

NASAP NEWSLETTER

The North American Society of Adlerian Psychology

Volume 23, Number 8 *87* *Aug* - September, 1990

202 S. STATE STREET, #1212
CHICAGO, IL 60604-1905

President's Message

I am honored to serve as President of NASAP. One is not often allowed the opportunity to repay a great debt. My introduction to Adlerian Psychology twenty-two years ago literally changed my life - both personally and professionally. The next two years as your President will enable me to repay a small portion of that debt.

The goals I hope to address:

- Build on the solid base provided by the previous Delegate Assembly and Executive Committee. Many procedures and policies have been clarified, finances are stable, central office staff has been strengthened and we have a Convention Coordinator.
- Increase in the membership without loss of identity. To accomplish this, we need to define who we are and focus on our strengths. Then we can build local chapters with strong ties to the central organization. Local chapters will provide the broad base necessary to maintain a healthy parent organization.
- Continually evaluate the content and format of the annual convention to be sure it supports the growth of NASAP and its members.
- Develop a plan to ensure that Adlerian theory is represented accurately in the literature.
- Promote the expansion of Adlerian theory and research.

Please help accomplish these goals! We need your input and support if NASAP is to continue to grow.

Respectfully Submitted,

Joyce L. McKay
Joyce L. McKay, Ph.D.
President

* * * *

NASAP to Co-Sponsor Satellite TeleConference

NASAP will take part in a national videoconference, "Taking Time for Love: Moving Toward a Successful Marriage", on Thursday, November 15th.

This is the first teleconference which NASAP has co-sponsored. Other sponsors include professional organizations such as APA Division 43 (Family Counseling); Association

for Couples in Marriage Enrichment (ACME); and the AACD International Marriage and Family Counseling (IAMFC) division.

The teleconference will be broadcast via satellite from Governors State University, located in the southern suburbs of Chicago. It will be sent as a live feed from a satellite from 10am to 1pm, Central time, including a 30 minute break.

NASAP member Jon Carlson will serve as moderator and participant in a panel. Carlson has co-authored materials such as TIME for a Better Marriage and serves as Editor of the Practice and Applications issues of the NASAP journal.

Other panel participants include Augustus Napier, author of The Family Crucible and Letty Cottin Pogrebin, author of Family Politics. Pogrebin was also a luncheon speaker at the 1990 NASAP convention in Philadelphia.

Prerecorded materials to be included in this program include demonstrations of marriage skills, documentary footage, and participation by a studio audience. Interactive segments from remote sites via telephone and fax response are possible.

Additional information concerning reception of this event can be obtained by contacting Dr. Dominic Candeloro, Office of Conferences and Workshops, Governors State University, (708) 534-5000, extension 2320.

#

Audiotapes from Philadelphia Available

This Newsletter includes an insert which offers all of the audiotapes from the 1990 convention for purchase.

Based upon on-site sales, we bring to your attention the following best-sellers:

"Among Friends"
Luncheon speech by Letty Cottin Pogrebin

"Raising Non-Addicted Children"
Robert McBrien

"Memory as Metaphor"
Betty Lou Bettner and Amy Lew

"Current Psychotherapies: Adlerian Integration" -- Richard Kopp

"New Light on the Adler-Freud Relationship"
Heinz Ansbacher

-- The complete order information is contained within the insert --

NASAP 1991, Tucson

The 1991 Convention will be held May 30 - June 2 at the Sheraton El Conquistador Resort in Tucson, Arizona.

The theme of the Convention will be "Changing Times: Changing Families". The theme will deal with children and teens, families, and the prevention of abuse.

Our schedule will be:

- Thursday, May 30 - Pre-Convention Workshops
- Friday, May 31 - Convention programs, day 1
- Saturday, June 1 - Programs, day 2
- Sunday, June 2 - Post-Convention Workshops

The deadline for program proposals was September 28th, while workshop proposals were due in early September. Workshop selection is made by the Executive Committee at their September meeting; programs are selected by Interest Section delegates during the November 3-4 Delegate Assembly meeting in Chicago.

The May 30-June 2 period is during the week following Memorial Day weekend. We have been able to procure special room rates during the entire period. This hotel is a resort, and events are being scheduled to accommodate these surroundings.

#

NASAP 1992, Chicago

The rotation of conventions across the continent takes our annual convention to Chicago on June 11 - 14, 1992. The event will be held at the Chicago O'Hare Marriott.

NASAP's policy calls for the annual convention to be rotated across the continent on a three year cycle. The event was last held in the central section of the continent in 1989, Minneapolis. Proposals for 1993 sites, in the eastern section, are being accepted.

#

Membership

Most new NASAP members come from a specific contact by a present member. If you'd like to help us spread the word, let us know how to help:

___ Please send me ___ membership brochures

___ Please send me ___ extra Newsletters

___ Please send me ___ Interest Section information panels.

Your name, address, city/zip-postal code:

___ Please send information on NASAP directly to:

Simply clip and send this sheet to the central office in Chicago, and we'll do the rest.

Parenti Killed in Car Accident

Professor Francesco Parenti, M.D., was killed on August 26th in an automobile accident.

Parenti had served the International Adlerian community as the second vice-president of IAIP, and lived in Milan, Italy.

No further details were available at the time this issue went to press.

#

Early Recollections Research Request

Guy J. Manaster requests copies of reprints of, and reports of unpublished studies, masters theses and doctoral dissertations in which the Manaster Perryman Early Recollection Manifest Content Coding Manual has been used.

This is for a meta analytic investigation of the findings. The investigation will be most useful if findings from all such studies are employed. Please send copies, which can be returned to you, to:

Guy J. Manaster
Dept of Educational Psychology
University of Texas
Austin, TX 78712

#

Newsletter Deadlines

The next issue of the Newsletter is October, followed by separate November and December issues. The newsletter is published ten times each year. This year, we combined the June-July issue and did not publish an August issue.

Items for the "News and Events from the Regions" can be called into the central office. Please check page 5 for the format and information needed on this section. You may place your call on our answering machine after regular business hours, 312-939-0834.

NASAP NEWSLETTER
The North American Society of Adlerian Psychology

Vol. 23, No. 8

September, 1990

Published ten times each year by the North American Society of Adlerian Psychology (a not-for-profit corporation), 202 S. State Street, #1212, Chicago, IL 60604. 312/939-0834.

Members of NASAP automatically receive the Newsletter. Subscription rate for non-members \$10.00.

We encourage readers to send contributions of news, suggestions, ideas, opinions by the first of the month. We reserve the right to edit.

Don Dinkmeyer, Jr., Ph.D., Editor
ISSN 0889-9428

Report to the Society
38th Annual NASAP Convention
Philadelphia, Pennsylvania

This report was delivered at the General Assembly during the Philadelphia convention. Portions have been edited, and membership reflects information as of September, 1990.

Membership

New Members	167
Renewing Members	938
Life Members	27

Total Membership	1,132

Members holding a Master's Degree: 46%
Members holding a Doctoral degree: 32%

Finances

The following represents actual '89 expenses and highlights many, but not all, categories:

<u>Income</u>	
Member dues	59,834
Convention	25,147
Donations/members	2,902
Resource Books	2,873
Interest	6,830
=====	
TOTAL INCOME	\$109,399

<u>Expenses</u>	
Personnel	41,927
Journal	18,210
EC/DA	7,667
Postage/copies	8,917
Newsletter	7,995
IAIP Dues	3,157
=====	
TOTAL EXPENSES	\$117,455

The Society carried an \$11,000 surplus from 1988 which covered the above \$8,056 difference between the above 1989 income and expenses.

Although the deficit was covered, a \$10 increase in member dues for this year was approved by the EC and DA to strengthen the Society's financial position.

Scholarships and Grants

NASAP continues to offer scholarships to attend the annual convention. Scholarships have also been sponsored by interest sections.

The Theory and Interest section has created a Research Fund from which graduate students can receive small amounts of money to cover expenses in their research efforts.

Publications

* The Newsletter is published 10 times each year. Improvements in the past year have been the "Book of the Month" at 20% discount (and income to NASAP), and the continuation of a column by Len Sperry, M.D., Ph.D. on contemporary issues.

* The Society publishes a quarterly Journal, Individual Psychology. Two issues are edited by Jon Carlson and focus on practice and application; two issues on theory and research are edited by Guy Manaster. The Journal is a major strength of NASAP and the editors are to be commended for their work.

* The Resource Book has entered a third printing, and our reprint of Alfred Adler as we Remember Him is also available.

* A Media Resources List has been compiled and is now available to members. It lists all known videotapes and films, their price and publisher.

* Issues surrounding the disbursement of the Clonick publications fund have been resolved. We now have a procedure to evaluate potential publications. This fund is available for proposals.

* An effort to continue the translation of Adler's writings continues. At this writing, the effort is not formally affiliated with NASAP, although members are involved in this project.

Other items

Carol Arnold Memorial Bequest: We are placing advertising in professional journals to stimulate awareness of our convention and society. Expenses are paid from interest; the principal is untouched.

Future Conventions:

- May 30-June 2, 1991 * Tucson
- June 10-14, 1992 * Chicago
- 1993: Eastern
- 1994: Western
- 1995: Central North America

Past President's Statement

My term has been a responsibility and satisfying opportunity to serve NASAP. I leave the Society in good hands, in a solid financial position. I am optimistic about our future, but I am gravely concerned we do not yet understand a major movement within the psychology professions.

This movement is toward training, credentials, and liaisons with other psychologies. This movement will occur whether or not we participate.

We must have the courage to become involved in these opportunities. Adler and Dreikurs saw contemporary issues and took risks. We are all the better for their vision.

The future is being determined by our present choices.

Respectfully Submitted,

Don Dinkmeyer, Jr., Ph.D.
President, 1986-1990

President's Message.....1
 NASAP Co-Sponsoring TeleConference.....1
 1991, 1992 Conventions.....2
 Report to the General Assembly.....3
 Ansbacher: Humanization of Psychoanalysts.....4
 News of NASAP Members.....4
 News and Events from the Regions.....5

What's Inside

Non-Profit Org.
 U. S. POSTAGE
PAID
 Chicago, IL
 Permit No. 822

RETURN TO:
 NASAP NEWSLETTER
 DON DINKMEYER, JR., Ph.D., EDITOR
 202 S. State Street, #1212
 Chicago, IL 60604

Books & Resources for Members

Please send ___ copies of Adlerian Resource Book at \$10 each. (Add \$3 p/h, \$4 to Canada)

Please send ___ copies of Alfred Adler as we Remember Him at \$5.95 each. (add \$1 p/h)

Please send ___ copies of C4R Manual at \$10 each. (add 3p/h, \$4 to Canada)

Note: Maximum p/h for an order is \$5.

Method of Payment

Check enclosed (US Funds)

Bill my Visa or MasterCard:

Account # _____ Exp Date _____

Total materials + p/h = \$ _____

Ship To:

Research Funds Available;
 Donations Sought

Funds for research projects are now available through a program administered by the Theory and Research Interest Section.

This research support program is funded by donations from the membership. Region III has announced a \$750 donation, contingent upon matching donations from other organizations and the membership. Donations are now being accepted.

The research fund is intended to support graduate research projects whose emphasis is the advancement of Adlerian Psychology. A grant might cover research expenses such as computer time, postage, printing and other basic expenses.

____ Please send a request form for the Research Project Fund

Please use my enclosed donation of \$ _____ to be used for the Research Project Fund.

 Name

 Address

 C/S/Z

News About NASAP Members

Erik Masager and his family have moved to Germany, where he will serve as a counselor for adolescent dependents of United States military personnel. He intends to work on a doctoral degree at Hamburg University with Hans Josef Tymister.

Barbara and Don Fairfield addressed the 7th annual Congress of the Japanese Adlerian Society in August. Their topic was "The Marriage Enrichment Movement and Adlerian Psychology: Building Companionship Marriages."

Mitch Messer is seen in the Chicago area on channel 21 Wednesday evenings at 6:30pm, on a self-help format cable-tv show.

Tim and Monica Evans have moved to Tampa, where he is teaching in the Counseling Department at the University of South Florida.

Edna Nash presented to teacher and parents in Cambridge, England and teachers in Tipperary, Ireland. She then planned to attend the 1990 ICASSI in upstate New York.

#

Resource Book in Third Printing

NASAP's Resource Book is now in a third printing, and was a popular item at the recent international ICASSI in New York.

According to RB editor Betty Lou Bettner, copies were bought by Adlerians from Switzerland, Australia, Puerto Rico and Germany. Many commented on the helpfulness of the handout-ready format.

The book was first published in May, 1988 after nearly a year of collecting submissions from NASAP members.

This book is available to NASAP members for \$10, and is one of the items listed on the back page of this issue of the Newsletter.

#

Special Issue

Articles for a special issue of Individual Psychology: The Journal of Adlerian Theory, Research and Practice are solicited.

The special issue will focus "On Beyond Adler" and will stimulate the utilization of concepts from the wider fields of psychology, philosophy, and other disciplines as catalysts to further the development of Individual Psychology in the 1990's and beyond.

Authors interested in submitting articles for the special issue should contact Guest Editor Charles H. Huber, Ph.D., for a copy of the special issue prospectus and guidelines for authors:

Department of Counseling and Educational Psychology, Box 30001, Dept 3CEP
New Mexico State University
Las Cruces, NM 88003-0001
(505) 646-2121.

On the Humanization of Psychoanalysis

Heinz L. Ansbacher, Ph.D.
University of Vermont

(Editor's Note: Dr. Ansbacher has been invited to comment on the world of Individual Psychology in these pages. He chose to respond to Len Sperry's column on "Recent Developments in Psychoanalysis")

The humanistic psychology movement has since its inception been in many ways similar to Adler's Individual Psychology (Ansbacher, 1971; Obuchowski, 1988). The three main founders of the movement, Abraham Maslow, Rollo May and Carl Rogers, acknowledged Adler's direct influence (Ansbacher, 1990).

In view of this, an observation by Tom Greening, editor of the Journal of Humanistic Psychology, regarding the organizational development during the last decade of humanistic psychology relative to psychoanalysis is of interest also to the Adlerian psychologist. Greening (1990) writes: "Within the American Psychological Association, membership in the Division of Humanistic Psychology has dropped by 23% to 661 since 1980, while the Division of Psychoanalysis has grown by 167% to 2,470. Perhaps this is due to the humanization of psychoanalysis, now that many adherents are abandoning drive theory in favor of concepts that include the experiencing self, the primary of relationships and the key role of empathy... So there are signs that some old chasms are being creatively bridged. That still leaves an important role for an independent humanistic psychology, even while it enriches other fields" (p.5).

Greening's explanation of this development and the conclusions he draws appear applicable also with regard to Adlerian psychology. They are also quite in line with a recent paper by Len Sperry. Sperry (1990) draws attention to "the significant changes and developments among the various psychoanalytic schools" (Part 1, p.1), all indicating "emerging points of convergence between Psychoanalysis and Individual Psychology" (Part 2, p.3), of which we should keep abreast. Yet, "Clear differences remain" (Part 2, p.6).

References

Ansbacher, H.L. (1971). Alfred Adler and humanistic psychology. Journal of Humanistic Psychology, 11(1), 53-63.
Ansbacher, H.L. (1990). Alfred Adler's influence on the three leading cofounders of humanistic psychology. Journal of Humanistic Psychology, 30(4) in press.
Greening, T. (1990). Commentary. Journal of Humanistic Psychology, 30(2), 5-8.
Obuchowski, K. (1988). Alfred Adler: precursor of humanistic psychology. Individual Psychology, 44(3), 263-269.
Sperry, L. (1990). Recent developments in psychoanalysis. Parts 1 and 2. NASAP Newsletter, 23(1), 1, 3, 6; 23(2), 3, 6.

* News and Events from the Regions *

[The ** symbol indicates a new listing]

REGION I--NORTHWEST

****Vancouver**--APABC has announced a tentative 1990-91 Master's program course schedule which includes 9 courses for the fall. Contact APABC at 210-2525 Manitoba Street, Vancouver, BC V5Y 3A7, or 605-874-4614.

REGION II--MIDWEST

****Chicago**--Graduation at the Alfred Adler Institute of Chicago will be held on Sunday, October 21st, 1pm, in the Berman Auditorium at the Institute, 618 S. Michigan Avenue. This Commencement includes the first Doctorate in Psychology (Psy.D.) graduates from the Institute's program. Contact AAI at 312-294-7100.

****Joliet, IL**--"C4R Theory and Techniques: A Practitioner's Forum" will be held on October 26-28. Contact Claudia J. Milliren, 3548 Crittenden Street, St. Louis, MO 63118, 314-664-8817.

Chicago--"Understanding Personality Development and Dynamics", November 8-11. The Americas Institute of Adlerian Studies (AIAS), offers the three course program for Professionals in Individual Psychology for clinicians, managers, and educators. Participants make take any one, or all three courses. Those electing to take all three and writing a paper to demonstrate mastery earn the AIAS Certificate of Professional Studies in IP. Courses may be taken in any sequence at any location 30 APA or NBCC credit hours per course, BRN credit available, Category 2 credit for physicians. Contact: Jane Griffith, 600 N. McClurg Ct., Suite 2502A, Chicago, IL 60611-3027. 312/337-5066.

REGION III--SOUTH

****Atlanta**--Frank Walton will present "Raising a Responsible Teen in a Troubled World" on November 8th at 7:30pm. This talk is co-sponsored by the Atlanta Adlerian Society and Georgia State University. Contact David Hornbuckle at 404-651-2550.

Myrtle Beach, SC--8th annual SCSAP Myrtle Beach Conference will be held on September 21-23 at Springmaid Beach. Contact SCSAP at 1313 St. Andrews Road, Columbia, SC 29210. c/o Frank Walton.

Orlando--The 1991 Orlando Conference will be held February 21-24. Call for programs contact Don Dinkmeyer, Jr., 236 Crestlake, BG, KY 42104 502/781-9529. Deadline for workshop and program proposals is September 25.

REGION IV - MIDDLE ATLANTIC

****Pittsburg**--Frank Walton is the keynote speaker at the Allegheny County Counselors Association on October 17th, at the convention center. Contact Dr. Becky Pawloski, 412-274-9422.

****Waldorf, MD**--Betty Lou Bettner spoke to the Family Education Center concerning family meetings on September 17th.

REGION V - NORTHEAST

****Montreal**--AAI-Quebec offers C101, Introduction to Individual Psychology, instructor Heinz Ansbacher, Ph.D., on September 22/23 and October 13/14. (This course is a prerequisite to all other coursework in the master's program.) Course C102, Introduction to Individual Psychology II, instructor Michael Hartings, Ph.D., on November 30, December 1-2. Course C321, Comparative Theories of Psychotherapy and Counseling, instructor Vadney S. Haynes, will be offered on October 27/28 and November 17/18. All courses are held at the Institute of Community and Family Psychiatry. Contact: AAI-Q, 4947 Grosvenor Ave., Montreal, Qc., H3W 2M2, (514-731-5675).

REGION VI--FAR WEST

****Santa Rosa, CA**--"I'm on Your Side: Resolving Conflict with Your Teenage Son or Daughter" will be conducted on October 19-20 by Lynn Lott and Jane Nelson. Contact Summerfield Counseling at 707-526-3141.

****San Diego, CA**--AIAS-San Diego County offers "Assessing Individual and Group Styles" on October 4-7. This is the assessment course of the three course Program for Professionals. Contact: Steven A. Maybell, Ph.D., Director, AIAS-SDC, 486 Hillway Drive, Vista, CA 92084 (619) 758-4658.

****San Francisco**--AWIRTH fall quarter classes will be held on October 4th through December 13. Individual Psychology marathons will be held on October 14, November 18, and December 9. Contact AWIRTH, 226 Stanford Avenue, Berkeley, CA 94114, 415-524-4929 for additional information.

**** Throughout the United States**--Two series of workshops, featuring Adlerian-based educational programs authored by NASAP members, will be conducted across the United States from October through June.

Cooperative Discipline, authored by Linda Albert, will conduct a series of free workshop breakfasts to introduce the program. A new 20 minute, free-on-loan video introducing the program is also available.

STEP and STEP/Teen, authored by Don Dinkmeyer and Gary McKay, and Early Childhood STEP, authored by Dinkmeyer, McKay, and James Dinkmeyer, will be the focus of 60 one-day parent education leadership training workshops. All programs include video.

For information on either set of workshops, call the publisher, American Guidance Service, at 1-800-328-2560, extension 273.