

NASAP NEWSLETTER

The North American Society
of Adlerian Psychology

Volume 21, Number 10

December, 1988

202 S. STATE STREET, #1212
CHICAGO, ILL. 60604

DA Selects 80 Programs for Minneapolis; Book Discount for Members Approved

Eighty programs for the 1989 Convention were selected during the Delegate Assembly meeting in Chicago last month. The programs represent 96 hours of demonstrations, discussion, and presentations across 32 90-minute and 48 60-minute time slots.

Interest Section Delegates selected programs from more than 120 proposals. Highlights of the two days of programs include:

- * An invited therapist conducting open forum family counseling
- * Presentation of a clinical case on the first day, followed by discussion of possible treatment plans at a session on the second day.
- * Ten selected programs for each of five Interest Sections (Clinical, Family Education, Education, Theory and Research, and Business and Organizations).
- * Twenty programs for the Adlerian Counseling and Therapy (ACT) Interest Section.
- * Ten "classic" presentations

Convention registration entitles participation in all 80 programs. Registration brochures will be sent in early 1989 to all NASAP members. Programs will be held on Friday, May 26 and Saturday, May 27 at the Marriott City Center Hotel, Minneapolis.

Fourteen workshops were also announced. See page 2 for a listing of these workshops.

Book Discount Program Announced

The Delegate Assembly also authorized a new benefit for NASAP members, effective with the January, 1989 Newsletter.

Selected Adlerian publications will be available at a 20% off list price discount for NASAP members. NASAP will also receive a portion of the proceeds, with income going to the general operating fund. Each book in this program will be available for a limited period of time.

Books will be listed without editorial comment, and must have Adlerian content. Members who wish to have their books listed in this program should contact the central office for specific details of the Book Discount Program.

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President's Message

"Trust only movement..."

More NASAP news will now appear on the first page of the Newsletter, with the President's Message moving to the inside pages in future issues.

This is one of the suggestions coming from the Delegate Assembly meeting in Chicago last month. As the column at left and above indicates, a book discount program was also approved.

As we close 1988, my thanks for all the hard work the delegates, executive committee, convention volunteers, and central office staff have given to NASAP during the past twelve months. To you, the NASAP member, my thanks for your belonging to a great organization!

From all of us at NASAP, best wishes for the holiday season, and a healthy and happy new year!

Season's Greetings,



Don Dinkmeyer, Jr., Ph.D.
President

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NASAP '89 Workshops Selected

Thursday, May 25

Dependency, A Family Affair
Georgia Bichekas

Integrating Marriage Therapy
and Marriage Enrichment
Don Dinkmeyer, Sr.

The Group Process:
Training Teachers through Case Studies
Bernice Bronia Grunwald

Couples' Therapy: An Adlerian Perspective
E. Clair Hawes and Oscar Christensen

Creating the Humorous Life Style
Walter O'Connell and Gerald J. Mozdzierz

Common DSM-II-R Anxiety & Personality
Disorders: An Adlerian Perspective
Len Sperry

Picture Workshop: Using Impromptu Drawings
to Help People
William A. Young

Sunday, May 28

Family Therapy the Adlerian Way:
Creating Creative Directives
Frank Main

Spirituality and Healing
James J. McDonough, Jr., Allen Henke,
Herb Laube, Walter O'Connell

Understanding: Eliminating Stress & Finding
Serenity in Life & Relationships
Jane Nelson & co-presenters from Hazelden

An Adlerian View of Psychodynamics
& Treatment of Psychosis
Dorothy Peven, Bernard Shulman, Ron Pancner

Adlerian Marriage Counseling
Mim Pew

Innovations in Life Style Assessment
Robert L. Powers and Jane Griffith

Action Techniques and Practical
Illustrations of Adlerian Principles
John F. Taylor

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Convention Video Policy Outlined

The increasing cost and demand for videotape players at Convention programs and workshops has resulted in a new policy. Presenters received a letter this month outlining the following procedures:

If a videotape player is needed, the presenter must pay a rental fee of \$35 per presentation, \$70 per workshop by the deadline in the letter. This fee is far less than typical hotel charges. If a presenter does not follow these guidelines, NASAP cannot assist in the rental of equipment. The person will be instructed to contact the convention hotel to make more expensive direct arrangements.

Convention.

Membership Renewals

Your NASAP Membership expires on December 31st. A renewal letter was sent in Mid-November. If you have not yet received your renewal notice, please contact the central office.

Benefits of membership include ten issues of the Newsletter, discounts at annual, regional and local conventions and conferences, the 500+ pages of the quarterly Journal, and listing in the Directory, scheduled for publication in March, 1989.

#

Donations

Donations have been received from:

South Carolina Society of Adlerian Psychology, in memory of Arliss J. Epps

Arlene McGarrity, in memory of Nicholas S. Ionedes

Barney Lane, in memory of Gloria Lane

Sylvia Robbins, in memory of Joseph Meiers and Anna Sten

Hal and Norma Lou McAbee, in memory of Nicholas Ionedes

Jane Griffith

Elaine Kennedy

We are grateful for these donations. You may donate in memory of an individual, or specify your donation for a specific project. As the year comes to an end, we remind you that any donation is appreciated, and tax-deductible.

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Newsletter Deadlines

The next Newsletter is the January issue. Deadline for items is December 20th. Please send all items to the Chicago NASAP office.

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Members of NASAP automatically receive the Newsletter. Subscription rate for non-members \$5.00.

We encourage readers to send contributions of news, suggestions, ideas, opinions by the first of the month. We reserve the right to edit.

Don Dinkmeyer, Jr., Ph.D., Editor
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Alfred Adler: As We Remember Him

A book of anecdotes and stories about the man, Alfred Adler, told by those who knew him: his family, his friends, his students and his colleagues. Opening with a short biography, the book concludes with a previously unpublished fable by Alfred Adler.

Edited by Guy J. Manaster, Genevieve Painter, Danica Deutsch and Betty Jane Overholt, the book has just been republished in paperback by NASAP.

From the book:

"Try to see with a child's eyes," Dr. Adler suggested, "hear with a child's ears and feel with a child's heart."

* * * *

"Adler told the story about a woman who was evidently very annoyed with her husband and who could not sleep. He said to her, "Tonight when you cannot sleep think of some very nice things you could do for your husband. Call me in the morning and tell me about them."

The next morning she phoned and said, "Oh, Dr. Adler, I am sorry I have nothing to report. I slept so soundly through the night."

* * * *

I remember when I asked Adler when it was too late for a man to change. He said, "Oh, maybe 1 or 2 days before he dies."

On an occasion, somebody asked, "What is the meaning of life?" Adler answered, "There is no general meaning of life; the meaning of life is that which you give to your own life."

* * * *

----- Order Form -----

Please send ___ copies of Alfred Adler: As We Remember Him at the special NASAP member's price of \$5.95 (regular list price \$7.95).

Ship To:

Add \$1.25 shipping and handling for one copy; 60 cents for each additional copy. Orders to addresses outside North America, add \$1.

___ I have enclosed \$ _____ (US Funds)

___ Please bill my Visa or MasterCard account:

Account # _____ Exp. Date _____

Send to:

North American Society of Adlerian Psychology
(NASAP)
202 S. State Street #1212
Chicago, IL 60604

Maurie's Legacy

[Maurice Bullard, a distinguished NASAP member, was profiled by Wendy Madar of the Corvallis, Oregon Gazette-Times. Excerpts from her article are reprinted with permission.]

Maurice Bullard, 80, got my attention by writing: "I have had the noted orchestra conductor, Jacques Gerschovitch, scream at me, 'I keela you!'"

I'd never heard of Gerschovitch but I could tell Bullard would give me a good story. He did.

He told about sharing licorice with FDR's private secretary and about how the controversial counseling program he instituted in Corvallis schools years ago has become mainstream.

"I grew up on a farm near Estacada where I knew people who'd crossed the plains by covered wagon," Bullard told me when I visited him and his wife, Eva.

"My goal was to be a safeway manager. My people didn't go to college but those were depression days and there were no jobs. Finally, it dawned on me that there were jobs - for people with skills."

He enrolled at Oregon State College and earned a degree in industrial arts with a minor in music. It was there that a "fiery Russian" conductor from Portland nearly attacked him.

"He told us to play a quiet passage but I didn't understand him and played one marked double fortissimo - I blared. He broke his baton over the stand and came for me..."

Bullard returned to Corvallis [after World War II] to get a master's degree in education and study psychology. He became a follower of Alfred Adler, the father of group counseling and enemy of Freud, who believed individual psychoanalysis was the only way to treat emotional problems.

That interest still echoes in Corvallis schools because, when Bullard became guidance director for Corvallis in 1959, he used Adlerian methods to straighten out difficult kids.

"Adlerians recommend a solution - they don't just analyze the problem. We were accused of just treating symptoms. But ordinary people don't have medical problems, they have behavior problems!"

He hired Yvonne Thomas, now assistant principal at Crescent Valley High School, to start the first class in Oregon for kids with behavior problems.

"Maurie wanted to help kids become responsible for their behavior," Thomas told me when I called her later. "He got us out front and running. For kids, he was a positive dreamer, always saying 'What if. .'"

The methods sound familiar now, but were progressive in the 1960s. He believed that kids - and their families - needed help in

identifying why they misbehaved and clear solutions.

"We worked with parents and teachers to see that kids got attention at the proper time," Bullard said. "If they whine or cry, you stiffen your backbone and walk away - but you make sure to do nice things when they're not misbehaving...Most districts had no counseling in elementary schools. But if you can get them going in the right direction then, they won't need your help later."

Bullard also pioneered parent groups, used now around the country, and started the first classes for handicapped and teachable mentally retarded kids.

I parted from Bullard with a deepened sense of the way one generation's efforts build invisibly on the next. My kids are affected by the work this man did years ago, and yet, I might easily never have met him.

If you do good work it will live on - whether or not your name makes it into history books.

#

Call for Nominations: Social Interest Award

Nominations for the 1989 NASAP Continental Social Interest Award are now being accepted. Nominations are made on a brief form available from the Central Office.

The Award recognizes individuals outside the NASAP organization who practice social interest. Previous award winners include Jimmy and Rosalyn Carter, and H. Stephen Glenn.

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ICASSI Scholarships Available

The 1989 ICASSI will be held July 16-29 in Interlaken, Switzerland. Full scholarships (room, board, tuition) for those who could not attend without financial assistance are available by applying to: Theo Schoenaker, Scholarship Chairperson, Rudolf Dreikurs Weg 4-6, D-6942 Sinntal 8, West Germany. Deadline for the completed application is February 22.

Tuition scholarships for those who have been actively involved in Adlerian activities are available by applying to: Dr. Oscar Christensen, Room 222, Education Building, University of Arizona, Tucson, AZ 85721.

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In Memoriam

Nicholas S. Ionedes died November 8th in Arlington, Virginia. He was an Adlerian psychiatrist practicing in Washington, D.C. Nick was a well-known and respected member of NASAP, having attended 17 consecutive Conventions before illness prevented his attendance at the Seattle Convention.

Catherine Kenneth, a Montessori teacher who was a dedicated supporter of the Adlerian movement, died after a long illness. She received training at the Alfred Adler Institute, and trained her teachers and parents in Adlerian-Dreikursian principles.

Letters to the Editor

My good friend, Ed Kal, in a letter to the editor (October, 1988) makes an assumption that "FREE" in the name of the organization Adler founded after leaving the Freudian group was "in contrast...to the requirements of "orthodoxy" he experienced in Freud's Psycho-analytic Society." If one grants Kal's assumption, then his conclusions may logically follow. However, I question the validity of Kal's assumption.

For one thing, I am not certain that this society was an Adlerian society. It may merely have been a splinter Freudian group. For a second, I raised the question of the meaning of "FREE" with Professor Ansbacher publicly at a meeting of the International Association of Individual Psychology in Montreal. I told him that I had never been able to determine the meaning of that word in the name of the organization and that for years I had been telling my students that "FREE" probably meant free of Freud.

In other words, it was another Freudian society; it was merely free of Freud's direct influence. While I said this facetiously, Ansbacher confirmed that this is what it probably meant. Given this alternative interpretation of "FREE", Kal's argument collapses.

Harold H. Mosak, Ph.D.
307 N. Michigan Avenue
Chicago, IL 60601

* * * *

Thank you for your tremendous response to my offer, in conjunction with Dell Publishing in New York, to receive a copy of Making Children Mind Without Losing Yours and The Birth Order Book.

Your response was so overwhelming that our supply has been depleted. Thank you, also, for the kind notes that accompanied the requests.

Dr. Kevin Leman
Tucson, AZ

* * * *

In my two years as a resident of Bastrop, I have averaged one free presentation a week. I have always mentioned Dreikurs and the Adlerians. Parents are quite desperate after the insurance on their child runs out, and they still have not been told how they can teach social responsibility.

I am asking for Dreikurs' books and related materials for parents to be donated to the Bastrop Public Library. After I retired, I donated 90% of my books to Houston Universities.

P.S. There are no book stores in Bastrop!

Buzz O'Connell
Bastrop, TX

[Editor's Note: Book donations can be made direct to the Bastrop Public Library, 1008 Water Street, Bastrop, TX 78602.]

Publications by NASAP Members

Adolescent Development: A Psychological Interpretation by Guy Manaster will be published January 1st by F.E. Peacock of Itasca, Illinois. Adolescent Development is in the tradition of texts on adolescence for psychology and education courses but also integrates a holistic, teleological view.

I Do? Being Happy Being Married by Lee Schnebly has been published by Fisher Books, 3499 N. Campbell Ave. #909, Tucson, AZ 85719. Techniques for creating and maintaining a successful marriage are outlined by the author, a marriage and family counselor from Tucson. The book is \$7.95 U.S./\$9.95 Canada.

"Teenage Suicide: An Approach to Prevention" has received the Golden Eagle Award from the Council of International Nontheatrical Events. The tape, featuring Frank Walton, will represent the United States at overseas film festivals. It is distributed by Perennial Education of Evanston, IL. Additional information on sales and rentals in North America can be obtained by calling 1-800-323-9084.

Alfred Adler: As We Remember Him has been reissued in paperback by NASAP. This classic book of recollections and remembrances is available at a discount (\$5.95) for NASAP members. See page 6 of this Newsletter for ordering information. The reprint of the book was made possible by the NASAP publications grant.

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Video Catalog Needs Listings

NASAP is compiling a catalog of Adlerian videotapes and video-based educational programs. If you know of any video materials, please send information to the Central Office.

Information should include title, presenters, a brief description of the material, and accurate information on how to buy or rent the materials. Do not assume we have already been informed of your videotapes!

#

News of NASAP Members

Norman Silverman is enjoying his work and travel in Rome, Italy this year. He is a visiting faculty member for Loyola University of Chicago.

Lucy K. Ackernelch spoke to the Hungarian Academy of Science in Budapest this fall. She also spoke on "The Living Situations of the Elderly and Family Relationships" to more than one hundred people in Luxembourg, at the request of Jean Spantz, Minister of the Interior and Family Affairs, Luxembourg Government.

Betty Lou Bettner continues to work with parents, families, and students in the Springfield School District, Pennsylvania. She was recently featured in the Fall issue of the Parent Center Newsletter for the school district.

* News and Events from the Regions *

REGION V--NORTHEAST

REGION I--NORTHWEST

Seattle--Workshops on Group Process Training, Helping the Hyperactive Child, and Diagnostic Interviewing of Children will be conducted by John F. Taylor on January 25-27. CEU credits available. Contact S.U.N., 1333 Edgewater St., NW, Salem, OR 97304, 503-364-9163.

Vancouver--The Adlerian Psychology Association of British Columbia (APABC) will sponsor Leadership Training II on December 10 (Sharon McInnis); the annual "Tuning In" Conference will be held on February 3-5, 1989. Contact: APABC, 210-2525 Manitoba, Vancouver, BC V5Y 3A7 (604) 874-4618.

Boise, Idaho--The Idaho Society of Individual Psychology (ISIP) Conference will be held on March 3 and 4 in Boise. The featured speaker will be Dr. Andy LePage, Director of the Florida Center for Self-Esteem. Contact: Jan Thomas, ISIP, 4007 Northbridge, Boise, ID 83706.

REGION II--MIDWEST

Chicago--The Adler Institute of Chicago will conduct "Hypnosis Methods & Techniques", January 7, Gerald Mozdierz, Ph.D. NBCC CEU's and graduate credits available. Contact: Karen Sulikowski, Registrar, AAI, 618 S. Michigan Avenue, Chicago, IL 60605, 312-294-7100.

Chicago--The Americas Institute of Adlerian Studies (AIAS), Robert Powers, Psychologist, Chairman, offers "Assessing Individual and Group Styles", January 20-23; "Applying Psychological Skills", April 21-24. All lead to the Certificate of Professional Studies in Individual Psychology, 30 APA or NBCC credit hours per course, BRN credit available. Contact: Jane Griffith, President, AIAS, Ltd, 600 N. McClurg Ct., 2502A, Chicago, IL 60611-3027. 312/337-5066.

Fort Wayne--AAI-Ft. Wayne offers seven classes in the 1989 course schedule, including instruction by Ron Pancner, Dorothy Peven, Robert Powers, Mim Pew, and Gerald Mozdierz. For a complete schedule, contact: AAI-Ft. Wayne, 2805 Fairfield, Fort Wayne, IN 46807 219-456-4880.

REGION III--SOUTH

Columbia, SC--AIAS, Ltd. will conduct "Understanding Personality Development and Dynamics", February 2-5, 1989, with a second course in the AIAS program in May. [see Chicago notice for credit and certificate information]. Contact: Carey Washington, Ph.D., 803-765-7770 daytime or 805-799-3933 nights, or Chicago AIAS offices.

Orlando--The 12th annual Region III Conference will be held February 25-28, 1989 in Orlando. Workshops on Thursday and Friday, 16 presentations on Saturday, half-day workshops on Sunday; CEUs available. Registration discount for NASAP members. Held at Hilton Inn, \$59 double or single. Contact: Don Dinkmeyer, Jr., Route 4, Box 500, Lake Geneva, WI, 53147, 414-248-9424.

Montreal--AAI-Quebec offers Continuing Case Seminar (C471) by Dr. Robert Sherman, December 9-11; Interviewing Techniques (C313) by Dr. Sherman February 17-19, and Psychodynamics of Psychopathology (C301) by Dr. Gerald Mozdierz March 4-5, 18-19. Contact: AAI-Q, 4947 Grosvenor Ave., Montreal, Qc., H3W 2M2, (514-731-5675).

New York City--Amy Lew, M.A., CCMHC, and Betty Lou Bettner, M.A., CCMHC will present "The Dynamics of Change: The Link Between an Early Recollection and Presenting Problems", Sunday, December 11, 2pm-6pm at the Ethical Culture Society, New York City. The program will outline a process utilizing early recollections for short term therapy. Sponsored by the New York Committee of Region V. Refreshments and socializing included. Contact: Sylvia Robbins, 9 Myrtle Drive, Great Neck, NY 11021, 516-487-7243 or 982-1635.

REGION VI--FAR WEST

Fullerton, CA--A Conference on Adlerian Psychology will be held January 28-29 at Cal State University, Fullerton. The University is located 35 miles south of Los Angeles. Presenters will include Robert L. Powers, Gerald Mozdierz, Kristen Sonstegard, and Jim Bitter. Early registration (by 1/5) is \$50, students \$40. Contact: Dr. James Bitter, Chair, Department of Counseling, EC-105, CSU-F, Fullerton, CA 92634.

Tucson--The Adlerian Society of Arizona will hold meetings on February 17, March 24, and April 28. A speaker will be part of each program. Contact: Carol Kivel, ASA, Box 40635, Tucson, AZ 85717.

San Diego, CA--AIAS-San Diego County offers coursework in February and May [see AIAS-Chicago notice for credit and certificate information]. Contact: Steven A. Maybell, Ph.D., Director, AIAS-SDC, 486 Hillway Drive, Vista, CA 92084 (619) 758-4658.

Irvine, CA--"Married and Liking It" couples enrichment workshops with Lynn Lott in Irvine January 27 & 28. Contact: Summerfield Counseling, 4765 Hoen Avenue, Santa Rosa, CA 95405.

Berkeley, CA--AWIRTH (Adlerian Western Institute for Research and Training in Humanics) offers Marathons 12/3, 12/17, 1/7, 1/28, 2/11, 3/4 by Dr. Lucy Ackerknecht. Winter quarter classes run January 5 - March 9. For a complete catalog, contact: Lucy Ackerknecht, AWIRTH, 226 Stanford Ave., Berkeley, CA 94708 (415) 524-4929.

INTERNATIONAL

Interlaken, Switzerland--The 22nd ICASSI Rudolf Dreikurs Summer Institute will be held July 16-29, 1989. For information, contact Roland Hawes, ICASSI Administrator, 113-2419 Bellevue Ave., West Vancouver, BC V7V 4T4.

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Send listings to the Central office by the 15th of the month, including contact person, address, and telephone number.