

NASAP

NEWSLETTER

The North American Society of Adlerian Psychology

Volume 23, Number 9

November, 1990

202 S. STATE STREET, #1212
CHICAGO, IL 60604-1905

President's Message

The Executive Committee and Delegate Assembly met in Chicago the first weekend in November to conduct the business of the organization.

* Fifty-six programs for the 1991 Tucson meeting were selected. The increase in 90 minute slots enhanced our ability to select programs which emphasize training. The addition of Poster Sessions also enabled us to include a larger menu of short programs.

* Preliminary plans for the '92 Chicago convention were discussed. This convention will mark the 40th anniversary of the foundation of both NASAP and the Alfred Adler Institute of Chicago. Initial discussions focused on in-depth training opportunities for members. You will be hearing more about this in the coming months.

* A major block of time was devoted to setting a course for the future. In order to accomplish this, it was necessary to define and prioritize our organizational goals. The next step was to develop a systematic plan to address these goals.

Since 1991 marks the end of NASAP's fourth decade, the Delegate Assembly selected the following goal to prepare for the fifth decade:

TO PROVIDE A CONTEXT FOR AFFILIATION,
NETWORKING AND BELONGING FOR THOSE INTERESTED
IN ADLERIAN PSYCHOLOGY

During 1991, NASAP will work to increase services to current members, and identify and communicate with existing Adlerian organizations, institutions, academics and faculty involved in Individual Psychology training. A section of the Newsletter will be devoted to the "search for missing Adlerians". You will learn of old friends found and be asked to help locate those who are still missing.

Two additional goals were identified and will be addressed in future programs of work,

* The Delegate Assembly is exploring the possibility of creating a NASAP foundation. This would enable us to develop programs which meet the needs of the membership.

The '90's are shaping up to be the most exciting decade of this century. The iron curtain has been flung open and many autocratic governments seek help in instituting democratic reforms.

Adlerians can provide a model which will assist the people of these nations as they struggle to learn democratic principles.

Your Delegate Assembly believes NASAP is the organization to help you meet this challenge.

Respectfully submitted,

Joyce L. McKay, Ph.D.
President

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DA Selects 56 Programs for Tucson; Poster Sessions Added, Slots Shifted

More "longer" sessions; fewer "shorter" sessions; and new "poster" sessions were created for Tucson '91 by the Delegate Assembly.

The changes reflect increased requests for program space, and feedback from convention participants. In the 1991 Tucson convention, there will be 35 ninety (90) minute programs and 21 sixty (60) minute programs. More programs will be added as the convention program is finalized.

Poster Sessions

Additional presentations will be offered as "poster" sessions. These sessions will run concurrently in a single room, allow for informal interaction between presenter and participants, and allow more information to be presented at the convention. There may be as many as 36 poster sessions.

Program proposals for the convention were considered for either traditional or poster session status. If a program was considered appropriate as a poster session, the presenter was asked to approve this designation.

Track Allocations Shifted

The number of programs in each Interest Section track has been changed. In past years, tracks were allocated "equally" with ACT receiving a double allocation and a track set aside for classic and other selections. This system, however, created inequalities in the allocation system.

For example, in past years, some tracks were allocated 10 slots and received 11 proposals, while others were allocated 10 slots and had 22 proposals. This imbalance made quality control and fairness an issue during EC and DA discussions earlier this month.

Programs for Tucson '91 were allocated to Interest Sections based on number of proposals. The track allocations are: ACT 18, Education 5, Business and Organizations 5, Clinicians 6, Family Education 6, Theory and Research 10, and Potpourri 6.

NASAP 1991, Tucson

Date: May 30 - June 2, 1991

Location: Sheraton El Conquistador Resort
Tucson, Arizona.

Theme: "Focus on Families -- the 90's"

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NASAP 1992, Chicago

Date: June 11 - 14, 1992

Location: Chicago O'Hare Marriott.

Host: Alfred Adler Institute of Chicago

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Graduate Student Forum

At the annual convention, time is devoted to papers by graduate students. Presentations may refer to theoretical issues in Adlerian Psychology, report findings from empirical studies of Adlerian concepts or practice, or introduce innovations and advances in Adlerian clinical counseling, business and organizations, family or education practice.

A graduate student may present a program individually, or a group of graduate students may propose a presentation.

This is an excellent opportunity for graduate students nearing the end of their professional preparation to experience presenting at a professional convention. A brief abstract of the presentation will be published in the quarterly journal of NASAP.

Some scholarships to offset registration fees will be available. An endorsement by a graduate faculty sponsor is needed, regardless of scholarship.

Deadline for submission of proposals for the Graduate Student Forum is December, 1990. For additional information and an application form, contact the Chicago central office.

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Donations

Donations have been received from the following members:

Edward (Abe) Abelson
Homer Kiracofe, in honor of
Heinz and Rowena Ansbacher

Donations have been received with the express purpose of defraying costs on the Guttenberg video:

Betty Lou Bettner
Jane Griffith
Amy Lew
Bill Linden
Steve Maybell
Joyce McKay
Edna Nash
Judy Sutherland

Donations may be made for a specific project or for general use. As we approach the end of the year, we remind members of the tax benefits of your donation. NASAP is a not-for-profit organization.

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Newsletter Deadlines

The next issue of the Newsletter is December, completing the 10 issues for this year. Due to a printing error, both this issue and October's issue are listed as Volume 23, number 9. This issue is the ninth issue of the 1990 series.

Items for the "News and Events from the Regions" can be called into the central office. Please check page 5 for the format and information needed on this section. You may place your call on our answering machine after regular business hours, 312-939-0834.

Newsletter Fax Number

Information for the newsletter can now be faxed directly to the Editor at 502-781-1550. Please note this fax number is for Newsletter items only, not other NASAP business.

NASAP NEWSLETTER
The North American Society of Adlerian Psychology

Vol. 23, No. 9 **November, 1990**

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Members of NASAP automatically receive the Newsletter. Subscription rate for non-members \$10.00.

We encourage readers to send contributions of news, suggestions, ideas, opinions by the first of the month. We reserve the right to edit.

Don Dinkmeyer, Jr., Ph.D., Editor
ISSN 0889-9428

1991 Delegate Assembly

The following members are serving NASAP as delegates from the six geographic regions of North America and the six Interest Sections.

Recently elected Delegates include Herbert Laube (Business and Organizations), Henry J. Raymond (Region IV; appointed to fill remainder of term vacated by move out of Region by Bill Nicoll), and Roy Mark Mays (Clinicians; term begins in May, 1991)

The Delegate Assembly met November 3-4 in Chicago. Their next meeting is on Thursday, May 30, 1991 in Tucson.

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RETURN TO:
 NASAP NEWSLETTER
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1991 Delegate Assembly
 (continued from page 3)

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Membership

Most new NASAP members come from a specific contact by a present member. If you'd like to help us spread the word, let us know how to help:

___ Please send me ___ membership brochures

___ Please send me ___ extra Newsletters

___ Please send me ___ Interest Section information panels.

Your name, address, city/zip-postal code:

___ Please send information on NASAP directly to:

Simply clip and send this sheet to the central office in Chicago, and we'll do the rest.

Book of the Month

Book Review

We are pleased to reintroduce the Book of the Month service to NASAP members with:

Raising Kids Who Can
Betty Lou Bettner, Ph.D.
Amy Lew, Ph.D.
Connexions Press, 1990
Paperback, 118 pages.

Regular Publication Price: \$ 9.95

NASAP Member Special Price: \$ 7.95

----- Order Form -----

Please send ___ copies of Raising Kids Who Can
at \$7.95 each. (Add \$1p/h, \$2 to Canada)
(Limit, 2 per order)

Method of Payment

___ Check enclosed (US Funds)

___ Bill my Visa or MasterCard:

Account # _____ Exp Date _____

Please add appropriate postage and handling
for your order. See above for correct prices.

Total materials + p/h = \$ _____

Ship To:

- Please Note -

* This offer is good until February 1, 1991.

* NASAP members receive a 20% discount
(reflected in the above price); NASAP also
benefits financially from your purchase
through this book offer through special
arrangements with the publishers.

Send your order to:

NASAP Book Sales
202 S. State Street, #1212
Chicago, IL 60604

Orders may also be called into the office
during regular office hours at 312-939-0834.

If you are interested in having a book
reviewed or serving as a reviewer, contact the
central office.

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News About NASAP Members

Dan and Pat Williamson have relocated to
Springville, Utah. She is serving her Union
Graduate School doctoral internship at the
Wasatch Community Mental Health Center, Provo.
Pat has found great interest in the Adlerian
Resource Book in this area.

Raising Kids Who Can. Betty Lou Bettner,
Ph.D., & Amy Lew, Ph.D. Connexions Press,
1990.

Adlerians have a longstanding commitment to
working with families. I know, because my life
was touched by Rudolf Dreikurs decades before
I became President of NASAP. Our family had
family meetings, and our family has family
meetings; two families and three generations
touched by Adlerian parenting concepts.

Betty Lou Bettner and Amy Lew have created a
fresh, insightful synthesis of strategies for
becoming a more functional, responsible, and
capable family. I learned, in part because
they have added to the Adlerian formula (their
entry level is not the four goals of
misbehavior, but the three C's) so familiar to
many of us. They also deal with parenting
issues of the 1990's. Sections of the book
briefly deal with single parenting, foster
families, the only child, and other
derivations of the nuclear family.

This is a book about family meetings, but it
is also a book about the bigger picture that
makes family meetings (and families) work. In
my professional experience, many families use
the concepts of encouragement, consequences,
and communication, but fall short when it
comes to actually having family meetings. The
authors have practical, encouraging
suggestions for making the meetings work, and
outline the consequences when families choose
not to hold the meetings. The book has a
practical approach with a clear writing style.

This book gives professionals and families
insight into the specific methods of making
meetings work. For example, Bettner and Lew
have sample agendas from their family
meetings, as well as an agenda for families
with young children. There are many practical
suggestions throughout the book, such as this
on chores:

"There is no one way or one best way to setup
a system for doing chores. The goal of getting
the work completed is secondary. The primary
goal is to find ways that all members can feel
they contribute to the welfare of the group
and are needed, valued, and appreciated."

Bettner and Lew have more than 35 years of
experience in conducting family meetings, have
raised six children and provided care for 15
foster children. The book is filled with
practical examples but is not limited to their
own families. Separate and substantial
sections on encouragement and logical
consequences are also part of this book.

We can choose how our family lives, and the
ways we live with each other. Bettner and Lew
prove this through deed and spoken word.
Raising Kids Who Can is a welcome addition to
the Adlerian parent education library.

--Don Dinkmeyer, Jr., Ph.D.

* News and Events from the Regions *

[The ** symbol indicates a new listing]

REGION I--NORTHWEST

Vancouver--APABC schedule includes Interviewing, C313, Howard Pollock, December 14/15/16. Contact APABC at 210-2525 Manitoba Street, Vancouver, BC V5Y 3A7, or 605-874-4614.

Boise, Idaho--"Developing Capable People", featuring H. Stephen Glenn, will be held February 11-12, sponsored by Idaho Society of IP and endorsed by Region I. Contact Elaine Groissant, PEC, 300 Fort St., Boise, ID 83702 (208) 338-3429.

REGION II--MIDWEST

Chicago--The Alfred Adler Institute announces Founder's Day will be held on Friday, February 8, 1991 from 9am to 3pm. On Friday, April 12, the 5th annual symposium will feature Dr. Theodore Millon on Personality Disorders. This workshop continues on April 13th and can be taken as a course from the Institute. Contact AAI at 312-294-7100.

**Evergreen Park, IL--Interaction Institute will present a five class series starting in January. The series is entitled "Is it possible to love too much?" The course is designed for people who want to learn about limit-setting and standing firm with people you love. It is particularly helpful for those in difficult relationships, ACOAs, and co-dependents. IACCB CEU's are available. Contact 708-422-1848 after 10am, Monday through Saturday, for additional information.

Chicago--The Americas Institute of Adlerian Studies (AIAS) offers the three course program for Professionals in Individual Psychology for clinicians, managers, and educators. Participants may take any one, or all three courses. Those electing to take all three and writing a paper to demonstrate mastery earn the AIAS Certificate of Professional Studies in IP. Courses may be taken in any sequence at any location 30 APA or NBCC credit hours per course, BRN credit available, Category 2 credit for physicians. Contact: Jane Griffith, 600 N. McClurg Ct., Suite 2502A, Chicago, IL 60611-3027. 312/337-5066.

REGION III--SOUTH

**Orlando--The 1991 Orlando Conference, February 21-24, announces the featured presenter will be Robert Sherman. He will present a workshop on Friday and a program on Saturday. There is a 10% discount off the \$120 four-day fee for NASAP members, and a 20% discount for full-time students. Daily fees also available. Both include a luncheon on Saturday. Hotel is \$73 single or double, Ramada Resort. Contact Don Dinkmeyer, Jr., 236 Crestlake, BG, KY 42104 502/781-9529, fax 781-1550. Brochure on conference offerings will be sent to all NASAP members; expect delivery in early January.

**Myrtle Beach, SC--The 2nd annual South Carolina Conference on the Abolition of Corporal Punishment in the Schools will be held on March 8 and 9. Contact SCSAP, c/o Frank Walton, 1313 St. Andrews Street, Columbia, SC 29210.

REGION V - NORTHEAST

**New York City--The New York Committee of Region V will hold a Sunday Afternoon Social Forum on December 9th, 2pm to 6pm. The event will be held at the New York Society for Ethical Culture, 2 West 64 Street, NYC, Room 504. The presentation will be "Increasing the Options for Therapists by Integrating Adlerian Theory and General Systems Theory", by William G. Nicoll, Ph.D. Contributions are \$35. Contact Mimi Diamond at 212-982-1635 or Sylvia Robbins at 516-487-7243.

**Montreal--AAI-Quebec offers "Every Child a Winner" by Janice K. Clark and Patricia A. Clark of Sanford, Florida, on Saturday, January 26th. This is a full day workshop. Other offerings include: Course C102, Introduction to Individual Psychology II, instructor Michael Hartings, Ph.D., on November 30, December 1-2. Continuing Case Seminar, C471, with Robert Sherman, December 7-9. Course C101, Introduction to Individual Psychology, taught by Heinz L. Ansbacher, Ph.D. will be held on February 2-3 and 16-17. A one weekend intensive course, "Dream Interpretation" (C316), with Leo Gold, Ph.D., will be offered on Friday through Sunday, April 19-21, 1991. All events are held at the Institute of Community and Family Psychiatry. Contact: AAI-Q, 4947 Grosvenor Ave., Montreal, Qc., H3W 2M2, (514-731-5675).

REGION VI--FAR WEST

San Diego, CA--AIAS-San Diego County offers the three course Program for Professionals. Contact: Steven A. Maybell, Ph.D., Director, AIAS-SDC, 486 Hillway Drive, Vista, CA 92084 (619) 758-4658.

INTERNATIONAL

Limerick, Ireland--ICASSI '91 will be held July 21 through August 2 at the University of Limerick, Ireland. This site is just 12 miles from the Shannon International airport and is in a modern, university setting. More details in future newsletters. Contact Roland Hawes, ICASSI Administrator, 2419 Bellevue #113, West Vancouver, BC V74 4T4, Canada.

Notice

Please send your news and notes for this page at least three months before the event to assure timely listing. All events must be open to the general public, and list a contact person. Most notices will appear in two consecutive issues before being revised or deleted.