

NASAP

NEWSLETTER

The North American Society of Adlerian Psychology

Volume 23, Number 3

March, 1990

202 S. STATE STREET, #1212
CHICAGO, IL 60604-1905

President's Message

Four points on the Continent give some indication of our goals and accomplishments:

Philadelphia

You've received the brochure with all the facts and forms. If you don't have one, call 800-443-5697 or our offices at 312-939-0834.

May 17-20
Adams-Mark Hotel
38th Annual Convention

14 workshops and 76 presentations will be conducted during the four day convention. On Thursday, May 17th at 7pm, David Burns, M.D. will deliver the keynote "Feeling Good About Yourself and Others". The featured Saturday luncheon speaker is Letty Cottin Pogrebin. A banquet and dance will be held on Friday evening, May 18th. It's all in the brochure, including registration forms.

Final notes on the convention:

- * Deduct 10% from your registration fees if you send registration by April 15th.
- * If possible, please make your airline reservations through Travel King West at 800-443-5697. They provide a guaranteed lowest possible airfare, and NASAP benefits substantially from your participation.
- * Student discounts are available, but please remember these apply only to full-time, 9 credit/term or more student status. A limited number of scholarships are available from the central office.
- * Note on page 2 of this issue a special meeting concerning the Collected Works of Adler, to be held during the convention.

San Diego

The Executive Committee met in San Diego on March 3 and 4. Usually held in Chicago, the meetings were in fact less expensive at this site due to a number of travel cost factors for the current EC members.

A full report will follow in the April issue. We addressed a number of concerns, some reflected in the pages of this issue. Look to page 4 for a free catalog of Adlerian video and film; we've spent over a year collecting this information.

Financially, we are stable. The recent dues increase has had no effect on new memberships and renewals are about the same as last year.

Sometimes we lose sight of our present success when we focus on the future. I've had the opportunity to experience two conferences in the past few months which illustrate our current successes and abilities.

Vancouver

The Adlerian Psychology Association of British Columbia (APABC) annually sponsors a "Tuning In" Conference. This year, it was held in the downtown campus of Simon Fraser University close by the Bay and what I assume (but never saw) was the Pacific Ocean. I was honored to work with 35 students in a parent education course.

More impressive is the fact that APABC and the Vancouver region may have one of the most extensive parent education outreach programs. I worked with people who had been taught by Dreikurs, and were still interested in expanding their knowledge. Also in the class were parents who had been a member in a parent group, wanted to help others, and came to the workshop for leadership training. We shared ideas, and many will benefit.

Orlando

Two weeks later, 3,500 miles to the east, the 14th annual Region III Orlando conference. It has blossomed into an event which serves to renew friendships, nurture students, and serve the southeastern professional community. Four years ago, the conference had 135 registrants. This year, more than 230 attended, coming from 21 states and 2 provinces.

At 1am the Saturday night of the Conference, I went to the east parking lot to look for the (later postponed) Shuttle launch. Not to my surprise, I saw and talked with two other Adlerians waiting for the event. Don't say we have narrow interests!

Other News

- * Clonick Publications Grant Funding requests are now being accepted. To obtain a copy of the form, contact the central office.
- * Research grants will soon be available; see page 2 of this issue for additional information. My thanks to Region III for their donation to kickoff the funding.
- * Our best wishes to central office worker Marie Stacel during her recovery from hip replacement surgery in early March.

Respectfully Submitted,


Don Dinkmeyer, Jr., Ph.D.

The Collected Works of Alfred Adler

Efforts to continue the translation of Adler's writings from German to English are the focus of a special task force. This group is open to all interested parties, and will meet during the Philadelphia convention.

If you are attending the convention, look at the bulletin board near the registration desk for information on the meeting, or contact Dr. Henry Stein. If you are unable to attend the convention but would like to learn more about this effort, contact Dr. Stein at the Alfred Adler Institute of San Francisco, 7 Cameo Way, SF, CA 94131 (415) 567-4729.

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Research Funds Available;
Donations Sought

Funds for research projects are now available through a program administered by the Theory and Research Interest Section.

To receive a proposal form, write the central office. Proposals will be considered at the May and November meetings. It is believed the funding for any project would initially be no more than several hundred dollars.

This research support program is funded by donations from the membership. Region III has announced a \$750 donation, contingent upon matching donations from other organizations and the membership. Donations are now being accepted.

The research fund is intended to support graduate research projects whose emphasis is the advancement of Adlerian Psychology. A grant might cover research expenses such as computer time, postage, printing and other basic expenses.

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Membership

Most new NASAP members come from a specific contact by a present member. If you'd like to help us spread the word, let us know how to help:

- Please send me membership brochures
- Please send me extra Newsletters
- Please send me Interest Section information panels.

Your name, address, city/zip-postal code:

Please send information on NASAP directly to:

Simply clip and send this sheet to the central office in Chicago, and we'll do the rest.

Thanks for your support of NASAP!

Newsletters to Know

The Adlerian, a bi-monthly publication of the San Diego Society of Adlerian Psychology. Features reports on conferences, a directory of clinical members, and articles of interest to Adlerians. Subscriptions \$12 annually, contact Debbie Gregson, SDSAP, 486 Hillway Drive, Vista, CA 92084.

A Voice For Children, published three times annually. Not strictly an Adlerian publication, but it does have interesting information on "alternatives" for parents and educators interested in reform of American Education. No subscription information, but contact A Voice For Children, Box 4143, Santa Fe, NM 87502 and request a sample.

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Family Education Resource Directory

The Family Education Interest Section is in the process of compiling a Resource Directory of Family Education programs. If you would like your organization or program listed in this directory, please send for an information form from Jean Alessi, 11834 Helta Drive, St. Louis, MO 63128.

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Newsletter Deadlines

Deadlines are the first of the month preceding publication. Items for the "News and Events from the Regions" can be called into the central office. Please check page 5 for the format and information needed on this section.

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Newsletters Requested

If you publish a regional or local chapter newsletter, please place us (NASAP) on the mailing list.

NASAP NEWSLETTER
The North American Society of Adlerian Psychology

Vol. 23, No. 3

March, 1990

Published ten times each year by the North American Society of Adlerian Psychology (a not-for-profit corporation), 202 S. State Street, #1212, Chicago, IL 60604. 312/939-0834.

Members of NASAP automatically receive the Newsletter. Subscription rate for non-members \$10.00.

We encourage readers to send contributions of news, suggestions, ideas, opinions by the first of the month. We reserve the right to edit.

Don Dinkmeyer, Jr., Ph.D., Editor
ISSN 0889-9428

Non-Profit Org.
U. S. POSTAGE
PAID
Chicago, IL
Permit No. 822

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International

Abano, Italy--The 18th International Individual Psychology Congress will be held in Abano, Italy, July 29 - August 2nd. Registration for the event will be approximately \$275 for 4 days, with reduced rates for students. Hotel rooms are available for approximately \$65. Contact: Hal McAbee, 2421 Kelford Lane, Bowie, MD 20715.

IAIP Delegate Openings

NASAP sends delegates to this convention listed above.

If you would like to be considered for appointment as an official representative of NASAP, please send your name to the central office. Responsibilities include attendance at meetings for one day. There is no reimbursement for this position.

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Events listed in this section must be of general interest to the membership, open to outsiders, and have a contact person.

Send listings to the central office by the 1st of the month preceding publication. Include contact person, address, and telephone number. Items may be telephoned to Neva Heiner at 312-939-0834.

Please send the following tapes:

- ____Pew, Adlerian Marriage Therapy, \$33
- ____Kopp, Brief Psychotherapy, \$35
- ____Christensen, Open Forum Family, \$35

To order, send a check, money order, Visa or MasterCard information to the Central Office.

Oscar Christensen, Open Forum Family Counseling, 90 minutes, \$35

Richard Kopp, Holistic-Metaphorical Therapy and Adlerian Brief Psychotherapy, 90 minutes, \$35

Mim Pew, Adlerian Marriage Therapy, 60 minutes, includes demonstration, \$33

These videotapes have professional sound quality and good, 2-camera visual selection. The tapes were recorded during the Minneapolis convention. We are pleased to offer the videotapes to the membership:

Minneapolis Videotapes Available

Please add \$4 postage and handling for the processing of your order. All payments in U.S. Funds, please.

RETURN TO:
NASAP NEWSLETTER
DON DINKMEYER, JR., Ph.D., EDITOR
 202 S. State Street, #1212
 Chicago, IL 60604

Letters to the Editor

[Editor's Note: NASAP member Clair Hawes wrote the organizers of the "Evolution of Psychotherapy" conference concerning the lack of Adlerian representation at the proposed 12/90 conference. The reply, intended to be printed in this Newsletter, follows]

Thank you for your letter concerning the composition of the faculty for the December Evolution of Psychotherapy Conference. At the 1985 conference, we attempted to represent influential schools of therapy. For the 1990 conference, it was decided to invite influential personalities, rather than theoretical approaches. Therefore, a number of rather important views are conspicuously absent, including Adlerian, Rogerian, Kohutian, Object Relations, Transpersonal, and Feminist schools. Alfred Adler's contribution to psychotherapy is seminal and enduring. Many of the faculty at the Evolution of Psychotherapy Conference cite his important work. I regret that the composition of the faculty disappoints you and I am grateful that you took the time to send your perspective. Jeffrey R. Zeig, Ph.D. Director

* * *

Just a line to congratulate you on your excellent and very helpful article by Dr. Len Sperry, "Recent Developments in Psychoanalysis", in the January NASAP Newsletter. When I say helpful I mean that I will certainly refer to it in my workshop at NASAP in Philadelphia in May.

Heinz Ansbacher
Department of Psychology
The University of Vermont
Burlington

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News of NASAP Members

Don Dinkmeyer, Sr. will be awarded an honorary Doctor of Letters degree from Concordia University of River Forest, Illinois at their commencement on May 28th. The degree is being awarded in recognition of lifetime achievements and contributions to American education and psychology. Lucia Radl recently celebrated her 90th birthday. She has been a lecturer and supervisor at the Adler Institute of New York, the AA Mental Health Center, and community counseling centers.

* * *

Editor's Note
Len Sperry's column returns next month with the subject "Recent Innovations in Group Therapy".

Focus on PEP

Adlerian Family Education Centers flourish across the United States and Canada. One such example is the Parent Encouragement Program (PEP) of Silver Spring, Maryland.

PEP was approached by an international organization to provide a course for newly arriving "au pairs" from European countries who come to the United States for one year to work in homes, caring for children. The course will be given by PEP ten times a year as part of the placement organization's orientation program. The PEP organization has also launched two new speciality classes, "Becoming a More Encouraging Parent - Family Reconstruction" is a ten week program specifically designed for parents whose present family or family of origin have been affected by dysfunction such as chemical dependency, addiction, and depression. The second course, "Furthering Fathering", is a 6 week course just for fathers which will focus on the traits of effective fathers, the constructive role of fathers in discipline and problem behaviors, and the influence of fathers on the lives of both their sons and daughters.

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Focus on AMIRTH

A banquet honoring Dr. Lucy K. Ackerknecht and the 30th anniversary of the AMIRTH (Adlerian Western Institute for Research and Training in Humanics) is planned for April 21.

AMIRTH has been in continuous operation since 1960, training individuals, families, and groups in the original teachings of Alfred Adler. Dr. Ackerknecht conducts classes, small group marathons, and other coursework in the San Francisco area. A portion of each year is also devoted to lectures and workshops in Europe.

If you would like additional information on AMIRTH and the April 21st banquet, contact Nancy Hawkins-Randall, AMIRTH Associate Director, at 415-864-5248.

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Doctoral Internship Seeks Students

Charter Beacon Hospital of Fort Wayne, Indiana has announced a Doctoral Internship Program. It is now seeking candidates for the 1990-91 school year.

Charter Beacon is affiliated with the Adler Institute of Fort Wayne and has major accreditation status with several organizations. The internship provides experience with both inpatient and outpatient, and a variety of experiences within the hospital as well as the surrounding communities. Contact John Abratis, Psy.D., AAI-Ft. Wayne, 535 Home Avenue, Ft. Wayne, IN 46807 (219) 458-2451 x 2447 or 800-444-2001 extension 2447.

International IP Journal

The International Journal of Individual Psychology will publish its inaugural issue this summer.

According to the Editor, Professor Hans Josef Tymister of the University of Hamburg, the Journal is soliciting articles specifically addressing:

- * New developments in Adlerian theory and practice
- * Papers which "debate" the meaning and significance of Adlerian theory
- * Comparative studies with other schools of thought
- * Appropriate papers from the historical-critical Adlerian project
- * Personal reports and announcement of events
- * Case studies

All submissions should include two copies of the manuscript. To ease delivery, send all materials to the managing editor, Hal McAbee, 2421 Kelford Lane, Bowie, MD 20715. He will forward your material to Dr. Tymister.

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Free Video Catalog Available

We are pleased to offer a catalog of videotapes and films. The list runs more than 12 pages and includes title, rental or purchase price, running length, and where to order.

The materials listed in this catalog were submitted by NASAP members. We plan to revise the catalog on an annual basis.

If you would like to receive this catalog free of charge, please fill out the following information:

- Please check all statements which apply:
- I purchase videos with personal funds
 - I purchase videos with institutional funds
 - The videos would be for personal development
 - The videos would be for training purposes (Please fill in this statement)
- I buy _____ (number or \$) videos/films each yr.

Enter your name, address, city, state/prov and zip or postal code

Name

Address

City/State-Prov/Zip-PCode

(Please allow three weeks for delivery)

Books & Resources for Members

This month we feature three NASAP-published books and manuals. The initial response to these was excellent; consider these inexpensive additions to your library.

Adlerian Resource Book

\$10

Edited by B.L. Bettner

Contributions from more than 50 Adlerian counselors and therapists for use with clients, self-development, publicity and more. "One idea is worth the price!", 77 pages

Alfred Adler as we Remember Him

\$5.95

A historic, inexpensive book which contains recollections from those who worked with Adler, as clients and fellow professionals.

C4R Manual:

Corsini Four-R System

\$10

NOW AVAILABLE--the definitive resource book on C4R, 13 chapters, more than 100 practical issues. If you are interested in the schools, this sparks thought and movement. 120+pages

----- Order Form -----

Please send ___ copies of Adlerian Resource Book at \$10 each. (Add \$3 p/h, \$4 to Canada)

Please send ___ copies of Alfred Adler as we Remember Him at \$5.95 each. (add \$1 p/h)

Please send ___ copies of C4R Manual at \$10 each. (add 3p/h, \$4 to Canada)

Note: Maximum p/h for an order is \$5, regardless of size

Method of Payment

Check enclosed (US Funds)

Bill my Visa or MasterCard:

Account # _____ Exp Date _____

Please add appropriate postage and handling for your order. See above for correct prices.

Total materials + p/h = \$ _____

Ship To:

- Please Note -

* This offer is good until May 15, 1990.

* NASAP receives a percentage of your purchase

Send your order to:

NASAP Book Sales
202 S. State Street, #1212
Chicago, IL 60604

* News and Events from the Regions *

[Note: The * symbol indicates a new listing]

REGION I--NORTHWEST

Boise, Idaho--"Humor in Relationships" is the theme of this year's Idaho Society of Individual Psychology Conference, to be held on March 2 and 3. The featured speaker is Dr. Will Roy. The events will be held at the Owyhee Plaza Hotel, and graduate credit is available. For additional information, contact Elaine Groissaints ISIP President, 300 Fort Street, Boise, ID 83702 (208) 338-3429.

Seattle--AIAS offers "Assessing Individual and Group Styles" May 31 and June 3; "Applying Psychological Skills" August 16-19. Contact: Carol Lee Smith, AIAS-WA Coordinator, 2435 30th W, Seattle, WA 98199 (206) 285-3851.

REGION II--MIDWEST

Omaha--Renee Dushman will conduct an Adlerian Psychodrama workshop for the Nebraska Society for Adlerian Psychology on April 21. Contact Stephanie Koraleski, 402-393-1647.

Highland Park, IL--On March 14, Marianne Sipe will speak on "Building Self Esteem: Success Strategies for Parents and Teachers" at the College of Lake County. This is the monthly presentation of the Family Education Center of the Adler Institute. For additional information, contact Bryna Gamson at the Adler Institute, Chicago 312-294-7100.

Chicago--The Americas Institute of Adlerian Studies (AIAS), offers "Understanding Personality Development and Dynamics" March 22-25; "Assessing Individual and Group Styles", June 21-24. All AIAS courses lead to the Certificate of Professional Studies in Individual Psychology, 30 APA or NBCC credit hours per course, BRN credit available, physicians may claim category 2 credit. Courses may be taken in any sequence and at any location Contact: Jane Griffith, 600 N. McClurg Ct., Suite 2502A, Chicago, IL 60611-3027. 312/337-5066.

REGION III--SOUTH

*Atlanta--"Adlerian Theory and Techniques in Psychotherapy" by Trudi Bratten Johnston will be presented on Monday April 2, 6:30-9pm at Georgia State University. Co-sponsored by the Atlanta Adlerian Society and the Department of Counseling and Psychological Services of GSU. For additional information, contact 404-651-2550.

Charlotte, NC--David Hanson reports the initial meeting of an Adlerian group in this area. If you would like more information, contact him at 704-332-1279.

*Orlando--A call for workshops and presentations for the 1991 Orlando Region III Conference has been issued. The event will feature full day, half-day, and 70 minute workshops and presentations on Thursday thru Sunday, February 21-24, 1991. Contact Don

Dinkmeyer, Jr., 236 Crestlake Way, Bowling Green, KY 42104, 502-781-9529.

Charleston, SC--"Alternatives to Corporal Punishment", co-sponsored by the South Carolina Society of Adlerian Psychology, March 30-31, 1990. The speakers include Dr. Irwin Hyman, Director of the National Center for the Study of Corporal Punishment and Alternatives in the Schools. Contact Patti Agatston or Susan Carter at 803-796-6460.

Columbia, SC--AIAS offers coursework on April 19-22, June 28-July 1, and October 11-14. See Seattle and Chicago AIAS listings for titles. Contact Carey A. Washington (803) 765-7770 (daytime) or David L. Hanson, Suite 400, 201 S. College St., Charlotte, NC 28244 (704) 332-2379.

REGION IV--MIDDLE ATLANTIC

Silver Spring, MD--Open Forum Family Counseling by Barbara Fairfield, Friday, March 9th at 7:30 pm, Marvin Memorial Methodist Church. Minimal charge, free to members of PEP. Contact: Linda Jessup, Parent Encouragement Program, 10001 Dallas Ave., Silver Spring, MD 20901 (301) 681-3784 or 681-7351.

REGION V--NORTHEAST

North Conway, NH--"Encouragenesis of the Family" will be presented by Ray Bliss Rich at the New Hampshire Social Workers conference, March 17. Contact: Ray Bliss Rich, Box 322, Meredith, NH 03253 (603) 744-6857.

Clinton, NY -- July 22nd - August 3rd --23rd Rudolf Dreikurs Summer Institute (ICASSI) Course outlines, accommodations, and brochure information available. Contact: Roland Hawes, 2419 Bellevue #113, West Vancouver, BC V7V 4T4 Canada, or the NASAP Central office in Chicago.

REGION VI--FAR WEST

*Orange, CA--Jane Griffith and Robert Powers will present a workshop on lifestyle assessment as part of the California AMFT, on Saturday May 5. The entire conference occurs May 3-6 at the Doubletree Hotel, Orange. Contact: Mary Riemersma, CAMFT, 3465 Camino del Rio South, # 350, San Diego, CA 92109, 619-280-0505.

Tucson, AZ--James Bitter will present an intensive training experience March 15-17 on "Adlerian Family Mapping: A Practical Use of Adler's Theory and Genograms". It will be held at a retreat northwest of Tucson. Contact the hosts, Adlerian Society of Arizona (ASA), PO Box 40635, Tucson, AZ 85717.

San Diego, CA--AIAS-San Diego County offers coursework on April 7-8, 21-22, September 20-21 and October 6-7. Contact: Steven A. Maybell, Ph.D., Director, AIAS-SDC, 486 Hillway Drive, Vista, CA 92084 (619) 758-4658.