to 100 Conferences. This was one of the best. People were friendly and the atmosphere was relaxed..."My orientation is heavily influenced by Erickson and NLP. The Adlerian approach adds depth."

Example three: Look inside this issue to read comments from grateful parents (page 5), the large response within the membership to the call for Resource Book information (page 5), news from the Interest Sections (page 4), and the dozens of meetings, workshops and courses in the next few months (pages 3 and 6).

The last example is the one reading this newsletter. What are you doing for others - in your home, school, community, and work? Let us know about your successes and challenges.

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The Seattle Convention will be an opportunity to renew friendships, attend workshops and presentations, and enjoy the hospitality of the Northwest. If you haven't already made plans to attend, see page 2 for details.

As of April 1st, membership is slightly ahead of last year. The most encouraging sign is a 21% increase in new members; 99 as compared to 82 at this time last year. Total membership is now 950, compared to 940 last year at this time.

After the initial surge of renewals the first quarter of the year, membership slowly grows as late renewals and new memberships come in. I am confident that we can surpass last year's total of 1,089 members -- with your help!

Current membership by region is:

- I - 93 (Far West)
- II - 231 (Midwest)
- III - 159 (South)
- IV - 126 (Middle Atlantic)
- V - 187 (Northeast)
- VI - 134 (Far West)
- International - 20

Interest Section memberships are:

- ACT - 197
- Family Education - 107
- Education - 91
- Theory & Research - 75
- Clinicians - 72

Remember that Interest Section memberships are low cost - in some cases, \$2. Contact Neva Hefner for details on joining an interest section.

Respectfully Submitted,

Don Dinkmeyer, Jr., Ph.D.
President

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Call for Editorial Board Members

Dr. Jon Carlson, Editor of NASAP's Individual Psychology: Practice and Application, asks persons interested in serving on the Editorial Board to submit their vita to:

IP Editorial Board
Lake Geneva Wellness Clinic
101 Broad Street, Suite 204
Lake Geneva, WI 53147
(414) 248-7942

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NASAP Member Training for Olympics

Paul Wick, a member of the USA track team the past five years, is in the final stages of training for the Seoul Olympic 20 and 50 kilometer racewalking events.

Wick must qualify for the United States Olympic team by finishing in the top three at the 50km trials in Indianapolis on April 24, or the 20km trials to be held later this spring. He finished fourth in the 1984 trials, competing internationally for two years.

Paul is completing his Master's in Counseling at the University of Wisconsin - Whitewater and is an Individual Psychology: Practice and Application Editorial Board member. He is being coached by Jon Carlson, a marathoner and former coach at UW-W.

A fund has been established to defray his training expenses. If you would like to contribute, send your check to: Paul Wick Fund, Lake Geneva Wellness Clinic, 101 Broad Street, Lake Geneva, WI 53147.

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Talent Search

If you have these abilities, or know someone who does, please let us know:

- * A sculptor or potter, to design the NASAP Continental Social Interest Award.
- * Experience in designing a newsletter on computer (Desktop Publishing).
- * AAMFT Supervisor Status

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DONATIONS

Donations to NASAP during the past month have been received from:

- * Marlis Auterson
- * Guy Manaster, in honor of Neva Hefner
- * Jean Burkholder, in honor of Genevieve Painter

Donations can be made in honor of an individual, and can be earmarked for specific purposes such as scholarships. We are grateful for these financial contributions.

SEATTLE '88

Our 36th annual Convention and workshops will be held May 27-30 at the Stouffer Madison Hotel, Seattle.

If you have not yet received a registration flyer, call toll-free 800-345-9606. Fees can be charged to Visa or MasterCard.

Media Room

New this year - the Media room will give members an opportunity to view Adlerian audio and video materials and educational programs. Authors will be available to answer questions.

If you would like to display materials in the room (there is no charge), you must contact Neva Hefner at the Central Office immediately.

Videotaping

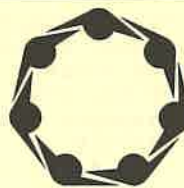
Another new feature of the convention will be videotaping of selected presentations. Presently scheduled for videotaping are presentations by Ray Lowe, Mim Pew and Renee Dushman, Jon Carlson, Len Sperry and Bernard Shulman, Eva Dreikurs Ferguson, and the keynote speech by Steven Glenn.

Each videotape will be reasonably priced. Order forms will be available in Seattle, and will be printed in this Newsletter.

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Newsletter Deadlines

The deadline is the 1st of the month preceding the issue. Send all items to the Central Office in Chicago.



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of Adlerian Psychology

Vol. 21, No. 4

April, 1988

Published ten times each year by the North American Society of Adlerian Psychology (a not-for-profit corporation), 202 S. State Street, #1212, Chicago, IL 60604. 312/939-0834.

Members of NASAP automatically receive the Newsletter. Subscription rate for non-members \$5.00.

We encourage readers to send contributions of news, suggestions, ideas, opinions by the first of the month. We reserve the right to edit.

Don Dinkmeyer, Jr., Ph.D., Editor
ISSN 0889-9428

-News and Events from the Regions-

REGION I--NORTHWEST

Vancouver-- APABC offers the following schedule: "Encouragement: Key to Social Success", with Sharon McInnes and Angie Kwok, April 23; Parent Leadership Training with Gary and Joyce McKay, June 4. The annual General Meeting will be held on June 3rd at 6pm. Lee Schnebly will speak on "Enjoying Life to the Fullest". Contact: APABC, 2525 Manitoba St., #210, Vancouver, BC V5Y 3A7 Telephone: (604) 764-4614.

REGION II--MIDWEST

Evergreen Park, IL--A three day seminar on the treatment of chemical dependency will be taught on May 11-13 by Helen K. Cooley, M.A., SCAC. The seminar is sponsored by Interaction Institute, in cooperation with Cook County courts. Contact: Interaction Institute, 2400 W. 95 St. #401, Evergreen Park, IL 60642. Telephone: (312) 422-1844.

Chicago-- The Alfred Adler Institute of Chicago announces the following workshops and classes: "Brief Psychotherapy", April 30, \$50, with Len Sperry and Jon Carlson (Qualified students may earn graduate credit for this workshop); "Active Parenting Leader Certification", May 12, \$95, with Harrell Hicks, (Contact Active Parenting at 1-800-235-775 to enroll); "Group Psychotherapy Techniques", May 21, \$50, with Ray Corsini, "Counseling Children and Adolescents" (C.343), August 5-7, with Achi Yotam. A complete summer course schedule is available. Contact: Alfred Adler Institute of Chicago, 618 S. Michigan Avenue, Chicago, IL 60605. (312) 294-7100.

Chicago: "Teenage Suicide Prevention" is the topic of Gail Cutler's talk on Thursday, April 21st at 7:30pm, at Hephizabah, 946 North Boulevard. The talk is part of the Margaret Goldman Memorial Lecture Series, sponsored by the Family Education Centers of Northern Illinois. Talks in May include Kevin O'Connor on May 12, "Conflict Resolution with Difficult People", and Jane Hedges on May 19, "Understanding Teens". For more information, contact: Alfred Adler Institute of Chicago, 294-7100.

Chicago--The Americas Institute of Adlerian Studies (AIAS) offers the following courses for the remainder of 1988 in the Program for Professionals: "Assessing Individual and Group Styles", June 24-27; "Applying Psychological Skills", September 30 - October 3. "Life-Style Assessment, Intensive Seminar for Professionals" May 22-26, 1988 in Seattle. Contact: Jane Griffith, AIAS, Ltd, 600 N. McClurg Ct., 2502A, Chicago, IL 60611-3027. 312/337-5066.

Skokie, IL--Human Effectiveness announces six month programs in contemporary Adlerian psychotherapy, led by Bob Wright and Cate Ahrens. Contact: Human Effectiveness, 4556 Oakton #201, Skokie, IL 60076. 312-673-9090.

Omaha--The Nebraska Society of Adlerian Psychology will conduct a workshop on April 16, "Not the Norm," approaches and techniques for counseling gay clients, led by Georgia

Bichekas. Contact: Nebraska Society of Adlerian Psychology, 7701 Pacific St. #103, Omaha, NE 68114. 402/393-1647.

REGION III--SOUTH

Columbia, SC--Frank and Kathy Walton will teach "Classroom Management" at the 19th annual Adlerian Summer School, June 13 through 24. Tuition \$121, or \$243 with 3 graduate credits from South Carolina State College. To reserve your space in this class, send a \$10 deposit to: Frank Walton, 1313 St. Andrews Road, Columbia, SC 29210.

Springmaid Beach, SC--The 1988 South Carolina Conference of Adlerian Psychology will be held on September 24-25. For information on presenting or attending, contact: Dr. Frank Walton, 1313 St. Andrews Road, Columbia 29210.

Titusville, FL--A Corsini 4-R School, New Life Academy, began this fall with several early elementary grades. New Life joins the Sunwood Academy of Melbourne as the second Space Coast 4R School.

Orlando--The 12th annual Region Conference will be held February 23-26, 1989 in Orlando. Workshop and program presentations are solicited. Contact: Don Dinkmeyer, Jr., Rt. 4, Box 500, Lake Geneva, WI 53147. 414-248-9424.

REGION IV--MIDDLE ATLANTIC

Bowie, MD--Dr. Charles McElvaney, Professor at the Adler-Dreikurs Institute of Bowie State College, did six workshops on Adlerian theory and practice during a recent trip to Taiwan. Lectures and demonstration sites included the National Taiwan Normal University, Veterans General Hospital, and the National Taiwan College of Education.

Bowie, MD--"Issues of Control and Power in Families" will be conducted on Saturday, June 18, sponsored by New Ventures. The Control Game, parenting traps for adult children of alcoholics, incest and abuse will be covered during the workshop. Contact: Beverly Roberts or Judi Bordeaux at 301-464-2622.

REGION V--NORTHEAST

Ottawa-- March 4-6, 1988, the Region V Conference on "The Changing Family" was held in Ottawa. The Conference included the presentation of several NASAP Social Interest Awards to local organizations by Amy Lew.

Hartford--Don Dinkmeyer Sr. conducts a STEP and STEP/Teen leadership training workshop for the Collaboration for Connecticut's Children on May 6th. Contact: Cynthia McKenna, 60 Lorraine St., Hartford 06105. (203) 233-4437.

New York City--The New York Committee has started a monthly meeting known as the Adler Club, open to members and friends. The next meeting will be held on Sunday, April 24 from 3-5pm. For further information, contact Ruth Kanin at 212-580-2991 or Lucia Radl at 212-362-5055.

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NASAP NEWSLETTER
Don Dinkmeyer, Jr., Ph.D., Editor
202 S. State Street, #1212
Chicago, IL 60604

- REGION NEWS (Continued from page 3) -

Montreal--The Alfred Adler Institute of Quebec announces the following courses: "Ethnic - Cultural Differences" by Dr. Robert Sherman, May 6; "Adlerian Approaches to Intervention" by Dr. Bernard Shulman, June 17-19. Both courses are taught at the Institute of Community and Family Psychiatry, Montreal. On June 3-5, Leo Gold will present "Dream Interpretation" as a weekend intensive course. Contact: Liliane Bensinger, AAI of Quebec, 4947 Grosvenor Avenue, Montreal PQ H3W 2M2 (514) 731-5675.

REGION VI--FAR WEST

Denver--Dr. Diane "Arch" Archer will conduct eight classes for educators in June and July. Graduate and recertification credits will be offered. Classes are held in the suburb of Golden at the Days Inn. For a complete listing of classes, fees, and times, contact: Dr. Archer, 1632 Montane Drive East, Golden, CO 80401 (303) 526-9444.

Bodega Bay, CA--The Third annual Bodega Bay Institute for teachers, parents, therapists and anyone with influence in a family will be held July 28 - August 2nd. Instructors are Lynn Lott and Carol Rivendell. Deposit required by June 1st, space limited to 12 persons. For additional information, contact: Lott-Rivendell, 4765 Hoen Ave., Santa Rosa, CA 95405 (707) 526-3141.

Fullerton, CA--Dr. Jim Bitter, Chair of the Department of Counseling at Cal State Fullerton, reports a monthly meeting of students interested in Adlerian Psychology. Manford Sonstegard has joined the staff at the University.

San Francisco--Continuing Case Study and Master Class with Sophia de Vries and Henry Stein will be held on May 14 and June 11. The third annual Adlerian Summer Intensive, "Creative Individual, Couple and Family Therapy Techniques," will be held in San Francisco at San Francisco State University, Seven Hills Conference Center, July 8-18, 1988. Featured presenters will be Henry T. Stein, Ph.D. and Sophia J. de Vries, Ph.D. Low-cost student housing will be available. Contact: Henry T. Stein, Ph.D., Director, Alfred Adler Institute of San Francisco, 1580 Valencia Street, #801, San Francisco, CA 94110 (415) 282-1661.

INTERNATIONAL

Chios, Greece--The Rudolf Dreikurs Summer Institute (ICASSI) will be held on the island of Chios, Greece, July 17-30. Faculty members include Tee Dreikurs, Roy Kern, Mim Pew, Eva Dreikurs Ferguson, and Edna Nash. One and two week registrations are available. For registration information and a full brochure on ICASSI, Contact: Roland Hawes, ICASSI Administrator, 103-2419 Bellevue Avenue, West Vancouver, BC, Canada V7V 4T4.

"Conquering the Past: Family Recovery and How it Works", a two hour taped seminar, is intended for families, counselors, and as an encouragement for clients to commit to counseling. Presenters on the two tape set are Pat McGill and Helen K. Cooley. Two worksheets accompany the tapes; \$15 for NASAP members. Order from: Interaction Institute, 2400 W. 95 St. #401, Evergreen Park, IL 60642. Telephone: (312) 422-1844.

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NASAP member Robert Sherman and Norman Fredman have published The Handbook of Measurements for Marriage and Family Therapy. The book, a monthly selection of the Behavior Science Book Club, includes 46 of the most popular and researched tests in family therapy. Each test is evaluated, and a copy of the test or sample items is included. The book is published by Brunner/Mazel.

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Robert Sherman and Don Dinkmeyer collaborated with fellow Adlerians James Bitter, Don Kelly, James Croake, Steve Hirschorn, and William McKelvie in Systems of Family Therapy: An Adlerian Integration. Adlerian family therapy is compared and contrasted with five other popular theories. The book is published by Brunner/Mazel.

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A documentary on teenagers, featuring NASAP members Renee Dobkin Dushman and Mary Jane Bressler, will appear on the ABC television network on Sunday, June 5th. Consult your local listings for time and station.

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A series of training videos on encouragement, lifestyle, and leadership using Adlerian concepts has been developed by the Georgia Center for Continuing Education. The four tapes are specifically designed for health care professionals, and will be shown at the Media Room of the Seattle Convention.

For additional information on this videotape series, contact: Dr. Tim Evans, Georgia Center for Continuing Education, University of Georgia, Athens, GA 30602.

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The Journal of Individual Psychology, NASAP's official journal, has been selected for inclusion in the Institute for Scientific Information's Social Sciences Citation Index, 1955-64. The retrospective index is intended to help scholars research significant journals of the period.

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The 1987 and 1988 NASAP Convention program summaries will be listed in the ERIC (Education Resources Information Center) computerized reference system. Presenters at these conventions will be contacted by ERIC, and must send their papers to ERIC for inclusion in the system.

NASAP member Dr. Kevin Leman will send any member a free copy of his books Birth Order and Making Children Mind Without Losing Yours. Through an agreement with Dell Publishers and Dr. Leman, you can receive a copy of each book (postage-paid) by writing:

Dr. Kevin Leman
1325 N. Wilmot, Suite 320
Tucson, AZ 85712

Simply send your name and address on a postcard or enclose in an envelope, mention you are a NASAP member, and indicate which books you would like to receive.

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Interest Section News

(Editor's Note: NASAP members can join any Interest Section. To promote communication between the sections, with this issue we begin a regular summary of their newsletters.)

Education

Heinz Ansbacher writes in the April newsletter, "Congratulations on the Newsletter and many thanks for sending me the first two copies. I like the spirit shown throughout. The reminder of Betty Lou Bettner that 'parents need information, not therapy' seems to me very apt."

Stan Dubelle, Editor of the Newsletter, reports on his presentation in Puerto Rico: "The ideas, concepts and principles of Individual Psychology were right at home...Everywhere the seeds of IP are planted there is such fertile ground, so we wonder 'When's it ALL going to happen?'...Could NASAP take the lead and be more aggressive in making a positive concerted difference?"

Adlerian Counseling and Therapy (ACT)

The Spring issue of the ACT newsletter features a specific set of strategies for Problem-Solving, including:

- *Four steps in problem solving
- *A problem solving process for classrooms
- *Cooperative conflict resolution procedures
- *GPSP: A four-stage problem solving process

The eight pages on problem solving strategies were created by David Lemire, Editor of the ACT newsletter.

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Ron Jacques is interested in information on applying the goals of misbehavior to delinquent populations. Write Ron at Ricks College, Rexburg, ID 83440.

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Althea Poulos writes her Adlerian kinderschool and nursery has experienced progress since opening in 1986: "The strength of this programme lies in the emphasis on the basic motivational factor in human learning--encouragement."

LETTERS TO THE EDITOR

Excerpts from letters received during the past month:

We felt NASAP should be aware how fortunate our community has been to be taught parenting skills with the positive approach of Adlerian psychology. This has been brought to us by one of your members, Betty Lou Bettner. She has made the writings of Adler and Dreikurs a foundation for raising capable young people in the 80's, and has encouraged hundreds of parents in our community to help their children feel connected, capable, significant, informed, understood, and responsible.

The Community Education Council is a cross section of 31 members of our community...five years ago we saw a need for parenting courses and established the Parent Center, which is housed in our local middle school.

Parent Center
Community Education Center
Springfield, Pennsylvania

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In response to your November/December message, I have collected some suggestions from our employees and Society members:

* Sell advertising space in the newsletter. It will provide added income to NASAP.

* Develop a consultation/training staff at NASAP, available to Adlerian and other organizations.

* Develop a Research, Marketing, and Publications Department within NASAP.

* Develop media presentations that local Adlerian organizations could utilize.

* Develop an advisory board for NASAP made up of business leaders, marketing specialists, media specialists, financial consultants, etc. to serve without compensation. All information received from the advisory board would be proposed to the Delegate Assembly.

* Develop scholarships to be made available to students at Adlerian Institutes.

* Erase the word "actively" support from the NASAP application. The Maine Society recently received an application with the word crossed out. We were delighted to have this person as a member (and their \$20.00). Some individuals may want to support NASAP and not actively support it.

* Improve the Newsletter - add a little color.

* Hire a new marketing firm for the brochure, or have proposed brochures on display at the NASAP convention and have members in attendance vote for the brochure of their choice. I noticed when the new brochure was sent, we had a choice of two - the marketing firm who produced the brochures should know better.

* Provide consultation/training grants to Adlerian organizations.

* Solicit mailing lists from Adlerian organizations, corporations, agencies, societies, etc. and send out one copy of the newsletter to those on the mailing lists. Howard Macfarland, Editor of the Social Work Newsletter sends 1 issue each year to ALL social workers. This has increased their membership 20% each year.

We hope these few ideas will be helpful to NASAP.

Norman W. Nelson
President, Adlerian Resources
Old Town, Maine

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Address all correspondence to:

Letters to the Editor
NASAP
202 S. State St. #1212
Chicago, IL 60604.

We reserve the right to edit letters.

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RESOURCE BOOK

Response to the initial request for contributions to the Resource Book has been excellent. The book will contain handouts, flyers, and other materials we use with clients, in presentations, and other settings.

We gratefully acknowledge contributions from 57 NASAP members (listed in order of receipt):

Heinz Ansbacher, Dave MacDougall, Cam Meredith, David Lemire, Buzz O'Connell, Bronia Grunwald, Elizabeth Platt, Cal Bolinder, William G. Brown, Mark Carich, R. John Huber, Rob Sharp, Bryna Gamson, Adele Thomas, Evonne Weinhaus, Don Dinkmeyer, Sr., Al Milliren.

Ralph Evers, John Platt, Donna Callar, Martie Monroe Malterre, Clair Hawes, Gary McKay, Gary Vann, Reginald Brasington, Mitch Messer, Barbara Fairfield, Lee Schnebly, Dayton Salisbury, Rebecca Blake, Roy Kern, Carolyn Litty, Jim Bitter, Lucia Radl, Frank Walton.

Lawrence Belove, Mary Lou Prich, Michael Popkin, Larry Nisan, Bill Kiskaddon, Paul Berghoff, Ed Abelson, Steve Maybelle, Genevieve Painter, Dale Steele, Elena Weimers, Jane Lawther, Jane Nelson, Amy Lew, Emily Thorn, Edna Nash, Linda Albert, Phyllis Allison, Maurice Bullard, Albert Ellis, Rob Guttenberg, Julianne Johnson, Lynn Lott, Gary Meunier, James Croake, Alexandra Adler, Ray Lowe, Bob McBrien, Mel Markowski, Ray Corsini, and Liljan Espanak.

There is still time to send your materials for the book. You will be acknowledged as the originator of your materials. The book will be sold to NASAP members. Please send your contributions to the NASAP Central Office.

The Resource Book was suggested by the Delegate Assembly at their November meeting, and is coordinated by Betty Lou Bettner.