



NEWSLETTER

North American Society of Adlerian Psychology

Volume 21, Number 5

May, 1988

202 S. STATE STREET, #1212
CHICAGO, ILL. 60604

President's Message

As I complete a two year term as President, allow me to reflect on our collective ambitions and accomplishments.

Neva Hefner and Marie Stacel do a tremendous job maintaining the organization from our offices in Chicago. But NASAP is much more than their efforts.

Where are we headed? NASAP is gathering momentum and moving forward. Sometimes, it seems, not quickly enough. But trust the movement!

* We have hired a professional convention coordinator. This reduces enormous demands on the host group and minimizes major financial risks for the Society.

* We have made significant steps toward financial responsibility, but annual income from memberships and conventions still falls below ever-increasing overhead. The solution, in part, is to increase membership.

* The new membership brochure is beginning to draw qualified professionals into the Society.

* We will begin to use the video format to record convention presentations, a significant step toward making our assets competitive with other psychology resources.

* We are recognizing contributions with the Continental and local Social Interest Awards.

* The Journals continue in the capable hands of Guy Manaster and Jon Carlson, and the quality of articles continues to increase.

* This Newsletter has returned to monthly distribution, allowing more space and timeliness for events and information.

I have been impressed with the dedication of our staff, Executive Committee, Delegate Assembly, and the membership. Everyone is not expected to serve on committees, volunteer time and energy, but those who do are magnificent, and draw others into the organization. Our momentum is building.

I believe the following can be accomplished in the next few years:

* Create and distribute a video training library, including convention programs and workshops. Make the current audio and video resources more accessible.

* Cooperate more actively with established and emerging Adlerian Institutes, training and perhaps certifying professionals in Individual Psychology.

* Increase the quality of publications such as this newsletter, and create new ones to serve the members and their populations.

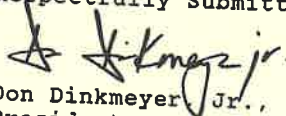
* Achieve a greater measure of financial stability by increasing membership. This effort must recognize the importance of spending funds wisely to attract members. It must also recognize the value of quality, not quantity.

* Continue to actively solicit the ideas and needs of the membership, and create the vehicles for accomplishing these tasks.

For most of you, the specifics may be less important than the theme. I am grateful for this opportunity to work with other capable professionals, and look forward to the future.

See you in Seattle!

Respectfully Submitted,


Don Dinkmeyer Jr., Ph.D.
President

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In Memoriam: Carol Arnold

NASAP member Carol Arnold died March 31st after a lengthy battle with cancer. She was a licensed marriage and family counselor, conducted parent study groups for more than 15 years, and was the author of the Successful Parenting newspaper column.

Carol joined the Society in 1973, started our public relations program in 1976, and served on the Delegate Assembly, 1980-83. She created the radio announcement spots for family education centers, still available through NASAP. The large brown and gold "Adlerian Ideas Are Everywhere" banner, displayed at many regional and annual conventions, was designed and created by her.

* * * *

DONATIONS

Donations to NASAP during the past month have been received from:

- * Barbara Fairfield, in memory of Carol Arnold
- * Morris Mandel

Donations can be made in honor of an individual, and can be earmarked for specific purposes such as scholarships. We are grateful for these financial contributions.

* * * *

Call for Editorial Board Members

Dr. Jon Carlson, Editor of NASAP's Individual Psychology: Practice and Application, asks persons interested in serving on the Editorial Board to submit their vita to:

IP Editorial Board
Lake Geneva Wellness Clinic
101 Broad Street, Suite 204
Lake Geneva, WI 53147
(414) 248-7942

* * * *

Training Institutes

The following Institute should be added to the list printed in the January newsletter:

Americas Institute of Adlerian Studies
AIAS - San Diego County
486 Hillway Drive
Vista, CA 92084
(619) 758-4658

Steven A. Maybell, Ph.D., Director
Debbie Gregson, Administrator

* * * *

Talent Search

If you have these abilities, or know someone who does, please let us know:

* A sculptor or potter, to design the NASAP Continental Social Interest Award.

* Experience in designing a newsletter on computer (Desktop Publishing).

Seattle Update

Our 36th annual Convention and workshops will be held May 27-30 in Seattle, Washington. If you want to register, call 800-345-9606. Fees can be charged to Visa or MasterCard.

Events in Seattle

These previously unpublicized events have been added to the convention schedule:

Thursday, May 26, 8pm: Informal meeting of Region I (Northwest) members to discuss some challenges the Region is facing. Ideas from this special meeting will be brought to the shorter, formal meeting of the region later that weekend. The room number for the meeting will be posted, or contact Kim Unrau, President, or Dave Thomas, Treasurer.

Friday, May 27, 3:30 - 6:30pm: Individual Education International (IEI) annual meeting, 4th floor of the convention hotel. Check meeting boards for exact location, or contact Tim Evans, IEI President.

Friday, May 27, 5:30pm: Past President's Council inaugural meeting, hosted by Dr. Guy Manaster, immediate Past President.

Media Room

New this year - the Media room will give members an opportunity to view Adlerian audio and video materials and educational programs. Authors will be available to answer questions.

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Newsletter Deadlines

The deadline is the 1st of the month preceding the issue. Send all items to the Central Office in Chicago.



NEWSLETTER

North American Society of Adlerian Psychology

Vol. 21, No. 5

May, 1988

Published ten times each year by the North American Society of Adlerian Psychology (a not-for-profit corporation), 202 S. State Street, #1212, Chicago, IL 60604. 312/939-0834.

Members of NASAP automatically receive the Newsletter. Subscription rate for non-members \$5.00.

We encourage readers to send contributions of news, suggestions, ideas, opinions by the first of the month. We reserve the right to edit.

Don Dinkmeyer, Jr., Ph.D., Editor
ISSN 0889-9428

Report from Munster

Rena Taub reports on the International Association of Individual Psychology meeting in Munster, West Germany:

"The city of Munster, a beautiful old university town, gave the Congress attendees a warm welcome, which included a reception by the mayor."

"In addition, the city's attractive museum devoted several large galleries to an exhibition of cartoons inspired by Adler and other psychologists. Our German colleagues translated the captions for us. Can you picture Adlerians from all over the world walking through these galleries and bursting into laughter and smiles?"

"It was a delightful interlude in a conference...Exchanging ideas with colleagues from far flung corners of the world gives us renewed energy and hope for the continued development of the rich legacy of Alfred Adler's theories."

The next IAIP meeting will be in Abano, Italy in the summer of 1990. NASAP is a member of this international organizing body for Adlerian psychology, and sends ten delegates to the Congress.

* * * *

Resource Book

The NASAP Resource Book continues to grow. The book will contain handouts, flyers, and other materials we use with clients, in presentations and other settings.

We gratefully acknowledge contributions from the following members. They join the first 57 contributors (listed in order of receipt):

Steven Glenn, Jane Nelson, Patricia Williamson, Kay Kummerow, Don and Ann Tuites, Heinz Ansbacher, JoAnne Hahn, Eva Dreikurs Ferguson, Frank C. Wickers.

There is still time to send your materials for the book. You will be acknowledged as the originator of your materials. The book will be sold to NASAP members. Please send your contributions to the NASAP Central Office.

The Resource Book was suggested by the Delegate Assembly at their November meeting, and is coordinated by Betty Lou Bettner.

* * * *

AAMFT Supervisors

The following NASAP members have indicated they have AAMFT supervisory status:

Cam Meredith, Steve Hirschorn, Charles Huber, Don Dinkmeyer, Sr., Roy Kern, Mary M. Goebel.

Consult your membership directory for addresses. If you are not on the above list, please advise the Chicago office. We receive requests for referrals to these supervisors.

{Editor's Note: Listings in this section are now shorter and may only run in two issues.

REGION I--NORTHWEST

Vancouver-- APABC offers Parent Leadership Training by Gary and Joyce McKay, June 4. Annual General Meeting, June 3rd at 6pm. Lee Schnebly will speak on "Enjoying Life to the Fullest". Contact: APABC, 2525 Manitoba St., #210, Vancouver, BC V5Y 3A7 Telephone: (604) 764-4614.

Laramie, WY--Developing Human Potential Institute, June 20 - July 8th. Speakers include Dr. Arthur Combs, one of the pioneers of humanistic psychology. Graduate credit, on-campus housing, one day registrations available. Contact: David Lemire, Conference Coordinator, Box 3972, University Station, Laramie, WY 82071-3972 (307) 766-2124.

REGION II--MIDWEST

Chicago--Alfred Adler Institute of Chicago offers: "Group Psychotherapy Techniques", May 21, \$50, with Ray Corsini. A complete summer course schedule is available. Contact: Alfred Adler Institute of Chicago, 618 S. Michigan Avenue, Chicago, IL 60605. (312) 294-7100.

Chicago--The Americas Institute of Adlerian Studies (AIAS) offers: "Assessing Individual and Group Styles", June 24-27; "Applying Psychological Skills", September 30 - October 3. "Life-Style Assessment, Intensive Seminar for Professionals" May 22-26, 1988 in Seattle. Contact: Jane Griffith, AIAS, Ltd, 600 N. McClurg Ct., 2502A, Chicago, IL 60611-3027. 312/337-5066.

Chicago and Suburbs--AAI-Chicago announces courses for teachers, featuring a 5 day course in Systematic Training for Effective Teaching (STET), and a three day advanced course, Personal Leadership Styles. Graduate credit and teacher track credit available. Courses will be held from late June through early August at a wide variety of sites throughout Chicago and Northern Illinois. Contact: Bryna Gamson, AAI, 618 S. Michigan Avenue, Chicago 60605 (312) 294-7100.

REGION III--SOUTH

Columbia, SC--Frank and Kathy Walton will teach "Classroom Management" June 13 through 24. Tuition \$121, or \$243 with 3 graduate credits from South Carolina State College. Contact: Frank Walton, 1313 St. Andrews Road, Columbia, SC 29210. \$10 deposit requested.

REGION IV--MIDDLE ATLANTIC

Cincinnati--One week intensive courses, NBCC or graduate credit available. July 11-15, "Spiritual and Religious Issues in Counseling: A Pastoral Perspective" by Dr. James Simmons; July 18-22, "Family Counseling with School Related Problems" by Dr. William Nicoll. Contact: Dr. Nicoll, Counseling Education Program, College of Education, University of Cincinnati, Cincinnati, OH 45221-0002, (513) 475-3335.

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Chicago, IL 60604

(Regional News, continued from Page 3)

Bowie, MD--"Issues of Control and Power in Families" will be conducted on Saturday, June 18, sponsored by New Ventures. The Control Game, parenting traps for adult children of alcoholics, incest and abuse will be covered during the workshop. Contact: Beverly Roberts or Judi Bordeaux at 301-464-2622.

REGION V--NORTHEAST

Montreal--The Alfred Adler Institute of Quebec offers: "Adlerian Approaches to Intervention" by Dr. Bernard Shulman, June 17-19. On June 3-5, Leo Gold presents "Dream Interpretation" at the Ramada Inn, 6445 Decari Boulevard. Contact: Liliane Bensinger, AAI of Quebec, 4947 Grosvenor Avenue, Montreal PQ H3W 2M2 (514) 731-5675.

REGION VI--FAR WEST

Denver--Dr. Diane "Arch" Archer will conduct eight classes for educators in June and July. Graduate and recertification credits will be offered. Contact: Dr. Archer, 1632 Montane Drive East, Golden, CO 80401 (303) 526-9444.

Bodega Bay, CA--The Third annual Bodega Bay Institute for teachers, parents, therapists will be held 7/28 - 8/2, by Lynn Lott and Carol Rivendell. Contact: Lott-Rivendell, 4765 Hoen, Santa Rosa, CA 95405 (707) 526-3141.

San Diego, CA--AIAS will offer the following course in San Diego county: September 10-11, 24-25: "Assessing Individual and Group Styles", by Steven Maybell, Ph.D., Lois Nugent, LCSW, Carol Lee Tont, MSW, and affiliated faculty to be announced. Contact: Debbie Gregson, AIAS-SDC, 486 Hillway Drive, Vista, CA 92984 (619) 758-4658.

San Francisco--"Creative Individual, Couple and Family Therapy Techniques," July 8-18, 1988, by Henry T. Stein, Ph.D. and Sophia J. de Vries, Ph.D. Low-cost student housing will be available. Contact: Henry T. Stein, Ph.D., Director, Alfred Adler Institute of San Francisco, 1580 Valencia Street, #801, San Francisco, CA 94110 (415) 282-1661.

INTERNATIONAL

Chios, Greece-- The Rudolf Dreikurs Summer Institute (ICASSI) will be held on the island of Chios, Greece, July 17-30. One and two week registrations are available. For registration information and a full brochure on ICASSI, Contact: Roland Hawes, ICASSI Administrator, 103-2419 Bellevue Avenue, West Vancouver, BC, Canada V7V 4T4.

Deadlines for Publication

[Note: Listings for the Regional News and Events must be received at the central office no later than the 25th of the month preceding publication.]

The June issue of Individual Psychology will be a Practice and Applications issue. Some of the articles include:

"Using Individual Psychology in the College Classroom" -- Mary Streppa Wheeler

"Teenage Suicide: A Family Oriented Approach to Prevention" -- Francis X. Walton

"An Interview with Bernard Shulman" -- Michael S. Nystul

"Marathon Family Counseling" -- Michael S. Nystul, with a reaction by Oscar Christensen

--An interview with Alfred Adler, first published in the New York Times on September 20, 1925.

* * * *

Counseling the Adolescent: Individual, Family, and School Interventions, edited by NASAP member Jon Carlson and Judith Lewis, has just been released by Love Publishing Company. The book contains 15 contributions and commentary by the editors.

* * * *

The Family Education Center of the Alfred Adler Institute of Chicago has a series of VHS videotapes, recorded live during their lecture series. Tapes include:

"Motivating Children to Learn"
--Bronia Grunwald

"Positive Parenting Techniques"
--Laura Lashever, Felice Novak, Michael Scrofani and Janet Balanoff

"Harmony and Cooperation Between Parents and Children" --Bernard Shulman

A total of 12 tapes, each 60 to 90 minutes, are in the series. Rentals are \$25 per tape. For additional information, contact: Bryna Gamson, Adler Institute, 618 S. Michigan Avenue, Chicago, IL 60605. (312) 294-7100.

* * * *

Parenting A New Tradition by Dr. Steven Maybell is intended for parents and parent education groups. Published by Lifeline Community Services, it is available for \$3 from the San Diego Society of Adlerian Psychology, 486 Hillway Drive, Vista, CA 92084.

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Free Books for NASAP Members

NASAP member Dr. Kevin Leman will send any member a free copy of his books Birth Order and Making Children Mind Without Losing Yours. Through an agreement with Dell Publishers and Dr. Leman, you can receive a copy of each book (postage-paid) by writing:

Dr. Kevin Leman
1325 N. Wilmot, Suite 320
Tucson, AZ 85712

One day when Dr. Adler was in Boston I asked him to come to the City Hospital and give a clinic there. He did this and when the clinic was over we were talking about the case, which had been a case of voyeurism.

We were talking about some detail when Adler interrupted me and said, "I think of it in this way. Suppose you come into the room and see a man jumping up and down against the wall. You might think he was crazy, but if you knew he was trying to sit on top of the mantelpiece, you wouldn't think that his behavior was so peculiar. You have to understand the person's behavior in terms of what he is trying to do. You have to know his aim before you can understand his conduct."

The vividness with which he said this and used the illustration reminded me that I had been "on the wrong track" in trying to think of the patient's behavior in terms of psychopathology per se.

Adler pointed out what the boy was interested in.

Investigation of this clue lead to a discovery of the patient's deeper and concealed wishes of which the behavior had been an expression.

Of course every psychologist and every physician interested in psychological problems knows these things, but we tend to get lost in the routine of examination and diagnosis. It was Adler's first task always to shepherd the thoughts back to their proper pasture.

---Dr. Merrill Moore

[Editor's Note: This item is reprinted from Volume 1, Issue 6 [March, 1940] of The Individual Psychology Bulletin, predecessor to this newsletter. If you would like similar excerpts in future issues, let us know.]

#

Member News

Don Dinkmeyer Sr. is part of the USA Today "Ask the Experts" panel on parenting. Panel members field questions from the public, and responses appear regularly in the paper.

* * * *

Newly elected members of the Delegate Assembly:

Jane Griffith, M.A.
Adlerian Counseling and Therapy

Edward Mel Markowski, Ph.D.
Region 3

William Nicoll, Ph.D.
Region 4

Sylvia Robbins, M.S.Ed.
Region 5

A complete list of the Delegate Assembly appears on page 5.

Delegate Assembly

Save this list for contacts with your NASAP delegates. The next meeting is Friday, May 27 in Seattle, Washington.

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[Family Education]

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W: 604-738-6007
[Education]

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W: 312-974-2872
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