

NEWSLETTER

North American Society of Adlerian Psychology

Volume 21, Number 6

June-July, 1988

202 S. STATE STREET, #1212
CHICAGO, ILL. 60604

President's Message

Seattle was Superb!

Our 36th annual Convention drew more than 340 from across the Continent. From the opening keynote address by Steve Glenn to the 80 presentations, 12 workshops, and hundreds of hallway conversations and connections, NASAP '88 was professionally enriching and just plain fun.

Thank you, Puget Sound Adlerian Society, for hosting this event. Special thanks to Nancy Catlin and Marcia Mullins for their work!

* * * *

Of special interest are five videotaped presentations. Initial response to this opportunity has been excellent. At \$19.95 per tape, you have a chance to experience some of the best presentations. Page 6 of this Newsletter has order information.

* * * *

Minneapolis/St. Paul will host the 1989 Convention on Thursday - Sunday, May 25 - 28. Please note the shift from previous years (adding Thursday, dropping Monday) which may make it easier for you to attend during the Memorial Day weekend. The convention will help celebrate the 20th anniversary of the Alfred Adler Institute of Minnesota with the theme "Cooperation Takes Courage". Circle these dates in your calendar, and plan to attend.

The Seattle Convention marked a change in the Executive Committee. I want to thank three women who have made a profoundly positive impact on NASAP:

Amy Lew of Brookline, Massachusetts served as First Vice President. She has brought a significant change in NASAP in many ways: the new membership brochure, the Interest Section panels for the brochure, the 1988 Seattle Convention brochure, the Continental Social Interest Award, and the Media Room in Seattle. Her "routine" duties included the planning of the Convention programs.

Betty Lou Bettner of Boothwyn, Pennsylvania served as Secretary. She coordinated a successful Region IV meeting which made the funding for marketing projects possible, brought Steven Glenn (our 1988 Continental Social Interest Award Recipient) into NASAP, and continues to work on the Resource Book.

Brenda Even of Tucson, Arizona served as Second Vice President. She brought expertise to an area NASAP depends upon: convention planning. Her work with the Ft. Wayne Convention Committee and the selection of professional management made the transition possible. Without her help, conventions would have been less efficient or effective.

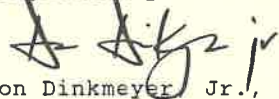
Serving on the Executive Committee means coming to Chicago in the heat of the summer, the cold of the winter, and countless hours in between. It is social interest personified. Amy, Betty Lou, Brenda -- thank you for a job well done!

* * * *

I want to welcome the latest addition to the Adlerian family, Stephanie Kaye Dinkmeyer. Born on May 5th, 8-6, 21", she is only the second girl in three generations of my family. Her mother and stepbrothers Luke (10) and Joshua (6) are doing fine. I've mastered diapers, and as yet see no signs of misbehavior!

Have a great summer!

Respectfully Submitted,


Don Dinkmeyer Jr., Ph.D.
President

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Executive Committee Elections

The Delegate Assembly elects an Executive Committee from its membership every two years. Results of the Seattle elections:

- Don Dinkmeyer, Jr. - President
- Joyce McKay - 1st Vice President
- Robert Armstrong - 2nd Vice President
- Steve Maybell - Secretary
- Ed Abelson - Treasurer
- # # # #

IP Editorial Board Changes

Jon Carlson, Editor of Individual Psychology: Practice and Application announces the following changes in the Editorial Board:

Retiring - Ross Dworman, Steven Hirschorn, Bernard Poduska, Robert Saba, Marilyn Terney.

New - C. Thomas Anderson, David Lemire, Jean Lundholm, Erik Masager, Gary Meunier, Robert Morrow, Stanton Visser, Joyce McKay.

Edna Nash and Floy Pepper retire as Editors of the Education Column. Robert Armstrong and Stan Dubelle will assume these positions.

Our thanks to all for their contribution to Individual Psychology through the journal.

#

Resource Book

The NASAP Resource Book continues to grow. The book will contain handouts, flyers, and other materials we use with clients, in presentations and other settings.

We now have 88 contributors (latest contributors listed in order of receipt):

- John West, Terry Crovato, Linda Jessup, Linda Page, Althea Poulous, Linda King, E.F. Kal, Welborn Willingham, Hugh C. Williams, Dan Eckstein, Peter Emerson, Susan Sternad, James Sulliman, John Taylor, Jean Alessi, Ray Rich, Elizabeth Platz, Renee Dushman, Kevin O'Connor, Bill Linden, Homer Kiracofe.

There is still time to send your materials for the book. You will be acknowledged as the originator of your materials. The book will be sold to NASAP members. Please send your contributions to the NASAP Central Office.

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Free Books for NASAP Members

NASAP member Dr. Kevin Leman will send any member a free copy of his books Birth Order and Making Children Mind Without Losing Yours. Through an agreement with Dell Publishers and Dr. Leman, you can receive a copy of each book (postage-paid) by writing:

Dr. Kevin Leman
1325 N. Wilmot, Suite 320
Tucson, AZ 85712

DONATIONS

Donations to NASAP during the past month have been received from:

Karen D. Malcom

Barbara Fairfield, in memory of her mother, Hanna Mayer

Ed Abelson, in memory of Marilyn Rossi

Donations can be made in honor of an individual, or can be earmarked for specific purposes such as scholarships. We are grateful for these financial contributions.

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Talent Search

If you have these abilities, or know someone who does, please let us know:

* A sculptor or potter, to design the NASAP Continental Social Interest Award.


* Experience in designing a newsletter on computer (Desktop Publishing).

* Expertise in legal and ethical issues of professional liability

* Legal counsel

Newsletter Deadlines

The next Newsletter is the August issue. Deadline for items to the Chicago office is July 15th. The following issue, September, has an August 15th deadline. Items in the "News and Events from the Regions" run in two issues, maximum; please plan accordingly.



NEWSLETTER

North American Society of Adlerian Psychology

Vol. 21, No. 6 **June-July, 1988**

Published ten times each year by the North American Society of Adlerian Psychology (a not-for-profit corporation), 202 S. State Street, #1212, Chicago, IL 60604. 312/939-0834.

Members of NASAP automatically receive the Newsletter. Subscription rate for non-members \$5.00.

We encourage readers to send contributions of news, suggestions, ideas, opinions by the first of the month. We reserve the right to edit.

Don Dinkmeyer, Jr., Ph.D., Editor
ISSN 0889-9428

I like the "Adleriana" column in the Newsletter and would enjoy similar excerpts.

Since Alfred Adler as We Remember Him went out of print, there are many new NASAP people who have not read it. People tell me and I agree, the book gives a better picture of Adler than even his biographies. What are the chances of doing a reprint?

I hope you had a successful and enjoyable meeting in Seattle.

Dr. Genevieve Painter
Honolulu

[Editor's Note: The Delegate Assembly approved reprinting the book at their Seattle meeting. Funding will come from the Clonick Publishing Grant. We are now exploring possible adoption by a University Press. Look for additional info in upcoming issues.]

#

Adleriana

One experience with Alfred Adler is outstanding in my mind. It shows Adler's uniqueness in dealing with human problems -- a technique quite different from that in which we were trained and which we used before him.

Once I called Adler in as a consultant for a patient in a sanitarium near Vienna. The patient suffered from a depressive psychosis and I wanted Adler's confirmation before important decisions were made. When Adler began his psychiatric examination, he asked the patient several questions about his name, how he felt, how he liked the place, what he wanted done. The patient answered very, very slowly, as is characteristic of melancholia.

Now something astonishing happened. Adler, after having asked the first question, did not wait until the patient in his slow way had answered it; he asked the second question. But again Adler gave the patient insufficient time in which to complete his answer and went on to ask the next question. I admit that I felt rather uneasy and especially embarrassed by the presence of the house-physician. What would he think of such a psychiatric examination!

Adler continued calmly with his questions without waiting much for an answer until all of a sudden--the patient started to speak quickly. From then on, Adler had a quite normal chat with the patient.

I wouldn't say that one could always use this mechanism to make someone speak faster, and Adler certainly did not follow the same procedure in every case. Adler merely realized the latent possibilities in a certain situation, which routine would have disregarded. This story shows how we can try successfully unexpected and unusual approaches.

Rudolf Dreikurs, M.D.

[Reprinted from Issue 1, Volume 3 of The Individual Psychology Bulletin.]

Edna Nash of Vancouver, BC was the recipient of the 1988 NASAP Certificate of Appreciation Award, for her work in the Pacific Northwest with teachers, parents, and counselors. She is a past President of NASAP, and accepted the award at the Seattle Saturday Luncheon.

* * * *

John Arnold, Past President of the Columbia Adlerian Society, has received an ICASSI scholarship. He will attend the Dreikurs summer school July 17 - 30 in Chios, Greece.

* * * *

Dr. James Sulliman will present at the 7th International Congress on Child Abuse and Neglect in Rio de Janeiro, Brazil this fall. His paper is entitled "Discipline, Yes -- Punishment, No! Alternatives to Prevent Abuse." He is Executive Director of the Pastoral Care and Counseling Center, Abilene, Texas.

* * * *

Steven J. Stein, CCMHC, has been appointed to the Board of the National Academy of Certified Clinical Mental Health Counselors. In May, he presented a seminar on prevention of teenage suicide, based on Frank Walton's video, for employees of Mountain Bell in Tucson, AZ. Steve is an Employee Assistance Counselor for Mountain Bell.

* * * *

David Braswell of Belleville, IL, writes "My conference and ICASSI days are completed. What a rare treat to associate with and teach Adlerian psychology." David, 77, and his wife Fran, both NASAP members, are now retired. He has had some medical problems, now stabilized, and would enjoy hearing from his friends.

* * * *

Casey Thorpe of Sarasota, FL, was the subject of a feature article in The Florida Catholic. Entitled "Life is Not a Dress Rehearsal", the article outlines her work with parents, teachers, and clients in the community. She recently lead a series of seminars, "Catholic Parenting for the '80's, the Teenage Challenge" in Fort Myers.

* * * *

Walter "Buzz" O'Connell of Bastrop, TX wrote the lead article in the July-August issue of The Joyful Newsletter. "A Good-bye to Asylums: It's getting harder to tell the staff from the patients" is a humorous and insightful recollection of his 33 years in federal service. Buzz recently retired from his position as a clinical psychologist at the VA Medical Center in Houston, TX.

* * * *

Kathy and Frank Walton of Columbia, SC will open their sixth Adlerian Child Care Center on July 15th. In the Adlerian tradition, it will feature parent education and Adlerian training for the teachers.

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NASAP NEWSLETTER
Don Dinkmeyer, Jr., Ph.D., Editor
202 S. State Street, #1212
Chicago, IL 60604

Seattle Convention Videotapes

For the first time, NASAP has videotaped convention presentations. Our goal is to offer these tapes to the membership at a reasonable price.

All tapes are VHS format and cost \$19.95. The Pew & Dushman, Sperry, Carlson, & Shulman, and Lowe tapes were done with two cameras. All tapes are color and run on VHS home players.

Initial response to these tapes has been outstanding. All profits go toward the taping of future presentations.

* * * *

Ship To:

Name

Address

City State/Prov Zip/Postal Code

Payment: Check or Credit Card (Visa or MC)

Account Number

Exp. Date

Authorized Signature

Allow 4 weeks for delivery. Send payment with this order to: NASAP, 202 S. State #1212, Chicago, IL 60604. Thank you!

Quantity	Title
_____	Keynote Speech: Dignity and Respect in a Relationship (Steven Glenn)
_____	Adlerian View of Psychodrama [Includes Demonstration] (Mim Pew & Renee Dobkin Dushman)
_____	Open Forum Family Counseling [Includes Demonstration] (Raymond Lowe)
_____	Brief Psychotherapy: Techniques Which Shorten Therapy [Includes Demonstrations] (Len Sperry, Bernard Shulman and Jon Carlson)
_____	Holism, Reductionism, and the Adaptive Process (Eva Dreikurs Ferguson)
_____	1986 Convention Keynote - "Children Can Meet the Challenge" (Kurt Adler, Alexandra Adler, Bronia Grunwald, Eva Dreikurs Ferguson)
_____	Tapes ordered @ 19.95 = _____
_____	Shipping _____
_____	(\$2.50/1, \$4/2, \$5/3 or more tapes)
_____	TOTAL for Order \$ _____

Annual Report to the Membership

Activities during the Past Year

Membership

Figures as of June 12, 1988
(compared to same time in 1987)

New	120	(+ 23%)
Renew	889	(+ 4%)
Life	28	--
TOTAL	1,037	(+ 6%)

The largest increase is student memberships, now up 41% to 113. We believe the new membership brochure and word-of-mouth efforts by our members are responsible for these encouraging increases in all areas.

Regions

Membership by regions is up in all regions. The largest increase is Region I, up 17%.

Region 1 - 100	(Northwest)
2 - 248	(Midwest)
3 - 168	(South)
4 - 129	(Middle Atlantic)
5 - 216	(Northeast)
6 - 140	(Far West)

Interest Sections

Membership by Interest Sections is up 25%. Although this is encouraging, it appears half the membership has not yet joined at least one Interest Section.

Counseling & Therapy (ACT)	211	(+ 9%)
Clinicians	77	(+ 13%)
Education	100	(+ 58%)
Family Education	115	(+ 29%)
Theory and Research	83	(+ 50%)
(All Sections)	586	(+ 25%)

A sixth section, Business and Organizations, will form this year.

Proposed 1988 Budget

Our budget has remained in a "delicate imbalance" the past few years. Expenses exceed income, which is balanced by interest from our Grant funds. A 10% increase in membership (100 new members) would resolve this situation.

Income (Selected Items)

Membership dues	60,000
Convention	15,000
Journal Royalties	3,150
Donations - members	2,500
Donations - regions	2,000
Interest - savings	6,000

TOTAL INCOME \$ 93,400

Expenses (Selected Items)

Personnel	39,693
Journal	14,800
Newsletter	5,500
Office rent & electric	6,500
DA & EC Travel	6,200

TOTAL EXPENSES \$ 100,089

* The new membership brochure has been distributed to all members. More than 100 requests for additional brochures has resulted in 4,000 brochures disseminated.

* Three new Interest Section panels, designed for the professional to briefly share a useful bit of Individual Psychology, were introduced at the Seattle Convention. These panels are now available in packets of 50 for \$3.50 to all members.

* The Newsletter has been increased to 10 times a year. Editorship was shifted in February, and efforts are being made to improve content and format. This is a critical link between members and organizations, and needs immediate attention.

* Videotaping of 5 presentations at the Seattle convention reflected the Delegate Assembly's instruction to make this the #1 priority for development (see page 6 for ordering information). Expansion of this video library is a continuing priority.

* A Resource Book containing handouts, workshop materials, and other items, is being created. More than 88 members have contributed to this ongoing project.

* Convention "short" programs were increased to 60 minutes, in response to a survey of 1987 presenters. NASAP offers 12 full day workshops and 80 presentations (60 and 90 minutes) at our annual convention.

* The importance of Interest Section communication at Conventions was recognized by shifting their meetings to the morning of the first day of the convention.

* Professional management of the annual convention began in Seattle. A decrease in volunteer work and increased security in the finances are immediate results of the shift.

* A three year rotation of the Convention across the continent was approved. Sites selected: Minneapolis (1989), Philadelphia (1990), Tucson (1991), Chicago (1992).

* A survey of the membership indicated interest in moving the Convention off the United States Memorial Day weekend. The 1989 convention will be conducted on the Thursday - Sunday of the weekend (in the past, Friday - Monday). Future conventions may be moved completely off this holiday weekend.

Summary

NASAP has a bright future. The past few years has seen an unprecedented growth in special projects, Interest Sections, and responsiveness to membership needs. As we continue to make ourselves more visible in the professional community, our membership will grow and our influences will broaden.

Respectfully Submitted,

Don Dinkmeyer, Jr., Ph.D.
President

-News and Events from the Regions-

REGION VI--FAR WEST

REGION I--NORTHWEST

Laramie, WY--Developing Human Potential Institute, June 20 - July 8th. Speakers include Dr. Arthur Combs, one of the pioneers of humanistic psychology. Graduate credit, on-campus housing, one day registrations available. Contact: David Lemire, Conference Coordinator, Box 3972, University Station, Laramie, WY 82071-3972 (307) 766-2124.

REGION II--MIDWEST

Chicago--The Americas Institute of Adlerian Studies (AIAS) offers: "Assessing Individual and Group Styles", June 24-27; "Applying Psychological Skills", September 30 - October 3. Contact: Jane Griffith, AIAS, Ltd, 600 N. McClurg Ct., 2502A, Chicago, IL 60611-3027. 312/337-5066.

Chicago and Suburbs--AAI-Chicago announces courses for teachers, featuring a 5 day course in Systematic Training for Effective Teaching (STET), and a three day advanced course, Personal Leadership Styles. Graduate credit and teacher track credit available. Courses will be held from late June through early August at a wide variety of sites throughout Chicago and Northern Illinois. Contact: Bryna Gamson, AAI, 618 S. Michigan Avenue, Chicago 60605 (312) 294-7100.

REGION III--SOUTH

Springmaid Beach, SC-- The 1988 South Carolina Conference of Adlerian Psychology will be held September 24-25 at this low-cost, scenic resort. Contact: Frank Walton, 1313 St. Andrews Road, Columbia, SC 29210.

Bastrop, TX--Buzz O'Connell will speak on "Voluntary Simplicity: The Cure of Addictions" on July 13th. Contact: 106 Kelley Road, Bastrop, TX 78602.

REGION IV--MIDDLE ATLANTIC

Cincinnati--One week intensive courses, NBCC or graduate credit available. July 11-15, "Spiritual and Religious Issues in Counseling: A Pastoral Perspective" by Dr. James Simmons; July 18-22, "Family Counseling with School Related Problems" by Dr. William Nicoll. Contact: Dr. Nicoll, Counseling Education Program, College of Education, University of Cincinnati, Cincinnati, OH 45221-0002, (513) 475-3335.

REGION V--NORTHEAST

New York City--Alexandra Adler, M.D., announces the reopening of the Alfred Adler Center. She will be the Medical Director, and Ralph Abramson will serve as Executive Director. Contact her at 30 Park Avenue #12M, NY, NY 10016 or (212) 685-7358.

Montreal--The Alfred Adler Institute of Quebec offers: "Adlerian Approaches to Intervention" by Dr. Bernard Shulman, June 17-19. Contact: Liliane Bensinger, AAIQ 4947 Grosvenor Avenue, Montreal PQ H3W 2M2 (514) 731-5675.

Denver--Dr. Diane "Arch" Archer will conduct eight classes for educators in June and July. Graduate and recertification credits will be offered. Contact: Dr. Archer, 1632 Montane Drive East, Golden, CO 80401 (303) 526-9444.

Bodega Bay, CA--The Third annual Bodega Bay Institute for teachers, parents, therapists will be held 7/28 - 8/2, by Lynn Lott and Carol Rivendell. Contact: Lott-Rivendell, 4765 Hoen, Santa Rosa, CA 95405 (707) 526-3141.

Tucson--The Adlerian Society of Arizona will hold meetings on September 23, October 21, November 18, February 17, March 24, and April 28. A speaker will be part of each program. After a day long retreat, the Executive Board identified these six meetings, as well as three intensive workshops to be announced. Contact: Carol Kivel, Secretary, ASA, Box 40635, Tucson, AZ 85717.

San Diego, CA--AIAS will offer the following course in San Diego county: September 10-11, 24-25: "Assessing Individual and Group Styles", by Steven Maybell, Ph.D., Lois Nugent, LCSW, Carol Lee Tont, MSW, and affiliated faculty to be announced. Contact: Debbie Gregson, AIAS-SDC, 486 Hillway Drive, Vista, CA 92984 (619) 758-4658.

San Francisco--"Creative Individual, Couple and Family Therapy Techniques," July 8-18, 1988, by Henry T. Stein, Ph.D. and Sophia J. de Vries, Ph.D. Low-cost student housing will be available. Contact: Henry T. Stein, Ph.D., Director, Alfred Adler Institute of San Francisco, 1580 Valencia Street, #801, San Francisco, CA 94110 (415) 282-1661.

San Francisco--Dr. Diane "Arch" Archer will be teaching classes for teachers in the San Francisco area, October through December. Contact: Dr. Archer, 736 Coventry Road, Kensington, CA 94707 (415) 527-3344.

INTERNATIONAL

Chios, Greece-- The Rudolf Dreikurs Summer Institute (ICASSI) will be held on the island of Chios, Greece, July 17-30. One and two week registrations are available. For registration information and a full brochure on ICASSI, Contact: Roland Hawes, ICASSI Administrator, 103-2419 Bellevue Avenue, West Vancouver, BC, Canada V7V 4T4.

Europe--AWIRTH will conduct seminars in German on the following schedule: Hanover, September 3-6; Cologne, September 10 - October 9; Luxembourg, October 14-16, Argeles, France July 16-25. Contact: (July 1-30) Lucy Ackerknecht, 82 Blvd de la Mer, F-66700, Argeles-Sur-Mer, Plage, France.

Deadlines for Publication

Listings for the Regional News and Events must be received at the central office no later than the 25th of the month preceding publication. Items run in two consecutive issues; please plan accordingly. All items must have a contact person or address and be of general interest to the membership.