

## President's Report

This month's report includes workshops for the 1990 convention, Hurricane Hugo, video from Minneapolis, and a new Interest Section...

### Philadelphia Workshops

The Executive Committee has selected these workshops:

#### Pre-Convention Workshops Thursday, May 17

**New Light on the Adler-Freud Relationship,  
with Present-Day Implications**  
Heinz Ansbacher

**Theater of Dreams**  
Leo Gold

**The New Way to Compete - Adlerian Style**  
Harry A. Olson

**Cooperative Discipline**  
Linda Albert, Will Roy,  
Patti Kyle, Bob and Barbara Turk

**Integrative Brief Therapy for Couples**  
Robert Sherman

**Suicide Assessment and Treatment**  
Mark Stone

**Parenting & Counseling of Teenagers**  
Frank Walton

#### Post-Convention Workshops Sunday, May 20

**Memory as Metaphor**  
Betty Lou Bettner, Amy Lew

**Hypnosis for Life Style Change: Using  
Ericksonian Techniques in Adlerian Therapy**  
Barbara Fairfield

**To See with the Eyes of Another: Metaphorical  
Thinking & Intervention in Adlerian  
Psychotherapy**  
Richard Kopp

**Parents and Teachers: Partners in Education**  
Edna Nash

**Strategies & Techniques in Counseling:  
A Systems Based Schema**  
William Nicoll

**Clinical Case Consultation**  
Henry Stein

**Using Art to Promote Self-Awareness and Social  
Interest**  
Judy Sutherland

The selection of workshops is a juggling act. We attempt to balance "classic" and new presenters, topics across the Interest Sections, and take into account how many times a person has given a workshop at NASAP in the past five years.

There are many more qualified presenters than spaces, and we appreciate the interest. We hope you will find these workshops attractive; feedback is welcome. A person must do a program before submitting a workshop proposal, giving us additional basis for evaluation.

## Business and Organization Interest Section

I am pleased to report the sixth Interest Section, Business and Organizations, will present their by-laws and constitution to the Delegate Assembly this month. Once officially recognized by the DA, the group will elect two delegates to the DA.

There has always been interest in Adlerian applications in business and organizations, and now they have a home within NASAP. If you would like more information or a sample of their recent newsletter, contact Neva Hefner at the central office, or Billie Scanlan, Box 305, Elcho, WI 54428.

## Hurricane Hugo Hits SCSAP Conference

The annual Myrtle Beach Conference, sponsored by the South Carolina Society of Adlerian Psychology (SCSAP), had the misfortune of being scheduled for the third weekend in September.

When it became apparent that Hurricane Hugo was imminent, conference organizers called the event. The location of the event, Springmaid Beach, was in fact evacuated for the storm.

The SCSAP Conference was rescheduled, and held, on October 20-22.

## Minneapolis Convention Videos Available


**Open Forum Family Counseling**  
Oscar Christensen  
90 minutes -- \$30

**Holistic-Metaphorical Therapy and  
Brief Psychotherapy**  
Richard Kopp  
90 minutes -- \$30

**Adlerian Marriage Counseling**  
Mim Pew  
60 minutes -- \$28

Orders should be placed with the central office. Credit Cards are accepted, and there is only a \$3 postage and handling charge per order. They are worthwhile additions to your permanent collection.

Respectfully Submitted,

  
Don Dinkmeyer, Jr., Ph.D.  
President

Philadelphia: NASAP 1990

Thursday thru Sunday  
May 17-20, 1990

Programs were selected at the Delegate Assembly meeting in Chicago, November 4-5. You will be notified shortly thereafter concerning each Interest Section's decision on your proposal.

Please note the complete list of workshops is presented on page one of this Newsletter.

We are absolutely grateful for the wide variety of proposals for workshops and programs. NASAP had to decline the majority of proposals for workshops, due to space limitations.

# # # #

Author's Query

A book on adult sibling relationships is currently being planned. I would appreciate any case studies or personal adult sibling experiences that anyone may wish to share. I will maintain confidentiality with any materials that are used. Contact Thurston L. Cosner, 3789 South Green Road, Beachwood, OH 44122.

# # # #

Membership

	1988	1989	
New	187	153	(-34)
Renewal	936	984	(+48)
Total	1,123	1,137	(+14)

Membership Information

As the above numbers indicate, we are doing better at retaining members, but the rate of new members has not kept pace.

Most new NASAP members come from a specific contact by a present member. If you'd like to help us spread the word, let us know how to help:

\_\_\_ Please send me \_\_\_ membership brochures

\_\_\_ Please send me \_\_\_ extra Newsletters

\_\_\_ Please send me \_\_\_ Interest Section information panels.

Your name, address, city/zip-postal code:

\_\_\_ Please send information on NASAP directly to:

Simply clip and send this sheet to the central office in Chicago, and we'll do the rest. Thanks for your support of NASAP!

Research Subjects Needed

Receive Life Style Personality Inventory (Wheeler-Kern-Curlette) and MCMI-II profiles free for adult clinical clients. Contact Dr. Mary S. Wheeler, Psychology Dept., Western Carolina University, Cullowhee, NC 28723 (704/227-7361).

# # # #

Donations

Donations have been received from:

- Shunsaka Noda, M.D.
- Inge R. Schnee, M.S.W.
- Mac Logan, M.Phil., Dip. T.M.
- Janos Ronaszeki

We are grateful for these donations.

# # # #

Video Fundraising

"Adler on Adler", a 140 minute video by Dr. Howard Garrell, is available for fund raising events and other Adlerian meetings. A 20 minute sampler of excerpts is also available.

To contact Dr. Garrell on this opportunity, fees, and arrangements, please contact him at Old Pond Road, South Salem, NY 10590 or call 914-763-5916.

# # # #

Newsletter Deadlines

Deadlines are the first of the month preceding publication. Items for the "News and Events from the Regions" can be called into the central office. Please check page 5 for the format and information needed on this section.

Letters to the Editor, Book Reviewers and books to be reviewed are always welcome.

**NASAP NEWSLETTER**  
The North American Society of Adlerian Psychology

**Vol. 22, No. 9** **November, 1989**

Published ten times each year by the North American Society of Adlerian Psychology (a not-for-profit corporation), 202 S. State Street, #1212, Chicago, IL 60604. 312/939-0834.

Members of NASAP automatically receive the Newsletter. Subscription rate for non-members \$10.00.

We encourage readers to send contributions of news, suggestions, ideas, opinions by the first of the month. We reserve the right to edit.

Don Dinkmeyer, Jr., Ph.D., Editor  
ISSN 0889-9428



\* News and Events from the Regions \*

REGION V--NORTHEAST

{Note: The \* symbol indicates a new listing}

REGION I--NORTHWEST

Vancouver--APABC schedule for 1989-90, features courses taught by Jim Croake, Harold Mosak, Clair Hawes and Robert Armstrong. For a complete schedule, contact APABC, 210-2525 Manitoba St., Vancouver, NC V5Y 3A7, 602-874-4614.

Seattle--The Puget Sound Society of Adlerian Psychology announces a one-day workshop with Jane Griffith and Robert L. Powers for Saturday, December 2nd on "Interventions in the School and Clinic". The event is co-sponsored by AIAS, Ltd. It offers 6 APA or NBCC CE hours, BRN and Physician's Category II credits. Contact: Marcia Mullins, 2600 E. Helen Street, Seattle 98112 (206) 368-3630.

REGION II--MIDWEST

Chicago--Family Education Centers of Northern Illinois, co-sponsored by the Adler Institute of Chicago, announces a series of workshops running through April, 1990 at four sites: Highland Park, Downers Grove, and Arlington Heights, and the downtown Chicago AAI site. Each provides a monthly lecture or counseling demonstration. All programs open to the public. For a complete schedule, contact Bryna Gamson, Adler Institute, 618 S. Michigan Avenue, Chicago 60605, or 312-294-7100.

Ft. Wayne--Alfred Adler Institute of Ft. Wayne has issued the fall class schedule. Classes include work with Ron Pancner, Seymour Schneider, Norman Silverman, and Harold Mosak. A complete schedule is available, and lodging is available for out of town students for \$20/night on a space available basis. For the complete schedule, contact: Kristin Pancner at 219-432-3085.

REGION III--SOUTH

El Paso, TX--"Adlerian Family and Marital Counseling", a workshop with Don Dinkmeyer, Sr., November 17th. Contact: Jaime Galindo, El Paso Professional Growth Assoc., 915-525-0373.

\*Charleston, SC--"Alternatives to Corporal Punishment", co-sponsored by the South Carolina Society of Adlerian Psychology, March 29-April 1, 1990. Features workshops with realistic alternatives to discipline in schools. Contact Patti Agatston or Susan Carter at 803-796-6460.

REGION IV--MIDDLE ATLANTIC

Montreal--AAI-Quebec offers C501, Introduction to Professional Issues, with Mark Stone, November 25/26 and December 9/10; C202, "Clinical Aspects of Substance Abuse" with Helen Cooley on November 17-19 and January 5-7. A brochure outlining the Institute's complete courses and services offerings is available. Contact: AAI-Q, 4947 Grosvenor Ave., Montreal, Qc., H3W 2M2, (514-731-5675).

New York City--The Alfred Adler Institute has issued a new brochure listing their postgraduate training institute coursework for mental health professionals. Contact: AAI-NYC, 1841 Broadway #410, NY, NY 10023, 212-923-5600 or 974-0431.

\*New York City--The New York Committee of Region V announces a symposium on "Adler's concept of lifestyles: What further changes can we expect in the '90's for individual, marital and family therapy". The symposium will be held at the Ethical Culture Society, 2 West 64th Street on Sunday, December 10, 2-6pm, followed by a social. Adlerians and Adlerian friends are welcomed. Contact: Mimi Diamond, 212-982-1635. Congratulations to our NY Committee member, Merle Lemler Brenner, on the birth of her daughter!

\*Clinton, NY-- Scholarships for ICASSI '90 are available to qualified applicants. The international scholarships include tuition, accommodation, and meals. Other scholarships are available for full or partial tuition. Contact: Dr. Oscar Christensen, ICASSI Scholarship Chairperson 7002 Soyoluna Place, Tucson, AZ 85715. All scholarship applications require a letter of reference from a present or past Board or faculty member of ICASSI. March 1st, 1990 closing date on scholarship applications. ICASSI 1990 will be held at Hamilton College in Clinton, NY, July 23 through August 3, 1990.

REGION VI--FAR WEST

Santa Rosa, CA--Marathon Group Therapy & Personal Growth Experience, November 11, 8:30am - 6pm, groups limited to 10; conducted by Lynn Lott. Women's Support and Problem Solving Groups, Tues-Wed-Thurs and Couple's Groups Wednesday evenings. A number of other services and events will be offered during the next year, and are outlined in a brochure. Contact: Lynn Lott, Summerfield Counseling and Educational Services, 4765 Hoen Ave., Santa Rosa, CA, 707-526-3141.

San Diego, CA--AIAS-San Diego County offers "Applying Psychological Skills", February 3/4 and 17/18, 1990. Contact: Steven A. Maybell, Ph.D., Director, AIAS-SDC, 486 Hillway Drive, Vista, CA 92084 (619) 758-4658.

\*Berkeley, CA--AWIRTH classes begin November 23 and continue through February 8. Marathons scheduled for November 4 and December 2. Contact: Dr. Lucy Acknerknecht, AWIRTH, 226 Stanford Ave, Berkeley, 94708 (415) 524-4929.

# # # #

Events listed on this page must be of general interest to the membership, open to outsiders, and have a contact person.

Send listings to the Central office by the 1st of the month preceding publication. Include contact person, address, and telephone number.

Items may be telephoned to Neva Hefner at 312-939-0834.

## Gemeinschaftsgefühl and Glasnost

Betty Lou Bettner and Amy Lew invite you to join them for an exciting opportunity to travel in the USSR and meet with Soviet psychologists. They have been asked to introduce Individual Psychology to therapists in Moscow and Vilnius (the capital of the Baltic state of Lithuania).

In the spirit of Glasnost, Soviet officials have asked them to invite other visitors interested in studying Adlerian psychology to come along and observe Perestroika firsthand and develop friendships with Soviet colleagues. Participants on this trip will have the opportunity to learn about the Connexions Focusing Technique, a new approach for understanding and using early recollections.

This trip is open to all. We will be invited to visit with people in their homes, and a visit to Leningrad will be included as well as tours of all three cities. A letter of verification of study will be given by the University of Moscow. Graduate credit is available through Bowie State University and the Alfred Adler Institute of Chicago.

Tentative dates are March 25 though April 7, 1990 and fees are approximately \$2600 - \$2900. This cost includes all food, lodging and travel within the USSR for 10-12 days and round trip transportation from New York City. Price is dependent upon number of participants and length of stay.

For more information, contact either presenter:

Amy Lew, Ph.D., CCMHC, 10 Langley Road, Suite 200, Newton, MA 02159, (617) 332-3220  
Betty Lou Bettner, Ph.D., CCMHC, 1 Old State Road, Media, PA 19063 (215) 566-1004.

# # # #

## News of NASAP Members

Pete DeSisto, Coordinator of Elementary Guidance for Broward County (107 schools) and a Region III NASAP Board member, was recently elected Vice-President for Elementary Schools of the Florida Schools Counselor Association (FSCA).

Thurston Cosner conducted three week long seminars at Chautauqua Institution on Adult sibling relationships and other topics. He is researching a book on adult sibling relationships. If you have any case studies or personal experiences you wish to share, contact him at 3789 S. Green Road, Beachwood, OH 44122

Wyn Alice Carr-Gleason writes: "I regret that poor health has forced my retirement and I will not be renewing my membership after 20 years in NASAP...I have appreciated my association with all my Adlerian friends and particularly enjoyed the annual convention. Best wishes for your continued professional success and personal happiness." She can be reached at 7809 Onyx Drive SW, Tacoma, WA 98498.

## \* News and Events from the Regions \*

[Note: The \* symbol indicates a new listing]

### REGION I--NORTHWEST

\*Vancouver--APABC's 11th annual conference, "Tuning In 1990", features a keynote by Lynn Lott and credit-approved coursework by Don Dinkmeyer, Jr. The conference runs February 1-4. For a complete schedule, contact APABC, 210-2525 Manitoba St., Vancouver, BC V5Y 3A7, 602-874-4614.

### REGION II--MIDWEST

\*Chicago--AAI-Chicago's fourth annual Founder's Day on Friday, February 9, features internationally recognized psychologist Arthur Freeman on "Cognitive Therapy and the Individual Psychology of Alfred Adler". The program will offer CEU or graduate credit, runs from 9:30 to 3:30, and will be conducted at the Institute downtown location, 618 S. Michigan Avenue. Advance registration \$50 (\$35 students) until January 20th. Lunch and continental breakfast included, contact Bryna Gamson, AAI, 618 S. Michigan Avenue, Chicago 60605, (312) 294-7100.

\*Chicago--Parent Education Group Leadership Training Workshop, Friday, January 26, 9am to 4pm, with Barbara Borden. .6 CEU's for NBCC, offered by AAI-Chicago (see above listing for contact information).

### REGION III--SOUTH

Charleston, SC--"Alternatives to Corporal Punishment", co-sponsored by the South Carolina Society of Adlerian Psychology, March 29-April 1, 1990. Features workshops with realistic alternatives to discipline in schools. Contact Patti Agatston or Susan Carter at 803-796-6460.

\*Columbia, SC--AIAS offers "Understanding Personality Development and Dynamics", February 1-4. Contact Carey A. Washington (803) 765-7770 (daytime).

\*Orlando--14th Annual Region III Orlando Conference, Thursday, February 22 - Sunday, February 25. Brochures have been sent to all NASAP members. Contact: Don Dinkmeyer, Jr., 236 Crestlake Way, Bowling Green, KY 42104 (502) 781-9529.

### REGION IV--MIDDLE ATLANTIC

Montreal--AAI-Quebec offers C101, Introduction to Individual Psychology, instructor Heinz Ansbacher, Ph.D., on January 20-21 and February 3-4. C102, Introduction to Individual Psychology II, instructor Michael Hartings, Ph.D., on February 16-18. Contact: AAI-Q, 4947 Grosvenor Ave., Montreal, Qc., H3W 2M2, (514-731-5675).

### REGION V--NORTHEAST

Clinton, NY-- Scholarships for ICASSI '90 are available to qualified applicants. Contact: Dr. Oscar Christensen, ICASSI Scholarship Chairperson 7002 Soyaluna Place, Tucson, AZ 85715. March 1st, 1990 closing date.

LISTINGS Continued on next page --->

Non-Profit Org.  
U.S. POSTAGE  
**PAID**  
Chicago, IL  
Permit No. 822

RETURN TO:  
NASAP NEWSLETTER  
DON DINKMEYER, JR., Ph.D., EDITOR  
202 S. State Street, #1212  
Chicago, IL 60604

<---News and Events, continued from page 3

REGION VI--FAR WEST

\* Santa Rosa, CA--"The Next Step", personal growth and self-esteem building experience, will be offered on February 16-18 on the Monterey Peninsula. Contact: Lynn Lott or Carol Rivendell, 4765 Hoen Avenue, Santa Rosa, CA 95405 (707) 526-3141.

San Diego, CA--AIAS-San Diego County offers "Applying Psychological Skills", February 3/4 and 17/18, 1990. Contact: Steven A. Maybell, Ph.D., Director, AIAS-SDC, 486 Hillway Drive, Vista, CA 92084 (619) 758-4658.

# # # #

Events listed in this section must be of general interest to the membership, open to outsiders, and have a contact person.

Send listings to the Central office by the 1st of the month preceding publication. Include contact person, address, and telephone number.

Items may be telephoned to Neva Hefner at 312-939-0834.

Upcoming Conferences

February 1 - 4  
Vancouver, British Columbia  
Tuning In '90

contact:  
Jeri Griffiths  
APABC  
210-2525 Manitoba Street  
Vancouver, BC V5Y 3A7  
(604) 874-4614

February 23 - 25  
Orlando, Florida  
Region III Conference

contact:  
Don Dinkmeyer, Jr., Ph.D.  
236 Crestlake Way  
Bowling Green, KY 42104  
(502) 781-9529

July 22 - August 3  
Clinton, NY  
23rd Annual ICASSI

contact:  
Roland Hawes  
2419 Bellevue #113  
West Vancouver, BC V7V 4T4 Canada