

# NASAP

# NEWSLETTER

The North American Society of Adlerian Psychology

Volume 23, Number 6

June-July, 1990

202 S. STATE STREET, #1212  
CHICAGO, IL 60604-1905

## McKay Elected President; NASAP holds 38th Annual Convention

Joyce L. McKay of Tucson, Arizona, has been elected the 20th President of NASAP. She had served as the first Vice-President, and will serve a two year term as President.

McKay succeeds Don Dinkmeyer, Jr., who held the position from 1986-1990. Dinkmeyer continues to serve on the Executive Committee as the Immediate Past President. Guy J. Manaster steps down from that position.

Four others were elected from the Delegate Assembly, by the Delegate Assembly, to serve as the NASAP Executive Committee:

Robert Armstrong  
Vancouver, British Columbia  
First Vice-President

William Nicoll  
Orono, Maine  
Second Vice President

Steven Maybell  
Vista, California  
Secretary

Edward Abelson  
Ithaca, New York  
Treasurer

The EC meets four times each year, with the next meeting scheduled for the weekend of September 29th in Chicago.

\*\* \*\* \*

Highlights of the 1990 Philadelphia convention include:

\* Formation of a Social Equality task force, to investigate methods of improving NASAP's abilities in this area. If you are interested in serving on this task force, contact the central office.

\* Keynote speech by David Burns

\* Luncheon speech by Letty Cottin Pogrebin, recipient of the 1990 NASAP Continental Social Interest Award

\* More than 75 programs and 12 workshops devoted to Adlerian theory, research and practice

\* Meetings of the six Interest Sections, including the newly recognized Business and Organizations Section

\* Presentation of Distinguished Service Awards to NASAP members:

Betty Lou Bettner  
Boothwyn, Pennsylvania

Jon Carlson  
Lake Geneva, Wisconsin

Guy Manaster  
Austin, Texas

\* \* \* \*

Discussion within the EC and DA focused upon the format of the annual convention. This four day event is vital to NASAP, and special care was taken to assess opinions and alternatives proposed by the members.

Feedback from membership centers on several points. The day itself was too long, running almost ten hours exclusive of evening events. There was not enough time for the Interest Sections to meet, nor the Regional meetings. Some concern has also been expressed about the quality of some of the presentations. It was pointed out that for the number of presentations, and the number of convention registrants, we had a ratio higher than that found in most professional conventions.

For the 1991 Convention, the following will be implemented:

\* Each of the Interest Section tracks will be reduced from 10 programs to 8. There will be an additional 90 minute slot as part of those 8 presentations (programs are either 60 or 90 minutes).

\* Poster sessions, consisting of 4-6 presenters in the same room simultaneously presenting and engaging in dialog, will be implemented. This type of session is suitable for presentation of techniques, "how-to" sessions, questionnaires and inventories, and other themes. We believe the poster sessions will preserve the opportunity for presentations in a format suitable to the topic.

\* At least one presentation in each track will be selected because it directly addresses the theme of the convention. In Tucson 1991, the theme is "Focus on Families in the 1990's".

\* Pre and post convention workshops will be reduced to a number consistent with registration levels. We believe a total of 10 workshops will be held.

For more information on NASAP 1991, see page 2

NASAP 1990, Philadelphia

Many thanks to those who made the events possible. Some of the many are listed here:

Co-hosts Region IV and Connexions, who provided the luncheon speaker Letty Cottin Pogrebin, and the Benjamin Franklin presenter for the Keynote evening address.

Betty Lou Bettner, Chair  
Steve and Delores Sudhop, Ad Book/Treasure  
Pat Pyle, Publicity Chair  
Kay Hoover, Volunteer Chair

\* \* \* \*

NASAP 1991, Tucson

The 1991 Convention will be held May 30 - June 2 at the Sheraton El Conquistador Resort in Tucson, Arizona.

The theme of the Convention will be "Changing Times: Changing Families". The theme will deal with children and teens, families, and the prevention of abuse.

A Call for Programs and Workshops has already been sent to the membership. If you have not received your proposal form, contact the central office immediately. Deadline for workshop proposals is September 7th, deadline for program proposals is September 28th.

As previously discussed in this Newsletter on page 1, major revisions in the convention schedule will be in place.

The convention will be held during the week following Memorial Day weekend. We have been able to procure special room rates during the entire period. This hotel is a resort, and events are being scheduled to accommodate these surroundings.

Mark your calendars: May 30 - June 2, 1991

# # # #

Membership

Most new NASAP members come from a specific contact by a present member. If you'd like to help us spread the word, let us know how to help:

\_\_\_ Please send me \_\_\_ membership brochures

\_\_\_ Please send me \_\_\_ extra Newsletters

\_\_\_ Please send me \_\_\_ Interest Section information panels.

Your name, address, city/zip-postal code:

\_\_\_ Please send information on NASAP directly to:

Simply clip and send this sheet to the central office in Chicago, and we'll do the rest.

Donations

Donations have been received from:

Eileen Clark  
Murray Bomzer  
Bernice Zimney, in memory of  
Esther Meadow  
Lillian Hinkle, in honor of  
Don C. Dinkmeyer, Jr.

Donations can be earmarked for specific purposes, or for the general fund. Your donations are tax deductible and appreciated.

# # # #

Internships Available

Two positions are open for September, 1990 internships. Outpatient and inpatient experience provided along with a wide variety of therapy opportunities. Excellent supervision along with additional training and educational opportunities available. A stipend is offered. The training provides a unique Adlerian orientation. Send your curriculum vitae and letter of interest to:

Dr. John A. Abraitis  
Charter Beacon Hospital  
1720 Beacon Street  
Ft. Wayne, IN 46805

Offered through cooperative efforts of the Alfred Adler Institute of Fort Wayne and Charter Beacon Hospital.

# # # #

Newsletter Deadlines

Deadlines are the first of the month preceding the publication month. This Newsletter is published ten times each year, hence the combined June-July issue.

Items for the "News and Events from the Regions" can be called into the central office. Please check page 5 for the format and information needed on this section. You may place your call on our answering machine after regular business hours, 312-939-0834.

**NASAP NEWSLETTER**  
The North American Society of Adlerian Psychology

**Vol. 23, No. 6** **June - July, 1990**

Published ten times each year by the North American Society of Adlerian Psychology (a not-for-profit corporation), 202 S. State Street, #1212, Chicago, IL 60604. 312/939-0834.

Members of NASAP automatically receive the Newsletter. Subscription rate for non-members \$10.00.

We encourage readers to send contributions of news, suggestions, ideas, opinions by the first of the month. We reserve the right to edit.

Don Dinkmeyer, Jr., Ph.D., Editor  
ISSN 0889-9428

Letters to the Editor

The current issue of NASAP Newsletter prompts me to write for two reasons:  
\*to thank you for your multiple and continuing contributions to Individual Psychology, and  
\*to congratulate you for having the courage and the wisdom to publish Dr. Sperry's stimulating discussions about "Recent Developments in Psychoanalysis." They are for me a most worthwhile addition to the purely "announcements" nature of this publication.

You might be encouraged to know that I read each issue from cover to cover and appreciate the regular opportunity to keep in touch.

Like you and so many others I am very conscious of the debt we all owe to Neva Hefner.

Tom Beames  
Ladysmith, British Columbia

\* \* \* \*

It's been a long time since I have made contact with my friends in NASAP. But now, I have something interesting, perhaps even important, to tell.

I have been enjoying my retirement as a school district administrator so much, that I decided to "un-retire", and take to the political realm. I ran for and was elected to the Board of Trustees of the Edmonton Catholic School District. The ward in which I ran has a voting population of about 26,000, and my elected term is for three years.

It is an interesting and new experience to base my functioning on the Board on Adlerian/Dreikursian principles. It is also an interesting factor that a number of things that I attempted to do as a senior administrator, but was unable to persuade my superiors, now becomes a political decision that I am able to influence directly.

An example of this is that for the past nineteen years, I attempted to have outlawed the rather archaic use of corporal punishment on school children. For nineteen years, my super-ordinates found reasons why the policy should be kept on the books, even though the use of the strap on children was a rather rare exercise.

As of May 7, 1990, The Edmonton Catholic School District no longer permits the hitting of children as a way of disciplining them. I am enclosing a news report from the Edmonton Journal that describes the board proceedings.

I am sorry that I was unable to attend the Annual Conference in Philadelphia, but I am making plans to take in the 1991 Conference in Tucson. Who knows, I might even be able to talk one or two of our other trustees to accompany me.

David B. MacDougall  
Edmonton, Alberta

Task Force Announced

In order to follow-up on the ideas generated during the "on Beyond Adler" program at NASAP '90 Philadelphia, a task force will be formed to accomplish the following:

- \*develop ways to interface Adlerian with other approaches and professional organizations (co-sponsor meetings and exhibit at meetings)
- \*have members identify themselves as Adlerian (wear Adlerian buttons at meetings and indicate their Adlerian orientation in articles and books)
- \*organize publishing and speaking at state and national major conventions
- \*move from a guild to a professional organization
- \*create another full-time executive position for NASAP for a mental health professional

\*contact publishers/authors to request that Adler be included and/or that they identify themselves and their approaches as Adlerian-based

\*highlight how Adlerian approach fits into other contemporary approaches

\*become proactive and deal with difficult issues of our times

\*replace complacency with controversy and healthy challenge within NASAP

\*(put your ideas here)

Contact either:

Charles Huber, Ph.D.  
New Mexico State University  
Box 30001, Dept. 3CEP  
Las Cruces, NM 88003-0001

Jon Carlson, Ed.D.  
Lake Geneva Wellness Clinic  
101 Broad Street #201  
Lake Geneva, WI 53147

# # # #

Special Issue

Articles for a special June, 1991 issue of Individual Psychology: The Journal of Adlerian Theory, Research and Practice are solicited.

The special issue will focus "On Beyond Adler" and will stimulate the utilization of concepts from the wider fields of psychology, philosophy, sociology, etc. as catalysts to further the development of Individual Psychology in the 1990's and beyond.

Authors interested in submitting articles for the special issue should contact Guest Editor Charles H. Huber, Ph.D., for a copy of the special issue prospectus and guidelines for authors: Department of Counseling and Educational Psychology, Box 30001, Dept 3CEP, New Mexico State University, Las Cruces, NM 88003-0001, phone (505) 646-2121.

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RETURN TO:  
 NASAP NEWSLETTER  
 DON DINKMEYER, JR., Ph.D., EDITOR  
 202 S. State Street, #1212  
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Research Funds Available;  
Donations Sought

Funds for research projects are now available through a program administered by the Theory and Research Interest Section.

This research support program is funded by donations from the membership. Region III has announced a \$750 donation, contingent upon matching donations from other organizations and the membership. Donations are now being accepted.

The research fund is intended to support graduate research projects whose emphasis is the advancement of Adlerian Psychology. A grant might cover research expenses such as computer time, postage, printing and other basic expenses.

\_\_\_\_ Please send a request form for the Research Project Fund

Please use my enclosed donation of \$ \_\_\_\_\_ to be used for the Research Project Fund.

\_\_\_\_\_  
 Name  
 \_\_\_\_\_  
 Address  
 \_\_\_\_\_  
 C/S/Z

Books & Resources for Members

Please send \_\_\_\_ copies of Adlerian Resource Book at \$10 each. (Add \$3 p/h, \$4 to Canada)

Please send \_\_\_\_ copies of Alfred Adler as we Remember Him at \$5.95 each. (add \$1 p/h)

Please send \_\_\_\_ copies of C4R Manual at \$10 each. (add 3p/h, \$4 to Canada)

Note: Maximum p/h for an order is \$5,

Method of Payment

\_\_\_\_ Check enclosed (US Funds)

\_\_\_\_ Bill my Visa or MasterCard:

Account # \_\_\_\_\_ Exp Date \_\_\_\_

Total materials + p/h = \$ \_\_\_\_\_

Ship To:

\_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_

Early Recollections Research Request

Lew and Bettner present in Soviet Union

(Editor's Note--The following translated news item is presented without edit or correction. It reflects work done by Amy Lew and Betty Lou Bettner during their recent visit to the Soviet Union)

(Amy discussed this visit with the delegate assembly, and showed a copy of a Russian translation of Children: The Challenge. She was told it was currently out of print because of paper shortages.)

"Bettner and Lew had a seminar and workshop (7 hours a day) at Tallinn Psychiatric Hospital (Estonia, USSR) for 70 participants all over Estonia, mainly psychiatrists and clinical psychologists, and also other counsellors.

The subject of the seminar was Adlerian understanding of personality problems and the meaning of early memories in personality development. At the workshop several cases were analyzed and the case-analysis method was demonstrated.

The participants gave the highest scores to the new ideas, which were introduced into Estonian psychological thought. Clinical psychologists and psychiatrists of Estonia expressed their will to continue the cooperation with American psychoanalysts - Adlerians.

Estonian psychiatrists and psychologists stated their decision of establishing some organization in Estonia to support Adlerian ideology as one of the most democratic trends in contemporary psychology.

The seminar and the workshop were a great event for us and we are very thankful to Betty Lou Bettner and Amy Lew."

# # # #

Tom Edgar is ACT 1990 Honoree

The Adlerian Counseling and Therapy Section of NASAP presented its second annual Distinguished ACT Member award to retired counselor-educator Tom Edgar of Boise, Idaho. The presentation was made at the annual business meeting in Philadelphia on May 18th.

Making the presentation was Dr. Ron Jacques, ACT Leadership Council member. Receiving the award in Dr. Edgar's absence was Dr. James R. Bitter, Chair of the Department of Counseling, California State University - Fullerton, a former graduate student of Dr. Edgar.

The plaque reads:

"In recognition of his leadership as a distinguished Adlerian teacher and practitioner in the preparation of counselors and counselor-educators; in his training of parents and the establishing of family education centers; in his service to NASAP as a Delegate, and to the Idaho Society, and ACT as a founder; and in his continuing influence through these works."

Guy J. Manaster requests copies of reprints of, and reports of unpublished studies, masters theses and doctoral dissertations in which the Manaster Perryman Early Recollection Manifest Content Coding Manual has been used. This is for a meta analytic investigation of the findings. The investigation will be most useful if findings from all such studies are employed. Please send copies, which can be returned to you, to:

Guy J. Manaster  
Dept of Educational Psychology  
University of Texas  
Austin, TX 78712

# # # #

News About NASAP Members

W. Dayton Salisbury has been awarded the doctoral (Ph.D.) degree by the Union Institute. His major work was "A Study of Humor in Counseling among Adlerian Therapists: A Statistical Research Project". Dayton is currently employed by the Washington Pastoral Counseling Service in Washington, D.C, teaches for Bowie State University, and works with local churches. He is a member of the Josephite Fathers.

William G. Nicoll has accepted a position in the Counselor Education program at the University of Maine. He has resigned his position as a delegate from Region IV, as his new residence is within Region V. His address is now: Counselor Education Program, College of Education, University of Maine, Orono, ME 04469-0121, 207/581-2446.

Mary Grisco has accepted a position with the National Parks and Conservation Association as the Alaska regional representative. She will head the Alaska regional office. Mary can be reached c/o Box 202045, Anchorage, AK 99520, 907/258-9154.

The NY Committee of NASAP is saddened to report the death of Esther Meadow, a longtime member of NASAP. She introduced Adlerian concepts such as encouragement in her work as a physical therapist at the Rusk Institute for Rehabilitation in New York, and in private practice. She was a lecturer at the Alfred Adler Institute of New York.

The Adlerian Society of Athens, Georgia has been formed. John Dagley is President, Pam Taylor Vice-President, Tony Franklin Vice-President, Monica Evans, Secretary. The group is having monthly meetings and planning a program by Joanna White on play therapy.

John Murphy of County Tipperary, Ireland, writes that forty (40) parent study groups are running concurrently, four teacher study groups are using STET, and monthly lectures are being held on an Adlerian topic.

Ronald J. Pancner has accepted the position of Hospital Medical Director, Charter Beacon Hospital, Fort Wayne, Indiana. He is a core faculty member of both the Fort Wayne and Chicago Adlerian Institutes.

\* News and Events from the Regions \*

REGION V--NORTHEAST

[Note: The \*\* symbol indicates a new listing]

REGION I--NORTHWEST

Seattle--AIAS offers "Applying Psychological Skills" August 16-19. Contact: Carol Lee Smith, AIAS-WA Coordinator, 2435 30th W, Seattle, WA 98199 (206) 285-3851.

REGION II--MIDWEST

Chicagoland--Help for parents experiencing stress in their relationships is available in local community parent support groups sponsored by the Alfred Adler Institute of Chicago. These groups are currently available in Glenview, Northbrook, Mount Prospect/Des Plaines, and Oak Forest. Individual and family counseling is also available. For additional information, contact Bryna Gamson at the Adler Institute, Chicago 312-294-7100.

**\*\*Evergreen Park** -- Interaction Institute offers weekly Community Wellness Seminars every Sunday evening. There is no charge for these programs. Upcoming seminars include July 22, "Romance: How Does Recovery Affect Relationships?"; July 29, "Walls Between People". The programs are held 7:30 to 8:30pm, conducted by Helen Cooley, M.A., SCAC, at the Salem Church, 97th and Kostner, Oak Lawn. Contact Interaction Institute at 708-422-1848 for additional information.

Chicago--The Americas Institute of Adlerian Studies (AIAS), offers the three course program for Professionals in Individual Psychology for clinicians, managers, and educators. Participants make take any one, or all three courses. Those electing to take all three and writing a paper to demonstrate mastery earn the AIAS Certificate of Professional Studies in IP. Courses may be taken in any sequence at any location 30 APA or NBCC credit hours per course, BRN credit available, Category 2 credit for physicians. Contact: Jane Griffith, 600 N. McClurg Ct., Suite 2502A, Chicago, IL 60611-3027. 312/337-5066.

REGION III--SOUTH

Columbia, SC--AIAS offers coursework October 11-14. See Seattle and Chicago AIAS listings for titles. Contact Carey A. Washington (803) 765-7770 (daytime) or David L. Hanson, Suite 400, 201 S. College St., Charlotte, NC 28244 (704) 332-2379.

Myrtle Beach, SC--8th annual SCSAP Myrtle Beach Conference will be held on September 21-23 at Springmaid Beach. Contact SCSAP at 1313 St. Andrews Road, Columbia, SC 29210. c/o Frank Walton.

Orlando--The 1991 Orlando Conference will be held February 21-24. The event will be held at the same property, now a Ramada Resort. Call for programs contact Don Dinkmeyer, Jr., 236 Crestlake, BG, KY 42104 502/781-9529. The deadline for workshop and program proposals is September 25.

**\*\*Burlington, VT**--Heinz Ansbacher will talk on "Alfred Adler's Significance for Humanistic Psychology" at the 28th annual conference of the Association for Humanistic Psychology, July 27, at the University of Vermont. The talk will be followed by a reception honoring Adler as a theoretical founder of Humanistic Psychology and Dr. Ansbacher as the major interpreter and disseminator of his ideas in the United States. Contact Department of Psychology, John Dewey Hall, University of Vermont, Burlington 05405-0134.

Clinton, NY -- July 22nd - August 3rd --23rd Rudolf Dreikurs Summer Institute (ICASSI) Course outlines, accommodations, and brochure information available. Contact: Roland Hawes, 2419 Bellevue #113, West Vancouver, BC V7V 4T4 Canada, or the NASAP Central office in Chicago.

REGION VI--FAR WEST

San Francisco--Adlerian Summer Intensive with Dr. Henry Stein, July 20-23, "Creative Applications of Classical Adlerian Psychology". The featured presenter will be Dr. Stein, who was trained by Sophia de Vries according to Alfred Adler's original techniques. The week includes brief counseling techniques with graphics, early recollections with interest and trait inventories, Socratic method in psychotherapy, and case analysis and treatment planning. Tuition for the four day program is \$450; on-site accommodations available, \$105 double and \$154 single for 7 nights. Held at San Francisco State University, Seven Hills Conference Center. Contact Henry T. Stein, Director, AAI-SF, 7 Cameo Way, SF, CA 94131 (415) 567-4729.

Laramie, WY--Wyoming Mental Health Conference will feature psychologist Frank Walton presenting "Treating the Troubled Adolescent" on September 13, 9am-4pm, sponsored by the SE Wyoming MH Center. Contact Jane Warren, 367-745-8915.

San Diego, CA--AIAS-San Diego County offers "Assessing Individual and Group Styles" on September 20-21 and October 6-7. Contact: Steven A. Maybell, Ph.D., Director, AIAS-SDC, 486 Hillway Drive, Vista, CA 92084 (619) 758-4658.

International

**\*\*Argles, France**--Seminar and Training supervision, July 15-18; August 20-31, Individual training analysis conducted by Lucy K. Ackerknecht, Ph.D. Contact AWIRTH, 226 Stanford Avenue, Berkeley, CA 94114, 415/864/5248 for additional information.

Abano, Italy--The 18th International Individual Psychology Congress will be held in Abano, Italy, July 29 - August 2nd. Registration for the event will be approximately \$275 for 4 days, with reduced rates for students. Hotel rooms are available for approximately \$65. Contact: Hal McAbee, 2421 Kelford Lane, Bowie, MD 20715.